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PLUS! prime video NETFLIX

TV & Satellite week

27 July-2 Aug 2019

NEW
I AM THE NIGHT
Chris Pine is on the trail of a killer

NEW
MANIFEST
A mystery flight in a new US drama

LIVE!
THE ASHES
England's cricketers take on Australia

GREAT BRITISH DRAMA PREVIEW

Catherine the Great

Helen Mirren heads a line-up of brilliant shows coming soon

THE CROWN

A CONFESSION

PEAKY BLINDERS

HotList This week's 28

Saturday 27

Smallfoot

ANIMATION *Sky Premiere HD, 10.15am & 6.15pm; Sky Animation HD, 3pm*

A film that turns the bigfoot legend on its head with young yeti Migo (voiced by Channing Tatum) bringing news of the sighting of a legendary human.

Zone of Champions

ENTERTAINMENT *ITV HD, 6.45pm*

In a new comedy series, *Cold Feet*'s John Thomson and *The Inbetweeners*' Jessica Knappett provide a running commentary on events including the sheep-based Rugby Wool Cup.

The Voice Kids Final

TALENT SHOW *ITV HD, 8pm*

LAST ONE! Emma Willis presents the grand final of the junior contest, with a £30,000 musical education prize fund and a family holiday to Orlando up for grabs.

Charles and Di: The Truth Behind Their Wedding

DOCUMENTARY *Channel 5 HD, 8pm*

A new documentary examines the week leading up to the 'fairy-tale wedding' of Prince Charles and Lady Diana Spencer at St Paul's Cathedral on 29 July 1981.

■ Full listings start on **p33**

Sunday 28

Cop Car Workshop

DOCUMENTARY *Dave HD, 7pm*

The Liverpool mechanics busy keeping a fleet of 900 police vehicles on the road return for series two, with emergency repairs needed when a new van is damaged by a rooftop protester.

Animals at Play

DOCUMENTARY *BBC2 HD, 8pm*

From dolphins messing about in the Bahamas, to hyenas competing at tug-of-war and cheetahs teaching their cubs to hunt, scientists look at the secrets of animal play in the wild.

The Misadventures of Romesh Ranganathan

TRAVELOGUE *BBC2 HD, 9pm*

The comedian is back on his travels in a new series and heads to Zimbabwe to see if the troubled country is now suitable as a tourist destination.

Poldark

DRAMA *BBC1 HD, 9pm*

When word arrives of a deadly disaster, Ross (Aidan Turner) and Ned (Vincent Regan) rush off for some heroic action. Meanwhile, Demelza and Morwenna join forces to help the community.

■ Full listings start on **p43**

Monday 29

Young, British and Depressed

DOCUMENTARY *C4 HD, 8pm*

Sanah Ahsan investigates the crisis in mental health among young people, asking whether there is an overreliance on anti-depressants for treatment.

Love Island: The Live Final

REALITY *ITV2 HD, 9pm*

LAST ONE! Host Caroline Flack announces the winning couple of the much-talked-about reality show. Who will the viewers crown as *Love Island* champions?

How to Break into the Elite

DOCUMENTARY *BBC2 HD, 9pm*

Amol Rajan, the former editor of *The Independent* newspaper, examines how the class system in Britain restricts the lives of those born outside the elite.

Who Do You Think You Are?

GENEALOGY *BBC1 HD, 9pm*

Bond actress Naomie Harris uncovers dark tales of poverty and slavery in the Caribbean as she investigates her ancestry. *See documentaries, page 16*

■ Full listings start on **p53**

Tuesday 30

Inside the Factory

DOCUMENTARY *BBC2 HD, 8pm*

Cherry Healey and Gregg Wallace return with a new series of factory visits to discover how some of our favourite products are made. First up, cherry Bakewell tarts in Stoke-on-Trent.

Manifest

DRAMA *Sky One HD, 9pm*

EDITOR'S CHOICE A new US drama from the director of *Back to the Future* follows passengers who experience a time jump after a short flight. *See feature, page 11*

Counting Tigers

DOCUMENTARY *ITV HD, 9pm*

Joanna Lumley narrates this one-off documentary as cameras follow an ambitious wildlife survey across 50 tiger reserves in India in search of the majestic but elusive predator.

I Am Kirsty

DRAMA *C4 HD, 10pm*

EDITOR'S CHOICE Samantha Morton stars in the second *I Am* drama as a woman fighting to keep her family afloat in a world of poverty. *See feature, page 12*

■ Full listings start on **p63**

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best shows on TV...

Wednesday 31

The Red Sea Diving Resort

***ACTION DRAMA** Netflix*

Chris Evans stars in this true-life drama telling how Israel's Mossad agents set up a holiday resort as a front to rescue Ethiopian Jews from Sudan in the 1980s. *See Your Watchlist, page 14*

Face to Face with the Bounty Hunters

***DOCUMENTARY** BBC3 Online, from 10am*

Stacey Dooley shadows a modern-day bounty hunter and his team in Denver, Colorado, as they track down fugitives and bring them to justice.

The Best Little Prison in Britain?

***DOCUMENTARY** ITV HD, 8pm (times vary)*

Cameras follow prisoners at Jurby jail on the Isle of Man, where an effective 'carrot and stick' policy has brought it some of the lowest re-offending rates in Europe.

Der Pass

***DRAMA** Sky Atlantic HD, 9pm*

In a new drama that's been described as Germany's version of *The Bridge*, a German detective and her Austrian counterpart investigate when a body is found in the Alps. *See feature, page 12*

■ Full listings start on **p73**

Thursday 1

The Ashes

***CRICKET** Sky Sports Main Event HD & Sky Sports The Ashes HD, play starts 11am*

Following their amazing 'super over' win in the World Cup, England's cricketers take on Australia in the first Ashes Test from Edgbaston. *See sport, page 26*

Brothers' Nest

***COMEDY DRAMA** Sky Premiere HD, 11.15am & 9.45pm*

Shane and Clayton Jacobson are brothers intent on murder in this dark Australian comedy drama – but then old grudges get in the way... *See review, page 18*

Ross Kemp: Living with Young Carers

***DOCUMENTARY** ITV HD, 7.30pm*

The documentary-maker meets children who look after sick relatives, including a 15-year-old who cares for her schizophrenic mother.

I Am the Night

***DRAMA** Alibi HD, 9pm*

EDITOR'S CHOICE Chris Pine is a reporter trying to catch a killer in this drama. The entire series will be available as a box set after this episode airs. *See feature, page 8*

■ Full listings start on **p83**

Friday 2

Otherhood

***COMEDY** Netflix*

Friends Carol (Angela Bassett), Helen (Felicity Huffman) and Gillian (Patricia Arquette) drive to New York to reconnect with their adult sons – and find themselves on their own journey of discovery.

Mortimer & Whitehouse: Gone Fishing

***FACTUAL** BBC2 HD, 8pm*

Comedians Bob Mortimer and Paul Whitehouse fish for wild brown trout on Wales' River Usk and reflect on their childhoods and family values.

Hold the Sunset

***COMEDY** BBC1 HD, 9pm*

John Cleese and Alison Steadman return in the hit comedy as pensioners Phil and Edith, who are still trying to move abroad. Jason Watkins is also back as annoying stay-at-home son Roger.

Fosse/Verdon

***DRAMA** BBC2 HD, 9pm & 9.50pm*

Sam Rockwell and Michelle Williams star in the true story of Hollywood icons Bob Fosse and Gwen Verdon. The entire series will be on BBC iPlayer after the first episode airs. *See feature, page 8*

■ Full listings start on **p93**

27 July – 2 August 2019

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British drama

Your complete guide to the best homegrown thrillers,

Dame Helen Mirren takes on the role of Catherine II of Russia

Catherine the Great

AUTUMN SKY ATLANTIC

After her award-winning performances as Elizabeth I and Elizabeth II, Dame Helen Mirren is adding another commanding and unforgettable royal ruler to her glittering CV as she heads the cast of Sky Atlantic's sumptuous drama *Catherine the Great*.

The four-part series, which has been filmed in Russia, Latvia and Lithuania, follows the formidable 18th-century Russian empress' dramatic later years as she transforms her nation into one of Europe's greatest powers.

All the political and sexual intrigue surrounding Catherine's colourful court is also brought to life, including her passionate and complex romance with military leader Grigory Potemkin (Jason Clarke), who helps her bring Russia to glory. Gina McKee (*Bodyguard*) co-stars as Catherine's confidante and lady-in-waiting Countess Praskovya Bruce and Rory Kinnear is shrewd politician Nikita Panin, the governor to her son Paul (Joseph Quinn). Richard Roxburgh, Kevin McNally, Paul Ritter and Paul Kaye also feature.

'Catherine rewrote the rules of governance by a woman, and succeeded to the extent of having the word "Great" attached to her name,' explains Mirren, who thinks the drama will offer a new take on the empress.

'History tried to drag Catherine down. I hope we are going to reinstate her reputation as the incredible leader that she was.'

Jason Clarke plays Grigory Potemkin

preview...

crime series and period sagas **coming soon**

Mark Strong plays an underground doctor

Gold Digger

AUTUMN BBC1

Julia Ormond plays a wealthy 60-year-old (also named Julia) who falls for a mysterious man 26 years her junior in this thrilling domestic noir. How will her unconventional relationship with Benjamin (*Westworld* star Ben Barnes) impact her family? Has Julia finally found true happiness or is Benjamin the gold-digger her family suspects he is? With twists lurking around every corner, this six-part series could cause a stir.

Lovers Harry (Jonah Hauer-King) and Kasia (Zofia Wichlacz) in Poland. Inset: Sean Bean

World on Fire

AUTUMN BBC1

Hollywood stars Helen Hunt and Sean Bean lead a stellar cast in this sprawling drama, which follows the first year of World War Two through the intertwined fates of ordinary people from Britain, France, Germany, Poland and the United States. From *The A Word*'s award-winning writer Peter Bowker, the ambitious seven-part series transports us from the Siege of Warsaw to Dunkirk and on to the Battle of Britain. Young British actor Jonah Hauer-King, who plays translator Harry, is one to watch.

Temple

AUTUMN SKY ONE

'Good men do bad things for love' is the tagline for this drama series that takes its name from London's Temple Underground station. Adapted from a Norwegian television series called *Valkyrien*, the eight-parter stars Mark Strong as a surgeon who runs an illegal subterranean clinic in the capital, where he treats desperate patients who cannot go through the normal channels. The supporting cast includes *Line of Duty*'s Daniel Mays.

Sticks and Stones

2019 ITV

***Doctor Foster* writer** Mike Bartlett turns his attentions to the shadowy world of workplace bullying in this tense three-parter. *Killing Eve*'s Ken Nwosu stars as Thomas Benson, who feels undermined by his colleagues after he freezes during an important pitch. Is he being paranoid or is someone out to get him?

'It's fantastic to explore the potential cruelty of commercial competition and the effect it has on our psychology and humanity,' says Bartlett.

Peaky Blinders

Cillian Murphy returns as Tommy Shelby

AUTUMN BBC1

The acclaimed gangster drama moves to BBC1 for its fifth series, with Tommy Shelby (Cillian Murphy) now in the House of Commons as MP for Birmingham South after a landslide election victory.

'Tommy is in a position of power, and he can only get stronger in that position,' says Paul Anderson, who plays Tommy's brother Arthur. 'Becoming an MP is just Tommy expanding his empire. What it gives Arthur and his family is more cover, more opportunity and more protection.'

But as the crime boss' rise to power continues, will the strain of leadership affect Tommy's increasingly fragile mental health? New cast members include *The Hunger Games*' Sam Claflin and actor Brendan Gleeson's son, Brian Gleeson.

TURN OVER FOR MORE GREAT DRAMAS...

British drama preview...

COBRA

2019 SKY ONE

Robert Carlyle takes on the role of the Prime Minister in this six-part political drama, which the actor says is 'almost too true to be fiction'. Carlyle plays PM Robert Sutherland, who faces a national emergency that threatens to engulf the entire country while also contending with the COBRA committee, a team of Britain's leading experts, politicians and crisis contingency planners. Richard Dormer (*Game of Thrones*) and *Killing Eve*'s David Haig also star, plus Victoria Hamilton plays Anna Marshall, the PM's Chief of Staff.

The Crown

AUTUMN NETFLIX

The hugely popular royal drama is back with a new cast as series three is set to take us from 1964 to 1970. Olivia Colman takes over from Claire Foy as Queen Elizabeth, with Tobias Menzies as Prince Philip and Helena Bonham Carter as Princess Margaret. Josh O'Connor is Prince Charles and Emerald Fennell plays Camilla Shand (soon to be Camilla Parker Bowles). 'I'm over the moon,' says Fennell about her casting. 'I absolutely love Camilla, and am very grateful that my teenage years have well prepared me for playing a chain smoker with a pudding-bowl haircut.'

Stars Anna Friel, Rosalind Eleazar and Sinead Keenan

Deep Water

AUGUST ITV

Anna Friel, Rosalind Eleazar and Sinead Keenan star in this emotionally-charged thriller, set against the backdrop of the Lake District. The six-part series, created by BAFTA-nominated writer Anna Symon, follows the lives of three vibrant women who are each struggling to keep their heads above water. With children of a similar age, the women meet at the school gates, but when a fun day out for the friends ends in tragedy, the ripples are felt far and wide…

Sanditon

AUTUMN ITV

Jane Austen's unfinished novel has been adapted into a lavish eight-part drama by award-winning screenwriter Andrew Davies. Charlotte Heywood (Rose Williams) is the spirited heroine who moves to the fishing village of Sanditon, where she meets the disarming Sidney Parker (Theo James) and his brother Tom (Kris Marshall), who's on a mission to reinvent Sanditon as a fashionable seaside resort. Look out for Anne Reid as the tight-fisted Lady Denham among a large cast that also features Adrian Scarborough, Jack Fox and Kate Ashfield.

WORDS: CAREN CLARK, IAN MACEWAN, REBECCA MAHONEY, SEAN MARLAND, VICTORIA WILSON.
PHOTOS: ALAMY, BBC, CARYN MANDABACH PRODUCTIONS, ITV, NETFLIX, PA IMAGES, REX, SKY

Olivia Colman as the Queen visiting Wales after the Aberfan disaster in 1966

Dublin Murders

AUTUMN BBC1

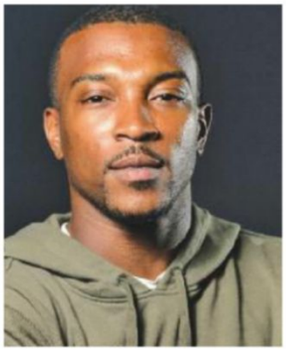
Killian Scott and Sarah Greene play ambitious detectives Rob Reilly and Cassie Maddox in this psychological crime thriller. Based on Tana French's best-selling novels, the eight-part series is set during the Irish financial boom of the millennium. When the pair investigate two seemingly unrelated murder cases, disturbing connections emerge between the deaths. Look out for *Game of Thrones* star Conleth Hill in the cast.

Holliday Grainger plays a detective investigating an ex-soldier

The Capture

AUTUMN BBC1

Set against a dark undercurrent of 'fake news' and state surveillance, this fast-paced drama comes from BAFTA-winning film-maker Ben Chanan. The six-part series stars Callum Turner (*War & Peace*) as Shaun Emery, a former British soldier whose life is turned upside down when damning CCTV footage from a night out in London emerges. DI Rachel Carey (Holliday Grainger) is drafted in to investigate Shaun's case, but quickly learns that the truth can sometimes be a matter of perspective. As dark secrets from the ex-soldier's time in Afghanistan come to light, DI Carey starts to wonder who she can trust.



Top Boy

AUTUMN NETFLIX

The gritty drama, which ran for two series on C4 between 2011 and 2013, returns for a belated third season on Netflix after Canadian rapper Drake came on board as executive producer. The new episodes pick up as Dushane (Ashley Walters, above) returns to London to reclaim the lucrative drug market with his partner Sully (Kane Robinson). '*Top Boy* is a raw, real representation of street culture,' says Walters. 'It gives the audience a behind-the-scenes look as to what is happening on our streets.'

A Confession

AUGUST ITV

This powerful true-life drama stars actor Martin Freeman as DS Steve Fulcher, who investigates the disappearance of Sian O'Callaghan in Swindon in 2011. But when the prime suspect, cab driver Christopher Halliwell (played by Joe Absolom), offers up a confession about the disappearance of another girl, Becky Godden-Edwards, in 2003, Fulcher makes a decision that threatens the case and his career. Imelda Staunton plays Becky's mother Karen, while Siobhan Finneran is Sian's mother Elaine.

'It brings into question how we want our police to behave when someone goes missing,' says the series writer Jeff Pope.

Martin Freeman plays real-life detective Steve Fulcher

ALSO ON...

Giri/Haji

AUTUMN BBC2

This dynamic eight-part international thriller is set in Tokyo and London and explores the impact of a murder across both cities. Takehiro Hira (inset) plays Tokyo detective Kenzo, who is sent to London to find his estranged brother Yuta (Yosuke Kubozuka) but soon becomes embroiled with shady business figures and enigmatic British cop Sarah (Kelly Macdonald). 'I'm incredibly excited to see it come to life with such a diverse and brilliant cast and crew,' says writer Joe Barton.

Guilt

2019 BBC2

Catastrophe's Mark Bonnar and *Chernobyl*'s Jamie Sives (right) star in this drama series written by Neil Forsyth, creator of Dundee-set comedy *Bob Servant*. In the darkly comic four-parter, the pair play brothers who attempt to cover their tracks after mowing down an elderly pedestrian while they are driving home from a wedding. However, as the neighbours and friends of the deceased begin to suspect foul play, the panicked siblings find their past beginning to catch up with them...

Criminal

AUTUMN NETFLIX

David Tennant stars in this 12-part crime anthology series set in police interview rooms in France, Germany, the UK and Spain. Tennant appears in three episodes alongside Hayley Atwell (*The Long Song*) and *Cheat*'s Katherine Kelly. Story details have not been released, but Netflix describes *Criminal* as a 'cat-and-mouse drama' about 'the intense mental conflict between detectives and suspects'. It's been compared to BBC1's *Line of Duty*, with which it shares two cast members – Lee Ingleby and Rochenda Sandall.

NEW DRAMA

I Am the Night

Thursday, Alibi HD, 9pm

Hunting EVIL

Chris Pine is a troubled reporter determined to catch the Black Dahlia killer

In January 1947, the mutilated body of 22-year-old aspiring actress Elizabeth Short was found in a vacant lot in a Los Angeles neighbourhood. Dubbed the Black Dahlia murder, the case remains one of Hollywood's most infamous, and still unsolved, crimes.

Over the years, the killing has inspired books and movies – and now a new TV drama takes a fresh look at the high-profile homicide.

Set in 1965, almost 20 years after the murder, Alibi's six-part series *I Am the Night* uses as its basis the fascinating true story of Fauna Hodel, played by India Eisley, the daughter of actress Olivia Hussey.

At the age of 16, Fauna discovers that she is adopted and travels to Los Angeles to track down her family – including her biological grandfather, George Hodel, a wealthy gynaecologist.

Jefferson Mays plays suspect George Hodel

SORDID SECRETS

Fauna discovers that Hodel was the prime suspect in the Black Dahlia murder. At this point, the drama takes some creative licence as she joins forces with a compelling, if fictional, character Jay Singletary (Chris Pine). A Korean War veteran, down-at-heel Jay previously saw his career as a reporter destroyed when he tried to pin the crime on Hodel.

Still haunted by his time in the forces, Jay reopens his investigation into Hodel, who in real life had also been a suspect in the 1945 murder of his secretary, and who was acquitted of raping his own daughter in 1949.

'This series is perfect for me because I'm a huge crime buff and an LA native,' says Pine, 38, who's best known for his roles in *Star Trek* and *Wonder Woman*. 'The most interesting thing about Jay is he's a war veteran – he's a guy who has seen the deepest, darkest, most heinous things that man can do to man. I have a greater compassion for Jay than I have for many of the characters I've played because he's so tragic.'

In this week's opening episode, Fauna gets the first inkling of Hodel's chilling reputation when a family member warns her, 'Your grandfather is a very, very dangerous man. Stay away. Stay away from him.'

Jefferson Mays, who plays Hodel, researched his character by reading a memoir written by Hodel's son Steve, an LAPD homicide detective, which accused his father of killing Elizabeth Short and linking him to other murders across the United States.

'I do believe that [Hodel] was probably a sociopath and that he was involved in some shady business, says Mays, 'but I'm still unsure whether or not he killed Elizabeth Short.'

Despite his doubts, Mays admits playing such a menacing figure took its toll.

'It got under my skin,' he says. 'I'd take a hot bath when I got back from set and I'd fix myself a martini to shake him off.'

India Eisley as Fauna Hodel and Chris Pine as Jay Singletary

BOX SET

All episodes of *I Am the Night* will be available on Sky/Virgin after the first episode airs.

sky box sets

Virgin TV

All that jazz!

Sam Rockwell and Michelle Williams re-create a legendary musical partnership

NEW DRAMA

Fosse/Verdon

Fri, BBC2 HD, 9pm & 9.50pm

Glossy, star-studded and packed full of musical hits, BBC2's new true-life drama *Fosse/Verdon* chronicles the troubled personal and professional relationship between Bob Fosse, the lauded film director of 1970s movies *Cabaret* and *All That Jazz*, and his musical-theatre icon wife, Gwen Verdon.

Spanning five decades, the eight-parter, which starts with a double bill, jumps back and forth in time to follow their partnership, which was rocked by Fosse's infidelities, as well as his absentee parenting, self-doubt, drug-taking and depression.

Playing the couple are Sam Rockwell, 50, in an all-singing, all-dancing change in direction from his Oscar-winning role in movie *Three Billboards Outside Ebbing, Missouri*, and Michelle Williams, who's returning to TV for the first time since *Dawson's Creek*.

'It's a dense, complex story; a love story,' says Rockwell. 'They had a kind of June Carter and Johnny Cash

BOX SET

The entire series of *Fosse/Verdon* will be available on BBC iPlayer after the first ep airs.

BBC iPlayer

'Jay has seen the deepest, darkest, most heinous things that man can do to man'
CHRIS PINE

thing, or Ike and Tina Turner. But there's an artistic love there. It's a beautiful relationship.'

The drama begins in 1969 as Fosse – who's lost Hollywood bosses millions of dollars with his flop *Sweet Charity* – is offered the chance to direct Liza Minnelli (Kelli Barrett) in the film version of *Cabaret*.

DYNAMIC TENSION

Meanwhile, dancer Verdon, who was a four-time Tony winner, is taking a career backseat to raise their young daughter, Nicole.

However, on the *Cabaret* set in Munich, Fosse suffers a major crisis of confidence, falls out with the producer and ends up having an affair with a German translator.

The effect on the ever-supportive Verdon is devastating, especially when she catches them together in Fosse's apartment.

Although the series focuses on Fosse and Verdon's complex relationship and Fosse's traumatic past, which involved both emotional and sexual abuse, there's light-heartedness to the drama, too.

Musicals fans will revel in the show-stopping numbers and electric choreography – with Williams, 38, taking dance lessons for the role.

'I wanted to be faithful to who she was and faithful to the people that knew her,' says the actress.

Kelli Barrett as Liza Minnelli

WORDS: HANNAH DAVIES, RICHARD MCCLURE, ALISON SLADE. PHOTOS: BBC, ITV, UKTV

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

The nervous mum-to-be receives her paternity test results

EASTENDERS

Sharon discovers who her baby-daddy is...

» **It's a mammoth** week for the Mitchells. First off, pregnant Sharon gets those all-important DNA test results. Is hubby Phil her baby's daddy, or has former lover Keanu done the double; getting both Louise and her up the duff?

Meanwhile, trouble's brewing of a different kind. Keanu's livid to discover that Phil is still involved with his dodgy business contacts, and orders his future father-in-law to put a stop to it. When Phil refuses, Keanu takes matters into his own hands, prompting Phil to threaten him at The Vic.

Sharon then does her own bit for rubbish family relations by blurting out to Ben that Phil has cut him out of his will and is leaving Keanu his worldly goods.

Ben sees red and calls Keanu to meet him at the Arches. Back at The Vic, Phil then flips when Kat winds him up about the money Alfie stole from him. He heads down to the Arches, where he becomes involved in a violent fight that leaves him clinging to life. Who has done him in? And will Phil pull through?

Sharon accidentally tells Ben about Phil's will

» **PLUS** Stuart has a date with Rainie, Gray tries to cheer up Chantelle, Karen and Caren kiss, Habiba loses patience with Adam, Keegan helps Bailey with her school project, and Patrick arrives home with a new lady friend.

whatsontv.co.uk/soaps

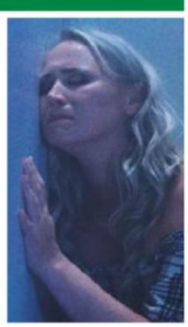
ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Tracy spots Robert with Vicky (right), Seb finds out that Alina is a victim of human trafficking, Abi gets her job back at the garage, Kate decides to go travelling, and Paula apologises to Sophie for putting her family in peril.

EMMERDALE

» Tracy (right) is trapped in a fire caused by Kerry and Amy, Lee demands cash and a public apology from Victoria, Bernice plans to propose to Liam at the Wild West event, and Frank is acting furtively.



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Boots Hearingcare

Josh Dallas and Melissa Roxburgh (centre) discover life has moved on

FLIGHT TO THE FUTURE

A plane full of passengers experiences a **mysterious time jump** in a new drama

NEW DRAMA
Manifest
Tuesday, Sky One HD, 9pm

Imagine touching down after a short flight to discover that over five years have passed since you took off and your life has changed for ever…

That's the premise of *Manifest*, a new US drama from *Back to the Future* director Robert Zemeckis, which follows the passengers of Flight 828 as they arrive in New York to find their loved ones had assumed them dead.

Grace thought her son Cal was dead

The phenomenon is most painful for the Stone family, who were scheduled to be on the same plane, but got separated, with siblings Michaela and Ben boarding the fateful flight with Ben's son, Cal.

'Michaela and Ben think they'll catch up with their family in a few hours, but they end up losing five years,' says Josh Dallas, who plays Ben. 'It's a great mystery that also tugs at your heartstrings. It's about ordinary people going through something extraordinary – like *Lost* meets *This Is Us*.'

The passengers find it difficult to fit back into the lives they once had, and begin to experience voices and visions that warn of events yet to occur. For Michaela (Melissa Roxburgh) – an NYPD detective who uses these messages to save lives – they have a higher meaning, but her brother isn't so sure.

'Ben doesn't trust this whole idea that it's something spiritual, or that they're being called to do something,' says Dallas. 'He thinks scientifically, so he believes there's an explanation for what's happening to them.'

SECOND CHANCES

Michaela is devastated to find that her boyfriend has married her best friend during their absence. Yet for Cal, the time-lapse proves a lifeline.

The youngster had terminal leukaemia when they took off, but there's now a treatment available that gives him a second chance at life. And, in a twist of fate, the woman whose research led to the breakthrough was also on the flight.

'Another mystery of the show is how all of the passengers on the plane are connected,' says Dallas.

The show has already been picked up for a second season and there are rumours that its creator Jeff Rake has a six-year plan for the supernatural tale.

'I knew I wanted this to be about a separated family and throwing at them the most tantalising, impossible obstacle conceivable, in order to tear them apart and bring them back together again,' explains Rake.

Dallas, who played Prince Charming in *Once Upon a Time*, couldn't resist the chance to take on such a sprawling project.

'The series asks many questions,' he says. 'What would you do if you were presented with a second chance with this interrupted life? What choices would you make?'

You liked...

Gotham Channel 5, E4 and Netflix

This Batman prequel, which concludes this week on E4, followed cop Jim Gordon (Ben McKenzie, right) as he battled villains such as Penguin and the Riddler. Meanwhile, a young Bruce Wayne (David Mazouz) was in the care of butler Alfred Pennyworth (Sean Pertwee) after his parents' murder.

Now try this...

Pennyworth on STARZPLAY

This upcoming Batman origin series follows butler Alfred Pennyworth in the years before his employment in Gotham City. A former SAS soldier in his 20s, Alfred forms a security company in 1960s London and goes to work with young billionaire Thomas Wayne, who later fathers Bruce. Jack Bannon (right) takes on the title role, with Ben Aldridge as Thomas.

WORDS: SEAN MARLAND. RICHARD MCCLURE. PHOTOS: ALAMY, FOX, GETTY, NBC UNIVERSAL, SKY, STARZPLAY

Look Who's Back...

A familiar face appearing in a new role this week

John Thomson

Zone of Champions

Saturday, ITV HD, 6.45pm

The Salford-born actor and comedian is most famous for playing lovable Pete Gifford in the popular ITV drama *Cold Feet*, which ran from 1997 until 2003 before returning in 2016 – with a ninth series now filming. TV comedy work in the 1990s included sketches on *The Fast Show*, plus roles in *The Day Today* and *Men Behaving Badly*. He later joined *Coronation Street* in 2008 for a 15-month stint as Jesse Chadwick.

HIS NEW ROLE

This week, the 50-year-old stars as sports presenter Jack Bullman in *Zone of Champions*, a comedy clips show that pokes fun at punditry. Jack and his co-host Nicky Brimble (Jessica Knappett) bring the same enthusiasm to their commentary of oddball events such as guinea-pig racing or canine gymnastics as they might for football or athletics. 'Jack's trying to follow the politically correct and modern approach to things, but he's just a little bit old-fashioned,' explains Thomson.

John Thomson as sports host Jack Bullman

WORDS: HANNAH DAVIES, JUDY EWENS, RICHARD MCCLURE, ELAINE REILLY. PHOTOS: AMC, BBC, C4, FOX, ITV, SKY DEUTSCHLAND

The money trap

Samantha Morton is a woman forced into desperate measures to pay back a loan shark

DRAMA

I Am Kirsty

Tuesday, C4 HD, 10pm

After her stint on *The Walking Dead*, scaring us silly as the villainous Alpha, Samantha Morton is back on our screens this week in the second instalment of C4's hard-hitting drama trilogy *I Am...*

The 42-year-old joins forces with director Dominic Savage to play the title role in the haunting *I Am Kirsty*, which they created together. Morton plays loving mum Kirsty who discovers her gambling-addicted partner Steve has suddenly upped and left her deeply in debt.

Struggling to feed her daughters, hotel cleaner Kirsty reluctantly borrows money from Ryan (Paul Kaye), a sympathetic dad who befriends her at the school gates. Things turn ugly, however, when Ryan reveals himself to be a predatory and unpredictable loan shark, who threatens Kirsty's family.

As Kirsty runs out of financial options, she contemplates sex work in order to survive.

Here, Morton reveals more about the harrowing role...

Can you set the scene for Kirsty's story? Kirsty is a single mother-of-two who has fallen on hard times. She's in a very difficult situation and the story is about how this woman goes about finding solutions to her problems.

Gedeon Winter (Nicholas Ofczarek) and Ellie Stocker (Julia Jentsch)

Ice-cold killer

A murderer runs amok in the Alps in a new thriller

NEW DRAMA

Der Pass

Wednesday, Sky Atlantic HD, 9pm

An ambitious new detective makes her debut on our screens this week in an award-winning crime thriller made by Sky Deutschland, the company behind hit dramas *Das Boot* and *Babylon Berlin*.

Paul Kaye plays Ryan, who preys on Kirsty's debt problem

Why did you want to tell this story? This story needs to be told. It has been said in many different ways but until things in society change it will come to the surface again.

Have you ever faced similar problems? As a child, I was around two different women forced into sex work through poverty, or a man making them do it for money. When I played Tracy in *Band of Gold* [1995-96], that was my source material. Also, I was brought up in children's homes, and I was around children who were exploited into sex work.

How did you manage to survive those years? I've been a lucky duck. I got into acting really young. There are my formative years in care and what some would call a troubled childhood, but I've had a privileged life since, which acting has given me. I've never been in the situation of being forced to take out loans with dodgy people, but it's close to my heart.

As Alpha in *The Walking Dead*

How did you create a bond with the young actresses who play Kirsty's daughters? For the kids you have to make it fun. They didn't see anything bad – we protected them from all that. I like kids and would leave my trailer door open, so they could come in and out, be with me and ask me anything. I was a child actor – I was in *Soldier Soldier* when I was about 11 – and everybody was so busy doing their thing that it wasn't fun. Dominic was a child actor, too, and the way he spoke to the children was beautiful. He never talked down to them.

Do you enjoy Dominic's filming style? It's very liberating. We filmed incredibly long takes. As Kirsty, I would get on the bus, pick up the kids from school, take them to the shops, thinking, 'Is he going to call cut yet?' I've done improvisation before but never anything where you're trusted to stay in character for so long. We also had safe words for the scenes I performed with punters. I didn't feel exploited as an actor.

Inspired by the Nordic noir series *The Bridge*, eight-part subtitled drama *Der Pass* is set on the German-Austrian border, where a body is found gruesomely propped up on a mountain pass in the Alps – the top half in Austria, the legs in Germany.

MISMATCHED DETECTIVES

Dedicated German detective Ellie Stocker (Julia Jentsch) is sent to investigate, as is her Austrian counterpart, the cynical Inspector Gedeon Winter (Nicholas Ofczarek), who shows little interest in cooperating on the case.

'When we first meet Ellie, she's a very positive, dedicated, ambitious chief commissioner,' explains Jentsch. 'But the changing nature of the case soon makes her realise things are not what she imagined.'

Soon, more symbolically arranged corpses are discovered, reminiscent of pagan rituals. Meanwhile, the killer is disguised in the mask of a Krampus, a mythical creature who wants to punish society.

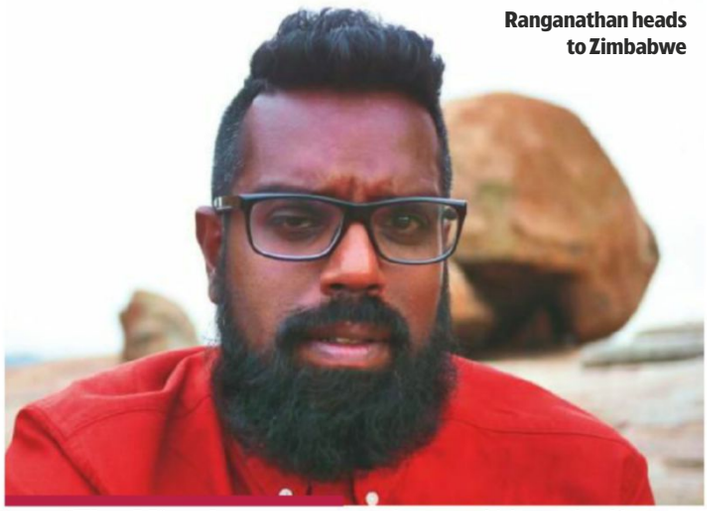
'The case becomes more complex and more horrible with each step,' says Jentsch. 'You get insights into the killer's life and behaviour.'

The 41-year-old actor likens *Der Pass* to other dramas with strong female leads including *Top of the Lake* and *The Handmaid's Tale*.

'I've never played a professional investigator before,' she says. 'So it was a real incentive for me to dedicate myself to the challenge.'

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...



Ranganathan heads to Zimbabwe

NEW The Misadventures of Romesh Ranganathan

Sunday, BBC2 HD, 9pm

The *Asian Provocateur* comedian packs his bags for a second series of trips around the world that are designed to take him out of his comfort zone. Following on from series one, which saw the 41-year-old travel to Haiti, Ethiopia and Albania, his new destinations include Zimbabwe, where he takes in national parks and encounters some of the local wildlife, including elephants and rhinos, and the so-called 'cheetah ambassador'. He also visits Bosnia, Colombia, and Mongolia, where he tries his hand at hunting with eagles.

NEW False Flag

Sunday, FOX HD, 9pm

In the second series of the Israeli thriller, a bomb goes off during a ceremony to mark the opening of a new oil pipeline, killing several Israeli government officials as well as the Turkish ambassador to the country. The lives of three ordinary families are then thrown into chaos when their loved ones are named as suspects. To make matters worse, they disappeared at the time of the blast.

NEW Hold the Sunset

Friday, BBC1 HD, 9pm

The hit comedy returns with John Cleese and Alison Steadman as pensioners Phil and Edith, who are still planning to move abroad and desperately trying to sell Phil's house. Jason Watkins is back as Edith's annoying stay-at-home son Roger, who's started a new career – busking with a crocodile puppet!

LAST ONE! Gotham

Sunday, E4 HD, 10pm

The final-ever episode of the Batman prequel fast-forwards 10 years, with Bruce Wayne (David Mazouz) returning to Gotham for the opening of the rebuilt Wayne Tower. Cop Jim Gordon (Ben McKenzie) is set to retire when a new series of crimes points to old adversaries Penguin and the Riddler.

Your Watchlist

Michael K Williams and Chris Evans play a local man and a Mossad agent who come to the rescue

Sun, sea and spies

Marvel's **Chris Evans** stars in a daring real-life rescue mission

NETFLIX The Red Sea Diving Resort

NEW *Genre:* *Action drama* *Available:* *Wednesday 31 July* *Runs:* *130min*
TVSW says: *For fans of* Argo

At first glance, the title of this Netflix film might suggest a feelgood romcom set in a paradise location.

But *The Red Sea Diving Resort*, written and directed by Gideon Raff – the man behind *Homeland* – is a high-octane thriller based on an incredible true story.

Chris Evans, best known as Captain America and recently seen in box-office hit *Avengers: Endgame*, plays Ari Kidron, a real-life Israeli secret agent on a daring humanitarian mission.

In the 1980s, Ethiopia's Jewish population were suffering at the hands of their own government, with many fleeing to Sudan. To save them from persecution, the Israeli government came up with an audacious plan to smuggle them out of the country.

'The civil war in Ethiopia had caused many of the Jews to flee to neighbouring Sudan,' explains Gad Shimron, one of the Mossad agents involved in the mission and whose book inspired the film. 'The problem with that was Sudan was an enemy country of Israel, so Mossad took on the mission to extract them.'

Ex-Mossad agent Gad Shimron

Mossad spies decided to use an abandoned tourist resort, the Arous holiday village, in the Sudanese desert, overlooking the Red Sea, to carry out their plan.

Undercover agents posed as a European tourist company and took over the resort, opening up the site to real-life visitors. Meanwhile, they were secretly providing Ethiopian Jews with safe passage out of Sudan, with the help of Israeli military. 'It's one of those stories that is hard to believe,' says Shimron. 'It was a state secret. Even my family didn't know.'

THE PERFECT COVER

The subterfuge was effective – the resort boasted stunning beaches, crystal-clear waters and incredible coral reefs, which encouraged visitors. Indeed, Sudanese authorities were delighted to see it thriving, not knowing what was happening right under their noses.

'We introduced windsurfing to Sudan,' said Shimron. 'I knew how to windsurf, so I taught the guests. Other Mossad agents posed as diving instructors.' The diving storeroom was used to hide radios for vital communications with Tel Aviv.

The operation lasted five years and succeeded in saving around 6,000 Jewish refugees. But it was not without jeopardy or fear. As one agent later recalled, 'We all knew that if any one of us got exposed, we'd end up hanged.'

It's no surprise such a story has been turned into a movie. Shot in South Africa and Namibia, it also stars Haley Bennett, Sir Ben Kingsley and Michael K Williams.

'The more local a story is, the more universal it is,' says Raff. 'The most basic human instinct – to help your brothers – is something that rings true for everyone.'

WORDS: EMMA BULLIMORE. PHOTOS: ALAMY, AFP/GETTY, NETFLIX/MARCOS CRUZ

The best of **Netflix, Amazon Prime Video, BBC iPlayer** and more...

NETFLIX Dear White People

NEW *Genre: Comedy drama Available: Friday 2 August Season: 3 Episodes: 10 Runs: 25min TVSW says: Cool campus comedy with a thought-provoking message*

Samantha White (Logan Browning) and her pals return to battle for social justice at a predominantly white Ivy League college, where racial tensions bubble just below the surface of the student body. In the show's third season, Reggie Green (Marque Richardson) is coping with post-traumatic stress disorder and we get to learn more about the mysterious 'Order of X' after the series narrator (Giancarlo Esposito) stepped out of the shadows to reveal himself as the leader of the college's black secret society.

Logan Browning as student Samantha

Ex-Chelsea player Branislav Ivanovic celebrates

prime This Is Football

NEW *Genre: Sports documentary Available: Friday 2 August Season: 1 Episodes: 6 Runs: 60min TVSW says: Back of the net!*

This homage to the beautiful game features six episodes, each focusing on football-related stories from across the globe, including interviews with managers, players and unsung heroes. Highlights include a tribute to the genius of Barcelona superstar Lionel Messi, the rise of the women's game, a look at football's role in rebuilding Rwanda after the country's genocide in 1994, and the fascinating story of South Africa's youngest referee.

Watch it or dodge it

What the critics are saying about the latest releases...

NETFLIX Family Reunion

Genre: Comedy Season: 1 (Part 1) Episodes: 10 Runs: 25-34min

'Stuck in the past,' is the critics' verdict on this sitcom about a couple (Tia Mowry-Hardrict and Anthony Alabi) and their four children adapting to life in small-town Georgia, after relocating there from Seattle, Washington.

NETFLIX Point Blank

Genre: Action drama Runs: 86min

An ER nurse (Anthony Mackie) must help an injured murder suspect escape from hospital or else his kidnapped pregnant wife will be killed in what critics have called 'a high-octane action flick'.

What we're watching...

A sneak peek at what's being watched in the *TV&Satellite Week* office

THIS WEEK: PERIOD DRAMAS

BBC iPlayer Gentleman Jack

Season: 1 Episodes: 8 Runs: 58min

Suranne Jones is dazzling as real-life, 19th-century lesbian landowner Anne Lister in this entertaining series. Anne strides through the Yorkshire countryside, uncompromising in her business dealings.

NETFLIX The Last Czars

Season: 1 Episodes: 6 Runs: 42-51min

The downfall of a powerful family is always fascinating to watch and the collapse of the Russian royal dynasty is particularly compelling in this series, which mixes dramatic action and interviews with historians.

STARZPLAY* Harlots

Season: 3 Episodes: 8 (released weekly) Runs: 45min

Game of Thrones' Alfie Allen joins the sumptuous drama about two rival brothel madams in 18th-century London. At the start of the third series, the events of the previous season have left a power vacuum.

prime Death Comes to Pemberley

Season: 1 Episodes: 3 Runs: 58min

Line of Duty's Anna Maxwell Martin is firmly in the 19th Century in PD James' homage to Jane Austen's *Pride and Prejudice*. Elizabeth and Darcy are now happily married but their lives are rocked by a murder.

Suranne Jones as Anne Lister in *Gentleman Jack*

Catch up before the new series...

sky box sets / NOW TV Instinct

Genre: Crime drama Available: Now Season: 1 Episodes: 13 Runs: 44min

With the second season due to start in August on Sky Witness, be sure to catch up with this murder-mystery series, starring Alan Cumming as a psychology professor and former CIA agent who helps a detective (Bojana Novakovic) investigate a series of killings that seem connected to one of his books.

For fans of legal dramas...

NETFLIX Suits

Genre: Legal drama Available: Now Season: 9 Episodes: 10 (released weekly) Runs: 44min

The stylish legal drama's ninth and final series sees the return of original cast member Mike (Patrick J Adams), who left at the end of the seventh season with his love interest, Rachel, played by Meghan Markle. Adams appears in the fifth episode, but whether Markle will appear remains to be seen...

WORDS: JUDY EWENS, RICHARD MCCLURE. PHOTOS: AMAZON PRIME VIDEO, BBC, CBS, NETFLIX, USA NETWORK.
*STARZPLAY IS AVAILABLE ON AMAZON PRIME VIDEO AND VIRGIN TV AT AN ADDED COST

Documentaries

Terror trade

Bond actress **Naomie Harris** discovers links to slavery as she traces her roots in the Caribbean

Naomie Harris and Daniel Craig in *Skyfall*

Animals at Play

Sunday, BBC2 HD, 8pm

Why do dolphins play catch with seaweed? This two-parter examines the importance of play in social groups of animals, including hyenas enjoying a game of tug-of-war, chacma baboons introduced to human toys, and flocks of kea parrots encouraging each other to participate in 'play call'.

The South Bank Show

Tuesday, Sky Arts HD, 10pm

Melvyn Bragg meets writers and actors Reece Shearsmith and Steve Pemberton, one half of groundbreaking comedy quartet *The League of Gentlemen*, who went on to co-create and star in *Psychoville* and *Inside No. 9*. *The League*'s Mark Gatiss and Jeremy Dyson also feature.

Counting Tigers: A Survival Special

Tuesday, ITV HD, 9pm

Joanna Lumley narrates this documentary about the extinction threat facing tigers. With less than 4,000 of the predators thought to be left in the wild, can conservation efforts in India – where 60 per cent of the world's tigers live, and a head count of the population is being carried out – turn the tide?

WORDS: CAREN CLARK, HANNAH DAVIES, IAN MACEWAN.
PHOTOS: ALAMY, BBC, ITV, SKY, TI PRODUCTIONS

GENEALOGY

Who Do You Think You Are?

Monday, BBC1 HD, 9pm

Naomie's paternal grandparents George and Barbara

As 007's right-hand woman Moneypenny in the James Bond films, Naomie Harris has faced her fair share of dramatic moments – but now she is uncovering shocking revelations of her own in *Who Do You Think You Are?*

The actress became interested in researching her family history after receiving an unusual gift.

'I'd never been concerned about my ancestry until my mum gave me a DNA kit as a present and I discovered I was almost 50 per cent Nigerian,' she reveals. 'It sparked my interest because I realised I knew nothing.'

SHOCKING DISCOVERY

First up, she visits her father Brian to find out about her paternal grandparents Barbara and George, who came to the UK from Trinidad.

George was born in Grenada, where Harris researches her paternal great-great-grandfather Charles Clarke, a white overseer of paid workers at a cocoa plantation in the late 19th Century.

Naomie's father Brian Clarke

She then discovers that her four-times great-grandfather James Langdon was a slave overseer who, after slavery was abolished in 1834, managed a sugar plantation where the workers were classed as 'liberated Africans', but were tied to contracts and couldn't leave.

'Being from the Caribbean you know you're involved in slavery, but I never thought that my family would've been overseers,' says Harris. 'It's repugnant that James was involved in the slave trade.'

Heading to Jamaica, she also traces her five-times great-grandmother Elizabeth Leevers, who was born in Africa and brought to Jamaica as a slave.

'I was in tears,' says Harris. 'Even though Elizabeth is my five-times great-grandmother, it makes you feel part of this chain in history.'

Harris says that stories like Elizabeth's have made her appreciate her own life.

'I'm glad they're getting remembered. Now I'll enjoy myself because my ancestors weren't able to.'

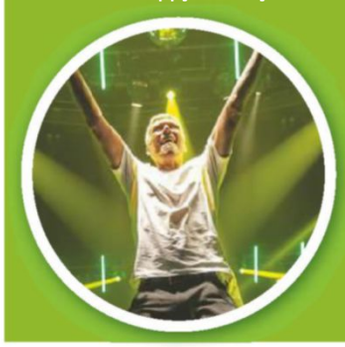
Ross Kemp: Living with Young Carers

Thursday, ITV HD, 7.30pm

This week, Ross Kemp delves into the world of young carers, shining a light on the 800,000 kids in the UK who are sacrificing their childhoods to look after sick relatives. He meets Ali, who helps his mum, Hanifa, to look after his sister, Zainab, who has cerebral palsy and epilepsy.

DID YOU KNOW?

Ibiza took its name from Bes, the Egyptian god of fertility. Discover the island's colourful history in director Julien Temple's **Ibiza: The Silent Movie (Friday, BBC4 HD, 10pm)**, which, appropriately enough, features the Happy Mondays' Bez.



Dooley with bounty hunters Scott and Lydia Gribble

Locked & loaded

Stacey Dooley tracks down felons with armed American bounty hunters

NEW CRIME

Stacey Dooley: Face to Face with the Bounty Hunters

Wednesday 31 July, BBC3 Online, from 10am

Stacey Dooley is a long way from her sequined *Strictly* dresses when she puts on a bullet-proof vest for her latest BBC3 investigative documentary, *Face to Face with the Bounty Hunters*.

Dooley is Stateside, shadowing husband-and-wife bounty hunters Scott and Lydia Gribble and their team in Denver, Colorado – and the experience puts the 32 year old in some risky situations as she joins them to chase fugitives on the run.

ON THE HUNT

'All the team have a vest, a Taser and a handgun. There's a shotgun in the car,' says Dooley. 'If they came in my house I would be absolutely petrified.'

In America, if you're charged with a crime you go to prison before your trial, unless you can stump up bail money. If you can't afford it, bondsmen will cover the bail cost for a 10 to 15 per cent charge. But if you skip your trial, the bondsmen lose their money and that's where the bounty hunters come in.

'If you go on the run, bondsmen go to armed bounty hunters to track you down,' explains Dooley. 'But they're unregulated. In the US, justice and making money go hand in hand.'

> 'If they came in my house I would be absolutely petrified'
> STACEY DOOLEY

RISKY BUSINESS

Dooley helps Gribble track down Keri, 29, who was arrested for assaulting an ex-boyfriend, but didn't turn up for her trial. Fortunately, the job goes smoothly and Keri's handcuffed and taken straight to jail.

But when they attempt to capture a fugitive in a known drug house in one of Denver's most dangerous areas, there's a struggle and the criminal is cornered and Tasered, sending 50,000 volts through his body.

'It's frightening because you don't know what you're walking into,' admits Dooley. 'These guys are forced to make really important decisions in a split second. It felt chaotic and unpredictable. Their job is far from easy.'

Films This week's

reviewed by **Jason Best**

PREMIERE OF THE WEEK

Shady siblings **Shane and Clayton Jacobson** have murder in mind...

Brothers' Nest

Orange is the new black for Shane and Clayton

COMEDY DRAMA

Thursday, Sky Premiere HD, 11.15am & 9.45pm ★★★★

It is early morning and two bearded, burly, middle-aged men (played by real-life brothers Shane and Clayton Jacobson) are peddling with quiet purpose through a remote corner of rural Victoria in Australia. They look like brothers heading for a day's fishing, but this fraternal duo have instead a sinister goal – the murder of their elderly stepfather (Kim Gyngell) in the family home, thereby preventing their dying mother (Lynette Curran) from leaving him the property in her will.

But, as this excellent dark comedy progresses, it becomes apparent that one of the brothers is far keener on the venture than the other.

Bespectacled Jeff (played by Clayton, who also directs) has drawn up a meticulously finicky, timetabled plan and expects his anxiously passive, sad sack younger brother Terry (Shane) to follow it precisely. At 8am they are to 'synchronise watches' (Terry doesn't have one) and to 'ring mum' – keeping up the deception that they are currently in Sydney by playing a recording of big-city street noise. The item for 10.30am on Jeff's checklist reads 'Electrocution'. Of course, very little in Jeff's scheme runs according to plan.

The Jacobsons previously made the 2006 mockumentary *Kenny*, a good-natured comedy in which Shane played a divorced portable loo plumber. *Brothers' Nest* sees the brothers casting a cool eye on the absurdities of human folly and greed. Their film has a cruel streak of irony, reminiscent of films by another sibling duo – the Coen Brothers' *Blood Simple* and *Fargo*.

But the film also has a powerful emotional undertow, as the tetchy brothers' slowly reveal the family history of dysfunction and bitterness that has led them to this state of affairs. 2018, 15, 94MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

NEW RELEASE EVERY DAY

premieres

Plus *turn over for...*
This week's films at a glance p20
Day-by-day guide p21
Pay-per-view highlights p25

Shay found it hard to keep Kirby under wraps

HORROR THRILLER

The Possession of Hannah Grace

Sunday, Sky Premiere HD, 2.10pm & 9.45pm ★★★

Haunted by the death of her partner and battling addiction issues, jittery ex-cop Megan (Shay Mitchell) takes a job working the graveyard shift at a Boston hospital morgue.

Her first night sees delivery of the mutilated corpse of a teenage girl – a charred, hacked and twisted cadaver that won't stay put and somehow has the power to heal itself. Having already seen the eponymous Hannah go through an unsuccessful exorcism in the opening scene, we know her body is demonically possessed...

This supernatural horror thriller has elements that are all too familiar to the genre, but there are some genuinely unnerving chills and thrills. Most effectively menacing of all is contortionist-dancer Kirby Johnson's uncanny performance as the corpse that won't lie down. 2018, 15, 86MIN

DRAMA

Summer 1993

Wednesday, Sky Premiere HD, 9.45pm ★★★★

Following the death of her mother, a six-year-old girl (Laia Artigas) goes to live with her aunt, uncle and younger cousin in the Catalan countryside.

Inspired by director Carla Simón's own childhood, this tender drama gives us access to a child's-eye view of the world, and the guileless performance she elicits from her young lead conveys the churning complexity of a child's inner life. Subtitled. 2017, 12, 98MIN

WORLD CINEMA

CRIME CAPER

The Belly of the Whale

Tuesday, Sky Premiere HD, 11.30am & 9.45pm ★★

A pair of mismatched misfits – Pat Shortt's alcoholic middle-aged loser and Lewis MacDougall's spotty teenage herbert – form an unlikely partnership to rob Michael Smiley's dodgy local politician in this Irish crime caper-cum-buddy movie.

The results of their half-baked scheme are moderately engaging, but the leads' fine performances are let down by a slack script. 2018, 15, 83MIN

SCI-FI THRILLER

The Darkest Minds

Friday, Sky Premiere HD, 1pm & 8pm ★★

The Hunger Games' Amandla Stenberg stars in a sci-fi thriller based on the first novel in Alexandra Bracken's young-adult fantasy series. Here, 98% of children have died from a mysterious disease, but the survivors have somehow gained strange powers.

There's nothing in this derivative movie that we haven't already seen in a clutch of other dystopian young-adult adventures, and the characters are bland. 2018, 12, 104MIN

Amandla wouldn't let power go to her head

There was no frosty reception from this snowman

ANIMATED COMEDY

Smallfoot

Saturday, Sky Premiere HD, 10.15am & 6.15pm; Sky Animation HD, 3pm ★★★

Turning the legend of the Abominable Snowman upside down, this jaunty animated romp imagines a Himalayan village of 18-foot Yetis for whom the existence of humans remains but a legend. The animation here is fairly insipid, and so are the songs, but the movie still works thanks to its frenetic slapstick energy and the charm of its voice cast. 2018, U, 96MIN

FANTASY COMEDY

School Spirits

Monday, Sky Premiere HD, 11am & 6.20pm ★★

This mildly spooky teen comedy fantasy stars pop singer and YouTube celebrity Tiffany Alvord as a level-headed girl who has more than the usual mean girls and bitchy cliques to contend with when she enrols at a new school which, it turns out, is haunted.

The ghosts she initially encounters are pretty benign, but she finds there are darker spirits in town as well. 2017, PG, 89MIN

FilmFinder

The pick of the week at a glance

Action & Thriller

Midnight Special ★★★★

Saturday, BBC2 HD, 11pm

Prepare to be puzzled by this curious drama about a father (Michael Shannon) whose son's unworldly powers attract unwanted attention from both a sinister cult and the FBI. 2015, 12, 112MIN

The Gift ★★★★

Saturday, Film4 HD, 11.10pm/ Film4+1, 12.10am

A visitor from the past has a devastating effect on the lives of a married couple (Rebecca Hall and Jason Bateman) in this dark mystery. 2015, 15, 108MIN

Johnny English Strikes Again ★★★

Tuesday, Sky Premiere HD, 8pm/ Sky Premiere+1, 9pm

The joke is, perhaps, getting a little stale as Rowan Atkinson returns as the bumbling British spy. 2018, PG, 89MIN

Olympus Has Fallen ★★★

Friday, 5Star, 9pm/5Star+1, 10pm

Channelling his inner Bruce Willis, Gerard Butler plays a maverick lawman who has to save the day when North Korean terrorists take the US president (Aaron Eckhart) hostage. 2011, 15, 120MIN

Horror & Sci-Fi

Avengers: Age of Ultron ★★★

Saturday, BBC1 HD, 10.20pm

Unless you follow all the Marvel Comics superheroes, you may find this second ensemble adventure for the collective a tad confusing. 2015, 12, 141 MIN

Outcast ★★★

Monday, Horror, 10.45pm/ Horror+1, 11.45pm

An Edinburgh council estate is the drab setting for an atmospheric supernatural thriller starring Kate Dickie, Niall Bruton and James Nesbitt. 2010, 18, 98MIN

Ender's Game ★★★

Thursday, Film4 HD, 6.45pm/ Film4+1, 7.45pm

Playing like a glorified video game, this futuristic space adventure finds Asa Butterfield's 12-year-old being trained to fight in a space war. 2013, 12, 114MIN

The Others ★★★★

Thursday, AMC HD, 9pm

Set in a mist-enshrouded mansion in Jersey at the tail end of World War Two, this atmospheric and creepy chiller stars Nicole Kidman as the mother of two sickly children. 2001, 12, 104MIN

Drama

Monsters and Men ★★★★

Wednesday, Sky Thriller HD, 11.15pm

Told from the perspective of three unconnected characters, this compelling social drama revolves around the shooting of an unarmed black man by a white policeman. 2018, 15, 95MIN

Euphoria ★★★

Friday, Sky Drama HD, 6.15pm

Opting to end her life at a euthanasia clinic, Eva Green's cancer-stricken woman attempts a reconciliation with her sister (Alicia Vikander) in a well-acted and stylish melodrama. 2017, 15, 104MIN

EDITOR'S CHOICE

First Man ★★★★

Saturday, Sky Premiere HD, 9.35pm/ Sky Premiere+1, 10.35pm

Ryan Gosling reunites with *La La Land* director Damien Chazelle for a reflective yet exhilarating biopic of the first man on the moon, Neil Armstrong. We all know the outcome, of course, but you will find your heart in your mouth all the same as events build towards the history-making Apollo 11 mission in 1969. Gosling digs deep as the buttoned-up astronaut, with Claire Foy rock solid in support as his wife. 2018, 12, 114MIN

Classic

The Third Man ★★★★★

Sunday, BBC2, 12.40pm

Driven along by Anton Karas's insistent zither music, this truly superb thriller features memorable performances from Orson Welles, Joseph Cotten and Trevor Howard. 1949, PG, 104MIN

The Browning Version ★★★★

Wednesday, Talking Pictures, 6.30pm

Michael Redgrave is on superb form in a fine adaptation of Terence Rattigan's stage play of marital discord set against a background of school life. 1951, U, 90MIN

The Big Sleep ★★★★★

Friday, TCM HD, 6.35pm/TCM+1, 7.35pm

A labyrinthine adaptation of author Raymond Chandler's crime novel finds Humphrey Bogart's private eye Philip Marlowe up to his neck in pornography, narcotics and corpses. 1946, PG, 114MIN

Whistle Down the Wind ★★★★

Friday, Talking Pictures, 11.20pm

A lovely British film about three young farm kids (one of them Hayley Mills) who think the man hiding in their barn (Alan Bates) is Jesus. 1961, PG, 99MIN

Films may be edited for television. The running times given are those of the original cinema releases.

Films day-by-day

Saturday 27 July

Domhnall suggested Ruth should get a new lawnmower

MYSTERY CHILLER

The Little Stranger

Sky Premiere HD, 7.45am & 12m't/Sky Premiere+1, 8.45am & 1am ★★★★

Sex ●●● Violence ●●● Language ●●●

Domhnall Gleeson's local GP claims there must be a rational explanation when things start going bump in the daytime at a crumbling English stately home in drab 1947 Warwickshire. *Room* director Lenny Abrahamson's haunting adaptation of Sarah Waters' acclaimed, Booker Prize-nominated novel is subtly gripping and superbly acted – Ruth Wilson, Charlotte Rampling and Will Poulter also feature in the cast – and will keep you puzzling to the end, and beyond. *Also on Monday & Friday*. 2018, 12, 111 MIN

ACTION FANTASY

Teenage Mutant Ninja Turtles: Out of the Shadows

C4 HD, 8pm/C4+1, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

This rowdy sequel to 2014's live-action reboot sees the band of sewer-dwelling pizza-loving giant turtles again teaming up with their journalist friend April O'Neil (Megan Fox) and again tangling with their evil ninja foe Shredder. This time they also have to contend with the supervillain's mutant henchmen Bebop and Rocksteady, two dumb thugs transformed into a talking walking warthog and rhino. 2016, 12, 112MIN

MUSIC COMEDY

Pitch Perfect 2

C4 HD, 10.10pm/C4+1, 11.10pm ★★★

Sex ●●● Violence ●●● Language ●●●

The 2012 college comedy *Pitch Perfect* was an unexpectedly charming and wickedly funny a cappella mash-up of *Glee* and *Bridesmaids*, but this scattershot sequel doesn't hit all the right notes. Once again, Rebel Wilson's brash Fat Amy and her all-female singing group the Barden Bellas are the underdogs as they aim to win the World Championships. Some of the cruder slapstick episodes misfire, but the girls' unruly camaraderie is infectious. 2015, 12, 115MIN

SCI-FI THRILLER

Midnight Special

BBC2 HD, 11pm ★★★★

Sex ●●● Violence ●●● Language ●●●

From its intriguingly enigmatic opening to mind-blowing close, this involving and gripping sci-fi chase thriller takes us on a very strange trip. Michael Shannon plays a father who rescues his eight-year-old son (Jaeden Lieberher) from a Texas cult and is then pursued by the FBI, who have taken an interest in the psychic powers the boy appears to possess. Joel Edgerton, Kirsten Dunst and Adam Driver are also caught up in the chase. 2015, 12, 112MIN

ALSO ON SATURDAY

Smallfoot
Sky Premiere HD, 6.15pm ★★★
These snowmen are simply abominable.

Avengers: Age of Ultron
BBC1 HD, 10.20pm ★★★
Calling all the superheroes.

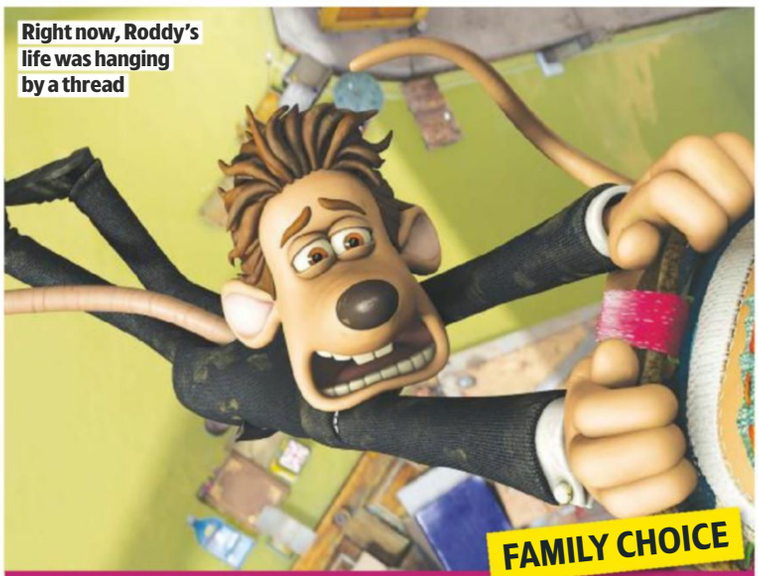
The Gift
Film4 HD, 11.10pm ★★★★
Joel won't leave Rebecca and Jason alone.

Now Is Good
BBC1 HD, 12.30am ★★★
Dakota Fanning makes the most of her time.

The Visit
C4 HD, 12.55am ★★★
Olivia and Ed meet the grandparents.

■ Full listings start on p33

Sunday 28 July



Right now, Roddy's life was hanging by a thread

FAMILY CHOICE

ANIMATED ADVENTURE

Flushed Away

Film4 HD, 3.15pm/Film4+1, 4.15pm ★★★★

Sex ●●● Violence ●●● Language ●●●

With a riot of blink-and-you'll-miss-'em visual gags, the first entirely computer-animated feature film from Aardman Animations, home of *Wallace & Gromit*, still manages to capture the charming hand-made quality of their earlier hits. Hugh Jackman provides the voice of Roddy, a spoiled pet mouse who gets flushed into the London sewers and becomes involved in a rip-roaring adventure to help plucky rat Rita (voiced by Kate Winslet) foil a dastardly plot by the villainous Toad (Ian McKellen). 2006, U, 85MIN

ANIMATED COMEDY

Hotel Transylvania

ITV2 HD, 5.15pm/ITV2+1, 6.15pm ★★★

Sex ●●● Violence ●●● Language ●●●

This breezy animated comedy turns familiar horror lore upside down: here it is the monsters that are running scared of humans. Count Dracula (voiced by Adam Sandler) has made his castle the perfect refuge for his spooky brethren, until a goofy American backpacker (Andy Samberg) stumbles into the hotel and falls for Dracula's only child (Selena Gomez). The film is a little predictable, but summons up some impressive visual effects along the way. 2012, U, 91 MIN

MUSICAL

Chicago

ITV3 HD, 11pm/ITV3+1, 12m't ★★★★

Sex ●●● Violence ●●● Language ●●●

This Oscar-winning adaptation of Bob Fosse's long-running stage hit marked a convincing return to the traditional screen musical. Both Renée Zellweger and Catherine Zeta-Jones have their claws fully extended as a pair of imprisoned murderesses. The film is a treat for both the eyes and the ears, with the only false note being struck by a miscast Richard Gere, who simply isn't slimy enough to convince as the gals' conniving lawyer. 2002, 12, 112MIN

SCI-FI ADVENTURE

Transformers: Dark of the Moon

C4 HD, 11pm/C4+1, 12m't ★★★

Sex ●●● Violence ●●● Language ●●●

The third sci-fi blockbuster inspired by the shape-changing toys is everything you would expect. The explosions are bigger, the special effects are more spectacular – and Shia LaBeouf is even more irritating as a leading man. Once again, Earth's fate hangs in the balance as the good Autobots and evil Decepticons slug it out, reducing Chicago to rubble. Frances McDormand and John Malkovich provide classy turns. 2011, 12, 154MIN

ALSO ON SUNDAY

The Third Man
BBC2, 12.40pm ★★★★★
Orson Welles says goodnight Vienna.

Yogi Bear
ITV2 HD, 3.40pm ★★★
Park life with a difference in Jellystone.

Roxanne
Paramount HD, 4.45pm ★★★★
Seve Martin wins by a nose.

The Possession of Hannah Grace
Sky Premiere HD, 9.45pm ★★★
Kirby Johnson just won't stay dead.

The Exorcist
Sky Sci-Fi & Horror HD, 11pm ★★★★
What the devil's got into Linda Blair?

■ Full listings start on p43

Films day-by-day

Monday 29 July

Robert and Kristen liked to say it with flowers

ROMANTIC FANTASY

The Twilight Saga: Breaking Dawn – Part 2

Film4 HD, 11.20pm/Film4+1, 12.20am ★★★

Sex ●●● Violence ●●● Language ●●●

The phenomenally successful *Twilight* saga finally draws to a close with a final instalment that swings wildly between outright tedium and high excitement. The married bliss between Kristen Stewart's Bella and Robert Pattinson's Edward isn't particularly enthralling for the viewer, though the listless story really perks up when the menacing Volturi clan learns of the existence of Bella and Edward's half-human daughter. 2011, 12, 130MIN

ROMANTIC DRAMA

Before We Go

Film4 HD, 7.10pm/ Film4+1, 8.10pm ★★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE Chris Evans took a break from his superhero duties as Captain America in the Marvel Cinematic Universe to direct and star in this intimate and determindly low-key romantic drama. Alice Eve is winningly abrasive as the woman whose life goes into freefall when she gets her purse stolen and misses her train at Grand Central Station, while Evans is perfectly cast as the nice-guy busker who offers to help her out. 2014, 12, 91 MIN

SCI-FI DRAMA

Arrival

Film4 HD, 9pm/ Film4+1, 10pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

The antidote to *Independence Day*, this superb Oscar-nominated sci-fi drama suggests that wonder and humility would be a smarter response than gung-ho bluster if extraterrestrials suddenly turned up on Earth. Amy Adams, Forest Whitaker and Jeremy Renner try to communicate with the visitors, while director Denis Villeneuve supplies some awesome images and challenging concepts. 2016, 12, 116MIN

WAR DRAMA

The Captain

Sky Select HD, 12m't ★★★★

Sex ●●● Violence ●●● Language ●●●

During the final weeks of World War Two a desperate young German soldier (Max Hubacher) adopts the role of a Luftwaffe captain after finding an abandoned uniform. He picks up a band of fellow stragglers, turning from frightened deserter to callous dispenser of justice in the chaos of a disintegrating Reich. Shot through with a streak of dark absurdism, the film is a chilling exploration of the psychology of fascism and the lure of evil. Subtitled. 2017, 15, 119MIN

ALSO ON MONDAY

School Spirits
Sky Premiere HD, 6.20pm ★★
Tiffany Alvord goes ghost-hunting.

Bernie
AMC HD, 7pm ★★★★
Jack's had just about enough of Shirley.

I Love You, Man
Comedy Central HD, 9pm ★★★
Is Jason Segel Paul Rudd's best man?

The Nice Guys
ITV4 HD, 10pm ★★★★
This case needs both Russell and Ryan.

Outcast
Horror, 10.45pm ★★★
Kate Dickie has a spell of misfortune.

■ Full listings start on p53

Tuesday 30 July

Kristen and Matt realised they would have to look up to everyone

FANTASY COMEDY

Downsizing

Sky Select HD, 10.50pm ★★★

Sex ●●● Violence ●●● Language ●●●

Matt Damon's well-meaning chump wants to spice up his dull life while doing his bit to save the planet. So he and his wife (Kristen Wiig) sign up for a futuristic medical procedure designed to shrink them to five inches in height – great for their carbon footprint and making their equity go a long way. But, inevitably, the reality doesn't quite meet their expectations… Director Alexander Payne's satirical sci-fi comedy has plenty of big ideas, but the plot is too baggy to make them fully count. 2017, 15, 135MIN

SPY COMEDY

Johnny English Strikes Again

Sky Premiere HD, 8pm/ Sky Premiere+1, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

Rowan Atkinson's bumbling secret agent returns for his third-big screen adventure, and with the next James Bond movie still a way off, it seems we must look to his blithely confident blunderer for our espionage fix. Just don't expect any of 007's panache when Johnny, recalled to active duty, travels to the French Riviera in a bid to unmask the villain behind a cyber attack on the British Secret Service. *Also on Wednesday-Friday*. 2018, PG, 89MIN

HORROR

Possum

Sky Sci-Fi & Horror HD, 11pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Sean Harris is on impressive form in this unsettling psychological drama, which sees his deeply troubled loner, Philip, returning to the gloomy Norfolk flatlands of his childhood. He carries around with him a brown holdall, repeatedly trying and repeatedly failing to dispose of the hauntingly monstrous thing it contains. Some may find the slow-moving and repetitive structure off-putting, but the film sustains its hallucinatory atmosphere. 2018, 15, 83MIN

ACTION COMEDY

True Lies

E4 HD, 9pm/E4+1, 10pm ★★★★

Sex ●●● Violence ●●● Language ●●●

This elaborate comedy thriller careered wildly over budget and schedule, and then proceeded to clean up at the box office. After a terrific opening which establishes Arnold Schwarzenegger as a James Bond-style superspy with a homely domestic life, the film sags badly in the middle before pulling itself together again for the jaw-dropping Harrier jump jet finale. Jamie Lee Curtis gives good value as Schwarzenegger's adventure-seeking wife. 1994, 15, 141 MIN

ALSO ON TUESDAY

Layer Cake
Sky Select HD, 6pm ★★★★
Daniel Craig makes a bad deal.

An Inspector Calls
TCM HD, 7.15pm ★★★★
Nobody's innocent for Alastair Sim.

Overlord
Sky Sci-Fi & Horror HD, 9pm ★★★
D-Day just got deadlier.

The Belly of the Whale
Sky Premiere HD, 9.45pm ★★
The best laid plans of Pat and Lewis...

Hot Fuzz
Sky Comedy HD, 10pm ★★★★★
Copper load of Simon and Nick.

■ Full listings start on p63

Wednesday 31 July

'Right, first off, does anyone remember where we parked the spaceship?'

SCI-FI ADVENTURE

Serenity

Sky Sci-Fi & Horror HD, 6.50pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Nathan Fillion heads a quirky gang of intergalactic pirates aboard the spaceship *Serenity* in a rollicking sci-fi adventure spin-off from Joss Whedon's short-lived TV series *Firefly*. Even if you never caught the series, don't let that put you off: *Buffy* and *Angel* creator Whedon quickly gets you up to speed with the characters and story, which is set in a quadrant of the universe that combines the Wild West and feudal China with a high-tech twist. Chiwetel Ejiofor adds zest as a dodgy government agent. 2005, 15, 119MIN

HISTORICAL DRAMA

Anna and the King

Film4 HD, 1.15pm/ Film4+1, 2.15pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Although it caused a minor upset with the Thai government at the time of its cinema release, this is a handsome version of the true story of Anna Leonowens (Jodie Foster), who became the governess to the family of the King of Siam (Chow Yun-Fat) in 1862. Having previously been filmed as both a straight drama and as the musical *The King and I*, this version doesn't skimp on the romance, but also adds a little more action. 1999, 12, 145MIN

SCI-FI MYSTERY

At First Light

Sky Sci-Fi & Horror HD, 5.05pm ★★★

Sex ●●● Violence ●●● Language ●●●

A California teenager (Stefanie Scott) goes on the run with a high-school admirer (Théodore Pellerin) after a brush with an extraterrestrial force gives her telekinetic powers. This modestly budgeted sci-fi mystery boasts striking cinematography, decent acting and some nifty special effects, although its disparate elements – teasing UFO enigma, slow-burning teen romance and paranoid government-conspiracy thriller – never quite come together. 2017, 12, 90MIN

CRIME DRAMA

Monsters and Men

Sky Thriller HD, 11.15pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Catching the spirit of Black Lives Matter, writer-director Reinaldo Marcus Green makes an impressive debut with this timely crime drama, which tackles the burning issue of police violence in a low-key but quietly powerful manner. The film revolves around three people (Anthony Ramos, John David Washington and Kelvin Harrison Jr) affected by the shooting by a white police officer of an unarmed black man outside a Brooklyn grocery store. 2018, 15, 95MIN

ALSO ON WEDNESDAY

Mrs Doubtfire
Film4 HD, 6.10pm ★★★★
Life's a drag for Robin Williams.

The Browning Version
Talking Pictures, 6.30pm ★★★★
Michael Redgrave is the master now.

First Man
Sky Select HD, 8pm ★★★★
That's one small step for Ryan Gosling.

Summer 1993
Sky Premiere HD, 9.45pm ★★★★
Laia Artigas moves to the country.

Miami Vice
Sky Greats HD, 12m't ★★★★
Colin Farrell and Jamie Foxx go undercover.

■ Full listings start on p73

Thursday 1 August

Mark and Will could do with a little parental guidance themselves

COMEDY

Daddy's Home 2

Sky Comedy HD, 2.10pm & 10pm ★★★

Sex ●●● Violence ●●● Language ●●●

The 2015 comedy *Daddy's Home* concocted good-natured fun out of Will Ferrell's meek Brad Whitaker becoming the stepfather to the two children of Mark Wahlberg's rugged Dusty Mayron, his new wife's estranged ex. The sequel strives to double down on the mirth by introducing Brad's even more mild-mannered father (John Lithgow) and Dusty's ex-astronaut dad (Mel Gibson). This time around, slapstick disaster ensues when the entire blended family head off to a New England cabin for the Christmas holiday. 2017, 12, 100MIN

SCI-FI ADVENTURE

Ender's Game

Film4 HD, 6.50pm/ Film4+1, 7.50pm ★★★

Sex ●●● Violence ●●● Language ●●●

Based on Orson Scott Card's bestseller, this sci-fi adventure stars Asa Butterfield as a 12-year-old genius sent with Hailee Steinfeld and others to an orbiting space station to take part in the battle against alien invaders. There are some interesting ideas on show, but sometimes the film feels like we are watching someone else play video games. The film's grown-ups include Ben Kingsley and Harrison Ford. 2013, 12, 114MIN

SPY COMEDY

Austin Powers: International Man of Mystery

Comedy Central HD, 9pm/ Comedy Central+1, 10pm ★★★★

Sex ●●● Violence ●●● Language ●●●

A sporadically hilarious spoof of Swinging Sixties spy adventures with Mike Myers as a sartorially challenged superspy who has thawed out after 30 years in cryogenic storage. Elizabeth Hurley is splendid as Powers' 1990s colleague Vanessa Kensington, and Myers' penchant for playing multiple roles means he also appears as the effete arch villain Dr Evil. 1997, 15, 95MIN

CHILLER

The Others

AMC HD, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

The brittle acting style of Nicole Kidman is perfectly suited to this old-fashioned period ghost story. She plays the neurotic mother of two sickly children – they have a fatal allergy to daylight – who slowly comes to realise that they might not be alone with the creepy servants (including Eric Sykes) in their perpetually dark mansion. Director Alejandro Amenábar piles on the mordant atmosphere and conjures up some effective scares. 2001, 12, 104MIN

ALSO ON THURSDAY

Ice Age
Film4 HD, 2.50pm ★★★★
These creatures are really cool.

The Godfather
Sky Thriller HD, 9pm ★★★★★
Who could refuse Marlon Brando's offer?

Brothers' Nest
Sky Premiere HD, 9.45pm ★★★★
Where there's a will... See review, page 18.

In Time
Syfy HD, 10pm ★★★
Age is creeping up on Justin and Amanda.

The Shining
Sky Select HD, 11pm ★★★★★
Jack Nicholson gives everyone the chills.

■ Full listings start on p83

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Films day-by-day

Friday 2 August

Gerard and Jonny were riding along on the crest of a wave

SURFING DRAMA

Chasing Mavericks

Film4 HD, 4.35pm/Film4+1, 5.35pm ★★★

Sex ●●● Violence ●●● Language ●●●

Think *The Karate Kid* on a surfboard and you will have a good idea of what lies in store in this fact-based drama, which tells the story of how headstrong California teenager Jay Moriarity (Jonny Weston) became a surfing prodigy thanks to guidance from wave-riding legend Frosty Hesson (Gerard Butler). When the film gets out among the ocean waves the surfing footage is eye-poppingly spectacular, but it gets perilously close to hitting the rocks whenever the story spends time out of the water. 2012, PG, 116MIN

DRAMA

Euphoria

Sky Drama HD, 6.15pm ★★★

Sex ●●● Violence ●●● Language ●●●

Alicia Vikander and Eva Green give their all as estranged sisters, struggling for reconciliation in this elegant art-house drama, although the film's contrived setup isn't necessarily the best showcase for their performances. The pair haven't seen each other in years when Green's terminally ill elder sister Emilie whisks Vikander's prickly artist Ines to a luxurious euthanasia clinic-cum-hotel, where she plans to end her life at the end of six days. 2017, 15, 104MIN

ACTION THRILLER

Olympus Has Fallen

5Star, 9pm/5Star+1, 10pm ★★★

Sex ●●● Violence ●●● Language ●●●

Gerard Butler's disgraced Secret Service agent is the only person who can save the day when North Korean guerrillas seize control of the White House and take the US president (Aaron Eckhart) hostage in this cheap and cheerful *Die Hard* knock-off. Although the CGI effects are cheesy, Morgan Freeman, Angela Bassett and Melissa Leo give this B-movie action thriller some unexpected class and add a fillip to its guilty pleasures. 2011, 15, 120MIN

ROMANTIC COMEDY

Juliet, Naked

Sky Comedy HD, 8pm ★★★

Sex ●●● Violence ●●● Language ●●●

Romantic triangles don't come much odder than the one found in this romcom based on the novel by Nick Hornby. Rose Byrne's museum curator has grown fed up with her long-term partner (Chris O'Dowd), and finds herself drawn to a reclusive American musician (Ethan Hawke), who hadn't been heard from for over two decades. Hornby again turns his gaze on obsessive male geekiness, but this time, it is the woman who earns all our sympathy. 2018, 15, 98MIN

ALSO ON FRIDAY

The Big Sleep
TCM HD, 6.35pm ★★★★★
You don't catch Humphrey Bogart napping.

Delivery Man
AMC HD, 7pm ★★★★
Vince Vaughn meets his extended family.

The Darkest Minds
Sky Premiere HD, 8pm ★★
Amandla Stenberg practices mind control.

The Godfather Part II
Sky Thriller HD, 9pm ★★★★★
Al Pacino is the family man.

Whistle Down the Wind
Talking Pictures, 11pm ★★★★
Alan gives Hayley the wrong impression.

■ Full listings start on p93

ON-DEMAND HIGHLIGHTS

The pick of the week's films on Sky, Virgin & other platforms

The Aftermath
★★★★
In the winter of 1946, a grieving mother (Keira Knightley) travels to war-shattered occupied Hamburg to join her husband (Jason Clarke), a colonel in the British army. Still raw from the loss of her son during the war, she finds common ground with a widowed German architect (Alexander Skarsgård), and a compelling romance, fraught with tension and danger, unfolds. 15, 109MIN

Alita: Battle Angel
★★★★
James Cameron (producer and co-writer) and Robert Rodriguez (director) team up for a visually spectacular sci-fi adventure based on a 1990s Japanese manga series. Rosa Salazar plays the story's cyborg heroine, an amnesiac teenager put together by Christoph Waltz's robotics expert. Get ready for hyper-kinetic fight scenes and a thrilling Rollerball-style sport. 12, 122MIN

Ben Is Back
★★★★
Exposing a side of herself we rarely see on screen, Julia Roberts is fiercely good in this compelling drama. She plays a mother who is overjoyed when drug-addict son Ben (Lucas Hedges) turns up expectedly for Christmas. Over the coming hours, though, the troubled Ben puts his whole family through the wringer. Writer-director Peter Hedges (father of Lucas) puts us through the emotional wringer, too. 15, 103MIN

Border
★★★★
Eva Melander's Swedish customs guard Tina has an uncanny ability to sniff out contraband. Her unusual appearance makes her an outsider but she is drafted by the police to track down a paedophile ring. Meanwhile, she is drawn to the similarly odd-looking Vore (Eero Milonoff), leading to a bizarre romance. This offbeat movie is always gripping. Subtitled. 15, 110MIN

Captain Marvel
★★★
Oscar-winning actress Brie Larson plays Marvel's first female superhero to have her own solo adventure. She is amnesiac US air force test pilot Carol Danvers, who has gained mighty superpowers after her DNA fused with that of a militaristic alien race called the Kree. Samuel L Jackson co-stars as a younger Nick Fury. 12, 124MIN

Sometimes it wasn't so easy to put on a brave face

PREMIERE

CHILLER

Us
Available from Monday ★★★★

Sex ●●● Violence ●●● Language ●●●

Get Out director Jordan Peele pushes more buttons with this psychological chiller in which a holidaying family of four face off against uncanny doppelgängers of themselves. *Black Panther* stars Lupita Nyong'o and Winston Duke play both the understandably spooked parents, and their scary doubles, while Elisabeth Moss and Tim Heidecker co-star as their similarly ill-fated friends and neighbours. 2019, 15, 116MIN

Dumbo
★★★
PREMIERE (Available from Mon) Tim Burton takes the helm of this live-action remake of the Disney animated tale of the tiny elephant with more than jumbo-size ears. Colin Farrell stars as a former trick rider, entrusted by Danny DeVito's circus owner with the care of the misfit baby elephant. Like most of Disney's recent live-action makeovers of its animated classics, this one struggles to recapture the charm of the original film. PG, 111MIN

Eaten by Lions
★★★
PREMIERE (Available from Mon) Orphaned after their parents fell victim to the tragic mishap of the title, half-brothers Omar (Antonio Aakeel) and Pete (Jack Carroll) set off from Bradford years later on a bumbling mission to find Omar's biological dad in this quirky, multicultural British comedy. The film is a bit naff around the edges, but it is also good-hearted and amusing. 12, 95MIN

Five Feet Apart
★★★
This romantic drama has doomed lovers Haley Lu Richardson and Cole Sprouse falling for each other. But their meet-cute is in hospital – they're both cystic fibrosis patients and living on borrowed air. The fetching leads look a little too healthy for CF sufferers, but they are more than engaging enough to tug the heartstrings of the film's target audience. 12, 116MIN

Happy As Lazzaro
★★★★
PREMIERE (Available from Mon) In a corner of rural Italy that time forgot, the local Marchesa exploits the peasants who harvest tobacco on her land, while they in turn take advantage of a guileless, open-hearted young man, Lazzaro (Adriano Tardiolo). Writer-director Alice Rohrwacher takes this beguiling magic-realist fable in directions you cannot predict, creating a striking parable of innocence and greed. Subtitled. 12, 127MIN

Ray & Liz
★★★★
Reality TV star Deirdre Kelly from *Benefits Street* and *Celebrity Big Brother* makes her acting debut in this fly-on-the-wall drama inspired by photographer Richard Billingham's feckless parents, alcoholic dad Ray and chain-smoking mum Liz (Kelly plays the older Liz). Always slow-moving, *Ray & Liz* won't give you the quick fix of reality TV but its warmth and sympathy lingers in the memory far longer. 15, 108MIN

Us
★★★★
PREMIERE (Available from Mon) See review, above. 15, 116MIN

Sport week

Your **ultimate guide** to the best of the week's live action

The Ashes

Can England round off a superb Summer by **winning back the famous urn?**

THE MAIN EVENT

LIVE CRICKET

From Thu, Sky Sports The Ashes HD & Sky Sports Main Event HD, play starts 11am

After England claimed the World Cup in possibly the most amazing game of cricket ever, there's plenty more excitement in store when the Ashes begins this week.

Joe Root's England will be looking to reclaim the urn from Tim Paine's Australian side, who are hoping to win the Ashes on UK soil for the first time in 18 years.

The first of five Tests begins on Thursday at Edgbaston, where England thrashed their old rivals in the World Cup. Here are five big questions ahead of the highly anticipated series…

1 WILL JASON ROY OPEN THE BATTING?

The wisdom before the World Cup was that Roy was simply a man for the one-day game, but after his explosive batting during the tournament, it would now seem ridiculous for him not to be top of the order during the Ashes. Can his game adapt to the longer format?

2 CAN STEVE SMITH FIRE FOR THE AUSSIES?

The ex-Aussie captain will be back in Test cricket after a year-long ban for his part in a ball-tampering scandal. In the World Cup, he became only the second batsman to hit four 50+ scores in knockout games, but has the ban affected his Test game at all? And can he dominate the bowling like he did?

Australia won the last Ashes series in 2018

3 WILL JOFRA ARCHER MAKE HIS TEST DEBUT?

Archer made a huge impact during the World Cup, not least keeping his nerve as he bowled the 'champagne' super over in the final. How can England ignore his lightning pace? Although he's ruled out of the first Test due to injury, surely Archer has to be in the team for the later Tests…

Jason Roy of England

4 CAN THE AUSSIES OVERCOME HOME-FIELD ADVANTAGE?

Recent Ashes series have followed a pattern where the team with the home advantage wins. However, the Australians have the advantage that a lot of their team should now be familiar with English conditions having played in the World Cup. Could this be key?

5 SO, CAN ENGLAND CAP AN ALREADY MAGICAL SUMMER BY CLAIMING THE ASHES?

Australia's batting looks fragile, even with Smith and David Warner back in the side. England, of course, have their own batting worries as their top-order line-up is still unclear. But in English conditions with the ball moving about and with the momentum from the World Cup win, you'd have to fancy the Ashes will be coming home.

England bowler Jofra Archer

WORDS: DAVID HOLLINGSWORTH, RICHARD MCCLURE PHOTOS: GETTY, PA IMAGES

England captain Joe Root

THE TESTS

1-5 Aug
First Test, Edgbaston
14-18 Aug
Second Test, Lord's
22-26 Aug
Third Test, Headingley
4-8 Sep
Fourth Test, Old Trafford
12-16 Sep
Fifth Test, The Oval

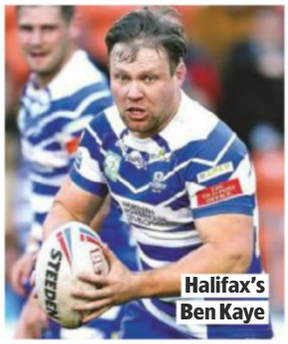
LIVE CYCLING

Tour de France

Saturday & Sunday, ITV4 HD & Eurosport 1 HD

This year's Tour comes to an end over the weekend, with Saturday's potentially vital stage culminating in a gruelling climb to a summit finish in Val Thorens, the highest ski resort in Europe. That's followed by the traditional procession through Paris on Sunday, finishing with a sprint on the Champs-Élysées. France's Julian Alaphilippe was an early leader in the race, with reigning champion Geraint Thomas tested as he clawed back time lost after two collisions to keep his title defence hopes alive.

2018 champion Geraint Thomas



Halifax's Ben Kaye

LIVE RUGBY LEAGUE

Challenge Cup

Saturday, BBC1 HD & BBC2 HD

History beckons for Halifax as the Challenge Cup reaches the semi-final stage on Saturday with a double-header at the University of Bolton Stadium. After beating Bradford Bulls in the quarters, the part-timers take on the mighty St Helens (kick-off 4.30pm) as they seek to become the first lower-league side to reach the final in the Cup's 122 years. Halifax famously pipped St Helens 19-18 in the 1987 final, the last time they lifted the trophy. Saturday's other semi-final sees 2018 runners-up Warrington Wolves take on Hull FC (kick-off 2pm).

LIVE HORSE RACING

Glorious Goodwood

From Tuesday, ITV HD

The five-day festival begins at the beautiful West Sussex racecourse on Tuesday, with the opening-day highlight set to be the Goodwood Cup. After consecutive wins in the race, Stradivarius, trained by John Gosden, has the chance to become the second triple winner of the two-mile contest – an accolade held only by Double Trigger in the 1990s. It could be a good week for Gosden, whose horse King of Comedy may run with his much-fancied stablemate Too Darn Hot in Wednesday's one-mile Sussex Stakes.

Frankie Dettori riding to victory on Stradivarius

Hamilton's win in France in June

LIVE MOTORSPORT

F1: German Grand Prix

Sunday, Sky Sports F1 HD & Sky Sports Main Event HD, race starts 2.10pm

The Formula One season reaches its midway point at Hockenheim. Mercedes driver Lewis Hamilton has so far been dominant as he aims for a sixth world title. The 34-year-old currently leads the drivers' standings having already taken the chequered flag seven times.

Sport A-Z and football planner>>>

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Sport week

TEASER Who was Australia's leading runscorer in their 4-0 Ashes victory over England last year? Answer at bottom of page

A-Z GUIDE
This week's sport on TV

AMERICAN FOOTBALL

LIVE BC Lions v Saskatchewan Roughriders
Sat 12m't BT Sport/ESPN
Coverage of the Canadian Football Leauge match from BC Place.

NBC's ProFootballTalk
Mon-Thu 7pm Sky Sports Action
American football discussion.

LIVE Toronto Argonauts v Winnipeg Blue Bombers
Thu 12m't BT Sport 3
Coverage of the Canadian Football League match from BMO Field.

LIVE Saskatchewan Roughriders v Hamilton Tiger-Cats
Thu 2.30am BT Sport 2
Canadian Football League coverage from Mosaic Stadium.

ATHLETICS

Diamond League
Sat 9.30pm Euro1
Coverage of the Herculis meeting from Stade Louis II in Monaco.

AUSTRALIAN RULES

LIVE West Coast Eagles v North Melbourne Kangaroos
Sat 7.30am BT Sport 1
Coverage of the AFL match from Optus Stadium.

LIVE Port Adelaide Power v GWS Giants
Sat 10.30am BT Sport 1
Coverage of the AFL match from Adelaide Oval.

LIVE Sydney Swans v Geelong Cats
Sun 6am BT Sport 2
AFL coverage from Sydney Cricket Ground.

LIVE North Melbourne Kangaroos v Hawthorn Hawks
Fri 10.30am BT Sport 1
Leading AFL coverage from Marvel Stadium.

LIVE GWS Giants v Sydney Swans
Fri 5am BT Sport 1
Coverage from Spotless Stadium.

BASEBALL

LIVE Boston Red Sox v New York Yankees
Sat 9pm BT Sport 2
Coverage of the American League match from Fenway Park.

LIVE St Louis Cardinals v Houston Astros
Sat 12m't BT Sport 2
Coverage of the inter-league match from Busch Stadium.

LIVE MLB
Sun 6pm BT Sport/ESPN, 9pm BT Sport 2; Mon 12m't BT Sport/ESPN; Wed 1am BT Sport/ESPN
Action from Major League Baseball.

LIVE Boston Red Sox v New York Yankees
Sun 12m't BT Sport/ESPN
Coverage of the American League match from Fenway Park.

LIVE San Diego Padres v Baltimore Orioles
Tue 8.30pm BT Sport/ESPN
Coverage of the inter-league match from Petco Park.

LIVE Cleveland Indians v Houston Astros
Tue 12m't BT Sport/ESPN
Coverage of the American League match from Progressive Field.

LIVE Colorado Rockies v Los Angeles Dodgers
Wed 8pm BT Sport 3
Coverage of the National League match from Coors Field.

LIVE Oakland Athletics v Milwaukee Brewers
Thu 8.30pm BT Sport/ESPN
Coverage of the inter-league match from Oakland-Alameda County Coliseum.

LIVE Chicago Cubs v Milwaukee Brewers
Fri 7pm BT Sport/ESPN
Coverage of the National League match from Wrigley Field.

LIVE New York Yankees v Boston Red Sox
Fri 12m't BT Sport 1
Coverage of the American League match from Yankee Stadium.

BASKETBALL

LIVE Connecticut Sun v Chicago Sky
Tue 12m't Sky Sports Main Event, Sky Sports Arena & Sky Sports Mix
Coverage of the women's WNBA match from Mohegan Sun Arena in Uncasville.

BOXING

LIVE The Big Fight Live
Sat 12m't ITV Box Office
Coverage of the week's leading bout.

LIVE Maurice Hooker v Jose Ramirez
Sat 2am Sky Sports Main Event & Sky Sports Action
Coverage of the unification fight for both the WBC and WBO world super-lightweight titles from College Park Centre in Arlington.

COMBAT SPORTS

LIVE Max Holloway v Frankie Edgar
Sat 1am & 3am BT Sport 1
Coverage of UFC 240 from Rogers Place in Edmonton, Canada, plus the undercard.

CRICKET

LIVE England v Ireland
Sat 10.30am & 4.15pm Sky Sports Main Event & 10.30am Sky Sports Cricket
Coverage of the final day of the one-off four-day Test from Lord's. Highlights: 7pm Channel 5.

LIVE Essex Eagles v Gloucestershire
Sat 6.55pm Sky Sports Cricket
Vitality T20 Blast coverage of the South Division match from The County Ground in Chelmsford.

LIVE England v Australia
Sun 1.30pm Sky Sports Cricket & Sky Sports Mix
Coverage of the second T20 in the Women's Ashes from The County Ground in Hove. Highlights: Sun 12.05am Channel 5.

LIVE Surrey v Kent Spitfires
Tue 6pm Sky Sports Main Event & Sky Sports Cricket
Vitality T20 Blast coverage of the South Division match from The Kia Oval.

LIVE England v Australia
Wed 6pm Sky Sports Main Event, Sky Sports Cricket & Sky Sports Mix
Coverage of the third and final T20 in the women's Ashes from The County Ground in Bristol. Highlights: Wed 12.05am Channel 5.

LIVE England v Australia
Thu & Fri 10am Sky Sports Main Event & Sky Sports The Ashes
Coverage of the first two days of the First Test of the Ashes series from Edgbaston. Can Joe Root's Test side make it a famous summer double for World Cup winners England? Highlights: Thu & Fri 7pm Channel 5. See pages 26-27.

LIVE Glamorgan v Gloucestershire
Thu 6.55pm Sky Sports Main Event & Sky Sports The Ashes
Vitality T20 Blast coverage of the South Division match from Sophia Gardens in Cardiff.

LIVE Northamptonshire Steelbacks v Derbyshire Falcons
Fri 6.55pm Sky Sports The Ashes
Vitality T20 Blast coverage of the North Division match from the County Ground in Northampton.

CYCLING

LIVE Tour de France
Sat 12noon Euro1, 12.30pm ITV4, 2pm S4C; Sun 4.30pm Euro1, 4.45pm ITV4, 5pm S4C
Coverage of the 20th and penultimate stage and the final stage, which ends with a sprint finish on the Champs-Elysees. Highlights: Sat & Mon 7pm ITV4. See page 27.

Tour de France
Mon 8pm Euro1
The best of the action from the three weeks of this year's Grand Tour race.

LIVE Tour de Wallonie
Tue & Wed 2.30pm Euro1
Coverage of stages four and five in Belgium.

DARTS

LIVE World Matchplay Darts
Sat & Sun 7pm Sky Sports Main Event & Sky Sports Action
Coverage from the Winter Gardens in Blackpool of the semi-finals and final.

EQUESTRIAN

LIVE Royal International Horse Show
Sat & Sun 2pm Sky Sports Action
Coverage of the fifth and sixth days of the showjumping event from the All England Jumping Course in West Sussex.

GAELIC GAMES

LIVE Limerick v Kilkenny
Sat 5pm Sky Sports Arena
Coverage of the first All-Ireland senior hurling semi-final from Croke Park in Dublin. Defending champions Limerick will face a stern test from Brian Cody's Kilkenny.

LIVE Wexford v Tipperary
Sun 2.30pm Sky Sports Arena
Coverage of the second All-Ireland senior hurling semi-final from Croke Park in Dublin. Leinster champions Wexford bid to reach the final.

GOLF

LIVE The Evian Championship
Sat & Sun 11am Sky Sports Golf; Sat 11am Sky Sports Mix; Sat 1pm Sky & Sun 11am Sports Main Event
Coverage of the women's major from the Evian Resort Golf Club in south-east France.

LIVE The Senior Open Championship
Sat & Sun 4.30pm Sky Sports Golf; Sun 5.30pm Sky Sports Main Event
Coverage of the third and fourth day's play of the European Seniors' Tour tournament from Royal Lytham in Lancashire. Spain's Miguel Angel Jiminez defends his title.

LIVE Fedex St Jude Invitational
Sat & Sun 7pm Sky Sports Golf; Sat 10pm & Sun 9pm Sky Sports Main Event
Coverage of days three and four of the World Golf Championship tournament at TPC Southwind in Memphis, Tennessee.

LIVE The Women's British Open
Thu & Fri 11am Sky Sports Golf & Sky Sports Mix
Coverage of days one and two of the final Major of the year from Woburn Golf Club in Milton Keynes. Last year, England's Georia Hall became the first British winner of the event since 2009. Highlights: Thu 11.15pm & Fri 11.05pm BBC2

LIVE The Wyndham Championship
Thu & Fri 6pm & 8pm Sky Sports Golf; Thu & Fri 10.15pm Sky Sports Main Event
Coverage of the PGA Tour tournament from Sedgefield Country Club in Greensboro, North Carolina.

HORSE RACING

LIVE ITV Racing from Ascot
Sat 1.25pm ITV
Coverage of the 3.40 King George VI and Queen Elizabeth Qipco Stakes from Ascot, which follows races at 1.50, 2.25 and 3.00. Plus, races from 2.05, 2.40 and 3.15 at York.

LIVE Glorious Goodwood
Tue 1.30pm ITV
Action from the opening day of the festival, including the 3.35 Qatar Goodwood Cup Stakes, which follows three races. See page 27.

LIVE Glorious Goodwood
Wed 1.30pm ITV
Coverage of the second day of the festival, including the 3.35 Qatar Sussex Stakes, which follows races at 1.50, 2.25 and 3.00.

LIVE Glorious Goodwood
Thu 1.30pm ITV
Action from the third day of the festival, including the 3.35 Qatar Nassau Stakes, which follows races three races.

LIVE Glorious Goodwood
Fri 1.30pm ITV
Coverage of the fourth day of the festival, including the 3.35 King George Qatar Stakes, which follows races at 1.50, 2.25 and 3.00.

MINORITY SPORTS

Red Bull Air Race Magazine
Sat 7.30am BT Sport/ESPN
All the latest news and action as the 2019 Red Bull Air Race lands in Lake Balaton, Hungary.

BMX World Championship Highlights
Sun 2.20pm BBC2
Action from Heusden-Zolder, Belgium, where Kyle Evans and Kye Whyte where among the leading British medal hopes.

LIVE X Games
Thu & Fri 2am BT Sport/ESPN
Coverage from the X Games Minneapolis 2019.

MOTORCYCLING

British Talent Cup
Sat 2pm BT Sport 2
Highlights from round four of the British Talent Cup at Snetterton.

FIM Speedway
Sat 3pm BT Sport 2
Highlights from the FIM Speedway of Nations in Tolyatti, Russia.

LIVE Suzuka 8 Hours
Sat 3.15am Euro2
Coverage of the eighth round of the FIM Endurance World Championship in Japan.

LIVE Motocross World Championship
Sun 12noon, 1pm, 4pm & 5pm Euro2
Coverage of the MX2 and MXGP races in Loket in the Czech Republic.

LIVE SGB Premiership
Mon 7.30pm BT Sport 1
Coverage from the British final of the Speedway Great Britain Premiership.

LIVE Masarna v Rospiggarna
Thu 6pm FreeSports
Speedway coverage from Sweden.

MotoGP: Mid-season Review
Fri 6.45am BT Sport 2
Relive the standout moments from the nine MotoGP races of the 2019 season so far.

LIVE MotoGP: Czech Rep GP
Fri 7.45am BT Sport 2
The opening two free practice sessions ahead of the Grand Prix of the Czech Republic.

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LIVE FIM Speedway Grand Prix
Fri 6pm BT Sport 2
Action from the qualifying session for the fifth round of the championship in Wroclaw, Poland.

MOTORSPORT

LIVE Virgin Australia Supercars
Sat 6.45am BT Sport 2; Sun 4.45am BT Sport 3
Action from races 19 and 20 of the championship in Ipswich.

LIVE F1: German GP
Sat 10.45am Sky Sports F1
The German Grand Prix third practice session at Hockenheimring.

Rallycross: Titans-RX Series
Sat 12.30am & Sun 5.30pm Euro2
Coverage of both days from Lydden Hill Race Circuit.

LIVE F1: German GP
Sat 1pm & 1.55pm Sky Sports F1, 2pm Sky Sports Main Event
Coverage of the battle for pole position at the 11th round of the season, from Hockenheimring. Highlights: 6.30pm C4.

LIVE 24 Hours of Spa
Sat 3.15pm & 9pm Euro2; Sun 9.30am Euro1, Sun 2pm Euro2
Coverage of the fourth round of the Blancpain Endurance Series from Spa-Francorchamps in Belgium.

LIVE Speedway European Championship
Sat 5pm Euro2
Coverage of the second round of the campaign from Torun, Poland.

LIVE Indycar Qualifying: Honda Indy 200 at Mid-Ohio
Sat 7.30pm Sky Sports F1
Coverage of the battle for pole position at Mid-Ohio Sports Car Course in Lexington, Ohio.

British Superbike Championship
Sun 7.05am ITV4
Highlights from the sixth meeting of the season at Snetterton.

British Formula 3
Sun 7.55am ITV4
Highlights from the fifth round in Spa in Belgium, where the 13th, 14th and 15th races of the season were set to take place. It is the only round of the championship held outside Britain.

LIVE Porsche Supercup
Sun 10.50am Euro1, 11.20am Sky Sports F1
Coverage of the German Grand Prix from the Hockenheimring.

LIVE F1: German Grand Prix
Sun 1.30pm, 2.05pm & 4pm Sky Sports Main Event & Sky Sports F1
Coverage of the 11th round of the season, which takes place at Hockenheimring. Race starts at 2.10pm. Highlights: 7pm C4.

LIVE Indycar 2019: Honda Indy 200 at Mid-Ohio
Sun 8.30pm Sky Sports F1
Coverage of the 13th round of the season from Mid-Ohio Sports Car Course in Lexington, Ohio.

LIVE World Rally Championship: Rally Finland
Thu 6pm BT Sport 3; Fri 6pm BT Sport 1
Coverage of round nine of the world championship where drivers tackle an exciting mixed-surface route in Harju.

LIVE F1: Hungarian Grand Prix
Fri 9.45am, 11.55am & 1.45pm Sky Sports F1
Coverage of the practice sessions at Hungaroring in Mogyorod.

LIVE Formula 2: Hungarian GP
Fri 11.55am & 3.50pm Sky Sports F1
Coverage of practice and qualifying for the eighth round of the season.

POOL

US Open 9-Ball Pool
Mon 7pm Sky Sports Arena
Action from this year's tournament in Las Vegas.

POWERBOATING

P1 Powerboating
Sun 6pm Sky Sports Mix
Powerboating action from the P1 SuperStock in the USA.

RUGBY LEAGUE

LIVE Women's Challenge Cup final: Leeds Rhinos v Castleford Tigers
Sat 11.15am BBC Sports Website or BBC Red Button
Coverage from the University of Bolton Stadium.

LIVE Warrington Wolves v Hull FC
Sat 1.15pm BBC1
Coverage of the opening Challenge Cup semi-final at the University of Bolton Stadium.

LIVE St Helens v Halifax RLFC
Sat 4pm BBC2
Coverage of the second Challenge Cup semi-final in Bolton as Championship side Halifax look to cause a huge upset against the Super League leaders.

LIVE Betfred Super League
Thu & Fri 7pm Sky Sports Arena
Coverage of two crucial games.

RUGBY UNION

LIVE New Zealand v South Africa
Sat 8am Sky Sports Main Event & Sky Sports Action
Coverage of the Rugby Championship's second round of fixtures from Westpac Stadium in Wellington. New Zealand will be faviourites to win a shortened championship this year

LIVE Australia v Argentina
Sat 10.30am Sky Sports Action
Coverage of the day's second Rugby Championshp match from Suncorp Stadium in Brisbane.

LIVE Cheetahs v Griquas
Sat 1.55pm Sky Sports Arena
South African Currie Cup coverage from Toyota Stadium.

LIVE Western Province v Golden Lions
Sat 4pm Sky Sports Mix
South African Currie Cup action from DHL Newlands.

LIVE Free State Cheetahs v Golden Lions
Fri 6pm Sky Sports Mix
Currie Cup action from Toyota Stadium in Bloemfontein.

SAILING

Sailing to Tokyo
Sat 6am BT Sport 2
Follow sailors from around the world as they prepare to compete at the 2020 Olympic Games in Tokyo.

SNOOKER

LIVE Riga Masters
Sat 8.55am & Sun 6.25pm Euro2
Coverage from the first European Tour event of the season, including Sunday's final at the Arena Riga in Latvia.

World Championships
Fri 10pm Euro1
A look back at the final between Judd Trump and John Higgins.

SWIMMING

Swimming World Championships
Sat 3pm & Sun 3.30pm BBC2
Highlights from days seven and eight at Nambu University Municipal Aquatics Centre in Gwangju, South Korea, featuring such events as the men's 50m freestyle.

TENNIS

LIVE Baltic Open
Sat 3pm BT Sport 1; Sun 5pm BT Sport 3
Action from the semi-finals and final of the WTA Tour event in Jurmala, Latvia.

LIVE Palermo Ladies Open
Sat 5.30pm BT Sport 3; Sun 6.30pm BT Sport 1
Action from the semi-finals and final of the WTA Tour event in Italy.

LIVE Mubadala Silicon Valley Classic
Mon 6pm BT Sport 2; Tue 3am BT Sport 3 & 6pm BT Sport 1; Wed & Thu 3am BT Sport 1 & 7pm BT Sport 1; Fri 3am BT Sport 1, 8pm BT Sport 2
Action from the WTA Tour event in San Jose.

LIVE Citi Open
Mon 6pm BT Sport 3; Tue 7pm BT Sport 2; Wed 6pm BT Sport 2; Thu 2am & 7pm BT Sport 2; Fri 7pm BT Sport 3, 3am BT Sport 2
Action from the WTA Tour event in Washington.

LIVE Citi Open
Mon-Fri Amazon Prime
Action from the ATP Tour event in Washington as the US hard-court season gets underway.

LIVE Mexican Open
Mon-Fri Amazon Prime
Action from the ATP Tour hard-court tournament in Los Cabos.

TRIATHLON

The Snowman Triathlon
Thu 9.30pm & Fri 6.10pm S4C
Action from the gruelling race in Snowdonia, featuring a 1km swim, 70km cycle and 15km run.

WATER SPORT

F1 H20 Highlights
Tue 6am & Thu 10am FreeSports
Action from the event in France.

Watersports World
Wed 10pm Sky Sports Action
Highlights of aquatic activities.

WRESTLING

LIVE WWE Late Night Raw
Mon 1am Sky Sports Main Event & Sky Sports Arena
Grappling action from the States.

LIVE WWE Late Night Smackdown
Tue 1am Sky Sports Action
Over-the-top action from the US.

Football planner

LIVE SCOT CHAMPIONSHIP

Dunfermline Athletic v Dundee

Friday, BBC Scotland HD, kick-off 7.05pm

After relegation from the Scottish Premiership last season, Dundee will be hoping their new technical director, Gordon Strachan, will be able to oversee a quick return to the top flight as the new season kicks off at East End Park.

LIVE CHAMPIONSHIP

Luton Town v Middlesbrough

Friday, Sky Sports Football HD, kick-off 7.45pm

There'll be a big crowd at Kenilworth Road for the season opener as the Hatters celebrate their return to the second tier for the first time since 2007 – however, new Middlesbrough boss Jonathan Woodgate will want to spoil the party.

Saturday 27

LIVE Chicago Fire v DC United
1am Sky Sports Football
MLS Eastern Conference clash. DC are happier with their away form than their home performances this year, so might well be looking forward to this visit to SeatGeek Stadium.

LIVE Montreal Impact v Philadelphia Union
1.05am FreeSports
MLS Eastern Conference meeting from Saputo Stadium.

LIVE Portland Timbers v LA Galaxy
3.35am FreeSports
MLS Western Conference match from Providence Park. Galaxy's Jonathan dos Santos is back in action for his club side having scored the winning goal for Mexico against the USA in the Gold Cup final earlier this month.

Sunday 28

LIVE Hamburg v Darmstadt
12.30pm BT Sport 1
Hamburg begin their 2019/20 Bundesliga 2 season at home at the Volksparkstadion. The hosts had been hoping to bounce back from their shock relegation in 2018, but just missed out on promotion last time around, and so begin a second season in the second tier.

LIVE Dundee v Inverness Caledonian Thistle
2.30pm BT Sport 1 (k-o 3pm)
Coverage of the group stage of the Scottish League Cup at Kilmac Stadium at Dens Park.

LIVE Arsenal v Lyon
3.10pm Premier Sports 1 (kick-off 3.15pm)
The Gunners take on Lyon in a one-off match at the Emirates that sees striker Alexandre Lacazette face his former club. The French outfit has qualified for the group stage of this season's Champions League after finishing third in Ligue 1.

LIVE AC Milan v Benfica
8pm Premier Sports 2
Pre-season International Champions Cup encounter from the Gillette Stadium.

Tuesday 30

LIVE Tottenham Hotspur v Real Madrid
4.45pm ITV4 (kick-off 5pm)
Coverage of the pre-season Audi Cup held at Allianz Arena in Munich. Spurs face a stern test of their credentials against a Madrid side who have added the likes of Eden Hazard and Luka Jovic to their impressive squad this summer.

LIVE Bayern Munich v Fenerbahçe
7.15pm ITV 4 (kick-off 7.30pm)
Pre-season Audi Cup match.

Wednesday 31

LIVE Audi Cup
4.45pm ITV4 (kick-off 5pm)
Coverage of the third-place play-off in the pre-season tournament.

LIVE Audi Cup
7.15pm ITV4 (kick-off 7.30pm)
The final of the pre-season tournament at the Allianz Arena.

LIVE Angers v Arsenal
7.25pm Premier Sports 1 (kick-off 7.30)
Arsenal's pre-season continues as they take on the Ligue 1 side at Stade Raymond Kopa.

LIVE MLS All-Stars v Atlético Madrid
1am Sky Sports Football
MLS marks the midpoint of its season with the annual match that pits its best players against a European team. The guests this time are the La Liga runners-up, whose radically rebuilt squad now includes England's Kieran Trippier.

Friday 2

LIVE Dunfermline Athletic v Dundee
7pm BBC Scotland (kick-off 7.05pm)
The Scottish Championship season gets underway at East End Park.

LIVE Luton Town v Middlesbrough
7pm Sky Sports Main Event & Sky Sports Football (kick-off 7.45pm)
The English 2019/20 season begins with this Championship clash from Kenilworth Road.

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Great British Garden Revival

In July

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Saturday

27 July

Evening Planner

Saturday

Animation

Smallfoot
Sky Premiere HD, 10.15am & 6.15pm; Sky Animation HD, 3pm
A Yeti and a human form a friendship in a family film with the voice of Zendaya

Entertainment

Zone of Champions
ITV HD, 6.45pm
John Thomson and Jessica Knappett's alter egos present a clip show celebrating bizarre sports contests

Talent show

The Voice Kids Final
ITV HD, 8pm
Emma Willis hosts as the final four acts perform in the live final in a bid to win the public vote and a £30,000 bursary

Documentary

Charles and Di: The Truth Behind Their Wedding
Channel 5 HD, 8pm
Acquaintances of the couple recall the build-up before the big day in 1981

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	‹ 6.55 Who Dares Wins	7.35 Pointless Celebrities		8.25 Casualty		9.15 Killing Eve	10.00 News	10.20 Film: Avengers: Age...
102 BBC2	7.00 Proms Encore	7.30 Hippos: Africa's River Giants		8.30 Dad's Army	9.00 A Fresh Guide to Florence with Fab 5...		10.00 Atlanta: Robbin' Season	
103 ITV		7.15 Catchphrase	8.00 The Voice Kids Final			9.45 News	10.05 Film: Die Another Day	
104 CHANNEL 4	‹ 6.30 Formula 1 German Grand Prix...		8.00 Film: Teenage Mutant Ninja Turtles: Out of the Shadows				10.10 Film: Pitch Perfect 2	
105 CHANNEL 5	7.00 Cricket on 5		8.00 Charles and Di: The Truth Behind Their Wedding			9.30 Spending Secrets of the Royals		10.30 The World's...
106 SKY ONE	7.00 The Simpsons		8.00 An Idiot Abroad		9.00 Film: Con Air			
Entertainment								
116 BBC4	7.00 The Last Seabird Summer?		8.00 Madame Tussaud: A Legend in Wax		9.00 Inspector Montalbano			
118 ITV2		7.15 Film: Jurassic Park III			9.00 Love Island: Unseen Bits		10.05 Shopping...	10.35 Family Guy
136 MORE4	‹ 6.55 Come Dine with Me		8.00 Scotstar: Flying Doctors		9.00 24 Hours in A&E			
135 E4		7.15 Film: Madagascar			9.00 Film: Dodgeball: A True Underdog Story			
107 SKY WITNESS	7.00 Nothing to Declare				9.00 Murders That Shocked the Nation		10.00 Britain's Most Evil Killers	
108 SKY ATLANTIC	7.00 Without a Trace				9.00 The Affair			
110 GOLD	‹ 6.35 Only Fools and Horses				9.00 Michael McIntyre's Comedy Roadshow		10.00 Men Behaving Badly	
111 DAVE	‹ 6.40 Red Dwarf		8.00 Taskmaster		9.00 Have I Got a Bit More Old News for You		10.00 Mock the Week	
119 ITV3	7.00 Midsomer Murders				9.00 Endeavour			
120 ITV4	7.00 Tour de France Highlights		8.00 Film: The Incredible Hulk					10.15 Film: The Departed
112 COMEDY CENTRAL	7.00 Friends		8.00 Michael McIntyre's Big Show		9.00 Film: Just Go With It			
114 SYFY	‹ 6.50 Film: Groundhog Day				9.00 Film: The Abyss			
109 W	7.00 Outnumbered				9.00 Miranda			
113 UNIVERSAL	7.00 Private Eyes		8.00 Major Crimes				10.00 Law & Order: Special Victims Unit	
124 FOX	7.00 NCIS: New Orleans		8.00 NCIS		9.00 Lucifer		10.00 Family Guy	
122 SKY ARTS	7.00 Paul Weller: May Love Travel with You		8.00 The History of the Clash		9.00 Punk: Attitude			
Documentary								
125 DISCOVERY	7.00 Naked and Afraid XL		8.00 Wheeler Dealers		9.00 Deadliest Catch		10.00 Master Of Arms	
162 ANIMAL PLANET	7.00 The Bronx Zoo		8.00 The Aquarium		9.00 Homestead Rescue		10.00 Alaska Monsters	
129 NAT GEO	7.00 Terror in the Skies				9.00 Airport Security: Peru			
130 HISTORY	7.00 Digging for Britain		8.00 The Moon Landing and the Nazis		9.00 The Rise and Fall of Pablo Escobar			
155 YESTERDAY	7.00 Fleetwood Mac – Don't Stop		8.00 TOTP		9.00 Bangers and Cash			
166 EDEN	7.00 Wild Colombia with Nigel Marven		8.00 Ten Deadliest Snakes with Nigel Marven		9.00 Natural World		10.00 Frontier Borneo	
Films								
301 SKY PREMIERE	‹ 6.15 Smallfoot		8.00 Johnny English Strikes Again			9.35 First Man		
302 SKY MEGAHITS	‹ 6.30 Batman Begins				9.00 The Dark Knight			
303 SKY SCHOOL'S OUT	‹ 6.00 Ferris Bueller's Day Off		8.00 Slaughterhouse Rulez				10.00 Grease	
304 SKY DISNEY	‹ 6.00 The Princess Diaries 2: Royal...		8.00 Incredibles 2				10.00 One Hundred and One Dalmatians	
305 SKY ANIMATION	‹ 6.25 The Lion King		8.00 Cloudy with a Chance of Meatballs			9.40 The Ant Bully		
306 SKY ACTION	‹ 6.00 The Fast and the Furious		8.00 2 Fast 2 Furious				10.00 The Fast and the Furious: Tokyo Drift	
307 SKY COMEDY	‹ 6.20 Mr Bean's Holiday		8.00 Night School				10.00 Johnny English Strikes Again	
308 SKY THRILLER	‹ 6.30 Minority Report				9.00 Jack Reacher			
309 SKY DRAMA	‹ 6.00 The Leisure Seeker		8.00 Battle of the Sexes				10.05 Wall Street: Money Never Sleeps	
310 SKY SCI-FI		7.15 Gravity			9.00 E.T. The Extra Terrestrial			
311 SKY SELECT	‹ 6.00 Leave No Trace		8.00 O Brother, Where Art Thou?				10.00 Se7en	
313 FILM4	‹ 6.35 The Second Best Exotic Marigold Hotel				9.00 The Other Woman			
315 TCM	‹ 6.15 The Day of the Jackal				9.00 The Game			
Sport								
401 MAIN EVENT	7.00 World Matchplay Darts – Live: Day eight from the Winter Gardens in Blackpool, featuring the semi-final matches						10.00 World Golf Championships – Live	
402 PREMIER LEAGUE	7.00 Premier League Legends		8.00 PL: Title Race Highlights				10.00 Gary Neville's Soccerbox	
403 FOOTBALL	‹ 6.30 EFL Goals...	7.30 MLS Round-Up...	8.00 Football's...	8.30 EFL Goals: Leagues 1 & 2				10.30 MLS...
404 CRICKET	‹ 6.55 Vitality T20 Blast Cricket – Live: Essex Eagles v Gloucestershire: The South Division match from The County Ground in Chelmsford						10.00 Test Cricket	
413 BT SPORT 1	7.00 PL 100: Andy...	7.30 Leicester City v...	8.00 West Ham v...	8.30 Liverpool v...	9.00 Cardiff v...	9.30 UFC NOW		10.30 UFC 240...
414 BT SPORT 2	‹ 6.30 Brothers in Football		8.15 MLB...	8.30 MLB's Best	9.00 MLB – Live: Boston Red Sox v New York Yankees (Start-time 9.05pm)			

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

101 101/115 801 101 108 1 101 101 101/106

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** New edition With guests Ryan Simpson-Trotman, Liam Simpson-Trotman and Jason Atherton. (S)
11.30 **Nadiya's Time to Eat** (S)(R)(AD)
12.00 NOON **Homes Under the Hammer** Property show. (S)(R)
1.00 PM **BBC News** (S)
1.15 LIVE **Challenge Cup Rugby League** Warrington Wolves v Hull FC: The opening semi-final at the University of Bolton Stadium. Kick-off is at 2.00. (S)
4.00 **Escape to the Country** (S)(R)(AD)
4.45 **Wallace & Gromit: The Wrong Trousers** (S)(R)(AD)
5.15 FILM **Madagascar: Escape 2 Africa** Animated adventure sequel with the voice of Ben Stiller. (S)(AD) (2008, PG, 80min) ★★★

9.15 Killing Eve

6 PM
6.35 **BBC News** (S)
6.45 **Local News** (S)
6.55 **Who Dares Wins** New edition 5/10. Game show in which two pairs of complete strangers battle to outdo the other by listing as much as they know about a given subject. (S)

7 PM
7.35 **Pointless Celebrities** A comedians version of the general knowledge quiz, with contestants including James Acaster and Ellie Taylor. (S)(R)

8 PM
8.25 **Casualty** Connie schemes to save herself by planting a seed of doubt in Duffy's mind, while new porter Rosa makes quite the first impression in the ED. (S)(AD)

9 PM
9.15 **Killing Eve** Series finale *You're Mine:* 8/8. Eve's mission is disastrously compromised. Meanwhile, Carolyn leaves Eve's future in her own hands. (S2) (S)(AD)

10 PM
10.00 **BBC News** (S) Followed by **Lottery Update** (S)
10.20 FILM **Avengers: Age of Ultron** Sci-fi adventure sequel starring Robert Downey Jr. (S)(AD) (2015, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM FILM **Now Is Good** Romantic teen drama starring Dakota Fanning and Jeremy Irvine. A terminally ill teenager sets out to experience love, among other things, before she dies. With Paddy Considine and Olivia Williams. (S) (2012, 12, 100min) ★★★
2.10 **Weather for the Week Ahead** Seven-day forecast. (S)
2.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 102 102 2 102 102 102/106

6.30 AM **All Over the Place: UK** (S)(R)
7.00 **The Dog Ate My Homework** (R)
7.30 **The Dengineers** (S)(R)
8.00 **Mustangs FC** (S)(R)
8.25 **Deadly Top 10** (S)(R)
8.55 **Shaun the Sheep** (S)(R)
9.10 FILM **Shaun the Sheep Movie** Animation. (S) (2015, U) ★★★
10.30 **The Wonder of Animals** (S)(R)
11.00 **Monkey Planet** (S)(R)(AD)
12.00 NOON **All-Star Netball for Sport Relief** (S)(R)
1.00 PM **Best of British** (S)(R)
1.45 **Holiday of My Lifetime** (S)(R)
2.15 **Flog It!** From Wolverhampton. (R)
3.00 **Swimming World Championships Highlights** (S)
4.00 LIVE **Challenge Cup Rugby League** St Helens v Halifax RLFC: Coverage of the second semi-final from Bolton. Kick-off is at 4.30. (S)

9.00 A Fresh Guide to Florence...

6 PM
6.30 **The Repair Shop** The restoration of a Victorian garden gnome and an antique fireman's helmet. (S)(R)

7 PM
7.00 NEW SERIES **Proms Encore** 1/7. Magazine show to accompany the *BBC Proms*, hosted by Katie Derham. (S)
7.30 **Hippos: Africa's River Giants** David Attenborough reveals the life of the hippopotamus as never seen before, getting closer than ever to an animal that cannot swim yet is utterly dependent on water. (S)(R)(AD)

8 PM
8.30 **Dad's Army** Mainwaring tackles a suspected IRA terrorist. (S)(R)

9 PM
9.00 NEW **A Fresh Guide to Florence with Fab 5 Freddy** Hip-hop pioneer Fred Brathwaite – better known as Fab 5 Freddy – goes on a quest to uncover the hidden black figures of Italian Renaissance art. (S)(AD)

10 PM
10.00 **Atlanta: Robbin' Season** New episodes *Barbershop:* 5/11. Al gets a haircut from a messed-up barber. (S)(AD) **10.25** *Teddy Perkins:* 6/11. Darius enters an extremely odd realm. (S2) (S)(AD)
11.00 FILM **Midnight Special** Sci-fi adventure with Michael Shannon and Jaeden Lieberher. A boy with strange powers is protected by his father from religious extremists and government agents. (S) (2015, 12, 105min) ★★★★
12.45 AM **Heimat Home from Home: Chronicle of a Vision – Part One** 1/2. Prequel to the drama about three families. (S)(R)
2.25 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 103 113/103 3 103 103 111

6.00 AM **CITV**
8.25 **ITV News** (S)
8.30 **The Sara Cox Show** New edition With guest Nile Rodgers. Plus, The Coronas perform in the studio. (S)
9.25 **James Martin's Saturday Morning** New edition With guest Galton Blackiston. (S)
11.35 **John and Lisa's Weekend Kitchen** Dishes include sausage and sourdough bake. (S)(R)
12.35 PM **Save Money: Good Diet** Food with added protein. (S)(R)(AD)
1.05 **ITV News** (S)
1.25 LIVE **ITV Racing: From Ascot** Ed Chamberlin and Francesca Cumani present coverage of races from Ascot and York. (S)
4.00 **You've Been Framed! Gold** (S)(R)
4.30 **Tipping Point** Game show. (S)(R)
5.30 **The Chase** Quiz show. (S)(R)

7.15 Catchphrase

6 PM
6.25 **ITV News** (S)
6.35 **Local News** (S)
6.45 NEW SERIES **Zone of Champions** 1/6. Comedy clip show. (S)(AD)

7 PM
7.15 **Catchphrase** Series finale 8/8. Stephen Mulhern hosts the game show in which three contestants guess the familiar phrases hidden in animated clues. (S)

8 PM
8.00 **The Voice Kids Final** Series finale 8/8. Emma Willis presents the grand final of the talent contest, as will.i.am, Danny Jones, Pixie Lott and Jessie J give kids, aged seven to 14, a shot at stardom. (S)
■ Repeated tomorrow

9 PM
9.45 **ITV News** (S)

10 PM
10.05 FILM **Die Another Day** James Bond adventure starring Pierce Brosnan, Halle Berry and Rosamund Pike. (S)(AD) (2002, 12, 150min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.35 AM **Tour de France Highlights** Action from the 20th and penultimate stage of the race.
1.25 **5 Gold Rings** Interactive game show with Phillip Schofield. (S)(R)
2.15 **500 Questions** (S)(R)
3.05 **Teleshopping** (R)
3.35 **Wonder of Britain** Julia Bradbury explores a thousand years of royal history. (S)(SL)(R)(AD)
4.25 **to 6.00** AM **ITV Nightscreen**

+1 hour 203 114 33 112

CHANNEL 4

104 104/138 803 104 141 4 104 104

6.00 AM **The King of Queens** (S)(R)
6.50 **Frasier** 23&24/24. (S6) (S)(R)
7.40 **The Big Bang Theory** (S)(R)(AD)
8.55 **Young Sheldon** (S1) (S)(R)(AD)
10.20 **The Simpsons** (S)(R)(AD)
11.50 **Four in a Bed** Five editions of the B&B contest. (S)(R)
2.30 PM **A Place in the Sun: Winter Sun** An Essex couple search for a home in Gran Canaria. (S)(R)
3.00 **A Place in the Sun** Advice to a couple seeking a home in the Costa Calida region of Spain. (S)(R)
4.00 **Location, Location, Location** Kirstie Allsopp and Phil Spencer head to Barry and the Wye Valley in South Wales. (S)(R)
5.00 **Portrait Artist of the Year** New edition 6/11. With celebrity sitters Sophie Ellis-Bextor, Adrian Lester and Nitin Sawhney. (S)(AD)

8.00 Teenage Mutant Ninja Turtles...

6 PM
6.00 **News** (S)
6.30 **Formula 1 German Grand Prix Qualifying Highlights** Steve Jones presents action from the battle for grid positions ahead of the 11th round of the season at the Hockenheimring. Sebastian Vettel claimed pole position here last year, with Valtteri Bottas joining him at the front of the grid. Analysis from David Coulthard and Billy Monger. (S)

7 PM

8 PM
8.00 FILM **Teenage Mutant Ninja Turtles: Out of the Shadows** Action adventure sequel starring Megan Fox, Will Arnett and Stephen Amell. The sewer-dwelling heroes discover their arch-enemy has returned from another dimension and made a deal with an alien warlord. With Laura Linney. (S) (AD) (2016, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

9 PM

10 PM
10.10 FILM **Pitch Perfect 2** Comedy sequel starring Anna Kendrick, Rebel Wilson, Hailee Steinfeld and Brittany Snow. (S) (2015, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.20 AM FILM **The Visit** Horror starring Olivia DeJonge, Ed Oxenbould and Deanna Dunagan. (S) (2015, 15, 95min) ★★★
1.55 **Ramsay's Kitchen Nightmares USA** Gordon visits Le Bistro in Lighthouse Point, Florida. (S)(R)
2.45 **Drag SOS** (S)(SL)(R)(AD)
3.40 **Hollyoaks** (S)(SL)(R)(AD)
5.50 **to 6.00** AM **Kirstie's Fill Your House for Free** (S)(R)

+1 hour 204 142 15 109 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
10.00 **Rise of the Teenage Mutant Ninja Turtles** Double bill. (S)(R)
10.25 **Cruising with Jane McDonald** The best bits of Jane's trip along the Danube River. (S)(R)
10.40 **Police Interceptors** (S)(R)
1.35 PM **Friends** 19/24. Rachel joins Joey on the set of his soap. (R) **2.05** 20/24. Joey has a party for the cast of *Days of Our Lives*. (R) **2.40** 21/24. Chandler and Monica visit a fertility clinic. (R) **3.10** 22/24. Phoebe bumps into old boyfriend David. (S)(R) **3.40** 23/24. The gang visit Barbados. (S9) (S)(R)
4.10 **The Great Yorkshire Show Highlights** Anita Rani and Jules Hudson present coverage of the annual event. (S)(R)

10.30 The World's Most Shocking...

6.00 NEW **Mega Crater Mystery: Draining the Ocean** The secrets on the seabed in the Gulf of Mexico, which reveal a history of trade, as well as clues to the extinction of the dinosaurs. (S)

7.00 **Cricket on 5** Action from the final day of the one-off four-day Test between England and Ireland at Lord's. (S)

7.55 **News** (S)

8.00 NEW **Charles and Di: The Truth Behind Their Wedding** Documentary examining the week immediately prior to the Royal Wedding of Prince Charles and Lady Diana Spencer in July 1981. (S)
■ Repeated on Thursday

9.30 **Spending Secrets of the Royals** 2/2. A look at the expenditure of the Royal Family, including Prince Andrew's penchant for luxury travel and the bill for the Buckingham Palace restoration. (S)(R)

10.30 **World's Most Shocking Ads with Shane Richie** Series finale 2/2. Adverts on the themes of dads, the office, holidays and dating. (S)

12.05 AM **Benidorm: Brits on the Pull** Pensioners living in Spain. (S)(R)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Access** Showbiz news. (S)
3.10 **Bargain-Loving Brits in the Sun** Final preparations are made for the annual Pride festival. (S)(R)
4.00 **Critical Condition** (S)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 155 44 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Modern Family** (S)(R)
9.30 **Premier League Years** (S)(R)
11.30 **Big Cats: An Amazing Animal Family** Double bill. (S)(R)(AD)
1.30 PM **Flying Monsters with David Attenborough** The world of the pterosaur. (S)(R)
3.00 **Making David Attenborough's Flying Monsters** Behind the scenes of the documentary. (R)
4.00 **The Simpsons** *Pranksta Rap:* Bart fakes his own kidnapping. With the voice of 50 Cent. (R) **4.30** *There's Something About Marrying:* Same-sex marriage is legalised in Springfield. (R) **5.00** *On a Clear Day I Can't See My Sister:* Lisa takes out a restraining order against Bart. (R) **5.30** *Goo Goo Gai Pan:* Selma flies to China to adopt a baby. (R)

8.00 An Idiot Abroad

6.00 **The Simpsons** *Mobile Homer:* Homer moves into a campervan parked in the backyard. (R) **6.30** *The Seven-Beer Snitch:* Marge is unhappy with the town's lack of culture. (S)(R)

7.00 **The Simpsons** *Future-Drama:* Bart and Lisa look into the future. (S)(R) **7.30** *Don't Fear the Roofer:* Homer is committed to a mental institution by an exasperated Marge. (S)(R)

8.00 **An Idiot Abroad** 6/8. Karl Pilkington heads for Christ the Redeemer in Rio de Janeiro, taking in the culture of Brazil along the way – as well as visiting a nudist beach. (S)(R)

9.00 FILM **Con Air** Action thriller starring Nicolas Cage, John Cusack and John Malkovich. When a prisoner transport plane is hijacked by a group of America's deadliest criminals, paroled convict Cameron Poe finds himself in the midst of the mayhem. With Steve Buscemi, Ving Rhames and Colm Meaney. (S) (1997, 18, 115min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.15 NEW TO SKY ONE **Fast & Furious – Hobbs & Shaw: Special** *Previously on Sky Action*
11.45 **Agatha Raisin** *Agatha Raisin and the Curious Curate – Part One:* 5/6. Agatha's friend Sarah is accused of murder. (S)(R) **12.45** AM 6/6. (S2) (S)(R)
1.45 **Warrior** 5/10. (S1) (S)(R)
2.45 **Road Wars** (S)(R)
4.30 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations
WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

N. IRELAND
Sky **972**, Freesat **969**
8.30-9.00pm Family Footsteps (S)(R)
WALES
Sky **971**, Freesat **971**
6.30-7.00pm Flog It! (S)(R) **7.30-8.30pm** The Repair Shop (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.00-10.00** Stwnsh Sadwrn **8.00** Cath-Od **8.10** Ben 10 **8.35** Dewi a'r Ditectifs Gwyllt **8.45** Pigo dy Drwyn **9.15** Y Brodyr Adrenalini **9.20** Ysbyty Hospital **9.40** Kung Fu Panda **10.00** Y Fets (AD) **11.00** Codi Pac **11.30** Trysorau'r Teulu **12.30pm** Gohebwyr: John Hardy **1.30** Bois y Pizza (AD) **2.00** LIVE Seiclo: Le Tour de France **5.00** Cynefin **5.55** 'Sgota gyda Julian Lewis Jones (AD) **6.20** Newyddion a Chwaraeon **6.30** Llareggub: Cyrn ar y Mississippi **7.30** Sion a Siân **8.00** Deuawdau Rhys Meirion **9.00** Oci Oci Oci **10.00** Seiclo: Le Tour de France **10.30** Gwerthu Allan **11.00** Hansh **11.30pm-12.05am** Nigel Owens: Wyt Ti'n Gêm?

BBC4

116 116 | 107 | 9/82 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **The Last Seabird Summer?** 1/2. Documentary following Adam Nicolson and the seabirds of the Shiants.
8.00 **Madame Tussaud: A Legend in Wax** The story of the woman behind the waxworks empire, revealing how she overcame the odds to establish her brand.
9.00 **Inspector Montalbano** *Love:* The police detective investigates the disappearance of a former prostitute, whose sister reveals that she had fallen in love, leading the police to her meek and gentle boyfriend. Subtitled. (S5)

10.50 FILM **Hello Quo** Portrait of Status Quo, with Francis Rossi and Rick Parfitt sharing anecdotes from half a century in rock. (2012, 15, 80min) ★★★
12.10 AM **Sinatra: All or Nothing at All**
1.10 **to 4.10** AM **Peaky Blinders**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.25 **A Place in the Sun: Winter Sun** On Ibiza.
10.20 **A Place in the Sun: Summer Sun** Double bill.
12.30 PM **Location, Location, Location** In Glasgow.
1.35 **Building the Dream**
2.40 **Four in a Bed** Five editions.
5.20 **Come Dine with Me** Double bill of dinner parties from Huddersfield.

6.25 **Come Dine with Me** A wedding singer hosts the third dinner party. **6.55** A Hollywood silent movie-themed evening. **7.25** An American diner menu in Huddersfield.
8.00 **Scotstar: Flying Doctors** 2/3. An ill newborn baby is rushed from Aberdeen for emergency heart surgery.
9.00 **24 Hours in A&E** A man is brought in by ambulance after a work-related accident on a building site. **10.00** A man is brought in after falling 20ft onto concrete, and a woman with severe abdominal pains also receives treatment.

11.05 **It Was Alright in the 1980s** A look back at the decade's TV shows.
12.05 AM **Ramsay's Kitchen Nightmares USA** A failing Italian restaurant in Boston, Massachusetts.
2.00 **to 3.55** AM **24 Hours in A&E**

+1 hour 236 196 86 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Emmerdale**
9.05 **Coronation Street**
12.05 PM **Celebrity Catchphrase**
1.05 **Ninja Warrior UK**
2.00 **You've Been Framed!**
3.25 FILM **Dr Seuss' The Lorax** Animation with the voices of Danny DeVito and Ed Helms. (2012, U, 82min) ★★★
5.10 FILM **Two Weeks Notice** Romantic comedy starring Sandra Bullock, Hugh Grant and David Haig. (2002, 12, 101min) ★★
7.15 FILM **Jurassic Park III** Adventure thriller sequel starring Sam Neill and William H Macy. A palaeontologist gets stranded – again – on an island containing genetically engineered dinosaurs. (2001, PG, 92min) ★★★
9.00 **Love Island: Unseen Bits** New edition Iain Stirling introduces a look back at the past week in the villa.
10.05 **Shopping with Keith Lemon** 8/8. With Big Narstie and Kate Nash.
10.35 **Family Guy** *Quagmire's Quagmire:* 3/21. Quagmire becomes a sex slave. (S12)

11.05 **Family Guy**
11.55 **American Dad!**
12.55 AM **Iain Stirling's CelebAbility**
1.40 **Hey Tracey!**
2.25 **to 2.50** AM **Totally Guinness World Records**

+1 hour 218 116 27 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Speechless**
8.30 **The Goldbergs**
9.30 **Brooklyn Nine-Nine**
10.00 FILM **Small Soldiers** Adventure starring Kirsten Dunst and Gregory Smith. (1998, PG, 99min) ★★★★
12.10 PM **Rude(ish) Tube Shorts**
12.30 **The Big Bang Theory** Fourteen episodes of the comedy, including at: **6.15** 9/24. Guest stars Stephen Hawking. **6.45** 10/24. Guest stars Christopher Lloyd. (S10)

7.15 FILM **Madagascar** Animated comedy with the voices of Ben Stiller, David Schwimmer, Chris Rock and Jada Pinkett Smith. (2005, U, 86min) ★★★
9.00 FILM **Dodgeball: A True Underdog Story** Comedy starring Vince Vaughn. The proprietor of a run-down gym and his clientele of social misfits enter a dodgeball competition to thwart an egomaniacal rival's takeover plans. (2004, 12, 92min) ★★★★
10.55 **Gogglebox** *Britain's Got Talent* and *Jeremy Wade's Dark Waters* are appraised.

11.55 **Gogglebox** The critics' opinions of shows including *Sex Tape* and *Line of Duty*.
1.00 AM **First Dates**
3.10 **Gogglebox**
4.00 **to 6.00** AM **Rules of Engagement**

+1 hour 235 146 28 123

Saturday primetime

Saturday primetime

SATURDAY Entertainment

Saturday

Sky Witness

107 107 807 112 111

6.00 AM **The Real A&E**
7.00 **Paramedics**
9.00 **Highway Cops**
10.00 **Highway Patrol**
11.00 **Motorway Patrol**
12.00 NOON **Brit Cops: Rapid Response**
2.00 PM **Brit Cops: Law & Disorder** Triple bill.
5.00 **Nothing to Declare** Four editions, including at: **6.30** An aggressive passenger forces officers to take dramatic action.

10.00 Britain's Most Evil Killers

7 PM
7.00 **Nothing to Declare** A woman is caught carrying vials of drugs. **7.30** An aggressive passenger turns nasty.

8 PM
8.00 **Nothing to Declare** Officers make a bust at Sydney Airport. **8.30** A traveller tells a remarkable story.

9 PM
9.00 **Murders That Shocked the Nation** The case of John Christie, who murdered six women between 1943 and 1953.

10 PM
10.00 **Britain's Most Evil Killers** The case of Peter Tobin, who was convicted of killing two women and a teenage girl.
11.00 **Criminal Minds** 7/24. Several women are found dead. (S6)
12.00 M'T **Criminal Minds** 8/24.
1.00 AM **Criminal Minds** 9/24. (S6)
2.00 **Brit Cops: Rapid Response**
3.00 **Paramedics**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **Richard E Grant's Hotel Secrets** In Tokyo.
7.00 **The Guest Wing**
8.00 **David Attenborough's Kingdom of Plants**
11.00 **Making of David Attenborough's Kingdom of Plants** Behind the scenes.
12.00 NOON **CSI** 17/17. (S8)
1.00 PM **CSI** Triple bill. (S9)
4.00 **Without a Trace** Triple bill of episodes, including at: **6.00** 19/23. The team search for a missing teacher. Guest stars Christopher Gorham. (S1)

9.00 The Affair

7.00 **Without a Trace** *No Mas:* 20/23. Jack and the team search for a boxer who vanished just before a much-anticipated fight.
8.00 **Without a Trace** *Are You Now or Have You Ever Been?* 21/23. Jack's methods get a case thrown out of court. (S1)
9.00 **The Affair** 5/10. Alison gets a surprise visit from her estranged mother, while Noah struggles with the behaviour of his daughter Whitney. **10.10** 6/10. Noah discovers there is more to Alison than he had been led to believe. (S1)
11.15 **The Affair** 7/10. The Solloways return to Brooklyn, but coming home does not solve their problems. (S1)
12.25 AM **Six Feet Under** (S3)
2.50 **Girls** 6/10. (S1)
3.25 **CSI** 3/24. (S9)
4.15 **to 6.00** AM **Fish Town**

+1 hour 208

GOLD

110 110 810 124 310 392

7.20 AM **The Piglet Files**
7.45 **Les Dawson: The Interviews**
8.40 **Rock & Chips**
10.00 **Miranda**
11.15 **Blackadder the Third**
11.45 **Only Fools and Horses** Six episodes, including at: **2.20** PM Del becomes a showbiz manager. **3.30** Part one of two. Del and Rodney go on a holiday. **4.40** Part two of two. The Trotters arrive in America. **6.35** Raquel is offered the audition of a lifetime.

9.00 Michael McIntyre's...

7.40 **Only Fools and Horses** Del buys a new manual to show him how to make positive decisions, but it only succeeds in helping the Trotters' finances hit an all-time low.
9.00 **Michael McIntyre's Comedy Roadshow** With Jason Manford, John Bishop, Sarah Millican and Mick Ferry.
10.00 **Men Behaving Badly** Dorothy tells Gary she wants to start a family. **10.40** Gary suspects Dorothy is having an affair.
11.20 **Men Behaving Badly** A jealous Gary tries to ruin Dorothy's new relationship.
12.00 M'T **Spaced**
12.35 AM **Spaced**
1.10 **Men Behaving Badly**
2.25 **Harry Hill's TV Burp**
3.15 **to 4.00** AM **The Piglet Files**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **The Royal**
6.50 **George and Mildred**
8.25 **Inspector Morse**
10.40 **Agatha Christie's Marple** *Nemesis:* The spinster is sent on a mysterious mission. **12.45** PM *At Bertram's Hotel:* The reading of a will leads to murder at a plush hotel. **2.55** *Ordeal by Innocence:* A stranger proves the innocence of a man who was executed.
5.00 **Agatha Christie's Poirot** *Curtain: Poirot's Final Case:* The sleuth battles his nemesis.

9.00 Endeavour

7.00 **Midsomer Murders** *Small Mercies:* The peace of the sleepy hamlet of Little Worthy is disturbed when a man's body is found tied down in a miniature village – just like the hero in classic tale *Gulliver's Travels*.
9.00 **Endeavour** *Ride:* The detective is suspended from duty, but when a body is found near his home, he conducts a secret investigation, which leads him to the city's social elite and a disturbing secret hidden in plain sight.
11.00 **Lewis** *Intelligent Design:* An elderly don is killed on the night of his release from prison, and Lewis embarks on a relationship with Hobson while investigating the case.
1.00 **to 2.20** AM **Classic Emmerdale**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **World of Sport: Last Orders** *Indoor League.*
6.05 **The Protectors**
6.30 **The Professionals**
7.20 **The Sweeney** Double bill.
9.30 **ITV Racing: The Opening Show** A look ahead.
10.30 **The Car Chasers**
11.00 **Tour de France Highlights**
12.00 NOON **River Monsters**
12.30 PM **LIVE Tour de France** The 20th and penultimate stage.
5.00 **Monster Carp**
6.00 **River Monsters**

8.00 The Incredible Hulk

7.00 **Tour de France Highlights** Action from the 20th and penultimate stage, a 130km ride from Albertville to Val Thorens.
8.00 **FILM The Incredible Hulk** Sci-fi action fantasy starring Edward Norton and Liv Tyler. A scientist who turns into a huge, rampaging creature when he gets angry triggers a confrontation with a monstrous new adversary. (2008, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.15 **FILM The Departed** Crime thriller starring Leonardo DiCaprio. (2006, 18, 151min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.05 AM **The Sweeney** Regan goes undercover as a lorry driver to catch a gang of hijackers.
2.10 **to 2.55** AM **Better Late Than Never** The men judge a traditional goat beauty pageant and stay in a haunted castle in Lithuania.

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **Animal 999**
8.00 **It's Me or the Dog**
10.00 **Relic Hunter**
1.00 PM **Relic Hunter** (S3)
3.00 **Stargate SG-1** (S2)
7.00 **Stargate SG-1** *Touchstone:* 14/22. The team uncover a sinister plot. (S2)
8.00 **Road Wars** A driver speeds through the grounds of a hospital.
9.00 **Agatha Raisin** *Agatha Raisin and the Curious Curate – Part One*: 5/6. Agatha's friend Sarah is accused of murder. **10.00** *Agatha Raisin and the Curious Curate – Part Two*: 6/6. Agatha fights to clear Sarah's name. (S2)
11.00 **S.W.A.T.** 5/23. (S2)
12.00 M'T **The Blacklist** (S6)
1.00 AM **Warrior** 5/10. (S1)
2.00 **Ross Kemp: Extreme World** Double bill.
4.00 **to 6.00** AM **Animal House**

Pick

152 123 11 144

6.00 AM **Nothing to Declare**
9.00 **60 Minute Makeover**
1.00 PM **60 Minute Makeover** Double bill.
3.00 **The Chase Celebrity Special** Quiz show.
4.00 **Air Ambulance ER**
5.00 **Highway Patrol** Following Australia's traffic enforcers.
7.00 **Motorbike Cops**
8.00 **Road Wars** Conrad and Simon tackle a mugger trying to rob a bus.
9.00 **Brit Cops: Law & Disorder** Focusing on the work of the City of London Police.
10.00 **The Force: Manchester** The work of Greater Manchester Police.
11.00 **Banged Up Abroad**
12.00 M'T **Road Wars**
1.00 AM **Cop Squad**
2.00 **UK Border Force**
4.00 **to 6.00** AM **Highway Patrol**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **The Hurting**
8.00 **Storage Hunters UK**
9.00 **American Pickers**
12.00 NOON **Steve Austin's Broken Skull Challenge**
1.00 PM **Top Gear**
3.00 **Last Stop Garage**
4.00 **Cops UK: Bodycam Squad** Double bill.
6.00 **Would I Lie to You?** With Bernard Cribbins.
6.40 **Red Dwarf** (S4)
8.00 **Taskmaster** Joe Thomas has a disastrous birthday.
9.00 **Have I Got a Bit More Old News for You** Lee Mack hosts.
10.00 **Mock the Week**
11.20 **Would I Lie to You?**
12.00 M'T **Dave Gorman: Modern Life Is Goodish**
1.00 AM **Alan Davies: As Yet Untitled**
2.10 **Dave Gorman: Modern Life Is Goodish**
3.00 **to 4.00** AM **Dara O Briain's Go 8 Bit**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Impractical Jokers: Inside Jokes**
8.55 **Friends**
1.00 PM **Michael McIntyre's Big Show** As 8.00pm.
1.55 **FILM Chalet Girl** Romantic comedy starring Felicity Jones. (2011, 12, 96min) ★★★
3.50 **Friends** (S9&10)
8.00 **Michael McIntyre's Big Show** An evening of comedy and music at London's Theatre Royal.
9.00 **FILM Just Go With It** Romantic comedy starring Adam Sandler. (2011, 12, 116min) ★
11.15 **Kevin Hart Live: Laugh at My Pain**
12.20 M'T **Lee Evans Live at Wembley**
2.50 AM **Jeff & Some Aliens**
3.30 **Bordertown** (S1)
3.55 **Bordertown** (S1)
4.15 **to 5.00** AM **Impractical Jokers: Inside Jokes**

+1 hour 212 133

ITV Be

131 119 179 26 118

6.00 AM **The Only Way Is Essex** Triple bill.
8.15 **Dallas Cowboys Cheerleaders**
9.00 **LittleBe**
12.00 NOON **Cake Wars**
1.00 PM **The Real Housewives of Atlanta**
1.50 **Little Women: LA**
6.00 **Dinner Date** Lois from Surrey looks for love. **7.00** Manchester man Carl picks three dates. **8.00** Matt from Somerset looks for love.
9.00 **Botched** Dr Paul Nassif is given the go-ahead to finally fix Luci's nose.
10.00 **Ibiza Weekender** Deano breaks his own rule and asks Imogen out. **11.00** Jordan forges relationships with the rest of the male reps.
12.00 M'T **to 12.55** AM **The Real Housewives of Atlanta** A video causes a confrontation.

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons**
7.00 **Highway to Heaven**
8.00 **Due South**
1.00 PM **The Beach Boys: An American Family**
4.35 **Elvis: The Early Years**
8.00 **FILM The Jazz Singer** Remake of the classic Al Jolson talkie. (1980, PG, 115min) ★★★
10.25 **FILM That'll Be the Day** Rock 'n' roll drama set in the 1950s. (1973, 15, 87min) ★★★
12.20 AM **FILM Hank Williams: The Show He Never Gave** Music drama re-imagining country singer Hank Williams's last day and the concert he never lived to perform. (1980, PG, 85min) ★★★
2.15 **FILM And the Beat Goes On** Biopic. (1999, PG, 92min) ★★
4.10 **Due South** 3/24. (S1)
5.00 **to 6.00** AM **Touched by an Angel**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 126 226 312 382

7.10 AM **Murdoch Mysteries** (S8)
9.00 **Rizzoli & Isles** (S6)
10.55 **Inspector George Gently**
12.55 PM **Inspector Alleyn Mysteries** *The Nursing Home Murder:* A cabinet minister begins receiving death threats.
3.00 **Shakespeare & Hathaway – Private Investigators** 5/10. The local mayor is murdered in the dead of night. **4.00** 6/10. Frank and Lu investigate when an ex-soap star gets death threats. (S1)
5.00 **New Tricks** Double bill. (S8)

3.00 Shakespeare &...

7.00 **Death in Paradise** *One For the Road:* 2/8. The Saint Marie governor is poisoned at her leaving party with the Commissioner standing right next to her. **8.25** *Posing in Murder:* 3/8. A fashion show takes a chilling turn when a young model is strangled just moments after leaving the catwalk. **9.35** *A Personal Murder:* 4/8. Dwayne receives a text message from the grave after an old friend's funeral, and he and Humphrey soon find enough evidence to rule out his death from natural causes. (S5)
11.00 **Waco** 4/6. David Koresh waits for a sign and his followers are tested by a lack of food. (S1)
12.05 AM **New Tricks** (S8)
2.20 **The Mrs Bradley Mysteries** *The Worsted Viper:* The sleuth investigates a ritual murder.
3.10 **to 4.00** AM **New Tricks**

+1 hour 232 191

Syfy

114 114 814 135 165 319 375

6.00 AM **Star Trek: Voyager** (S2)
8.00 **Teleshopping**
11.00 FILM **Apocalypse Pompeii** Disaster drama starring Adrian Paul. (2014, 15, 87min) ★
12.40 PM FILM **The Adventures of Aladdin** Fantasy adventure starring Adam Hollick. (2019, PG, 90min) ★★
2.30 FILM **Memoirs of an Invisible Man** Comedy thriller. (1992, PG, 99min) ★★
4.40 FILM **In Time** Sci-fi thriller starring Justin Timberlake. (2011, 12, 109min) ★★★

6.50 Groundhog Day

6.50 FILM **Groundhog Day** Romantic fantasy comedy starring Bill Murray and Andie MacDowell. A cynical TV weatherman finds himself reliving the same 24 hours over and over again. (1993, PG, 103min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **The Abyss** James Cameron's underwater sci-fi adventure starring Ed Harris, Mary Elizabeth Mastrantonio and Michael Biehn. A mission to save a stricken nuclear submarine leads to an alien encounter. (1989, 15, 134min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.30 AM FILM **Hard Rain** Action thriller. (1997, 15, 97min) ★★
2.30 **Star Trek: The Next Generation** 25/26. (S1)
3.30 **The Captains Close Up**
4.00 **to 6.00** AM FILM **Crystal Inferno** Action adventure. (2017, 15, 120min) ★

+1 hour 214 136

W

109 109 809 125 211 311 383

6.10 AM **The Bill** Nikki and Will attend to a dying man. **7.00** Claire Goose joins the cast as Sgt Rachel Weston. **8.00** Rachel and Nate hunt a suspected rapist. **9.00** A suspected rapist is linked to a second crime. **10.00** Shaun Williamson guest stars as East End gang boss Dave Monks.
11.00 **Tipping Point** Quiz show.
12.00 NOON **Tipping Point**
1.00 PM **Tipping Point** Quiz show hosted by Ben Shephard.

7.40 Outnumbered

7.00 **Outnumbered** Ben and Karen have an unusual discussion. **7.40** Sue worries, Jake has a confession to make and Ben auditions for a musical. **8.20** Jake gives his mum and dad some parenting advice.

9.00 **Miranda** Miranda books herself into a hotel, and befriends a porter. **9.40** Penny decides to throw a party, but Miranda tries to get out of attending the event. **10.20** A handsome stranger loses his wallet in the joke shop.
11.00 **Love Connection** New edition Dating show.
12.00 M'T **John Bishop: In Conversation with Ellie Simmonds**
1.00 AM **Grimm** 5/13. (S6)
1.50 **to 3.00** AM **Secret Life of the Ballroom**

+1 hour 209 190

Universal

113 113 813 137 164 320 385

8.00 AM **Law & Order** (S20)
12.00 NOON **NCIS** Seven episodes of the drama, including at: **2.00** PM 18/24. The team again join forces with PsyOps. **3.00** 19/24. Vance's brother-in-law is linked to the murder of a petty officer. **4.00** 20/24. Ziva and Tony try to rescue a US navy chaplain. **5.00** 21/24. Gibbs and the team track an arsonist. **6.00** 22/24. The team discover the elusive arsonist was not working alone. (S9)

8.00 Major Crimes

7.00 **Private Eyes** *The Life of Riley:* 4/12. Shade and Angie are called in when a motorcycle shop is vandalised. (S3)
8.00 **Major Crimes** *Conspiracy Theory – Part Two:* 7/13. Part two of four. The squad investigate a second mysterious death.
9.00 **Major Crimes** *Conspiracy Theory – Part Three:* 8/13. Part three of four. A development throws the case off course. (S6)
10.00 **Law & Order: Special Victims Unit** *Infiltrated:* 6/22. Novak tries to find Benson, unaware she has been arrested. (S8)
11.00 **Law & Order: Special Victims Unit** *Underbelly:* 7/22. Stabler and Beck discover a child-prostitution ring. (S8)
12.00 M'T **Law & Order: Special Victims Unit** 8&9/22. (S8)
2.00 AM **CSI: Miami** (S4)
4.00 **to 5.00** AM **Numb3rs**

+1 hour 213 138

FOX

124 124 821 157 199

8.00 AM **Monk** 11/16. (S7)
9.00 **Bones** 6/24. (S8)
10.00 **NCIS** 7/24. (S15)
11.00 **The Mentalist** 16/22. (S6)
12.00 NOON **NCIS** 8/24. (S15)
1.00 PM **Bones** 7/24. (S8)
2.00 **NCIS** 9/24. (S15)
3.00 **The Mentalist** 17/22. (S6)
4.00 **Bones** 8/24. (S8)
5.00 **NCIS** 10/24.(S15)
6.00 **The Mentalist** 18/22. Jane investigates when a woman is found murdered near an exclusive men's club. (S6)

4.00 Bones

7.00 **NCIS: New Orleans** *Pound of Flesh:* 6/24. Pride's assistant, Ginny Young, escapes from a kidnapper. (S5)
8.00 **NCIS** *Viral:* 6/24. A petty officer is shot dead in a manner matching the modus operandi of the Tri-State Sniper. (S13)
9.00 **Lucifer** *Infernal Guinea Pig:* 16/26. Chloe and Lucifer become entangled in the dark side of the movie business. (S3)
10.00 **Family Guy** 12/21. The Griffins are offered their own TV reality show. **10.30** 13/21. Brian and Stewie stow away. (S2)
11.00 **American Dad!** 18/22. Roger and Stan go catatonic. (S15)
11.30 **People of Earth** (S2)
12.00 M'T **Family Guy** (S16&11)
1.00 AM **American Dad!** (S2)
2.00 **Family Guy** (S2)
3.00 **American Dad!** (S2)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Saturday

7 PM
8 PM
9 PM
10 PM

E!

123 123 834 156 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
11.00 **News: Daily Pop**
12.00 NOON **Relatively Nat & Liv** Double bill.
2.00 PM **Botched**
4.00 **Hollywood Medium with Tyler Henry**
5.00 **Revenge Body with Khloe Kardashian**
6.00 **Relatively Nat & Liv**
7.00 **News** Showbiz news.
8.00 **Keeping Up with the Kardashians** Khloe's mistrust of her mother's boyfriend resurfaces. **9.00** Kim puts her survival skills to the test.
10.00 **Keeping Up with the Kardashians** Kris allows Kim to take over the Christmas Eve party.
11.00 **Relatively Nat & Liv**
12.00 M'T **Botched**
2.00 AM **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

Sky Arts

122 122 820 122 206

6.00 AM **Darbar Festival**
7.00 **Sons of Vienna**
7.30 **Tales of the Unexpected**
10.00 **Van Gogh: An Exclusive View – From Tate Britain**
11.00 **Discovering: Peter Finch**
12.00 NOON **Discovering: Gene Wilder**
1.00 PM **Discovering: Laurence Harvey**
2.00 **Discovering: Donald Sutherland**
3.00 **Discovering: Dirk Bogarde**
4.00 **Classic Albums**
7.00 **Paul Weller: May Love Travel with You**
8.00 **The History of the Clash**
9.00 **Punk: Attitude**
11.00 **Punk**
1.30 AM **Sex Pistols: There'll Always Be an England**
3.00 **Soundstage Presents: New York Dolls**
4.15 **to 6.00** AM **The Mona Lisa Myth**

4seven

137 143 203 47 110 127

9.00 AM **Come Dine with Me**
11.00 **A New Life in the Sun**
1.00 PM **A New Life in the Sun** Triple bill.
4.00 **The Simpsons** (S1)
6.00 **Ramsay's Kitchen Nightmares USA**
8.00 **George Clarke's Old House, New Home**
9.00 **Holidays from Hell: Caught on Camera** Cameras reveal what can go wrong when a dream holiday turns into a nightmare.
10.00 **First Dates** A septuagenarian woman meets a mechanic who seems more interested in the waiter.
11.05 **The Lateish Show with Mo Gilligan**
12.10 AM **8 Out of 10 Cats Does Countdown**
1.15 **Celebrity Gogglebox**
2.15 **Generation Porn**
3.15 **I Am Nicola** 1/3. (S1)
4.15 **to 4.45** AM **Four in a Bed**

5USA

141/169 153 21 129

8.00 AM **Cruise TV with LoveitBookit**
9.00 **Access**
9.10 **Catch a Contractor**
9.35 **CSI: NY** 12/23. (S6)
10.20 **NCIS: Los Angeles** (S4)
11.15 **Murder, She Wrote**
1.25 PM **Murder, She Wrote**
5.10 **Jesse Stone: Thin Ice** Detective thriller.
7.00 **NCIS: Los Angeles**
9.00 **NCIS: Los Angeles** *The Gold Standard:* 9/24. The team investigate a heist which targeted an armoured car. (S4)
10.00 **Law & Order: Special Victims Unit** *Weak:* 9/23. Benson and Stabler investigate a series of rapes. (S6)
10.55 **Law & Order: Special Victims Unit** (S6)
1.50 AM **Law & Order: Los Angeles** 11/22. (S1)
2.50 **Hannibal** 10/13. (S1)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Access**
8.05 **Celebs on the Ranch**
8.55 **Two and a Half Men**
1.00 PM **Two and a Half Men**
1.30 FILM **Big Momma's House 2** Comedy. (2005, PG, 99min) ★
3.25 FILM **Jupiter Ascending** Sci-fi. (2015, 12, 122min) ★★
5.50 FILM **Leap Year** Romantic comedy. (2009, PG, 96min) ★
7.55 FILM **Maid in Manhattan** Romantic comedy. (2002, PG, 105min) ★★★
10.00 **Wentworth Prison** New episode 8/10. Marie's efforts to have her conviction overturned backfire. (S7)
11.05 FILM **What Happens in Vegas** Romantic comedy. (2008, 12, 94min) ★★
1.00 **to 4.00** AM **Wentworth Prison**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Lovejoy**
11.00 **Sharpe**
1.00 PM **Pie in the Sky**
3.00 **Where the Heart Is**
5.00 **Maisie Raine**
6.00 **Hetty Wainthropp Investigates**
7.00 **WPC 56** *The Wayward Wind:* Tommy struggles to act professionally when Gloria is accused of a crime.
8.00 **The Doctor Blake Mysteries** *Darkness Visible:* Patrick Tyneman's son is arrested for the murder of a freemason.
9.00 **New Tricks** *Deep Swimming:* The team reopen the case into a terrorist's death. **10.20** *Ghosts:* The team reinvestigate the 1956 disappearance of a police officer.
11.40 **Trial & Retribution**
1.15 AM **Ashes to Ashes**
3.15 **to 4.00** AM **Garden Hopping**

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

AMC

186 186 840 332 381

Programmes start at 12noon.

12.00 NOON **FILM 6 Below: Miracle on the Mountain** Adventure with Josh Hartnett. (2016, 12, 98min) ★★★
1.55 PM **Law & Order** (S3)
6.45 **FILM Driven** Action drama starring Sylvester Stallone and Kip Pardue. (2001, PG, 116min) ★★
9.00 **FILM Sin City** Thriller with Bruce Willis and Clive Owen. (2005, 18, 124min) ★★★★
11.25 **FILM The Faculty** Sci-fi horror chiller starring Elijah Wood. (1998, 15, 102min) ★★★
1.25 AM **FILM Four Rooms** Anthology comedy drama starring Tim Roth. (1995, 18, 97min) ★
3.20 **to 5.30** AM **FILM Angel Eyes** Romantic drama with Jennifer Lopez. (2001, 15, 103min) ★★

CBS Drama

147 197 71 134

7.30 AM **Tomorrow's World**
8.00 **Teleshopping**
9.00 **Walker, Texas Ranger**
1.00 PM **Walker, Texas Ranger** (S3)
2.00 **Beyond Belief: Fact or Fiction?**
4.00 **Judge Judy** Ten editions of real-life small-claims cases on issues affecting family life, presided over by former New York judge Judy Sheindlin.
9.00 **Urban Legends**
10.00 **Medium** *Being Joey Carmichael:* 15/16. Allison's dreams help Scanlon find the killer of a drug dealer.
11.00 *Drowned World:* 16/16. Allison helps a couple convinced their house is haunted. (S4)
12.00 M'T *Soul Survivor:* 1/19. Allison's visions identify a dead man as a murderer. (S5)
1.00 AM **Medium** (S5)
3.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **The Key of David**
9.00 **Diagnosis Murder**
1.00 PM **Diagnosis Murder**
2.00 **NCIS** (S6)
7.00 **Donal MacIntyre's Murder Files** Donal MacIntyre interviews former Detective Chief Inspector Clive Driscoll.
8.00 Donal MacIntyre interviews Detective Chief Superintendent Kate Meynell.
9.00 **NCIS** *Crescent City – Part Two:* 19/24. The team track political connections to the murder case.
10.00 *Page Not Found:* 20/24. McGee's girlfriend makes a breakthrough in a controversial case. (S11)
11.00 **NCIS** (S11)
2.00 AM **Ultimate Force**
3.05 **Bonanza** (S13)
4.00 **The High Chaparral**
4.50 **to 6.00** AM **The District**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
5.00 **Evidence of Evil**
7.00 **Medical Detectives** Two men confess to the same murder.
7.30 Forensic science is used to discover the fate of a missing teacher.
8.00 **Unsolved Mysteries** A man accused of a crime that he claimed his twin brother had committed.
9.00 **Snapped: Killer Couples** A couple's desire for thrills took them to deadly heights.
10.00 Featuring a woman's torso washed up on the coast.
11.00 **Snapped: Killer Couples**
3.00 **Troubled Teens: Jail Shock**
3.50 **Dog Patrol**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Wheel of Fortune**
10.00 **Catchphrase**
12.00 NOON **Bruce's Price Is Right** Game show.
1.00 PM **Bruce's Price Is Right** Triple bill.
2.30 **Family Fortunes**
5.00 **Small Talk**
7.00 **The Chase** Four contestants answer general knowledge questions and work as a team to take on ruthless quiz genius The Chaser.
10.00 **Who Wants to Be a Millionaire? Celebrity** Chris Tarrant invites a line-up of famous faces to play for charity.
11.00 **Who Wants to Be a Millionaire? Celebrity**
12.00 M'T **Who Wants to Be a Millionaire? Celebrity**
2.00 AM **Celebrity Who Wants to Be a Millionaire?** Quiz show.
3.00 **to 6.00** AM **The Chase**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Takeshi's Castle**
7.00 **Teleshopping**
9.00 **Takeshi's Castle**
10.00 **Impractical Jokers**
1.10 PM **Impractical Jokers**
3.00 **My Name Is Earl** (S4)
4.00 **Fresh Prince of Bel Air**
6.00 **FILM Arachnophobia** Horror thriller starring Jeff Daniels. (1990, PG, 106min) ★★★
8.00 **Friends** Eight episodes of the sitcom, including at:
11.05 15/18. Rachel starts to worry about relocating to France.
11.35 16/18. The gang throw a going-away party for Rachel. (S10)
12.05 AM **The Ricky Gervais Show** Double bill.
1.05 **Roast Battle**
2.05 **Key & Peele**
3.00 **Tosh.0**
3.20 **Impractical Jokers**
4.20 **Takeshi's Castle**
5.10 **to 6.00** AM **The Fresh Prince of Bel Air**

+1 hour 227

Food Network

140 291 41 148

6.00 AM **Diners, Drive-Ins, And Dives** Double bill.
8.00 **The Pioneer Woman**
11.00 **Barefoot Contessa**
12.00 NOON **Ace of Cakes**
1.00 PM **Restaurant: Impossible**
2.00 **Man v Food with Casey Webb** Eight editions.
6.00 **Beach Bites With Katie Lee** New edition Katie travels to the Bahamas to sample local specialities.
6.30 **Giada on the Beach** New edition Giada puts a West Coast twist on East Coast dishes.
7.00 **Cake Hunters**
8.00 **Jamie Does the French Pyrenees**
9.00 **Man v Food with Casey Webb**
10.00 **Mystery Diners**
12.00 M'T **Restaurant: Impossible**
1.00 **to 3.30** AM **Diners, Drive-Ins, And Dives**

+1 hour 240 149

Good Food

198 198 866 278 279 313 388

6.10 AM **Perfect**
7.00 **Tom Kerridge's Proper Pub Food**
8.00 **Ramsay's Ultimate Cookery Course**
12.00 NOON **Ottolenghi's Mediterranean Island Feast** As 10.00pm.
1.00 PM **30 Minute Meals**
2.00 **Tom's Proper Pub Food**
3.00 **Heston Blumenthal: In Search of Perfection**
4.00 **John Torode's Korean Food Tour**
6.00 **Food Tour of Britain**
8.00 **Rick's Food Heroes: Another Helping**
9.00 **Rick Stein's French Odyssey: Cabin Fever**
10.00 **Ottolenghi's Mediterranean Island Feast** In Corsica.
11.00 **30 Minute Meals**
12.00 M'T **Luke Nguyen's Street Food Asia**
2.00 **Teleshopping**
5.00 **to 6.10** AM **Luke's Street Food Asia**

+1 hour 298 280

Lifetime

164 838 208 329 384

7.00 AM **Judge Judy**
1.10 PM **Judge Judy**
7.00 **Million Dollar Decorators** Martyn travels to Mexico to meet a film producer.
8.00 **Little Women: Atlanta** Final plans are made for Andrea and Chris's wedding and Bri has a bone to pick with Emily.
9.00 **FILM Deadly Lessons** Thriller starring Christie Burson. After their affair is discovered, a college student drops out of school to marry her professor – only to learn he has a dark past. (2017, 15, 92min) ★★
10.45 **The Joy of Sex Toys** Behind the scenes at an online sex-toy retailer.
11.45 The public are challenged to design their own sex toys.
12.45 AM **Hardcore Pawn**
1.15 **to 4.00** AM **Hardcore Pawn**

Paramount Network

153 188 187 54 132

9.00 AM **Access**
9.05 **The Office (US)** (S3)
9.35 **Suits** (S2)
12.20 PM **House** (S3)
4.10 **FILM Fried Green Tomatoes at the Whistle Stop Cafe** Nostalgic drama. (1991, PG, 130min) ★★★★
6.50 **FILM Circle of Friends** Suspense thriller starring Julie Benz and Chris Kramer. (2006, PG, 89min) ★★★
9.00 **Lee Evans: Big – Live at the O2** A performance by the energetic Bristol-born stand-up comedian.
10.00 **Arrow** *Heir to the Demon:* 13/23. Nyssa tries to bring Sara back to the League. (S2)
11.00 **The X-Files** (S7)
12.55 AM **The X-Files** (S7)
3.35 **Lip Sync Battle**
4.20 **Gilmore Girls** (S4)
5.55 **to 6.00** AM **Access**

Quest

144 144 172 217 12 114 167

6.00 AM **What's in the Barn?** Double bill.
7.00 **James May: The Reassembler**
8.00 **Wheeler Dealers**
1.00 PM **Wheeler Dealers**
2.00 **Ice Cold Gold**
3.00 **Mighty Cruise Ships**
4.00 **Aussie Gold Hunters**
5.00 **Fantomworks**
6.00 **Wheeler Dealers**
7.00 **Al Murray's Great British Pub Quiz**
8.00 **Salvage Hunters** Double bill of the series.
10.00 **Sydney Harbour Patrol**
11.00 **Aussie Gold Hunters**
12.00 M'T **Finding Escobar's Millions** Searching Hacienda El Oro, one of Escobar's jungle estates.
1.00 AM **Chasing Classic Cars**
2.00 **Fantomworks**
3.00 **Destroyed in Seconds**
4.00 **Steel Buddies**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.30 **Say Yes... Atlanta**
7.00 **Bondi Vet**
9.00 **My 600lb Life**
1.00 PM **Katie Price: My Crazy Life**
2.00 **Say Yes... UK**
6.00 **Long Island Medium**
8.00 **My Extreme Excess Skin**
9.00 **Murder on CCTV** In 2016 car salesman Hufracio Arteaga is found stabbed to death in his Michigan City office.
10.00 **Copycat Killers**
11.00 **NEW SERIES Family Man, Family Murderer: An Id Murder Mystery**
12.00 M'T **Forensic Detectives**
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Home Away from Home** Home-swapping.
7.00 **Cruise TV**
8.00 **DIY SOS: Homes for Veterans – Part One**
9.00 **DIY SOS: The Big Build**
10.00 **Homes Under the Hammer** Double bill.
12.00 NOON **DIY SOS: The Big Build** Double bill.
2.00 PM **Cops UK: Bodycam Squad**
4.00 **Helicopter ER**
7.00 **DIY SOS: The Big Build**
8.00 **Cops UK: Bodycam Squad**
9.00 **Helicopter ER**
10.00 **Nightwatch: Emergency After Dark**
11.00 **You Asked to See the Monster**
12.00 M'T **Women Behind Bars with Trevor McDonald**
1.00 AM **I Fell for a Psychopath**
2.00 **Teleshopping**
4.00 **Most Haunted**
4.50 **to 6.00** AM **Dr G: Medical Examiner**

Sony Crime

157 193 143

7.00 AM **Body of Evidence**
12.00 NOON **Fear Thy Neighbour**
1.00 PM **Fear Thy Neighbour**
4.00 **Bizarre Murders**
9.00 **Fear Thy Neighbour** A dispute over a shared driveway could prove to be the catalyst for attempted murder.
10.00 A man becomes embroiled in the lives of his tenants.
11.00 The friendship between two families comes to a violent end.
12.00 M'T Petty arguments between two neighbours over tools and rubbish quickly escalate.
1.00 AM Allegations are made against a mother's boyfriend.
2.00 **to 4.00** AM **Fatal Attraction**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **Paddington Stn 24/7**
10.00 **Cruising with Jane McDonald** Triple bill.
1.00 PM **Cruising with Jane McDonald** In Alaska.
2.00 **Ben Fogle: New Lives in the Wild**
4.00 **Secret Scotland**
5.00 **Chris Tarrant: Extreme Railway Journeys**
6.00 **The Garden Of Eden: Revealed**
7.00 **The Queen Mum: The Lost Year**
8.00 **Screaming Mummy: Egypt Unwrapped**
9.00 **Cleopatra: Seductress, Goddess, Murderer, Queen**
11.00 **The Royal Family: Scandals at the Palace**
12.30 AM **Portillo's Hidden History of Britain** (S2)
1.30 **Conspiracy: Faking the Moon Landings**
2.30 **Drain the Ocean**
3.30 **to 4.00** AM **Criminals: Caught on Camera**

5Spike

150 154 31 141

9.00 AM **World Rally Championship Preview Show** The latest news.
9.35 **Criminals: Caught on Camera** CCTV footage.
10.05 **Trucking Hell**
12.05 PM **Can't Pay? We'll Take It Away!**
3.15 **FILM Breakheart Pass** Western murder mystery. (1975, PG, 90min) ★★★
5.10 **FILM Five Card Stud** Western. (1968, PG, 100min) ★★★
7.20 **FILM Ride Out for Revenge** Western adventure. (1957, b/w, U, 78min) ★★
9.00 **FILM End of Days** Action horror thriller. (1999, 18, 121min) ★★
12.00 M'T **FILM Basic** Thriller. (2002, 15, 98min) ★★
2.00 **to 3.00** AM **Killer Weather: Nature Fights Back**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress: Atlanta**
7.30 **Say Yes to the Dress**
1.00 PM **Say Yes to the Dress** Four editions.
3.00 **Lottery Dream Home**
5.00 **Curvy Brides Boutique**
7.00 **Sweet Home Sextuplets**
8.00 **Outdaughtered: Busby Quints**
9.00 **My 600lb Life: Where Are They Now?**
10.00 **My Baby's Face Tumour: Body Bizarre**
11.00 **A Tiger Ate My Face: Body Bizarre**
12.00 M'T **Outdaughtered: Busby Quints**
1.00 AM **My 600lb Life: Where Are They Now?**
2.00 **My Baby's Face Tumour: Body Bizarre**
3.00 **Say Yes to the Dress: Atlanta** Double bill.
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hour 233 169

Blaze

187 187 216 63 162

6.00 AM **Hardcore Pawn**
10.00 **Conspiracy: The Royal Family**
11.00 **Ancient Aliens**
1.00 PM **UFO Files**
3.00 **Forged in Fire**
5.00 **Pawn Stars**
8.00 **Pawn Stars** The team is spellbound when a book signed by Harry Houdini appears in the shop.
8.30 A prop from the movie *Cleopatra* makes for an interesting day at the shop.
9.00 **In Search Of** Superhuman strength.
10.00 **Stan Lee's Superhumans**
11.00 **World's Toughest Prisons** In Ukraine.
12.00 M'T **American Restoration**
2.00 AM **Billy the Exterminator**
3.00 **Bible Secrets Revealed**
5.00 **to 6.00** AM **American Restoration**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Kindig Customs**
9.00 **Fast N' Loud**
11.00 **Misfit Garage**
12.00 NOON **Outback Truckers**
1.00 PM **Combat Dealers**
3.00 **Savage Builds** Adam teams up with Gary Oldman to build one of the deadliest weapons.
4.00 **You Have Been Warned** Viewers' all-time favourite clips. **5.00** The top 20 YouTube clips of homemade stunts.
6.00 **Jeremy Wade's Dark Waters** Jeremy searches for a colossal freshwater beast in Tasmania.

10.00 Master of Arms

7.00 **Naked and Afraid XL** The survivalists embark on several hunts to prepare for their arduous extraction on the horizon.
8.00 **Wheeler Dealers** Mike Brewer and Edd China take another look back over highlights from throughout the series.
9.00 **Deadliest Catch** Josh and Casey haul their all-time biggest pots, starting a gold rush to the Russian Line.
10.00 **Master of Arms** Three craftsmen re-create the armaments that have changed the course of history.
11.00 **World War II in Colour** How Britain remained defiant.
12.00 M'T **Chasing Classic Cars**
1.00 AM **Supertruckers**
2.00 **Kindig Customs**
3.00 **Deadliest Catch** As 9.00pm.
3.50 **Guardians of the Glades**
4.40 **Gold Rush: White Water**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Animal Cops Houston**
12.00 NOON **Pit Bulls & Parolees**
1.00 PM **Pit Bulls & Parolees** Triple bill, including at: **3.00** The most memorable moments of the past year.
4.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff's team help a tiny dog to deliver a large puppy. **5.00** The team offer free veterinary care to poor families in Mexico. **6.00** A client brings in an unusual pet who is fast outgrowing his enclosure.

10.00 Alaska Monsters

7.00 **The Bronx Zoo** An otter has trouble chewing his food. Plus, the keepers share how they care for the zoo's female elephants.
8.00 **The Aquarium** A sea otter is rushed to the health centre and the team are in Key Largo to help the coral restoration project.
9.00 **Homestead Rescue** Amputee Jeff and wife Carol want a liveable home, water, and a place to grow food.
10.00 **Alaska Monsters** The team investigate reports of a giant bear-like creature known as the Northern Giant.
11.00 **Pit Bulls & Parolees** The team members attempt to rescue dogs involved in a dog-fighting ring.
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **Pit Bulls & Parolees**
2.00 **Animal Cops Houston**
4.40 **Escape to Chimp Eden**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **To Catch a Smuggler: JFK Airport** Four editions.
12.00 NOON **To Catch a Smuggler: JFK Airport** Double bill.
2.00 PM **Inside Turkish Airlines**
3.00 **Seconds from Disaster** A plane crash on the M1 in Leicestershire in 1989. **4.00** The crash of a cargo plane in Amsterdam in 1992. **5.00** An investigation into the DC-10 crash at Chicago's O'Hare Airport in 1979.
6.00 **Mayday** An investigation into a Concorde crash in July 2000.

8.00 Terror in the Skies

7.00 **Terror in the Skies** How the reliance on technology in planes could cause pilots to make new kinds of errors.
8.00 **Terror in the Skies** Footage of aviation incidents and near misses, telling stories of survival in the sky.
9.00 **Airport Security: Peru** Featuring a Spanish passenger who is caught carrying 10 kilos of cocaine.
10.00 **Airport Security: Peru** A woman claims that she is pregnant when she is caught carrying cocaine in her body.
11.00 **Airport Security: Peru** Officers uncover a blanket infused with cocaine. **12.00** M'T An elderly lady is shocked when police find drugs in her bag.
1.00 AM **Airport Security: Peru**
4.00 **to 5.00** AM **To Catch a Smuggler: JFK Airport**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **Forged in Fire**
7.00 **Pawn Stars**
8.00 **Vintage Tech Hunters**
10.00 **Lost Worlds**
11.00 **The Railways That Built Britain with Chris Tarrant**
12.00 NOON **Britain's Greatest Bridges** The Humber Bridge.
1.00 PM **Pawn Stars** Six editions.
4.00 **Storage Wars** Four editions.
6.00 **Mega Mechanics** Mechanics set about a bucket wheel gearbox change, but are frustrated by a stubborn bolt on the 23-tonne gearbox.

6.00 Mega Mechanics

7.00 **Digging for Britain** Archaeological finds across the North of Britain including clues to Scotland's first kingdoms.
8.00 **The Moon Landing and the Nazis** Documentary uncovering secrets behind the successful moon landing in July 1969.
9.00 **The Rise and Fall of Pablo Escobar** The search for Pablo Escobar as told by US Drug Enforcement Administration agents, with never-before-seen footage of Escobar's life and capture.
11.00 **Ancient Aliens** What the God Particle reveals about the origins of the world, and if clues to its significance could have been left by aliens.
12.00 M'T **Ancient Aliens**
4.00 AM **Mega Mechanics**
5.00 **to 6.00** AM **Digging for Britain**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Napoleon**
7.10 **Armada – 12 Days to Save England** How the Spanish Armada was defeated.
8.00 **The Normans**
9.00 **Forbidden History**
12.00 NOON **Forbidden History**
1.00 PM **Wild Japan** Triple bill. **4.00** Exploring the wildlife of Japan, beginning with Honshu, Japan's largest island. **5.00** The tropical Southwest Islands in the south of Japan. **6.00** The wildlife of rural Japan's mountains.

6.00 Wild Japan

7.00 **Fleetwood Mac – Don't Stop** Featuring interviews with Mick Fleetwood, John McVie, Stevie Nicks and Lindsey Buckingham.
8.00 **TOTP** Documentary about the change of musical direction in 1978, when pop singles were ousted by disco and punk.
9.00 **Bangers and Cash** A classic car fan with a love of the Jaguar E-Type reluctantly sends his dream car to auction.
10.00 **Bangers and Cash** A widow reluctantly parts with her husband's treasured collection of Rolls Royces.
11.00 **Abandoned Engineering** An elaborate underground complex in Italy that had been abandoned for nearly 2,000 years.
12.00 M'T **War Factories**
1.00 AM **Napoleon**
2.00 **to 3.00** AM **Armada – 12 Days to Save England**

+1 hour 255 200

7 PM
8 PM
9 PM
10 PM

Saturday

Disc. History

171 262

6.00 AM **Building the Biggest** Double bill.
8.00 **Treasure Quest**
10.00 **HMS Ark Royal**
1.00 PM **HMS Ark Royal**
3.00 **Building the Biggest**
5.00 **Treasure Quest**
7.00 **Blowing Up History** New discoveries at a strange prehistoric site reveal dark secrets.
8.00 **Lost Worlds with Monty Halls and Leo Houlding** Documenting natural wonders.
9.00 **After the Climb: Everest** Mountaineers discuss tackling the peak in 2007.
10.00 **Crimes That Shook the World** The hunt for the Suffolk Strangler.
11.00 **Battlefield** RAF losses in the early 1940s.
12.00 M'T **Battlefield**
1.00 **to 6.00** AM **HMS Ark Royal**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Natural World**
10.00 **Frontier Borneo**
11.00 **Wild Arabia**
12.00 NOON **Wild Caribbean**
1.00 PM **Wild Colombia with Nigel Marven**
2.00 **Ten Deadliest Snakes with Nigel Marven**
3.00 **Natural World**
4.00 **Frontier Borneo**
5.00 **Wild Arabia**
6.00 **Wild Caribbean**
7.00 **Wild Colombia with Nigel Marven**
8.00 **Ten Deadliest Snakes**
9.00 **Natural World**
10.00 **Frontier Borneo**
11.00 **Wild Arabia**
12.00 M'T **Wild Caribbean**
1.00 AM **Wild Colombia with Nigel Marven**
2.00 **Ten Deadliest Snakes**
3.00 **Natural World**
3.50 **Frontier Borneo**
4.40 **Wild Caribbean**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Mammoth: Back from the Dead**
9.00 **Wild Way of the Vikings**
10.00 **Mammoths Unearthed**
11.00 **Paranatural**
12.00 NOON **Beast Man**
2.00 PM **Wild Way of the Vikings**
3.00 **Monster Fish**
6.00 **The Monster Project**
7.00 **Legend of the Giant Squid**
8.00 **Mammoth: Back from the Dead**
9.00 **Rise of Croczilla** Investigating large saltwater crocodiles.
10.00 **Rise of Dragonzilla** Exploring the habits of Komodo dragons.
11.00 **Rise of Snakezilla**
12.00 M'T **Wild Way of the Vikings**
1.00 AM **The Monster Project** Chupacabra.
2.00 **Beast Man**
4.00 **to 5.00** AM **Wild Way of the Vikings**

History 2

163 273 330 390

8.00 AM **Ancient Aliens**
10.00 **WW2 Treasure Hunters** Double bill.
12.00 NOON **The Curse of Oak Island**
2.00 PM **Alien Files: Unsealed** Four editions.
4.00 **Ancient Aliens**
7.00 **Football: A Brief History by Alfie Allen**
8.00 **Doomsday: 10 Ways the World Will End** A look at what might happen if a ringed planet was on a collision course with Earth.
9.00 **X-Company** Double bill of the World War Two espionage drama following five highly skilled recruits.
11.00 **Ancient Impossible**
12.00 M'T **The Curse of Oak Island** Double bill.
2.00 AM **WW2 Treasure Hunters** Double bill.
4.00 **to 5.00** AM **Alien Files: Unsealed**

PBS America

174 276 91 155

8.00 AM **Trump's Trade War**
9.15 **The Mueller Investigation**
10.20 **Steve McQueen: Desert Racer**
11.30 **The Private Lives of Medieval Kings**
3.15 PM **The Greatest Knight** William Marshal.
4.30 **The Private Lives of Medieval Kings**
8.15 **The Greatest Knight** As shown at 3.15pm.
9.25 **Thai Cave Rescue** The operation to save 12 boys and their coach in 2018.
10.35 **Trump's Trade War** The US president's gamble in confronting China over trade.
11.40 **The Mueller Investigation** The probe into Russian meddling in the 2016 US presidential election.
12.55 **to 2.00** AM **Steve McQueen: Desert Racer**

CI

156 156 835 209 328 380

6.00 AM **On the Case with Paula Zahn**
8.00 **Killer In Plain Sight**
9.00 **Motives & Murders**
10.00 **Motive to Murder**
11.00 **Murdertown**
12.00 NOON **The First 48**
1.00 PM **Crimes That Shook Britain** Double bill.
3.00 **Town & Country Murder**
4.00 **Homicide: Hours to Kill**
5.00 **Homicide Hunter**
6.00 **999: Killer on the Line**
7.00 **Snapped**
8.00 **Dating App Horrors: The Untold Story**
9.00 **Sex, Lies and Murder**
10.00 **I Lived with a Killer**
11.00 **24 to Life**
12.00 M'T **Escaping Evil: My Life in a Cult**
1.00 AM **Snapped**
2.00 **Sex, Lies and Murder**
3.00 **Crimes That Shook Britain** Double bill.
5.00 **to 6.00** AM **The First 48**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

SATURDAY Films

Saturday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Eternal Love** Comedy. (2018, 15, 95min) ★★★★
7.45 **The Little Stranger** As 12m't.
9.45 **Yesterday: Special**
10.15 PREMIERE **Smallfoot**
12.00 NOON **Johnny English Strikes Again** As 8.00pm.
1.45 PM **First Man** As 9.35pm.
4.10 **Damsel** Comedy Western. (2018, 15, 113min) ★★
6.15 PREMIERE **Smallfoot** Animation. (2018, PG, 96min) ★★★ *See review, page 19*

6.15 Smallfoot

8 PM 8.00 **Johnny English Strikes Again** Spy comedy with Rowan Atkinson. A sinister cyber attack sees the hapless secret agent sent on an adventure in the South of France. (2018, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM 9.35 **First Man** Drama starring Ryan Gosling and Claire Foy. A look at the life of astronaut Neil Armstrong, and the space mission that led him to become the first man to walk on the moon. (2018, 12, 141min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM 12.00 M'T **The Little Stranger** Horror with Domhnall Gleeson. (2018, 12, 111min) ★★★
2.00 AM **Overlord** Action thriller. (2018, 18, 110min) ★★★
3.55 **Lifechanger** Horror thriller. (2018, 15, 84min) ★★★
5.30 **to 6.00** AM **Yesterday: Special**

11 PM

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.15 AM **Tinker Bell** (2008) ★★★
7.35 **Tinker Bell and the Secret of the Wings** (2012) ★★★
8.55 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
10.35 **One Hundred and One Dalmatians** As 10.00pm.
12.05 PM **Incredibles 2** As 8.00pm.
2.05 **A Wrinkle in Time** (2018) ★★
4.00 **The Princess Diaries**
6.00 **The Princess Diaries 2: Royal Engagement** Comedy. (2004, U, 113min) ★★

4.00 The Princess Diaries

8.00 **Incredibles 2** Animation featuring the voices of Holly Hunter and Craig T Nelson. The superheroes face a new enemy in the form of Screenslaver, while Mr Incredible copes with being a stay-at-home dad. (2018, PG, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **One Hundred and One Dalmatians** Animated adventure with the voice of Rod Taylor. (1961, U, 71min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.30 **The Princess Diaries** Comedy starring Julie Andrews, Anne Hathaway and Hector Elizondo. (2001, U, 115min) ★★★
1.35 AM **The Princess Diaries 2: Royal Engagement** As 6pm.
3.40 **The Santa Clause** Festive comedy starring Tim Allen. (1994, U, 98min) ★★★★
5.20 **to 6.30** AM **Recess: All Growed Down** Animated comedy with the voices of Jason Davis and Myles Jeffrey.

Sky Animation

305 305 846 436 406 505

6.40 AM **Cats** (2018) ★★★
8.30 **Racetime** (2018) ★★★
10.05 **Ice Age 3: Dawn of the Dinosaurs** As 4.45pm.
11.50 **The Lion King** As 6.25pm.
1.25 PM **Cloudy with a Chance of Meatballs** As 8.00pm.
3.00 PREMIERE **Smallfoot** Animation. (2018, PG) ★★★
4.45 **Ice Age 3: Dawn of the Dinosaurs** (2009) ★★★
6.25 **The Lion King** Animation. (1994, PG, 88min) ★★★★★

9.40 The Ant Bully

8.00 **Cloudy with a Chance of Meatballs** Animated comedy with the voices of Bill Hader and Anna Faris. A young inventor creates a machine that turns rainfall into food. (2009, U, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Ant Bully** Animated adventure with the voice of Julia Roberts. A young boy learns some valuable lessons after he is shrunk to the size of an ant. (2006, U, 89min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.15 **Anastasia** Animated musical adventure featuring the voices of Meg Ryan and John Cusack. (1997, U, 94min) ★★★
1.00 AM **Dr Seuss' The Lorax** Animated comedy featuring the voice of Danny DeVito. (2012, U, 82min) ★★★
2.40 **The Oddsockeaters** Animated adventure. (2016, PG, 83min) ★★★
4.20 **to 6.00** AM **The Ant Bully** Animation, as 9.40pm.

Sky Action

306 306 847 437 407 502

6.00 AM **The Fast and the Furious**
7.50 **2 Fast 2 Furious** As 8.00pm.
9.40 **The Fast and the Furious: Tokyo Drift** As 10.00pm.
11.30 **Fast & Furious** As 12.00m't.
1.25 PM **Dwayne Johnson on Fast & Furious 5** As 1.55am.
1.30 **Fast & Furious 5** As 2.00am.
3.45 **Fast & Furious 6** Thriller. (2013, 12, 128min) ★★★
6.00 **The Fast and the Furious** Action thriller with Vin Diesel. (2001, 15, 107min) ★★★

3.45 Fast & Furious 6

8.00 **2 Fast 2 Furious** Action thriller sequel starring Paul Walker and Tyrese. A former cop and his ex-con friend set out to clear their names of past disgraces by going undercover to infiltrate the world of a drugs baron. (2003, 12, 108min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Fast and the Furious: Tokyo Drift** Thriller with Lucas Black. After relocating to Japan, a rebellious American teenager gets involved in the local car racing scene. (2006, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Fast & Furious** Thriller. (2009, 12, 107min) ★★★
1.55 AM **Dwayne Johnson on Fast & Furious 5**
2.00 **Fast & Furious 5** Thriller. (2011, 12, 130min) ★★★
4.15 **to 6.00** AM **Turbo: A Power Rangers Movie** Children's fantasy. (1997, PG, 99min) ★

Sky Comedy

307 307 848 438 408 506

6.50 AM **Pitch Perfect** Comedy. (2012, 12, 112min) ★★★★
8.50 **You Don't Mess with the Zohan** Slapstick comedy. (2008, 12, 112min) ★★★
10.50 **Night School** As 8.00pm.
12.50 PM **Superbad** As 11.35pm.
2.50 **Bruce Almighty** Comedy. (2003, 12, 96min) ★★★
4.40 **Johnny English Strikes Again** Comedy, as 10.00pm.
6.20 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★

8.00 Night School

8.00 **Night School** Comedy with Kevin Hart. Seventeen years after dropping out of high-school, a salesman finds himself unemployed. In the hope of getting a job, he and a band of troublesome adults attend night classes. (2018, 15, 111min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Johnny English Strikes Again** Comedy with Rowan Atkinson. The spy hunts a hacker. (2018, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.35 **Superbad** Raunchy teen comedy starring Jonah Hill. (2007, 15, 108min) ★★★★
1.35 AM **Ghostbusters** Spooky comedy with Bill Murray. (1984, 12, 105min) ★★★★
3.25 **The Wedding Guest** Comedy starring Justin Long, Cobie Smulders and Ryan Hansen. (2018, 15, 105min) ★★
5.10 **to 7.00** AM **The First Wives Club** Comedy. (1996, PG, 102min) ★★★

primetime

Sky Megahits

302 302 843 433 403

6.00 AM **The Amazing Spider-Man 2**
8.30 **Pretty Woman** Comedy. (1990, 15, 117min) ★★★★
10.45 **Avengers: Infinity War** Fantasy, as shown at 2.20am.
1.30 PM **The Amazing Spider-Man** Fantasy with Andrew Garfield. (2012, 12, 136min) ★★★
4.00 **The Amazing Spider-Man 2** Superhero adventure sequel. (2014, 12, 142min) ★★★

6.30 **Batman Begins** Comic-book thriller tracing the origins of Batman, starring Christian Bale. Billionaire Bruce Wayne creates a formidable alter ego to strike fear into the crooks and thugs of crime-riddled Gotham City. (2005, 12, 140min) ★★★★★
9.00 **The Dark Knight** Comic-book action thriller starring Christian Bale and Heath Ledger. Masked vigilante Batman encounters a dangerous new adversary. (2008, 12, 152min) ★★★★

11.35 **The Dark Knight Rises** Fantasy. (2012, 12, 164min) ★★★★
2.20 AM **Avengers: Infinity War** Fantasy. (2018, 12) ★★★
5.00 **Extremely Wicked, Shockingly Evil and Vile: Special**
5.30 **to 6.00** AM **Black Panther: Special**

Sky School's Out

303 303 844 434 404 508

6.00 AM **American Reunion**
8.00 **Diary of a Wimpy Kid**
9.45 **The Top Ten Show**
10.00 **Ferris Bueller's Day Off**
12.00 NOON **Slaughterhouse Rulez**
2.00 PM **Grease** As 10.00pm.
4.00 **Grease 2** Musical sequel. (1982, PG, 109min) ★
6.00 **Ferris Bueller's Day Off** Teen comedy with Matthew Broderick. (1986, 12, 103min) ★★★★★

8.00 **Slaughterhouse Rulez** Comedy horror starring Asa Butterfield and Simon Pegg. A boarding school becomes a battleground when a strange sinkhole appears at a nearby fracking site. (2018, 15, 104min) ★★★
10.00 **Grease** Musical starring John Travolta and Olivia Newton-John. An Australian teenager at a 1950s California high school falls in love with the tough-talking leader of the T-Birds gang. (1978, PG, 110min) ★★★★

12.00 M'T **Grease 2** Musical sequel. (1982, PG, 109min) ★
2.05 AM **American Reunion** Raunchy comedy sequel. (2012, 15, 108min) ★★
4.10 **to 6.00** AM **Diary of a Wimpy Kid** Children's comedy. (2010, PG, 92min) ★★★

TCM

315 854 415 416 512 526

6.00 AM **Hollywood's Best Film Directors** Double bill.
7.00 **The Captive Heart** War drama. (1946, b/w, PG, 108min) ★★★★
9.05 **Cattle Town** (1952) ★★
10.35 **The Quick Gun** (1964) ★★
12.30 PM **The Searchers** Western. (1956, U, 114min) ★★★★★
3.00 **The Wild and the Innocent** Western. (1959, PG, 84min) ★★
4.55 **The Man from Galveston** (1963)

6.15 **The Day of the Jackal** Thriller starring Edward Fox as a cold-blooded assassin hired to kill French president Charles de Gaulle in 1962. Based on the novel by Frederick Forsyth. (1973, 15, 142min) ★★★★★
9.00 **The Game** Psychological thriller starring Michael Douglas and Sean Penn. A self-obsessed investment banker finds his life turned upside down when he begins playing a bizarre game. (1997, 15, 128min) ★★★

11.35 **Dune** Sci-fi. (1984, 15) ★★★
2.05 AM **Longmire**
3.25 **Ten Little Indians** Mystery thriller. (1989, 15, 96min) ★★
5.00 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **The Captain's Table** (1936)
7.10 **Hawkeye & the Last of the Mohicans**
7.40 **Glimpses: Kent in the 1970s**
8.00 **The Flemish Farm** (1943) ★★
9.40 **The Big Job** (1965) ★★
11.25 **Laughing Gravy** (1931) ★★★
12.00 NOON **Flockton Flyer**
12.30 PM **Child's Play** (1954) ★★
1.50 **Hell Drivers** (1957) ★★★
4.00 **Robbery Under Arms** (1957)

6.00 **For Those In Peril** War drama. (1944, b/w, PG, 64min) ★★
7.20 **Crooks in Cloisters** Comedy with Ronald Fraser, Barbara Windsor, Bernard Cribbins. A gang of forgers hide out in a monastery. (1963, U, 97min) ★★★
9.20 **Oklahoma Crude** Melodrama with Faye Dunaway and George C Scott. A woman struggles to keep her oil well from the clutches of a predatory tycoon, so she enlists a drifter to defend her land. (1973, PG, 112min) ★★

11.35 **The Cat and the Canary** Comedy chiller. (1978, 15, 98min) ★★
1.35 AM **Bigger Than Life** Melodrama. (1956, 12) ★★★★
3.35 **Glimpses: of The History of Women in Film**
4.05 **to 6.00** AM **I Lived with You** Drama. (1933, b/w, U) ★★★

Horror

317 149 70 138

8.00 AM **Sharknado** Shark-attack thriller. (2013, 15, 86min) ★★
9.50 **Horror Highlights**
10.00 **Earth: Final Conflict**
3.00 **pm Lost in the Bermuda Triangle** Sci-fi starring Graham Beckel. (1999, PG, 86min) ★
4.50 **Journey to the Center of the Earth** Sci-fi with Greg Evigan, Dedee Pfeiffer and Jennifer Renée. (2008, 12, 87min) ★

6.35 **Lost City Raiders** Sci-fi adventure starring James Brolin. A group of treasure hunters roam the seas searching for relics from the past after the global ice caps melt leaving most of the world under water. (2008, 12, 90min) ★★
8.30 **Tales from the Darkside**
9.00 **Beneath** Horror starring Kelly Noonan. Miners are trapped underground as toxic chemicals in the air drive them to madness. (2013, 15, 86min) ★★

10.50 **Quarries** Horror. (2016) ★★
12.35 AM **The Facility** Horror. (2012, 18, 79min) ★★
2.20 **The Fog** Horror chiller remake. (2005, 15, 99min) ★★
4.20 **to 4.30** AM **Horror Highlights**

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 439 409 509

6.40 AM **The Sugarland Express** Steven Spielberg comedy. (1974, PG, 110min) ★★★
8.40 **Minority Report** As 6.30pm.
11.10 **Black Butterfly** Thriller. (2017, 15, 90min) ★★★
12.45 PM **Damascus Cover** Mystery thriller. (2017, 15, 93min) ★★
2.20 **Red Sparrow** As 11.15pm.
4.45 **Salt** Thriller. (2010, 12) ★★★
6.30 **Minority Report** Steven Spielberg's sci-fi thriller. (2002, 12, 145min) ★★★★

11.15 Red Sparrow

Minority Report (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Jack Reacher** Action thriller starring Tom Cruise. Former military cop Jack Reacher uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. With Rosamund Pike. (2012, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Red Sparrow** Spy thriller starring Jennifer Lawrence. (2018, 15, 140min) ★★★
1.35 AM **Sudden Impact** Crime thriller starring Clint Eastwood. (1983, 18, 117min) ★★
3.35 **Outlaws** Crime thriller with Ryan Corr and Abbey Lee. (2017, 18, 92min) ★★
5.20 **to 7.05** AM **Sam Churchill: Search for a Homeless Man** Thriller with John Schneider. (1997, PG, 88min) ★★

Sky Drama

309 309 850 440 410 511

6.05 AM **All the Right Moves**
7.45 **Footloose** Teen musical. (2011, 12, 113min) ★★★
9.45 **That Good Night** (2017) ★★
11.25 **The Breakfast Club** Comedy. (1984, 15, 97min) ★★★★★
1.10 PM **I Can Only Imagine** Drama. (2018, PG) ★★
3.10 **The Curious Case of Benjamin Button** Drama. (2008, 12, 159min) ★★★★
6.00 **The Leisure Seeker** Drama. (2017, 15, 110min) ★★★

10.05 Wall Street: Money...

8.00 **Battle of the Sexes** Comedy drama starring Emma Stone. Women's tennis champion Billie Jean King takes up the challenge of former men's champ Bobby Riggs to a winner-takes-all match. (2017, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Wall Street: Money Never Sleeps** Oliver Stone's business drama sequel starring Michael Douglas. A disgraced financier seeks to regain his fortune and reconcile with his daughter during the 2008 financial crash. (2010, 12, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Ingrid Goes West** Drama (2017, 15, 98min) ★★★★
2.10 **Saturday Night Fever** Drama. (1977, 18, 119min) ★★★★
4.15 **to 6.55** AM **Empire of the Sun** Drama. (1987) ★★★★

Sky Sci-Fi/Horror

310 310 851 441 411 507

6.00 AM **Batman** (1966) ★★★★
8.00 **Evolution** As 5.15pm.
9.45 **The Top Ten Show**
10.00 **The Jurassic Games** As 4am.
11.30 **Gravity** As shown at 7.15pm.
1.15 PM **E.T. The Extra Terrestrial**
3.15 **The Top Ten Show**
3.30 **The First Purge** Thriller. (2018, 15, 98min) ★★
5.15 **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★
7.15 **Gravity** Space thriller. (2013, 12, 91min) ★★★★

7.15 Gravity

Gravity (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy starring Henry Thomas and Drew Barrymore. A young LA boy befriends an alien who has been left behind by his spaceship. With Dee Wallace. (1982, U, 114min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Hostel** Horror starring Jay Hernandez. Three backpackers visit a hedonistic Slovakian inn. (2005, 18, 93min) ★★
12.40 AM **Lifechanger** Horror thriller starring Lora Burke. (2018, 15, 84min) ★★★
2.10 **The First Purge** As 3.30pm.
4.00 **The Jurassic Games** Sci-fi thriller with Ryan Merriman. (2016, 15, 86min) ★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Select

311 311 852 442 412 510

7.00 AM **Room for Rent** Comedy. (2017, 15, 89min) ★★
8.35 **Permanent** (2017) ★★
10.15 **Modern Life Is Rubbish** Comedy. (2016, 15) ★★
12.05 PM **Patti Cake$** Drama. (2017, 15, 109min) ★★★
2.00 **The Italian Job** Crime caper. (1969, PG, 100min) ★★★★★
3.45 **Hostiles** Western drama. (2017, 15, 130min) ★★★★
6.00 **Leave No Trace** Drama. (2018, 12, 109min) ★★★★★

8.00 O Brother, Where Art...

8.00 **O Brother, Where Art Thou?** Offbeat period comedy from the Coen brothers starring George Clooney and John Turturro. In the 1930s, three men escape from a chain gang and set out to recover some hidden loot. (2000, 12, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Se7en** Dark thriller with Brad Pitt and Morgan Freeman. A veteran homicide detective and his young partner pursue a serial killer. (1995, 18, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **He Got Game** Drama starring Denzel Washington. (1998, 15, 136min) ★★
2.30 **The Thing** Sci-fi thriller starring Kurt Russell. (1982, 18, 108min) ★★★★
4.25 **to 6.15** AM **The Odd Couple** Classic Neil Simon comedy starring Jack Lemmon. (1968, PG, 105min) ★★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Snoopy and Charlie Brown: The Peanuts Movie** Animation. (2015, U) ★★★
12.45 PM **Ice Age** Animation. (2002, U, 81min) ★★★★
2.25 **Puss in Boots** Animation. (2011, U, 90min) ★★★★
4.10 **Mrs Doubtfire** Comedy. (1993, PG, 125min) ★★★★
6.35 **The Second Best Exotic Marigold Hotel** Comedy drama. (2015, PG) ★★★

4.10 Mrs Doubtfire

The Second Best Exotic Marigold Hotel (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Other Woman** Comedy, starring Cameron Diaz, Leslie Mann and Kate Upton. A woman discovers her boyfriend is married, and joins forces with his wife and a third lover to get revenge. (2014, 12, 107min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **The Gift** Thriller starring Rebecca Hall and Jason Bateman. A couple have a series of troubling encounters with the husband's old schoolfriend that bring dark secrets to the surface. (2015, 15, 105min) ★★★★
1.20 **to 3.45** AM **Kill Zone 2** Action thriller sequel. (2015, 15, 118min) ★★★★

+1 hour 314 430 45 301

Saturday

8 PM | 9 PM | 10 PM | 11 PM

True Movies

319 424 50 303

6.00 AM **Highway to Heaven**
7.00 **The Waltons** Four episodes.
11.00 **Love Takes Wing** (2009) ★★★
1.00 PM **Sherlock Holmes and the Incident at Victoria Falls** 1&2/2 Mystery with Christopher Lee and Patrick Macnee. The detective escorts the world's most precious diamond.
5.00 **Sherlock Holmes and the Leading Lady** 1/2

7.00 **Sherlock Holmes and the Leading Lady** 2/2. Mystery with Christopher Lee and Patrick Macnee. The detective searches for a stolen bomb, leading to a run-in with an old foe. Also with Morgan Fairchild.
9.00 **The Hound of the Baskervilles** Sherlock Holmes adventure with Ian Richardson as Conan Doyle's great detective, investigating the mysterious death of Sir Charles Baskerville. With Donald Churchill and Denholm Elliott.

11.00 **A Question of Guilt** Legal drama. (1978, 12, 104min) ★
1.00 AM **The Waltons** Double bill.
3.00 **The Avengers** Double bill.
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Lies and Deception** Thriller. (2005, PG, 82min) ★
10.40 **911 Nightmare** (2015) ★★
12.20 PM **Matilda** Children's fantasy. (1996, PG, 98min) ★★★★
2.25 **I Spy** Espionage comedy. (2002, 12, 96min) ★★★
4.20 **Charlie's Angels: Full Throttle** Action comedy thriller sequel starring Cameron Diaz. (2003, 12, 106min) ★

6.15 **xXx** Espionage thriller starring Vin Diesel as a rebellious extreme sports fanatic who is recruited by America's secret services and sent to Prague on a dangerous mission. With Asia Argento and Samuel L Jackson. (2002, 12, 124min) ★★
9.00 **xXx2: The Next Level** Action thriller sequel starring Ice Cube as a disgraced former Marine who escapes from prison to foil a plot to kill the US president. (2005, 12, 101min) ★★

11.05 **How I Spent My Summer Vacation** Thriller. (2012) ★★★★
1.10 **21 Grams** (2003) ★★★★
3.40 **The Water Horse** Fantasy. (2007, PG, 107min) ★★★
5.50 **to 6.00** AM **Sony Movie News**

+1 hour 322

Movies 24

325 419 513

7.00 AM **All of My Heart: The Wedding** Romance. (2018) ★★
9.00 **Royal New Year's Eve** Drama. (2017, U, 84min) ★★
11.00 **A Brush with Love** Romantic drama. (2019, PG, 84min) ★★
1.00 PM **A Very Country Wedding** Drama. (2019, PG, 90min) ★★
3.00 **PREMIERE Love, Take Two** Drama. (2019, PG, 120min) ★★
5.00 **A Winter Princess** (2019) ★★

7.00 **Cooking with Love** Romantic comedy starring Ali Liebert. TV producer Kelly is faced with the unexpected when a hot-headed chef becomes the new host of her cooking show. (2018, PG, 90min) ★★
9.00 **Frozen in Love** Romance starring Rachael Leigh Cook. Rebellious hockey player Adam and struggling bookshop owner Mary must work together to help rehabilitate each other's image. (2018, PG, 84min) ★★

11.00 **June in January** Romantic comedy. (2014, PG, 72min) ★★
1.00 AM **Love on Ice** Romantic drama. (2017, PG, 84min) ★★
3.00 **to 5.00** AM **Love's Last Resort** Romance. (2017, PG) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **The Body Snatcher** Horror. (1945, b/w, PG, 79min) ★★★
7.35 **The Day Time Ended** Sci-fi thriller. (1979, 15, 76min) ★
9.05 **The Texas Rangers** Western. (1951, U, 75min) ★★★
10.45 **Relentless** Western. (1948) ★★
12.40 PM **Trail Street** Western. (1947, b/w, U, 85min) ★★
2.25 **Doc West** 1&2/2 Western adventure starring Terence Hill.

6.25 **Fort Apache** John Ford's cavalry Western with John Wayne and Henry Fonda. An embittered commander leads his men into a deadly confrontation. (1948, b/w, U, 127min) ★★★★
9.00 **Sniper: Ghost Shooter** Thriller starring Billy Zane, Chad Michael Collins and Dennis Haysbert. A pair of elite snipers protect a pipeline in the Middle East from terrorists – only to come up against an unknown shooter. (2016, 15, 99min) ★★

11.05 **Replicant** Sci-fi action thriller. (2001, 18, 96min) ★
1.05 AM **Sniper Elite** Sci-fi thriller. (2014, 15, 91min) ★★
2.55 **to 4.00** AM **Future Combat Aircraft**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.00 PM **Arachnophobia** *Comedy Central Extra* ★★★
6.45 **Driven** *AMC* ★★
6.50 **Groundhog Day** *Syfy* ★★★★★
6.50 **Circle of Friends** *Paramount Network* (HD) ★★★
7.15 **Jurassic Park III** *ITV2* ★★★
7.15 **Madagascar** *E4* (HD) ★★★
7.20 **Ride Out for Revenge** *5Spike* Western thriller. (HD) ★★
7.55 **Maid in Manhattan** *5STAR* ★★★
8.00 **Teenage Mutant Ninja Turtles: Out of the Shadows** *Channel 4* Fantasy adventure. (HD) ★★★
8.00 **The Incredible Hulk** *ITV4* ★★★
9.00 **Con Air** *Sky1* (HD) ★★
9.00 **Sin City** *AMC* ★★★★
9.00 **Dodgeball: A True Underdog Story** *E4* (HD) ★★★★
9.00 **End of Days** *5Spike* (HD) ★★
9.00 **Just Go With It** *Comedy Central* Comedy. (HD) ★
9.00 **The Abyss** *Syfy* ★★★★
9.00 **Deadly Lessons** *Lifetime* ★★
10.05 **Die Another Day** *ITV* ★★★
10.10 **Pitch Perfect 2** *C4* ★★★
10.15 **The Departed** *ITV4* (HD) ★★★
10.20 **Avengers: Age of Ultron** *BBC1* Action fantasy. (HD) ★★★
10.50 **Hello Quo** *BBC4* (HD) ★★★

SATURDAY Sport

SKY HD SD VIRGIN HD BT HD

27 July

Sky Sports Main Event

401 401 855 511 501 402 437

6.00 AM **Good Morning Sports Fans**
8.00 **LIVE Rugby Championship New Zealand v South Africa.**
10.30 **LIVE Test Cricket England v Ireland.** The fourth and final day of the one-off Test from Lord's.
1.00 PM **LIVE LPGA Tour Golf** The third day of the Evian Championship at the Evian Resort Golf Club in south-east France.
2.00 **LIVE Formula 1** Coverage of the German Grand Prix qualifying session from Hockenheimring.
3.45 **The F1 Show**
4.15 **LIVE Test Cricket England v Ireland.** The fourth and final day of the one-off Test from Lord's.
6.30 **Sky Sports Tonight**
7.00 **LIVE World Matchplay Darts** Coverage of day eight from the Winter Gardens in Blackpool.
10.00 **LIVE World Golf Championships** Day three of the Fedex St Jude Invitational at TPC Southwind in Memphis.
11.00 **Sky Sports News**
2.00 AM **LIVE Fight Night International Maurice Hooker v Jose Ramirez.**
5.30 **to 6.00** AM **Sporting Greats**

Sky Sports Premier League

402 402 856 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Best Goals** A look at some memorable strikes.
10.00 **Premier League 100 Club** A profile of a top-flight legend.
11.00 **Premier League Legends**
12.00 NOON **PL: Title Race Highlights** Football action.
2.00 PM **Premier League Years** Classic games, infamous blunders and moments of skill from seasons past, all set to a specially selected soundtrack from the time.
4.00 **PL: Title Race Highlights** Action from top-flight fixtures.
6.00 **Premier League 100 Club** A profile of a top-flight legend.
7.00 **Premier League Legends**
8.00 **PL: Title Race Highlights**
10.00 **Gary Neville's Soccerbox** The presenter talks to a fellow former Premier League player.
11.00 **Premier League Years** Classic games, infamous blunders and moments of skill from seasons past, all set to a specially selected soundtrack from the time.
3.00 AM **Premier League Best Goals** A look at some memorable strikes.
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 513 503

6.00 AM **EFL Greatest Games**
7.00 **EFL Goals: Championship**
8.00 **Football Countdowns**
9.00 **EFL Goals: Championship**
12.00 NOON **EFL Goals: Leagues 1 & 2** A round-up of recent action.
2.30 PM **EFL Goals: Championship**
6.30 **EFL Goals: Championship**
7.30 **MLS Round-Up Show** A review of the latest round of Major League Soccer fixtures.
8.00 **Football's Greatest Players** The lives and careers of some of world football's superstars.
8.30 **EFL Goals: Leagues 1 & 2**
10.30 **MLS Round-Up Show** A review of the latest round of Major League Soccer fixtures.
11.00 **Football's Greatest Players** The lives and careers of some of world football's superstars.
12.00 M'T **Football Years**
1.00 AM **LIVE MLS Chicago Fire v DC United.** The Eastern Conference clash from SeatGeek Stadium. Kick-off **1.00am**.
3.05 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **Football Countdowns**
5.00 **Football's Greatest Players**
5.30 **to 6.00** AM **Football Years**

Sky Sports Cricket

404 404 858 514 504

6.00 AM **Test Cricket** England v Ireland: Action from the third day at Lord's.
7.00 **Cricket Debate**
7.30 **Test Cricket** As 9.00am.
8.30 **Cricket Debate**
9.00 **Test Cricket** England v Ireland: Action from the third day of the one-off Test from Lord's.
10.00 **Cricket Debate**
10.30 **LIVE Test Cricket England v Ireland.** Coverage of the fourth and final day of the one-off Test from Lord's.
6.55 PM **LIVE Vitality T20 Blast Cricket Essex Eagles v Gloucestershire.** Coverage of the South Division match from The County Ground in Chelmsford.
10.00 **Test Cricket** England v Ireland: Action from the fourth and final day of the one-off Test from Lord's.
11.00 **Cricket Debate**
11.30 **Test Cricket** England v Ireland: Action from the fourth and final day of the one-off Test from Lord's.
12.30 AM **Cricket Debate**
1.00 **Vitality T20 Blast Cricket** Essex Eagles v Gloucestershire.
4.05 **Test Cricket**
5.00 **Cricket Debate**
5.30 **to 6.00** AM **ICC Cricket 360**

Sky Sports Golf

405 405 859 515 505

6.00 AM **Challenge Tour Golf**
6.30 **European Seniors Golf** Action from day two of the Senior Open Championship at Royal Lytham.
8.00 **LPGA Tour Golf** Action from day two of the Evian Championship.
9.00 **World Golf Championships** Action from day two of the Fedex St Jude Invitational from TPC Southwind in Memphis.
11.00 **LIVE LPGA Tour Golf** The third day of the Evian Championship at the Evian Resort Golf Club in south-east France.
4.30 PM **LIVE European Seniors Tour Golf** The third day's play of the Senior Open Championship from Royal Lytham in Lancashire.
7.00 **LIVE World Golf Championships** Day three of the Fedex St Jude Invitational at TPC Southwind in Memphis.
11.00 **LPGA Tour Golf** Action from day three of the Evian Championship.
12.00 M'T **European Seniors Golf**
2.30 AM **LPGA Tour Golf**
3.30 **Feherty Talks To**
4.30 **Chronicles of a Champion Golfer** A profile of Rory McIlroy.
5.00 **to 6.00** AM **Feherty Talks To**

BT Sport 1

413 413 867 527 408 430

7.30 AM **LIVE AFL West Coast Eagles v North Melbourne. Kangaroos.** Coverage from Optus Stadium. Bounce-up **7.35am**.
10.30 **LIVE AFL Port Adelaide Power v GWS Giants.** Coverage of the match from the 19th round of fixtures at Adelaide Oval. Bounce-up **10.40am**.
1.30 PM **Sport in Focus: Danny Cipriani**
1.45 **BT Sport Reload**
2.00 **No Filter Boxing**
2.30 **WTA All Access**
3.00 **LIVE WTA Tennis** Coverage of the semi-finals of the Baltic Open in Jurmala, Latvia.
7.00 **Premier League 100: Andy Cole** The career of the striker.
7.30 **Classic Premier League**
9.30 **UFC NOW** Magazine show.
10.30 **UFC 240: Inside the Octagon**
11.00 **UFC 240: Countdown**
12.00 M'T **UFC on ESPN**
1.00 AM **LIVE UFC** Coverage of the prelims at UFC 240 from Rogers Place in Edmonton, Canada.
3.00 **to 7.00** AM **LIVE UFC Max Holloway v Frankie Edgar.** From Rogers Place in Edmonton.

BT Sport 2

414 414 868 528 409 431

6.00 AM **Sailing to Tokyo**
6.30 **BT Sport Reload**
6.45 **LIVE Virgin Australia Supercars** Coverage of race 19 of the Championship in Ipswich.
8.30 **Elgin City v Hibernian**
10.00 **Bundesliga 2**
11.00 **FIA Karting Championships**
11.30 **Fishing: On the Bank – 2019**
12.30 PM **Believeland**
2.00 **British Talent Cup Highlights**
3.00 **FIM Speedway Highlights**
4.00 **FIM Sidecar World Championship Highlights**
4.30 **European Le Mans Series Highlights** Action from Spain.
5.30 **Bundesliga 2**
6.30 **Brothers in Football**
8.15 **MLB: Caps Off**
8.30 **MLB's Best** Highlights show.
9.00 **LIVE MLB Boston Red Sox v New York Yankees.** From Fenway Park. Start-time **9.05pm**.
12.00 M'T **LIVE MLB St. Louis Cardinals v Houston Astros.** Start-time **12.15am**.
3.30 AM **In Depth with Graham Bensinger** Dennis Rodman.
4.00 **Elgin City v Hibernian**
5.30 **to 6.00** AM **Classic MOTD - Thrillers**

BT Sport 3

417 417 869 529 410 432

6.00 AM **Bundesliga Highlights Show**
9.00 **No Filter Boxing**
9.30 **Ashes Classics – 1986/87** A look back at the best moments.
12.00 NOON **Ashes Classics – 2010/11** A look back at the best moments.
2.00 PM **The Ashes** The first Test of the 2017/2018 Ashes series between Australia and England.
5.00 **No Filter Boxing** Behind-the-scenes boxing action.
5.30 **LIVE WTA Tennis** Coverage of the semi-finals of the Palermo Ladies Open in Italy.
9.30 **No Filter Boxing** Behind-the-scenes boxing action.
10.00 **Elgin City v Hibernian** Action from Elgin City v Hibernian in the group stage of the Betfred Cup at Borough Briggs.
11.30 **AFL** Action from Hawthorn Hawks v Brisbane Lions at the UTAS Stadium in round 19 of the Australian Football League.
3.30 AM **BT Sport Reload**
3.45 **European Le Mans Series Highlights** Action from Spain.
4.45 **to 6.45** AM **LIVE Virgin Australia Supercars** Coverage of race 20 of the Championship in Ipswich, Queensland.

Sky Sports Action

407 407 861 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
8.00 **LIVE Rugby Championship New Zealand v South Africa.** From Westpac Stadium in Wellington. Kick-off **8.35am**.
10.30 **LIVE Rugby Championship Australia v Argentina.** Coverage from Suncorp Stadium in Brisbane. Kick-off **11.00am**.
12.50 PM **Rugby Greatest Games**
1.00 **Boxing Gold**
2.00 **LIVE Show Jumping** The fifth day of the The Royal International Horse Show from the All England Jumping Course in West Sussex.
5.30 **Darts Gold**
6.00 **NFL: America's Game**
7.00 **LIVE World Matchplay Darts** Coverage of day eight from the Winter Gardens in Blackpool, featuring the semi-final matches.
10.00 **Darts Gold** A classic match.
11.00 **NFL: A Football Life**
12.00 M'T **NFL: America's Game**
1.00 AM **Super League Gold**
2.00 **LIVE Fight Night International Maurice Hooker v Jose Ramirez.** At College Park Centre in Arlington.
5.30 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **My Icon**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **NFL: America's Game**
11.00 **LIVE LPGA Tour Golf** The third day of the Evian Championship at the Evian Resort Golf Club in south-east France.
4.00 PM **LIVE Currie Cup Rugby Union Western Province v Golden Lions.** Coverage of the match from the third round of fixtures, taking place at DHL Newlands. Kick-off **4.15pm**.
6.30 **Sporting Records** Some of the greatest milestones ever recorded.
7.00 **Sportswomen** The biggest talking-points in women's sport.
7.30 **Cricket Debate**
8.00 **Test Cricket** England v Ireland.
9.00 **NBA Classic Games: Bulls/Sixers 2012** A memorable match.
10.00 **Sporting Records** Some of the greatest milestones ever recorded.
10.30 **Sportswomen** The biggest talking-points in women's sport.
11.00 **PL Greatest Games**
11.30 **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 530 411 434

6.00 AM **Around the Horn**
6.30 **ESPN FC**
7.00 **Pardon the Interruption**
7.30 **Red Bull Air Race Magazine**
8.30 **CFL**
1.30 PM **ESPN FC**
2.00 **College Football Live**
2.30 **Around the Horn**
3.00 **Pardon the Interruption**
3.30 **FIA Karting Championships**
4.00 **Red Bull Air Race Magazine**
5.00 **MLB's Best**
5.30 **MLB: Caps Off**
5.45 **MLB**
8.45 **BT Sport Reload**
9.00 **CFL** Week seven of the Canadian Football League season.
11.30 **ESPN FC**
12.00 M'T **LIVE CFL BC Lions v Saskatchewan Roughriders.** Coverage of the match from the seventh round of fixtures, at BC Place. Kick-off **12.00m't**.
3.00 AM **CFL**
5.30 **to 6.00** AM **MLB's Best**

Eurosport 1

410 410 864 523 521 412 435

7.30 AM **Cycling: Tour de France**
8.35 **Cycling: Get to Know**
8.45 **European Rally Championship**
9.15 **Speedway European Championship**
10.15 **La Course by Le Tour**
11.00 **Cycling: Tour de France**
12.00 NOON **LIVE Cycling: Tour de France** The 20th and penultimate stage of the race, featuring a mountainous 130km route from Albertville to Val Thorens.
5.30 PM **Tour de France – The Breakaway** Stage 20.
5.45 **La Course by Le Tour**
6.30 **Show Jumping**
8.00 **Cycling: Tour de France** Action from the 20th and penultimate stage of the race.
9.30 **Athletics: Diamond League** Action from the Herculis meeting.
11.00 **Cycling: Tour de France**
12.00 M'T **Motocross British Championship**
1.00 **to 1.20** AM **Eurosport News**

Eurosport 2

411 411 865 524 522 413 436

6.00 AM **Cycling: Tour de France**
7.00 **Snooker: Riga Masters**
8.55 **LIVE Snooker: Riga Masters** The second day of the first European Tour event of the season at the Arena Riga in Latvia.
3.15 PM **LIVE 24 Hours of Spa** The fourth round of the Blancpain Endurance Series from Belgium.
5.00 **LIVE Speedway European Championship** The second round of the campaign in Poland.
8.00 **British GT Championship**
9.00 **LIVE 24 Hours of Spa** Further coverage of the fourth round of the Blancpain Endurance Series.
10.30 **Snooker: Riga Masters**
12.00 M'T **Motocross World Championship**
12.30 AM **Rallycross: Titans-RX Series**
1.00 **Cycling: Tour de France**
2.00 **Snooker: Riga Masters**
3.15 **to 6.00** AM **LIVE Suzuka 8 Hours** Coverage from Japan.

Sky Sports Arena

408 408 862 518 508

6.00 AM **Sporting Greats**
6.30 **WWE Smackdown**
8.30 **World Matchplay Darts**
12.30 PM **WWE Main Event**
1.30 **WWE from the Vault**
1.45 **Rugby Greatest Games** Highlights of classic rugby union matches from the archives.
1.55 **LIVE Currie Cup Rugby Union Cheetahs v Griquas.** Coverage of the match from the third round of fixtures, held at Toyota Stadium. Kick-off **2.00pm**.
4.00 **WWE from the Vault**
4.30 **Transvulcania Ultramarathon**
5.00 **LIVE GAA** Coverage of either a football or hurling match.
8.00 **Super League Gold** All the action from a classic match.
9.00 **Show Jumping** From Hickstead.
12.30 AM **Great Sporting Moments** Iconic moments in sport.
1.00 **Sporting Records**
2.00 **World Matchplay Darts**
5.00 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 516 506

6.00 AM **Highlights**
10.30 **Lost In Baku**
10.45 **LIVE Formula 1** The German Grand Prix third practice session.
12.30 PM **F1 Cars Through 1000 Races**
12.35 **Box Box Box: Red Bull's First Win**
12.45 **F1 Rookies Go Karting**
1.00 **LIVE Formula 1** The German Grand Prix qualifying session.
3.30 **The F1 Show**
4.00 **Williams Stock Car**
4.25 **F1 Cars Through 1000 Races**
4.30 **Formula 1**
6.15 **The F1 Show**
6.45 **Vettel In Fiorano**
7.00 **Ted's 2019 F1 Tech**
7.10 **McLaren In Baku**
7.25 **F1 Cars Through 1000 Races**
7.30 **LIVE Indycar Qualifying: Honda Indy 200**
9.30 **Formula 1**
11.15 **The F1 Show**
11.45 PM **to 6.00** AM **Highlights**

Sunday

28 July

Evening Planner

Sunday

Documentary

Cop Car Workshop
Dave HD, 7pm
Following mechanics who build bespoke cars for Merseyside Police, with a prison van damaged by a rooftop protestor

Documentary

Animals at Play
BBC2 HD, 8pm
How social play enables creatures to live peacefully, from dolphins catching seaweed to macaques doing gymnastics

Travelogue

The Misadventures of Romesh Ranganathan
BBC2 HD, 9pm
Romesh explores post- Robert Mugabe Zimbabwe as a holiday destination

Drama

Poldark
BBC1 HD, 9pm
George's mental health continues to deteriorate, while Ross and Ned turn action men to avert a looming disaster

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites	101 BBC1	7.00 Countryfile		8.00 Antiques Roadshow		9.00 Poldark		10.00 News	10.30 Imagine
	102 BBC2	7.00 Remarkable Places to Eat		8.00 Animals at Play		9.00 The Misadventures of Romesh...		10.00 Mandy	10.30 Louis...
	103 ITV	◂ 6.30 Tipping Point...	7.30 The Comedy Years		8.30 Vera				10.30 News
	104 CHANNEL 4	7.00 Formula 1 German Grand Prix Highlights				9.00 The Handmaid's Tale		10.00 First Dates	
	105 CHANNEL 5	◂ 6.10 Inside the...	7.30 Secrets of Coca-Cola: Top of the Pops			9.00 The Wonderful World of Chocolate		10.00 Yum! Yum! Britain's Favourite...	
	106 SKY ONE	7.00 The Simpsons		8.00 Magnum P.I.		9.00 S.W.A.T.		10.00 Hawaii Five-0	
Entertainment	116 BBC4	7.00 BBC Proms: Nicola Benedetti with NYO				9.05 Cindy Sherman #untitled			10.05 Captain Jack and the Furious Few
	118 ITV2		7.05 Film: Step Up 2 the Streets			9.00 Love Island		10.00 Love Island: Aftersun	
	136 MORE4	◂ 6.55 Four in a Bed		8.00 Nazi Megastructures		9.00 24 Hours in A&E		10.00 Shocking Emergency Calls	
	135 E4	◂ 6.10 Film: Shark Tale		8.00 Celebrity Crystal Maze		9.00 Marvel's Agents of S.H.I.E.L.D.		10.00 Gotham	
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 The Rookie		10.00 World's Most Evil Killers	
	108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Big Little Lies		10.00 The Affair	
	110 GOLD	◂ 6.30 Only Fools and Horses						9.55 Men Behaving Badly	
	111 DAVE	7.00 Cop Car Workshop		8.00 Expedition with Steve Backshall		9.00 Have I Got a Bit More Old News for You		10.00 Jon Richardson: Ultimate Worrier	
	119 ITV3	◂ 6.30 Agatha Christie's Poirot			8.30 Paul O'Grady...	9.00 Tonight at the London Palladium		10.00 Vanity Fair	
	120 ITV4	◂ 4.45 Tour de France – Live: The final stage of the race from Rambouillet to the Champs-Elysees					9.30 Film: The Fugitive		
	112 COMEDY CENTRAL	7.00 Film: Paul Blart: Mall Cop				9.00 Film: Role Models			
	114 SYFY	◂ 6.50 Film: Chain Reaction				9.00 Film: The One			
	109 W	7.00 Miranda				9.00 Inside the Operating Theatre		10.00 Louis Theroux's Weird Weekends	
	113 UNIVERSAL	7.00 NCIS		8.00 Rescue: Code One		9.00 Film: The Wedding Singer			
	124 FOX	7.00 NCIS				9.00 False Flag		10.00 Family Guy	
	122 SKY ARTS	7.00 Lynyrd Skynyrd: Live from Jacksonville				9.00 Eric Clapton: Planes, Trains and Eric			
Documentary	125 DISCOVERY	7.00 Arabia with Levison Wood				9.00 Cajun Navy			
	162 ANIMAL PLANET	7.00 Shark Attack File 3		8.00 Homestead Rescue		9.00 Alaskan Bush People			
	129 NAT GEO	7.00 Terror in the Skies				9.00 To Catch a Smuggler: JFK Airport			
	130 HISTORY	7.00 Photos That Changed the World		8.00 WWII's Most Daring Raids		9.00 Great British Royal Ships			
	155 YESTERDAY	7.00 dinnerladies diaries		8.00 'Allo 'Allo!				10.00 Secrets of the Railways	
	166 EDEN	7.00 Your Favourite Attenborough Moment			8.30 David...	9.00 Frozen Planet			
Films	301 SKY PREMIERE	◂ 6.15 Smallfoot		8.00 Johnny English Strikes Again				9.45 The Possession of Hannah Grace	
	302 SKY MEGAHITS	◂ 5.25 The Dark Knight		8.00 The Dark Knight Rises					
	303 SKY SCHOOL'S OUT	◂ 6.00 The School of Rock		8.00 Blockers				10.00 Life of the Party	
	304 SKY DISNEY	◂ 6.10 Coco		8.00 Cool Runnings				9.45 Invincible	
	305 SKY ANIMATION	◂ 6.15 Hotel Transylvania 3: Summer...		8.00 Cloudy with a Chance of Meatballs 2				9.40 Horton Hears a Who!	
	306 SKY ACTION	◂ 6.05 Upgrade		8.00 Mission: Impossible – Fallout					10.30 Deadpool 2
	307 SKY COMEDY	◂ 5.55 Crazy, Stupid, Love		8.00 Crazy Rich Asians					10.05 Meet the Fockers
	308 SKY THRILLER	◂ 6.40 Angels & Demons				9.00 Captain Phillips			
	309 SKY DRAMA	◂ 5.50 Darkest Hour		8.00 Phantom Thread					10.15 Fifty Shades Freed...
	310 SKY SCI-FI	◂ 6.40 Black Panther				9.00 Elysium			
	311 SKY SELECT		7.15 Isle of Dogs			9.00 Munich			
	313 FILM4		7.15 Fantastic Four: Rise of the Silver Surfer			9.00 Star Trek Beyond			
	315 TCM	◂ 6.30 Rio Lobo				9.00 The Fugitive			
Sport	401 MAIN EVENT	7.00 World Matchplay Darts – Live: The final from the Winter Gardens in Blackpool				9.00 World Golf Championships – Live: Day four of the Fedex St Jude Invitational			
	402 PREMIER LEAGUE	7.00 Premier League Legends		8.00 PL: Title Race...	8.30 PL: Title Race Highlights			10.00 Gary Neville's Soccerbox	
	403 FOOTBALL	7.00 EFL Goals: Leagues 1 & 2		8.00 EFL Goals: Championship					
	404 CRICKET	7.00 Women's Ashes							10.30 How The...
	413 BT SPORT 1	◂ 6.30 WTA Tennis – Live: The final of the Palermo Ladies Open in Italy				9.00 WTA All Access	9.30 Betfred Cup		
	414 BT SPORT 2	◂ 4.30 The Ashes	7.30 Packer: The Man Who Changed Cricket			9.00 MLB – Live: Action from Major League Baseball			

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 **Sunday Morning Live** (S)
11.00 **Homes Under the Hammer** (S)(R)
12.00 NOON **Bargain Hunt** (S)(R)(AD)
1.00 PM **BBC News** (S)
1.15 **Songs of Praise** New edition From MotoFest Coventry. (S)
1.50 **Lifeline** New edition (S)
2.00 **Escape to the Country** (S)(R)
3.00 **Money for Nothing** (S)(R)
3.45 **Shop Well for Less?** 1/5. Helping a couple in Evesham who have eight children. (S)(R)
4.45 **Fake or Fortune?** An 18th-century landscape that could be by Thomas Gainsborough. (S)(R)
5.45 **Pointless Celebrities** A writers special edition of the quiz, with guests including Richard Madeley and John O'Farrell. (S)(R)

7.00 Countryfile

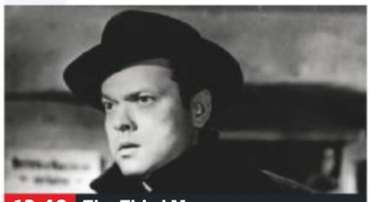
6 PM

6.35 **BBC News** (S)
6.50 **Local News** (S)
7 PM
7.00 **Countryfile** New edition John Craven and Anita Rani celebrate the 50th anniversary of the Riding for the Disabled Association, with Princess Anne talking about her support for the charity. (S)
8 PM
8.00 **Antiques Roadshow** The team visit the Black Country Living Museum in Dudley, where Geoffrey Munn examines a Fabergé jewel commissioned by the Countess of Dudley in 1903. (S)(R)
9 PM
9.00 **Poldark** New episode 3/8. Geoffrey Charles and Cecily's relationship blossoms, but George's sanity continues to deteriorate, and Cary struggles under mounting responsibilities. (S5) (S)(AD)
10 PM
10.00 **BBC News** (S)
10.20 **Local News** (S)
10.30 **NEW Imagine... Olafur Eliasson** A profile of the Danish-Icelandic artist. (S)
11.30 **A Question of Sport** With Greg Rusedski, Jason Stockdale, Liz McColgan and Joleon Lescott. (R)
12.00 M'T **The Last Showmen – Our Lives** Documentary about a family of funfair workers, looking at this unique way of life and exploring whether it is in danger of becoming extinct. (S)(R)(AD)
12.30 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Gardeners' World** (S)(R)
7.30 **Countryfile** (S)(R)
8.25 **Beechgrove** New edition (S)
8.55 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
10.25 **A Cook Abroad: Rick Stein's Australia** (S)(R)(AD)
11.25 **Nigella: At My Table** (S)(R)(AD)
11.55 **Orson Welles: Talking Pictures** A profile of the actor. (S)(R)
12.40 PM **FILM The Third Man** Classic thriller starring Orson Welles. (S) (1949, b/w, PG, 100min) ★★★★★
2.20 **BMX World Championship Highlights** From Belgium. (S)
3.30 **Swimming World Championships Highlights** (S)
5.00 **World's Busiest Cities: Hong Kong** 1/4. The hidden systems and armies of people running some of the greatest cities on earth. (S)(R)


12.40 The Third Man

6.00 **Mediterranean with Simon Reeve** Simon travels through Libya, visiting areas of the country devastated by recent fighting, and discovers a mountain fortress in Tunisia. (S)(R)(AD)
7.00 **Remarkable Places to Eat** 2/4. Chef Tom Kerridge takes Fred Sirieix to his favourite restaurants in Edinburgh, including fine-dining restaurant Kitchin, which is run by chef Tom Kitchin. (S)(R)(AD)
8.00 **NEW SERIES Animals at Play** 1/2. The reasons why young animals enjoy playing, and how it can teach them to survive in the wild, developing social skills, mental agility and hunting talents. (S)
9.00 **NEW SERIES The Misadventures of Romesh Ranganathan** 1/5. Romesh visits Zimbabwe in the aftermath of Robert Mugabe's rule. (S)(AD)
■ Repeated on Tuesday
10.00 **NEW Mandy** Comedy short. (S)
10.15 **NEW Sorry** Comedy short. (S)
10.30 **Louis Theroux's Altered States: Choosing Death** Reporting on euthanasia in California. (S)(R)(AD)
11.35 **The 250 Million Pound Cancer Cure** A report on centres being built in England for proton beam therapy. (S)(R)(AD)
12.35 AM **Sign Zone: TV's Black Renaissance: Reggie Yates in Hollywood** How a wave of shows made by African-Americans are shaking up the TV industry. (S)(R)
1.35 **Sign Zone: Holby City** (S)(R)(AD)
2.35 **to 6.30** AM **Previews**

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **CITV**
8.25 **ITV News** (S)
8.30 **The Sara Cox Show** New edition With Ross Kemp, Ricky Wilson and author Cally Taylor. (S)
9.25 **John and Lisa's Weekend Kitchen** New edition Party recipes including hummus with lamb and roti, and coronation chicken. (S)
11.20 **Midsomer Murders** (S)(R)(AD)
1.15 PM **ITV News** (S)
1.25 **FILM Death Becomes Her** Black comedy fantasy. (S)(AD) (1992, PG, 110min) ★★★
3.15 **Zone of Champions** (S)(R)(AD)
3.45 **FILM Star Wars: Episode VI – Return of the Jedi** Sci-fi adventure concluding George Lucas's original *Star Wars* trilogy, starring Harrison Ford. (S)(AD) (1983, U, 150min) ★★★

3.45 Star Wars: Episode VI...

6.15 **ITV News** (S)
6.25 **Local News** (S)
6.30 **Tipping Point: Lucky Stars** New edition 4/12. *Benidorm* stars Jake Caruso, Janine Duvitski and Tony Maudsley take part in a celebrity edition of the game show hosted by Ben Shephard. (S)
7.30 **The Comedy Years** A look back at TV comedy from 1979, which saw the launch of *Not the Nine O'Clock News* and the Northern club scene dominant with stand-up series *The Comedians*. (S)(R)
8.30 **Vera** *Blood and Bone:* The detective investigates when charred human remains are found in an abattoir furnace, and attempts to deduce who they belong to and how they came to be there. The bones are identified as belonging to a fellow detective, and she uncovers a web of dark secrets as she investigates his fraud squad. (S)(R)(AD)
10.30 **ITV News** (S)
10.45 **Inside the Ritz Hotel** 4/4. The establishment is turned around overnight for Christmas. (S)(R)(AD)
11.15 **Yorkshire Airport** 2/6. The airline auditors pay a surprise visit to Leeds Bradford. (S)(R)(AD)
11.45 **Love Your Garden** (S)(R)(AD)
12.15 AM **The Voice Kids Final** (S)(R)
1.45 **Teleshopping**
2.15 **Motorsport UK** (S)
3.05 **British Superbike Championship Highlights** From Snetterton. (S)
3.55 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** (S)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.00 AM **The King of Queens** (S)(R)
7.15 **Everybody Loves Raymond** (S)(R)
8.00 **The Simpsons** (S)(R)(AD)
9.30 **Sunday Brunch** New edition With guests Louise Redknapp, Graeme Swann, Tom Rosenthal and Stacey Dooley. Plus, Bastille perform live in the studio. (S)
12.30 PM **The Simpsons** (S)(R)(AD)
2.30 **The Secret Life of the Zoo** Chimp Zee Zee gives birth. (S)(R)(AD)
3.30 **A Place in the Sun** A woman looking for a holiday home that feels traditionally Spanish. (S)(R)
4.30 **Coast vs Country** A couple of first-time buyers look for a property in Suffolk. (S)(R)
5.30 **The Yorkshire Dales and the Lakes** The search is on for a puppy that has fallen down a 50-ft sinkhole. (S)(R)(AD)

9.00 The Handmaid's Tale

6.30 **News** (S)
7.00 **Formula 1 German Grand Prix Highlights** Steve Jones presents action from the 11th round of the season at the Hockenheimring, where Lewis Hamilton was victorious last year. The Mercedes driver started the race back in 14th place, but was able to claim victory after race leader Sebastian Vettel crashed out in heavy rain. With analysis from David Coulthard and Billy Monger. (S)
9.00 **The Handmaid's Tale** New episode *Unfit:* 8/13. June and the rest of the Handmaids shun Ofmatthew, and are pushed to their limit at by Aunt Lydia, who reflects on her life before Gilead. (S3) (S)(AD)
10.00 **First Dates** Twins Rebecca and Stephen embark on a double date, while there is a special guest at the *First Dates* restaurant as maitre d' Fred Sirieix's father visits from France. (S)(R)(AD)
11.00 **FILM Transformers: Dark of the Moon** Sci-fi adventure sequel. (S)(AD) (2011, 12, 165min) ★★★
1.45 AM **Undercover Boss USA** (S)(R)
2.35 **Ramsay's Kitchen Nightmares USA** Visits to three restaurants. (R)
3.25 **George Clarke's Amazing Spaces**
4.20 **Extreme Cake Makers** (S)(R)
4.45 **Kirstie's Fill Your House for Free**
4.55 **The £100k Drop** (S)(R)
5.50 **to 6.25** AM **Countdown** (S)(R)

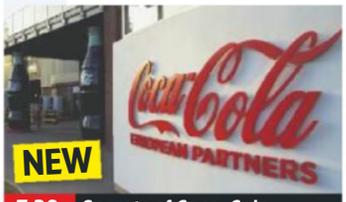
+1 hour 204 | 142 | 15 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.55 **Rise of the Teenage Mutant Ninja Turtles** Double bill. (S)(R)
10.20 **Access** Showbiz news. (S)
10.25 **Make You Laugh Out Loud** Compilation of internet videos featuring old people. (S)(R)
10.50 **Friends** Five episodes of the US sitcom, including at: **12.15** PM 3/18 Ross treats himself to a spray tan. (S)(R) **12.50** 4/18. Emma's first birthday takes an unexpected turn. (S10) (S)(R)
1.20 **Nightmare Tenants, Slum Landlords** Four editions of the documentary. (S)(R)
5.10 **When Rich Kids Go Skint** A wealthy pharmacist spends time with a couple who are struggling financially. (S)(R)



7.30 Secrets of Coca-Cola...

6.05 **News** (S)
6.10 **Inside the Mega Cruise Ship** Documentary following life aboard the *MSC Seaside*, one of the biggest cruise ships in the world, uncovering the work of an army of people who keep the huge vessel afloat. (S)(R)
7.30 NEW **Secrets of Coca-Cola: Top of the Pops** Documentary revealing how a murky brown medicine invented in 1886 became the best-selling soft drink of all time. Going behind the scenes at the bottling factory in Wakefield, plus a look through the archive library at Coca-Cola's HQ. (S)
9.00 **The Wonderful World of Chocolate** Series finale 6/6. Behind the scenes at York's Kit Kat factory, following Gabriella, the UK Junior Champion Chocolatier. (S)
10.00 **Yum! Yum! Britain's Favourite Chocolate** Celebrities sample the top 20 of the UK's favourite confectionery treats while reminiscing about classic chocolate TV adverts. (S)(R)
12.05 AM **Cricket on 5** Action from England Women v Australia Women at The County Ground in Hove. (S)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Access** Showbiz news. (S)
3.10 **Bargain-Loving Brits in the Sun** Reality series. (S)(R)
4.00 **My Mum's Hotter Than Me!** (R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 155 44 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Hour of Power** (R)
7.00 **Modern Family** (S6) (S)(R)
8.30 **PL Best Goals 02/03** (S)(R)
9.30 **Football's Funniest Moments** Comical football incidents. (R)
10.30 **The F1 Show**
11.00 **WWE Raw Hits**
12.00 NOON **S.W.A.T** *SOS:* 5/23. Hondo and Chris go undercover on a hijacked ship. (S2) (R)
1.00 PM **NCIS: Los Angeles** Triple bill of the series. (S6) (S)(R)
4.00 **The Simpsons** *The Heartbroke Kid:* Bart goes to fat camp. (R) **4.30** *A Star Is Torn:* Lisa enters a singing competition. (S)(R) **5.00** *Thank God It's Doomsday:* Homer fears the apocalypse is imminent. (S)(R)
5.30 **Formula 1** Highlights of the German Grand Prix.

9.00 S.W.A.T.

6.30 **The Simpsons** *Home Away from Homer:* Flanders takes in a pair of female lodgers. (S)(R)
7.00 **The Simpsons** *The Father, the Son and the Holy Guest Star:* Bart becomes a Catholic. (S)(R) **7.30** *Bonfire of the Manatees:* Marge protects endangered aquatic creatures. (S)(R)
8.00 **Magnum P.I.** *From the Head Down:* 2/20. Thomas helps a struggling fisherman and fellow veteran when his 300lb tuna worth $350,000 is stolen. (S1) (R)
9.00 **S.W.A.T.** New episode *Never Again:* 6/23. Hondo is affected by a suspect's death, and Chris contemplates an unorthodox offer from the woman she is dating. (S2) (S)
10.00 **Hawaii Five-0** *A'ohe mea 'imi a ka maka (Nothing More the Eyes to Search for)* 5/25. Jerry searches a childhood camp for evidence to a killing he witnessed as a boy. (S9) (R)
11.00 **NCIS: Los Angeles** *Asesinos:* 6/24. The team race against time to locate Mosley after she kills a cartel hitman and goes off the grid. (S10) (S)(R)
12.00 M'T **The Blacklist** 8/22. Liz is forced to ask an unexpected source for help. (S6) (S)(R)
1.00 AM **The Force: North East** Triple bill of the documentary. (S)(R)
4.00 **to 6.00** AM **Road Wars** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations
WALES
Sky **952**, Virgin **864**, Freesat **964**
4.45pm Pointless Celebrities (S)(R) **5.35** Tudur's TV Flashback (S)(R) **6.05-6.35pm** Showstoppers: Best of the Royal Welsh 2019 New edition (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00pm NEW Sam Henry – Saol ës Saothar (S) **11.00** The Band (S)(R) **11.30** NEW Mandy (S) **11.45** NEW Sorry (S) **12.00m't** Live at the Apollo (S)(R) **12.30-12.35am** Weather Watchers with Barra Best New edition (S)
WALES
Sky **971**, Freesat **971**
6.00pm Remarkable Places to Eat (S)(AD) **7.00-8.00pm** The Repair Shop (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.50** Penblwyddi Cyw **8.55** Pen-Blwydd Pwy? **9.00** Y Cosmos **10.00** O Gymru Fach (AD) **11.00** Dafydd Iwan: Y Prins a Fi **12.00noon** Yr Wythnos **12.30pm** Codi Pac **1.00** Dechrau Canu Dechrau Canmol **1.30** Byd Natur **2.00** Dudley a Bev yn Jamaica **3.00** Pobol y Cwm Omnibws (AD) **4.50** Newyddion a Chwaraeon **5.00** LIVE Seiclo: Le Tour de France **9.00** Y Sioe 2019 New edition **10.00** Seiclo: Le Tour de France **10.30-11.35pm** Dylan ar Daith

TV&Satellite Week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **BBC Proms: Nicola Benedetti with NYO** New edition Nicola Benedetti performs Tchaikovsky's *Violin Concerto*, alongside the London premiere of *Icarus* from Russian composer Lera Auerbach.
9.05 NEW **Cindy Sherman #untitled** This profile, featuring an audio interview with the photographer herself, gives a rare insight into one of the most elusive and influential living artists.
10.05 **Captain Jack and the Furious Few** David Hayman tells the story of *HMS Furious*, one of the world's first aircraft carriers.
11.05 **Schama on Rembrandt: Masterpieces of the Late Years** Documentary.
12.05 AM **Britain's Most Fragile Treasure** York Minster's Great East Window.
1.05 **Yo-Yo Ma and the Silk Road Ensemble**
2.40 **to 3.40** AM **Cindy Sherman #untitled**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Grand Designs**
10.00 **George Clarke's Amazing Spaces** A Futuro house.
11.00 **Location, Location, Location** Property hunting.
12.05 PM **Four in a Bed**
2.40 **Come Dine with Me**
5.20 **Four in a Bed** In Burnham Overy Staithe, Norfolk. **5.50** At the Cleasewood Guest House in Great Yarmouth, Norfolk.
6.25 **Four in a Bed** The third visit of the week takes place at Peel Hey on the Wirral. **6.55** A visit to Four Saints Brig Y Don in Llandudno. **7.25** The B&B owners meet for the last time.
8.00 **Nazi Megastructures** New edition 5/6. How Hitler and Goebbels brainwashed the minds of Germans leading them into the darkest chapter of their history.
9.00 **24 Hours in A&E** A woman with MS is brought in with suspected sepsis.
10.00 **Shocking Emergency Calls** New edition The aftermath of the Boston Marathon bombing.
11.00 **Inside Birmingham Children's Hospital** How hospital treatments affect patients and their families.
12.05 AM **Ramsay's Kitchen Nightmares USA**
2.00 **24 Hours in A&E**
3.05 **to 3.55** AM **Shocking Emergency Calls**

+1 hour 236 196 86 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **You've Been Framed! Gold** Home-video clips.
6.25 **Emmerdale**
9.25 **Coronation Street**
12.20 PM **Catchphrase**
1.00 **Totally You've Been Framed! Gold**
1.55 FILM **The Flintstones** Comedy starring John Goodman and Rick Moranis. (1994, U, 93min) ★★
3.40 FILM **Yogi Bear** Family comedy featuring the voice of Dan Aykroyd. (2010, U, 80min) ★★★
5.15 FILM **Hotel Transylvania** Animated comedy featuring the voice of Adam Sandler. An American backpacker falls for Dracula's daughter. (2012, U, 88min) ★★★
7.05 FILM **Step Up 2 the Streets** Dance drama starring Briana Evigan and Robert Hoffman. A tearaway teenage girl attends a snooty arts academy. (2008, PG, 97min) ★★
9.00 **Love Island** New edition The remaining couples prepare for the live final.
10.00 **Love Island: Aftersun** New edition Caroline Flack hosts the companion show.
11.05 **Family Guy** Double bill of the animated comedy.
12.05 AM **American Dad!**
1.00 **Don't Hate the Playaz**
2.05 **to 2.20** AM **Totally Bonkers Guinness World Records**

+1 hour 218 116 27 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
8.30 **School of Rock**
11.00 **The Goldbergs**
12.00 NOON **Young Sheldon**
1.00 PM **Brooklyn Nine-Nine: The Awards** Five episodes.
3.30 **Brooklyn Nine-Nine**
4.00 **Rude(ish) Tube Shorts**
4.10 **The Big Bang Theory** Four episodes, including at: **5.10** 17/24. Bernadette and Penny travel to San Diego. **5.35** 18/24. Sheldon and Amy attempt to charm the Nobel laureates. (S12)
6.10 FILM **Shark Tale** Animated comedy adventure featuring the voice of Will Smith. (2004, U, 90min) ★★★★
8.00 **Celebrity Crystal Maze** 6/6. Oti Mabuse, Anna Richardson, Jack Fincham, Russell Kane and Steve Pemberton take part.
9.00 **Marvel's Agents of S.H.I.E.L.D.** New episode *Leap:* 10/13. The heroes must trust each other if they are to face their doom. (S6)
10.00 **Gotham** Series finale *The Beginning:* 12/12. In a flash-forward, Bruce returns to Gotham for the opening of the new Wayne Tower. (S5)
11.00 **Naked Attraction**
12.00 M'T **The Big Bang Theory**
1.00 AM **8 Out of 10 Cats**
1.55 **Marvel's Agents of S.H.I.E.L.D.** As 9.00pm.
2.45 **Gotham** As 10.00pm.
3.30 **to 6.00** AM **Hollyoaks**

+1 hour 235 146 28 123

SUNDAY Entertainment

Sunday

Sky Witness
107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Caught on Dashcam**
9.00 **Sun, Sea and A&E**
11.00 **Paramedics**
2.00 PM **Road Wars**
4.00 **Caught on Dashcam** Outrageous road disasters captured on video.
5.00 **Nothing to Declare** Four editions of the fly-on-the-wall documentary accessing the world of national security at Australia's biggest airports as customs and immigration officers tackle criminals.

11.00 Paramedics

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Nothing to Declare** Two further editions of the documentary following the work of customs officers in Australia.

9 PM
9.00 **The Rookie** *The Checklist:* 19/20. The trainees are told to track down a specific set of crimes. (S1)

10 PM
10.00 **World's Most Evil Killers** The story of Dorothea Puente, a landlady who murdered her elderly and disabled tenants.
11.00 **Inside Evil** The epidemic of intimate partner violence.
12.00 M'T **Blue Bloods** (S9)
1.00 AM **Criminal Minds** (S6)
3.00 **Caught on Dashcam**
4.00 **Brit Cops: Rapid Response**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 140

Sky Atlantic
108 108 808

6.00 AM **Richard E Grant's Hotel Secrets** In Venice, Italy.
7.00 **The Guest Wing**
8.00 **Without a Trace** (S1)
12.00 NOON **Without a Trace** (S2)
1.00 PM **David Attenborough's Kingdom of Plants**
4.00 **Blue Bloods** 19/22. Danny learns he is under investigation by the DA.
5.00 20/22. Jamie urges Eddie to forgive her father for his past mistakes.
6.00 21/22. A detective from Danny's precinct is killed. (S4)

12.00 Without a Trace

7.00 **Blue Bloods** *Exiles:* 22/22. Danny turns to Frank for help when he is placed on desk duty after investigating a case. (S4)

8.00 **Blue Bloods** *Partners:* 1/22. Danny and Baez are attacked as they escort confiscated drugs to be incinerated. (S5)

9.00 **Big Little Lies** *I Want to Know:* 7/7. In the final episode, Celeste questions Mary Louise about Perry. (S2)

10.00 **The Affair** 8/10. Autumn arrives, and Helen asks Noah to represent the family at a literary award ceremony. (S1)
11.10 **The Affair** 9&10/10. (S1)
1.35 AM **Divorce** 3/6. Comedy with Sarah Jessica Parker. (S3)
2.10 **Alan Partridge's Mid Morning Matters**
2.40 **Girls** 7/10. (S1)
3.50 **Yesterday: Special**
4.20 **to 6.00** AM **The British**

+1 hour 208

GOLD
110 110 810 124 310 392

7.25 AM **A Sharp Intake of Breath**
8.25 **Miranda** Double bill.
9.40 **Only Fools and Horses**
1.10 PM **Only Fools and Horses** As shown at 7.40pm.
2.20 Part one of two. Del and Rodney go on a holiday in Florida.
3.25 Part two of two. The Trotters arrive in America.
5.20 Del grabs an opportunity to make a quick profit.
6.30 Del is invited to a school reunion at the Nag's Head. Guest stars Jim Broadbent.

9.55 Men Behaving Badly

7.40 **Only Fools and Horses** Uncle Albert falls victim to muggers, so Del Boy resolves to take the law into his own hands.
8.45 Rodney and Albert worry the flat will get overcrowded once Raquel and Del's baby arrives.

9.55 **Men Behaving Badly** A jealous Gary tries his best to ruin Dorothy's new relationship.
10.35 Gary's father visits, which jeopardises his hopes of seducing one of Tony's three girlfriends.
11.15 **Men Behaving Badly** Gary and Dorothy are reunited.
11.55 Gary nurses Dorothy after an operation.
12.35 AM **Game On**
1.55 **Men Behaving Badly**
3.00 **to 4.00** AM **Harry Hill's TV Burp**

+1 hour 210 194

ITV3
119 119 817 117 177 10 115

6.00 AM **The Royal**
6.50 **Heartbeat**
9.00 **Agatha Christie's Marple**
11.00 **Love Your Garden**
1.05 PM **Agatha Christie's Marple** *Murder Is Easy:* A murderer strikes in a peaceful village.
3.05 **Inspector Morse** *Driven to Distraction:* The investigation into a woman's murder proves a testing time for Morse.
5.25 **Doc Martin** *It's Good to Talk:* 3/8. The irascible medic moves out of the surgery to give Louisa space. (S7)

9.00 Tonight at the London...

6.30 **Agatha Christie's Poirot** *Curtain: Poirot's Final Case:* The sleuth takes on his final case as he and Hastings return to the scene of their first murder investigation to battle Poirot's ultimate nemesis
8.30 **Paul O'Grady: For the Love of Dogs**

9.00 **Tonight at the London Palladium** Guests includes Italian classical tenor Andrea Bocelli and singer-songwriter Birdy.

10.00 **Vanity Fair** 6/7. Becky masters the fine art of living on nothing a year, while Amelia is forced to send her son away. (S1)
11.00 **FILM Chicago** Screen version of the hit Broadway musical, starring Renée Zellweger. (2002, 12, 112min) ★★★★
1.15 AM **Barging Round Britain with John Sergeant**
1.40 **Classic Emmerdale**
4.35 **to 5.30** AM **On the Buses**

+1 hour 219 174 34 116

ITV4
120 120 818 118 178 24 117

6.00 AM **World of Sport: Petrol Heads** Archive action.
6.15 **Motorsport UK**
7.05 **British Superbike Championship Highlights**
7.55 **BRDC Formula 3 Highlights**
8.55 **Tour de France Highlights**
9.55 **River Monsters**
10.30 **Monster Carp**
11.30 **FILM The Searchers** Western. (1956, U, 114min) ★★★★★
2.05 PM **FILM Never Say Never Again** James Bond adventure. (1983, PG, 137min) ★★★

9.30 The Fugitive

4.45 **LIVE Tour de France** Coverage of the 21st and final stage of this year's race, as the riders take on a flat 128km course from Rambouillet to the Champs-Elysees in the heart of Paris.

9.30 **FILM The Fugitive** Action thriller starring Harrison Ford. A wrongly convicted man escapes on the way to jail and goes in search of the real culprit while evading the law. (1993, 15, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.05 AM **FILM The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black*, starring Vin Diesel, Thandie Newton and Judi Dench. (2004, 15, 119min) ★★★
2.25 **to 2.55** AM **Only When I Laugh**

+1 hour 220 175 154

Sky Two
151 121

6.00 AM **Animal 999**
8.00 **It's Me or the Dog**
10.00 **Ninja Warrior Women Tournament**
12.00 NOON **60 Minute Makeover**
3.00 PM **Stargate SG-1** (S2)
7.00 **Stargate SG-1** *One False Step:* 19/22. (S2)
8.00 **Road Wars** Footage of youths stealing a car.
9.00 **Blue Bloods** *Rectify:* 18/22. Frank considers introducing a more rigorous fitness test for the NYPD. (S9)
10.00 **The Rookie** *The Checklist:* 19/20. Nolan and Bishop answer an alarm call at the house of pop star will.i.am. (S1)
11.00 **Elementary** 2/13. (S7)
12.00 M'T **How to Get Away with Murder** 5/15. (S5)
1.00 AM **For the People**
2.00 **S.W.A.T** 6/23. (S2)
3.00 **Duck Quacks Don't Echo** Double bill.
5.00 **to 6.00** AM **Animal House**

Pick
152 123 11 144

6.00 AM **Police Ten 7**
7.00 **Border Patrol**
9.00 **Motorway Patrol**
10.30 **Highway Patrol**
12.00 NOON **Brit Cops: Law & Disorder**
1.00 PM **Stop, Search, Seize**
2.00 **Monkey Life**
7.00 **Motorbike Cops**
8.00 **Nothing to Declare** Double bill. Customs officers in Australia.
9.00 **Britain's Most Evil Killers** The 'Railway Killers' John Duffy and David Mulcahy.
10.00 **Killer in My Village** The disappearance of Ella Douglas.
11.00 **How I Caught the Killer** A 1981 case that led to a grim discovery.
12.00 M'T **Most Evil Killers**
1.00 AM **Fred Dinenage: Murder Casebook**
3.00 **Most Evil Killers**
4.00 **to 6.00** AM **Motorway Patrol**

+1 hour 252 92 145

Dave
111 111 811 127 227 19 157

7.10 AM **The Hurting**
8.00 **Red Bull Soapbox Race 2019: London**
10.00 **Drug Wars** New editions Double bill.
11.00 **Cops UK: Bodycam Squad** A drug raid.
12.00 NOON **Expedition with Steve Backshall**
1.00 PM **American Pickers**
4.00 **Would I Lie to You?**
6.00 **Cops UK: Bodycam Squad** Two stabbings.
7.00 **NEW SERIES Cop Car Workshop** 1/10.
8.00 **Expedition with Steve Backshall** New edition
9.00 **Have I Got a Bit More Old News for You**
10.00 **Jon Richardson: Ultimate Worrier**
11.00 **Taskmaster**
12.00 M'T **QI XL**
1.00 AM **Dave Gorman: Modern Life Is Goodish**
2.10 **Alan Davies: As Yet Untitled**
3.00 **to 4.00** AM **Dara O Briain's Go 8 Bit**

+1 hour 211 131 79

Comedy Central
112 112 812 132 181 307 370

8.00 AM **Friends** (S10)
10.50 **Takeshi's Castle**
11.25 **FILM Mr Magorium's Wonder Emporium** Children's fantasy. (2007, U, 90min) ★★★
1.10 PM **Friends** Eleven episodes of the sitcom.
7.00 **FILM Paul Blart: Mall Cop** Comedy starring Kevin James. (2009, PG, 91min) ★
9.00 **FILM Role Models** Comedy with Seann William Scott. (2008, 15, 96min) ★★★★
11.00 **FILM Disaster Movie** Spoof comedy. (2008, 12, 86min) ★
12.50 AM **The Ricky Gervais Show** Double bill.
1.50 **Key & Peele**
2.50 **Corporate**
3.50 **Jeff & Some Aliens**
4.10 **Impractical Jokers: Inside Jokes**
4.35 **to 5.00** AM **Impractical Jokers: Inside Jokes**

+1 hour 212 133

ITV Be
131 119 179 26 118

6.00 AM **Bring It!**
6.50 **Newlyweds: The First Year**
8.35 **Income Property**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **Income Property**
12.40 **Yummy Mummies**
1.40 **The Real Housewives of New Jersey**
6.15 **The Bachelor** New edition Arie goes on a trip to Los Angeles, Minnesota and Virginia.
8.00 **Celebrity Dinner Date** With Casey Batchelor.
9.00 **Botched** Paul orders tests for a woman with a severely botched nose.
10.00 **The Real Housewives of Atlanta** New edition Tyrone makes a proclamation to Shereé.
10.55 **Million Dollar Matchmaker**
11.50 **to 12.50** AM **The Real Housewives of New York City**

+1 hour 231 120 119

True Ent
179 189 48 142

6.00 AM **The Waltons** (S5)
7.00 **Highway to Heaven**
8.00 **Touched by an Angel**
9.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote**
7.00 **M*A*S*H** (S7)
9.00 **FILM Hunt for the Labyrinth Killer** Mystery thriller starring Amanda Schull. An assistant district attorney helps the police hunt for a serial killer who lures his victims into deadly traps. (2013, 12, 87min) ★★
11.00 **FILM Happy Face Killer** Fact-based drama starring David Arquette. (2014, 15, 83min) ★★
1.00 AM **FILM Jodi Arias: Dirty Little Secret** Fact-based drama. (2013, 12, 89min) ★★★
2.50 **FILM Anybody's Nightmare** Drama. (2001, 15, 97min) ★★
4.35 **M*A*S*H** (S7)
5.00 **to 6.00** AM **Touched by an Angel**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 126 226 312 382

7.10 AM **Inspector George Gently**
9.00 **Father Brown**
1.00 PM **Shakespeare & Hathaway – Private Investigators** 5/10. The local mayor is murdered. **2.00** 6/10. Death threats are made against a TV star. (S1)
3.00 **Death in Paradise** 2/8. The island's governor is poisoned. **4.00** 3/8. A model is strangled during a fashion show. **5.00** 4/8. Dwayne gets a text message from the grave. (S5)
6.00 **Father Brown**

8.00 Father Brown

7.00 **Father Brown** *The Alchemist's Secret:* The priest sets out to protect an old friend by investigating a secret.

8.00 **Father Brown** *The Sins of Others:* The priest struggles to save Sid from himself when he vows vengeance.

9.00 **Father Brown** *The Theatre of the Invisible:* A landlady is murdered when the cast of a radio quiz come to stay.

10.00 **Harrow** *Audere Est Facere:* 2/10. Two base jumpers die, leading Harrow into an investigation. (S2)
11.00 **The Mrs Bradley Mysteries** *The Worsted Viper:* The sleuth investigates a ritual murder.
12.00 M'T **New Tricks** 10/10. (S11)
1.00 AM **Rizzoli & Isles** (S6)
2.00 **Rush** 15/22. (S2)
2.50 **to 4.00** AM **The Mrs Bradley Mysteries**

+1 hour 232 191

Syfy

114 114 814 135 165 319 375

6.00 AM **Star Trek: Voyager** (S2)
8.00 **Teleshopping**
11.00 **Star Trek: Voyager** (S2)
12.00 NOON **FILM Memoirs of an Invisible Man** Comedy thriller. (1992, PG, 99min) ★★
2.10 PM **FILM Cirque du Freak: The Vampire's Assistant** Teen vampire fantasy starring John C Reilly and Chris Massoglia. (2009, 12, 108min) ★★★
4.30 **FILM My Stepmother Is an Alien** Sci-fi comedy with Dan Aykroyd and Kim Basinger. (1988, 15, 107min) ★★★

4.30 My Stepmother Is an Alien

6.50 **FILM Chain Reaction** Thriller starring Keanu Reeves, Morgan Freeman and Rachel Weisz. A young technician is set up to take the fall when an energy experiment is sabotaged. (1996, 12, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **FILM The One** Martial arts sci-fi thriller starring Jet Li, Carla Gugino and Delroy Lindo. (2001, 15, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **FILM Venom** Horror with Agnes Bruckner. (2005, 15, 83min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **FILM The Fountain** Sci-fi. (2006, 12, 96min) ★★★★
2.40 **Star Trek: The Next Generation** 26/26. (S1)
3.40 **The Captains Close Up**
4.10 **to 6.00** AM **FILM End of the World** Sci-fi comedy. (2013, 12, 85min) ★★★

+1 hour 214 136

W

109 109 809 125 211 311 383

6.10 AM **Tipping Point**
11.00 **Doctor Who** (S3)
1.00 PM **Doctor Who** Four episodes, including at: **3.00** 6/13. A scientist turns himself into a monster. **4.00** 7/13. The Doctor must save a spaceship from crashing into a star. (S3)
5.00 **Outnumbered** Another guest arrives to stay with the family. **5.40** Sue worries when Karen has trouble fitting in at school. **6.20** Ben becomes fascinated by the world of psychology.

7.00 Miranda

7.00 **Miranda** A stay at a hotel adds some excitement to Miranda's life. **7.40** Penny tries to find a suitable man for Miranda by throwing a party. **8.20** A handsome stranger loses his wallet in the shop, and Gary is offered a job in Hong Kong.

9.00 **Inside the Operating Theatre** 10/10. Jonathan has a camera put inside his lungs to find out whether he has cancer.

10.00 **Louis Theroux's Weird Weekends** American militia groups stockpiling weapons in preparation for global conflict.
11.00 **Thailand: Tourism and the Truth – Stacey Dooley Investigates** The darker side of Thailand's tourism industry.
12.00 M'T **Life and Death Row**
1.20 AM **One Born Every Minute**
2.10 **to 3.00** AM **Secret Life of the Ballroom**

+1 hour 209 190

Universal

113 113 813 137 164 320 385

8.00 AM **Law & Order**
12.00 NOON **NCIS** 23/24. (S9)
1.00 PM **NCIS** 24/24. Gibbs takes desperate measures to track down Harper Dearing. (S9) **2.00** 1/24. Harper Dearing is hunted following the attack on the NCIS headquarters. **3.00** 2/24. An NCIS armoury employee is found murdered. **4.00** 3/24. Ducky reopens a case while on medical leave. **5.00** 4/24. Survivors from a helicopter crash are found. **6.00** 5/24. A petty officer is gunned down. (S10)

9.00 The Wedding Singer

7.00 **NCIS** *Shell Shock – Part One:* 6/24. First lieutenant Michael Torres dies after getting involved in a fight. (S10)

8.00 **Rescue: Code One** A girl is paralysed in a motocross accident. **8.30** A mother faces her worst fears.

9.00 **FILM The Wedding Singer** Offbeat romantic comedy starring Adam Sandler and Drew Barrymore. A perky waitress saves a singer from despair after he is jilted at the altar. (1998, 12, 97min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Law & Order: Special Victims Unit** 10/22. A terminally ill man confesses to being a bank robber. (S8)
12.00 M'T **Law & Order: Special Victims Unit** (S8)
3.00 AM **Rescue: Code One**
4.00 **to 5.00** AM **Numb3rs**

+1 hour 213 138

FOX

124 124 821 157 199

8.00 AM **Monk** 12/16. (S7)
9.00 **Bones** 9/24. (S8)
10.00 **NCIS** 11/24. (S15)
11.00 **The Mentalist** 19/22. (S6)
12.00 NOON **Bones** 10/24. (S8)
1.00 PM **NCIS** 12&13/24. (S15)
3.00 **Bones** 11/24. (S8)
4.00 **The Mentalist** 20/22. Guest stars Tony Amendola. (S6)
5.00 **Bones** 12/24. Hodgins and Angela find a body hanging over their bed. **6.00** 13/24. Two bodies are discovered at the same burial site. (S8)

9.00 False Flag

7.00 **NCIS** *Keep Your Friends Close:* 14/24. Gibbs and his team are forced to work with former FBI agent Tobias Fornell.

8.00 **NCIS** *Keep Your Enemies Closer:* 15/24. The team make a deal with a killer, allowing him to leave prison for 48 hours. (S15)

9.00 **NEW SERIES** **False Flag** 1/10. The return of the Israeli thriller, starring Mickey Leon. Subtitled. (S2)

10.00 **Family Guy** 16/21. Peter gets on the wrong side of a gangster. **10.30** 17/21. Peter has plastic surgery. (S2)
11.00 **American Dad!** 1/19. Roger has a crush on Hayley. (S9)
11.30 **American Dad!** 2/19. (S9)
12.00 M'T **Family Guy** (S2)
1.00 AM **American Dad!** (S9)
2.00 **Legion** (S3)
3.00 **Family Guy** (S2)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Sunday

7 PM
8 PM
9 PM
10 PM

E!

123 123 834 156 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
1.00 PM **Keeping Up with the Kardashians**
6.00 **Revenge Body with Khloe Kardashian**
7.00 **Relatively Nat & Liv** After finding her first grey hair, Liv panics about getting older.
8.00 **Dating: No Filter**
9.00 **Hollywood Medium with Tyler Henry** Hollywood's go-to medium shares his supernatural gift with Lisa Vanderpump.
10.00 **Relatively Nat & Liv** New edition A quick trip to Los Angeles turns ugly.
11.00 **Revenge Body with Khloe Kardashian**
12.00 M'T **Botched**
2.00 AM **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **Relatively Nat & Liv**

Sky Arts

122 122 820 122 206

6.00 AM **Classical Destinations**
6.40 **Beethoven**
7.30 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **Discovering: Anthony Hopkins**
1.00 PM **Discovering: Faye Dunaway**
2.00 **Discovering: Vincent Price**
3.00 **The South Bank Show**
4.00 **The Art of Architecture**
5.00 **Bauhaus Spirit**
7.00 **Lynyrd Skynyrd: Live from Jacksonville**
9.00 **Eric Clapton: Planes, Trains and Eric**
10.45 **Queen – The Phenomenon**
12.00 M'T **Passions**
1.00 AM **The Damned: Don't You Wish That We Were Dead**
2.10 **Classic Albums**
3.10 **Making Muriel**
4.25 **to 6.00** AM **The Three Tenors: Birth of a Legend**

4seven

137 143 203 47 110 127

9.00 AM **A Place in the Sun**
2.00 PM **Posh Pawnbrokers**
4.00 **Ramsay's Kitchen Nightmares USA**
7.00 **Ramsay's Kitchen Nightmares USA** An Italian restaurant in Florida receives help. **8.00** The chef helps a Mexican restaurant in southern California.
9.00 **8 Out of 10 Cats Does Countdown** Sean Lock and Miles Jupp take on Jon Richardson and Rose Matafeo.
10.00 **Celebrity Gogglebox** Famous faces critique the week's television.
11.05 **24 Hours in A&E**
12.05 AM **Orangutan Jungle School** Documentary.
1.10 **Celebrity Crystal Maze**
2.15 **The Secret Life of the Zoo** Zee Zee gives birth.
3.15 **Location, Location, Location** Property series.
4.15 **to 5.15** AM **Four in a Bed**

5USA

141/169 153 21 129

8.00 AM **Cruise TV**
9.00 **Access** Showbiz news.
9.05 **Columbo: Murder, A Self Portrait**
11.05 **Columbo: A Friend In Deed** Crime drama.
1.10 PM **Columbo: Blueprint for Murder** Drama.
2.50 **Columbo Cries Wolf**
4.55 **Columbo: Grand Deceptions** Drama.
6.55 **Columbo: Murder, Smoke and Shadows**
9.00 **NCIS: Los Angeles**
10.00 **Law & Order: Criminal Intent** *Acts of Contrition:* 5/22. A nun is murdered. (S5)
10.55 **Law & Order: Special Victims Unit** (S6)
11.55 **Law & Order: Special Victims Unit** (S6)
12.55 AM **Law & Order** (S9)
1.55 **Chicago PD** 6/22. (S6)
2.55 **CSI: NY** 2/25. (S5)
3.35 **to 4.00** AM **Catch a Contractor**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Access**
8.05 **My Wife and Kids**
9.15 **Two and a Half Men**
1.25 PM **Two and a Half Men**
1.50 **Last Man Standing**
2.50 **FILM Big Mommas: Like Father, Like Son** Comedy sequel starring Martin Lawrence and Brandon T Jackson. (2011, PG, 107min) ★
5.00 **Can't Pay? We'll Take It Away!** Four editions of the documentary.
9.00 **FILM Olympus Has Fallen** Action thriller starring Gerard Butler and Morgan Freeman. (2011, 15, 117min) ★★★
11.20 **FILM War** Action thriller starring Jason Statham, Jet Li, John Lone and Devon Aoki. (2007, 18, 98min) ★★★
1.25 AM **Wentworth Prison** Double bill. (S6)
3.25 **Two and a Half Men**
3.50 **to 4.00** AM **Access**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **London's Burning**
8.00 **The Bill**
12.00 NOON **Doctor Finlay**
2.20 PM **Catherine Cookson's The Glass Virgin**
5.20 **Miss Marple**
8.00 **Call the Midwife** 8/8. Dr Turner realises the cause of the recent birth deformities. (S5)
9.20 **Taggart** *Homesick:* A Polish man is killed on the building site where he worked and soon afterwards a female hotel receptionist is murdered in strikingly similar circumstances. **10.20** *Crossing the Line:* Two long-dead bodies are found in a disused coal mine and the search to discover their identities uncovers deeply buried resentments.
11.20 **Trial & Retribution**
12.55 AM **Call the Midwife**
2.35 **Steptoe and Son**
3.20 **to 4.00** AM **Garden Hopping**

AMC

186 186 840 332 381

Programmes start at 12noon.

12.00 NOON **FILM Driven** Action drama. (2001, PG, 116min) ★★
2.10 PM **Zoom In**
2.20 **Mad Men** (S5)
7.10 **FILM The Spy Next Door** Action comedy. (2010, PG, 94min) ★★
9.00 **Snatch** *A Family Affair:* 10/10. Albert and Hate 'Em pursue the van containing the gold. (S1)
10.00 **Fear the Walking Dead** *Is Anybody Out There?* Sarah and Wendell get help from an unexpected source. (S5)
11.00 **FILM Sniper** Thriller with Billy Zane. (1992, 15, 97min) ★★★
12.55 AM **Zoom In** (S1)
1.05 **Snatch** As 9.00pm. (S1)
2.00 **Fear the Walking Dead**
3.00 **to 5.30** AM **FILM Sin City** Thriller. (2005, 18, 124min) ★★★★

CBS Drama

147 197 71 134

7.30 AM **The Key of David**
8.00 **Teleshopping**
9.00 **The Love Boat**
2.00 PM **Unsolved Mysteries**
6.00 **Diagnosis Murder** *Dead in the Water:* Susan encounters her long-lost fiancé. **7.00** *Trapped in Paradise:* Steve infiltrates a close-knit community. **8.00** *Voices Carry:* Mark hunts a serial killer. **9.00** *Murder, My Suite:* An infectious disease strikes hotel guests. **10.00** *Murder on the Hour:* A serial killer commits a murder every hour, on the hour.
11.00 **CSI: Miami** *One-Night Stand:* 14/24. Horatio and his team investigate two murders at the same hotel. (S3)
12.00 M'T **CSI: Miami** (S3)
1.00 AM **CSI: Miami** Triple bill of the series. (S3)
4.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **Tomorrow's World**
9.00 **Diagnosis Murder**
2.00 PM **NCIS** (S4&5)
7.10 **Diagnosis Murder: Without Warning** Crime drama starring Dick Van Dyke and Barry Van Dyke.
9.00 **CSI: NY** *The Dove Commission:* 18/23. An investigator working on a report into police corruption is shot the night before his findings are published. **10.00** *Crime and Misdemeanour:* 19/23. Mac and Stella investigate a hotel frequented by foreign diplomats after a body is found wrapped in bedsheets. (S1)
11.00 **CSI: NY** Triple bill. (S1)
2.00 AM **Ultimate Force** (S3)
3.10 **Bonanza** (S13)
4.10 **The High Chaparral**
5.00 **to 6.00** AM **The District**

CBS Reality

146 148 66 135

7.30 AM **Tomorrow's World**
8.00 **The Key of David**
8.30 **The Lord's Challenge**
9.00 **Judge Judy**
1.00 PM **Judge Judy**
5.00 **Airline**
7.00 **Medical Detectives**
8.00 **Unsolved Mysteries** A priest who seemingly had healing powers.
9.00 **Killer Cops** Len Davis is a gangster with a badge. **10.00** New Orleans cop Antoinette Frank's relationship with criminal Rogers LaCaze. **11.00** The case of Jesse Valencia and Steven Rios.
12.00 M'T **Killer Cops**
1.00 AM **Killer Cops**
2.00 **Killer Cops** As 9.00pm.
3.00 **Troubled Teens: Jail Shock**
3.50 **Dog Patrol**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Wheel of Fortune**
10.00 **Dale's Supermarket Sweep** Game show.
12.00 NOON **Family Fortunes**
1.00 PM **Family Fortunes**
2.00 **Take Your Pick**
4.00 **Catchphrase**
5.00 **Bullseye** Quiz that tests contestants' skill at darts and their general knowledge.
6.00 **The Chase** Four contestants answer quiz questions and work as a team to take on ruthless quiz genius The Chaser.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz.
11.00 **Classic Who Wants to Be a Millionaire?**
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **Classic Who Wants to Be a Millionaire?**
2.00 **The Chase**
4.00 **to 6.00** AM **Dale's Supermarket Sweep**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Takeshi's Castle**
7.00 **Teleshopping**
9.00 **Takeshi's Castle**
10.50 **Impractical Jokers: Inside Jokes**
11.15 **Impractical Jokers**
12.10 PM **Impractical Jokers**
1.00 **FILM Are We There Yet?** Comedy. (2005, PG, 95min) ★
3.00 **My Name Is Earl** (S4)
5.00 **Fresh Prince of Bel Air**
9.00 **Friends** 4/18. **9.30** 6/18. Guest stars Greg Kinnear. **10.00** 7/18. Ross finds out Rachel's worst fear. **10.30** 8/18. Monica reluctantly cooks Thanksgiving dinner. (S10)
11.00 **Friends** (S10)
12.00 M'T **RuPaul's Drag Race**
1.30 AM **Nathan for You**
2.30 **Kevin Hart Live**
3.25 **Da Ali G Show**
4.25 **Impractical Jokers**
5.10 **to 6.00** AM **The Fresh Prince of Bel Air**

+1 hour 227

Food Network

140 291 41 148

6.00 AM **Diners, Drive-Ins, And Dives** Double bill.
8.00 **The Pioneer Woman**
11.00 **Barefoot Contessa**
12.00 NOON **Ace of Cakes**
1.00 PM **Restaurant: Impossible**
2.00 **Diners, Drive-Ins, And Dives** Twelve editions.
8.00 **Restaurant: Impossible** The chef helps Bryant's Seafood World in Hueytown, Alabama.
9.00 **Man v Food with Casey Webb** In Pittsburgh. **9.30** Casey's mission brings him to Daytona Beach, Florida.
10.00 **Mystery Diners** A restaurant owner notices disparities in sales receipts.
10.30 **Mystery Diners**
12.00 M'T **Restaurant Stakeout**
1.00 **to 3.30** AM **Diners, Drive-Ins, And Dives**

+1 hour 240 149

Good Food

198 198 866 278 279 313 388

6.10 AM **Perfect**
7.00 **Nigel Slater's Real Food Show**
8.00 **Great British Bake Off**
12.00 NOON **River Cottage Australia**
2.00 PM **The Hairy Bikers' Food Tour of Britain**
4.00 **Curry Nation**
5.00 **Nigel Slater's Real Food Show**
6.00 **Rick Stein's Food Heroes: Another Helping** Double bill.
7.00 **Rick Stein's French Odyssey: Cabin Fever**
8.00 **River Cottage Australia**
10.00 **The Great British Bake Off** The remaining bakers test their pastry-making skills.
11.00 **Great British Bake Off**
1.00 AM **The Great British Bake Off** Making bread.
2.00 **Teleshopping**
5.00 **to 6.10** AM **The Great British Bake Off**

+1 hour 298 280

Lifetime

164 838 208 329 384

7.00 AM **Judge Judy** Twelve editions of the series.
1.00 PM **Little Women: Atlanta** Triple bill.
4.00 **Judge Judy** Eight editions of real-life small-claims cases on issues affecting family life.
8.00 **Dance Moms** Abby makes an emotional comeback to the competitive dance scene.
9.00 **My Crazy Sex** How a couple's attempt to relaunch their sex life landed them in hospital.
10.00 **Little Women: Atlanta** Minnie is dealt a blow about her maid of honour status. **11.00** Minnie seeks advice from the girls about her relationship with Gary.
12.00 M'T **Little Women: Atlanta** Double bill.
2.00 AM **My Crazy Sex**
3.00 **to 4.00** AM **Dance Moms**

Paramount Network

153 188 187 54 132

9.00 AM **Access**
9.10 **Suits** (S2&3)
11.00 **House** (S3)
12.55 PM **House** (S3)
4.45 **FILM Roxanne** Steve Martin's sweet-natured romantic comedy. (1987, PG, 102min) ★★★★
6.55 **FILM The Out-of-Towners** Remake of the Neil Simon comedy, starring Steve Martin, Goldie Hawn and John Cleese. (1999, 12, 92min) ★★★
9.00 **FILM Gosford Park** Director Robert Altman's period comedy drama revolving around a murder at an English country house. (2001, 15, 137min) ★★★★
11.45 **Lee Evans: Big – Live at the O2**
12.50 AM **The Mick** (S2)
1.50 **The Strain** (S1)
2.50 **Sleepy Hollow** (S2)
4.20 **Gilmore Girls** (S4)
5.50 **to 6.00** AM **Access**

Quest

144 144 172 217 12 114 167

6.00 AM **What's in the Barn?** Double bill.
7.00 **Mighty Cruise Ships**
8.00 **James May: The Reassembler**
9.00 **Fantomworks**
10.00 **Chasing Classic Cars**
2.00 PM **Aussie Gold Hunters**
3.00 **Ice Cold Gold**
4.00 **Mighty Cruise Ships**
5.00 **Steel Buddies**
6.00 **Wheeler Dealers**
7.00 **Salvage Hunters**
9.00 **Al Murray's Great British Pub Quiz** New edition The Carpenter's Arms take on The Craufurd Arms.
10.00 **Aussie Gold Hunters**
11.00 **Escobar's Millions**
12.00 M'T **Steel Buddies**
1.00 AM **Chasing Classic Cars**
2.00 **Fantomworks**
3.00 **Destroyed in Seconds**
4.00 **Treasure Quest: Snake Island**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.30 **Say Yes... Atlanta**
7.00 **Bondi Vet**
9.00 **My 600lb Life**
11.00 **Animal Cops Phoenix**
2.00 PM **My Cat from Hell**
4.00 **Salvage Hunters**
6.00 **Money for Nothing**
7.00 **Pit Bulls & Parolees** Tia is faced with moving.
8.00 **Long Lost Family US** A woman hopes to find and bond with her biological mother.
10.00 **Murder on CCTV** In 2016 car salesman Hufracio Arteaga is found stabbed to death in his Michigan City office.
11.00 **My 600lb Life**
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Homes Under the Hammer**
7.00 **Cruise TV with LoveitBookit**
8.00 **Homes Under the Hammer** Five editions.
1.00 PM **Homes Under the Hammer** Six editions.
7.00 **DIY SOS: The Big Build**
8.00 **Babies: Special Delivery**
9.00 **Embarrassing Bodies**
10.00 **William and Harry: Brothers in Arms** The relationship between the two princes.
11.00 **My Extreme Weight Loss Journey** New edition Heidi steps in to help Georgeanna.
12.00 M'T **Unexplained: Caught on Camera**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **Most Haunted**
4.50 **My Extreme Weight Loss Journey**
5.35 **to 6.00** AM **The Other Side**

Sony Crime

157 193 143

7.00 AM **48 Hours: Mystery**
12.00 NOON **Fatal Attraction**
1.00 PM **Fatal Attraction** Triple bill looking at passionate relationships that ended in murder.
4.00 **Fatal Vows** Five editions of the series investigating cases in which divorces have turned deadly.
9.00 **Women on Death Row** Dark tales of violent women who are sentenced to death, including the story of Virginia, who arranged for her husband to be shot.
11.00 **Deadly Women** The lethal actions women will take to secure love. **12.00** M'T A churchgoer who found a new form of faith and seductress who had men and women under her spell.
1.00 **to 4.00** AM **Deadly Women**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **Dogs Make You LOL 2**
9.35 **Chris Tarrant: Extreme Railway Journeys**
10.25 **The Garden Of Eden**
11.25 **Ben Fogle: New Lives...**
12.20 PM **Britain's Canals**
1.25 **FILM The Seventh Veil** Drama. (1945, b/w, PG, 91min) ★★★★
3.15 **FILM Strongroom** Crime thriller. (1961, b/w, PG, 80min) ★★
5.00 **Posh Hotels with Sally & Nigel**
7.00 **Great British Gardens: Season by Season**
8.00 **Search for Atlantis: Ancient Mysteries**
9.00 **Eight Days That Made Rome**
10.00 **Secrets of Great British Castles**
11.00 **Portillo's Hidden History of Britain**
12.00 M'T **Ben Fogle: New Lives in the Wild**
2.00 **to 4.00** AM **Cleopatra**

5Spike

150 154 31 141

9.00 AM **Access**
9.15 **Trucking Hell**
10.15 **The A-Team** (S5&1)
12.20 PM **The A-Team** (S1)
2.25 **FILM Vera Cruz** Western starring Gary Cooper and Burt Lancaster. (1954, PG, 94min) ★★★
4.30 **FILM Copper Canyon** Western, starring Ray Milland. (1950, PG, 84min) ★★
6.10 **FILM Battle of Britain** Wartime epic starring Michael Caine. (1969, PG, 127min) ★★★
9.00 **FILM Age of Heroes** World War Two action thriller with Sean Bean. (2011, 15, 89min) ★★★
10.55 **FILM We Were Soldiers** War drama. (2002, 15, 137min) ★★★
1.35 AM **Klondike** (S1)
2.35 **to 3.00** AM **Criminals: Caught on Camera**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress**
10.00 **Caribbean Life**
12.00 NOON **Curvy Brides Boutique**
2.00 PM **Say Yes to the Dress: Atlanta**
3.00 **My Lottery Dream Home** Four editions.
5.00 **Say Yes to the Dress**
7.00 **90 Day Fiancé: Chantel & Pedro – From The Beginning** New edition The highs and lows from Pedro and Chantel's marriage.
9.00 **90 Day Fiancé: The Other Way** Evelin becomes frustrated.
10.00 **Dr Pimple Popper**
11.00 **90 Day Fiancé: Chantel & Pedro – From The Beginning**
1.00 AM **90 Day Fiancé: The Other Way** As 9.00pm.
2.00 **Dr Pimple Popper**
3.00 **Say Yes to the Dress**
5.00 **to 6.00** AM **Caribbean Life**

+1 hour 233 169

Blaze

187 187 216 63 162

6.00 AM **Hangar 1: UFO Files**
7.00 **Flipping Bangers**
8.00 **Counting Cars**
8.30 **Counting Cars: Best of**
9.00 **Swamp People**
10.00 **Storage Wars**
1.00 PM **Storage Wars**
3.00 **Hardcore Pawn**
7.00 **Conspiracy Files: Unsealed** Double bill.
8.00 **America's Book of Secrets**
9.00 **Conspiracy: Mysterious Disappearances** Four strange disappearances that have gripped the public's imagination.
10.00 **Swamp People**
11.00 **Wicked Tuna**
12.00 M'T **Big Rig Bounty Hunters**
1.00 AM **Ancient Aliens**
2.00 **Billy the Exterminator**
3.00 **America's Book of Secrets**
4.00 **Air Crash Special Report**
5.00 **to 6.00** AM **American Restoration**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Fast N' Loud Revved Up**
8.00 **Wheeler Dealers**
11.00 **Supertruckers**
12.00 NOON **Outback Truckers**
1.00 PM **Combat Dealers**
3.00 **Deadliest Catch**
4.00 **Guardians of the Glades** A hunt for the Burmese python.
5.00 **Massive Engineering Mistakes** An architectural error that ruined a Paris landmark.
6.00 **Outback Truckers** Steve Grahame faces a brutal lap through the red centre.

9.00 Cajun Navy

7.00 **Arabia with Levison Wood** Levison Wood visits Petra in Jordan, before travelling to Bethlehem and Jerusalem.
8.00 **Arabia with Levison Wood** The writer arrives in southern Syria on the penultimate leg of his journey.
9.00 **NEW SERIES Cajun Navy** Following the work of the Cajun Navy, a group of volunteers who rescue people in southern American states after major storms.
11.00 **UFOs: The Lost Evidence**
12.00 M'T **Arabia with Levison Wood** As shown at 7.00pm.
1.00 AM **Arabia with Levison Wood** As shown at 8.00pm.
2.00 **Kindig Customs**
3.00 **The Last Alaskans**
3.50 **Cajun Navy** As 9.00pm.
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **The Bronx Zoo**
7.00 **Tanked**
8.00 **Animal Cribs** New edition A couple need a designated area for their rescue rabbits.
9.00 **Pit Bulls & Parolees**
12.00 NOON **Alaskan Bush People**
1.00 PM **Alaskan Bush People**
4.00 **Dr Jeff: Rocky Mountain Vet** New edition A dog that was lost during a windstorm.
5.00 **Dr Jeff: Extra Dose**
6.00 **The Aquarium** A sea otter is taken to the health centre and a sea lion receives training.

4.00 Dr Jeff: Rocky Mountain...

7.00 **Shark Attack File 3** Exploring a sudden increase in the bull-shark population in Sydney Harbour.
8.00 **Homestead Rescue** The Raneys must build a hillside garden on the only unpolluted land and find a source of water.
9.00 **Alaskan Bush People** The kids must fend for themselves and build a large raft for use when moving lumber.
10.00 **Alaskan Bush People** Winter arrives, and a series of setbacks threatens to derail the Browns' hard work.
11.00 **Alaskan Bush People** Ami requires immediate medical attention and needs to travel to the big city for surgery.
12.00 M'T **Alaskan Bush People**
1.00 AM **Alaskan Bush People**
2.00 **Pit Bulls & Parolees**
4.40 **Escape to Chimp Eden**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Ultimate Airport Dubai**
2.00 PM **Air Crash Investigation** Korean Air Cargo Flight 8509's accident near Stansted in 1999. **3.00** The 2001 Linate airport disaster in Milan. **4.00** The TAM Airlines Flight 3054 crash at Sao Paulo's Congonhas airport in 2007. **5.00** Investigating the 1985 Manchester runway disaster. **6.00** The tragic 1958 crash, involving Matt Busby's Manchester United footballers.

9.00 To Catch a Smuggler...

7.00 **Terror in the Skies** What happens when planes fly into hazards such as lightning, wind shear, birds and volcanic ash.
8.00 **Terror in the Skies** The people and processes required to maintain aircraft and keep them operating safely.
9.00 **To Catch a Smuggler: JFK Airport** An 18-year-old is caught trying to smuggle cocaine in his suitcase.
10.00 **To Catch a Smuggler: JFK Airport** Agents intercept a batch of leather coats lined with cocaine.
11.00 **To Catch a Smuggler: JFK Airport** The border agents showcase their talent for spotting smugglers.
12.00 M'T **To Catch a Smuggler: JFK Airport** Double bill.
2.00 AM **Airport Security: Peru**
4.00 **to 5.00** AM **Inside Turkish Airlines**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **Pawn Stars** Six editions.
9.00 **Storage Wars** Four editions.
11.00 **In Search of Aliens** Giorgio Tsoukalos investigates alien influence in famous mysteries.
12.00 NOON **Pirate Traders** As 6pm.
1.00 PM **Pawn Stars** Double bill.
2.00 **Storage Wars** Four editions.
4.00 **American Pickers** Mementos from a bluegrass legend. **5.00** A rare Ford Model-A tow truck is unearthed.
6.00 **Pirate Traders** Efforts to retrieve and sell valuable items left behind by drug traffickers.

9.00 Great British Royal Ships

7.00 **Photos That Changed the World** How one image from the Apollo 11 mission changed the way mankind viewed Earth.
8.00 **WWII's Most Daring Raids** Examining a December 1941 mission by a taskforce of elite British commandos.
9.00 **Great British Royal Ships** Rob Bell examines iconic British ships, beginning with the *Royal Yacht Britannia*.
10.00 **Great British Royal Ships** Rob Bell turns his attention to *RMS Queen Mary*, one of the most famous ocean liners ever.
11.00 **Combat Machines** A look at the military engineering used during the Vietnam War.
12.00 M'T **Man at Arms: Art of War** The Red Viper Spear.
1.00 AM **Pirate Traders** As 6pm.
2.00 **American Pickers**
4.00 **American Pickers: Best Of**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Napoleon**
7.10 **Catching History's Criminals: The Forensics Story**
8.00 **Auschwitz: The Nazis and the Final Solution**
9.00 **The World at War**
12.00 NOON **The World at War**
1.00 PM **The Queen's Castle**
4.00 **The Queen's Castle** Behind the scenes at Windsor Castle. **5.00** The Knights of the Garter arrive for their annual lunch. **6.00** Taking a tour of Windsor's grounds with the Duke of Edinburgh.

8.00 'Allo 'Allo!

7.00 **dinnerladies diaries** Behind the scenes of the British sitcom, featuring interviews with the cast as they reminisce.
8.00 **'Allo 'Allo!** The British airmen try to cross the channel by rowing boat. **8.40** Monsieur Alphonse and Rene duel with pistols to determine who should win Edith's hand. **9.20** Rene, Hans and the Colonel are taken to the chateau's dungeons.
10.00 **Secrets of the Railways** The Tablelands Railway Line, a project that changed the face of Queensland, Australia.
11.00 **WW2 – Battles for Europe** Field Marshal Montgomery's daring airborne plan to end the war by Christmas.
12.00 M'T **dinnerladies diaries**
1.00 AM **Napoleon**
2.00 **to 3.00** AM **Catching History's Criminals: The Forensics Story**

+1 hour 255 200

Sunday

7 PM 8 PM 9 PM 10 PM

Disc. History

171 262

6.00 AM **Building the Biggest**
8.00 **Treasure Quest**
10.00 **The Holy Grail**
11.00 **Inside the Vatican's Vault**
12.00 NOON **Egypt's Secret Tomb Revealed**
1.00 PM **Lost Temple to the Gods** The city of Heraklion in 20BC.
2.00 **Mystery of the Alaskan Mummies**
3.00 **Building the Biggest**
5.00 **Treasure Quest**
7.00 **One Man Army**
8.00 **Doomsday: World War I** Triple bill.
11.00 **Battlefield**
1.00 AM **The Holy Grail**
2.00 **Inside the Vatican's Vault**
3.00 **Egypt's Secret Tomb Revealed**
4.00 **Lost Temple to the Gods** As 1.00pm.
5.00 **to 6.00** AM **Mystery of the Alaskan Mummies**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Life on Earth: A New Prehistory**
10.00 **Frontier Borneo**
11.00 **Frozen Planet**
1.00 PM **Your Favourite Attenborough Moment**
2.30 **Natural Curiosities**
3.00 **Life on Earth: A New Prehistory**
4.00 **Frontier Borneo**
5.00 **Frozen Planet**
7.00 **Your Favourite Attenborough Moment**
8.30 **David Attenborough's Natural Curiosities**
9.00 **Frozen Planet**
11.00 **Life on Earth: A New Prehistory**
12.00 M'T **Frontier Borneo**
1.00 AM **Your Favourite Attenborough Moment**
2.30 **Natural Curiosities**
3.00 **Life on Earth: A New Prehistory**
3.50 **Frontier Borneo**
4.40 **Frozen Planet**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Monster Project**
9.00 **Rise of Dragonzilla**
10.00 **Rise of Snakezilla**
11.00 **Rise of Croczilla**
12.00 NOON **Beast Man**
3.00 PM **Monster Fish**
6.00 **Wild Nordic** New edition A look at the wildlife of the frozen Arctic wilderness.
7.00 **Wild Way of the Vikings** The wildlife of the North Atlantic from the point of view of Vikings.
8.00 **Wild Nordic** As shown at 6.00pm.
9.00 **Cannibal Sharks** Evidence of sharks attacking each other.
10.00 **Man Vs Shark** The inventor of a protective wetsuit puts his creation to the test.
11.00 **Shark Vs Predator Showdown**
12.00 M'T **When Sharks Attack**
1.00 AM **In Shallow Water**
2.00 **to 5.00** AM **Beast Man**

History 2

163 273 330 390

8.00 AM **Ancient Aliens**
10.00 **WW2 Treasure Hunters** Double bill.
12.00 NOON **The Curse of Oak Island**
2.00 PM **Alien Files: Unsealed**
2.30 **Alien Files: Unsealed**
4.00 **Ancient Aliens**
7.00 **The Greeks** The origins of Western civilisation.
8.00 **Battlefield Detectives** The Apache's success on the battlefield.
9.00 **Wild West Tech** The technology used by the vigilantes.
10.00 **Robert Redford's The West** *Frontier Justice:* 7/9. Jesse James and Billy the Kid meet and part ways. (S1)
11.00 **Robert Redford's The West** 8/9. (S1)
12.00 M'T **Ancient Aliens**
2.00 AM **WW2 Treasure Hunters** Double bill.
4.00 **to 5.00** AM **Alien Files: Unsealed**

PBS America

174 276 91 155

8.00 AM **Walks Around Britain** The Isle of Wight.
8.30 **Kill 'em All: American War Crimes in Korea**
9.35 **The Charge of the Light Brigade**
10.35 **Regimental Stories**
1.15 PM **Regimental Stories**
1.50 **Kill 'em All: American War Crimes in Korea**
2.55 **The Charge of the Light Brigade**
4.00 **Regimental Stories**
7.05 **Kill 'em All: American War Crimes in Korea** The story of one of the largest massacres in American history.
8.10 **The Charge of the Light Brigade** Reassessment of the ill-fated advance.
9.15 **The Vietnam War** The epic story of the conflict.
11.00 **The Vietnam War**
12.50 **to 2.00** AM **Kill 'em All: American War Crimes in Korea**

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **Unusual Suspects**
10.00 **Soho Nail Bomber: Killing Spree**
11.00 **Homicide Hunter**
1.00 PM **A Killer's Mistake**
2.00 **Buried in the Backyard**
3.00 **Kids Behind Bars: Life or Parole**
7.00 **I Lived with a Killer** John Smith's third wife Diane could not believe her husband murdered his first two spouses.
8.00 **Homicide: Hours to Kill** A man is gunned down in his home just days before Christmas.
9.00 **Shallow Grave** Two men who murdered their half-brother.
10.00 **Britain's Darkest Taboos**
11.00 **Kids Who Kill**
1.00 AM **I Lived with a Killer**
2.00 **Unusual Suspects**
3.00 **Homicide: Hours to Kill**
4.00 **to 6.00** AM **Homicide Hunter**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

SUNDAY Films

Sunday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Eternal Love** Comedy. (2018, 15, 95min) ★★★★
7.45 **First Man** As 3.50pm.
10.15 **Smallfoot** As 6.15pm.
12.00 NOON **Johnny English Strikes Again** As 8.00pm.
1.40 PM **Yesterday: Special**
2.10 PREMIERE **The Possession of Hannah Grace** As 9.45pm.
3.50 **First Man** Drama. (2018, 12, 141min) ★★★★
6.15 **Smallfoot** Animation. (2018, PG, 96min) ★★★

9.45 The Possession of...

8 PM 8.00 **Johnny English Strikes Again** Spy comedy with Rowan Atkinson. A sinister cyber attack sees the secret agent sent to the South of France. (2018, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM 9.45 PREMIERE **The Possession of Hannah Grace** Thriller with Shay Mitchell and Grey Damon. (2018, 15, 86min) ★★★
See review, page19
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM
11.25 **Submission** Drama starring Stanley Tucci and Ritchie Coster. (2017, 15, 106min) ★★
1.25 AM **Damsel** Comedy Western. (2018, 15, 113min) ★★
3.35 **The Last Warrior** Russian action adventure starring Aleksey Faddeev. Subtitled. (2018, 18, 105min) ★★★
5.30 **to 6.00** AM **Yesterday: Special** Behind the scenes.

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.30 AM **Pocahontas** As 2.55pm.
8.00 **Up** Animation, as 4.25pm.
9.45 **Coco** Animation, as 6.10pm.
11.35 **Planes: Fire & Rescue** Animation. (2014, U) ★★★
1.05 PM **Bolt** Animated comedy. (2008, PG, 103min) ★★★★
2.55 **Pocahontas** Animation. (1995, U, 81min) ★★★
4.25 **Up** Animated comedy. (2009, U, 92min) ★★★★★
6.10 **Coco** Animated fantasy. (2017, PG, 102min) ★★★★

4.25 Up

8.00 **Cool Runnings** True-story comedy with John Candy as a bobsled coach who trains four Jamaicans to compete in the Winter Olympics. (1993, PG, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Invincible** Biopic starring Mark Wahlberg about Vince Papale, the 30-year-old bartender who become a professional American footballer. (2006, PG, 105min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **The Muppet Movie** Children's comedy starring the puppet creations of Jim Henson. With Mel Brooks and Bob Hope. (1979, U, 97min) ★★★
1.20 AM **Blank Cheque** Comedy starring Brian Bonsall, Karen Duffy and Miguel Ferrer. (1994, PG, 93min) ★★
3.05 **Cool Runnings** As 8.00pm.
4.55 **to 6.15** AM **The Fox and the Hound 2** Animated comedy. (2006, U, 69min) ★★★

Sky Animation

305 305 846 436 406 505

6.00 AM **Adventures in Zambezia** Animation. (2012, U) ★★
7.30 **Lego Scooby-Doo! Haunted Hollywood** (2016, U) ★★
8.50 **Hotel Transylvania 3**
10.35 **The Jungle Book** As 4.50pm.
12.00 NOON **Cloudy with a Chance of Meatballs 2** As 8.00pm.
1.40 PM **Horton Hears a Who!**
3.10 **Monster Family** As 11.10pm.
4.50 **The Jungle Book** Animation. (1967, U, 78min) ★★★★★
6.15 **Hotel Transylvania 3** (2018)

3.10 Monster Family

8.00 **Cloudy with a Chance of Meatballs 2** Animation featuring the voice of Bill Hader. A young inventor returns to an island overrun by giant food. (2013, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

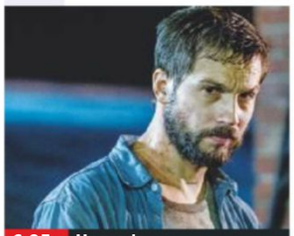
9.40 **Horton Hears a Who!** Animated comedy with the voices of Jim Carrey and Steve Carell. Horton the elephant discovers a microscopic world. (2008, U, 86min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Monster Family** Animation. (2017, PG, 96min) ★★
12.55 AM **Tall Tales from the Magical Garden of Antoon Krings** Animation based on the bestselling French book series, with the voice of Kev Adams. (2017, U, 88min) ★★★
2.35 **Journey to Oz** Animation. (2017, U, 91min) ★★
4.15 **to 6.10** AM **Big Fish & Begonia** Animated adventure. (2016, PG, 100min) ★★★

Sky Action

306 306 847 437 407 502

6.00 AM **Charlie's Angels**
7.45 **G.I. Joe: The Rise of Cobra** Adventure. (2009, 12) ★★★
9.55 **Alpha** Prehistoric adventure. (2018, 12, 96min) ★★★
11.45 **Mission: Impossible – Fallout** As 8.00pm.
2.15 PM **Deadpool 2** As 10.30pm.
4.20 **Charlie's Angels** Comedy thriller. (2000, 15, 97min) ★★
6.05 **Upgrade** Sci-fi thriller with Logan Marshall-Green. (2018, 15, 100min) ★★★★


6.05 Upgrade

8.00 **Mission: Impossible – Fallout** Action thriller sequel starring Tom Cruise. Ethan Hunt, the IMF team and a CIA assassin try to prevent a disaster caused by a group of terrorists known as the Apostles. (2018, 12, 147min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

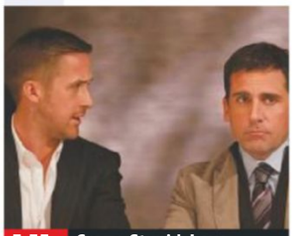
10.30 **Deadpool 2** Action comedy starring Ryan Reynolds. The wisecracking anti-hero attempts to protect a young mutant. (2018, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Final Score** Action drama. (2018, 15, 104min) ★★★
2.35 **Money Train** Action comedy. (1995, 18, 110min) ★★
4.30 **to 6.00** AM **LEGO DC Comics Superheroes: Justice League – Gotham City Breakout** (2016, U) ★★

Sky Comedy

307 307 848 438 408 506

7.00 AM **Social Animals** Comedy. (2018, 15, 90min) ★★
8.30 **Electric Love** Comedy. (2018, 15, 81min) ★★★
9.55 **Crazy, Stupid, Love**
12.00 NOON **Crazy Rich Asians**
2.05 PM **Meet the Fockers** Comedy sequel, as 10.05pm.
4.05 **Drillbit Taylor** Comedy. (2008, 12, 97min) ★★
5.55 **Crazy, Stupid, Love** Romantic comedy with Steve Carell. (2011, 12, 117min) ★★★★


5.55 Crazy, Stupid, Love

8.00 **Crazy Rich Asians** Comedy with Constance Wu and Ryan Gosling. A professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Meet the Fockers** Comedy sequel starring Robert De Niro and Ben Stiller. A hapless male nurse endures a weekend of embarrassment when he travels to Florida to introduce his prospective in-laws to his parents. (2004, 12, 115min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Super Troopers 2** Comedy. (2018, 15, 99min) ★★
1.50 **Boomerang** (1992) ★★
3.50 **Gloves Off** (2016) ★★
5.30 **to 6.00** AM **Yesterday: Special** Behind the scenes.

primetime

Sky Megahits

302 302 843 433 403

6.00 AM **The Greatest Showman**
8.00 **Star Wars: The Last Jedi**
10.45 **Ant-Man and the Wasp**
12.55 PM **The Greatest Showman** Musical. (2017, PG) ★★★★
2.55 **Batman Begins** Comic-book thriller with Christian Bale. (2005, 12, 140min) ★★★★★
5.25 **The Dark Knight** Comic-book thriller with Christian Bale. (2008, 12, 152min) ★★★★

8.00 **The Dark Knight Rises** Crime action drama sequel starring Christian Bale and Tom Hardy. Vigilante superhero Batman returns to Gotham City to battle an evil terrorist. With Anne Hathaway and Marion Cotillard. (2012, 12, 164min) ★★★★
10.45 **Ant-Man and the Wasp** Fantasy starring Paul Rudd. Former thief Scott Lang is presented with a new mission involving secrets from the past. (2018, 12, 118min) ★★★★

12.45 AM **Star Wars: The Last Jedi** Sci-fi fantasy with Mark Hamill. (2017, 12, 146min) ★★★★
3.30 **The Sixth Sense** Thriller. (1999, 15, 108min) ★★★★★
5.30 **to 6.00** AM **Extremely Wicked, Shockingly Evil and Vile: Special**

Sky School's Out

303 303 844 434 404 508

6.00 AM **Class Rank** As 3.40am.
8.00 **The Top Ten Show 2019**
8.15 **The School of Rock** As 6pm.
10.15 **10 Things I Hate About You**
12.00 NOON **Blockers** As 8.00pm.
2.00 PM **Life of the Party** As 10pm.
4.00 **Love, Simon** As 11.50pm.
6.00 **The School of Rock** Comedy starring Jack Black. A wannabe rock guitarist poses as a teacher. (2003, PG, 109min) ★★★

8.00 **Blockers** Comedy starring Leslie Mann, John Cena and Ike Barinholtz. Three parents try to stop their daughters from losing their virginity on prom night, no matter what the cost. (2018, 15, 102min) ★★★★
10.00 **Life of the Party** Comedy starring Melissa McCarthy, Matt Walsh and Molly Gordon. After her husband asks for a divorce, a middle-aged mother returns to college to complete her degree. (2018, 12, 105min) ★★

11.50 **Love, Simon** Comedy drama. (2018, 12, 110min) ★★★
1.50 AM **10 Things I Hate About You** Comedy. (1999, 12) ★★★
3.40 **Class Rank** Comedy with Eric Stoltz. (2017, 12, 108min) ★★★
5.30 **to 6.00** AM **Extremely Wicked... Special**

TCM

315 854 415 416 512 526

6.00 AM **The Mirror Crack'd** Mystery. (1980, PG, 105min) ★★
8.05 **Mrs Miniver** Drama. (1942, b/w, U, 134min) ★★★★★
10.55 **Frontier Gal** Comedy Western. (1946, PG, 85min) ★★
12.50 PM **Backtrack!** Western. (1969, PG, 95min) ★★
3.00 **Backlash** Western. (1956) ★★★
4.50 **Apache Territory** Western. (1958, U, 77min) ★★

6.30 **Rio Lobo** Howard Hawks' US Civil War Western, starring John Wayne, Jennifer O'Neill and Jack Elam. A Union colonel vows to discover the traitor responsible for the death of his best friend. (1970, PG, 110min) ★★★
9.00 **The Fugitive** Action thriller starring Harrison Ford. A wrongly convicted man escapes on the way to jail and goes in search of the real culprit while evading the forces of the law. (1993, 15, 128min) ★★★★

11.40 **Hard to Kill** (1990) ★★★
1.40 AM **Longmire** 8/10. (S6)
3.05 **Guess Who's Coming to Dinner** Drama. (1967, PG) ★★★★
5.00 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Tinker** (1949) ★★
7.15 **Hawkeye & the Last of the Mohicans**
7.45 **Once In a New Moon** (1935)
9.05 **West Country Gazette**
9.15 **The Way Ahead** (1944) ★★★★
11.30 **Shadows**
12.00 NOON **Flockton Flyer**
12.30 PM **Glimpses: Rode Safety**
1.05 **Counter-Attack** (1945) ★★
2.55 **Brandy for the Parson** (1951)

4.30 **Whistle Down the Wind** Drama. (1961, b/w, PG) ★★★★
6.30 **For the Love of Ada**
7.00 **The Halfway House** Vintage British mystery chiller starring Mervyn Johns. A group of visitors at a remote Welsh inn are puzzled by its strange atmosphere and unusual hosts. (1944, b/w, PG, 99min) ★★★
9.00 **The Rivals of Sherlock Holmes**
10.00 **Fear is the Key** Alistair MacLean action thriller starring Barry Newman. (1972, 15, 108min) ★

12.05 AM **Dr Crippen** Thriller. (1962, b/w, 15, 98min) ★★
2.05 **Port of New York** Drama. (1949, b/w, PG, 82min) ★★
3.40 **Monster from Green Hell** Sci-fi chiller. (1957, b/w, PG, 71min) ★
5.00 **to 6.00** AM **Flight from Vienna** Drama. (1956, b/w, U) ★★

Horror

317 149 70 138

8.00 AM **Virtual Nightmare** Sci-fi thriller. (2000, 12, 86min) ★★
9.50 **Horror Highlights**
10.00 **Star Trek: Deep Space Nine**
3.00 PM **Independence Daysaster** Sci-fi thriller starring Ryan Merriman and Tom Everett Scott. (2013, PG, 90min) ★
4.50 **Roswell: The Aliens Attack** Sci-fi thriller starring Steven Flynn. (1999, PG, 85min) ★

6.45 **They Came from Beyond Space** Sci-fi with Robert Hutton and Jennifer Jayne. Aliens start taking over humans after meteorites fall on an isolated farm. (1967, PG, 85min) ★★
8.30 **Tales from the Darkside**
9.00 **They Live!** Sci-fi adventure starring Roddy Piper. A drifter arrives in San Francisco, where aliens have taken over people's minds using human disguises and subliminal advertising. (1988, 18, 95min) ★★

10.55 **Nude Nuns with Big Guns** Thriller. (2010, 18, 108min) ★★
12.45 AM **Estranged** (2015) ★★
2.35 **Children of the Corn** Horror thriller. (2009, 15, 92min) ★★
4.20 **to 4.30** AM **Horror Highlights**

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 439 409 509

7.05 AM **The Da Vinci Code**
9.35 **Angels & Demons** As 6.40pm.
11.55 **Gone in Sixty Seconds** Thriller with Nicolas Cage. (2000, 15, 117min) ★★★
1.55 PM **Jack Reacher** Thriller. (2012, 15, 130min) ★★★
4.10 **The Da Vinci Code** Mystery thriller starring Tom Hanks. (2006, 12, 149min) ★★★
6.40 **Angels & Demons** Mystery thriller starring Tom Hanks. (2009, 12, 138min) ★★

9.00 Captain Phillips

Angels & Demons (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Captain Phillips** Gripping fact-based thriller with Tom Hanks and Barkhad Abdi. Four Somali pirates hijack a US container ship, putting its veteran captain, who is striving to protect his crew, through a terrifying ordeal. (2013, 12, 131min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **In Darkness** Thriller starring Natalie Dormer and Ed Skrein. (2018, 15, 100min) ★★★
1.00 AM **Fatal Attraction** Director Adrian Lyne's thriller starring Michael Douglas, Glenn Close and Anne Archer. (1987, 18, 120min) ★★★★
3.10 **The Warriors** Urban thriller. (1979, 15, 94min) ★★★
4.55 **to 6.40** AM **Deep Family Secrets** True-story thriller. (1997, PG, 89min) ★★

Sky Drama

309 309 850 440 410 511

6.55 AM **Antwone Fisher** Drama. (2002, 15, 120min) ★★★
9.00 **The Insider** Director Michael Mann's fact-based drama. (1999, 15, 157min) ★★★★★
11.40 **Genius** Drama with Colin Firth. (2016, 12, 104min) ★★★
1.35 PM **Mary Poppins** Fantasy. (1964, U, 133min) ★★★★★
4.00 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
5.50 **Darkest Hour** Period drama. (2017, PG, 122min) ★★★

5.50 Darkest Hour

8.00 **Phantom Thread** Drama starring Daniel Day-Lewis, Celebrated British dressmaker Reynolds Woodcock falls in love with a shy but strong-willed waitress who refuses to conform to his meticulous ways (2017, 15, 130min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

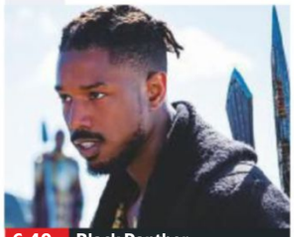
10.15 **Fifty Shades Freed: Unveiled Edition** Erotic thriller starring Dakota Johnson. Tycoon Christian Grey and new wife Anastasia find their happiness endangered. (2018, 18, 106min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **All Summers End** Drama. (2017, 12, 90min) ★★
1.45 **The Neighbour** Thriller. (2018, 15, 105min) ★★★
3.30 **to 6.45** AM **Doctor Zhivago** David Lean's epic romantic drama with Omar Sharif. (1965, PG, 192min) ★★★★★

Sky Sci-Fi/Horror

310 310 851 441 411 507

6.00 AM **Thor: Ragnarok**
8.15 **Black Panther** As 6.40pm.
10.35 **Battle: Los Angeles** As 3am.
12.40 PM **Elysium** As 9.00pm.
2.40 **Aeon Flux** As 1.15am.
4.25 **Thor: Ragnarok** Fantasy starring Chris Hemsworth. (2017, 12, 130min) ★★★★
6.40 **Black Panther** Fantasy starring Chadwick Boseman, Michael B Jordan, Lupita Nyong'o and Martin Freeman. (2018, 12, 134min) ★★★★


6.40 Black Panther

Black Panther (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Elysium** Sci-fi action thriller with Matt Damon and Jodie Foster. In 2154, a factory worker stricken with radiation poisoning will die in five days unless he can reach the orbiting space station Elysium, the home of the rich. (2013, 15, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Exorcist** Occult horror chiller starring Max von Sydow, Linda Blair and Jason Miller. (1973, 18, 121min) ★★★★
1.15 AM **Aeon Flux** Sci-fi action thriller with Charlize Theron. (2005, 15, 93min) ★★
3.00 **Battle: Los Angeles** Sci-fi adventure with Aaron Eckhart and Michelle Rodriguez. (2011, 12, 116min) ★★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Select

311 311 852 442 412 510

6.15 AM **Beauty and the Beast** Fantasy. (2014, PG) ★★★★
8.15 **Never Steady, Never Still** Drama. (2017, 15) ★★★★
10.15 **Isle of Dogs** As 7.15pm.
12.00 NOON **The Great Escape** World War Two adventure. (1963, PG, 166min) ★★★★★
3.00 PM **Zulu** Historical adventure. (1963, PG, 138min) ★★★★★
5.30 **Puzzle** Drama. (2018) ★★★★
7.15 **Isle of Dogs** Animation. (2018, PG, 101min) ★★★★

5.30 Puzzle

Isle of Dogs (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Munich** Steven Spielberg's controversial political thriller starring Eric Bana, Daniel Craig and Geoffrey Rush. A Mossad hit squad gets caught in a spiral of violence when it targets Palestinian terrorists responsible for the massacre of Israeli athletes at the 1972 Munich Olympics. (2005, 15, 164min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Schindler's List** Steven Spielberg's Oscar-winning historical drama. (1993, 15, 195min) ★★★★★
3.05 AM **The Fortress** Drama. (2017, 15, 140min) ★★★★
5.30 **to 7.45** AM **Racer and the Jailbird** Action thriller. (2017, 15, 130min) ★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Short Circuit** Fantasy. (1986, PG, 98min) ★★★
1.05 PM **Short Circuit 2** Sci-fi comedy. (1988, PG, 110min) ★
3.20 **Flushed Away** Computer-animated comedy adventure. (2006, U, 85min) ★★★★
5.05 **Monster Trucks** Fantasy. (2016, PG, 104min) ★★
7.15 **Fantastic Four: Rise of the Silver Surfer** Fantasy sequel. (2007, PG, 88min) ★★★

3.20 Flushed Away

Fantastic Four: Rise of the Silver Surfer (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Star Trek Beyond** Sci-fi adventure, starring Chris Pine and Zachary Quinto. The *USS Enterprise* is lured into a deadly trap, which leaves the crew stranded on an unexplored alien world. With Idris Elba. (2016, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Ted 2** Comedy sequel starring Mark Wahlberg. The foul-mouthed talking teddy bear fights a court case for the right to be legally recognised as a person. (2015, 15, 112min) ★★★
1.40 **to 3.40** AM **The Fly** Sci-fi horror thriller remake starring Jeff Goldblum. (1986, 15, 100min) ★★★★

+1 hour 314 430 45 301

Sunday

8 PM
9 PM
10 PM
11 PM

True Movies

319 424 50 303

6.00 AM **Highway to Heaven**
7.00 **The Waltons** Four episodes.
11.00 **Love Finds a Home** Western. (2009, PG, 88min) ★★
1.00 PM **Jack Hunter and the Lost Treasure of Ugarit** Adventure.
3.00 **Jack Hunter: The Quest for Akhenaten's Tomb** Adventure.
5.00 **Jack Hunter: The Star of Heaven** Adventure sequel starring Ivan Sergei.

7.00 **Hercules** 1/2. Drama with Paul Telfer. The Princess of Thebes falls pregnant by a god – but the child is made to feel an outcast. **9.00** 2/2. Concluding the drama about the adventures of the legendary Greek hero.
11.00 **Convoy** Action comedy starring Kris Kristofferson. Truckers pursued by the police flee for the state line when they are caught speeding by their arch enemy, Sheriff Lyle Wallace. (1978, 12, 110min) ★★★

1.00 AM **The Waltons** The Walton boys prepare for war. **2.00** Harley is arrested.
3.00 **The Avengers** Double bill.
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Wrong Swipe** Thriller. (2016, U, 122min) ★★
10.40 **A Deadly Obsession** Thriller. (2012, 12, 88min) ★★
12.20 PM **Tootsie** As 10.50pm.
2.30 **While You Were Sleeping** Comedy with Sandra Bullock. (1995, PG, 103min) ★★★★
4.40 **The Jane Austen Book Club** Romantic drama starring Kathy Baker. (2007, 12, 105min) ★★★

6.50 **Coyote Ugly** Music drama starring Piper Perabo, Adam Garcia and Maria Bello. An aspiring singer-songwriter gets a job in a rowdy New York bar while pursuing her dreams of stardom. With John Goodman. (2000, 12, 100min) ★★
9.00 **Stand by Me** Drama starring Wil Wheaton, River Phoenix, Corey Feldman and Kiefer Sutherland. In the 1950s, four boys set out to find a dead body. (1986, 15, 89min) ★★★★★

10.50 **Tootsie** Comedy starring Dustin Hoffman and Jessica Lange. (1982, 15, 116min) ★★★★
1.10 AM **Equals** Sci-fi. (2015) ★★
3.20 **to 6.00** AM **Gold** Thriller. (1974, 12, 124min) ★★

+1 hour 322

Movies 24

325 419 513

7.00 AM **Diagnosis Delicious** Drama. (2016, PG, 120min) ★★
9.00 **Love on the Menu** (2019) ★★
11.00 **Season for Love** (2018) ★★
1.00 PM **The Last Bridesmaid** Drama. (2019, PG, 90min) ★★
3.00 **PREMIERE** **Paris, Wine and Romance** Romantic drama. (2019, PG, 84min) ★★
5.00 **Wedding at Graceland** Drama. (2019, PG, 120min) ★★

7.00 **Love at the Shore** Romantic comedy with Amanda Righetti. An author clashes with a surfer when his disruptive antics threaten her chances of meeting a tight deadline for her next novel. (2017, PG, 84min) ★★
9.00 **Love at Sea** Romantic drama with real-life couple Alexa and Carlos PenaVega. An event planner is thrilled to organise a luxury cruise, until she meets a cruise director with his own ideas. (2018, PG, 90min) ★★

11.00 **The Convenient Groom** Drama. (2016, PG, 86min) ★★
1.00 AM **Brimming with Love** Drama. (2017, PG, 90min) ★★
3.00 **to 5.00** AM **Falling for Vermont** Drama. (2017) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **Roadblock** (1951) ★★
7.25 **The Sword of El Cid** Historical drama. (1962, 12, 86min) ★★
9.10 **Revolution** Drama. (1985) ★
11.35 **Eight Iron Men** (1952) ★★★
1.20 **Atlantic Convoy** (1942) ★★
2.50 **Saints and Soldiers: Battle of the Tanks** World War Two drama. (2014, 12, 91min) ★★
4.40 **A Prize of Arms** Crime thriller. (1961, b/w, PG, 105min) ★★★

6.50 **The Red Baron** World War One drama starring Matthias Schweighöfer and Lena Headey about infamous German flying ace Baron Manfred von Richthofen, aka The Red Baron. (2008, 12, 128min) ★★★
9.00 **Assassin X** Action thriller with Olivier Gruner, Patrick Kilpatrick and Martin Kove. An ageing assassin is double crossed by his employer when he refuses to assassinate a woman he just met. (2016, 15, 102min) ★★

11.10 **Assassination Games** Action thriller. (2010, 18, 95min) ★★
1.10 AM **Redline** Action thriller. (2007, 12, 89min) ★
3.00 **to 4.00** AM **The War in the Jungle**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.10 PM **Shark Tale** *E4* (HD) ★★★★
6.10 **Battle of Britain** *5Spike* ★★★
6.50 **Chain Reaction** *Syfy* ★★
6.55 **The Out-of-Towners** *Paramount Network* (HD) ★★★
7.00 **Paul Blart: Mall Cop** *Comedy Central* Slapstick comedy. ★
7.05 **Step Up 2 the Streets** *ITV2* Dance drama. (HD) ★★
7.10 **The Spy Next Door** *AMC* ★★
9.00 **Age of Heroes** *5Spike* ★★★
9.00 **Olympus Has Fallen** *5STAR* Action thriller. (HD) ★★★
9.00 **The Wedding Singer** *Universal TV* Comedy. (HD) ★★★★★
9.00 **Role Models** *Comedy Central* Comedy. (HD) ★★★★
9.00 **The One** *Syfy* ★★★
9.00 **Gosford Park** *Paramount Network* (HD) ★★★★
9.30 **The Fugitive** *ITV4* (HD) ★★★★
10.50 **Venom** *Syfy* ★★
10.55 **We Were Soldiers** *5Spike* ★★★
11.00 **Transformers: Dark of the Moon** *Channel 4* (HD) ★★★
11.00 **Chicago** *ITV3* (HD) ★★★★
11.00 **Sniper** *AMC* ★★★
11.00 **Disaster Movie** *Comedy Central* Spoof thriller. (HD) ★
11.20 **War** *5STAR* (HD) ★★

Sky Sports Main Event

401 401 855 511 501 402 437

6.00 AM **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Sky Sports News**
11.00 **LIVE LPGA Tour Golf** Action from the fourth day of the Evian Championship at the Evian Resort Golf Club in south-east France.
1.30 PM **LIVE Formula 1** Coverage of the German Grand Prix, the 11th round of the season, held at Hockenheimring. Start-time **2.10pm**.
5.00 **German F1 GP Notebook**
5.30 **LIVE European Seniors Tour Golf** The fourth day's play of the Senior Open Championship from Royal Lytham in Lancashire.
7.00 **LIVE World Matchplay Darts** Coverage of day nine, featuring the final of the competition, from the Winter Gardens in Blackpool.
9.00 **LIVE World Golf Championships** Coverage of day four of the Fedex St Jude Invitational at TPC Southwind in Memphis, Tennessee.
11.00 PM **to 6.00** AM **Sky Sports News** The day's talking points.

Sky Sports Premier League

402 402 856 512 502

6.00 AM **PL Greatest Games**.
7.00 **Premier League Best Goals** A look at some memorable strikes.
10.00 **Premier League 100 Club** A profile of a top-flight legend.
11.00 **Premier League Legends**
12.00 NOON **PL: Title Race Highlights** Football action.
2.00 PM **Premier League Years** Classic games, infamous blunders and moments of skill from seasons past, all set to a specially selected soundtrack from the time.
4.00 **PL: Title Race Highlights** Action from top-flight fixtures.
6.00 **Premier League 100 Club** A profile of a top-flight legend.
7.00 **Premier League Legends**
8.00 **PL: Title Race Highlights** Action from top-flight fixtures.
10.00 **Gary Neville's Soccerbox** The presenter talks to a fellow former Premier League player.
11.00 **Premier League Years** Classic games, infamous blunders and moments of skill from seasons past, all set to a specially selected soundtrack from the time.
3.00 AM **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 513 503

6.00 AM **EFL Greatest Games** A chance to see action from a memorable EFL fixture.
7.00 **EFL Goals: Leagues 1 & 2** A round-up of recent action.
9.30 **SPFL Round-Up** A review of fixtures from the Scottish top flight.
12.00 NOON **EFL Goals: Championship** A round-up of recent action.
5.00 PM **MLS Round-Up Show** A review of the latest round of Major League Soccer fixtures.
5.30 **EFL Goals: Leagues 1 & 2** A round-up of recent action.
8.00 **EFL Goals: Championship** A round-up of recent action.
11.00 **Football's Greatest Players** The lives and careers of some of world football's superstars, assessing players who could be considered the greatest.
12.00 M'T **Football Years** A romp through the annals of soccer history.
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **Football Countdowns**
5.00 **Football's Greatest Players**
5.30 **to 6.00** AM **Football Years**

Sky Sports Cricket

404 404 858 514 504

6.00 AM **Best of England v Australia**
6.30 **Ashes Greats**
7.00 **Ashes Memories**
8.00 **Best of England v Australia**
8.30 **Ashes Greats**
9.00 **Women's Ashes**
12.30 PM **ICC Cricket 360**
1.00 **Ashes Greats**
1.30 **LIVE Women's Ashes England v Australia.** All the action from the second T20 in the three-match series from The County Ground in Hove.
5.00 **Ashes Memories**
6.00 **ICC Cricket 360** The latest news.
6.30 **Ashes Greats**
6.45 **Ashes Greats**
7.00 **Women's Ashes** England v Australia: Action from the second T20 in the three-match series at The County Ground in Hove.
10.30 **How The 2019 ICC World Cup Was Won** A look back.
1.00 AM **Ashes Greats**
1.30 **Best of England v Australia**
2.00 **Ashes Memories**
3.00 **Best of England v Australia**
3.30 **Ashes Memories**
4.30 **Ashes Greats**
5.00 **Best of England v Australia**
5.30 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 859 515 505

6.00 AM **The Improvers**
6.30 **European Seniors Golf** Day three of the Senior Open Championship at Royal Lytham.
9.00 **World Golf Championships** Action from day three of the Fedex St Jude Invitational from TPC Southwind in Memphis.
11.00 **LIVE LPGA Tour Golf** The fourth day of the Evian Championship at the Evian Resort Golf Club in south-east France.
4.30 PM **LIVE European Seniors Tour Golf** The fourth day's play of the Senior Open Championship from Royal Lytham in Lancashire.
7.00 **LIVE World Golf Championships** Coverage of day four of the Fedex St Jude Invitational at TPC Southwind in Memphis, Tennessee.
11.00 **LPGA Tour Golf** Action from day four of the Evian Championship.
12.00 M'T **European Seniors Golf**
2.30 AM **LPGA Tour Golf**
3.30 **Feherty Talks to Stewart Cink, Paul Goydos**
4.30 **Chronicles of a Champion Golfer** A profile of Darren Clarke.
5.30 **to 6.00** AM **The Improvers**

BT Sport 1

413 413 867 527 408 430

7.00 AM **UFC** All the reaction from UFC 240 as Max Holloway and Frankie Edgar met in the Octagon for the featherweight crown.
8.00 **Formula E Championship Highlights** The best of the action.
10.00 **Greatest Premier League Goals**
12.00 NOON **BT Sport Goals Reload**
12.30 PM **LIVE Bundesliga 2 Hamburg SV v Darmstadt 98.** Coverage of the German second-tier match from Volksparkstadion.
2.30 **LIVE Betfred Cup Dundee v Inverness Caledonian Thistle.** Coverage of the Group D match from Dens Park. Kick-off **3.00pm**.
5.45 **Premier League 100: Andy Cole** The career of the player.
6.15 **UEFA Europa League**
6.30 **LIVE WTA Tennis** The final of the Palermo Ladies Open in Italy.
9.00 **WTA All Access** The latest news from the women's tennis tour.
9.30 **Betfred Cup** Action from Dundee v Inverness Caledonian Thistle at Kilmac Stadium at Dens Park.
11.00 **Celtics/Lakers: Best of Enemies**
4.00 **to 6.00** AM **AFL**

BT Sport 2

414 414 868 528 409 431

6.00 AM **LIVE AFL Sydney Swans v Geelong Cats.** Coverage of the match from the 19th round of fixtures at Sydney Cricket Ground. Bounce-up **6.20am**.
9.00 **FIA Karting Championships**
9.30 **FIM Speedway Highlights**
10.30 **FIM Sidecar World Championship Highlights**
11.00 **British Talent Cup Highlights**
12.00 NOON **Ashes Classics – 1986/87** Day five of the second Test between Australia and England.
2.30 PM **Ashes Classics – 2010/11** A look back at the best moments from the second Test in Adelaide.
4.30 **The Ashes** A review of the second Test of the 2017/2018 Ashes between Australia and England at the Adelaide Oval.
7.30 **Packer: The Man Who Changed Cricket** Documentary exploring the influence Australian media mogul Kerry Packer had on the game with his controversial World Series Cricket competition.
9.00 **LIVE MLB 220** Action from Major League Baseball.
12.00 M'T **MLB: Caps Off**
12.15 AM **UFC: The Ultimate Fighter**
4.00 **to 6.00** AM **WTA Tennis**

BT Sport 3

417 417 869 529 410 432

6.45 AM **BT Sport Reload**
7.00 **Bundesliga Highlights Show**
10.00 **Elgin City v Hibernian**
11.30 **WRC Review**
12.00 NOON **European Le Mans Series Highlights**
1.00 PM **FIA Karting Championships**
1.30 **WTA All Access**
2.00 **John Barnes: Poetry In Motion**
3.00 **AFL** Sydney Swans v Geelong Cats at the SCG in round 19 of the Australian Football League.
5.00 **LIVE WTA Tennis** The final of the Baltic Open in Jurmala, Latvia.
7.30 **European Le Mans Series Highlights** Action from the third round of the 2019 European Le Mans Series in Barcelona, Spain.
8.30 **No Filter Boxing** Behind-the-scenes boxing action.
9.00 **UFC** All the action as Max Holloway and Frankie Edgar do battle for the featherweight title.
12.00 M'T **Formula E Championship Highlights** The best of the action.
2.00 AM **Betfred Cup**
3.30 **WTA All Access**
4.00 **FIM Sidecar World Championship Highlights**
4.30 **British Talent Cup Highlights**
5.30 **to 6.00** AM **No Filter Boxing**

Sky Sports Action

407 407 861 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
8.00 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Fight Night International**
1.30 PM **Transvulcania Ultramarathon** As 9.00pm.
2.00 **LIVE Show Jumping** Coverage of the sixth and final day of the Royal International Horse Show from the All England Jumping Course in West Sussex.
5.30 **Darts Gold** A classic match.
6.00 **NFL: America's Game** The history of American football in the USA, with all the Super Bowl winners from the Green Bay Packers, inaugural champions in 1967.
7.00 **LIVE World Matchplay Darts** Day nine from the Winter Gardens in Blackpool, featuring the final.
9.00 **Transvulcania Ultramarathon** Action from the 74km event.
9.30 **NFL: America's Game**
10.30 **Darts Gold**
11.00 **Sporting Records**
12.00 M'T **Sporting Greats**
1.00 AM **Super League Gold**
2.00 **World Matchplay Darts**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **My Icon**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **NFL: America's Game**
11.00 **Sporting Greats**
12.00 NOON **Great Sporting Moments** Iconic moments in sport.
1.00 PM **Sporting Records** An in-depth look at some of the greatest milestones ever recorded.
1.30 **LIVE Women's Ashes England v Australia.** All the action from the second T20 in the three-match series from The County Ground in Hove.
5.00 **Sporting Records**
6.00 **P1 Powerboating (USA) – Super Stock** Powerboating action from the P1 SuperStock.
7.00 **NBA Classic Games – Nuggets/Thunder 2012** A match between Denver Nuggets and Oklahoma City Thunder.
9.45 **P1 Powerboating (USA) – Super Stock** Powerboating action from the P1 SuperStock.
10.45 **PL Greatest Games**
11.30 PM **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 530 411 434

6.00 AM **CFL**
8.30 **Irish Rally Review** Highlights.
9.00 **CFL**
11.30 **MLB**
5.30 PM **Irish Rally Review**
6.00 **LIVE MLB** Action from Major League Baseball.
9.00 **MLB's Best** This weekly MLB highlights show showcases the most exciting fielding and offensive plays from the past week.
9.30 **Red Bull Air Race Magazine** All the latest news and action as the 2019 Red Bull Air Race lands in Lake Balaton, Hungary.
10.30 **Irish Rally Review** Highlights.
11.00 **Live Baseball Tonight** Your one-stop shop for MLB news.
12.00 M'T **LIVE MLB Boston Red Sox v New York Yankees.** The American League match from Fenway Park. Start-time **12.05am**.
3.00 AM **Irish Rally Review**
3.30 **to 6.00** AM **CFL**

Eurosport 1

410 410 864 523 521 412 435

7.30 AM **Cycling: Tour de France**
8.30 **Speedway European Championship** Round two.
9.30 **LIVE 24 Hours of Spa** From Spa-Francorchamps, Belgium.
10.50 **LIVE Porsche Supercup** The German Grand Prix.
11.40 **Best of Bikes**
12.00 NOON **Bennetts British Superbikes** Highlights.
1.00 PM **Motorcycling: Skerries**
2.00 **Speedway European Championship**
3.00 **Cycling: Tour de France**
4.30 **LIVE Cycling: Tour de France** The final stage of this year's race.
9.00 **Tour de France – The Breakaway** Stage 21.
9.15 **Mountain Biking: European Champs** Action from Brno.
11.00 **Cycling: Tour de France**
12.35 AM **Cycling: UK Men's Road Series** The sixth round.
1.10 **to 1.20** AM **Eurosport News**

Eurosport 2

411 411 865 524 522 413 436

6.00 AM **LIVE Suzuka 8 Hours** Further coverage from Japan.
12.00 NOON **LIVE Motocross World Championship** Coverage of race one of the MX2 discipline from Loket, Czech Republic.
1.00 PM **LIVE Motocross World Championship** Coverage of race one of the MXGP discipline.
2.00 **LIVE 24 Hours of Spa** From Spa-Francorchamps in Belgium.
4.00 **LIVE Motocross World** Race two of the MXGP discipline.
5.00 **Motocross World Championship**
5.30 **Rallycross: Titans-RX Series**
6.15 **WATTS** Eurosport highlights.
6.25 **LIVE Snooker: Riga Masters** Coverage of the final in Latvia.
9.45 **British GT Championship**
10.45 **Rallycross: Titans-RX Series**
11.30 **Porsche Supercup**
12.00 M'T **Snooker: Riga Masters**
1.30 AM **Porsche Supercup**
2.30 **to 6.00** AM **Highlights**

Sky Sports Arena

408 408 862 518 508

6.00 AM **Sporting Greats**
7.00 **WWE Slam City**
7.30 **WWE from the Vault**
8.00 **Great Sporting Moments**
9.00 **WWE Smackdown Hlts**
10.00 **World Matchplay Darts**
2.00 PM **Sporting Greats**
2.30 **LIVE GAA** Coverage of either a football or hurling match.
5.30 **Fight Night International** Maurice Hooker v Jose Ramirez: Action from the bout for the WBC and WBO World Super-Lightweight titles, which took place at College Park Centre in Arlington.
9.00 **Show Jumping** Action from the Longines BHS King George V Gold Cup at Hickstead.
11.30 **WWE Raw Hlts**
12.30 AM **WWE Smackdown Hlts**
1.30 **Sporting Records**
2.00 **Super League Gold**
3.00 **Sporting Records**
4.00 **Great Sporting Moments**
5.00 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 516 506

6.00 AM **F1 Cars Through 1000 Races** Memorable races.
6.05 **McLaren In Baku**
6.20 **British F1 GP Best Bits**
6.50 **German F1 GP: Story So Far**
7.20 **Formula 1**
8.55 **Alfa Romeo 1950**
9.00 **Formula 1**
10.45 **The F1 Show**
11.15 **F1 Cars Through 1000 Races**
11.20 **LIVE Porsche Supercup** The German Grand Prix.
12.00 NOON **The F1 Show**
12.30 PM **LIVE Formula 1** The German Grand Prix. Start-time **2.10pm**.
5.00 **German F1 GP Notebook**
5.30 **Formula 1**
8.30 **LIVE Indycar: Honda Indy 200 at Mid-Ohio** Coverage of the 13th round of the season from Lexington, Ohio.
11.00 **German F1 GP Best Bits**
11.30 **Formula 1**
12.30 AM **German F1 GP Notebook**
1.00 **to 6.00** AM **Formula 1**

Monday

29 July

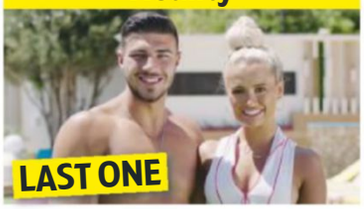
Evening Planner

Monday

Documentary

Young, British and Depressed: Dispatches
C4 HD, 8pm
Sanah Ahsan asks if the mental health system relies too much on medication

Reality



Love Island: The Live Final
ITV2 HD, 9pm
The winning couple are announced from the villa, with loved-up Tommy Fury and Molly-Mae Hague the favourites

Documentary

How to Break into the Elite
BBC2 HD,9pm
Amol Rajan meets graduates as they embark on job searches to see if career chances are based on 'who you know'

Genealogy

Who Do You Think You Are?
BBC1 HD, 9pm
Naomie Harris's search for ancestors takes her to Grenada and Jamaica

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 The One Show	7.30 Taking on the...	8.00 EastEnders	8.30 Boeing's Killer...	9.00 Who Do You Think You Are?		10.00 News; Local News	10.35 This Country
102 BBC2	7.00 Rick Stein's Road to Mexico		8.00 Nadiya's Time...	8.30 University...	9.00 How to Break into the Elite		10.00 I Love 1984	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Ainsley's...	8.30 Coronation Street	9.00 Long Lost Family: What Happened Next		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Young, British...	8.30 The £1 Houses...	9.00 24 Hours in Police Custody		10.00 8 Out of 10 Cats Does Countdown	
105 CHANNEL 5	7.00 Secrets of the Bermuda Triangle		8.00 Traffic Cops		9.00 Hoarding Hell: Nightmare Tenants...		10.00 Executed on the Streets: Gang Wars	
106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own: US Road Trip...		9.00 Film: Die Hard with a Vengeance			
Entertainment								
116 BBC4	7.00 Beyond 100 Days	7.30 Venice 24/7	8.00 Life		9.00 The British Garden: Life and Death on Your Lawn			10.30 The Joy of...
118 ITV2	◂ 6.35 Film: Godzilla				9.00 Love Island: The Live Final			10.35 Family Guy
136 MORE4	◂ 6.55 The Supervet		7.55 Escape to the Chateau		9.00 Life After WWI: In Colour		10.00 Living in the Shadow of World War Two	
135 E4	7.00 Hollyoaks	7.30 School of Rock	8.00 Film: X-Men 2					10.35 The Big...
107 SKY WITNESS	◂ 6.45 My Kitchen Rules: Australia		8.00 Criminal Minds		9.00 Blue Bloods		10.00 World's Most Evil Killers	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Film: The Truth About Killer Robots			10.30 Divorce
110 GOLD		7.10 Open All Hours	7.50 Only Fools and Horses		9.00 dinnerladies	9.40 Blackadder the Third		10.20 The Office
111 DAVE	7.00 QI XL		8.00 Have I Got a Bit More Old News for You		9.00 QI XL		10.00 Dave Gorman: Modern Life Is Goodish	
119 ITV3	7.00 Murder, She Wrote		8.00 Doc Martin				10.00 Foyle's War	
120 ITV4	7.00 Tour de France Highlights		8.00 Made in Britain		9.00 Benidorm		10.00 Film: The Nice Guys	
112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre: Happy & Glorious		10.00 Film: I Love You, Man	
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 The Outpost		10.00 Film: The Crazies	
109 W	7.00 MasterChef Junior USA		8.00 Emma Willis: Delivering Babies		9.00 One Born Every Minute			
113 UNIVERSAL	7.00 NCIS		8.00 Private Eyes		9.00 Ransom		10.00 Law & Order: Special Victims Unit	
124 FOX	7.00 NCIS				9.00 Lucifer		10.00 People of Earth	10.30 American Dad!
122 SKY ARTS	7.00 The Eighties		8.00 Hollywood In Vienna: The World of Hans Zimmer				10.00 Callas, Kennedy, Onassis: Two Queens...	
Documentary								
125 DISCOVERY	7.00 Outback Truckers		8.00 Combat Dealers		9.00 Fast N' Loud			
162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 North Woods Law		9.00 Alaskan Bush People		10.00 Animal Cops Houston	
129 NAT GEO	7.00 WW2 Wrecks: Draining the Ocean		8.00 Hitler's Last Stand		9.00 Air Crash Investigation		10.00 Seconds from Disaster	
130 HISTORY	7.00 American Pickers		8.00 The Curse of Oak Island		9.00 Moon Landing: The Lost Tapes		10.00 Conspiracy: Faking the Moon Landings	
155 YESTERDAY	7.00 Secrets of the Railways		8.00 Invasion! With Sam Willis		9.00 Abandoned Engineering		10.00 The World at War	
166 EDEN	7.00 South Pacific		8.00 The Blue Planet				10.00 Planet Earth	
Films								
301 SKY PREMIERE	◂ 6.20 School Spirits		8.00 Johnny English Strikes Again			9.45 The Possession of Hannah Grace		
302 SKY MEGAHITS	◂ 6.40 A Star Is Born				9.00 Venom			
303 SKY GREATS	◂ 5.30 Kingdom of Heaven		8.00 Alien: Director's Cut				10.00 Face/Off	
304 SKY DISNEY	◂ 6.30 Mulan		8.00 Monsters, Inc			9.35 Sleeping Beauty		
305 SKY ANIMATION	◂ 6.00 The Incredibles		8.00 Smallfoot			9.45 Big Fish & Begonia		
306 SKY ACTION	◂ 5.45 Jumanji: Welcome to the Jungle		8.00 Skyscraper				10.00 Rampage	
307 SKY COMEDY	◂ 6.00 That's My Boy		8.00 Pitch Perfect 3			9.40 Shaun of the Dead		
308 SKY THRILLER	◂ 6.35 Catch Me If You Can				9.00 The Equalizer 2			
309 SKY DRAMA	◂ 5.25 Ray		8.00 Goodbye Christopher Robin				10.00 All the Money in the World	
310 SKY SCI-FI		7.15 Happy Death Day			9.00 War of the Worlds			
311 SKY SELECT	◂ 6.20 Thoroughbreds		8.00 Panic Room				10.00 First Reformed	
313 FILM4		7.10 Before We Go			9.00 Arrival			
315 TCM	◂ 5.40 Battle of the Bulge				9.00 Striking Distance			
Sport								
401 MAIN EVENT	7.00 The Transfer Show		8.00 Sky Sports Tonight				10.00 Transfer Centre	10.30 News at Ten
402 PREMIER LEAGUE	◂ 6.00 Premier League Years		8.00 PL: Manchester City Highlights				10.00 PL Greatest Games	
403 FOOTBALL	7.00 EFL Goals...	7.30 SPFL Round-Up	8.00 EFL Goals: Championship		9.00 EFL Goals...	9.30 SPFL Round-Up	10.00 EFL Highlights	
404 CRICKET	7.00 How the 2009 Ashes Were Won				9.00 Captain's Log		10.00 How the 2013 Ashes Were Won	
413 BT SPORT 1	◂ 6.30 Fishing: On...	7.30 SGB Premiership – Live: The British Final of the Speedway Great Britain Premiership						10.30 One Day In May
414 BT SPORT 2	◂ 6.00 WTA Tennis – Live: Action from day one of the Mubadala Silicon Valley Classic in San Jose, USA							

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101/115 801 101 108 1 101 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Wanted Down Under** (S)(R)
10.00 **Homes Under the Hammer** (S)(R)
11.00 **Food: Truth or Scare** (S)(R)
11.45 **Armchair Britain** (S)(R)
12.15 PM **Bargain Hunt** New edition From the National Botanic Garden of Wales. (S)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 NEW SERIES **800 Words** 1/16. Return of the comedy drama starring Erik Thomson. (S3) (S)
2.30 **Escape to the Country** House-hunting in Wiltshire with new grandparents. (S)(R)(AD)
3.30 **Make Me a Dealer** (S)(R)
4.15 **Flog It!** In Northamptonshire. (R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 EastEnders

7 PM

7.00 **The One Show** Matt Baker and Stacey Dooley present the topical show. (S)
7.30 NEW **Taking on the Irish Sea – Our Lives** Following a 12-strong crew competing in sea-rowing race the Celtic Challenge. (S)(AD)

8 PM

8.00 **EastEnders** Chantelle refuses to make amends with Mitch. (S)(AD)
8.30 NEW **Boeing's Killer Planes – Panorama** Investigating the fatal flaws of the Boeing 737 Max. (S)

9 PM

9.00 **Who Do You Think You Are?** New edition 2/8. Naomie Harris traces her ancestry, discovering a connection to slavery and learning of a story of tragic poverty in Jamaica. *See feature, page 16* (S)(AD)
■ Repeated on Thursday

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **This Country** 5/6. Kurtan pursues a girl who has just moved into the village, but has a rival for her affections in his friend Slugs. (S1) (S)(R)
11.00 **Have I Got a Bit More Old News for You** David Tennant hosts an extended edition of the satirical quiz from November 2018, with Reginald D Hunter and Lucy Prebble joining team captains Ian Hislop and Paul Merton. (S)(R)
11.45 **The Truth About Meat** Chris Bavin investigates the potential health risks of eating meat. (S)(R)
12.45 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 102 102 2 102 102 102/106

6.30 AM **An Island Parish: Falklands** Documentary series. (S)(R)(AD)
7.00 **An Island Parish: Falklands** (S)(R)
7.30 **Sign Zone: Britain in Bloom** (S)(R)
8.00 **Sign Zone: Great British Railway Journeys** (S)(R)(AD)
8.30 **This Week in Parliament** (S)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
1.00 PM **Curious Creatures** (S)(R)
1.30 **Getting the Builders In** (S)(R)
2.15 **Best Bakes Ever** (S)(R)
3.00 **Hairy Bikers' Best of British** (R)
3.45 **The Wonder of Animals** (S)(R)
4.15 **Elephant Family & Me** (S)(R)(AD)
5.15 **Antiques Road Trip** (S)(R)
6.00 **Celebrity Eggheads** (S)(R)
6.30 **The Customer Is Always Right** Consumers put entrepreneurs' products to the test. (S)(R)

8.00 Nadiya's Time to Eat

7 PM

7.00 **Rick Stein's Road to Mexico** 2/7. The chef continues down the Californian coastline immortalised by John Steinbeck, from Los Angeles to San Diego, where a fishmonger cooks him the best fish chilli he has ever had. (S)(R)

8 PM

8.00 **Nadiya's Time to Eat** New edition 3/6. Time-saving recipes, including an indulgent chocolate mousse. (S)(AD)
8.30 **University Challenge** New edition Magdalen College, Oxford take on York. (S)

9 PM

9.00 NEW **How to Break into the Elite** Amol Rajan investigates how much class still matters in Britain's leading professions, finding out what it takes for working-class graduates to break into the elite. (S)

10 PM

10.00 **I Love 1984** Holly Johnson looks back at the year when the charts were dominated by Nik Kershaw, Madonna and Sade. (S)(R)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Tribes, Predators & Me** 1/3. Gordon Buchanan meets different cultures that live and hunt alongside predators, beginning with men in the Solomon Islands who freedive for fish alongside sharks. (S)(R)(AD)
12.15 AM **Sign Zone: Serengeti** 3/6. Kali the lioness entrusts her cubs to male babysitter Sefu. (S)(R)(AD)
1.15 **Sign Zone: Countryfile** (S)(R)
2.10 **to 6.15** AM **Previews** (S)

ITV

103 103/176 803 103 113/103 3 103 103 111

6.00 AM **Good Morning Britain** (S)
8.30 **Lorraine** (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson presents highlights from the show, including a £10 junk shop bargain doing well at auction to everyone's surprise. (S)(R)
3.00 **Tenable** A team of school friends from Kent take part. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Long Lost Family...

7 PM

7.00 **Emmerdale** Matty is mortified about his behaviour, and Bernice confides in Nicola. (S)(AD)
7.30 **Coronation Street** Seb is horrified by Alina's living arrangements. (S)(AD)

8 PM

8.00 **Ainsley's Caribbean Kitchen** 1/6. Ainsley Harriott takes a culinary tour of the region, beginning in Jamaica. (S)(R)
8.30 **Coronation Street** Seb refuses to turn a blind eye to Alina's plight. (S)(AD)

9 PM

9.00 NEW SERIES **Long Lost Family: What Happened Next** Davina McCall and Nicky Campbell revisit more memorable searches, catching up with two people whose lives have been transformed. (S)

10 PM

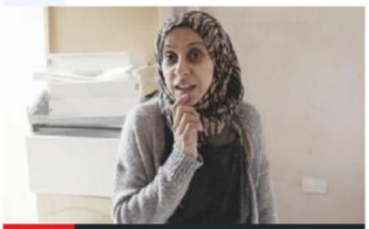
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Daylight Robbery: Caught on Camera** How technology has led to increasing numbers of thieves being brought to justice. (S)(R)
11.45 **Tenable** Five radio presenters from Sussex compete. (S)(R)
12.35 AM **Tour de France Highlights** Action from the final stage.
1.25 **James Martin's French Adventure** The chef arrives at Palace of Versailles. (S)(R)
2.15 **Teleshopping**
2.45 **Masterpiece with Alan Titchmarsh** In East Sussex. (S)(R)
3.35 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** (S)(R)

+1 hour 203 114 33 112

CHANNEL 4

104 104/138 803 104 141 4 104 104

6.25 AM **Cheers** Triple bill. (S11) (S)(R)
7.45 **Everybody Loves Raymond** Triple bill. (S2) (S)(R)(AD)
9.10 **Frasier** 1&2/24. (S7) (S)(R)(AD)
10.10 **The Big Bang Theory** (S)(R)(AD)
11.00 **The Simpsons** (S)(R)(AD)
12.00 NOON **News** (S)
12.05 PM **A New Life in the Sun** (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A woman looking for a home in Spain's Murcia region. (S)(R)
4.00 **The £100k Drop** New edition (S)
5.00 **Come Dine with Me** New edition The first of a week of dinner parties from Bristol and Bath. (S)
5.30 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Cleo hears that Mitchell is still stripping, and her jealousy takes over. (S)(AD)



8.30 The £1 Houses: Britain's...

7 PM

7.00 **News** (S)

8 PM

8.00 NEW **Young, British and Depressed: Dispatches** Mental health in young people.
8.30 **The £1 Houses: Britain's Cheapest Street** New edition Ibby's baby makes an appearance. (S)(AD)

9 PM

9.00 **24 Hours in Police Custody** CID detective Dave Brecknock investigates a burglary at a country estate in which antiques worth a quarter of a million pounds have been reported stolen, but something does not add up. (S)(R)(AD)

10 PM

10.00 **8 Out of 10 Cats Does Countdown** Sean Lock and Miles Jupp take on Jon Richardson and Rose Matafeo, while Vic Reeves joins Susie Dent in Dictionary Corner. (S)(R)
11.05 **Celebrity Gogglebox** (S)(R)(AD)
12.10 AM **Generation Porn** (S)(R)(AD)
1.05 **Ramsay's Kitchen Nightmares USA** Revisiting restaurants. (S)(R)
1.55 **The Lateish Show with Mo Gilligan** With Pixie Lott. (S)(R)
2.50 **Jamie and Jimmy's Friday Night Feast** (S)(R)(AD)
3.45 **Grand Designs New Zealand** (R)
4.40 **Kirstie's Handmade Treasures** (R)
4.55 **Come Dine with Me** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 142 15 109 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Bargain-Loving Brits By the Sea** Chris gets ready to welcome a hen party. (S)(R)
12.10 PM **News** (S)
12.15 **Can't Pay? We'll Take It Away!**
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM Dying for a Baby** Thriller starring Christa B Allen. (S) (2019, PG, 105min) ★★
4.00 **Friends** 5&6/18. (S10) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Mark arrests Gary for assault. (S)(R)(AD)
6.00 **Home and Away** John is taken to hospital, and Raffy finds out about Tommy. (S)(R)(AD)
6.30 **News** (S)

10.00 Executed on the Streets...

7.00 **Secrets of the Bermuda Triangle** 1/3. Ortis Deley learns how the region became a global phenomenon after a book, and Rick Edwards hears from a fisherman who spent 16 days in the area. (S)(R)

8.00 **NEW SERIES Traffic Cops** Jamie Theakston returns with the programme offering insight into the life of officers patrolling the nation's roads following officers from Derbyshire, with this edition focusing on lorry thieves. (S)

9.00 **Hoarding Hell: Nightmare Tenants, Slum Landlords** Series finale 8/8. Brent Council housing enforcement officer Herb discovers 26 labourers living in life-threatening conditions in a single house. (S)

10.00 **NEW Executed on the Streets: Gang Wars** Documentary examining the case of the tit-for-tat executions that targeted the wrong men. Plus an insight into one of Newcastle's biggest crime families. (S)

11.05 **FILM London Heist** Gangster thriller starring Craig Fairbrass. (S) (2017, 15, 115min) ★★
1.00 AM **21.co.uk Live Casino Show**
3.00 **Access** Showbiz news. (S)
3.10 **Bargain Loving Brits By the Sea** Documentary. (S)(R)
4.00 **Britain's Greatest Bridges** (R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Wildlife SOS** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 155 44 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal House** (S)(R)(AD)
7.00 **Monkey Life** (S)(R)(AD)
8.00 **The Dog Whisperer** (S)(R)(AD)
9.00 **Supergirl** 6/20. (S1) (S)(R)
10.00 **The Flash** 6/23. (S3) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** 21&23/24. Double bill. (S3) (S)(R)
3.00 **MacGyver** 8/23. (S2) (S)(R)
4.00 **Modern Family** 12&13/24. Double bill. (S6) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **Futurama** *Fry and the Slurm Factory:* Featuring the guest voice of Pamela Anderson. (R) **6.00** *I Second That Emotion:* Bender flushes Nibbler down the toilet. (S)(R)(AD)
6.30 **The Simpsons** *The Girl Who Slept Too Little:* The town's graveyard is moved. (R)

9.00 Die Hard with a Vengeance

7.00 **The Simpsons** *Milhouse of Sand and Fog:* Milhouse's estranged parents consider a reconciliation. (R) **7.30** *See Homer Run:* Lisa is upset at Homer's failure to appreciate her Father's Day gift. (S)(R)

8.00 **A League of Their Own: US Road Trip 2.0** James Corden, Jamie Redknapp, Jack Whitehall and Andrew Flintoff perform with the LA Rams cheerleaders in front of a crowd of 91,000 fans. (S)(R)

9.00 **FILM Die Hard with a Vengeance** Action thriller sequel starring Bruce Willis, Jeremy Irons and Samuel L Jackson. Cop John McClane plays a deadly game of bluff when a terrorist mastermind holds New York to ransom. (1995, 15, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.30 **Warrior** *The Blood and the Sh*t:* 5/10. Ah Sahm and Young Jun transport cargo through the Sierra Nevada. (S1) (S)(R)
12.30 AM **Road Wars** Video footage of dangers on the road. (S)(R)
1.00 **Hawaii Five-0** (S)(R)
2.00 **Brit Cops: War on Crime** (R)
3.00 **Hawaii Five-0** (S)(R)
4.00 **Babylon 5** 14/22. (S3) (S)(R)
5.00 **to 6.00** AM **Stargate SG-1** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 951, Virgin 862, Freesat 960
No variations

N. IRELAND
Sky 953, Virgin 863, Freesat 957
10.35pm NEW SERIES My First Pride (S) **10.45** This Country (S)(R) **11.15** Have I Got a Bit More Old News for You (S)(R) **12.00m't** The Truth About Meat (S)(R)(AD) **1.00-6.00am** BBC News (S)

WALES
Sky 952, Virgin 864, Freesat 964
11.45am-12.15pm Showstoppers: Best of the Royal Welsh 2019 (S)(R) **10.35pm** Warriors: Our Homeless World Cup Series finale (S) **11.05** This Country (S)(R) **11.35** Saving Britain's Worst Zoo (S)(R) **12.15am** Have I Got a Bit More Old News for You (S)(R) **12.55** Weather for the Week Ahead (S) **1.00-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 972, Freesat 969
10.00-10.30pm Beidh Aonach Amárach (S)(R)

WALES
Sky 971, Freesat 971
No variations

ITV

As main ITV except:
WALES
8.00-8.30pm Fire Station 20 New edition (S) **10.45** Sharp End (S) **11.10** Inside the Ritz Hotel (S)(R)(AD) **11.40pm-12.35am** Daylight Robbery: Caught on Camera (S)(R)(AD)

S4C

Sky 134, Virgin 166, Freesat 120
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Ward Plant **12.30** Heno **1.30** Taith Fawr y Dyn Bach (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Trysorau'r Teulu **4.00** Awr Fawr **5.00** Stwnsh **6.00** Newyddion S4C a'r Tywydd **6.05** Y Wal (AD) **7.00** Heno **8.00** Pobol y Cwm (AD) **8.25** 3 Lle **9.00** Newyddion 9 a'r Tywydd **9.30** Pethe **10.00** Codi Pac **10.30** Traed Lan (AD) **11.00-11.35pm** Bad Achub Porthdinllaen (AD)

TV&Satellite Week
New issue on sale tomorrow

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Venice 24/7** 1/6. The work of the Italian city's emergency services.
8.00 **Life** 6/10. Bombardier beetles, honeybees and grass-cutter ants are among the creatures explored as the focus turns to insects.
9.00 **The British Garden: Life and Death on Your Lawn** Chris Packham and a group of experts spend 12 months scrutinising the wildlife in eight gardens on a street in Welwyn Garden City.
10.30 **The Joy of Winning** A witty, mind-expanding guide to the science of success.
11.30 **Blackadder II** Triple bill.
1.00 AM **The Ottomans: Europe's Muslim Emperors** Examining why the empire finally collapsed.
2.00 **The Art of Spain** Documentary exploring the influences on Spanish art.
3.00 **to 4.00** AM **Africa: A Journey into Music**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.45 **Escape to the Chateau**
10.45 **The Great British Bake Off** Biscuit Week.
12.00 NOON **Find It, Fix It, Flog It**
1.05 PM **Four in a Bed**
3.40 **Kirstie and Phil's Love It or List It** In West Yorkshire.
4.50 **Love It or List It Australia** New edition In the Gold Coast suburb of Ashmore.
5.55 **The Secret Life of the Zoo**
6.55 **The Supervet** Noel sets out to mend a dog's spine.
7.55 **Escape to the Chateau** Dick Strawbridge smashes a hole through one of the castle's interior walls.
9.00 **Life After WWI: In Colour** Series finale 2/2. Hatred and fear resurface, bringing chaos, and as America withdraws into isolation, stirrings of independence rock the Empire.
10.00 **Living in the Shadow of World War Two** New edition 2/3. The civilian casualties, which outnumbered those of military personnel, with most victims of bombings.
11.05 **24 Hours in A&E** A man with symptoms of a stroke.
12.05 AM **Shocking Emergency Calls** The aftermath of the Boston Marathon bombing.
1.10 **The Supervet**
2.10 **The Secret Life of the Zoo**
3.10 **to 3.55** AM **8 Out of 10 Cats**

+1 hour 236 196 86 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Judge Rinder**
7.10 **Dinner Date**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
12.45 **Coronation Street**
1.50 **Ellen DeGeneres Show**
2.45 **Dinner Date**
3.50 **Dress to Impress**
4.50 **Take Me Out**
6.00 **You've Been Framed! Gold** Home-video clips.
6.35 **FILM Godzilla** Monster thriller remake starring Aaron Taylor-Johnson and Elizabeth Olsen. A giant monster may be the only hope of stopping a race of underground creatures on a deadly global rampage. (2014, 12, 123min) ★★★
9.00 **Love Island: The Live Final** Series finale Caroline Flack oversees proceedings as the four remaining couples compete for viewers' votes in the hope of winning the £50,000 prize.
10.35 **Family Guy** Double bill.
11.35 **American Dad!** 9/20. Stan stays awake all night. **12.00** M'T 10/20. The family plans a game night. (S5)
12.30 AM **Iain Stirling's CelebAbility**
1.20 **to 2.15** AM **Superstore**

+1 hour 218 116 27 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Rules of Engagement**
8.00 **How I Met Your Mother**
9.00 **Melissa & Joey**
10.00 **Black-ish**
11.00 **Brooklyn Nine-Nine**
12.00 NOON **Young Sheldon**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **Black-ish**
5.00 **Speechless**
6.00 **The Big Bang Theory** 4&5/24. Double bill. (S5)
7.00 **Hollyoaks**
7.30 **School of Rock** New edition 11/12. The kids work on a new band project. (S1)
8.00 **FILM X-Men 2** Fantasy adventure sequel based on the Marvel comic book, starring Patrick Stewart, Hugh Jackman and Ian McKellen. After a mutant attacks the US president in the White House, a hardline army general gets the go-ahead to tackle the supposed mutant menace. (2002, 12, 133min) ★★★★
10.35 **The Big Bang Theory**
11.30 **Brooklyn Nine-Nine**
12.25 AM **8 Out of 10 Cats**
1.25 **Gogglebox**
2.30 **Gogglebox Australia** New edition *The Amazing Race.*
3.25 **First Dates**
4.20 **Brooklyn Nine-Nine**
5.05 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 146 28 123

Monday primetime

Monday primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 807 112 111

- 6.00 AM **Motorway Patrol**
- 7.00 **Stop, Search, Seize**
- 8.00 **Nothing to Declare**
- 9.00 **Send in the Dogs**
- 11.00 **Stop, Search, Seize**
- 12.00 NOON **Children's Hospital** Six editions, including at: **2.30** PM A seven-year-old faces urgent surgery.
- 3.00 **Nothing to Declare** Eight editions of the fly-on-the-wall documentary following the lives of customs and immigration officers at Australia's biggest airports.

9.00 Blue Bloods

7 PM

- 6.45 **My Kitchen Rules: Australia** New edition It is Group 1's turn to feel the heat and Group 2's turn to judge.

8 PM

- 8.00 **Criminal Minds** *Mayhem:* 1/26. A bomb explodes in New York, and a member of the team may have been injured. (S4)

9 PM

- 9.00 **Blue Bloods** New episode *Common Enemies:* 19/22. Danny and his arch-enemy become allies. (S9)

10 PM

- 10.00 **World's Most Evil Killers** Pawel Tuchlin, who in 1975 embarked on an eight-year wave of sex attacks against women.
- 11.00 **Criminal Minds** (S6)
- 12.00 M'T **Murders That Shocked the Nation** John Christie.
- 1.00 AM **Elementary** (S7)
- 2.00 **Brit Cops: Law & Disorder**
- 3.00 **Brit Cops: War on Crime**
- 4.00 **Air Ambulance ER**
- 5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 140

Sky Atlantic

108 108 808

- 6.00 AM **The Guest Wing**
- 7.00 **Fish Town**
- 8.00 **Urban Secrets** In Glasgow.
- 9.00 **Discovering: Audrey Hepburn**
- 10.00 **The West Wing** (S3)
- 12.00 NOON **Without a Trace** (S2)
- 2.00 PM **Blue Bloods** 1/22. (S5)
- 3.00 **The West Wing** (S3)
- 5.00 **Without a Trace** 4/24. A 14-year-old violinist disappears on the night of a concert. **6.00** 4/24. The team search for a missing woman. (S2)

10.30 Divorce

- 7.00 **CSI** *Leave Out All the Rest:* 5/24. A seemingly respectable man is tortured before being murdered. (S9)
- 8.00 **Blue Bloods** *Forgive and Forget:* 2/22. Danny and Erin clash when a settled case is reopened as a murder investigation. (S5)
- 9.00 **The Truth About Killer Robots** Charting the growing dangers that are emerging as humans become increasingly dependent on automation and robots.
- 10.30 **Divorce** New episode 4/6. Harry and Frances go for a meal. (S3)
- 11.05 **Last Week Tonight with John Oliver** New edition The host takes a satirical look at news and pop culture.
- 11.40 **Six Feet Under** (S4)
- 1.55 AM **Show Me a Hero** (S1)
- 3.25 **Divorce** As 10.30pm.
- 4.00 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

- 7.30 AM **A Sharp Intake of Breath**
- 8.00 **The Green Green Grass**
- 8.35 **You Rang, M'Lord?**
- 9.40 **dinnerladies diaries**
- 10.40 **Last of the Summer Wine**
- 12.40 PM **Keeping Up Appearances**
- 1.20 **The Green Green Grass**
- 2.00 **Are You Being Served?**
- 2.35 **Open All Hours** As 7.10pm.
- 3.15 **Only Fools and Horses**
- 3.55 **Last of the Summer Wine**
- 5.55 **Are You Being Served?**
- 6.30 **Only Fools and Horses** The Trotters agree to dog-sit.

9.40 Blackadder the Third

- 7.10 **Open All Hours** Arkwright misses out on a sales opportunity.
- 7.50 **Only Fools and Horses** Rodney and Albert worry the flat will get overcrowded once Raquel and Del's baby arrives.
- 9.00 **dinnerladies** The staff have a bet on Bren's chances with Tony.
- 9.40 **Blackadder the Third** Edmund discovers Prince George is broke.
- 10.20 **The Office** David Brent is in his element as the staff prove how wacky they can be for Red Nose Day.
- 11.00 **Two Pints of Lager...**
- 11.40 **Game On**
- 12.20 AM **I'm Alan Partridge**
- 1.00 **Henry IX**
- 1.35 **The Office** As 10.20pm.
- 2.15 **Two Pints of Lager...**
- 2.45 **to 4.00** AM **Harry Hill's TV Burp**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

- 6.00 AM **Classic Coronation Street**
- 6.50 **Heartbeat**
- 7.55 **Murder, She Wrote**
- 8.45 **On the Buses**
- 9.55 **George and Mildred**
- 10.25 **A Touch of Frost**
- 12.40 PM **Heartbeat**
- 1.45 **Classic Emmerdale**
- 2.50 **Classic Coronation Street**
- 3.55 **Agatha Christie's Poirot**
- 5.00 **Downton Abbey** *Christmas Special 2011:* Violet has concerns about Rosamund's suitor. With Nigel Havers.

5.00 Downton Abbey

- 7.00 **Murder, She Wrote** *Death in Hawaii:* The son of a hotel magnate is found standing over a corpse with a gun.
- 8.00 **Doc Martin** *The Apple Doesn't Fall:* 1/7. Pauline grows increasingly frustrated with her role at the surgery.
- 9.00 **Doc Martin** *Movement:* 2/7. Bert decides to open a restaurant, and Martin meets the surgery's new receptionist. (S3)
- 10.00 **Foyle's War** *High Castle:* A university professor is found murdered in a park after working as a translator in Nuremberg.
- 12.00 M'T **to 2.00** AM **A Touch of Frost** *No Refuge:* An armed robbery ends in murder and detective Jack Frost wastes no time in arresting a known crook he saw during the getaway – but doubts creep in about whether he has got the right man.

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

- 6.00 AM **Only When I Laugh**
- 6.25 **The Saint**
- 7.15 **Kojak**
- 8.15 **Quincy ME**
- 9.15 **Minder**
- 10.20 **The Sweeney**
- 11.30 **The Professionals**
- 12.35 PM **The Saint** *Escape Route:* Simon poses as a jail inmate.
- 1.40 **Kojak**
- 2.40 **Quincy ME**
- 3.45 **Minder**
- 4.50 **The Professionals**
- 5.55 **The Sweeney**

10.00 The Nice Guys

- 7.00 **Tour de France Highlights** Action from the final stage – a flat 128km course from Rambouillet to Paris.
- 8.00 **Made in Britain** How a policeman's helmet and lava lamps are made, and meeting the Yorkshire tea tasters.
- 9.00 **Benidorm** 6/9. Tiger and Rob decide that Joey's mathematical talents would come in handy for a trip to the casino. (S9)
- 10.00 **FILM The Nice Guys** Crime comedy starring Russell Crowe. (2015, 15, 113min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.20 AM **BRDC Formula 3 Highlights** The fifth round at Spa-Francorchamps, where the 13th, 14th and 15th races of the season were scheduled.
- 1.20 **Motorsport UK**
- 2.20 **to 2.45** AM **Only When I Laugh**

+1 hour 220 175 154

Sky Two

151 121

- 6.00 AM **Obese: A Year to Save My Life**
- 8.00 **60 Minute Makeover**
- 10.00 **My Kitchen Rules: Australia** Double bill.
- 12.30 PM **Monkey Business**
- 1.00 **The Dog Whisperer**
- 2.00 **It's Me or the Dog**
- 3.00 **Relic Hunter** 7/22. (S3)
- 4.00 **Ninja Warrior**
- 6.00 **Stargate SG-1** (S2)
- 8.00 **Hawaii Five-0** (S1)
- 9.00 **SEAL Team** *Boarding Party:* 3/22. A research ship is hijacked in the South China Sea. **10.00** *Ghosts of Christmas Future:* 4/22. The bodyguard of the team's target recognises Jason. (S1)
- 11.00 **Highway Cops**
- 12.00 M'T **Ross Kemp: Extreme World**
- 1.00 AM **Blue Bloods** (S9)
- 2.00 **Police Ten 7**
- 3.00 **Duck Quacks Don't Echo**
- 4.00 **Monkey Business**
- 5.00 **to 6.00** AM **The Dog Whisperer**

Pick

152 123 11 144

- 6.00 AM **Nothing to Declare**
- 7.00 **Border Patrol**
- 8.00 **Highway Patrol**
- 9.00 **Motorway Patrol**
- 10.00 **Police Ten 7**
- 11.00 **Police Force: Australia**
- 12.00 NOON **Road Wars**
- 1.00 PM **UK Border Force**
- 2.00 **Australia's Front Line**
- 3.00 **Nothing to Declare**
- 3.30 **Caught Red Handed**
- 5.00 **Without a Trace** (S7)
- 6.00 **Stargate SG-1** (S1)
- 7.00 **The Flash** 19/23. (S3)
- 8.00 **David Attenborough's Wild City** Singapore.
- 9.00 **Murder Casebook**
- 10.00 **A Haunting**
- 11.00 **The Force: North East**
- 12.00 M'T **Banged Up Abroad**
- 1.00 AM **Brit Cops**
- 2.00 **Road Wars**
- 3.00 **Real Prison Breaks**
- 4.00 **Highway Patrol**
- 4.30 **Motorway Patrol**
- 5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

- 7.10 AM **The Hurting**
- 8.00 **American Pickers**
- 9.00 **Storage Hunters UK**
- 10.00 **American Pickers**
- 11.00 **American Pickers: Best Of** memorable picks.
- 12.00 NOON **American Pickers** Two picking trips.
- 1.00 PM **Top Gear**
- 2.00 **Cop Car Workshop**
- 3.00 **Yianni: Supercar Customiser**
- 4.00 **Modern Wheels or Classic Steals**
- 5.00 **Top Gear**
- 7.00 **QI XL** With Jenny Eclair.
- 8.00 **Have I Got a Bit More Old News for You**
- 9.00 **QI XL** With Sarah Millican.
- 10.00 **Dave Gorman: Modern Life Is Goodish**
- 11.00 **Mock the Week**
- 12.20 AM **Jon Richardson: Ultimate Worrier**
- 1.20 **Mock the Week**
- 3.20 **to 4.00** AM **Storage Hunters UK**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

- 8.00 AM **The Middle** (S5)
- 9.00 **FILM Are We There Yet?** Family comedy. (2005, PG, 95min) ★
- 11.00 **Friends** (S9)
- 1.00 PM **Friends** (S9&10)
- 4.00 **Are We There Yet?** (S1)
- 5.00 **Friends** Eight episodes of the sitcom, including at: **8.30** 19/24. Chandler's plans to whisk Monica away fall flat. (S9)
- 9.00 **Michael McIntyre: Happy & Glorious**
- 10.00 **FILM I Love You, Man** Comedy starring Paul Rudd and Jason Segel. An LA real estate agent with no close male friends tries to find someone to act as Best Man at his forthcoming wedding. (2009, 15, 100min) ★★★
- 12.00 M'T **Friends** 2/24. (S2)
- 12.30 AM **Friends** 21/25. (S6)
- 1.00 **South Park** (S13)
- 4.10 **to 5.00** AM **Impractical Jokers: Inside Jokes**

+1 hour 212 133

ITV Be

131 119 179 26 118

- 9.00 AM **LittleBe**
- 12.00 NOON **Be Beautiful**
- 12.10 PM **Income Property**
- 12.40 **The Real Housewives of Atlanta** Reality series.
- 1.30 **Million Dollar Listing: LA**
- 2.25 **Little Women: LA**
- 3.15 **The Real Housewives of New Jersey**
- 4.10 **The Real Housewives of New York City** **5.00** New edition
- 6.00 **Buying and Selling**
- 8.00 **Dinner Date** With Carley from London.
- 9.00 **Botched** Dr Terry Dubrow transforms a woman's chest.
- 10.00 **Marriage Boot Camp: Reality Stars** The couples are forced to confront their dark pasts.
- 10.55 **The Real Housewives of Sydney** Melissa invites the ladies along on her trip to Singapore.
- 11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

True Ent

179 189 48 142

- 6.00 AM **The Waltons**
- 8.00 **Touched by an Angel**
- 10.00 **Highway to Heaven**
- 1.00 PM **Hamish Macbeth**
- 3.00 **Rumpole of the Bailey**
- 4.00 **Murder, She Wrote**
- 6.00 **Tenko** 1/10. (S1)
- 7.00 **M*A*S*H** Four episodes of the sitcom. (S4)
- 9.00 **Taggart** *Football Crazy:* The bodies of two men linked with the troubled Strathclyde FC are discovered clutching red cards, and the investigation uncovers illicit activities at the club.
- 11.00 **The Persuaders!** 21/24. Brett learns his life may be in danger when he uncovers a devious plot to wipe out the Sinclair family. (S1)
- 12.00 M'T **Tenko** As 6.00pm.
- 1.00 AM **M*A*S*H**
- 2.00 **Rumpole of the Bailey**
- 3.00 **The New Avengers**
- 4.00 **to 6.00** AM **Due South**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 126 226 312 382

7.10 AM **Murdoch Mysteries** (S8)
9.00 **Inspector Alleyn Mysteries**
11.00 **The Coroner** 6/10. (S1)
12.00 NOON **Miss Fisher's Murder Mysteries** 7/13. (S2)
1.00 PM **Murdoch Mysteries**
2.00 **The Doctor Blake Mysteries** *Brotherly Love*: 4/10. Blake tries to prove a death row prisoner's innocence. (S1)
3.00 **Motive** 4/13. (S2)
4.00 **Rizzoli & Isles** 8&9/18. Double bill of the series. (S6)
6.00 **The Guardian** 21/22. (S1)

9.00 Waco

7.00 **Unforgettable** *Pilot:* 1/22. Pilot episode of the crime drama, starring Poppy Montgomery and Dylan Walsh. (S1)

8.00 **Miss Fisher's Murder Mysteries** *The Blood of Juana the Mad:* 8/13. A corpse is revealed during an anatomy lecture. (S2)

9.00 **Waco** New episode *Stalling for Time:* 5/6. The end of the stalemate seems to approach as the FBI turn up the heat. (S1)

10.00 **The Coroner** *Capsized:* 6/10. A man is found dead in a container that has washed up on the beach. (S1)
11.00 **Rush** 18/22. Lawson finds out about Josh's relationship with Shannon. (S2)
12.00 M'T **Unforgettable** 11/13. An employee at a matchmaking service is murdered. (S3)
1.00 AM **Inspector Alleyn Mysteries**
2.50 **to 4.00** AM **The Guardian**

+1 hour 232 191

Syfy

114 114 814 135 165 319 375

6.00 AM **Star Trek: Voyager** (S2)
8.00 **Teleshopping**
11.00 **Merlin** 10/13. (S1)
12.00 NOON **FILM Geo-Disaster** Sci-fi drama, starring Matthew Pohlkamp, Natalie Pelletier and Erich Riegelmann. (2017, PG, 120min) ★★
2.00 PM **Merlin** 11/13. (S1)
3.00 **Stargate Atlantis** 20/20. (S1)
4.00 **Star Trek: Voyager** (S1)
6.00 **Star Trek: The Next Generation** 1/26. A computer breakdown threatens the crew. (S3)

9.00 The Outpost

7.00 **Star Trek: The Next Generation** *The Ensigns of Command:* 2/26. Data faces a race against time. (S3)

8.00 **Stargate Atlantis** *The Siege – Part Three:* 1/20. McKay and the team race to protect *Atlantis* before their enemies arrive. (S2)

9.00 **The Outpost** New episode *Not in My Kingdom:* Rebb goes behind Talon's back to offer Gwynn a powerful army. (S2)

10.00 **FILM The Crazies** Horror thriller remake starring Timothy Olyphant. (2010, 15, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **The Outpost** As 9.00pm.
1.10 **Star Trek: The Next Generation** Triple bill. (S2)
4.10 **to 6.00** AM **FILM Atlantic Rim** Sci-fi adventure starring Anthony 'Treach' Criss and Graham Greene. (2013, PG, 84min) ★★

+1 hour 214 136

W

109 109 809 125 211 311 383

6.10 AM **MasterChef Junior USA**
7.00 **My Dream Home**
8.00 **Tipping Point** Quiz show.
10.00 **The Bill** Police drama.
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
2.00 PM **My Dream Home**
4.00 **Flip or Flop** Renovating a trust sale property in Anaheim, California. **4.30** One of Tarek and Christina's friends aims to prepare his home for sale.
5.00 **Tipping Point** Double bill.

8.00 Emma Willis: Delivering...

7.00 **MasterChef Junior USA** New edition 11/15. The kids must make a dish in 60 minutes featuring different types of corn.

8.00 **Emma Willis: Delivering Babies** Emma narrowly misses her first opportunity to witness a birth.

9.00 **One Born Every Minute** A couple prepare for the arrival of their sixth child, and an expectant mother decides on a home birth.

10.00 **One Born Every Minute** Two women hope to have natural births, but one faces a struggle with the delivery of her large baby.
11.00 **Inside the Ambulance** A man who has just found out he has been exposed to HIV.
12.00 M'T **Inside the Operating Theatre** Jonathan has a camera put inside his lungs to find out if he has cancer.
1.00 **to 3.00** AM **The Wave**

+1 hour 209 190

Universal

113 113 813 137 164 320 385

8.00 AM **Sea Patrol** 14/16. (S4)
9.00 **Murder in Paradise**
10.00 **Murder She Solved: True Crime**
11.00 **CSI: Miami** As 12.00m't.
12.00 NOON **Law & Order** (S12)
1.00 PM **Law & Order** (S12)
4.00 **NCIS** 6/24. A US navy lieutenant dies after a fight. **5.00** 7/24. Abby creates a 3D computer model of the attack that injured Joe Westcott. **6.00** 8/24. The teenage daughter of a US navy commander is abducted. (S10)

9.00 Ransom

7.00 **NCIS** *Devil's Trifecta:* 9/24. Gibbs is called to the scene when there is an attempt on the life of FBI agent TC Fornell. (S10)

8.00 **Private Eyes** New episode *The Grape Deception:* 5/12. Angie's college roommate calls for help. (S3)

9.00 **Ransom** New episode *Prima:* 7/13. The team investigate when a Russian ballerina and her rival are kidnapped. (S3)

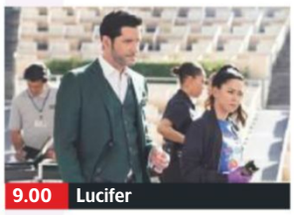
10.00 **Law & Order: Special Victims Unit** *Torch:* 21/24. A former colleague of Stabler's joins the team. (S11)
11.00 **Law & Order: Special Victims Unit** 22/24. Benson and Stabler uncover an illegal adoption ring. (S11)
12.00 M'T **CSI: Miami** (S4)
1.00 AM **NCIS** As 5pm and 6pm.
3.00 **Ransom** As 9.00pm.
4.00 **to 5.00** AM **Private Eyes**

+1 hour 213 138

FOX

124 124 821 157 199

8.00 AM **Monk** 13/16. (S7)
9.00 **Bones** 14/24. (S8)
10.00 **Bull** 23/23. (S1)
11.00 **NCIS** 15/24. (S15)
12.00 NOON **Bones** (S8)
2.00 PM **The Mentalist** (S6)
3.00 **NCIS** 16/24. (S15)
4.00 **Bull** 1/22. (S2)
5.00 **Bones** 17/24. The murder of a man who was fascinated with time travel. (S8)
6.00 **The Mentalist** 21/22. Lisbon reaches a decision about her proposed move. (S6)


9.00 Lucifer

7.00 **NCIS** *One Man's Trash:* 17/24. A possible murder weapon in a 16-year-old cold case appears on television.

8.00 **NCIS** *Death from Above:* 18/24. The NCIS headquarters is evacuated after the team discover a body. (S15)

9.00 **Lucifer** New episode *Let Pinhead Sing!* 17/26. Charlotte tries to help repair Linda and Maze's friendship. (S3)

10.00 **People of Earth** New episode 3/10. Gerry returns to Earth. (S2)
10.30 **American Dad!** 3/13. Animated comedy. (S14)
11.00 **American Dad!** 18/22. Steve goes undercover. (S15)
11.30 **American Dad!** (S9)
12.00 M'T **Family Guy** (S3)
1.00 AM **American Dad!** (S9)
2.00 **Family Guy** (S2)
3.00 **American Dad!** (S2&9)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Monday

7 PM
8 PM
9 PM
10 PM

E!

123 123 834 156 321 386

7.00 AM **Keeping Up with the Kardashians**
10.00 **Big Rich Atlanta**
11.00 **Relatively Nat & Liv**
12.00 NOON **Dating: No Filter**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Relatively Nat & Liv**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
8.00 **Revenge Body with Khloe Kardashian** Khloe helps a pair of overweight twins.
9.00 **Relatively Nat & Liv** A trip to LA turns ugly.
10.00 **Botched**
11.00 **Nightly Pop** New edition
11.30 **Dating: No Filter**
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Hollywood Medium with Tyler Henry**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **Dash Dolls**

Sky Arts

122 122 820 122 206

6.00 AM **André Rieu: Welcome to My World**
7.00 **Auction**
7.30 **Watercolour Challenge**
8.00 **Master of Photography**
9.00 **Tales of the Unexpected**
10.00 **The South Bank Show Originals**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Lynyrd Skynyrd: Live from Jacksonville**
4.00 **The Sixties**
5.00 **Discovering**
7.00 **The Eighties**
8.00 **Hollywood In Vienna: World of Hans Zimmer**
10.00 **Callas, Kennedy, Onassis: Two Queens for a King**
12.00 M'T **The South Bank Show** With Jack Thorne.
1.00 AM **The Art of Architecture**
2.00 **Van Gogh: An Exclusive View...**
3.00 **Master of Photography**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 47 110 127

9.00 AM **Posh Pawnbrokers**
10.00 **Come Dine with Me**
12.30 PM **A Place in the Sun**
1.30 **The £100k Drop**
2.30 **Come Dine with Me**
3.00 **Everybody Loves Raymond** (S2)
4.00 **Frasier** (S6)
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **George Clarke's Amazing Spaces** A London tailor who hopes to fashion a work studio in his garden.
9.00 **George Clarke's Old House, New Home** George visits Margate.
10.00 **24 Hours in A&E**
11.05 **First Dates**
12.05 AM **Let's Talk About Sex**
1.10 **Drag SOS**
2.10 **Coast vs Country**
3.15 **Portrait Artist of the Year 2019**
4.10 **to 5.10** AM **Four in a Bed**

5USA

141/169 153 21 129

9.00 AM **Catch a Contractor**
9.20 **Remington Steele** (S3)
10.10 **CSI: NY** 9/23. (S6)
11.05 **Chicago Justice** (S1)
12.05 PM **Bull** 2/23. (S1)
1.05 **Law & Order** (S17)
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S18)
7.05 **Law & Order** *Driven:* 5/18. A white teenage boy and a black girl are shot and killed. (S18)
8.00 **NCIS: Los Angeles** *Free Ride:* 10/24. Christmas is disrupted by the murder of an NCIS special agent. (S4)
9.00 **Law & Order: Criminal Intent** *In the Wee Small Hours – Part One:* 6/22. A teenage girl goes missing. (S5)
10.00 **Law & Order: Special Victims Unit** (S6)
12.55 AM **CSI: NY** 3/25. (S5)
1.55 **Chicago Fire** (S2)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Last Man Standing**
8.25 **Smallville** 6/23. (S2)
9.10 **Dance Moms**
11.05 **My Wife and Kids**
12.05 PM **Two and a Half Men**
1.05 **Two and a Half Men**
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **The Fresh Prince of Bel-Air** Double bill. (S1)
5.00 **8 Simple Rules...** (S1)
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **The Fresh Prince of Bel Air** 11&12/25. (S1)
8.00 **FILM The Magnificent Seven** Drama. (2016, 12, 132min) ★★★
10.40 **FILM 22 Jump Street** Crime comedy. (2014, 15, 109min) ★★★
12.50 AM **Riverdale** 1/22. (S2)
1.50 **Riverdale** 4/13. (S1)
2.45 **The Magicians** (S2)
3.35 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Boon**
8.00 **London's Burning**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **The Brokenwood Mysteries**
4.20 **All Creatures Great and Small**
5.20 **Birds of a Feather**
6.00 **'Allo 'Allo!**
6.40 **As Time Goes By**
7.20 **Last of the Summer Wine** Compo and Foggy drink too much.
8.00 **Father Brown** *The Time Machine:* A man tries to prove a member of his family killed his father.
9.00 **Death in Paradise** *The Complex Murder:* A millionaire is shot dead on his boat.
10.20 **Silent Witness** *A Special Relationship:* An American diplomat is shot dead.
12.25 AM **Life on Mars**
1.50 **Boon**
3.25 **to 4.00** AM **Steptoe and Son**

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

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AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **Mad Men** (S5)
2.00 **Law & Order** (S3)
3.00 **Zoom In**
3.10 FILM **The Spy Next Door** Action comedy. (2010, PG, 94min) ★★
5.00 **Mad Men** (S5)
6.00 **Law & Order** (S3)
7.00 FILM **Bernie** Fact-based comedy. (2011, 12, 97min) ★★★★
9.00 **Fear the Walking Dead** *Here to Help:* The group search for survivors. **9.55** *The Hurt That Will Happen:* Morgan and Alicia learns of a grave new walker threat. (S5)
10.45 **Fear the Walking Dead**
12.40 AM **Feed the Beast**
2.20 FILM **Stealing Harvard** Comedy with Jason Lee. (2002, 12, 82min) ★★
3.50 **Mad Men** (S5)
4.40 **to 5.30** AM **Law & Order**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S5)
10.00 **ER** 18/22. (S4)
11.00 **The Love Boat** (S8)
12.00 NOON **Judge Judy**
1.00 PM **The High Chaparral**
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S8)
7.00 **CSI: Miami** *Sex and Taxes:* 19/24. Two tax inspectors are killed. (S3)
8.00 **Judge Judy**
9.00 **Medium** *About Last Night:* 4/19. Allison thinks she has committed a terrible crime. (S5)
10.00 **CSI: Miami** *Killer Date:* 20/24. Horatio investigates the murder of a woman working for a dating agency. (S3)
11.00 **The Love Boat** (S8)
12.00 M'T **Judge Judy**
1.00 AM **ER** 19/22. (S4)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder** (S6)
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** (S4)
12.00 NOON **Perry Mason**
1.05 PM **The District** (S1)
2.05 **CSI: Miami** 12/24. (S3)
3.00 **NCIS** 3/19. (S5)
4.00 **CSI: NY** 22/23. (S1)
5.00 **Matlock** (S4)
6.00 **Perry Mason** (S6)
7.05 **NCIS** *Restless:* 2/24. A US Marine is stabbed on the way to his homecoming party. (S9)
8.00 **Walker, Texas Ranger** *Right Man, Wrong Time:* 19/28. Walker rushes to the aid of a singer. (S1)
9.00 **NCIS** *Honour Thy Father:* 24/24. Gibbs travels to his home town. (S11)
10.00 **CSI: NY** 23/23. (S1)
11.00 **NCIS** 3/24. (S9)
12.00 M'T **CSI: Miami** (S3)
1.00 AM **NCIS** As 9.00pm.
2.00 **Gunsmoke** (S18)
3.05 **Bonanza** (S12)
4.00 **Walker, Texas Ranger**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives**
8.00 **Donal MacIntyre: Unsolved** Revisiting the case of Barry Rubery.
9.00 **Homicide's Elite** Detectives find a trail of blood leading away from the shooting of Antwan Curry.
10.00 **Evidence of Evil** A look into the case of Mary Ann Perez.
11.00 **It Takes a Killer** Double bill of the series.
12.00 M'T **Wives with Knives**
1.00 AM **Homicide's Elite** As shown at 9.00pm.
2.00 **Evidence of Evil** As shown at 10.00pm.
3.00 **Troubled Teens: Jail Shock**
3.50 **Dog Patrol**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Catchphrase**
7.00 **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Bruce's Price Is Right**
11.00 **Stake Out**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye**
6.00 **Total Wipeout**
7.00 **Pointless** Quiz hosted by Alexander Armstrong.
8.00 **The Chase** Quiz show.
10.00 **Who Wants to Be a Millionaire? Celebrity** More famous faces play for charity.
11.00 **Bullseye**
12.30 AM **Bullseye**
1.00 **The Chase**
4.00 **The Chase USA**
5.00 **to 6.00** AM **Golden Balls**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Now That's Funny!**
7.00 **Teleshopping**
9.00 **Friends**
11.00 **The Middle** (S5)
1.00 PM **Impractical Jokers**
4.00 **Bad Robots**
5.00 **The Fresh Prince of Bel Air** (S3)
7.00 FILM **Arachnophobia** Comedy horror thriller with Jeff Daniels and John Goodman. (1990, PG, 106min) ★★★
9.00 **Russell Howard's Good News** The comedian's perspective on the news, from 2013.
10.00 **Friends** (S10)
11.00 **South Park** (S1)
1.00 AM **Russell Howard's Good News**
3.00 **Nathan for You** (S4)
3.45 **Tosh.0**
4.05 **Frankenfood**
4.30 **The Middle**
5.15 **to 6.00** AM **Impractical Jokers**

+1 hour 227

Food Network

140 291 41 148

6.00 AM **Giada In Italy**
9.00 **Jamie's 15 Minute Meals** Four editions.
11.00 **The Pioneer Woman**
1.00 PM **Girl Meets Farm**
2.00 **Jamie's Quick & Easy Food** Double bill.
3.00 **The Pioneer Woman**
5.00 **Barefoot Contessa – Back to Basics**
6.00 **Man Fire Food**
7.00 **The Pioneer Woman**
8.00 **Diners, Drive-Ins, And Dives** Four editions.
10.00 **Cake Hunters** The owner of a bike shop clashes with his staff over a cake. **10.30** A couple getting married in a barn want a rustic cake.
11.00 **Mystery Diners**
12.00 M'T **Diners, Drive-Ins, And Dives**
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 240 149

Good Food

198 198 866 278 279 313 388

6.10 AM **Perfect**
7.00 **Ramsay's Ultimate Cookery Course**
8.00 **Home Comforts**
9.00 **Malaysian Adventure**
10.00 **Bikers' Best of British**
11.00 **Rick Stein's India**
12.00 NOON **Hairy Bikers' Food Tour of Britain**
1.00 PM **Ramsay's Ultimate Cookery Course**
2.00 **Home Comforts**
3.00 **Malaysian Adventure**
4.00 **Rick Stein's India**
5.00 **Bikers' Best of British**
6.00 **Food Tour of Britain**
7.00 **Home Comforts**
8.00 **Malaysian Adventure**
9.00 **Rick Stein's India**
10.00 **Ramsay's Ultimate Cookery Course**
11.00 **Luke's Asian Food Trail**
12.00 M'T **Home Comforts**
1.00 AM **Local Food Heroes**
2.00 **Teleshopping**
5.00 **to 6.10** AM **Local Food Heroes 2008**

+1 hour 298 280

Lifetime

164 838 208 329 384

7.00 AM **Judge Judy** Thirteen editions of the series.
1.15 PM FILM **A Surrogate's Nightmare** Thriller with Poppy Montgomery. (2017, 12, 102min) ★★
3.00 **The Real Housewives of New Jersey**
4.00 **Dance Moms**
5.00 **Storage Wars** The teams make a trip to auctions in Palm Desert. **5.30** Jarrod and Brandi hope for more good luck in San Diego.
6.00 **Judge Judy** Six editions of real-life cases.
9.00 **Dance Moms** The team struggle to learn a challenging tribal dance.
10.00 **Black Sails** *XXXVIII:* 10/10. Flint launches a final, desperate attack to destroy England's hold on Nassau. (S4)
11.30 **Hardcore Pawn**
12.30 AM **Storage Wars**
1.00 **Dance Moms**
2.00 **to 4.00** AM **Judge Judy**

Paramount Network

153 188 187 54 132

9.00 AM **Access**
9.10 **Lip Sync Battle**
9.40 **Gilmore Girls**
11.30 FILM **Deadly Dance Mom** Thriller. (2017, 12, 92min) ★★
1.20 PM **Aurora Teagarden Mystery: Dead Over Heels** Mystery drama.
3.05 FILM **While I Was Gone** Family drama. (2004, PG, 90min) ★★
5.00 **Suits** (S3)
6.00 **House** (S3)
7.55 **Access**
8.00 **Grimm** 1/22. (S5)
9.00 FILM **Philadelphia** Drama. (1993, 12, 122min) ★★★
11.35 FILM **Looking for Mr Goodbar** Drama. (1977, 18, 136min) ★★★
2.25 AM **The X-Files** (S7)
3.15 **Grimm** As 8.00pm.
4.00 **Marvel's Agent Carter**
4.45 **Access**
5.00 **Neighbours**
5.25 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Wild Fishing**
6.20 **Lake Escapes**
7.10 **Trawler Wars**
8.00 **Aussie Gold Hunters**
9.00 **Shed and Buried**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Made by Destruction**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Gold Divers**
4.00 **Salvage Hunters**
5.00 **Airplane Repo**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters** New edition
10.00 **Ice Cold Gold**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Deadliest Drivers**
3.00 **Destroyed in Seconds**
4.00 **Swamp Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Money for Nothing**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
1.00 PM **Curvy Brides Boutique** Double bill.
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Atlanta**
5.00 **Say Yes to the Dress**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **Sister Wives**
10.00 **Katie Price: My Crazy Life**
11.00 **FBI Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes...**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Home Away from Home** Home-swapping.
7.00 **Cruise TV**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Cops UK: Bodycam Squad**
11.00 **DIY SOS: Homes for Veterans – Part Two**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** In Cornwall.
3.00 **Homes Under the Hammer**
4.00 **Most Haunted**
6.00 **Antiques Road Trip**
9.00 **Helicopter ER** New edition
10.00 **Cops UK: Bodycam Squad**
11.00 **Nightwatch: Emergency After Dark**
12.00 M'T **Born to Kill?**
1.00 AM **I Survived Evil**
2.00 **Teleshopping**
4.00 **Most Haunted**
4.50 **to 6.00** AM **Dr G: Medical Examiner**

Sony Crime

157 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **True Crime with Aphrodite Jones**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows**
7.00 **Bizarre Murders** Four editions of the series.
9.00 **Deadly Women** Including a mother who tortured her daughter, and a farmwife who poisoned her neighbours. **10.00** Three women who value money more than health and happiness.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **On Benefits**
10.00 **Nightmare Tenants: Get Out of My House**
11.00 **The Dog Rescuers**
12.00 NOON **Paddington Station 24/7**
1.00 PM **Cruising with Jane McDonald** In Nassau.
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet** (S3)
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Cruising with Jane McDonald** In India.
10.00 **Ben Fogle: New Lives in the Wild**
11.00 **Eamonn & Ruth: Russian Roulette**
11.55 **Nightmare Tenants, Slum Landlords**
12.55 AM **On Benefits: 90 Years Claiming**
1.55 **Supernatural Nazis**
2.55 **to 4.00** AM **Striking Out**

5Spike

150 154 31 141

9.00 AM **Access**
9.10 **The A-Team** (S2)
10.15 **Police Interceptors**
11.10 **Can't Pay? We'll Take It Away!** Double bill.
1.15 PM FILM **King Rat** War drama. (1965, b/w, PG, 134min) ★★★★
4.00 **All New Traffic Cops**
5.00 **The A-Team** (S1)
7.00 **Police Interceptors** Angus and Sean smash down a door to save a man's life.
8.00 **Sewermen** Divers in the Irish Sea are on a mission to clean out a submerged outfall pipe.
9.00 FILM **Cradle 2 the Grave** Thriller. (2003, 15, 101min) ★★★
11.10 FILM **Renegade Justice** Revenge thriller. (2007, 18, 95min) ★★
1.15 AM **Black Sails** (S1)
2.30 **to 3.00** AM **Criminals: Caught on Camera**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé: Happily Ever After?**
12.00 NOON **My 600lb Life**
1.00 PM **My 600lb Life: Where Are They Now?**
2.00 **Nate & Jeremiah by Design**
3.00 **Good Bones**
4.00 **Say Yes to the Dress**
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Sweet Home Sextuplets** New edition
8.00 **Outdaughtered: Busby Quints** New edition The Busbys go on a cruise.
10.00 **Say Yes to the Dress**
11.00 **90 Day Fiancé**
1.00 AM **Outdaughtered: Busby Quints**
3.00 **Say Yes to the Dress**
4.00 **Nate & Jeremiah by Design**
5.00 **to 6.00** AM **Good Bones**

+1 hour 233 169

Blaze

187 187 216 63 162

6.00 AM **Parking Wars**
7.00 **Ancient Aliens**
8.00 **Alien Files: Unsealed**
9.00 **American Restoration**
10.00 **Ernie the Wildman**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars**
1.00 PM **Storage Wars**
2.00 **Curse of Oak Island**
3.00 **Alien Files: Unsealed**
4.00 **Ancient Aliens**
5.00 **Hardcore Pawn**
6.00 **American Restoration**
7.00 **Pawn Stars**
8.00 **Storage Wars**
9.00 **World's Toughest Prisons** An inside look into the South Cotabato Jail in the Philippines.
10.00 **Forged in Fire**
11.00 **Storage Wars**
12.00 M'T **Pawn Stars**
1.00 AM **Parking Wars**
2.00 **American Restoration**
3.00 **Billy the Exterminator**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Hardcore Pawn**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Alaskan Bush People**
8.00 **Naked and Afraid XL**
9.00 **Mighty Ships**
10.00 **Fast N' Loud**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Combat Dealers**
2.00 **Alaskan Bush People**
3.00 **Kindig Customs**
5.00 **Garage Rehab** Rebuilding Keys Customs in Key West in Florida.
6.00 **Wheeler Dealers** Highlights from throughout the series.

11.00 Race Night at Bowman...

7.00 Outback Truckers Mark Cromwell runs into some strange weather, and Turbo goes head to head with an angry customer.

8.00 Combat Dealers Military equipment collector Bruce Crompton heads to Finland looking for props for a new movie.

9.00 Fast N' Loud New edition Chad McQueen asks Richard and the team to turn a 1968 Ford Mustang into an iconic muscle car, before recreating one of Hollywood's most famous car chases.

11.00 NEW SERIES **Race Night at Bowman Gray**
12.00 M'T **Fast N' Loud** As 9.00pm.
2.00 AM **Fast N' Loud**
3.00 **Fast N' Loud: Demolition Theatre**
3.50 **Wheeler Dealers**
4.40 **Gold Rush: White Water**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **The Vet Life**
8.00 **Animal Cops Houston**
10.00 **Crocodile Hunter**
11.00 **Alaskan Bush People**
12.00 NOON **Wildest Europe**
1.00 PM **The Vet Life**
3.00 **Pit Bulls & Parolees**
4.00 **Tanked** The team build a 6,000-gallon aquarium.
5.00 **Wolves and Warriors** The LARC team head on a mission to document wolf poaching.
6.00 **Sharks of the Shadowlands** The behavioural patterns of the sevengill sharks.

8.00 North Woods Law

7.00 Pit Bulls & Parolees A woman calls to surrender puppies that she cannot care for, but Tia is shocked at her discovery.

8.00 North Woods Law New edition Officer Holmes and trainee McDermott investigate a possible illegal bait site.

9.00 Alaskan Bush People A storm puts the Browns' first hauling job in peril, and a deal threatens the freedom of the wolf pack.

10.00 Animal Cops Houston Sage Halford seizes pit bulls that were used for fighting, and goes on to tackle their owner in court.

11.00 **Pit Bulls & Parolees**
12.00 M'T **I'm Alive**
1.00 AM **Animal Cops Houston**
2.00 **Wildest Indochina**
3.00 **Alaskan Bush People** As shown at 9.00pm.
3.50 **Intruders**
4.40 **Escape to Chimp Eden**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **WW2: Hell Under the Sea**
9.00 **War Heroes of the Skies**
10.00 **Nazi Megastructures**
11.00 **Supercars** Visiting Ford's production plant in Detroit.
12.00 NOON **Strippers: Cars for Cash** The teams strip a Rolls-Royce and a Jaguar.
1.00 PM **Ice Road Rescue**
2.00 **Wicked Tuna**
3.00 **Air Crash Investigation**
5.00 **Car SOS** Restoring a Talbot Sunbeam Lotus. **6.00** Restoring a Ford Sierra RS Cosworth.

8.00 Hitler's Last Stand

7.00 WW2 Wrecks: Draining the Ocean Examining shipwrecks from World War Two, including the *Arizona* and the *Bismarck*.

8.00 Hitler's Last Stand A Canadian regiment strikes a Panzer unit accused of horrific war crimes.

9.00 Air Crash Investigation Reconstruction of the 1996 collision between a Kazakhstan Airlines jet and a Saudi Airways plane.

10.00 Seconds from Disaster The fate of the Boeing 747 TWA Flight 800, which exploded near Long Island in 1996.

11.00 **Banged Up Abroad** A mother and son held hostage in the Philippines.
12.00 M'T **Explorer 2.0**
1.00 AM **Paranatural**
2.00 **Nazi Megastructures**
3.00 **War Heroes of the Skies**
4.00 **to 5.00** AM **WW2 Wrecks: Draining the Ocean**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars** Double bill.
9.00 **Mountain Men**
10.00 **Ancient Aliens**
11.00 **Pawn Stars** Double bill.
12.00 NOON **Forged in Fire**
1.00 PM **Heroes of War**
2.00 **Storage Wars** Four editions.
4.00 **Mountain Men** A mid-Winter storm tears across Alaska.
5.00 **Forged in Fire** Four contestants recreate the Celtic Anthropomorphic Sword. **6.00** One of the Ottoman Empire's most lethal sabres.

9.00 Moon Landing: The Lost...

7.00 American Pickers Mike and Frank try to help save the remains of a carnival business from Mother Nature.

8.00 The Curse of Oak Island New insights on Nolan Cross suggest a Templar connection to the Money Pit.

9.00 NEW Moon Landing: The Lost Tapes A look into the minds of the astronauts before and after Apollo 11's mission.

10.00 Conspiracy: Faking the Moon Landings Examining evidence that claims the moon landings were a hoax.

11.00 **Ancient Aliens** The Apollo 11 mission to the moon.
12.00 M'T **Knightfall**
1.00 AM **The Curse of Oak Island** As shown at 8.00pm.
2.00 **Heroes of War**
3.00 **American Pickers** As shown at 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Napoleon**
7.10 **Catching History's Criminals: The Forensics Story**
8.00 **Time Team Specials**
10.00 **The World at War**
11.00 **Secrets of the Bible**
12.00 NOON **Time Team Specials**
2.00 PM **Atlantic: The Wildest Ocean on Earth**
3.00 **Wild China**
4.00 **Murder Maps**
5.00 **Impossible Engineering**
6.00 **The World at War** The German invasion of the Soviet Union.

7.00 Secrets of the Railways

7.00 Secrets of the Railways The Nordland Line, the longest in Norway at 453 miles, stretching between Trondheim and Bodo.

8.00 Invasion! With Sam Willis The Barbary Corsaire pirates who made their headquarters on Lundy Island.

9.00 Abandoned Engineering An elaborate underground complex in Italy that had been abandoned for nearly 2,000 years.

10.00 The World at War The blackouts that plunged Britain into darkness, and the destruction wreaked in Europe by the Nazis.

11.00 **Open All Hours** Arkwright feels neglected by Nurse Gladys Emmanuel. **11.40** Arkwright gets a dog.
12.20 AM **Open All Hours**
1.00 **Napoleon**
2.00 **to 3.00** AM **Catching History's Criminals: The Forensics Story**

+1 hour 255 200

Monday

7 PM

8 PM

9 PM

10 PM

Disc. History

171 262

6.00 AM **Aircraft Stories**
7.00 **Central Steam**
8.00 **Massive Engines**
9.00 **Future Weapons**
10.00 **Secrets of the Arsenal**
12.00 NOON **Aircraft Stories**
1.00 PM **Central Steam**
2.00 **Massive Engines**
2.30 **Massive Machines**
3.00 **Future Weapons**
4.00 **Secrets of the Arsenal**
6.00 **War Months**
7.00 **World War II in Colour**
8.00 **Against the Odds**
9.00 **The 1980s: The Deadliest Decade**
10.00 **Crimes That Shook the World**
11.00 **Dark Matters: Twisted But True**
12.00 M'T **Against the Odds**
1.00 AM **The 1980s: The...**
2.00 **Crimes That Shook...**
3.00 **Dark Matters: Twisted But True**
4.00 **World War II in Colour**
5.00 **to 6.00** AM **War Months**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Jungle Planet**
10.00 **The Ganges with Sue Perkins**
11.00 **Planet Earth**
12.00 NOON **South Pacific**
1.00 PM **Trust Me I'm a Vet**
2.00 **Jungle Planet**
3.00 **The Ganges with Sue Perkins**
4.00 **Trust Me I'm a Vet**
5.00 **Jungle Planet**
6.00 **Planet Earth**
7.00 **South Pacific**
8.00 **The Blue Planet** Marine life in coastal regions. **9.00** The fragile marine ecosystem of coral reefs.
10.00 **Planet Earth** Wildlife in the polar regions.
11.00 **South Pacific**
12.00 M'T **The Blue Planet**
1.00 AM **The Blue Planet**
2.00 **Trust Me I'm a Vet**
3.00 **Jungle Planet**
3.50 **The Blue Planet**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **The World's Most Famous Tiger**
10.00 **Tiger on the Run**
11.00 **Wild India**
12.00 NOON **Maneater Manhunt**
1.00 PM **Tiger's Revenge**
2.00 **Tiger Queen**
3.00 **The World's Most Famous Tiger**
4.00 **Tiger Wars**
5.00 **Clash of Tigers**
6.00 **Caught in the Act**
7.00 **Snakes in the City** Simon and Siouxsie hunt a cobra in a trailer park.
8.00 **Tiger on the Run** A young Indian tiger's battle for survival in a rapidly shrinking habitat.
9.00 **Tiger's Revenge**
10.00 **Maneater Manhunt**
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Maneater Manhunt**
3.00 **Tiger's Revenge**
4.00 **to 5.00** AM **Tiger Queen**

History 2

163 273 330 390

8.00 AM **Clash of Warriors**
10.00 **Strange History**
11.00 **Evolve**
12.00 NOON **Ancient Aliens**
2.00 PM **Ancient Top Ten**
3.00 **Clash of Warriors**
4.00 **Patton 360**
5.00 **Strange History**
6.00 **Evolve**
7.00 **WW2 Treasure Hunters** Souvenirs left by flying ace Douglas Bader and the legendary Duxford Fliers.
8.00 **Ancient Aliens** Whether insects could be descended from extraterrestrials. **9.00** Investigating a currently unidentified species represented in human DNA.
10.00 **Ancient Top Ten**
11.00 **Hitler's Circle of Evil**
12.00 M'T **Evolve**
1.00 AM **Ancient Aliens**
3.00 **Ancient Top Ten**
4.00 **to 5.00** AM **Strange History**

PBS America

174 276 91 155

8.00 AM **The Civil War**
9.55 **Mark Twain**
11.15 **Brooklyn Bridge**
12.35 PM **Prohibition**
1.45 **Jack Johnson: Unforgivable Blackness**
4.05 **Jazz**
5.20 **The Dust Bowl**
6.30 **The Roosevelts: An Intimate History** The presidential inauguration of Franklin D Roosevelt.
9.00 **The War** Recalling the American airmen who took on daylight bombing missions over the heart of Hitler's Germany, targeting the enemy in their homeland in spite of terrible odds of survival.
10.15 **The Vietnam War** Richard Nixon wins the presidency, promising law and order at home and peace overseas.
12.40 **to 2.00** AM **The Central Park Five**

CI

156 156 835 209 328 380

6.00 AM **The First 48**
7.00 **The First 48: The Detective Speaks**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **The First 48**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Town & Country...**
2.00 **Buried in the Backyard**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Killer In Plain Sight**
9.00 **I Lived with a Killer** New edition
10.00 **Murdertown**
11.00 **The First 48**
12.00 M'T **Darkest Taboos**
1.00 AM **I Lived with a Killer**
2.00 **Town & Country Murder**
3.00 **Crimes That Shook...**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Killer In Plain Sight**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

MONDAY Films

Monday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Eternal Love** As 3.40am.
7.40 **Smallfoot** As 4.35pm.
9.25 **Johnny English Strikes Again**
11.00 **PREMIERE School Spirits**
12.40 PM **The Possession of Hannah Grace** As 9.45pm.
2.10 **First Man** Drama. (2018, 12, 141min) ★★★★
4.35 **Smallfoot** Animation. (2018, PG, 96min) ★★★
6.20 **PREMIERE School Spirits** Comedy. (2017, PG, 88min) ★★ *See review, page19*

6.20 School Spirits

8 PM

8.00 Johnny English Strikes Again Spy comedy with Rowan Atkinson. A sinister cyber attack sees the secret agent sent to the South of France. (2018, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.45 The Possession of Hannah Grace Thriller starring Shay Mitchell. An ex-cop faces a series of bizarre events when a corpse is brought into a hospital morgue. (2018, 15, 86min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.20 Submission Drama. (2017, 15, 106min) ★★
1.20 AM **The Little Stranger** Horror starring Domhnall Gleeson and Will Poulter. (2018, 12, 111min) ★★★
3.20 **The Top Ten Show 2019**
3.40 **Eternal Love** Comedy drama. (2018, 15, 95min) ★★★★
5.30 **to 6.00** AM **Yesterday: Special** Behind the scenes.

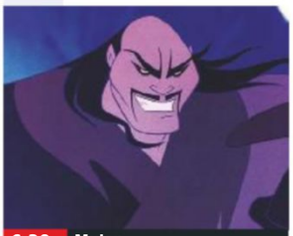
11 PM

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.15 AM **Planes: Fire & Rescue** Animation. (2014, U) ★★★
7.45 **The Lion King** As 5.00pm.
9.15 **The Lion King 3: Hakuna Matata!** As 4.55am.
10.45 **Bolt** Animated comedy. (2008, PG, 103min) ★★★★
12.35 PM **Mulan** As 6.30pm.
2.05 **Sleeping Beauty** As 9.35pm.
3.25 **Monsters, Inc** As 8.00pm.
5.00 **The Lion King** Animation. (1994, PG, 88min) ★★★★★
6.30 **Mulan** (1998) ★★★


6.30 Mulan

8.00 Monsters, Inc Computer-animated comedy with the voice of Billy Crystal. A girl stumbles into a city powered by the screams of children. (2001, U, 95min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 Sleeping Beauty Classic animated version of the fairy tale, with the voice of Mary Costa. (1959, U, 75min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

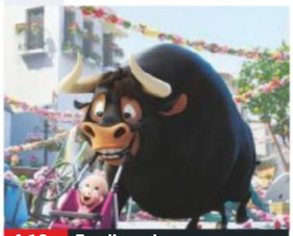
10.55 Tex Drama starring Matt Dillon and Meg Tilly. A 15-year-old falls out with his brother as they strive to make ends meet. (1982, PG, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Pete's Dragon** Musical. (1977, U, 134min) ★★★
2.40 **Swiss Family Robinson** Disney adventure. (1960, U, 128min) ★★★★
4.55 **to 6.15** AM **The Lion King 3: Hakuna Matata!** Animation. (2004, U, 73min) ★★★

Sky Animation

305 305 846 436 406 505

6.10 AM **Duck Tales the Movie: Treasure of the Lost Lamp** Animation. (1990, U) ★★★
7.30 **Ferdinand** As 4.10pm.
9.20 **The Incredibles** As 6.00pm.
11.20 **The Nightmare Before Christmas** (1993) ★★★★
12.40 PM **Smallfoot** As 8.00pm.
2.20 **The Smurfs 2** (2013) ★★
4.10 **Ferdinand** Animated comedy. (2017, U, 108min) ★★★
6.00 **The Incredibles** Animation. (2004, U, 120min) ★★★★★


4.10 Ferdinand

8.00 Smallfoot Animation with the voice of Channing Tatum. An epic journey ensues when a Yeti stumbles across a human being – but is banished from his snowy home. (2018, PG, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Big Fish & Begonia Animation featuring the voice of Guanlin Ji. A girl travels to the human world disguised as a dolphin, and bonds with a boy. (2016, PG, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 Lu Over the Wall Animated fantasy featuring the voice of Christine Marie Cabanos. (2017, PG, 112min) ★★★
1.35 AM **The Time Team** Animation featuring the voice of George Bailey. (2017, U, 84min) ★★★
3.10 **Maya the Bee: The Honey Games** Animated adventure. (2018, U, 85min) ★★
4.45 **to 6.30** AM **Anastasia** Animated musical adventure. (1997, U, 94min) ★★★

Sky Action

306 306 847 437 407 502

6.00 AM **Robin Hood** As 4.00am.
8.00 **Doom** As 12.00m't.
10.00 **Jumanji: Welcome to the Jungle** As 5.45pm.
12.05 PM **Skyscraper** As 8.00pm.
1.55 **Rampage** As 10.00pm.
3.45 **Death Race** Sci-fi remake starring Jason Statham. (2008, 15, 105min) ★★★
5.45 **Jumanji: Welcome to the Jungle** Fantasy action comedy starring Dwayne Johnson. (2017, 12, 119min) ★★★

5.45 Jumanji: Welcome to the...

8.00 Skyscraper Action thriller starring Dwayne Johnson and Neve Campbell. A security expert must infiltrate a burning skyscraper, 225 storeys above ground, when his family is trapped inside by criminals. (2018, 12, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Rampage Fantasy adventure with Dwayne Johnson. When three different animals become infected with a dangerous pathogen, a primatologist and a geneticist team up to try to stop them from destroying Chicago. (2018, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Doom** Sci-fi horror thriller. (2005, 15, 105min) ★★★
2.00 AM **Death Race** As 3.45pm.
4.00 **to 6.00** AM **Robin Hood** Adventure with Patrick Bergin. (1991, PG, 104min) ★★★

Sky Comedy

307 307 848 438 408 506

6.00 AM **Dusty & Me** Comedy. (2015, 12, 105min) ★★★
7.45 **Nine to Five** Comedy. (1980, 15, 110min) ★★★
9.45 **As Good As It Gets** Comedy. (1997, 15, 138min) ★★
12.10 PM **Father Figures** Comedy. (2017, 15, 113min) ★★
2.10 **Shaun of the Dead**
4.00 **Slaughterhouse Rulez** Comedy horror, as 11.30pm.
6.00 **That's My Boy** Comedy. (2012, 15, 112min) ★★

9.40 Shaun of the Dead

8.00 Pitch Perfect 3 Comedy starring Anna Kendrick. Following their win at the world championship, the Bellas reunite for one last singing competition. (2017, 12, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 Shaun of the Dead Horror comedy starring Simon Pegg and Nick Frost. A shop assistant sets out to save his family when London is invaded by zombies. (2004, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 Slaughterhouse Rulez Comedy horror with Asa Butterfield and Simon Pegg. (2018, 15, 104min) ★★★
1.25 AM **Little Man** Crime comedy. (2006, 12, 98min) ★
3.10 **This Is the End** End-of-the-world comedy starring James Franco and Jonah Hill. (2013, 15, 106min) ★★★
5.05 **to 6.50** AM **Fletch** Comedy adventure with Chevy Chase. (1985, PG, 96min) ★★★

primetime

Sky Megahits

302 302 843 433 403

6.00 AM **Guardians of the Galaxy** Sci-fi. (2014, 12) ★★★★
8.10 **Venom** As 9.00pm.
10.05 **Man of Steel** Fantasy. (2013, 12, 143min) ★★★
12.30 PM **A Star Is Born** As 6.40pm.
2.50 **Ice Age 3: Dawn of the Dinosaurs** Animated adventure sequel. (2009, U, 93min) ★★★
4.30 **Jaws** Monster shark thriller. (1975, 12, 125min) ★★★★★

6.40 A Star Is Born Drama starring Lady Gaga and Bradley Cooper. A fading music star falls in love with a nightclub singer-songwriter. With Sam Elliott. (2018, 15, 136min) ★★★★★
9.00 Venom Fantasy adventure, starring Tom Hardy. A journalist gains superhuman strength and power when his body merges with an alien organism. (2018, 15, 112min) ★★★
10.55 It Supernatural horror thriller. (2017, 15, 135min) ★★★★

1.10 AM **I Am Legend** Sci-fi horror thriller. starring Will Smith. (2007, 15, 101min) ★★★★
2.55 **Pretty Woman** Romantic comedy starring Julia Roberts. (1990, 15, 117min) ★★★★
4.55 **to 6.35** AM **Ice Age 3: Dawn of the Dinosaurs** As 2.50pm.

Sky Greats

303 303 844 434 404 508

6.00 AM **Kingdom of Heaven**
8.30 **Alien: Director's Cut** As 8pm.
10.30 **Amistad** Historical drama. (1997, 15, 155min) ★★★
1.10 PM **You've Got Mail** Comedy. (1998, PG, 114min) ★★★
3.15 **Seven Pounds** Drama. (2007, 12, 117min) ★★★★
5.30 **Kingdom of Heaven** Ridley Scott's epic historical drama. (2005, 15, 144min) ★★★★

8.00 Alien: Director's Cut Ridley Scott's classic sci-fi chiller starring Sigourney Weaver. Responding to a distress call from an alien planet, the crew of a spacecraft accidentally pick up a deadly extraterrestrial. (1979, 15, 115min) ★★★★★
10.00 Face/Off Thriller starring John Travolta and Nicolas Cage. An FBI agent has the face of a terrorist grafted on to his own in order to assume the man's identity. (1997, 18, 133min) ★★★★

12.25 AM **The Bone Collector** Crime thriller starring Denzel Washington and Angelina Jolie. (1999, 15, 117min) ★★★
2.35 **Don't Look Now** Supernatural thriller with Donald Sutherland. (1973, 18, 106min) ★★★★★
4.35 **to 6.45** AM **You've Got Mail**

TCM

315 854 415 416 512 526

6.00 AM **Hollywood's Best Film Directors** Triple bill.
7.30 **Guess Who's Coming to Dinner** Drama. (1967, PG) ★★★★
9.50 **Duck Soup** (1933) ★★★★★
11.25 **Against the Wind** Spy thriller. (1947, b/w, PG, 92min) ★★★
1.30 PM **The Big Sleep** Film noir. (1946, PG, 114min) ★★★★★
3.50 **Black Horse Canyon** Western. (1954, U, 81min) ★★

5.40 Battle of the Bulge World War Two drama with Henry Fonda and Robert Shaw. In December 1944, a Nazi tank commander attempts to turn the tide of the war. (1965, PG, 141min) ★★★
9.00 Striking Distance Action thriller starring Bruce Willis and Sarah Jessica Parker. A fifth-generation Pittsburgh cop is determined to catch the serial killer who claimed the life of his policeman father. With Dennis Farina. (1993, 18, 102min) ★

11.10 **Outbreak** Suspense thriller. (1995, 15, 128min) ★★★
1.50 AM **The Wings of Eagles** Biopic. (1957, U, 110min) ★★★
4.00 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Tiger by the Tail** (1955) ★★
7.40 **The Detectives**
8.10 **Innocents in Paris** (1952) ★★
9.55 **Escape Route** (1952) ★★
11.30 **The Crooked Sky** (1957) ★★
1.00 PM **Dick Powell Theatre**
2.00 **Scotland Yard**
2.35 **They Who Dare** World War Two drama. (1953, U, 107min) ★★
4.40 **The Hijackers** (1963) ★★
6.00 **Get Some In!**

6.30 SOS Pacific Adventure starring Richard Attenborough and Eddie Constantine. A battered seaplane crash-lands on a desert island where a hydrogen bomb test is about to take place. (1959, b/w, PG, 91min) ★★
8.20 **All Done By Electricity**
8.30 **Public Eye**
9.30 The Running Man Drama with Laurence Harvey. A man fakes his own death so that his 'widow' can collect the insurance money. (1963, PG, 101min) ★★★

11.35 **Poor Cow** Drama with Carol White. (1967, 15, 104min) ★★★
1.35 AM **Time Without Pity** Thriller. (1957, b/w, PG, 88min) ★★
3.20 **The Wicked Lady** Drama. (1945, b/w, PG) ★★★★
5.25 **to 6.00** AM **The Laurel-Hardy Murder Case** Comedy.

Horror

317 149 70 138

8.00 AM **Lost in Space**
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek**
11.00 **They Came from Beyond Space** Sci-fi. (1967, PG) ★★
12.50 PM **Horror Highlights**
1.00 **The Lost World** (1960) ★★
2.50 **Horror Highlights**
3.00 **Under the Dome**
4.00 **Night of the Big Heat** (1967) ★
5.50 **Horror Highlights**

6.00 **Star Trek**
7.00 **Star Trek: Deep Space Nine**
8.00 **Earth: Final Conflict**
9.00 Haunt Horror starring Harrison Gilbertson. When a family moves into a house with a grisly history, the new tenants' teenage son unwittingly disturbs supernatural forces lurking within. (2014, 15, 82min) ★★
10.45 Outcast Supernatural horror starring Kate Dickie, Niall Bruton and James Nesbitt. (2010, 18, 97min) ★★★

12.40 AM **Society** Horror starring Billy Warlock and Devin DeVasquez. (1989, 18, 99min) ★★★
2.40 **Honeymoon** Horror with Rose Leslie. (2014, 15, 86min) ★★★
4.20 **to 4.30** AM **Horror Highlights**

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 439 409 509

6.40 AM **The Godfather Part III** Gangster epic with Al Pacino. (1990, 15, 162min) ★★★
9.30 **Blood Brother** Crime thriller. (2018, 15, 90min) ★
11.00 **Proud Mary** (2018) ★★
12.45 PM **Breaking In** Thriller. (2018, 15, 88min) ★★
2.15 **The Equalizer 2** As 9.00pm.
4.20 **Captain Phillips** Thriller. (2013, 12, 131min) ★★★★★
6.35 **Catch Me If You Can** Thriller. (2002, 12, 141min) ★★★★★

11.05 Extremely Wicked...

Catch Me If You Can (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Equalizer 2** Action thriller starring Denzel Washington and Pedro Pascal. When a CIA friend is murdered, former black ops agent Robert McCall sets out to avenge her death, and winds up fighting for survival. (2018, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Extremely Wicked, Shockingly Evil, and Vile** Biopic starring Zac Efron. (2019, 15, 108min) ★★★★
1.00 AM **Con Air** Action thriller starring Nicolas Cage. (1997, 18, 115min) ★★
3.00 **Lowlife** Comedy drama starring Nicki Micheaux. (2017, 18, 96min) ★★★★
4.40 **to 6.15** AM **Angel Flight Down** Fact-based adventure. (1996, PG, 88min) ★★

Sky Drama

309 309 850 440 410 511

6.45 AM **World Trade Center** Drama. (2006, 12) ★★★
9.00 **Backstabbing for Beginners** Drama. (2018, 15) ★★
10.55 **Erin Brockovich** Drama. (2000, 15, 133min) ★★★★
1.10 PM **Atonement** Drama. (2007, 15, 117min) ★★★★
3.20 **Marshall** Biopic with Chadwick Boseman and Josh Gad. (2017, 15, 118min) ★★★★
5.25 **Ray** Biopic with Jamie Foxx. (2004, 15, 152min) ★★★★

8.00 Goodbye Christopher...

8.00 **Goodbye Christopher Robin** Biopic starring Domhnall Gleeson and Margot Robbie. A behind-the-scenes look at the life of author AA Milne and the creation of the Winnie the Pooh stories inspired by his son. (2017, PG, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

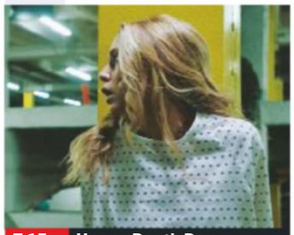
10.00 **All the Money in the World** Drama starring Michelle Williams and Christopher Plummer. The mother of a kidnapped teenage heir tries to convince his billionaire grandfather to pay the ransom. (2017, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Disaster Artist** Comedy. (2017, 15) ★★★★
2.10 **Black Snake Moan** Drama. (2006, 15, 115min) ★★★
4.10 **to 6.20** AM **Sabrina** Comedy. (1995, PG, 127min) ★★★

Sky Sci-Fi/Horror

310 310 851 441 411 507

6.00 AM **Close Encounters of the Third Kind: Collector's Edition** As shown at 3.30am.
8.30 **The Incredible Hulk**
10.30 **Happy Death Day** As 7.15pm.
12.15 PM **War of the Worlds**
2.15 **Blade Runner 2049** As 11pm.
5.15 **The Incredible Hulk** Fantasy. (2008, 12, 107min) ★★★
7.15 **Happy Death Day** Horror starring Jessica Rothe, Israel Broussard and Ruby Modine. (2017, 15, 96min) ★★★


7.15 Happy Death Day

Happy Death Day (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **War of the Worlds** Steven Spielberg's sci-fi with Tom Cruise. When an extraterrestrial army launches an attack on Earth, a dockworker strives to protect his teenage son and 10-year-old daughter. (2005, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Blade Runner 2049** Sci-fi thriller starring Ryan Gosling. An android-hunter discovers a buried secret and goes in search of a missing detective. (2017, 15, 164min) ★★★★★
1.50 AM **SiREN** Fantasy horror. (2016, 18, 82min) ★★★
3.30 **to 6.00** AM **Close Encounters of the Third Kind: Collector's Edition** Steve Spielberg's sci-fi classic. (1977, PG, 131min) ★★★★★

Sky Select

311 311 852 442 412 510

7.45 AM **The Last Diamond** Drama. (2014, 15, 106min) ★★★
9.40 **Marjorie Prime** Sci-fi drama. (2016, 12, 99min) ★★★★
11.25 **That's Not Me** Comedy. (2017, 15, 85min) ★★★★
12.55 PM **This Is Spinal Tap** Comedy. (1983, 15, 83min) ★★★★★
2.25 **El Dorado** (1966) ★★★★
4.35 **Brigsby Bear** Comedy drama. (2017, 15, 97min) ★★★★
6.20 **Thoroughbreds** Comedy. (2017, 15, 92min) ★★★★

4.35 Brigsby Bear

8.00 **Panic Room** Thriller with Jodie Foster. A newly divorced woman and her daughter are trapped in a hidden chamber in their home by three burglars. With Kristen Stewart, Forest Whitaker and Dwight Yoakam. (2002, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **First Reformed** Drama starring Ethan Hawke. The minister of a congregation in New York grapples with mounting despair brought on by tragedy, worldly concerns and a tormented past. (2017, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Captain** Drama. (2017, 15, 118min) ★★★★
2.10 AM **Midnight Cowboy** Oscar-winning drama. (1969, 18, 113min) ★★★★★
4.10 **to 6.20** AM **The Apartment** Comedy. (1960, b/w, PG, 120min) ★★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **When Marnie Was There** Animated drama. (2014, U, 103min) ★★★★
1.05 PM **Run Wild, Run Free** Drama. (1969, U) ★★★
3.10 **The House of Magic** Animation. (2013, U) ★★★
4.55 **Cocoon** Fantasy drama. (1985, PG, 117min) ★★★
7.10 **PREMIERE** **Before We Go** Comedy. (2014, 12, 91min) ★★★★ *See review, page 22*

9.00 Arrival

PREMIERE **Before We Go** (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. A linguist must find a way to communicate with an alien race as the world teeters on the brink of global conflict. (2016, 12, 116min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The Twilight Saga: Breaking Dawn – Part 2** Supernatural romance starring Kristen Stewart. Bella and Edward's half-human, half-vampire daughter becomes the target of a powerful vampire clan. (2012, 12, 110min) ★★★
1.40 **to 3.55** AM **The Fly II** Sci-fi horror sequel. (1989, 18, 105min) ★★

+1 hour 314 430 45 301

8 PM
9 PM
10 PM
11 PM

True Movies

319 424 50 303

6.00 AM **Highway to Heaven**
7.00 **The Waltons** Double bill.
9.00 **Gossip** Romantic drama. (2008, PG, 120min) ★★
11.00 **Tipping Point** Psychological thriller. (2007, 15, 88min) ★★
1.00 PM **Highway to Heaven**
3.00 **Sherlock Holmes and the Incident at Victoria Falls** 1/2.
5.00 **Everything to Gain** Murder mystery. (1997, 15, 87min) ★★

7.00 **Love in Another Town** Romantic drama starring Victoria Principal and Adrian Pasdar. An emotionally scarred divorcee is surprised to find herself falling in love with a local man. (1997, PG, 88min) ★★
9.00 **Her Own Rules** Drama based on a Barbara Taylor Bradford novel with Melissa Gilbert. A successful hotelier discovers that her mother, whom she believed to be dead, is actually alive. (1998, PG, 83min) ★★

11.00 **Hercules** 1/2. Fantasy drama starring Paul Telfer.
1.00 AM **The Waltons**
3.00 **The Avengers**
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Reverse Angle** (2009) ★
10.55 **The Bad Twin** Psychological thriller. (2016, PG, 90min) ★★
1.00 PM **Firequake** Sci-fi disaster movie. (2014, 12, 90min) ★
2.50 **Sony Movie News Extra**
3.00 **Meteor Storm** Sci-fi thriller. (2010, 12, 90min) ★
4.50 **Sony Movie News Extra**
5.00 **The Rundown** Action comedy. (2003, 12, 99min) ★★

7.05 **I Spy** Comedy based on the 1960s TV series, starring Eddie Murphy and Owen Wilson. A spy is partnered with an arrogant middleweight boxing champion on his latest mission. (2002, 12, 96min) ★★★
9.00 **xXx** Espionage action thriller starring Vin Diesel as a rebellious extreme sports fanatic who is recruited by America's secret services and sent to Prague on a mission. (2002, 12, 124min) ★★

11.45 **Code of Honor** Action thriller. (2016, 15, 106min) ★★
1.55 **Lake Placid** Horror comedy. (1999, 15, 82min) ★★★★
3.40 **to 6.00** AM **Steel Magnolias** Comedy. (1989, PG) ★★★★

+1 hour 322

Movies 24

325 419 513

7.00 AM **Love's Last Resort** Drama. (2017, PG, 120min) ★★
9.00 **Love at Sea** Romantic drama. (2018, PG, 90min) ★★
11.00 **Snow Bride** Drama. (2013) ★★
1.00 PM **Love Always, Santa** Romance. (2016, PG) ★★
3.00 **Second Chance Christmas** Comedy. (2017, PG, 120min) ★★
5.00 **Mr Miracle** Fantasy comedy. (2014, PG, 120min) ★★

7.00 **Finding Santa** Festive romance starring Jodie Sweetin. An event planner must persuade a real-life Scrooge to find his festive spirit and become Santa in time for a Christmas parade. (2017, PG, 90min) ★★
9.00 **Love, Take Two** Romantic drama with Heather Hemmens. A woman working on a wedding-themed reality TV show must reassess her choices when her ex is cast as its next groom. (2019, PG, 120min) ★★

11.00 **Love on Ice** Romantic drama. (2017, PG, 84min) ★★
1.00 AM **Cup of Love** Drama. (2016, PG, 90min) ★★
3.00 **to 5.00** AM **A Winter Princess** Romance. (2019, PG) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **The Whip Hand** Thriller. (1951, b/w, PG, 82min) ★★
7.35 **Tycoon** Action adventure. (1947, U, 129min) ★★
10.10 **Long John Silver** Adventure. (1954, U, 109min) ★★★
12.00 NOON **M*A*S*H** Double bill.
1.00 **The Legend of Hell's Gate** Adventure. (2011, 12) ★★
3.10 **The Dark Charisma of Adolf Hitler** Triple bill.

6.55 **Jamaica Inn** Hitchcock's adaptation of the Daphne du Maurier story of smuggling in Cornwall, starring Charles Laughton and Maureen O'Hara. (1939, b/w, PG, 94min) ★★★★
9.00 **King Arthur: Excalibur Rising** Fantasy drama starring Adam Byard. A re-imagining of the Arthurian legend, centred around Arthur's illegitimate son, Owain, who must learn to take up his father's mantle as king. (2017, 15, 99min) ★★

11.05 **Black Death** Period horror drama. (2010, 15, 101min) ★★
1.05 AM **Absolute Fear** Thriller. (2012, 12, 91min) ★★
2.55 **to 4.00** AM **The Concorde Story**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.35 PM **Godzilla** *ITV2* (HD) ★★★
7.00 **Bernie** *AMC* Comedy. ★★★★
7.00 **Arachnophobia** *Comedy Central Extra* Horror. ★★★
8.00 **X-Men 2** *E4* Fantasy adventure sequel. (HD) ★★★★
8.00 **The Magnificent Seven** *5STAR* Western remake. (HD) ★★★
9.00 **Die Hard with a Vengeance** *Sky1* Action thriller. (HD) ★★★
9.00 **Cradle 2 the Grave** *5Spike* Action thriller. ★★★
9.00 **Philadelphia** *Paramount Network* Drama. (HD) ★★★
10.00 **The Nice Guys** *ITV4* Crime comedy. (HD) ★★★★
10.00 **I Love You, Man** *Comedy Central* Comedy. (HD) ★★★
10.00 **The Crazies** *Syfy* Horror thriller remake. ★★★★
10.40 **22 Jump Street** *5STAR* Crime comedy. (HD) ★★★
11.05 **London Heist** *Channel 5* Gangster thriller. (HD) ★★
11.10 **Renegade Justice** *5Spike* Revenge thriller. ★★
11.35 **Looking for Mr Goodbar** *Paramount Network* ★★★
2.20 AM **Stealing Harvard** *AMC* ★★
4.10 **Atlantic Rim** *Syfy* ★

Sky Sports Main Event

401 401 855 511 501 402 437

6.00 AM **Good Morning Sports Fans Bitesize** The latest news.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
9.00 **Good Morning Transfers** A round-up of the latest transfers.
10.00 **Sky Sports News**
12.00 NOON **Transfer Talk**
1.00 PM **Sky Sports News**
3.00 **Transfer Centre**
3.30 **Sky Sports News**
5.00 **Transfer Centre** The latest football transfer developments.
5.30 **Sky Sports News at 5**
6.00 **Sky Sports News at 6** The latest sports news and updates.
7.00 **The Transfer Show** Analysis of the latest transfer news.
8.00 **Sky Sports Tonight** This evening's leading sports stories.
10.00 **Transfer Centre** The latest football transfer developments.
10.30 **Sky Sports News at Ten** A round-up of the day's news.
11.00 **Sky Sports News**
1.00 AM **LIVE WWE Raw** Wrestling coverage from the States.
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 512 502

6.00 AM **PL Greatest Games**
7.00 **PL: Manchester City Highlights**
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **Premier League Best Goals** Memorable strikes.
1.00 PM **Premier League Years**
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games** The greatest Premier League game for each club, as voted for by fans.
5.00 **Premier League 100 Club** Profiles of top-flight legends.
6.00 **Premier League Years** Classic games, infamous blunders and moments of skill from seasons past, all set to a specially selected soundtrack from the time.
8.00 **PL: Manchester City Highlights**
10.00 **PL Greatest Games** The greatest Premier League game for each club, as voted for by fans.
11.00 **Gary Neville's Soccerbox** The presenter talks to a fellow former Premier League player.
11.30 **Premier League Best Goals**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **EFL Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **EFL Goals: Championship**
7.00 **EFL Goals: Leagues 1 & 2**
7.30 **SPFL Round-Up**
8.00 **EFL Goals: Championship**
9.00 **EFL Goals: Leagues 1 & 2**
9.30 **SPFL Round-Up**
10.00 **EFL Highlights**
11.00 **MLS Round-Up Show**
11.30 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **EFL Highlights**
4.00 **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 858 514 504

6.00 AM **Best of England v Australia**
6.50 **Ashes Greats**
7.00 **Ashes Memories**
7.40 **Ashes Greats**
8.00 **The Inside Track – 2005 Ashes**
10.30 **How the 2009 Ashes Were Won** Highlights of the series.
12.30 PM **How the 2013 Ashes Were Won** Highlights of the series.
2.30 **Ashes Regained: Cook's Redemption**
4.30 **The Inside Track – 2005 Ashes**
7.00 **How the 2009 Ashes Were Won** A look back at the key moments in the five-match series.
9.00 **Captain's Log**
10.00 **How the 2013 Ashes Were Won** A look back at the series in England, which saw the hosts in dominant form, as they prevailed 3-0 to retain the Ashes.
12.00 M'T **Ashes Regained: Cook's Redemption**
2.00 AM **Best of England v Australia**
2.50 **Ashes Greats**
3.00 **Ashes Memories**
3.40 **Ashes Greats**
4.00 **Ashes Memories**
4.40 **Ashes Greats**
5.00 **Best of England v Australia**
5.50 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 859 515 505

6.00 AM **LPGA Tour Golf** Day four of the Evian Championship.
9.00 **World Golf Championships** A replay of day four of the Fedex St Jude Invitational from TPC Southwind in Memphis.
3.00 PM **European Seniors Golf** Day four of the Senior Open Championship at Royal Lytham.
5.30 **LPGA Tour Golf** Day four of the Evian Championship.
8.30 **How the 2019 Open Was Won** A look back at the Major.
10.30 **LPGA Tour Golf** Action from the fourth day of the Evian Championship at the Evian Resort Golf Club in south-east France.
11.30 **Feherty Talks To Pat Perez, Kevin Kisner & Billy Horschel** The pundit chats to the stars.
12.30 AM **The Improvers**
1.00 **LPGA Tour Golf** Day four of the Evian Championship.
2.00 **Feherty Talks To Pat Perez, Kevin Kisner & Billy Horschel**
3.00 **The Improvers**
3.30 **PGA Tour Profiles**
4.00 **LPGA Tour Golf**
5.00 **to 6.00** AM **Feherty Talks To Pat Perez, Kevin Kisner & Billy Horschel**

BT Sport 1

413 413 867 527 408 430

6.00 AM **Formula E Championship Highlights** Round three.
10.00 **Greatest Premier League Goals**
11.00 **Premier League Review: 06/07**
12.00 NOON **Bad Boys**
2.00 PM **FIM Speedway Highlights** Highlights from the final of the FIM Speedway of Nations in Russia.
3.00 **Classic Premier League**
5.00 **Ref: Stories From the Weekend**
6.00 **The WRC Magazine** The latest news and action from the FIA World Rally Championship, plus a look ahead to the next round.
6.30 **Fishing: On the Bank** Angling magazine show presented by Rob Hughes and Andy Ford.
7.30 **LIVE SGB Premiership** The British Final of the Speedway Great Britain Premiership.
10.30 **BT Sport Films: One Day In May** The Story of the Bradford City Fire. Gabby Logan, who witnessed the tragedy first-hand, revisits the horrific events of 11 May 1985, when a fire killed 56 people at Valley Parade.
12.00 M'T **Gospel According to Mac**
2.00 AM **UFC: The Ultimate Fighter**
5.00 **to 6.00** AM **Fishing: On the Bank**

BT Sport 2

414 414 868 528 409 431

6.00 AM **WTA Tennis**
8.00 **Classic Premier League**
9.00 **Betfred Cup** Dundee v Inverness Caledonian Thistle in the group stage of the Betfred Cup at Kilmac Stadium at Dens Park.
10.30 **Ashes Classics – 1986/87**
12.30 PM **Ashes Classics – 1986/87** Day five of the third Test between Australia and England at the Adelaide Oval in December 1986.
1.00 **Ashes Classics – 2010/11** The best moments from the third Test of the 2010/2011 Ashes in Perth.
3.00 **The Ashes** The third Test between Australia and England in 2017 at the WACA in Perth.
6.00 **LIVE WTA Tennis** Coverage of day one of the Mubadala Silicon Valley Classic in San Jose, USA.
2.00 AM **GC32 Racing Tour Sailing** Action from the GC32 Racing Tour, a European yacht racing circuit sailed in foiling catamarans.
2.30 **Canada Man Triathlon** Action from the 2019 Canada Man/Woman Triathlon.
3.00 **to 7.00** AM **LIVE WTA Tennis** Coverage of day two of the Mubadala Silicon Valley Classic in San Jose, USA.

BT Sport 3

417 417 869 529 410 432

6.00 AM **Bundesliga Highlights Show**
10.00 **Bundesliga 2**
11.00 **FIA Karting Championships** Round six from Le Mans, France.
11.30 **European Le Mans Series Highlights** Action from the third round of the 2019 European Le Mans Series in Barcelona, Spain.
12.30 PM **FIM Sidecar World Championship Highlights** Action from the third round of the FIM Sidecar World Championship in Oschersleben, Germany.
1.00 **Fishing: On the Bank – 2019** Highlights of the 2019 World Predator Classic hosted by the city of Hellevoetsluis in the Netherlands.
2.00 **WTA Tennis** Action from the final of the Baltic Open in Latvia.
4.00 **WTA Tennis** Action from the final of the Palermo Ladies Open in Italy.
6.00 **LIVE WTA Tennis** Coverage of day one of the Citi Open in Washington, USA.
4.00 AM **BRDC British F3 Championship Highlights** The best of the action from round five of the BRDC Formula 3 Championship in Spa.
5.00 **to 6.00** AM **European Le Mans Series Highlights**

Sky Sports Action

407 407 861 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
8.00 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Sporting Records**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
2.00 **Darts Gold** A classic match.
2.30 **Boxing Gold**
3.30 **Darts Gold** A classic match.
4.30 **Sporting Records**
5.30 **Tenerife Blue Trail 2019**
6.00 **NFL: America's Game** The history of American football in the USA, with all the Super Bowl winners from the Green Bay Packers, inaugural champions in 1967.
7.00 **NBC's ProFootballTalk** American football discussion.
9.00 **Tenerife Blue Trail 2019** Action from the trail running event.
9.30 **Sporting Records**
10.00 **Darts Gold** A classic match.
11.00 **NFL: A Football Life**
12.00 M'T **NFL: America's Game**
1.00 AM **Super League Gold**
2.00 **NFL – Greatest Games**
3.00 **Darts Gold** A classic match.
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **P1 Powerboating (USA) – Super Stock** P1 SuperStock.
8.30 **Great Sporting Moments**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **NFL: America's Game**
11.00 **P1 Powerboating (USA) – Super Stock** P1 SuperStock.
12.00 NOON **Great Sporting Moments**
1.00 PM **Sporting Records**
1.30 **My Icon**
2.00 **P1 Powerboating (USA) – Super Stock** P1 SuperStock.
3.00 **My Icon**
4.30 **Fast Zone** Motorsport action.
5.00 **WWE Raw Hlts**
6.00 **Sporting Records** A look at sport's greatest milestones.
6.30 **Fast Zone** Motorsport action.
7.00 **NBA Classic Games: Nuggets/Lakers 2012** A classic match.
8.00 **Fast Zone** Motorsport action.
8.30 **Sporting Records**.
9.00 **NBA Classic Games: Nuggets/Lakers 2012** A classic match.
10.00 **Fast Zone** Motorsport action.
10.30 **Sporting Records**
11.00 **PL Greatest Games**
11.30 PM **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 530 411 434

6.00 AM **CFL**
8.30 **NHRA Drag Racing Highlights**
10.30 **MLB's Best** Highlights show
11.00 **MLB**
5.00 PM **CFL** Week seven of the Canadian Football League, including BC Lions v Saskatchewan Roughriders at BC Place.
7.30 **Baseball Tonight** Your one-stop shop for MLB news. Expert analysts look at the best plays, highlights and biggest stories surrounding Major League Baseball.
8.30 **MLB** Major League Baseball action as the Boston Red Sox host the New York Yankees at Fenway Park.
11.30 **College Football Live** News and action from college football, with expert analysis and live interviews with players and coaches.
12.00 M'T **LIVE MLB** Action from Major League Baseball.
3.00 AM **CFL**
5.30 **to 6.00** AM **College Football Live**

Eurosport 1

410 410 864 523 521 412 435

7.30 AM **Porsche Supercup**
8.00 **British GT Championship**
9.00 **FIM Endurance World Championship**
10.00 **Snooker: Riga Masters**
11.30 **Cycling: Tour de France**
12.30 PM **Speedway European Championship**
1.30 **Motocross World Championship**
2.30 **Snooker: Riga Masters**
4.00 **Cycling: Tour de France**
5.30 **Show Jumping**
6.00 **Eurosport News**
6.10 **Snooker: Riga Masters**
7.40 **WATTS**
8.00 **Cycling: Tour de France** Best of the action from this year's race.
9.00 **Snooker: Riga Masters** Action from the final in Latvia.
10.30 **Cycling: Tour de France** Best of the action from this year's race.
11.40 **Athletics: Diamond League** The Herculis meeting.
12.45 AM **Porsche Supercup**
1.15 **to 1.30** AM **Eurosport News**

Eurosport 2

411 411 865 524 522 413 436

6.00 AM **Motocross World Championship** Race two.
6.30 **La Course by Le Tour**
8.00 **Cycling: Tour de France**
9.30 **Motocross British Championship**
10.30 **Motocross World Championship**
11.30 **British GT Championship**
12.30 PM **Snooker: Riga Masters**
2.00 **Cycling: Tour de France**
3.30 **Speedway European Championship** Round two.
4.30 **Porsche Supercup**
5.00 **Bennetts British Superbikes Extra** The support races.
6.00 **Bennetts British Superbikes**
7.00 **Australian Superbikes**
8.00 **Motocross World Championship**
9.00 **Bennetts British Superbikes**
10.00 **Speedway European Championship** Round two.
11.00 **Motocross World Championship**
12.00 M'T **Porsche Supercup**
12.30 AM **Snooker: Riga Masters**
2.00 **Snooker: English Open**
4.00 **to 7.00** AM **Highlights**

Sky Sports Arena

408 408 862 518 508

6.00 AM **Sporting Greats**
7.00 **WWE Raw Hlts**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
10.00 **Sporting Greats**
11.00 **Super League Gold**
12.00 NOON **WWE from the Vault**
12.30 PM **WWE Slam City**
1.00 **Great Sporting Moments**
2.00 **Sporting Greats**
3.00 **Sporting Records**
4.00 **WWE Slam City**
4.45 **WWE from the Vault**
5.00 **WWE Raw**
7.00 **US Open 9-Ball Pool**
8.00 **Tenerife Blue Trail 2019**
8.30 **Sporting Greats**
9.00 **US Open 9-Ball Pool**
10.00 **Super League Gold**
11.00 **US Open 9-Ball Pool**
12.00 M'T **Great Sporting Moments**
1.00 AM **LIVE WWE Raw** Wrestling coverage from the States.
4.00 **Great Sporting Moments**
5.00 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1**
5.30 PM **The F1 Show**
6.00 **Formula 1** The German Grand Prix, the 11th round of the season, at Hockenheimring.
8.05 **Formula 1** Highlights of the German Grand Prix, the 11th round of the season at Hockenheimring.
9.05 **F1 Classic Races** The 1986 Hungarian Grand Prix.
9.50 **F1 Classic Races** The 1990 Hungarian Grand Prix.
10.30 **Formula 1** Highlights of the 2018 Hungarian Grand Prix, the 12th round of the season, which was held at the Hungaroring.
11.30 **Racing to the Equator** Follow United Autosports' epic quest to win the Asian Le Mans Series.
12.30 AM **Box Box Box: Red Bull's First Win** Reliving Red Bull Racing's first victory.
1.00 **to 6.00** AM **The Home of F1**

Tuesday

30 July

Evening Planner

Tuesday

Documentary

Inside the Factory
BBC2 HD, 8pm
Focusing on Bakewell tarts, Cherry Healey learns the proper thickness for pastry and visits an almond butter factory

Drama

Manifest
Sky One HD, 9pm
The survivors of a turbulent flight realise they have been missing for five years in a mystery drawing comparisons to *Lost*

Documentary

Counting Tigers: A Survival Special
ITV HD, 9pm
India carries out the largest wildlife survey ever on its tiger population

Drama

I Am Kirsty
C4 HD, 10pm
Samantha Morton plays a desperate single mother fighting to keep her family afloat as she faces poverty

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Holby City †		9.00 Keeping Faith		10.00 News; Local News	10.35 Clique †
102 BBC2	7.00 The Repair Shop		8.00 Inside the Factory		9.00 The Chefs' Brigade		10.00 Mock the Week	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Save Money...	8.00 Emmerdale	8.30 Yorkshire... †	9.00 Counting Tigers: A Survival Special		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Ackley Bridge		9.00 24 Hours in A&E		10.00 I Am Kirsty	
105 CHANNEL 5	7.00 Secrets of the Bermuda Triangle		8.00 The Great Gardening Challenge			9.15 Secrets of the National Trust with Alan...		10.15 Released to Kill Again
106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own		9.00 Manifest		10.00 Warrior	
Entertainment								
116 BBC4	7.00 Beyond 100 Days	7.30 Venice 24/7	8.00 SAS: Rogue Warriors		9.00 Revolutions: The Ideas That Changed...		10.00 Art, Passion & Power: The Story of...	
118 ITV2	7.00 You've Been Framed! Gold		8.00 Two and a Half Men		9.00 Film: Fast & Furious 7			
136 MORE4	◂ 6.55 The Supervet		7.55 Escape to the Chateau		9.00 Building the Dream		10.00 £4 Million Restoration: Historic...	
135 E4	7.00 Hollyoaks	7.30 School of Rock	8.00 The Big Bang Theory		9.00 Film: True Lies			
107 SKY WITNESS	◂ 6.45 My Kitchen Rules: Australia		8.00 Criminal Minds		9.00 Elementary		10.00 Britain's Most Evil Killers	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Active Shooter: America Under Fire			
110 GOLD	◂ 6.55 Blackadder the...	7.35 Open All Hours		8.15 Only Fools and Horses	9.00 dinnerladies	9.45 Blackadder the Third		10.25 The Office
111 DAVE	7.00 QI XL		8.00 Have I Got a Bit More Old News for You		9.00 Taskmaster		10.00 QI XL	
119 ITV3	7.00 Murder, She Wrote		8.00 Midsomer Murders				10.00 Foyle's War	
120 ITV4	◂ 4.45 Audi Cup – Live: Tottenham Hotspur v Real Madrid (Kick-off 5.00); Bayern Munich v Fenerbahce (Kick-off 7.00)					9.45 Film: Never Say Never Again		
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Just Go With It			
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Film: The Frighteners			
109 W	7.00 MasterChef Junior USA		8.00 Emma Willis: Delivering Babies		9.00 999 Rescue Squad		10.00 One Born Every Minute	
113 UNIVERSAL	7.00 NCIS		8.00 Rescue: Code One		9.00 Law & Order: Special Victims Unit			
124 FOX	7.00 NCIS				9.00 American Dad!		10.00 Family Guy	
122 SKY ARTS	7.00 Video Killed...	7.30 James Taylor...	8.00 Passions		9.00 André Rieu: How It All Began		10.00 The South Bank Show	
Documentary								
125 DISCOVERY	7.00 Outback Truckers		8.00 Combat Dealers		9.00 Deadliest Catch		10.00 Guardians of the Glades	
162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 The Aquarium		9.00 Alaskan Bush People		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Draining the Bermuda Triangle		8.00 Wicked Tuna		9.00 Battleground Brothers		10.00 Breakout	
130 HISTORY	7.00 The Curse of Oak Island				9.00 Knightfall		10.00 The Crusades: Crescent and the Cross	
155 YESTERDAY	7.00 Secrets of the Railways		8.00 Impossible Railways		9.00 Open All Hours			
166 EDEN	7.00 Mountain Lions: Life on the Edge		8.00 Blue Planet II		9.00 The Blue Planet		10.00 Planet Earth	
Films								
301 SKY PREMIERE	◂ 6.15 Smallfoot		8.00 Johnny English Strikes Again			9.45 The Belly of the Whale		
302 SKY MEGAHITS	◂ 6.40 The Amazing Spider-Man				9.00 Jurassic World: Fallen Kingdom			
303 SKY GREATS	◂ 6.20 Little Nicky		8.00 Aliens: Special Edition					10.40 Se7en
304 SKY DISNEY	◂ 6.00 Incredibles 2		8.00 The Jungle Book			9.25 Tron		
305 SKY ANIMATION	◂ 6.25 Teen Titans Go! To the Movies		8.00 Despicable Me			9.40 Lu Over the Wall		
306 SKY ACTION	◂ 6.05 2 Fast 2 Furious		8.00 The Fast and the Furious: Tokyo Drift				10.00 Fast & Furious	
307 SKY COMEDY	◂ 6.00 Mamma Mia!		8.00 Mamma Mia! Here We Go Again				10.00 Hot Fuzz	
308 SKY THRILLER		7.10 Searching			9.00 The Girl in the Spider's Web			
309 SKY DRAMA	◂ 6.00 Professor Marston and the Wonder...		8.00 Lady Bird			9.45 The Social Network		
310 SKY SCI-FI		7.15 Labyrinth			9.00 Overlord			
311 SKY SELECT	◂ 6.00 Layer Cake		8.00 Saving Private Ryan					
313 FILM4	◂ 6.50 Behind Enemy Lines				9.00 The Shallows			
315 TCM		7.15 An Inspector Calls			9.00 Code Name: Emerald			
Sport								
401 MAIN EVENT	◂ 6.00 Vitality T20 Blast Cricket – Live: Surrey v Kent Spitfires: The South Division match from The Kia Oval					9.30 Tonight	10.00 Transfer Centre	10.30 News at Ten
402 PREMIER LEAGUE	◂ 6.00 Premier League Years		8.00 PL: Liverpool Highlights				10.00 PL Greatest Games	
403 FOOTBALL	7.00 EFL Goals...	7.30 SPFL Round-Up	8.00 EFL Goals: Championship		9.00 EFL Goals...	9.30 SPFL Round-Up	10.00 EFL Highlights	
404 CRICKET	◂ 6.00 Vitality T20 Blast Cricket – Live: Surrey v Kent Spitfires: The South Division match from The Kia Oval					9.30 Captain's Log		10.30 Great...
413 BT SPORT 1	◂ 6.00 WTA Tennis – Live: Day two of the Mubadala Silicon Valley Classic in San Jose							
414 BT SPORT 2	7.00 WTA Tennis – Live: Action from day two of the Citi Open in Washington, USA							

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101/115 801 101 108 1 101 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Wanted Down Under Revisited** Nicki Chapman catches up with a family from Scotland. (S)(R)
10.00 **Homes Under the Hammer** Properties in Staffordshire, Derbyshire and London. (S)(R)
11.00 **Food: Truth or Scare** (S)(R)
11.45 **Armchair Britain** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **800 Words** New episode 2/16. Jan needs to know who the father of her twins is. (S3) (S)(AD)
2.30 **Escape to the Country** (S)(R)(AD)
3.30 **Make Me a Dealer** (S)(R)
4.15 **Flog It!** From Hampshire. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Keeping Faith

7 PM

7.00 **The One Show** Matt Baker and Stacey Dooley present the topical show. (S)
7.30 **EastEnders** Rainie goes on a date with Stuart, and Sharon tells Ben he is out of Phil's will. (S)(AD)

8 PM

8.00 **Holby City** *Things My Mother Told Me:* The team give a warm send-off to a beloved colleague, but a surprising revelation leaves Cameron reeling and he soon finds himself drunk and out of control on the wards. (S)(AD)

9 PM

9.00 **Keeping Faith** New episode 2/6. The lawyer steps in to represent Madlen after she fires her legal team – setting her on a collision course with Tom. Meanwhile, Evan discovers he has a mysterious benefactor in prison. (S2) (S)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S) Followed by **Lottery Update** (S)
10.35 **Clique** New episode 4/6. Holly and Louise search for the truth about Rayna. (S2) (S)(AD)
11.20 NEW TO BBC1 **Big in the Valleys** 1/3. Stories of overweight people in the Welsh Valleys, beginning with a tattoo artist who comfort eats and a rap artist who fears he will not be taken seriously. *Previously on BBC3 Online.* (S)
11.55 **Rent for Sex: Ellie Undercover** 1/2. Landlords offering rooms in exchange for sexual favours. (S)(R)
12.25 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 102 102 2 102 102 102/106

6.15 AM **An Island Parish: Falklands** Documentary series. (S)(R)(AD)
6.45 **An Island Parish: Falklands** (S)(R)
7.15 **Bargain Hunt** (S)(R)(AD)
8.00 **Sign Zone: Dom on the Spot** (R)
8.30 **Sign Zone: Dame Kelly: The Power of Parkrun – Our Lives** (R)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
1.00 PM **Curious Creatures** (S)(R)
1.30 **Getting the Builders In** (S)(R)
2.15 **Best Bakes Ever** (S)(R)
3.00 **Hairy Bikers' Best of British** (R)
3.45 **More Creatures Great and Small**
4.15 **Elephant Family & Me** (S)(R)(AD)
5.15 **Antiques Road Trip** (S)(R)
6.00 **Celebrity Eggheads** (S)(R)
6.30 **The Customer Is Always Right** Consumers put entrepreneurs' products to the test. (S)(R)

9.00 The Chefs' Brigade

7.00 **The Repair Shop** Jay Blades and the team bring three treasured family heirlooms back to life, tackling a 1960s cine-projector and a hand-crafted spinning wheel that has travelled all the way from Shetland. (S)(R)
8.00 NEW SERIES **Inside the Factory** 1/10. Gregg Wallace visits a Bakewell tart factory in Stoke on Trent, while Cherry Healey learns the tricks of avoiding a soggy pastry bottom when baking at home. (S)(AD)
9.00 NEW SERIES **The Chefs' Brigade** 1/6. Jason Atherton takes 10 chefs from pubs, cafes and caterers across the UK on a culinary journey across Europe. The first destination is Puglia in southern Italy. (S)(AD)
10.00 **Mock the Week** With Tom Allen, Ed Gamble, Kerry Godliman, Rhys James and Sindhu Vee. (S)(R)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **The Misadventures of Romesh Ranganathan** 1/5. Romesh visits Zimbabwe in the aftermath of Robert Mugabe's rule. (S)(R)(AD)
12.15 AM **Sign Zone: Inside the Social Network: Facebook's Difficult Year** Documentary going behind the scenes at Facebook. (S)(R)
1.15 **Sign Zone: Murder, Mystery and My Family: Case Closed?** (S)(R)
2.00 **Sign Zone: Fugitives** (S)(R)
3.00 **to 6.15** AM **Previews** (S)

ITV

103 103/176 803 103 113/103 3 103 103 111

6.00 AM **Good Morning Britain** (S)
8.30 **Lorraine** (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.00 **ITV News** (S)
1.20 **Local News** (S)
1.30 LIVE **ITV Racing: Glorious Goodwood** Ed Chamberlin and Francesca Cumani present coverage of the opening day of the festival, including the 3.35 Qatar Goodwood Cup Stakes, plus races at 1.50, 2.25 and 3.00. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.00 Emmerdale

7.00 **Emmerdale** Amy and Kerry are forced together, and Bernice reveals her big plans. (S)(AD)
7.30 **Save Money: Good Diet** Series finale 8/8. The favourite family dish chosen by viewers is revealed. (S)(AD)
8.00 **Emmerdale** Amy is faced with a threat, while Tracy and Billy continue their flirtation. (S)(AD)
8.30 **Yorkshire Airport** New edition 3/6. A passenger's wheelchair could contain a potentially lethal battery. (S)(AD)
9.00 NEW **Counting Tigers: A Survival Special** Examining a wildlife survey being conducted to take stock of India's tiger population, the results of which could be monumentally important to the animal's future. (S)(AD)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Ross Kemp: Living with Homelessness** 1/4. Ross Kemp spends the night with rough sleepers in Cardiff. (S)(R)(AD)
11.10 **Lethal Weapon** *In the Same Boat:* 1/15. Murtaugh meets his match in former international CIA agent Wesley Cole. (S3) (S)(R)(AD)
12.00 M'T **Tenable** (S)(R)
12.50 AM **James Martin's French Adventure** In Paris. (S)(R)
1.40 **Who's Doing the Dishes?** (S)(R)
2.30 **Teleshopping**
3.00 **River Monsters** (S)(SL)(R)
3.25 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** (S)(R)

+1 hour 203 114 33 112

CHANNEL 4

104 104/138 803 104 141 4 104 104

6.30 AM **Mike & Molly** (S1) (S)(R)
7.20 **The King of Queens** (S2) (S)(R)
8.10 **Everybody Loves Raymond** 21&22/25. (S2) (S)(R)(AD)
9.10 **Frasier** 3&4/24. (S7) (S)(R)
10.10 **The Big Bang Theory** (S)(R)(AD)
11.00 **The Simpsons** (S)(R)(AD)
12.00 NOON **News** (S)
12.05 PM **A New Life in the Sun** (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A former policeman looks for a holiday home on Fuerteventura. (S)(R)
4.00 **The £100k Drop** New edition (S)
5.00 **Come Dine with Me** New edition A pig farmer prepares a menu showing off his love of Italy. (S)
5.30 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Sienna tries to reach a compromise with Maxine. (S)(AD)

8.00 Ackley Bridge

7.00 **News** (S)
8.00 **Ackley Bridge** New episode 7/8. Mandy tries to find out who is responsible for a rumour spreading around the school that Cory is the father of her baby – only to discover a secret concerning Sian. (S3) (S)(AD)
9.00 **24 Hours in A&E** New edition A woman is transferred to St George's Hospital after crashing her car into a tree and has to have her broken ankle very quickly realigned if she is to have any hope of walking again. (S)(AD)
10.00 **I Am Kirsty** New episode 2/3. Samantha Morton stars in the second episode of the drama series as a single mother who has been struggling with debt since her partner disappeared. *See feature, page12* (S1) (S)(AD)
11.00 **Drag SOS** New edition The Family Gorgeous recruit three more local people to perform in Preston. (S)
12.00 M'T **Ramsay's Kitchen Nightmares USA** (S)(R)
12.55 AM **Celebrity Crystal Maze** (S)(R)
1.50 **The Simpsons** (S)(R)(AD)
2.40 **Grand Designs New Zealand** (R)
3.30 **Come Dine with Me** (S)(R)
4.25 **Extreme Cake Makers** (S)(R)
4.55 **My Family Secrets Revealed** (R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 142 15 109 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Bargain Loving Brits By the Sea** Documentary. (S)(R)
12.10 PM **News** (S)
12.15 **Can't Pay? We'll Take It Away!**
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM **Stalked by My Ex** Thriller starring Tamara Braun. (S) (2017, PG, 105min) ★
4.00 **Friends** 7&8/18. (S10) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Yashvi and Ned decide to take their relationship to the next level. (S)(R)(AD)
6.00 **Home and Away** Bella is uneasy when Tommy admits he is a teacher. (S)(R)(AD)
6.30 **News** (S)

10.15 Released to Kill Again

7.00 **Secrets of the Bermuda Triangle** 2/3. Ortis Deley tries to find out what happened to five naval aircraft lost in 1945, while Rick Edwards dives to the remains of a US air force plane. (S)(R)

8.00 **The Great Gardening Challenge** New edition 5/6. Nicki Chapman and Diarmuid Gavin host the semi-finals of the horticultural challenge, with the winning teams returning to create two gardens at the Glenfield Hospital in Leicester. (S)

9.15 **Secrets of the National Trust with Alan Titchmarsh** New edition 2/4. The presenter explores the Kent family home of Winston Churchill, and Miriam O'Reilly visits Coleshill Estate near Swindon. (S)

10.15 NEW **Released to Kill Again** Following three families seeking answers as to why convicted killers have been released from prison. (S)

11.15 NEW TO CHANNEL 5 **The Body in the Bathroom** The murder of Naomi Hersi. *Previously on 5STAR.* (S)
12.15 AM **Stalked: Murder in Slow Motion** Hollie Gazzard. (S)(R)
1.10 **21.co.uk Live Casino Show** (S)
3.10 **GPs: Behind Closed Doors** (R)
4.00 **Britain's Greatest Bridges** (R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 155 44 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal House** (S)(R)(AD)
7.00 **Monkey Life** (S)(R)(AD)
8.00 **The Dog Whisperer** (S)(R)
9.00 **Supergirl** 7/20. (S1) (S)(R)
10.00 **The Flash** 7/23. (S3) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** 1&2/22. Double bill. (S4) (S)(R)
3.00 **MacGyver** 9/23. (S2) (S)(R)
4.00 **Modern Family** 14&16/24. Double bill. (S6) (S)(R)
5.00 **The Simpsons** (R)
5.30 **Futurama** *Brannigan, Begin Again:* Zapp Brannigan joins the team. (S)(R)(AD)
6.00 *A Head in the Polls:* Bender pawns his body. (S)(R)
6.30 **The Simpsons** *The Last of the Red Hat Mamas:* Marge joins a women's group, and Lisa hires a tutor to teach her Italian. (R)

10.00 Warrior

7.00 **The Simpsons** *The Italian Bob:* Homer, Marge and the kids tour Italy in Mr Burns's new car and encounter Sideshow Bob. (R) **7.30** *Simpson Christmas Stories:* Three festive shorts with the animated family. (R)

8.00 **A League of Their Own** Harry Redknapp, David Walliams and Johanna Konta join host James Corden and regulars Jamie Redknapp, Andrew Flintoff and Jack Whitehall on the sports-based comedy quiz. (S)(R)

9.00 NEW SERIES **Manifest** *Pilot:* 1/16. Supernatural drama with Melissa Roxburgh. Passengers on a flight learn more than five years has passed during their journey from Jamaica to New York City. *See feature, page11* (S1)

10.00 **Warrior** New episode *Chewed Up, Spit Out and Stepped On:* 6/10. Tensions rise between the Hop Wei and Long Zii after an assassination attempt is made during a Chinatown parade. (S1) (S)

11.00 **Micky Flanagan's Detour de France** Micky and Noel Lynch taste the world's most expensive soup in Marseille. (S)(R)(AD)
12.00 M'T **A League of Their Own: US Road Trip 2.0** (S)(R)(AD)
1.00 AM **The Blacklist** (S6) (S)(R)
2.00 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** (S4) (S)(R)
4.00 **Babylon 5** 15/22. (S3) (S)(R)
5.00 **to 6.00** AM **Stargate SG-1** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 951, Virgin 862, Freesat 960
8.00-9.00pm River City (S)(R)(AD) **10.35** Holby City (S)(AD) **11.35** Clique New episode (S)(AD) **12.20am** NEW SERIES Big in the Valleys (S) **12.55** Rent for Sex: Ellie Undercover (S)(R)(AD) **1.25** Weather for the Week Ahead (S) **1.30-6.00am** BBC News (S)

N. IRELAND
Sky 953, Virgin 863, Freesat 957
10.35pm My First Pride New edition (S) **10.45** The Horsey Set – at Down Royal (S)(R) **11.15** Clique New episode (S)(AD) **12.00m't** NEW SERIES Big in the Valleys (S) **12.35am** Rent for Sex: Ellie Undercover (S)(R)(AD) **1.05-6.00am** BBC News (S)

WALES
Sky 952, Virgin 864, Freesat 964
11.45am-12.15pm Weatherman Walking: The Welsh Coast (S)(R)

BBC2

N. IRELAND
Sky 972, Freesat 969
10.00-10.30pm Colin Murphy's Panic Room (S)(R)

WALES
Sky 971, Freesat 971
No variations

ITV

As main ITV except:
WALES
10.45pm Fishlock's Choice (S) **11.15** Ainsley's Caribbean Kitchen (S)(R) **11.40** Ross Kemp: Living with Homelessness (S)(R)(AD) **12.05-12.50am** Lethal Weapon (S)(R)(AD)

S4C

Sky 134, Virgin 166, Freesat 120
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Wil ac Aeron: Taith yr Alban **12.30** Heno **1.30** Gwesty Parc y Stradey **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Ras yr Wyddfa 2019 **4.00** Awr Fawr **5.00** Stwnsh **6.00** Newyddion S4C a'r Tywydd **6.05** Blwyddyn y Bugail: Ioan Doyle Series finale **6.30** Bois y Pizza (AD) **7.00** Heno **7.30** Pobol y Cwm (AD) **8.00** Y Fets Series finale (AD) **9.00** Newyddion 9 a'r Tywydd **9.30** Priodas Pum Mil **10.30** Pethe **11.00-11.35pm** Y Ditectif (AD)

TV&Satellite Week
New issue on sale today

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Venice 24/7** 2/6. The work of emergency services during the city's carnival.
8.00 **SAS: Rogue Warriors** 1/3. The history of the British Army special forces unit.
9.00 **Revolutions: The Ideas that Changed the World** New edition 2/6. The invention of the car, from early dog sleds to modern solutions to pollution caused by motor vehicles.
10.00 **Art, Passion & Power: The Story of the Royal Collection** 4/4. How royal collecting has changed since the days of Queen Victoria.
11.00 **The Extraordinary Collector** Double bill
12.00 M'T **Blackadder II** Triple bill. Comedy series. (S2)
1.30 AM **SAS: Rogue Warriors** The history of the British Army special forces unit.
2.30 **to 3.30** AM **Revolutions: The Ideas that Changed the World**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.45 **Escape to the Chateau**
10.45 **The Great British Bake Off** Cake Week in the tent.
12.00 NOON **Find It, Fix It, Flog It** Restoring a high chair.
1.05 PM **Four in a Bed**
3.40 **Kirstie and Phil's Love It or List It** In Suffolk.
4.50 **Love It or List It Australia** New edition
5.55 **Secret Life of the Zoo**

Tuesday primetime

6.55 **The Supervet** Noel Fitzpatrick treats a puppy with walking difficulties.
7.55 **Escape to the Chateau** Dick, Angel and the family move into their chateau with flies everywhere.
9.00 **Building the Dream** New edition Charlie Luxton catches up with a Leicestershire couple previously featured on the show to see how their plan to build a four-bed place in their garden has progressed.
10.00 **£4 Million Restoration: Historic House Rescue** 2/2. A project to bring medieval house Llwyn Celyn back from the brink.
11.05 **24 Hours in A&E** A 20-year-old woman is rushed in after a car crash.
12.05 AM **999: What's Your Emergency?**
1.05 **The Supervet**
2.10 **Secret Life of the Zoo**
3.15 **to 4.00** AM **8 Out of 10 Cats**

+1 hour 236 196 86 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Judge Rinder**
7.10 **Dinner Date**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
12.45 **Coronation Street**
1.50 **Ellen DeGeneres Show**
2.45 **Dinner Date**
3.50 **Dress to Impress**
4.50 **Take Me Out**
6.00 **You've Been Framed! Gold** Four editions of clips.
8.00 **Two and a Half Men** 19/24. With Zoey out of town, Walden hangs out with Jake and Eldridge. **8.30** 20/24. Walden breaks the news to Zoey that he is going into business with his ex-wife Bridget. (S9)
9.00 FILM **Fast & Furious 7** Action thriller sequel with Vin Diesel and Paul Walker. A rogue special forces assassin seeks revenge against Dom, Brian and their crew for putting his brother in a coma. (2015, 12, 137min) ★★★★
11.45 **Family Guy** Double bill.
12.40 AM **American Dad!**
1.35 **Shopping with Keith Lemon** 8/8. With Big Narstie and Kate Nash.
2.05 **to 2.30** AM **Two and a Half Men**

+1 hour 218 116 27 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Rules of Engagement**
8.00 **How I Met Your Mother**
9.00 **Melissa & Joey**
10.00 **Black-ish**
11.00 **Brooklyn Nine-Nine**
12.00 NOON **Young Sheldon**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **Black-ish**
5.00 **Speechless**
6.00 **The Big Bang Theory** 6&7/24. Double bill. (S5)

primetime

7.00 **Hollyoaks** Scott opens up about his feelings for Levi.
7.30 **School of Rock** Series finale 12/12. School of Rock faces defeat at the Battle of the Bands when a rival group steals their song. (S1)
8.00 **The Big Bang Theory** 10/24. Sheldon is bothered by the attention following his scientific discovery. **8.30** 11/24. The gang reflect on how Sheldon has changed their lives. (S7)
9.00 FILM **True Lies** Comedy adventure starring Arnold Schwarzenegger. (1994, 15, 141min) ★★★★
11.45 **The Big Bang Theory**
12.40 AM **Brooklyn Nine-Nine**
1.40 **8 Out of 10 Cats**
2.35 **Gogglebox**
3.30 **First Dates**
4.25 **Brooklyn Nine-Nine**
5.10 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 146 28 123

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Nothing to Declare**
9.00 **Highway Cops**
12.00 NOON **Sun, Sea and A&E** Triple bill of the series.
3.00 PM **Border Security: America's Front Line** Four editions of the documentary series charting the work of US Customs and Border Protection agents, responsible for acting as the first line of defence for air, sea and land entry-points to the USA.

9.00 Elementary

7 PM
6.45 **My Kitchen Rules: Australia** New edition Both groups unite at the sudden death cook-off, but it's far from a happy meal.

8 PM
8.00 **Criminal Minds** *The Angel Maker:* 2/26. A copycat continues the work of an executed serial killer. (S4)

9 PM
9.00 **Elementary** New episode *The Price of Admission:* 3/13. Watson helps the NYPD deal with a murder case. (S7)

10 PM
10.00 **Britain's Most Evil Killers** A profile of Roy Whiting, the convicted sex offender who killed eight-year-old Sarah Payne.
11.00 **Criminal Minds** 13/24. (S6)
12.00 M'T **Britain's Most Evil Killers**
1.00 AM **How to Get Away with Murder** 5/15. (S5)
2.00 **For the People** (S2)
3.00 **Brit Cops: War on Crime**
4.00 **Air Ambulance ER**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **The Guest Wing**
7.00 **Fish Town**
8.00 **Richard E Grant's Hotel Secrets** Exploring Las Vegas.
9.00 **Discovering: Gene Kelly**
10.00 **The West Wing** (S3)
12.00 NOON **Without a Trace** (S2)
2.00 PM **Blue Bloods** 2/22. (S5)
3.00 **The West Wing** (S3)
5.00 **Without a Trace** 6/24. A teenage boy disappears. **6.00** 7/24. The team search for Hispanic boy who was abducted from Harlem. (S2)

11.15 Gomorrah

7.00 **CSI** *Say Uncle:* 6/24. The team investigate a double fatality at a street party in Las Vegas's Korean district. (S9)
8.00 **Blue Bloods** *Burning Bridges:* 3/22. Frank compromises his relationship with the archdiocese. (S5)
9.00 **Active Shooter: America Under Fire** 4/8. An examination of the shooting at the Washington Navy Yard in 2013.
10.05 **Active Shooter: America Under Fire** 5/8. The mass shooting at the Pulse nightclub in Orlando in June 2016.
11.15 **Gomorrah** 11/12. Mickey is forced to make a choice. **12.15** AM 12/12. The time comes for everyone to make some big decisions. (S4)
1.15 **Six Feet Under** 3&4/12. (S4)
3.45 **Girls** 9/10. (S1)
4.20 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.35 AM **A Sharp Intake of Breath**
8.00 **The Green Green Grass**
8.40 **You Rang, M'Lord?**
9.40 **dinnerladies**
10.20 **Last of the Summer Wine**
12.20 PM **2point4 Children**
1.00 **The Green Green Grass**
1.40 **Are You Being Served?**
2.20 **Open All Hours** As 7.35pm.
3.00 **Only Fools and Horses**
3.40 **Last of the Summer Wine**
5.35 **Are You Being Served?**
6.15 **2point4 Children**
6.55 **Blackadder the Third**

6.15 2point4 Children

7.35 **Open All Hours** Arkwright tries to make Nurse Gladys Emmanuel jealous and advertises for a live-in housekeeper.
8.15 **Only Fools and Horses** Del pays a stripper to attend a party at the Nag's Head with Rodney.
9.00 **dinnerladies** Twinkle and Stan spoil Petula's Christmas plans.
9.45 **Blackadder the Third** The Duke of Wellington challenges Prince George to a duel.
10.25 **The Office** David Brent shares his philosophy with a trade magazine.
11.05 **Two Pints of Lager and a Packet of Crisps**
11.40 **I'm Alan Partridge**
12.20 AM **The Office**
2.00 **Two Pints of Lager and a Packet of Crisps**
2.30 **to 4.00** AM **Harry Hill's TV Burp**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Heartbeat**
8.00 **Murder, She Wrote**
8.50 **On the Buses**
10.00 **George and Mildred**
10.30 **Agatha Christie's Marple**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.15 **Classic Coronation Street**
3.25 **Agatha Christie's Marple**
5.25 **Downton Abbey** 1/9. Cora's mother Martha arrives at Downton for Matthew and Mary's wedding. (S3)

8.00 Midsomer Murders

7.00 **Murder, She Wrote** *Dear Deadly:* Jessica investigates the murder of a reporter at a San Francisco newspaper.
8.00 **Midsomer Murders** *The Creeper:* A burglar dubbed 'The Creeper' targets the villages of Midsomer as Barnaby and Jones investigate the murder of a guest at an upper-crust dinner party. Guest stars Rik Mayall and Jenny Agutter.
10.00 **Foyle's War** *Trespass:* The son of a high-profile Jewish businessman is attacked in the grounds of a university.
12.00 M'T **to 2.05** AM **Agatha Christie's Poirot** *Death in the Clouds:* An aircraft passenger is killed on the sleuth's flight from Paris, leaving few clues to the killer's identity – until the victim's daughter comes forward to claim the inheritance.

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **The Chase**
6.45 **The Saint**
7.50 **Kojak**
8.55 **Quincy ME**
9.55 **Minder**
10.55 **Tour de France Highlights**
11.55 **Only When I Laugh**
12.30 PM **The Professionals**
1.35 **The Saint**
2.40 **Kojak**
3.45 **Quincy ME**
4.45 **LIVE Audi Cup** Tottenham Hotspur v Real Madrid: Kick-off is at 5.00.

9.45 Never Say Never Again

7.15 **LIVE Audi Cup** Bayern Munich v Fenerbahce: Celina Hinchcliffe presents coverage of the semi-final in the pre-season tournament, held at Allianz Arena in Munich. Kick-off is at 7.00.
9.45 **FILM Never Say Never Again** James Bond adventure starring Sean Connery. Crime syndicate SPECTRE holds the world to ransom. (1983, PG, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.30 AM **The Sweeney** Regan becomes romantically involved with a journalist. However, when she is implicated in a crime, her innocence and his loyalties are called into question.
1.35 **to 2.40** AM **Minder**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **Obese: A Year to Save My Life**
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **Monkey Business**
1.00 **The Dog Whisperer**
2.00 **It's Me or the Dog**
3.00 **Relic Hunter** 8/22. (S3)
4.00 **Ninja Warrior**
6.00 **Stargate SG-1** (S2&3)
8.00 **Duck Quacks Don't Echo** With Hugh Dennis.
9.00 **50 Ways to Kill Your Mammy** Baz and Nancy encounter alligators and ride a jet-ski in Florida. **10.00** Nancy rides an elephant and goes rafting in Thailand.
11.00 **Highway Cops**
12.00 M'T **Warrior** 6/10. (S1)
1.00 AM **Manifest**
2.00 **Elementary** 3/13. (S7)
3.00 **Duck Quacks Don't Echo** Panel show.
4.00 **Monkey Business**
5.00 **to 6.00** AM **The Dog Whisperer**

Pick

152 123 11 144

6.00 AM **Nothing to Declare**
7.00 **Border Patrol**
8.00 **Highway Patrol**
9.00 **Caught Red Handed**
10.30 **Motorway Patrol**
11.00 **Police Force: Australia**
12.00 NOON **Road Wars**
1.00 PM **UK Border Force**
2.00 **Australia's Front Line**
3.00 **Nothing to Declare**
3.30 **Caught Red Handed**
5.00 **Without a Trace** (S7)
6.00 **Stargate SG-1** (S1)
7.00 **The Flash** 20/23. (S3)
8.00 **David Attenborough's Wild City** Singapore.
9.00 **Most Evil Killers**
10.00 **Extreme World**
11.00 **The Force: North East**
12.00 M'T **Banged Up Abroad**
1.00 AM **Law & Disorder**
2.00 **Road Wars**
3.00 **Real Prison Breaks**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **The Hurting**
8.00 **American Pickers: Best Of** Memorable picks.
9.00 **Storage Hunters UK**
10.00 **American Pickers**
1.00 PM **Top Gear**
2.00 **Cop Car Workshop**
3.00 **Yianni: Supercar Customiser**
4.00 **Modern Wheels or Classic Steals**
5.00 **Top Gear** Double bill.
7.00 **QI XL** With Cariad Lloyd.
8.00 **Have I Got a Bit More Old News for You** With guests Andy Hamilton and Sayeeda Warsi.
9.00 **Taskmaster**
10.00 **QI XL** Double bill.
12.00 M'T **Mock the Week**
12.45 AM **Have I Got a Bit More Old News for You**
1.40 **Dave Gorman: Modern Life Is Goodish**
2.45 **Dara O Briain's Go 8 Bit** With Susan Calman.
3.35 **to 4.00** AM **The Hurting**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle**
10.00 **Are We There Yet?**
11.00 **Friends** (S10)
1.00 PM **Friends** (S10)
4.00 **Are We There Yet?** (S1)
5.00 **Friends**
8.00 **Friends** 23/24. Rachel's labour begins and expectant father Ross paces the corridors. **8.30** 24/24. Rachel gives birth – and she and Ross have to face up to their feelings for each other. (S8)
9.00 **FILM Just Go With It** Romantic comedy starring Adam Sandler. (2011, 12, 116min) ★
11.00 **The Ricky Gervais Show** 2&3/13. Double bill of the comedy. (S2)
12.00 M'T **Kevin Hart Live: Laugh at My Pain**
1.00 AM **The Daily Show** New episode
1.30 **South Park** (S13&14)
4.10 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **Income Property**
12.40 **The Real Housewives of Atlanta** Reality show.
1.30 **Million Dollar Listing: LA**
2.25 **Little Women: LA**
3.15 **The Real Housewives of New Jersey**
4.10 **The Real Housewives of New York City** **5.00** New edition
6.00 **Buying and Selling** A couple who want to find a spacious home. **7.00** A couple want a new home in time for the new school year.
8.00 **Dinner Date**
9.00 **The Real Housewives of Atlanta** Tyrone makes a proclamation.
10.00 **Botched**
10.55 **Vanderpump Rules: Jax & Brittany Take Kentucky**
11.50 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons**
8.00 **Touched by an Angel**
10.00 **Highway to Heaven**
1.00 PM **Hamish Macbeth**
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote**
6.00 **Tenko** 2/10. (S1)
7.00 **M*A*S*H** (S4)
9.00 **Taggart** *Falling in Love:* Jardine and the team investigate a series of mysterious deaths among members of a tango club, and uncover a connection with an unsolved robbery.
11.00 **The Persuaders!** 22/24. Danny and Brett help a grand duchess desperate to prove she's the rightful owner valuable jewellery. (S1)
12.00 M'T **Tenko** As 6.00pm.
1.00 AM **M*A*S*H** (S1&2)
2.00 **Rumpole of the Bailey**
3.00 **The New Avengers**
4.00 **to 6.00** AM **Due South**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 126 226 312 382

7.10 AM **Murdoch Mysteries**
9.00 **Sue Thomas: F.B.Eye**
10.00 **New Tricks**
11.00 **The Coroner** 7/10. (S1)
12.00 NOON **Miss Fisher's Murder Mysteries**
1.00 PM **Murdoch Mysteries**
2.00 **The Doctor Blake Mysteries**
3.00 **Motive** 5/13. (S2)
4.00 **Rizzoli & Isles** 10/18. A dog is the chief suspect in a death. **5.00** 11/18. A body turns up in Boston with links to a murder in Los Angeles. (S6)
6.00 **The Guardian** 22/22. (S1)

9.00 Harrow

7.00 Unforgettable *Heroes:* 2/22. The team investigates the murder of a gym owner and his wife. (S1)

8.00 Miss Fisher's Murder Mysteries *Framed for Murder:* 9/13. The lead actor in a movie is murdered on set. (S2)

9.00 Harrow New episode *Malum In Se (Evil in Itself)* 3/10. Harrow and Grace investigate a crime from the past. (S2)

10.00 The Coroner *The Salcombe Selkie:* 7/10. Lighthaven is stunned when a girl appears to return from the dead. (S1)
11.00 **New Tricks** *Old Fossils:* 1/10. The team reopens the case of a palaeontologist's murder. (S8)
12.00 M'T **Rush** 19/22. (S2)
1.00 AM **Unforgettable** 12/13. An actor is shot dead. (S3)
2.10 **to 4.00** AM **Sue Thomas: F.B.Eye**

+1 hour 232 191

Syfy

114 114 814 135 165 319 375

6.00 AM **Star Trek: Voyager** (S2)
8.00 **Teleshopping**
11.00 **Merlin** 11/13. (S1)
12.00 NOON **FILM Jack the Giant Killer** Fantasy adventure starring Jamie Atkins, Jane March and Ben Cross. (2013, PG, 87min) ★★
2.00 PM **Merlin** 12/13. (S1)
3.00 **Stargate Atlantis** 1/20. (S2)
4.00 **Star Trek: Voyager** 3/16. (S1)
6.00 **Star Trek: The Next Generation** *The Survivors:* 3/26. A Federation planet requests help. (S3)

9.00 The Frighteners

7.00 Star Trek: The Next Generation *Who Watches the Watchers:* 4/26. Troi's life is placed in danger. (S3)

8.00 Stargate Atlantis *The Intruder:* 2/20. The battle cruiser *Daedalus* becomes infected with a virus. (S2)

9.00 FILM The Frighteners Quirky horror comedy starring Michael J Fox. A psychic falls under suspicion when the ghost of a serial killer continues his murderous spree from beyond the grave. (1996, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 FILM The One Martial arts sci-fi thriller with Jet Li. (2001, 15, 87min) ★★★
1.00 AM **Star Trek: The Next Generation** (S2)
4.00 **to 6.00** AM **FILM Independence Daysaster** Thriller. (2013, PG, 90min) ★

+1 hour 214 136

W

109 109 809 125 211 311 383

6.10 AM **MasterChef Junior USA**
7.00 **My Dream Home**
8.00 **Tipping Point** Quiz show.
10.00 **The Bill** Police drama.
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
2.00 PM **My Dream Home**
4.00 **Flip or Flop** A house in California that is known to have problematic foundations. **4.30** The duo buy another unviewed property, this time in La Puente, California.
5.00 **Tipping Point** Double bill.

7.00 MasterChef Junior USA

7.00 MasterChef Junior USA New edition 12/15. The judges challenge the teams to prepare two appetisers and entrées.

8.00 Emma Willis: Delivering Babies The midwives perform a risky procedure to induce labour.

9.00 999 Rescue Squad Documentary following Yorkshire Ambulance Service's Hazardous Area Response Team.

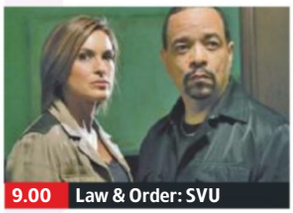
10.00 One Born Every Minute A woman prepares to give birth while coming to terms with the recent loss of her father.
11.00 **Inside the Ambulance** A crew rush a patient they suspect could have sepsis to hospital and a girl is reluctant to let paramedics examine her.
12.00 M'T **American Housewife** Four episodes of the sitcom. (S2)
1.50 **to 3.00** AM **The Wave**

+1 hour 209 190

Universal

113 113 813 137 164 320 385

8.00 AM **Sea Patrol** 15/16. (S4)
9.00 **Murder in Paradise**
10.00 **Murder She Solved: True Crime**
11.00 **CSI: Miami** As 12.00m't.
12.00 NOON **Law & Order** (S12)
4.00 PM **NCIS** *Devil's Trifecta:* 9/24. Gibbs teams up with FBI agent TC Fornell. **5.00** *You Better Watch Out:* 10/24. Tony's father visits to rebuild their relationship. **6.00** *Shabbat Shalom:* 11/24. Part one of two. Ziva's father turns up unannounced. (S10)


9.00 Law & Order: SVU

7.00 NCIS *Shiva:* 12/24. Part two of two. Two family members of NCIS employees are murdered. (S10)

8.00 Rescue: Code One A girl is paralysed in an accident. **8.30** A mother faces her worst fears after a head-on collision.

9.00 Law & Order: Special Victims Unit *Torch:* 21/24. A former colleague of Stabler's joins the team.

10.00 Law & Order: Special Victims Unit *Ace:* 22/24. Benson and Stabler uncover an illegal adoption ring. (S11)
11.00 **Law & Order: Special Victims Unit** 23/24. (S11)
12.00 M'T **CSI: Miami** 21/25. (S4)
1.00 AM **NCIS** As 5.00pm.
2.00 **NCIS** As 6.00pm.
3.00 **Law & Order: Special Victims Unit** (S20)
4.00 **to 5.00** AM **Sea Patrol**

+1 hour 213 138

FOX

124 124 821 157 199

8.00 AM **Monk** 14/16. (S7)
9.00 **Bones** 16/24. (S8)
10.00 **Bull** 1/22. (S2)
11.00 **NCIS** 17/24. (S15)
12.00 NOON **Bones** 17&18/24. (S8)
2.00 PM **The Mentalist** 21/22. (S6)
3.00 **NCIS** 18/24. (S15)
4.00 **Bull** 2/22. (S2)
5.00 **Bones** 19/24. (S8)
6.00 **The Mentalist** 22/22. A new lead in a cold case requires Lisbon to postpone her plans to relocate to Washington, DC. (S6)

9.00 American Dad!

7.00 NCIS *The Numerical Limit:* 19/24. Gibbs is granted protective custody of a 10-year-old orphaned refugee, Elena.

8.00 NCIS *Sight Unseen:* 20/24. The NCIS team search for a petty officer who is suspected of an assault. (S15)

9.00 American Dad! New episode 19/22. Jeff has to take Francine out. (S15) **9.30** 8/20. Hayley gets a job at the airport .(S10)

10.00 Family Guy 11/22. Peter and Lois decide to have another baby. (S3) **10.30** 19/20. Quagmire loses a body part. (S16)
11.00 **American Dad!** Double bill of the animated comedy. (S9)
12.00 M'T **Family Guy** Triple bill of the comedy. (S3&11)
1.30 AM **American Dad!** (S9)
2.00 **Family Guy** (S3)
3.00 **American Dad!** (S9)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Tuesday

7 PM
8 PM
9 PM
10 PM

E!

123 123 834 156 321 386

7.00 AM **Keeping Up with the Kardashians**
10.00 **Big Rich Atlanta**
11.00 **News: Daily Pop**
12.00 NOON **Dating: No Filter**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Relatively Nat & Liv**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Relatively Nat & Liv** A trip to LA turns ugly.
9.00 **Hollywood Medium with Tyler Henry**
10.00 **Revenge Body with Khloe Kardashian** Khloe helps a pair of overweight twins.
11.00 **Botched**
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Hollywood Medium with Tyler Henry**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **Dash Dolls**

Sky Arts

122 122 820 122 206

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **The South Bank Show Originals**
10.30 **Vanessa Redgrave: The South Bank Show Originals**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Callas, Kennedy, Onassis: Two Queens for a King**
4.00 **The Art of Architecture**
5.00 **Discovering**
7.00 **Video Killed the Radio Star**
7.30 **James Taylor: Music Icons**
8.00 **Passions**
9.00 **André Rieu: How It All Began**
10.00 **The South Bank Show** New edition
11.00 **The Directors**
12.00 M'T **Bee Gees: In Our Own Time**
1.15 AM **Midnight Return...**
3.00 **The South Bank Show**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 47 110 127

9.00 AM **Posh Pawnbrokers**
10.00 **Come Dine with Me**
12.30 PM **A Place in the Sun**
1.30 **The £100k Drop**
2.30 **Come Dine with Me**
3.00 **Everybody Loves Raymond** (S2)
4.00 **Frasier** (S6)
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Yorkshire Dales and the Lakes** The search is on for a puppy that has fallen down a 50-foot sinkhole.
9.00 **First Dates**
10.00 **24 Hours in Police Custody** A burglary.
11.05 **8 Out of 10 Cats Does Countdown**
12.05 AM **Celebrity Gogglebox**
1.10 **Generation Porn**
2.15 **The Yorkshire Dales and the Lakes**
3.20 **A Place in the Sun**
4.15 **to 4.45** AM **Four in a Bed**

5USA

141/169 153 21 129

9.00 AM **Catch a Contractor**
9.20 **Remington Steele** (S1)
10.15 **CSI: NY** 10/23. (S6)
11.05 **Chicago Justice** (S1)
12.00 NOON **Bull** 4/23. (S1)
1.00 PM **Law & Order** (S17)
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S18)
7.05 **Law & Order** *Quit Claim:* 7/18. An investigation pits McCoy against the US Attorney's office. (S18)
8.00 **NCIS: Los Angeles** *Drive:* 11/24. Kensi poses as a car thief to crack a kidnapping. (S4)
9.00 **Ransom** *Regeneration:* 9/13. Eric is taken hostage and Maxine faces her first negotiation. (S1)
10.00 **Law & Order: Special Victims Unit** (S6)
12.55 AM **CSI: Miami** (S7)
2.50 **Chicago PD** 4/23. (S4)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Last Man Standing**
8.25 **Smallville** 7/23. (S2)
9.10 **Dance Moms**
11.05 **My Wife and Kids**
12.05 PM **Two and a Half Men** Four episodes.
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **The Fresh Prince of Bel-Air** Double bill. (S1)
5.00 **8 Simple Rules...** (S1)
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **The Fresh Prince of Bel Air** 13&14/25. (S1)
8.00 **Last Man Standing** New episodes (S7)
9.00 **Freed to Kill Again: The Murder of Quyen**
10.00 **FILM Hannibal** Chiller. (2001, 131min) ★★★
12.45 AM **Wentworth Prison**
1.45 **Riverdale** (S2)
2.45 **The Magicians** (S2)
3.30 **Two and a Half Men**
3.55 **to 4.00** AM **Access**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Boon**
8.00 **London's Burning**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **The Brokenwood Mysteries**
4.20 **All Creatures Great and Small**
5.20 **Birds of a Feather**
6.00 **'Allo 'Allo!**
6.35 **As Time Goes By**
7.20 **Last of the Summer Wine** Foggy is rescued from the police.
8.00 **Father Brown** *The Standing Stones:* A body is found at a stone circle.
9.00 **Death in Paradise** *One For the Road:* The island's governor is poisoned at her leaving party.
10.20 **Silent Witness** *One Day:* A woman is killed in a car crash.
12.25 AM **The Inspector Lynley Mysteries**
2.30 **The Bill**
3.20 **to 4.00** AM **Garden Hopping**

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **Mad Men** (S5)
2.00 **Law & Order** (S3)
2.55 **FILM Bernie** Fact-based comedy. (2011, 12, 97min) ★★★★
4.50 **Zoom In**
5.00 **Mad Men** (S5)
6.00 **Law & Order** (S3)
7.00 **FILM Proof** Drama with Gwyneth Paltrow. (2004, 12, 100min) ★★★
9.00 **Feed the Beast** 7/10. Dion seeks help from his former mentor. **9.55** 8/10. Tommy starts to unravel. (S1)
10.50 **Hap and Leonard** (S1)
12.30 AM **FILM Underclassman** Comedy thriller. (2005, 12, 90min) ★★
2.15 **Feed the Beast** (S1)
3.50 **Mad Men** (S5)
4.40 **to 5.30** AM **Law & Order**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S5)
10.00 **ER** 19/22. (S4)
11.00 **The Love Boat** (S8)
12.00 NOON **Judge Judy**
1.00 PM **The High Chaparral**
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S8)
7.00 **CSI: Miami** *Killer Date:* 20/24. A woman working for a dating agency is killed. (S3)
8.00 **Judge Judy**
9.00 **Medium** *A Taste of Her Own Medicine:* 5/19. Allison investigates a disappearance. (S5)
10.00 **CSI: Miami** *Recoil:* 21/24. A mother is shot outside court. (S3)
11.00 **The Love Boat** (S8)
12.00 M'T **Judge Judy**
1.00 AM **ER** 20/22. (S4)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder** (S6)
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** (S4)
12.00 NOON **Perry Mason**
1.05 PM **The District** (S1)
2.05 **CSI: Miami** 13/24. (S3)
3.00 **NCIS** 4/19. (S5)
4.00 **CSI: NY** 23/23. (S1)
5.00 **Matlock** (S4)
6.00 **Perry Mason** (S6)
7.05 **NCIS** *The Penelope Papers:* 3/24. McGee's grandmother is implicated in the killing of a lieutenant. (S9)
8.00 **Walker, Texas Ranger** *The Prodigal Son:* 20/28. Walker's holiday plans are interrupted. (S1)
9.00 **NCIS** *Kill Ari – Part One:* 1/24. (S3)
10.00 **NCIS: Los Angeles** (S1)
11.00 **NCIS** 4/24. (S9)
12.00 M'T **CSI: Miami** (S3)
1.00 AM **NCIS** As 9.00pm.
2.00 **Gunsmoke** (S18)
3.05 **Bonanza** (S12)
4.00 **Walker, Texas Ranger**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** An inferno at King's Cross station in London. **7.30** Using science to solve crimes.
8.00 **Donal MacIntyre: Unsolved** The disappearance of Claudia Lawrence.
9.00 **Homicide's Elite** Quinn and Velazquez take on the case of Apriel Allen.
10.00 **Evidence of Evil** Police discover a victim beaten beyond recognition.
11.00 **It Takes a Killer**
12.00 M'T **Wives with Knives**
1.00 AM **Homicide's Elite**
2.00 **Evidence of Evil**
3.00 **Troubled Teens: Jail Shock**
3.50 **Dog Patrol**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Catchphrase**
7.00 **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Bruce's Price Is Right**
11.00 **Stake Out**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye**
6.00 **Total Wipeout**
7.00 **Pointless** Quiz with Alexander Armstrong.
10.00 **Who Wants to Be a Millionaire? Celebrity** Another set of famous faces play for charity.
11.00 **Bullseye**
12.00 M'T **Bullseye**
12.30 AM **Bullseye**
1.00 **The Chase**
5.00 **to 6.00** AM **Golden Balls**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Now That's Funny!**
7.00 **Teleshopping**
9.00 **Friends** Four episodes.
11.00 **The Middle** (S5)
1.00 PM **The Office (US)**
4.00 **Bad Robots**
5.00 **Fresh Prince of Bel Air**
7.00 **Are We There Yet?** (S1)
8.00 **Impractical Jokers** Double bill of editions.
9.00 **Lee Evans Live in Scotland** A stand-up performance by the energetic comedian.
10.30 **Friends** (S1)
11.30 **RuPaul's Drag Race**
1.00 AM **Russell Howard's Good News**
2.00 **Roast Battle**
2.30 **The Alternative Comedy Experience**
3.00 **Drunk History USA**
3.40 **Chris Ramsey Show**
4.05 **Frankenfood**
4.30 **The Middle**
5.15 **to 6.00** AM **Impractical Jokers**

+1 hour 227

Food Network

140 291 41 148

6.00 AM **Giada In Italy**
9.00 **15 Minute Meals**
11.00 **The Pioneer Woman**
1.00 PM **Girl Meets Farm**
2.00 **Jamie Does Marrakech**
3.00 **The Pioneer Woman**
5.00 **Barefoot Contessa – Back to Basics**
6.00 **Man Fire Food**
7.00 **The Pioneer Woman**
8.00 **Diners, Drive-Ins, And Dives** Four editions.
10.00 **Burgers, Brew & 'Que** New editions Michael heads to San Antonio to try a bacon and blue cheese burger. **10.30** Michael visits a family-run barbecue restaurant in Texas.
11.00 **Mystery Diners**
12.00 M'T **Diners, Drive-Ins, And Dives** Double bill.
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 240 149

Good Food

198 198 866 278 279 313 388

6.10 AM **Perfect**
7.00 **Ramsay's Ultimate Cookery Course**
8.00 **Martin: Home Comforts**
9.00 **John Torode's Malaysian Adventure**
10.00 **Bikers' Best of British**
11.00 **Rick Stein's India**
12.00 NOON **Hairy Bikers' Food Tour of Britain**
1.00 PM **Ramsay's Ultimate Cookery Course**
2.00 **Martin: Home Comforts**
3.00 **Malaysian Adventure**
4.00 **Rick Stein's India**
5.00 **Bikers' Best of British**
6.00 **Food Tour of Britain**
7.00 **Martin: Home Comforts**
8.00 **Malaysian Adventure**
9.00 **Rick Stein's India**
10.00 **Ramsay's Ultimate Cookery Course**
11.00 **Luke's Asian Food Trail**
12.00 M'T **James Martin: Home Comforts**
1.00 **to 6.10** AM **Highlights**

+1 hour 298 280

Lifetime

164 838 208 329 384

7.00 AM **Judge Judy**
1.15 PM **FILM Forgotten Evil** Mystery thriller starring Masiela Lusha. (2017, 12, 87min) ★★
3.00 **The Real Housewives of New Jersey**
4.00 **Dance Moms**
5.00 **Storage Wars**
6.00 **Judge Judy**
9.00 **Rooster & Butch** A woman pitches a dashcam device.
10.00 **Project Runway: Fashion Startup** An entrepreneur claims to have found the fountain of youth. **11.00** **Hardcore Pawn** The Golds stumble upon pieces of possibly valuable art. **11.30** Les hands out his biggest loan ever on a luxurious Rolls Royce.
12.00 M'T **Storage Wars**
1.00 AM **Rooster & Butch**
2.00 **to 4.00** AM **Judge Judy**

Paramount Network

153 188 187 54 132

9.10 AM **Lip Sync Battle**
9.40 **Gilmore Girls**
11.30 **FILM Undercover Bridesmaid** Romance. (2012, PG, 86min) ★★
1.20 PM **FILM A Wedding to Die For** Thriller. (2019, 12, 105min) ★★
3.10 **FILM Accidental Friendship** Drama. (2008, PG) ★★★
5.00 **Suits**
6.00 **House** (S3)
7.55 **Access**
8.00 **Grimm** 2/22. (S5)
9.00 **The Mick** New episodes
10.00 **Taken** 2/16. (S2)
10.55 **The X-Files** 14/22. (S7)
11.55 **Grimm** As 8.00pm.
12.50 AM **Marvel's Agent Carter** (S2)
1.50 **The Mick** (S1)
2.40 **LA to Vegas** (S1)
3.25 **Lip Sync Battle**
4.15 **Marvel's Agent Carter**
5.00 **Neighbours**
5.25 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Wild Fishing**
6.20 **Lake Escapes**
7.10 **Trawler Wars**
8.00 **Aussie Gold Hunters**
9.00 **Shed and Buried**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Made by Destruction**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Gold Divers**
4.00 **Salvage Hunters**
5.00 **Airplane Repo**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **NEW SERIES Disasters at Sea**
10.00 **Border Control: Spain**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Deadliest Drivers**
3.00 **Destroyed in Seconds**
4.00 **Swamp Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Money for Nothing**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
1.00 PM **Curvy Brides Boutique** Double bill.
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Atlanta**
5.00 **Say Yes to the Dress**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life: Where Are They Now?**
10.00 **My Chin Keeps Growing: Body Bizarre**
11.00 **FBI Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philly**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Tiny House, Big Living** Double bill.
7.00 **Cruise TV**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Cops UK: Bodycam Squad**
11.00 **DIY SOS: The Big Build**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea**
3.00 **Homes Under the Hammer** In Carlisle.
4.00 **Most Haunted**
6.00 **Antiques Road Trip** Triple bill of editions.
9.00 **DIY SOS: The Big Build**
10.00 **Inside Death Row with Trevor McDonald**
11.00 **Nightwatch: Emergency After Dark**
12.00 M'T **Born to Kill? Class of Evil**
1.00 AM **I Survived Evil**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Most Haunted**

Sony Crime

157 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **True Crime with Aphrodite Jones**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows**
7.00 **Bizarre Murders**
8.30 **Bizarre Murders** A humiliated young man kills his girlfriend after she accepted money for sex.
9.00 **Deadly Women** Three cases involving cold-hearted females. **10.00** Three true-life tales of teenagers behaving viciously.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **100 Stone & On the Dole** Welfare claimants.
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **The Dog Rescuers**
12.00 NOON **Paddington Station 24/7**
1.00 PM **Cruising with Jane McDonald**
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet** (S3)
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Blitz: Britain on Fire**
10.00 **Operation Overlord: Invasion of Normandy**
11.00 **Supernatural Nazis**
12.00 M'T **Nightmare Tenants, Slum Landlords**
1.00 AM **On Benefits: On the Breadline**
2.00 **The Lost City of the Pharaohs**
3.00 **to 4.00** AM **Inside Britain's Poshest Hotel**

5Spike

150 154 31 141

9.00 AM **The A-Team**
11.00 **Police Interceptors**
12.00 NOON **Can't Pay? We'll Take It Away!**
2.00 PM **FILM Madron** Western drama. (1971, 15, 90min) ★★
4.00 **Traffic Cops**
5.00 **The A-Team** (S1)
7.00 **Police Interceptors**
8.00 **Traffic Cops** Officers are led on a chase through Bradford.
9.00 **Airport Security: Peru** A woman is arrested trying to smuggle cocaine while traveling with her children.
10.00 **FILM From Dusk Till Dawn** Gory horror thriller. (1995, 18, 108min) ★★★
12.10 AM **Idiot TV**
1.10 **Seconds from Death: Caught on Camera**
2.15 **Criminals: On Camera**
2.45 **to 3.00** AM **Access**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé: Happily Ever After?**
12.00 NOON **My 600lb Life: Where Are They Now?**
2.00 PM **Nate & Jeremiah...**
3.00 **Good Bones**
4.00 **Say Yes to the Dress**
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Good Bones: Mina's Forever Home**
9.00 **Nate & Jeremiah...**
10.00 **Say Yes... Lancashire**
11.00 **90 Day Fiancé: What Now?**
12.00 M'T **Good Bones: Mina's Forever Home**
1.00 AM **Nate & Jeremiah...**
2.00 **Say Yes... Lancashire**
3.00 **Katie Price: My Crazy Life** Reality show.
4.00 **to 6.00** AM **Highlights**

+1 hour 233 169

Blaze

187 187 216 63 162

6.00 AM **Parking Wars**
7.00 **Ancient Aliens**
8.00 **Alien Files: Unsealed**
9.00 **American Restoration**
10.00 **Ernie the Wildman**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars**
1.00 PM **Storage Wars**
2.00 **Curse of Oak Island**
3.00 **Alien Files: Unsealed**
4.00 **Ancient Aliens**
5.00 **Hardcore Pawn**
6.00 **American Restoration**
7.00 **Pawn Stars**
8.00 **Storage Wars**
9.00 **Counting Cars**
10.00 **Wicked Tuna** Paul Herbert faces trouble when he only manages to catch three tuna.
11.00 **Storage Wars**
12.00 M'T **Pawn Stars**
1.00 AM **Parking Wars**
2.00 **American Restoration**
3.00 **Billy the Exterminator**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Hardcore Pawn**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Alaskan Bush People**
8.00 **Naked and Afraid XL**
9.00 **Mighty Ships**
10.00 **Fast N' Loud**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Combat Dealers**
2.00 **Alaskan Bush People**
3.00 **Kindig Customs**
5.00 **Garage Rehab**
6.00 **Fast N' Loud** Engine issues could cause humiliation for the Gas Monkeys.

10.00 Guardians of the Glades

7.00 Outback Truckers Russell faces trial by fire as he hauls a mobile building down a load-destroying track.

8.00 Combat Dealers Bruce Crompton heads on a World War One treasure hunt, finding the world's most expensive football.

9.00 Deadliest Catch New edition Arctic storm Elsa hits the *Cornelia* and a breakaway pot thrashes Josh and Casey's crew.

10.00 Guardians of the Glades New edition The team go hunting at night, which is much more dangerous than in the day.

11.00 **Wheeler Dealers**
12.00 M'T **Deadliest Catch**
1.00 AM **Guardians of the Glades**
2.00 **Fast N' Loud**
3.00 **Fast N' Loud: Demolition Theatre**
3.50 **Wheeler Dealers**
4.40 **Gold Rush: White Water**
5.30 to 6.00 AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **The Vet Life**
8.00 **Animal Cops Houston**
10.00 **Crocodile Hunter**
11.00 **Alaskan Bush People**
12.00 NOON **Wildest Europe**
1.00 PM **The Vet Life**
3.00 **Pit Bulls & Parolees**
4.00 **Tanked** Basketball star Demarcus Cousins wants a tank for his new house.
5.00 **Wolves and Warriors** Josh tries to build a relationship with an aggressive wolfdog.
6.00 **Deadliest Sharks** A profile of the oceanic white tip shark.

8.00 The Aquarium

7.00 Pit Bulls & Parolees A look at the dogs that had a major impact on Tia's family and the parolees who helped them.

8.00 The Aquarium New edition Intelligent giant octopus Ophelia needs attention and the team head to the Bahamas.

9.00 Alaskan Bush People The Browns get their first official job for the hauling business, but issues arise with their boat.

10.00 Animal Cops Houston Snake enthusiast Dana Almengor investigates when a boa constrictor is found in Galveston.

11.00 **Pit Bulls & Parolees**
12.00 M'T **After the Attack** A man who was mauled by a cougar.
1.00 AM **Animal Cops Houston**
2.00 **Wild Mexico** As 7.00pm.
3.00 **Alaskan Bush People**
3.50 **Intruders**
4.40 **Escape to Chimp Eden**
5.10 to 6.00 AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **WW2: Hell Under the Sea** How two British submarines accidentally targeted each other.
9.00 **War Heroes of the Skies**
10.00 **Nazi Megastructures**
11.00 **Supercars**
12.00 NOON **Strippers: Cars for Cash** Japanese car parts.
1.00 PM **Ice Road Rescue**
2.00 **Wicked Tuna**
3.00 **Air Crash Investigation**
5.00 **Car SOS** Tim and Fuzz restore a 1991 VW T4 Campervan.
6.00 A Volkswagen Beetle.

7.00 Draining the Bermuda...

7.00 Draining the Bermuda Triangle Using sonar data to 'drain' the sea and reveal the underwater landscape.

8.00 Wicked Tuna The crews have a tough choice when word comes in that the fish 170 miles from Gloucester are big.

9.00 Battleground Brothers The Golf company team members become separated during a fierce Taliban attack.

10.00 Breakout Revealing how three inmates tunnelled out of an Indiana state prison, crawling through a narrow drain.

11.00 **Banged Up Abroad**
12.00 M'T **Explorer 2.0** New edition Examining Josef Goebbels' propaganda techniques.
1.00 AM **Paranatural**
2.00 **Nazi Megastructures**
3.00 **War Heroes of the Skies**
4.00 to 5.00 AM **Draining the Bermuda Triangle**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Mountain Men**
10.00 **Ancient Aliens**
11.00 **Pawn Stars**
12.00 NOON **Forged in Fire**
1.00 PM **Heroes of War**
2.00 **Storage Wars** Four editions.
4.00 **Mountain Men** Morgan's big day goes awry when his plane breaks down.
5.00 **Forged in Fire** A pair of Indian Bagh Nakh weapons.
6.00 Forging the iconic Medieval Arming Sword.

9.00 Knightfall

7.00 The Curse of Oak Island The team may have located an artefact that has been missing for more than a century. In Smith's Cove, Marty and Rick struggle to hold back the waters.

9.00 Knightfall New episode *Road to Chartres*: 5/8. King Philip prepares his army, and Landry reunites with his daughter. (S2)

10.00 The Crusades: Crescent and the Cross By the time of Saladin's death, the Crusaders' empire has been greatly reduced.

11.00 **Ancient Aliens** The advancement of artificial intelligence and whether it could lead to human extinction or if humans could merge with AI to become a cyborg.
1.00 AM **Pirate Traders**
2.00 **The Curse of Oak Island**
4.00 to 6.00 AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Walter Tull – Forgotten Hero**
7.10 **Catching History's Criminals: The Forensics Story**
8.00 **The Somme's Secret Weapon: Time Team**
10.00 **The World at War**
11.00 **Secrets of the Bible**
12.00 NOON **The Somme's Secret Weapon: Time Team**
2.00 PM **Atlantic: Wildest Ocean**
3.00 **India's New Worlds**
4.00 **Murder Maps**
5.00 **Impossible Engineering**
6.00 **The World at War**

9.00 Open All Hours

7.00 Secrets of the Railways The Liverpool and Manchester Railway, which revolutionised travel when it opened in 1830.

8.00 Impossible Railways How the most incredible bridges from around the world help to solve a series of problems.

9.00 Open All Hours Arkwright feels neglected by Nurse Gladys.
9.40 Following a break-in, Arkwright decides to buy a dog to keep away burglars.
10.20 Miserly Arkwright must leave Granville in charge of the store.

11.00 **The Two Ronnies**
12.45 AM **Walter Tull – Forgotten Hero** The story of Walter Tull, the first black officer in the British Army, who was denied the Military Cross.
1.45 to 3.00 AM **Catching History's Criminals: The Forensics Story**

+1 hour 255 200

Tuesday

7 PM 8 PM 9 PM 10 PM

Disc. History

171 262

6.00 AM **Aircraft Stories**
7.00 **Central Steam**
8.00 **Chris's Massive Engines**
9.00 **Future Weapons**
10.00 **Secrets of the Arsenal**
12.00 NOON **Aircraft Stories**
1.00 PM **Central Steam**
2.00 **Massive Machines**
3.00 **Future Weapons**
4.00 **Battlefield**
6.00 **War Months**
7.00 **World War II in Colour**
8.00 **Against the Odds**
9.00 **The 1980s: The Deadliest Decade**
10.00 **Crimes That Shook the World** Dennis Rader.
11.00 **Dark Matters**
12.00 M'T **Against the Odds**
1.00 AM **The 1980s...**
2.00 **Crimes That Shook the World**
3.00 **Dark Matters**
4.00 **World War II in Colour**
5.00 to 6.00 AM **War Months**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Jungle Planet**
10.00 **The Ganges with Sue Perkins**
11.00 **Planet Earth**
12.00 NOON **Mountain Lions: Life on the Edge**
1.00 PM **Collar of Duty**
2.00 **Jungle Planet**
3.00 **The Ganges...**
4.00 **Collar of Duty**
5.00 **Jungle Planet**
6.00 **Planet Earth**
7.00 **Mountain Lions: Life on the Edge**
8.00 **Blue Planet II**
9.00 **The Blue Planet**
10.00 **Planet Earth**
11.00 **Mountain Lions: Life on the Edge**
12.00 M'T **Blue Planet II**
1.00 AM **The Blue Planet**
2.00 **Collar of Duty**
3.00 **Jungle Planet**
3.50 **The Ganges...**
4.40 **Blue Planet II**
5.30 to 6.00 AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Antarctica**
12.00 NOON **Snakes in the City** An office is put into a lockdown situation.
1.00 PM **Africa's Deadly Kingdoms** Triple bill.
4.00 **Pond Stars**
6.00 **Caught in the Act**
7.00 **Snakes in the City**
8.00 **When Nature Calls** New edition Two rattlesnakes have to be removed from a backyard in Tucson.
9.00 **Adventures of Dr Buckeye Bottoms** New edition Buckeye meets a baby miniature horse.
10.00 **Wild Nordic** Exploring the Scandinavian Mountains.
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
1.00 AM **Animals Gone Wild**
2.00 **Snakes in the City**
3.00 to 5.00 AM **Africa's Deadly Kingdoms**

History 2

163 273 330 390

8.00 AM **Clash of Warriors**
10.00 **Strange History**
11.00 **Evolve**
12.00 NOON **Ancient Aliens**
2.00 PM **Ancient Top Ten**
3.00 **Clash of Warriors**
4.00 **Patton 360**
5.00 **Strange History**
6.00 **Evolve**
7.00 **WW2 Treasure Hunters** The stories of wartime artefacts.
8.00 **Ancient Aliens** Asking whether reptilian aliens are more than a pop-culture creation.
9.00 Ancient tales of beings with super-human powers.
10.00 **Ancient Top Ten** The central metropolis that lies behind every great empire.
11.00 **Hitler's Circle of Evil**
12.00 M'T **Evolve**
1.00 AM **Ancient Aliens**
3.00 **Ancient Top Ten**
4.00 to 5.00 AM **Strange History**

PBS America

174 276 91 155

8.00 AM **Walks Around Britain** On Tresco.
8.30 **Trump's Trade War**
9.40 **The Vietnam War**
11.40 **Regimental Stories**
12.15 PM **Dan Snow's Norman Walks**
12.55 **Wild Canadian Year**
2.10 **Trump's Trade War**
3.20 **The Vietnam War**
5.15 **Regimental Stories**
5.55 **Dan's Norman Walks**
6.35 **Wild Canadian Year**
7.50 **Secrets of the Colosseum** A trap-door and pulley system.
9.00 **Colosseum: Rome's Arena of Death** Docu-drama telling a gladiator's story.
10.15 **The Vietnam War** North Vietnamese and Viet Cong forces launch surprise attacks.
12.15 AM **Secrets of the Colosseum** As 7.50pm.
1.30 to 2.00 AM **Walks Around Britain**

CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **The First 48**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **A Town & Country Murder**
2.00 **Buried in the Backyard**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Killer In Plain Sight** New edition
8.30 **Killer In Plain Sight**
9.00 **NEW Hunting Jonbenet's Killer: The Untold Story**
11.00 **The First 48**
12.00 M'T **Darkest Taboos**
1.00 AM **Hunting Jonbenet's Killer: Untold Story**
3.00 **Crimes That Shook...**
4.00 **Unusual Suspects**
5.00 to 6.00 AM **Highlights**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

TUESDAY Films

Tuesday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Submission** As 1.05am.
8.00 **School Spirits** As 4.35pm.
9.45 **Smallfoot** As 6.15pm.
11.30 PREMIERE **The Belly of the Whale** As 9.45pm.
1.15 PM **Johnny English Strikes Again** As 8.00pm.
3.00 **The Possession of Hannah Grace** As 11.25pm.
4.35 **School Spirits** Comedy. (2017, PG, 88min) ★★
6.15 **Smallfoot** Animation. (2018, PG, 96min) ★★★

9.45 The Belly of the Whale

8 PM

8.00 Johnny English Strikes Again Comedy starring Rowan Atkinson. A sinister cyber attack sees the hapless secret agent sent on an adventure in the South of France. (2018, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.45 PREMIERE The Belly of the Whale Crime drama starring Art Parkinson and Michael Smiley. (2018, 15, 83min) ★★
See review, page19
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM

11.25 **The Possession of Hannah Grace** Mystery thriller. (2018, 15, 86min) ★★★
1.05 AM **Submission** Drama. (2017, 15, 106min) ★★
3.10 **Extremely Wicked, Shockingly Evil... Special**
3.40 **Eternal Love** Comedy drama. (2018, 15, 95min) ★★★★
5.30 **to 6.00** AM **Yesterday: Special** A look at the film.

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.15 AM **Alexander...** As 4.30pm.
7.45 **The Princess Diaries**
9.45 **Incredibles 2** As 6.00pm.
11.45 **Tinker Bell and the Secret of the Wings** (2012) ★★★
1.05 PM **The Jungle Book** As 8pm.
2.30 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
4.30 **Alexander and the Terrible, Horrible, No Good, Very Bad Day** Comedy. (2014) ★★★
6.00 **Incredibles 2** Animation. (2018, PG, 118min) ★★★★

9.25 Tron

8.00 The Jungle Book Disney's cartoon version of Rudyard Kipling's classic tale, featuring the voices of Phil Harris and George Sanders. (1967, U, 78min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.25 Tron Sci-fi thriller starring Jeff Bridges. A computer whizz-kid becomes trapped inside a computer program. With Bruce Boxleitner and David Warner. (1982, PG, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **The Muppet Movie** Children's comedy. Kermit, Miss Piggy, Fozzie and the rest of the Muppet gang go to Hollywood in search of stardom. (1979, U, 97min) ★★★
1.00 AM **Honey, I Shrunk the Kids** Comedy fantasy. (1989, U, 93min) ★★★★
2.45 **Tron** As shown at 9.25pm.
4.35 **to 6.00** AM **Tinker Bell and the Secret of the Wings** Animation, as 11.45am.

Sky Animation

305 305 846 436 406 505

6.30 AM **Lego DC Comics Super Heroes: Justice League vs Bizarro League** (2015) ★★
7.30 **Lego DC Super Hero Girls: Super-Villain High** (2018) ★★
8.55 **Pocahontas** As 4.55pm.
10.25 **Sgt. Stubby: An Unlikely Hero**
11.55 **Teen Titans Go!** As 6.25pm.
1.30 PM **Monster Family** (2017)
3.10 **Despicable Me** As 8.00pm.
4.55 **Pocahontas** (1995) ★★★
6.25 **Teen Titans Go! To the Movies** Cartoon. (2018) ★★★

4.55 Pocahontas

8.00 Despicable Me Animated comedy with the voice of Steve Carell. A criminal mastermind adopts three young girls as part of his plan to steal the moon. (2010, U, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 Lu Over the Wall Animated fantasy with the voice of Christine Marie Cabanos. A gloomy school student's life is turned upside down after meeting a mermaid. (2017, PG, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Zombillenium** Animation. (2017, PG, 78min) ★★★
1.05 AM **Tall Tales from the Magical Garden of Antoon Krings** Animated fantasy. (2017, U, 88min) ★★★
2.45 **Sgt. Stubby: An Unlikely Hero** Animated adventure. (2018, PG, 84min) ★★★
4.20 **to 6.05** AM **Monster Family** As shown at 1.30pm.

Sky Action

306 306 847 437 407 502

6.00 AM **The Fast and the Furious**
8.00 **2 Fast 2 Furious** As 6.05pm.
10.00 **The Fast and the Furious: Tokyo Drift** As 8.00pm.
12.00 NOON **Fast & Furious**
1.55 PM **Dwayne Johnson on Fast & Furious 5** As 11.50pm.
2.00 **Fast & Furious 5** As 11.55pm.
4.15 **The Fast and the Furious** Action thriller with Vin Diesel. (2001, 15, 107min) ★★★
6.05 **2 Fast 2 Furious** Thriller. (2003, 12, 108min) ★★

8.00 The Fast and the Furious...

8.00 The Fast and the Furious: Tokyo Drift Action thriller starring Lucas Black and Bow Wow. After relocating to Japan, a rebellious American teenager gets involved in the local car racing scene. (2006, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Fast & Furious Action thriller sequel starring Vin Diesel. A wanted man reunites with an old FBI agent pal to seek revenge on a drugs baron. (2009, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Dwayne Johnson on Fast & Furious 5** An interview.
11.55 **Fast & Furious 5** Action thriller sequel. (2011, 12, 130min) ★★★
2.05 AM **Fast & Furious 6** Action thriller sequel. (2013, 12, 128min) ★★★
4.20 **to 6.00** AM **TMNT** Animation. (2007, PG, 86min) ★★★★

Sky Comedy

307 307 848 438 408 506

6.50 AM **Bowfinger** Comedy. (1999, 12, 97min) ★★★★
8.35 **Billy Madison** Comedy. (1995, PG, 90min) ★★
10.10 **Mamma Mia!** As 6.00pm.
12.10 PM **Mamma Mia! Here We Go Again** As 8.00pm.
2.10 **Hot Fuzz** As 10.00pm.
4.15 **Game Night** Comedy. (2018, 15, 100min) ★★★★
6.00 **Mamma Mia!** Musical starring Meryl Streep and Colin Firth. (2008, PG, 108min) ★★★★

10.00 Hot Fuzz

8.00 Mamma Mia! Here We Go Again Abba-themed musical sequel, starring Amanda Seyfried and Lily James. The reopening of the Hotel Bella Donna leads to a reunion for Sophie's family. (2018, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Hot Fuzz Cop thriller spoof starring Simon Pegg and Nick Frost. An overachieving London policeman is transferred to a sleepy rural town and investigates a string of bizarre murders. (2007, 15, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Game Night** As 4.15pm.
1.50 **Bachelor Party** Comedy. (1984, 18, 106min) ★
3.40 **Couples Vacation** Comedy starring David Arquette. (2017, 12, 94min) ★★
5.20 **to 7.10** AM **Roxanne** Comedy. (1987, PG, 102min) ★★★★

primetime

Sky Megahits

302 302 843 433 403

6.35 AM **War for the Planet of the Apes** As shown at 11.10pm.
9.00 **The Amazing Spider-Man** As shown at 6.40pm.
11.20 **Jurassic World: Fallen Kingdom** As 9.00pm.
1.30 PM **I Am Legend** Sci-fi horror. (2007, 15, 101min) ★★★★
3.25 **Titanic** James Cameron's Oscar-winning blockbuster. (1997, 12, 195min) ★★★

6.40 The Amazing Spider-Man Fantasy adventure starring Andrew Garfield and Emma Stone. A nerdy New York teenager becomes a vigilante crime-fighter after a bite from a genetically modified spider gives him special powers. (2012, 12, 136min) ★★★
9.00 Jurassic World: Fallen Kingdom Sci-fi sequel starring Chris Pratt, Bryce Dallas Howard, Rafe Spall and Toby Jones. (2018, 12, 128min) ★★★

11.10 **War for the Planet of the Apes** Fantasy adventure. (2017, 12, 140min) ★★★★
1.40 AM **Terminator 2: Judgment Day** Sci-fi action thriller sequel. (1991, 15, 146min) ★★★★★
4.05 **to 6.00** AM **The Smurfs** Fantasy. (2011, U, 102min) ★★

Sky Greats

303 303 844 434 404 508

6.45 AM **The Thin Red Line** Drama. (1998, 15, 170min) ★★★★
9.40 **Little Nicky** As 6.20pm.
11.20 **Aliens: Special Edition** As 8pm.
2.00 PM **The Guns of Navarone** World War Two adventure. (1961, PG, 150min) ★★★★
4.40 **Raising Arizona** Crime comedy. (1987, 12, 92min) ★★★★★
6.20 **Little Nicky** Comedy fantasy. (2000, 12, 84min) ★★

8.00 Aliens: Special Edition Sci-fi starring Sigourney Weaver. After 57 years in hyper space, Ripley returns with a combat team to the planet where she first encountered the deadly alien. (1986, 18, 154min) ★★★★
10.40 Se7en Dark thriller starring Morgan Freeman. A veteran homicide detective and his young partner pursue a serial killer who is selecting his victims according to the Seven Deadly Sins. (1995, 18, 127min) ★★★★

12.50 AM **The Thing** John Carpenter's remake of the 1951 sci-fi thriller. (1982, 18, 108min) ★★★★
2.50 **Tootsie** Comedy starring Dustin Hoffman and Jessica Lange. (1982, 15, 116min) ★★★★
4.55 **to 7.45** AM **The Guns of Navarone** As 2.00pm.

TCM

315 854 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.00 **TCM Shorts: Michael Caine**
7.20 **Ten Little Indians** (1989) ★★
9.15 **Anne of the Thousand Days** Drama. (1969, PG) ★★★
12.15 PM **The Man from Galveston** Western. (1963, b/w, U) ★★
1.30 **The Wild and the Innocent** Western. (1959, PG) ★★
3.15 **Escape to Victory** (1981) ★★
5.45 **Fort Osage** (1952) ★★★

7.15 An Inspector Calls Drama based on JB Priestley's famous play, starring Alastair Sim and Arthur Young. A rich Yorkshire family receive an unexpected visit from a mysterious police inspector. (1954, b/w, PG, 79min) ★★★★
9.00 Code Name: Emerald World War Two spy thriller starring Ed Harris as a double agent trying to obtain the secrets of the D-Day invasion. With Eric Stoltz. (1985, PG, 93min) ★★

11.05 **The Fugitive** Action thriller. (1993, 15, 128min) ★★★★
1.45 AM **The Song Remains the Same** (1976, PG) ★★★
4.00 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Who Goes Next?** (1938)
7.45 **The Detectives**
8.15 **Once a Jolly Swagman** (1948)
10.15 **Three Steps to the Gallows** Drama. (1953, b/w, PG) ★★
11.55 **Operation Amsterdam** Thriller. (1959, b/w, U, 104min) ★★★
2.00 PM **Scotland Yard**
2.35 **The Brave Don't Cry** (1952)
4.25 **Brandy for the Parson** Comedy. (1951, b/w, U) ★★

6.00 Get Some In!
6.30 Pygmalion Classic screen version of Bernard Shaw's celebrated comedy drama, starring Leslie Howard. (1938, b/w, U, 96min) ★★★★★
8.25 Glimpses: The Ideal Home Exhibition March 1964 at Olympia Archive footage.
8.30 Public Eye
9.30 Oklahoma Crude Drama set in the Oklahoma oilfields of 1913, starring Faye Dunaway. (1973, PG, 111min) ★★★

11.45 **Venus Peter** Gentle drama starring Gordon R Strachan. (1989, PG, 100min) ★★
1.45 AM **Light Up the Sky** Comedy. (1960, b/w, U, 90min) ★★
3.30 **Kipps** Comedy drama. (1941, b/w, U, 112min) ★★★
5.15 **to 6.00** AM **Waverley Steps**

Horror

317 149 70 138

8.00 AM **Lost in Space**
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek**
11.00 **Night of the Big Heat** Sci-fi chiller. (1967, 18, 94min) ★
12.50 PM **Horror Highlights**
1.00 **The Fly** Horror. (1958) ★★★★
3.00 **Under the Dome**
4.00 **Planet of the Sharks** Horror. (2016, 15, 90min) ★★
6.00 **Star Trek**

7.00 Star Trek: Deep Space Nine
8.00 Earth: Final Conflict
9.00 The Colony Sci-fi horror thriller starring Kevin Zegers, Laurence Fishburne and Bill Paxton. Cannibal-like zombies threaten the survivors of a new Ice Age. (2013, 18, 90min) ★★
10.55 The Disappearance of Alice Creed British crime thriller starring Gemma Arterton. A pair of ex-cons kidnap the daughter of a millionaire for a big ransom. (2009, 18, 95min) ★★★

12.55 AM **Frankenhooker** Horror movie starring James Lorinz. (1990, 18, 81min) ★
2.40 **Black Christmas** Slasher movie remake. (2006, 15, 84min) ★
4.20 **to 4.30** AM **Horror Highlights**

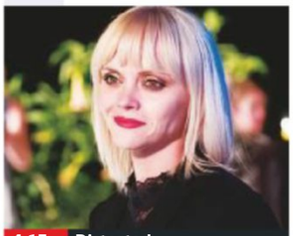
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

6.15 AM **Three Days of the Condor** (1975) ★★★★
8.15 **The Conversation** (1974)
10.15 **Don't Hang Up** As 5.45pm.
11.45 **Blood Diamond** Thriller. (2006, 15, 143min) ★★★★
2.15 PM **Bad Samaritan** Thriller. (2018, 15, 110min) ★★★
4.15 **Distorted** Thriller. (2018) ★★
5.45 **Don't Hang Up** Horror. (2016, 15, 83min) ★★
7.10 **Searching** Thriller. (2018, 12, 102min) ★★★★


4.15 Distorted

Searching (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Girl in the Spider's Web** Thriller starring Claire Foy. Hacker Lisbeth Salander embarks on a frantic hunt for a stolen computer programme that has the potential to spark a global disaster. (2018, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Girl with the Dragon Tattoo** David Fincher's crime thriller remake, based on the bestseller by Stieg Larsson, starring Daniel Craig. (2011, 18, 157min) ★★★★
1.40 AM **Anon** Sci-fi thriller. (2018, 15, 105min) ★★★
3.25 **Dark Crimes** Thriller. (2016, 18, 92min) ★★
5.00 **to 6.40** AM **Point Last Seen** Drama with Linda Hamilton. (1998, PG, 87min) ★★

Sky Drama

309 309 850 | 440 410 | 511

6.20 AM **Crazy Heart** (2009)
8.20 **8 Mile** Drama. (2002) ★★★
10.20 **The Exception** War drama. (2016, 15, 107min) ★★★
12.15 PM **The Adjustment Bureau** Sci-fi. (2011, 12) ★★★★
2.05 **Say Anything** Comedy drama. (1989, 15, 104min) ★★★★
4.00 **Victoria & Abdul** Drama. (2017, PG, 111min) ★★★
6.00 **Professor Marston and the Wonder Women** Biopic. (2017, 15, 108min) ★★★★

9.45 The Social Network

8.00 **Lady Bird** Comedy drama starring Saoirse Ronan. An artistic teenager has a difficult relationship with her mother while growing up in California. (2017, 15, 94min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Social Network** Oscar-winning drama about the founding of Facebook by 19-year-old Harvard student Mark Zuckerberg. Stars Jesse Eisenberg, Andrew Garfield and Justin Timberlake. (2010, 12, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The 15:17 to Paris** Thriller. (2018, 15, 94min) ★★★
1.30 AM **Frost/Nixon** Ron Howard's fact-based drama. (2008, 15, 122min) ★★★★
3.35 **to 7.20** AM **The Ten Commandments** Epic drama. (1956, U, 219min) ★★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **Flatliners** Sci-fi drama. (2017, 15, 109min) ★★
8.00 **Hostile** Horror. (2017) ★★★
9.40 **Extremely Wicked, Shockingly Evil... Special**
10.10 **Hancock** As 5.30pm.
12.00 NOON **Labyrinth** As 7.15pm.
2.00 PM **The Nun** As 12.40am.
3.50 **Possum** As 11.00pm.
5.30 **Hancock** Comedy fantasy. (2008, 12, 92min) ★★★
7.15 **Labyrinth** Fantasy adventure. (1986, U, 97min) ★★★★

7.15 Labyrinth

Labyrinth (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Overlord** Thriller starring Jovan Adepo. US soldiers on a mission hours before D-Day stumble across a mysterious Nazi lab where bloodthirsty enemies are waiting for them. With Pilou Asbæk. (2018, 18, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Possum** Horror thriller starring Sean Harris, Alun Armstrong and Simon Bubb. (2018, 15, 85min) ★★★★
12.40 AM **The Nun** Horror thriller. (2018, 15, 96min) ★★★
2.30 **Insidious: The Last Key** Horror starring Lin Shaye. (2018, 15, 105min) ★★★
4.30 **to 6.00** AM **Batman: Return of the Caped Crusaders** Animated adventure. (2016, PG, 78min) ★★★★

Sky Select

311 311 852 | 442 412 | 510

6.20 AM **The Resistance** Drama. Subtitled. (2017, 15) ★★★
8.15 **Kinsey** Biopic. (2004) ★★★
10.20 **Tombstone** Western. (1993, 15, 129min) ★★★★
12.35 PM **The Ladykillers** Comedy. (2004, 15, 104min) ★★★
2.25 **Casablanca** Drama. (1942, b/w, U, 102min) ★★★★★
4.15 **The Escape** Drama. (2017, 15, 101min) ★★★
6.00 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★

6.00 Layer Cake

8.00 **Saving Private Ryan** Steven Spielberg's World War Two drama, starring Tom Hanks, Tom Sizemore and Edward Burns. A small team of US soldiers are sent to find and rescue a young private whose three brothers have been killed in action. (1998, 15, 169min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Downsizing** Sci-fi comedy starring Matt Damon. A man realises he would have a better life if he were to shrink himself to five inches tall. (2017, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **The Hurricane** Drama. (1999, 15, 142min) ★★★
3.40 **Most Beautiful Island** Thriller. (2017, 18, 80min) ★★★
5.05 **to 7.00** AM **Sabrina** Comedy. (1954, b/w, U, 113min) ★★★★

Film4

313 313 853 | 428 429 | 14 | 300

■ **Films start at 11.00am**
11.00 AM **Time Bandits** Fantasy. (1980, PG, 110min) ★★★★
1.20 PM **The Indian in the Cupboard** Children's fantasy. (1995, PG, 96min) ★★★
3.10 **Dragonball Evolution** Fantasy adventure. (2009, PG, 80min) ★★
4.50 **Baggage Claim** Comedy. (2013, 12, 96min) ★★
6.50 **Behind Enemy Lines** Drama. (2001, 12, 106min) ★★

9.00 The Shallows

Behind Enemy Lines (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Shallows** Thriller, with Blake Lively. A surfer strays into the hunting territory of a great white shark and faces a life or death struggle to get back to shore. (2016, 15, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Transporter 3** Action thriller sequel starring Jason Statham and Natalya Rudakova. (2008, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 **to 4.00** AM **Beyond the Hills** Romanian religious drama starring Cristina Flutur and Cosmina Stratan. Subtitled. (2012, 12, 152min) ★★★★

+1 hour 314 430 45 301

8 PM | **9 PM** | **10 PM** | **11 PM**

True Movies

319 424 50 303

6.00 AM **Highway to Heaven**
7.00 **The Waltons** Double bill.
9.00 **Daniel's Daughter** Romantic drama. (2008, PG, 88min) ★★
11.00 **Charlie & Me** Family drama. (2008, PG, 88min) ★★
1.00 PM **Highway to Heaven**
3.00 **Sherlock Holmes and the Incident at Victoria Falls** 1/2.
5.00 **A Question of Guilt** Legal drama. (1978, 12, 104min) ★

7.00 **Survive the Savage Sea** Fact-based drama about an all-American family who sell up their farm, buy a yacht and sail across the South Pacific. Stars Robert Urich and Ali MacGraw. (1992, U, 87min) ★★
9.00 **Jodi Arias: Dirty Little Secret** Fact-based drama starring Tania Raymonde. A photographer stands trial for murdering her former lover, and becomes the centre of a media circus. (2013, 12, 89min) ★★★

11.00 **Hercules** 2/2. Concluding the drama about the Greek hero.
1.00 AM **The Waltons**
3.00 **The Avengers**
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Dead Lines** (2010) ★★
10.55 **Secret Liaison** Thriller. (2013, PG, 85min) ★★
12.50 PM **Sony Movie News Extra**
1.00 **NYC: Tornado Terror** Disaster movie. (2008, PG, 90min) ★★
2.55 **Absolute Zero** Disaster movie. (2005, 12, 87min) ★
4.40 **Sony Movie News Extra**
5.50 **Jackie Chan's Who Am I?** Thriller. (1998, 12) ★★★

7.05 **Charlie's Angels: Full Throttle** Action comedy thriller sequel starring Cameron Diaz, Drew Barrymore and Lucy Liu. The Angels run into a fallen former Angel when they seek to retrieve top-secret information. (2003, 12, 106min) ★
9.00 **Vincent N' Roxxy** Romantic drama starring Emile Hirsch and Zoe Kravitz. Romance blooms between a small-town loner and a rebellious punk rocker. (2016, 15, 102min) ★★

11.05 **Bad Country** Fact-based crime drama. (2014, 15, 100min) ★★
1.20 AM **Lake Placid vs Anaconda** Comedy. (2015, 15, 88min) ★★
3.15 **to 6.00** AM **Les Miserables** Drama. (1998, 12, 134min) ★★

+1 hour 322

Movies 24

325 419 513

7.00 AM **June in January** (2014) ★★
9.00 **Love at the Shore** Romantic comedy. (2017, PG, 84min) ★★
11.00 **A Cinderella Christmas** Comedy. (2016, PG, 93min) ★★
1.00 PM **With Love, Christmas** Drama. (2017, PG, 120min) ★★
3.00 **Christmas Next Door** Festive drama. (2017, PG, 86min) ★★
5.00 **The Santa Suit** Family comedy. (2010, PG, 89min) ★★★

7.00 **Hearts of Christmas** Romantic drama starring Emilie Ullerup and Kristoffer Polaha. A doctor falls for the hospital's chief financial officer, but opposes his plans to slash the budget. (2016, PG, 86min) ★★
9.00 **Paris, Wine and Romance** Romantic drama, starring Jen Lilley. An Oregon winemaker enters a respected wine competition in France, where sparks fly with her main rival. (2019, PG, 84min) ★★

11.00 **Cooking with Love** Romantic comedy. (2018, PG, 90min) ★★
1.00 AM **Diagnosis Delicious** Drama. (2016, PG, 120min) ★★
3.00 **to 5.00** AM **Happily Never After** Drama. (2017, PG) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **Night Song** Romance. (1947, b/w, PG, 101min) ★★★
8.00 **Titanic: Secrets Revealed**
10.00 **The Great Los Angeles Earthquake** 1/2. Disaster drama.
12.00 NOON **M*A*S*H** Double bill.
1.00 PM **Django Kills Softly** Western. (1968, 15, 85min) ★★
3.05 **German Fighter Aircraft 1939-1942 & 1942-1945**
5.30 **The Heroes of WW2**

6.45 **Loophole** Crime drama starring Martin Sheen. An American architect loses his job, and with work hard to come by he finds himself joining a group of thieves with a plan to rob a seemingly impregnable London bank. (1980, PG, 105min) ★★
9.00 **Traded** Western starring Kris Kristofferson. A retired sharpshooter is forced to leave his peaceful ranch and head to Dodge city to save his daughter. (2016, 12, 98min) ★★

11.05 **Cross the Line** Action thriller. (2015, 15, 87min) ★★
12.50 AM **Reunion at Fairborough** Romance with Deborah Kerr. (1985, PG, 110min) ★★
3.00 **to 4.00** AM **The Hitler Youth**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.00 PM **Proof** *AMC* Drama starring Gwyneth Paltrow and Anthony Hopkins. ★★★
9.00 **Fast & Furious 7** *ITV2* Action thriller starring Vin Diesel, Jason Statham, and Paul Walker in his last film role. (HD) ★★★★
9.00 **True Lies** *E4* Action comedy adventure starring Arnold Schwarzenegger and Jamie Lee Curtis. (HD) ★★★★
9.00 **Just Go With It** *Comedy Central* Romantic comedy starring Adam Sandler and Jennifer Aniston. (HD) ★
9.00 **The Frighteners** *Syfy* Quirky horror comedy. ★★★
9.45 **Never Say Never Again** *ITV4* James Bond adventure with Sean Connery. (HD) ★★★
10.00 **From Dusk Till Dawn** *5Spike* Gory horror thriller. (HD) ★★★
10.00 **Hannibal** *5STAR* Horror chiller sequel to *The Silence of the Lambs*. (HD) ★★★
11.10 **The One** *Syfy* Martial arts sci-fi thriller with Jet Li. ★★★
12.30 AM **Underclassman** *AMC* Comedy thriller. ★★
4.00 **Independence Daysaster** *Syfy* Sci-fi thriller. ★

Tuesday

Sky Sports Main Event

401 401 855 511 501 402 437

6.00 AM **Good Morning Sports Fans Bitesize** The latest news.
7.00 **Good Morning Sports Fans**
9.00 **Good Morning Transfers**
10.00 **Sky Sports News**
11.30 **Sportswomen**
12.00 NOON **Transfer Talk**
1.00 PM **Sky Sports News**
3.00 **Transfer Centre**
3.30 **Sky Sports News**
5.00 **Transfer Centre** The latest football transfer developments.
5.30 **Sky Sports News at 5**
6.00 LIVE **Vitality T20 Blast Cricket Surrey v Kent Spitfires.** Coverage of the South Division match from The Kia Oval.
9.30 **Sky Sports Tonight** This evening's leading sports stories.
10.00 **Transfer Centre** The latest football transfer developments.
10.30 **Sky Sports News at Ten** A round-up of the day's news.
11.00 **Sky Sports News** A round-up of the day's talking points.
12.00 M'T LIVE **WNBA Connecticut Sun v Chicago Sky.** Coverage of the women's basketball match from Mohegan Sun Arena in Uncasville. Tip-off 12.00m't.
2.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 512 502

6.00 AM **PL Greatest Games**
7.00 **PL: Liverpool Highlights**
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **Premier League Best Goals** Memorable strikes.
1.00 PM **Premier League Years**
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games** The greatest Premier League game for each club, as voted for by fans.
5.00 **Premier League 100 Club**
6.00 **Premier League Years** Classic games, infamous blunders and moments of skill from seasons past, all set to a specially selected soundtrack from the time.
8.00 **PL: Liverpool Highlights** Premier League highlights.
10.00 **PL Greatest Games** The greatest Premier League game for each club, as voted for by fans.
11.00 **Gary Neville's Soccerbox** The presenter talks to a fellow former Premier League player.
11.30 **Premier League Best Goals**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **EFL Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **EFL Goals: Championship**.
7.00 **EFL Goals: Leagues 1 & 2**
7.30 **SPFL Round-Up**
8.00 **EFL Goals: Championship**
9.00 **EFL Goals: Leagues 1 & 2**
9.30 **SPFL Round-Up**
10.00 **EFL Highlights**
11.00 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **Football Countdowns**
5.00 **Football's Greatest Players**
5.30 **to 6.00** AM **Football Years**

Sky Sports Cricket

404 404 858 514 504

6.00 AM **Great Sporting Moments** Spin-bowler Shane Warne's incredible dismissal of Mike Gatting in the 1993 Ashes.
6.15 **Best of England v Australia**
7.05 **Ashes Greats** Shane Warne's performances in 2001.
7.15 **Vitality T20 Blast Cricket**
4.30 PM **Best of England v Australia**
5.20 **Ashes Memories** Darren Gough shares his memories of playing against Australia.
6.00 LIVE **Vitality T20 Blast Cricket Surrey v Kent Spitfires.** Coverage of the South Division match from The Kia Oval.
9.30 **Captain's Log**
10.30 **Great Sporting Moments** Spin-bowler Shane Warne's incredible dismissal of Mike Gatting in the 1993 Ashes.
10.45 **Great Sporting Moments** A look at Ian Botham's performances in the 1981 Ashes.
11.00 **Vitality T20 Blast Cricket** Action from Surrey v Kent Spitfires.
2.30 AM **Best of England v Australia**
3.20 **Ashes Greats**
3.30 **Ashes Memories**
4.10 **Best of England v Australia**
5.50 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 859 515 505

6.00 AM **Best of the Open Zone**
7.00 **Nick Dougherty's Tee Time Tips**
7.30 **The Improvers**
8.00 **School of Golf**
9.00 **The Improvers**
9.30 **PGA Tour Profiles**
10.00 **Best of the Open Zone**
11.00 **Nick Dougherty's Tee Time Tips**
11.30 **The Improvers**
12.00 NOON **School of Golf**
1.00 PM **Best of the Sky Zone**
1.30 **The Improvers**
2.00 **Best of the Open Zone**
3.00 **Nick Dougherty's Tee Time Tips**
3.30 **The Improvers**
4.00 **School of Golf**
5.00 **Best of the Open Zone**
6.00 **Best of the Sky Zone**
6.30 **School of Golf**
7.30 **The Improvers**
8.00 **European Pro Tour Golf**
10.00 **School of Golf**
11.00 **European Pro Tour Golf**
1.00 AM **School of Golf**
2.00 **The Improvers**
2.30 **Best of the Sky Zone**
3.00 **School of Golf**
4.00 **The Improvers**
4.30 **Best of the Sky Zone**
5.00 **to 6.00** AM **Best of the Open Zone**

BT Sport 1

413 413 867 527 408 430

6.00 AM **The WRC Magazine**
6.30 **FIM Sidecar World Championship Highlights** Action from the third round of the FIM Sidecar World Championship in Oschersleben, Germany.
7.00 **Classic MOTD – Thrillers**
9.00 **Fishing: On the Bank**
10.00 **Greatest Premier League Goals**
12.00 NOON **Greatest Premier League Goals** Memorable goals from the 2009/2010 and 2010/2011 campaigns.
1.00 PM **Premier League** Action from Wolverhampton Wanderers v Everton.
2.30 **Premier League** Action from Chelsea v Arsenal.
4.00 **SGB Premiership** Action from the British Final of the Speedway Great Britain Premiership.
6.00 LIVE **WTA Tennis** Coverage of day two of the Mubadala Silicon Valley Classic in San Jose.
2.00 **2019 European Games** Great Britain's performance at the 2019 European Games in Minsk.
3.00 **to 7.00** AM LIVE **WTA Tennis** Coverage of day two of the Mubadala Silicon Valley Classic in San Jose, USA.

BT Sport 2

414 414 868 528 409 431

7.00 AM **GC32 Racing Tour Sailing**
7.30 **Canada Man Triathlon**
8.00 **Andalucia Bike Race**
8.15 **MotoE Highlights** Action from the first MotoE race in Germany.
8.30 **2019 European Games** A look at Great Britain's performance at the 2019 European Games in Minsk.
9.30 **SGB Premiership** Action from the British Final of the Speedway Great Britain Premiership.
11.30 **BT Sport Films: O Arise, All You Sons** The story of cricket in Papua New Guinea.
12.30 PM **Ashes Classics – 1986/87**
2.00 **Ashes Classics – 2010/11** A look back at the best moments from the fourth Test of the 2010/2011 Ashes in Melbourne.
4.00 **The Ashes** A review of the fourth Test between Australia and England at Melbourne Cricket Ground. Steve Smith registered his third century of the series to close out a stalemate at the MCG.
7.00 LIVE **WTA Tennis** Day two of the Citi Open in Washington, USA.
4.00 AM **Fishing: On the Bank**
5.00 **to 6.00** AM **FIM Speedway Highlights**

BT Sport 3

417 417 869 529 410 432

6.00 AM **The Emirates FA Cup**
12.00 NOON **FA Cup: Barnet v Brentford** Action from the match.
1.00 PM **FA Cup: Newport v Man City**
2.30 **FA Cup: Watford v Crystal Palace** Action from the match.
4.00 **FA Cup: Swansea v Manchester City**
5.30 **FA Cup: Watford v Wolves**
7.00 **FA Cup: Man City v Watford** Relive the goal-laden 2018/19 Emirates FA Cup final between Manchester City, who were chasing a domestic treble, and Javi Gracia's Watford. City hadn't won the trophy since 2011.
8.30 **Gearing Up** Motor sport events.
9.00 **SGB Premiership** Action from the British Final of the Speedway Great Britain Premiership.
11.00 **The WRC Magazine** The latest news and action from the FIA World Rally Championship, plus a look ahead to the next round.
11.30 **Hit It Hard** The career and struggles of ex-golfer John Daly.
12.15 AM **FIM Sidecar World Championship Highlights**
1.00 **UFC – The Walk**
1.30 **UFC: The Ultimate Fighter**
5.30 **to 6.00** AM **WRC Magazine**

Sky Sports Action

407 407 861 517 507

6.00 AM **Sky Sports Boxing Gold**
7.00 **Great Sporting Moments**
8.00 **Sky Sports Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Sporting Records**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
2.00 **Darts Gold**
2.30 **Sky Sports Boxing Gold**
3.30 **Darts Gold**
4.30 **Sporting Records**
5.30 **Fishing: Hooked on Africa**
6.00 **NFL: America's Game** The history of American football in the USA, with the Super Bowl winners from the Green Bay Packers, inaugural champions in 1967.
7.00 **NBC's ProFootballTalk**
9.00 **Fishing: Hooked on Africa**
9.30 **Sporting Records**.
10.00 **Fishing: Hooked on Africa**.
10.30 **Darts Gold**
11.30 **Fishing: Hooked on Africa**
12.00 M'T **NFL: America's Game**
1.00 AM LIVE **WWE Smackdown** Wrestling action from the States.
3.00 **Super League Gold**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **My Icon**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **NFL: America's Game**
11.00 **Sporting Greats**
12.00 NOON **Great Sporting Moments**
1.00 PM **Sporting Records**
1.30 **My Icon**
2.00 **NFL: A Football Life**
3.00 **My Icon**
4.30 **Great Sporting Moments**
5.30 **Sporting Records**
6.30 **Sportswomen**
7.00 **NBA Classic Games: Lakers/Knicks 2012** A classic match.
8.00 **Sportswomen**
8.30 **Sporting Records**
9.00 **NBA Classic Games: Lakers/Knicks 2012** A classic match.
10.00 **Sportswomen**.
10.30 **Sporting Records**
11.00 **PL Greatest Games**
11.30 **Sportswomen**
12.00 M'T LIVE **WNBA Connecticut Sun v Chicago Sky.** The match from Mohegan Sun Arena in Uncasville. Tip-off 12.00m't.
2.00 AM **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 530 411 434

6.00 AM **Around the Horn**
6.30 **ESPN FC** The latest football news.
7.00 **Pardon the Interruption**
7.30 **NHRA Drag Racing Highlights**
11.30 **Around the Horn**
12.00 NOON **ESPN FC**
12.30 PM **Pardon the Interruption**
1.00 **NHRA Drag Racing Highlights**
4.00 **Around the Horn**
4.30 **Pardon the Interruption**
5.00 **MLB**
8.00 **ESPN FC** The latest football news.
8.30 LIVE **MLB San Diego Padres v Baltimore Orioles.** From Petco Park. Start-time 8.40pm.
11.30 **College Football Live**
12.00 M'T LIVE **MLB Cleveland Indians v Houston Astros.** The American League match from Progressive Field. Start-time 12.10am.
3.00 AM **The WRC Magazine**
3.30 **World of X Games**
4.30 **Red Bull Air Race Magazine**
5.30 **to 6.00** AM **College Football Live**

Eurosport 1

410 410 864 523 521 412 435

7.30 AM **Snooker: English Open**
9.30 **Cycling: UK Men's Road Series**
10.00 **Cycling: Tour de France**
11.00 **La Course by Le Tour**
12.00 NOON **Snooker: Riga Masters**
1.30 PM **Cycling: Tour de France**
2.30 LIVE **Cycling: Tour de Wallonie** Coverage of stage four, featuring a 178.2km course from Villers-le-Bouillet to Lierneux.
4.00 **RideLondon**
5.00 **Cycling: Tour de France**
6.00 **Snooker: Northern Ireland Open** Ronnie O' Sullivan v Judd Trump in the 2018 final in Belfast.
8.00 **Cycling: Tour de Wallonie**.
9.00 **Motorcycling: EWC All Access**
9.30 **24 Hours of Spa**
10.30 **Rallycross: Titans-RX Series**.
11.00 **Formula E: Season Review**
12.05 AM **Cycling: UK Men's Road Series** The Stockton Grand Prix.
12.40 **FIM Endurance World Championship**
1.15 **to 1.30** AM **Eurosport News**

Eurosport 2

411 411 865 524 522 413 436

7.00 AM **Cycling: Tour de France**
8.00 **Cycling: UK Men's Road Series**
8.30 **Cliff Diving**
9.30 **Australian Superbikes**
10.30 **Bennetts British Superbikes**
12.30 PM **FIM Endurance World Championship** From Japan.
1.30 **Cliff Diving**
2.30 **Athletics: Diamond League**
4.00 **Speedway European Championship**
5.00 **Bennetts British Superbikes**
7.00 **Speedway European Championship** Round two.
8.00 **Snooker: English Open**
10.00 **Show Jumping** Highlights.
11.00 **Horse Excellence**
11.40 **WATTS** Eurosport highlights.
12.00 M'T **Cliff Diving**
1.00 AM **24 Hours of Spa**
2.00 **Snooker: Northern Ireland Open**
4.00 **Speedway European Championship**
5.00 **to 7.00** AM **Snooker: Scottish Open**

Sky Sports Arena

408 408 862 518 508

6.00 AM **Sporting Greats**
7.00 **WWE Smackdown Hlts**
8.00 **Great Sporting Moments**
9.00 **US Open 9-Ball Pool**
10.00 **Sporting Greats**
11.00 **US Open 9-Ball Pool**
12.00 NOON **WWE from the Vault**
1.00 PM **Great Sporting Moments**
2.00 **Sporting Greats**
2.30 **US Open 9-Ball Pool**
3.30 **Sporting Records**
4.00 **Tenerife Blue Trail 2019**
4.30 **WWE from the Vault**
5.00 **WWE Smackdown**
7.00 **Sporting Greats**
8.00 **Super League Gold**
8.30 **Tenerife Blue Trail 2019**
9.00 **WWE Raw** Wrestling action.
12.00 M'T LIVE **WNBA Connecticut Sun v Chicago Sky.** At Mohegan Sun Arena. Tip-off 12.00m't.
2.00 AM **Great Sporting Moments**
3.00 **Sporting Records**
4.00 **Great Sporting Moments**
5.00 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1**
3.30 PM **German F1 GP Notebook**
4.00 **German F1 GP Best Bits**
4.30 **F1 Cars Through 1000 Races**
4.35 **Porsche Super Cup**
5.15 **Vettel In Fiorano** Join Ferrari driver Sebastian Vettel at the team's private racetrack.
5.30 **Formula 1** The German Grand Prix. Highlights of the 11th round of the season at Hockenheimring.
6.30 **German F1 GP Best Bits** A look back at the key moments from the German Grand Prix.
7.00 **Formula 1** The 2018 Hungarian Grand Prix. Another chance to see the 12th round of the season, which was held at the Hungaroring.
9.15 **F1 Classic Races** The 1998 Hungarian Grand Prix.
11.35 **Ted's 2019 F1 Tech**
11.45 **McLaren In Baku**
12.00 M'T **Formula 1**
1.00 AM **to 6.00** AM **The Home of F1**

Wednesday 31 July

Evening Planner

Documentary

The Best Little Prison in Britain?
ITV HD, 8pm (times vary)
Inside Isle of Man Prison, where the approach is different to the mainland

Drama

Der Pass
Sky Atlantic HD, 9pm
In a German-Austrian version of *The Bridge*, two detectives work together when a frozen body is found in the Alps

OnDemand

Face to Face with the Bounty Hunters
Available 10am
Stacey Dooley investigates the US trade in fugitives

OnDemand

The Red Sea Diving Resort
Available today
A true-story thriller about the rescue of refugees in 1981 Sudan, with Michael Kenneth Williams

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites	101 BBC1	7.00 The One Show	7.30 Fake Britain	8.00 Shop Well for Less?		9.00 Our Cops in the North †		10.00 News; Local News	10.35 Inside... †
Favourites	102 BBC2	7.00 The Repair Shop		8.00 Remarkable Places to Eat		9.00 Animal Babies: First Year on Earth		10.00 Better Things	10.30 Newsnight
Favourites	103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 The Best... †	8.30 Coronation Street	9.00 The Widower		10.00 News; Local News	
Favourites	104 CHANNEL 4	7.00 News		8.00 Orangutan Jungle School		9.00 George Clarke's Council House Scandal		10.00 GameFace	10.35 24 Hours...
Favourites	105 CHANNEL 5	7.00 Secrets of the Bermuda Triangle		8.00 GPs: Behind Closed Doors		9.00 Casualty 24/7		10.00 Million Pound Handjobs	
Favourites	106 SKY ONE	7.00 The Simpsons		8.00 S.W.A.T.		9.00 The Blacklist		10.00 The Force: Manchester	
Entertainment	116 BBC4	7.00 Beyond 100 Days	7.30 Venice 24/7	8.00 The Tea Trail with Simon Reeve		9.00 The First Georgians: The German...		10.00 Mary Beard's Ultimate Rome...	
Entertainment	118 ITV2	7.00 You've Been Framed! Gold		8.00 Two and a Half Men		9.00 Through the Keyhole		10.00 Celebrity Juice: Ultimate...	
Entertainment	136 MORE4	◂ 6.55 The Supervet		7.55 Escape to the Chateau		9.00 Outlander			10.20 The Billion Pound Hotel
Entertainment	135 E4	7.00 Hollyoaks	7.30 School of Rock	8.00 Young Sheldon		9.00 The Big Bang Theory		10.00 Wife Swap USA	
Entertainment	107 SKY WITNESS	◂ 6.45 My Kitchen Rules: Australia		8.00 Criminal Minds		9.00 How to Get Away with Murder		10.00 For the People	
Entertainment	108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Der Pass		9.55 Black Monday	10.30 My Dinner...
Entertainment	110 GOLD	7.00 Blackadder the Third	7.40 Open All Hours		8.20 Only Fools and Horses	9.00 dinnerladies	9.40 The Office		10.40 Two...
Entertainment	111 DAVE	7.00 QI XL		8.00 Expedition with Steve Backshall		9.00 Live at the Apollo		10.00 Jon Richardson: Ultimate Worrier	
Entertainment	119 ITV3	◂ 6.55 Murder, She Wrote		8.00 Agatha Christie's Poirot				10.10 Foyle's War	
Entertainment	120 ITV4	◂ 4.45 Audi Cup – Live: The third-place play-off (Kick-off 5.00); The final: From the Allianz Arena in Munich (Kick-off 7.00)					9.45 Film: Under Siege		
Entertainment	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Paul Blart: Mall Cop			
Entertainment	114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Killjoys		10.00 Film: The Abyss	
Entertainment	109 W	7.00 MasterChef Junior USA		8.00 Emma Willis: Delivering Babies		9.00 Inside the Ambulance		10.00 One Born Every Minute	
Entertainment	113 UNIVERSAL	7.00 NCIS		8.00 Murder in Paradise		9.00 Departure		10.00 Law & Order: Special Victims Unit	
Entertainment	124 FOX	7.00 NCIS				9.00 L.A.'s Finest		10.00 NCIS: New Orleans	
Entertainment	122 SKY ARTS	7.00 The Sixties		8.00 The Art of Architecture		9.00 Big Time			10.15 Film: Studio 54: The...
Documentary	125 DISCOVERY	7.00 Outback Truckers		8.00 Combat Dealers		9.00 Massive Engineering Mistakes		10.00 Savage Builds	
Documentary	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Extinct or Alive				10.00 Animal Cops Miami	
Documentary	129 NAT GEO	7.00 Drain the Oceans: Villains of the...		8.00 Border Wars		9.00 Alaska State Troopers		10.00 Drugs Inc	
Documentary	130 HISTORY	7.00 American Pickers		8.00 The Curse of Oak Island		9.00 Pirate Traders		10.00 Pawn Stars	
Documentary	155 YESTERDAY	7.00 Secrets of the Railways		8.00 War Factories		9.00 The Two Ronnies			
Documentary	166 EDEN	7.00 Mountain: Life at the Extreme		8.00 Rhino Orphanage		9.00 The Blue Planet		10.00 Planet Earth	
Films	301 SKY PREMIERE	◂ 6.15 Smallfoot		8.00 Johnny English Strikes Again			9.45 Summer 1993		
Films	302 SKY MEGAHITS	◂ 6.35 The Amazing Spider-Man 2				9.00 Gladiator			
Films	303 SKY GREATS	◂ 6.00 Poltergeist		8.00 Alien³				10.00 Edge of Tomorrow	
Films	304 SKY DISNEY	◂ 6.05 Up		8.00 A Wrinkle in Time				10.00 Blank Cheque	
Films	305 SKY ANIMATION	◂ 6.15 Hotel Transylvania 3: Summer...		8.00 WALL•E			9.45 Mary and the Witch's Flower		
Films	306 SKY ACTION	◂ 6.20 Transporter 2		8.00 The Meg				10.00 Terminator 2: Judgment Day	
Films	307 SKY COMEDY	◂ 6.20 Johnny English Strikes Again		8.00 Tag			9.45 The World's End		
Films	308 SKY THRILLER	7.00 Ocean's Eight				9.00 BlacKkKlansman			
Films	309 SKY DRAMA	◂ 6.15 Ingrid Goes West		8.00 Life Itself				10.00 Serenity	
Films	310 SKY SCI-FI	◂ 6.50 Serenity				9.00 Avengers: Infinity War			
Films	311 SKY SELECT	◂ 5.50 Body of Lies		8.00 First Man					10.30 The Town
Films	313 FILM4	◂ 6.35 The Second Best Exotic Marigold Hotel				9.00 The Boss			
Films	315 TCM	◂ 6.20 Mrs Miniver				9.00 Hard to Kill			
Sport	401 MAIN EVENT	◂ 6.00 Women's Ashes – Live: England v Australia: The third and final T20 in the three-match series from Bristol					9.30 Tonight	10.00 Transfer Centre	10.30 News at Ten
Sport	402 PREMIER LEAGUE	7.00 PL 100: Alan...	7.30 PL 100 Club	8.00 PL: Chelsea Highlights		9.00 PL: Chelsea...	9.30 PL: Chelsea...	10.00 PL 100...	10.30 PL Greatest...
Sport	403 FOOTBALL	7.00 EFL Goals...	7.30 SPFL Round-Up	8.00 EFL Goals: Championship		9.00 EFL Goals...	9.30 SPFL Round-Up	10.00 EFL Highlights	
Sport	404 CRICKET	◂ 6.00 Women's Ashes – Live: England v Australia: The third and final T20 in the three-match series from Bristol					9.30 Captain's Log		10.30 Best of...
Sport	413 BT SPORT 1	7.00 WTA Tennis – Live: Day four of the Mubadala Silicon Valley Classic in San Jose, USA							
Sport	414 BT SPORT 2	◂ 6.00 WTA Tennis – Live: Day three of the Citi Open in Washington							

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Wanted Down Under Revisited** Nicki Chapman catches up with Viv and Darren Stirk. (S)(R)
10.00 **Homes Under the Hammer** Properties in Staffordshire, Surrey and the West Midlands. (S)(R)
11.00 **Food: Truth or Scare** (S)(R)
11.45 **Armchair Britain** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **800 Words** New episode 3/16. Woody ropes George in to help him with a secret mission. (S3) (S)
2.30 **Escape to the Country** (S)(R)(AD)
3.30 **Make Me a Dealer** (S)(R)
4.15 **Flog It!** In Lancashire. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Shop Well for Less?

7 PM

7.00 **The One Show** Matt Baker and Stacey Dooley present the topical show. (S)
7.30 **Fake Britain** New edition 4/6. A report on the fake alcohol being served to British holiday-makers. (S)

8 PM

8.00 **Shop Well for Less?** New edition 2/5. Alex Jones and Steph McGovern help the Mountford family from Selby in North Yorkshire change the way they shop in an attempt to cut down the family's spending. (S)

9 PM

9.00 **Our Cops in the North** Series finale 3/3. Observational documentary following the work of Northumbria Police across Newcastle and Sunderland, telling stories of the force's officers and victims of crime. (S)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S) Followed by **Lottery Update** (S)
10.35 NEW TO BBC1 **Inside the Secret World of Incels** Documentary offering a look at the incel community. *Previously shown on BBC3 Online.* (S)(AD)
11.25 **Serengeti** 4/6. Tragedy strikes for lioness Kali, Bakari challenges the jealous leader of the baboon troop, leading to a battle, elephant mother Nalla has to decide the future of her badly behaved teenager Tembo, and Shani the zebra mother has no choice but to cross the river, fully aware a crocodile is waiting. (S)(R)(AD)
12.25 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.15 AM **An Island Parish: Falklands** Double bill of the series. (S)(R)(AD)
7.15 **Bargain Hunt** (S)(R)(AD)
8.00 **Sign Zone: Britain in Bloom** (S)(R)
8.30 **Sign Zone: Great British Railway Journeys** (S)(R)(AD)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
12.50 PM **Lifeline** (S)(R)
1.00 **Curious Creatures** (S)(R)
1.30 **Getting the Builders In** (S)(R)
2.15 **Best Bakes Ever** (S)(R)
3.00 **Hairy Bikers' Best of British** (R)
3.45 **More Creatures Great and Small**
4.15 **Gorilla Family and Me** (S)(R)(AD)
5.15 **Antiques Road Trip** (S)(R)
6.00 **Celebrity Eggheads** (S)(R)
6.30 **The Customer Is Always Right** British entrepreneurs' products are put to the test. (S)(R)

9.00 Animal Babies: First Year...

7 PM

7.00 **The Repair Shop** Jay Blades and the team tackle a shattered ceramic dish, a hand-made doll's house and a vintage harmonium that provided the soundtrack to many an East End knees-up. (S)(R)

8 PM

8.00 **Remarkable Places to Eat** New edition 3/4. Chef Michel Roux Jr takes Fred Sirieix to some of his favourite restaurants in Paris, where the pair experience the signature dish of a world-famous restaurant. (S)(AD)

9 PM

9.00 **Animal Babies: First Year on Earth** New edition 2/3. A three-month-old sea otter pup learns what is safe to eat, and a seven-month-old macaque is forced by his mother to toughen up. (S)(AD)

10 PM

10.00 **Better Things** New episode 3/10. Sam almost immediately hits it off with Robin. (S2) (S)
10.25 **Rick Stein's Long Weekends** The cuisine of Berlin. (S)(R)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **The Chefs' Brigade** 1/6. Jason Atherton takes 10 chefs on a culinary journey across Europe. The first destination is Puglia in southern Italy. (S)(R)(AD)
12.15 AM **Sign Zone: Remarkable Places to Eat** (S)(R)(AD)
1.15 **Sign Zone: Imagine – Edna O'Brien: Fearful and Fearless** Alan Yentob meets Irish novelist Edna O'Brien. (S)(R)
2.20 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
8.30 **Lorraine** (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.00 **ITV News** (S)
1.20 **Local News** (S)
1.30 LIVE **ITV Racing: Glorious Goodwood** Ed Chamberlin and Francesca Cumani present coverage of the second day of the festival, including the 3.35 Qatar Sussex Stakes, which follows races at 1.50, 2.25 and 3.00. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Coronation Street

7 PM

7.00 **Emmerdale** Kerry promises to help Amy. Meanwhile, Tracy makes her intentions clear. (S)(AD)
7.30 **Coronation Street** Robert strives to keep Vicky and Michelle apart. (S)(AD)

8 PM

8.00 NEW SERIES **The Best Little Prison in Britain?** Exploring the only prison on the Isle of Man. (S)(AD)
8.30 **Coronation Street** Ray offers a stunned Michelle the role of events manager across his whole chain. (S)(AD)

9 PM

9.00 **The Widower** 2/3. Malcolm's financial problems mount, leaving him under pressure and running out of ideas. He decides he would be better off with Felicity dead and plans another fatal car crash. (S1) (S)(R)(AD)

10 PM

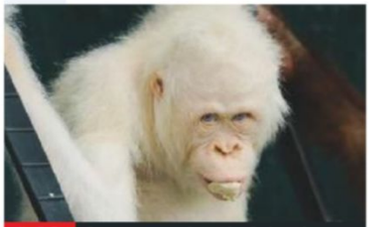
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Sewer Men** 1/2. Documentary following workers for Severn Trent water company as they unblock toilets and drains. (S)(R)(AD)
11.40 **Tenable** Five colleagues from Birmingham play the game. (S)(R)
12.30 AM **5 Gold Rings** (S)(R)
1.25 **Who's Doing the Dishes?** Comedian Vic Reeves and his wife Nancy Sorrell play host. (S)(R)(AD)
2.15 **Teleshopping**
2.45 **The Great Fire** 2/4. Samuel brings news of the spreading fire to the king. (S1) (S)(SL)(R)(AD)
3.35 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** (S)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.30 AM **Mike & Molly** (S1) (S)(R)
7.20 **The King of Queens** (S2) (S)(R)
8.10 **Everybody Loves Raymond** 23&24/25. (S2) (S)(R)(AD)
9.10 **Frasier** 5&6/24. (S7) (S)(R)
10.10 **The Big Bang Theory** (S)(R)(AD)
11.00 **The Simpsons** (S)(R)(AD)
12.00 NOON **News** (S)
12.05 PM **A New Life in the Sun** (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** New edition With Paul Sinha in Dictionary Corner. (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The £100k Drop** New edition (S)
5.00 **Come Dine with Me** New edition A pub landlady hosts the third dinner party of the week. (S)
5.30 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Cleo is surprised to hear the news that Goldie is seeing someone. (S)(AD)


8.00 Orangutan Jungle School

7 PM

7.00 **News** (S)

8 PM

8.00 **Orangutan Jungle School** New edition Beni and Lala finally return to class after an incident that left them with broken limbs, and Dilla unexpectedly gives birth during the night, but the delivery does not go to plan. (S)(AD)

9 PM

9.00 NEW **George Clarke's Council House Scandal** George embarks on a campaign to kick-start a housing revolution, and attempts to uncover the reasons behind the decline in council house building. (S)

10 PM

10.00 **GameFace** New episode 3/6. Marcella's parents have something to tell her and Billy. (S2) (S)(AD)
10.35 **24 Hours in A&E** A woman is brought in after crashing her car. (S)(R)(AD)
11.35 **Emergency Helicopter Medics** (R)
12.35 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.25 **Catch-22** (S)(SL)(R)(AD)
2.20 **Ackley Bridge** (S)(SL)(R)(AD)
3.15 **The £1 Houses: Britain's Cheapest Street** (S)(SL)(R)(AD)
3.40 **Come Dine with Me** (S)(R)
4.35 **Kirstie's Handmade Treasures** From Devon. (S)(SL)(R)
4.55 **The £100k Drop** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Bargain Loving Brits By the Sea** In Blackpool. (S)(R)
12.10 PM **News** (S)(R)
12.15 **Can't Pay? We'll Take It Away!**
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM PREMIERE **Kill Thy Neighbour** Thriller with Andrea Bogart. (S) (2018, 90min) ★★
4.00 **Friends** 9&10/18. (S10) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Ned patches things up with Yashvi and rehires the room she previously booked. (S)(R)(AD)
6.00 **Home and Away** Mackenzie reveals her agenda. (S)(R)(AD)
6.30 **News** (S)

9.00 Casualty 24/7

7.00 Secrets of the Bermuda Triangle 3/3. Ortis Deley goes in search of the lost city of Atlantis near the Bahamas, and Rick Edwards experiences invisible reefs lurking beneath the waves. (S)(R)

8.00 GPs: Behind Closed Doors New edition Doctors treat a teenager who is having difficulty breathing, a man with excruciating pain in his legs and a patient suffering from problems with his hearing. (S)(AD)

9.00 Casualty 24/7 New edition 9/12. Doctors treat an elderly patient rushed into hospital suffering from a racing heartbeat, and a 28-year-old man receives treatment after a motorbike accident. (S)

10.00 NEW **Million Pound Handjobs** Documentary exploring the competitive world of hand modelling, offering a look at photoshoots from some of the UK's biggest advertising campaigns. (S)

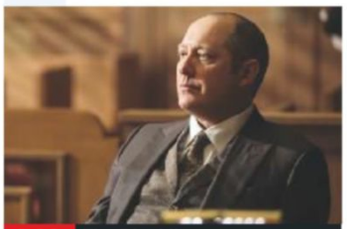
11.05 **18 & Selling Sex** 3/3. (S)(R)
12.05 AM **Cricket on 5** England Women v Australia Women in a T20 tie from Bristol. (S)
1.00 **21.co.uk Live Casino Show** (S)
3.05 **Access** Showbiz news. (S)
3.10 **Celebrity 5 Go Barging** (S)(R)
4.00 **Britain's Greatest Bridges** The Tyne Bridge. (S)(R)(AD)
4.45 **House Doctor** (S)(SL)(R)
5.10 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 155 44 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal House** (S)(R)(AD)
7.00 **Monkey Life** (S)(R)(AD)
8.00 **The Dog Whisperer** (S)(R)(AD)
9.00 **Supergirl** 8/20. (S1) (S)(R)
10.00 **The Flash** 8/23. (S3) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** 4&5/22. Double bill. (S4) (S)(R)
3.00 **MacGyver** 10/23. (S2) (S)(R)
4.00 **Modern Family** 17&18/24. Double bill. (S6) (S)(R)
5.00 **The Simpsons** (R)
5.30 **Futurama** *Why Must I Be a Crustacean in Love?* Fry helps Zoidberg find a mate. (S)(R)(AD)
6.00 *The Lesser of Two Evils:* Bender's duplicate joins an important mission. (S)(R)(AD)
6.30 **The Simpsons** *Homer's Paternity Coot:* Grampa may not be Homer's father. (S)(R)



9.00 The Blacklist

7.00 The Simpsons *We're on the Road to D'ohwhere:* Marge manages to get arrested. (S)(R) **7.30** *My Fair Laddy:* Groundskeeper Willie is forced to move in with the family. (S)(R)

8.00 S.W.A.T. *Never Again:* 6/23. Hondo is affected by a suspect's death, the team try to catch thieves targeting diamond dealers, and Chris considers an offer from the woman she is dating. (S2) (S)(R)

9.00 The Blacklist New episode *Minister D:* 9/22. Red fights in court to clear himself of treason, while the task force set their sights on a Blacklister renowned for leveraging dark secrets. (S6) (S)

10.00 The Force: Manchester Documentary following the work of Greater Manchester Police. Officers raid a cannabis farm, and police are called to a fight in a pub car park. (S)(R)(AD)

11.00 **An Idiot Abroad** Karl Pilkington visits Brazil. (S)(R)
12.00 M'T **A League of Their Own** With Nick Grimshaw, Niall Horan and Kirsty Gallacher. (R)
1.00 AM **Brit Cops: Frontline Crime UK** Documentary. (S)(R)
2.00 **Road Wars** (S)(R)
3.00 **NCIS: Los Angeles** (S7) (S)(R)
4.00 **Babylon 5** 16/22. (S3) (S)(R)
5.00 **to 6.00** AM **Stargate SG-1** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 951, Virgin 862, Freesat 960
9.00-10.00pm Murder Case (S)(R)(AD) **10.35** Our Cops in the North New edition (S) **11.35** NEW Inside the Secret World of Incels (S)(AD) **12.25am** Serengeti (S)(R)(AD) **1.25** Weather for the Week Ahead (S) **1.30-6.00am** BBC News (S)

N. IRELAND
Sky 953, Virgin 863, Freesat 957
10.35pm My First Pride New edition (S) **10.45** NEW Inside the Secret World of Incels (S)(AD) **11.35** Serengeti (S)(R)(AD) **12.35-6.00am** BBC News (S)

WALES
Sky 952, Virgin 864, Freesat 964
11.45am-12.15pm Weatherman Walking: The Welsh Coast (S)(R)

BBC2

N. IRELAND
Sky 972, Freesat 969
No variations

WALES
Sky 971, Freesat 971
No variations

ITV

As main ITV except:

WALES
8.00-8.30pm Coast & Country New edition (S) **10.45** NEW SERIES The Best Little Prison in Britain? (S)(AD) **11.10** Rescue: River Deep, Mountain High (S)(R)(AD) **11.40pm-12.30am** Sewer Men (S)(R)(AD)

S4C

Sky 134, Virgin 166, Freesat 120
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Ar y Bysus **12.30** Heno **1.00** Y Sioe 2019 **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Adre: Bethan Gwanas **3.30** Cegin Bryn: Y Dosbarth Meistr **4.00** Awr Fawr **5.00** Stwnsh **6.00** Newyddion S4C a'r Tywydd **6.05** Byd o Liw: Arlunwyr **6.30** Codi Pac **7.00** Heno **8.00** Pobol y Cwm (AD) **9.00** Newyddion 9 a'r Tywydd **9.30** Cynefin **10.30-11.35pm** Y Fets (AD)

TV&Satellite Week
More channels than any other TV magazine

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Venice 24/7** 3/6. Officials prepare anxiously for a papal visit to the city.
8.00 **The Tea Trail with Simon Reeve** The adventurer examines the tea industry in eastern Africa.
9.00 **The First Georgians: The German Kings Who Made Britain** 1/3. Lucy Worsley charts the history of Britain under the rules of George I and George II.
10.00 **Mary Beard's Ultimate Rome: Empire Without Limit** 2/4. The scholar explores the physical world of the Roman Empire.
11.00 **Size Matters** 1/2. The science behind size.
12.00 M'T **Tomorrow's Worlds: The Unearthly History of Science Fiction**
1.00 AM **The Many Primes of Muriel Spark**
2.00 **The Tea Trail...**
3.00 **to 4.00** AM **The First Georgians...**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems**
9.05 **Food Unwrapped**
9.45 **Escape to the Chateau**
10.45 **Great British Bake Off**
12.00 NOON **Find It, Fix It, Flog It** Exploring a fairground.
1.05 PM **Four in a Bed**
3.40 **Kirstie and Phil's Love It or List It** A home in Harrow.
4.50 **Love It or List It Australia** Series finale
5.55 **Secret Life of the Zoo**
6.55 **The Supervet** Noel Fitzpatrick treats a Staffordshire bull terrier with a badly broken pelvis.
7.55 **Escape to the Chateau** Dick and Angel only have a few weeks to prepare for their wedding.
9.00 **Outlander** New episode 4/13. In 1968 Scotland, Claire, Brianna and Roger struggle to trace Jamie's whereabouts, leaving Claire to wonder if they will ever find him again. (S3)
10.20 **The Billion Pound Hotel** A look inside the 1,000ft tall sail-shaped Burj Al Arab in Dubai, dubbed the world's most luxurious hotel.
11.20 **It Was Alright in the 1970s** The programmes that made people anxious 40 years ago.
12.25 AM **24 Hours in A&E**
1.25 **The Supervet**
2.25 **Secret Life of the Zoo**
3.30 **to 4.00** AM **Food Unwrapped**

+1 hour 236 196 86 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Judge Rinder**
7.10 **Dinner Date**
8.00 **Emmerdale**
9.00 **You've Been Framed!**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
1.15 **You've Been Framed!**
1.50 **Ellen DeGeneres Show**
2.45 **Dinner Date**
3.50 **Dress to Impress**
4.50 **Take Me Out**
6.00 **You've Been Framed! Gold** Four editions of clips.
8.00 **Two and a Half Men** 21/24. Zoey and her daughter move in. **8.30** 22/24. Alan is visited by Charlie's ghost. (S9)
9.00 **Through the Keyhole** With Danny Dyer, Sally Phillips and Chris Kamara.
10.00 **Celebrity Juice: Ultimate #ThrowBackThursday Special** With guests Verne Troyer, Tulisa, Chris Moyles and Dean Gaffney.
10.50 **Family Guy** *Into Harmony's Way:* 7/21. Peter and Quagmire form a singer-songwriter partnership. (S12)
11.20 **Family Guy** *Finders Keepers:* 1/21. The residents of Quahog become embroiled in a treasure hunt. (S12)
11.50 **American Dad!**
12.45 AM **Two and a Half Men**
1.45 **to 2.10** AM **Superstore**

+1 hour 218 116 27 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Rules of Engagement**
8.00 **How I Met Your Mother**
9.00 **Melissa & Joey**
10.00 **Black-ish**
11.00 **Brooklyn Nine-Nine**
12.00 NOON **Young Sheldon**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **Black-ish**
5.00 **Speechless**
6.00 **The Big Bang Theory** 8&9/24. Double bill. (S5)
7.00 **Hollyoaks** Cleo is worried about Goldie's relationship.
7.30 NEW TO E4 **School of Rock** 1/13. The kids' plans are jeopardised. *Previously on Nickelodeon.* (S2)
8.00 **Young Sheldon** (S2)
9.00 **The Big Bang Theory** 19/24. The reality of the Nobel Prize takes its toll. **9.30** 20/24. Raj publishes a paper suggesting he has discovered alien life. (S12)
10.00 NEW SERIES **Wife Swap USA** Two American couples from different backgrounds temporarily switch spouses.
11.00 **The Big Bang Theory**
11.55 **Brooklyn Nine-Nine**
12.55 AM **The Inbetweeners**
2.00 **8 Out of 10 Cats**
2.50 **Wife Swap USA**
3.30 **Brooklyn Nine-Nine**
4.20 **How I Met Your Mother**
5.00 **to 6.00** AM **Rules of Engagement**

+1 hour 235 146 28 123

Wednesday primetime

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Nothing to Declare**
9.00 **Motorway Patrol**
12.00 NOON **Paramedics**
3.00 PM **UK Border Force** Officers investigate a man they suspect is a drug mule. **4.00** Officers search UK-bound lorries for illegal immigrants. **4.55** A man from Pakistan is refused entry into Britain. **5.50** Officers refuse entry to a woman from South Africa.

9.00 How to Get Away with...

7 PM
6.45 **My Kitchen Rules: Australia** New edition Group 1 are given fresh farm produce to turn into fine dining.

8 PM
8.00 **Criminal Minds** *Minimal Loss:* 3/26. Agents Prentiss and Reid are taken hostage while working undercover. (S4)

9 PM
9.00 **How to Get Away with Murder** New episode *We Can Find Him:* 6/15. Tegan seeks advice on a big case. (S5)

10 PM
10.00 **For the People** New episode *One Big Happy Family:* 5/10. A case forces some of the team to make difficult decisions. (S2)
11.00 **Criminal Minds** 14/24. A murderer kills women who have a strong scent. (S6)
12.00 M'T **World's Most Evil Killers**
1.00 AM **The Rookie** (S1)
2.00 **Criminal Minds** (S2)
4.00 **Paramedics**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **The Guest Wing**
7.00 **Fish Town**
8.00 **Richard E Grant's Hotel Secrets** In Paris.
9.00 **Discovering: Rita Hayworth**
10.00 **The West Wing** (S3)
12.00 NOON **Without a Trace** (S2)
2.00 PM **Blue Bloods** 3/22. (S5)
3.00 **The West Wing** (S3)
5.00 **Without a Trace** 8/24. Jack and the team look into the disappearance of a firefighter. **6.00** 9/24. An esteemed neurosurgeon goes missing after a late-night jog. (S2)

9.00 Der Pass

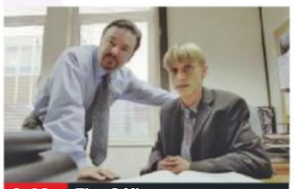
7.00 **CSI** *Woulda, Coulda, Shoulda:* 7/24. A woman is shot in her home, and the team suspect her husband is involved. (S9)
8.00 **Blue Bloods** *Excessive Forces:* 4/22. Frank faces a dilemma when Danny is charged with using excessive force. (S5)
9.00 **NEW SERIES Der Pass** 1/8. German thriller with Julia Jentsch. Subtitled. *See feature, page12* (S1)
9.55 **Black Monday** Series finale 10/10. The stock market crashes. (S1)
10.30 **My Dinner with Herve** Drama. Peter Dinklage and Jamie Dornan star.
12.30 AM **Six Feet Under** 5/12. David picks up an unbalanced hitch-hiker and is attacked. **1.45** 6/12. David struggles to deal with the attack. (S4)
3.00 **Girls** 10/10. (S1)
3.35 **Girls** 1/10. (S2)
4.10 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.10 AM **The Piglet Files**
7.35 **A Sharp Intake of Breath**
8.00 **The Green Green Grass**
8.40 **You Rang, M'Lord?**
9.40 **dinnerladies**
10.20 **Last of the Summer Wine**
12.20 PM **2point4 Children**
1.00 **The Green Green Grass**
1.40 **Are You Being Served?**
2.20 **Open All Hours**
3.00 **Only Fools and Horses**
3.40 **Last of the Summer Wine**
5.40 **Are You Being Served?**
6.20 **2point4 Children**


9.40 The Office

7.00 **Blackadder the Third** The Duke of Wellington challenges Prince George to a duel.
7.40 **Open All Hours** Granville tries to impress a local beauty.
8.20 **Only Fools and Horses** Del snatches a chance to make a quick profit.
9.00 **dinnerladies** The crew prepare for the millennium dinner.
9.40 **The Office** Tim is nervous at the prospect of meeting up with Dawn.
10.40 **Two Pints of Lager and a Packet of Crisps** Jonny tries to get a job to prove he can be responsible.
11.20 **Michael McIntyre's Comedy Roadshow**
12.20 AM **The Office**
1.30 **Game On**
2.05 **Two Pints of Lager and a Packet of Crisps** As 10.40pm.
2.35 **Harry Hill's TV Burp**
3.25 **to 4.00** AM **The Piglet Files**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Heartbeat**
8.00 **Murder, She Wrote**
8.55 **On the Buses**
10.00 **George and Mildred**
10.30 **Agatha Christie's Marple**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Marple**
5.55 **Downton Abbey** 2/9. Mary hopes to receive a bailout from her grandmother Martha. (S3)

10.10 Foyle's War

6.55 **Murder, She Wrote** *The Murder Channel:* Jessica and her friends witness an actual killing taking place in a TV drama.
8.00 **Agatha Christie's Poirot** *One, Two, Buckle My Shoe:* When the sleuth's dentist is found dead just minutes after he leaves his surgery, Chief Inspector Japp believes it to be suicide – but Poirot has reason to think otherwise.
10.10 **Foyle's War** *Elise:* Foyle's colleague Hilda Pierce is targeted by an assassin outside MI5.
12.10 **to 2.15** AM **A Touch of Frost** *Stranger in the House:* A rapist arouses Frost's righteous indignation and prompts him to take the most desperate professional gamble of his career by using PC Hazel Wallace as bait.

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **The Chase**
7.15 **The Saint**
8.10 **Kojak**
9.15 **Quincy ME**
10.15 **Minder**
11.20 **The Sweeney**
12.25 PM **The Professionals**
1.30 **The Saint**
2.35 **Kojak**
3.45 **Quincy ME**
4.45 **LIVE Audi Cup** Coverage of the third-place play-off. Kick-off is at 5.00.

9.45 Under Siege

7.15 **LIVE Audi Cup** Celina Hinchcliffe presents coverage of the final from the Allianz Arena in Munich. Kick-off is at 7.30.
9.45 **FILM Under Siege** Action thriller starring Steven Seagal as a ship's cook tackling terrorists on board a battleship loaded with nuclear weapons. With Tommy Lee Jones. (1992, 15, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.55 **The Sweeney** Regan and Carter uncover a plot to smuggle gold bars into the Middle East.
12.55 AM **Minder** Terry's fingerprints are found on a getaway car, so he is forced to attend court.
1.55 **to 2.55** AM **The Americans**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **Fat Families**
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **Monkey Business**
1.00 **The Dog Whisperer**
2.00 **It's Me or the Dog**
3.00 **Relic Hunter** 9/22. (S3)
4.00 **Ninja Warrior**
6.00 **Stargate SG-1** (S3)
7.00 **Stargate SG-1** *Fair Game:* 3/22. O'Neill negotiates with the Goa'uld. (S3)
8.00 **Duck Quacks Don't Echo** With Jason Byrne.
9.00 **Trollied** Four episodes of the comedy set in a budget supermarket.
11.00 **Highway Cops**
12.00 M'T **The Blacklist** (S6)
1.00 AM **How to Get Away with Murder** 6/15. (S5)
2.00 **For the People** (S2)
3.00 **Duck Quacks Don't Echo** As 8.00pm.
4.00 **Monkey Business**
5.00 **to 6.00** AM **The Dog Whisperer**

Pick

152 123 11 144

6.00 AM **Nothing to Declare**
7.00 **Border Patrol**
8.00 **Highway Patrol**
9.00 **Caught Red Handed**
10.30 **Motorway Patrol**
11.00 **Police Force: Australia**
12.00 NOON **Road Wars**
1.00 PM **UK Border Force**
2.00 **Canada's Front Line**
3.00 **Nothing to Declare**
3.30 **Caught Red Handed**
5.00 **Without a Trace** (S7)
6.00 **Stargate SG-1** (S1)
7.00 **The Flash** 21/23. (S3)
8.00 **David Attenborough's Wild City** Singapore.
9.00 **Murder Casebook**
10.00 **Paramedics**
11.00 **The Force: North East**
12.00 M'T **Banged Up Abroad**
1.00 AM **Brit Cops**
2.00 **Road Wars**
3.00 **Real Prison Breaks**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **The Hurting**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
1.00 PM **Top Gear**
2.00 **Cop Car Workshop**
3.00 **Yianni: Supercar Customiser**
4.00 **Modern Wheels or Classic Steals**
5.00 **Top Gear**
7.00 **QI XL** With Julia Zemiro.
8.00 **Expedition with Steve Backshall** In Oman.
9.00 **Live at the Apollo**
10.00 **Jon Richardson: Ultimate Worrier** New edition 5/10. Worries related to consumerism.
11.00 **QI XL** With Sara Pascoe.
12.00 M'T **Mock the Week: Election Special**
12.40 AM **Have I Got a Bit More Old News for You**
1.40 **Live at the Apollo**
2.45 **Dara O Briain's Go 8 Bit** With Suzi Ruffell.
3.35 **to 4.00** AM **The Hurting**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle** (S5)
10.00 **Are We There Yet?**
11.00 **Friends** Four episodes.
1.00 PM **Friends** Six episodes.
4.00 **Are We There Yet?** (S1)
5.00 **Friends** Eight episodes.
9.00 **FILM Paul Blart: Mall Cop** Comedy starring Kevin James. An overweight security guard becomes a hero when a gang targets his mall's bank and takes the staff hostage. (2009, PG, 91min) ★
11.00 **Friends** Four episodes of the US sitcom.
1.00 AM **The Daily Show** New edition Talk show.
1.30 **RuPaul's Drag Race** New edition 5/14. The contestants' improvisational skills are put to the test.
3.00 **RuPaul's Drag Race: Untucked!** New edition
3.25 **South Park** (S14)
4.10 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **The Real Housewives of Atlanta**
1.05 **Million Dollar Listing: LA**
2.00 **Little Women: LA**
2.50 **The Real Housewives of New Jersey**
4.10 **The Real Housewives of New York City** **5.00** New edition
6.00 **Buying and Selling** A couple moving for the sake of their son. **7.00** Jonathan and Drew Scott help two teachers buy a house.
8.00 **Dinner Date** Dominique from London looks for love.
9.00 **Botched** Dr Paul Nassif helps a woman with blowfish lips.
10.00 **Gemma Collins: Diva España** Reality special.
11.30 **Dating in the Dark**
12.35 **to 12.50** AM **Be Beautiful**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons**
8.00 **Touched by an Angel**
10.00 **Highway to Heaven**
1.00 PM **Hamish Macbeth**
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote**
6.00 **Tenko** 3/10. (S1)
7.00 **M*A*S*H** Four episodes of the series. (S4&5)
9.00 **Taggart** *An Eye for an Eye:* The team investigate the murder of a doctor at a women's health centre, and soon suspect a group of anti-abortionists who have been targeting the clinic.
11.00 **The Persuaders!** 23/24. Brett and Danny protect an heiress whose brother has reappeared to take her inheritance. (S1)
12.00 M'T **Tenko** As 6.00pm.
1.00 AM **M*A*S*H**
2.00 **Rumpole of the Bailey**
3.00 **The New Avengers**
4.00 **to 6.00** AM **Due South**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 126 226 312 382

7.10 AM **Murdoch Mysteries** (S9)
8.00 **Frankie Drake Mysteries**
9.00 **Sue Thomas: F.B.Eye** (S1)
10.00 **New Tricks** 2/10. (S8)
11.00 **The Coroner** 8/10. (S1)
12.00 NOON **Miss Fisher's Murder Mysteries** 9/13. (S2)
1.00 PM **Murdoch Mysteries**
2.00 **The Doctor Blake Mysteries**
3.00 **Motive** 6/13. (S2)
4.00 **Rizzoli & Isles** 12&3/18. Double bill. (S6)
6.00 **The Guardian** 1/23. A client dies in Nick's care. Guest stars Farrah Fawcett. (S2)

10.00 The Coroner

7.00 **Unforgettable** *Check Out Time:* 3/22. A murder investigation exposes a series of blackmail schemes. (S1)

8.00 **Miss Fisher's Murder Mysteries** *Death on the Vine:* 10/13. A suspicious death occurs at an idyllic vineyard. (S2)

9.00 **New Tricks** *The Gentleman Vanishes:* The team probe the mystery of a missing scientist, who disappeared in 2004.

10.00 **The Coroner** *Napoleon's Violin:* 8/10. The patriarch of the local aristocratic family is found stabbed to death. (S1)
11.00 **New Tricks** (S8)
12.00 M'T **Rush** 20/22. Leon looks into video store burglaries. (S2)
1.00 AM **Unforgettable** (S3)
1.00 AM **Miss Fisher's Murder Mysteries** (S2)
2.10 **to 4.00** AM **Sue Thomas: F.B.Eye**

+1 hour 232 191

Syfy

114 114 814 135 165 319 375

6.00 AM **Star Trek: Voyager** (S2)
8.00 **Teleshopping**
11.00 **Merlin** 12/13. (S1)
12.00 NOON **FILM End of the World** Sci-fi comedy. (2013, 12, 85min) ★★★
2.00 PM **Merlin** 13/13. (S1)
3.00 **Stargate Atlantis** 2/20. (S2)
4.00 **Star Trek: Voyager** 5/16. The crew hunt for dilithium crystals. **5.00** 6/16. A huge entity traps the ship. (S1)
6.00 **Star Trek: The Next Generation** 5/26. A member of Worf's team is killed. (S3)

9.00 Killjoys

7.00 **Star Trek: The Next Generation** *Booby Trap:* 6/26. The *Enterprise* is caught in an intergalactic booby trap. (S3)

8.00 **Stargate Atlantis** *Runner:* 3/20. Teyla and Sheppard are taken captive, and McKay has a close encounter with Ford. (S2)

9.00 **Killjoys** New episode *Blame It On The Rain:* Adventure saga about a trio of intergalactic bounty hunters. (S5)

10.00 **FILM The Abyss** Sci-fi adventure with Ed Harris and Michael Biehn. (1989, 15, 134min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.30 AM **Killjoys** As 9.00pm.
2.30 **Star Trek: The Next Generation** (S2)
3.30 **The Captains Close Up**
4.00 **to 6.00** AM **FILM Crystal Inferno** Action adventure, starring Claire Forlani. (2017, 15, 120min) ★

+1 hour 214 136

W

109 109 809 125 211 311 383

6.10 AM **MasterChef Junior USA**
7.00 **My Dream Home**
8.00 **Tipping Point** Quiz show.
10.00 **The Bill** Police drama.
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
2.00 PM **My Dream Home**
4.00 **Flip or Flop** Transforming a small home near the beach in Costa Mesa, California. **4.30** A house in Fullerton that shows potential for profit.
5.00 **Tipping Point** Double bill of the arcade-themed game show hosted by Ben Shephard.

9.00 Inside the Ambulance

7.00 **MasterChef Junior USA** New edition 13/15. The cooks compete in a Mystery Box Challenge all about family.

8.00 **Emma Willis: Delivering Babies** Emma has a bad experience while assisting with a birth, and turns to her mother for advice.

9.00 **Inside the Ambulance** Paramedics treat a 94-year-old showing signs of a stroke, and a man with severe stomach pain.

10.00 **One Born Every Minute** A flight attendant is preparing to give up her lifestyle of travel when her twin boys arrive.
11.00 **Inside the Ambulance** Treating an 81-year-old woman with dementia.
12.00 M'T **Paramedics: Emergency Response**
12.30 AM **Paramedics: Emergency Response**
1.00 **to 3.00** AM **The Wave**

+1 hour 209 190

Universal

113 113 813 137 164 320 385

8.00 AM **Sea Patrol** 16/16. (S4)
9.00 **Murder in Paradise**
10.00 **Murder She Solved: True Crime**
11.00 **CSI: Miami** 22/25. (S4)
12.00 NOON **Law & Order** (S13)
1.00 PM **Law & Order** (S13)
4.00 **NCIS** 12/24. Part two of two. The team identify the killer as a Swedish mercenary. **5.00** 13/24. A lance corporal is involved in a fatal car crash. **6.00** 14/24. The team try to stop a terrorist unleashing the Ebola virus. (S10)

9.00 Departure

7.00 **NCIS** *Hereafter:* 15/24. The team investigate the death of a Marine who was competing in fight clubs. (S10)

8.00 **Murder in Paradise** The death of Anthony Ashley-Cooper, a rich aristocrat who was enjoying a hedonistic life in Cannes.

9.00 **Departure** *Sabotage:* 4/6. Kendra is stunned by the betrayal of someone close to her, while AJ puts his life in danger. (S1)

10.00 **Law & Order: Special Victims Unit** *A Story of More Woe:* 13/24. Benson helps sisters whose father has been killed. (S20)
11.00 **Law & Order: Special Victims Unit** 14/24. (S20)
12.00 M'T **Law & Order: Special Victims Unit** 24/24. (S11)
1.00 AM **NCIS** As 5pm and 6pm.
3.00 **Law & Order: Special Victims Unit**
4.00 **to 5.00** AM **Sea Patrol**

+1 hour 213 138

FOX

124 124 821 157 199

8.00 AM **Monk** 15/16. (S7)
9.00 **Bones** 18/24. (S8)
10.00 **Bull** 2/22. (S2)
11.00 **NCIS** 19/24. (S15)
12.00 NOON **Bones** (S8)
2.00 PM **The Mentalist** 22/22. (S6)
3.00 **NCIS** 20/24. (S15)
4.00 **Bull** 3/22. (S2)
5.00 **Bones** 21/24. Treasure hunters discover the body of a TV producer. (S8)
6.00 **The Mentalist** 1/13. Jane investigates the murder of an undercover FBI agent. (S7)

9.00 L.A's Finest

7.00 **NCIS** *One Step Forward:* 21/24. Abby is awarded a dinner reservation for two to a new five-star restaurant in an igloo.

8.00 **NCIS** *Two Steps Back:* 22/24. Evidence reveals an NCIS team member is a hitman's latest target. (S15)

9.00 **L.A.'s Finest** New episode *Déjà Vu:* 4/13. McKenna agrees to help Syd get the stolen fentanyl into police custody. (S1)

10.00 **NCIS: New Orleans** *Pound of Flesh:* 6/24. The team uncover evidence of a suspect who is harvesting organs. (S5)
11.00 **American Dad!** Double bill of the animated comedy. (S9)
12.00 M'T **Family Guy** Double bill of the animated comedy. (S3)
1.00 AM **American Dad!** (S9)
2.00 **Family Guy** (S3)
3.00 **American Dad!** (S9)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Wednesday

7 PM — **8 PM** — **9 PM** — **10 PM**

E!

123 123 834 156 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
10.00 **Big Rich Atlanta**
11.00 **News: Daily Pop**
12.00 NOON **Dating: No Filter**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Revenge Body with Khloe Kardashian**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Keeping Up with the Kardashians**
9.00 **Revenge Body with Khloe Kardashian** Khloe helps a pair of overweight twins.
10.00 **Relatively Nat & Liv**
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Hollywood Medium with Tyler Henry**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **Dash Dolls**

Sky Arts

122 122 820 122 206

6.00 AM **André Rieu: Welcome to My World**
7.00 **Auction**
7.30 **Watercolour Challenge**
8.00 **Master of Photography**
9.00 **Tales of the Unexpected**
10.00 **The South Bank Show Originals**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Phil Collins: Going Back**
4.00 **The Seventies**
5.00 **Discovering**
7.00 **The Sixties**
8.00 **The Art of Architecture** New edition
9.00 **Big Time**
10.15 **Studio 54: The Documentary**
12.05 AM **Trailblazers: Disco**
1.05 **Pet Shop Boys: A Life in Pop**
2.15 **Callas, Kennedy, Onassis: Two Queens for a King**
4.10 **to 6.00** AM **Discovering**

4seven

137 143 203 47 110 127

9.00 AM **Posh Pawnbrokers**
10.00 **Come Dine with Me**
12.30 PM **A Place in the Sun**
1.30 **The £100k Drop**
2.30 **Come Dine with Me**
3.00 **Everybody Loves Raymond** (S2)
4.00 **Frasier** (S6)
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **FILM Teenage Mutant Ninja Turtles: Out of the Shadows** Action adventure sequel with Megan Fox. (2016, 12, 112min) ★★★
10.05 **8 Out of 10 Cats Does Countdown**
11.05 **Celebrity Crystal Maze**
12.10 AM **Drag SOS**
1.15 **Shipmates**
2.20 **George Clarke's Council House Scandal**
3.20 **Location, Location, Location** In south Wales.
4.20 **to 4.50** AM **Four in a Bed**

5USA

141/169 153 21 129

9.00 AM **Catch a Contractor**
9.20 **Remington Steele** (S1)
10.10 **CSI: NY** 11/23. (S6)
11.10 **Chicago Justice** (S1)
12.10 PM **CSI: NY** 15/23. (S6)
1.05 **Law & Order** (S17)
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S18)
7.05 **Law & Order** *Executioner:* 9/18. A doctor is mistakenly killed in place of a fellow physician. (S18)
8.00 **NCIS: Los Angeles** *Paper Soldiers:* 12/24. Callen and Sam investigate a Marine's mysterious death. (S4)
9.00 **Private Eyes** *Disappearing Act:* 9/10. Shade and Angie track a fugitive on the run. (S1)
10.00 **Law & Order: Special Victims Unit** (S6&7)
12.55 AM **CSI: NY** (S5)
2.50 **Taken** 5/10. (S1)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Last Man Standing**
8.25 **Smallville** 8/23. (S2)
9.10 **Dance Moms**
11.05 **My Wife and Kids**
12.05 PM **Two and a Half Men**
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **The Fresh Prince of Bel-Air** Double bill. (S1)
5.00 **8 Simple Rules...** (S1)
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **The Fresh Prince of Bel Air** 15&16/25. (S1)
8.00 **Fresh Off the Boat** New editions (S4)
9.00 **FILM Austin Powers in Goldmember** (2002)
10.55 **FILM Harold & Kumar Get the Munchies** Comedy. (2004, 15) ★
1.00 AM **Riverdale** (S2)
1.55 **Riverdale** 5/13. (S1)
2.50 **The Magicians** (S2)
3.35 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Boon**
8.00 **London's Burning**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **The Brokenwood Mysteries**
4.20 **All Creatures Great and Small**
5.20 **Birds of a Feather**
6.00 **'Allo 'Allo!**
6.40 **As Time Goes By**
7.20 **Last of the Summer Wine** Howard asks his pals to deliver a gift.
8.00 **Father Brown** *The Paradise of Thieves:* A man is found dead inside a bank vault.
9.00 **Death in Paradise** *Posing in Murder:* 3/8. A model is killed. (S5)
10.20 **Silent Witness** *Family:* The team are called out on Christmas Day.
12.30 AM **Agatha Christie: A Life in Pictures**
2.20 **The Bill**
3.15 **to 4.00** AM **Steptoe and Son**

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

WEDNESDAY Entertainment & Lifestyle

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **Mad Men** (S5)
2.00 **Law & Order** (S3)
3.00 **FILM Proof** Drama with Gwyneth Paltrow. (2004, 12, 100min) ★★★
5.00 **Mad Men** (S5)
6.00 **Law & Order** (S3)
7.00 **Zoom In**
7.10 **FILM Miss Potter** Biopic. (2006, PG, 93min) ★★★★
9.00 **Hap and Leonard** *The Dive:* 3/6. Loyalties are tested in the gang. (S1)
10.00 **Snatch** 10/10. (S1)
11.00 **FILM Sin City** Gory film noir thriller. (2005, 18, 124min) ★★★★
1.25 AM **Hap and Leonard**
2.15 **Snatch** As 10.00pm.
3.05 **Hollywood's Best Film Directors**
3.35 **Mad Men** (S5)
4.25 **to 5.30** AM **Law & Order**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S5)
10.00 **ER** 20/22. (S4)
11.00 **The Love Boat** (S8)
12.00 NOON **Judge Judy**
1.00 PM **The High Chaparral**
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S8)
7.00 **CSI: Miami** 21/24. (S3)
8.00 **Judge Judy**
9.00 **Medium** *Apocalypse – Now?* 6/19. Allison dreams the end of the world is approaching and investigates a case in which an entire family was murdered. (S5)
10.00 **CSI: Miami** *Vengeance:* 22/24. A sports star is murdered. (S3)
11.00 **The Love Boat** (S8)
12.00 M'T **Judge Judy**
1.00 AM **ER** 21/22. (S4)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder** (S6)
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** (S4)
12.00 NOON **Perry Mason**
1.05 PM **The District** (S1)
2.05 **CSI: Miami** 14/24. (S3)
3.00 **NCIS** 5/19. (S5)
4.00 **NCIS: Los Angeles** (S1)
5.00 **Matlock** (S4)
6.00 **Perry Mason** (S6)
7.05 **NCIS** 4/24. (S9)
8.00 **Walker, Texas Ranger**
9.00 **NCIS** *Kill Ari – Part Two:* 2/24. Gibbs continues to blame himself for Kate's death. (S3)
10.00 **NCIS: Los Angeles** *The Only Easy Day Is Yesterday:* 2/24. An undercover LAPD cop is murdered. (S1)
11.00 **NCIS** 5/24. (S9)
12.00 M'T **CSI: Miami** (S3)
1.00 AM **NCIS** As 9.00pm.
2.00 **Gunsmoke** (S18)
3.05 **Bonanza** (S12)
4.00 **Walker, Texas Ranger**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** Double bill of the series.
8.00 **Donal MacIntyre: Unsolved** Examinging the murder of Valerie Graves in 2013.
9.00 **Homicide's Elite** When Mamadou Berry is murdered, Quinn and Velazquez set out to find his killer.
10.00 **Evidence of Evil** The story of the tragic murder of Brett Wentworth.
11.00 **It Takes a Killer**
12.00 M'T **Wives with Knives**
1.00 AM **Homicide's Elite**
2.00 **Evidence of Evil**
3.00 **Troubled Teens: Jail Shock**
3.50 **Dog Patrol**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Catchphrase**
7.00 **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Bruce's Price Is Right**
11.00 **Stake Out**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye**
6.00 **Total Wipeout**
7.00 **Pointless** Quiz hosted by Alexander Armstrong.
8.00 **The Chase** Quiz show.
10.00 **Who Wants to Be a Millionaire? Celebrity** Another set of famous faces play for charity.
11.00 **Bullseye**
12.00 M'T **Bullseye**
12.30 AM **Bullseye**
1.00 **The Chase**
5.00 **to 6.00** AM **Golden Balls**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Now That's Funny!**
7.00 **Teleshopping**
9.00 **Friends**
11.00 **The Middle**
1.00 PM **Bad Robots**
4.00 **The Fresh Prince of Bel-Air** (S3)
7.00 **Are We There Yet?** (S1)
8.00 **Impractical Jokers**
9.00 **Impractical Jokers: Inside Jokes**
10.00 **Friends** (S1&2)
11.00 **South Park** (S1)
12.00 M'T **South Park** (S1)
12.30 AM **South Park** (S1)
1.00 **Russell's Good News**
2.00 **Roast Battle** Joe Lycett v Nick Helm.
2.30 **Chris Ramsey at the Comedy Store**
3.00 **Drunk History USA**
3.40 **Chris Ramsey Show**
4.05 **Frankenfood** (S1)
4.30 **The Middle**
5.15 **to 6.00** AM **Impractical Jokers**

+1 hour 227

Food Network

140 291 41 148

6.00 AM **Giada In Italy**
9.00 **Jamie's 15 Minute Meals** Four editions.
11.00 **The Pioneer Woman**
1.00 PM **Girl Meets Farm**
2.00 **Jamie Does Andalucia**
3.00 **The Pioneer Woman**
5.00 **Barefoot Contessa – Back to Basics**
6.00 **Man Fire Food**
7.00 **The Pioneer Woman** Ree prepares dishes for a joint birthday bash. **8.00** It's dinner for two with Ree and her husband, including spicy curly fries.
8.00 **Diners, Drive-Ins, And Dives** Four editions.
10.00 **Easy Chinese**
11.00 **Mystery Diners**
12.00 M'T **Diners, Drive-Ins, And Dives** Double bill.
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 240 149

Good Food

198 198 866 278 279 313 388

6.10 AM **Perfect**
7.00 **Ramsay's Ultimate Cookery Course**
8.00 **Martin: Home Comforts**
9.00 **John Torode's Malaysian Adventure**
10.00 **Bikers' Best of British**
11.00 **Rick Stein's India**
12.00 NOON **Hairy Bikers' Food Tour of Britain**
1.00 PM **Ramsay's Ultimate Cookery Course**
2.00 **Martin: Home Comforts**
3.00 **Malaysian Adventure**
4.00 **Rick Stein's India**
5.00 **Bikers' Best of British**
6.00 **Food Tour of Britain**
7.00 **Martin: Home Comforts**
8.00 **Malaysian Adventure**
9.00 **Rick Stein's India**
10.00 **Ramsay's Ultimate Cookery Course**
11.00 **Luke's Asian Food Trail**
12.00 M'T **James Martin: Home Comforts**
1.00 **to 6.00** AM **Highlights**

+1 hour 298 280

Lifetime

164 838 208 329 384

7.00 AM **Judge Judy**
1.15 PM **FILM The Wrong Student** Drama starring Jessica Morris. (2017, 15, 86min) ★★
3.00 **The Real Housewives of New Jersey**
4.00 **Dance Moms**
5.00 **Storage Wars**
6.00 **Judge Judy**
9.00 **Little Women: Atlanta** The Texas troubles rage on as a revelation from Juicy gets Emily and Bri riled up.
10.00 **My Crazy Sex** How a couple's attempt to relaunch their sex life landed them in hospital.
11.00 **Hardcore Pawn** Les halts Seth's outlandish plan to boost business. **11.30** The Golds gear up to shoot a new advert for the store.
12.00 M'T **Storage Wars**
1.00 AM **Little Women: Atlanta** As 9.00pm.
2.00 **to 4.00** AM **Judge Judy**

Paramount Network

153 188 187 54 132

9.00 AM **Access**
9.10 **Lip Sync Battle**
9.40 **Gilmore Girls**
11.30 **FILM Deadly Departure** Thriller. (2016, PG, 89min) ★★
1.20 PM **FILM Girlfriend Killer** Tense thriller. (2017, 12, 120min) ★★
3.10 **FILM Missing Daughter** Thriller with Wes Brown. (2017, 12, 93min) ★★
5.00 **Suits** (S3)
6.00 **House** (S3)
7.55 **Access**
8.00 **Grimm** 14/22. (S4)
9.00 **NEW SERIES Suits** 1/16. (S8)
10.00 **Training Day** 7/13. (S1)
10.55 **The X-Files** 14/22. (S7)
11.55 **Vikings** 6/10. (S2)
12.55 AM **Sleepy Hollow** (S2)
2.45 **The Strain** (S1)
3.30 **Grimm** (S4)
4.15 **Gilmore Girls**
5.00 **Neighbours**
5.25 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Wild Fishing**
6.20 **Lake Escapes**
7.10 **Trawler Wars**
8.00 **Aussie Gold Hunters**
9.00 **Shed and Buried**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Made by Destruction**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Gold Divers: Under the Ice**
4.00 **Salvage Hunters**
5.00 **Airplane Repo**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
10.00 **Find It, Fix It, Flog It**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Deadliest Drivers**
3.00 **Destroyed in Seconds**
4.00 **Swamp Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Money for Nothing**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
1.00 PM **Curvy Brides Boutique** Double bill.
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Atlanta**
5.00 **Say Yes to the Dress**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **My Extreme Excess Skin**
10.00 **Living Without Arms...**
11.00 **Katie Price: My Crazy...**
12.00 M'T **Forensic Detectives**
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Tiny House, Big Living** Double bill.
7.00 **Cruise TV with LoveitBookit**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Cops UK: Bodycam Squad**
11.00 **DIY SOS: The Big Build**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** In Majorca.
3.00 **Homes Under the Hammer** In Cheshire.
4.00 **Most Haunted**
5.00 **Ghost Chasers**
6.00 **Antiques Road Trip**
9.00 **Helicopter ER**
10.00 **Babies: Special Delivery** A middle-aged woman gives birth.
11.00 **Helicopter ER**
12.00 M'T **Born to Kill?**
1.00 AM **I Survived Evil**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Most Haunted**

Sony Crime

157 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **True Crime with Aphrodite Jones**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows**
7.00 **Bizarre Murders** A garbage man wins $31 million, but vanishes. **7.30** Two brothers murder their friend. **8.00** A girl strangles a dancer with a telephone cord. **8.30** Twin Mexican wrestlers are murdered by fake prostitutes.
9.00 **Deadly Women**
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 257

5SELECT

159 152 55 133

9.10 AM **On Benefits**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **The Dog Rescuers**
12.00 NOON **Paddington Station 24/7**
1.00 PM **Cruising with Jane McDonald** The Danube.
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **The Great Fire: London Burns**
10.00 **The Great Fire: Death and Destruction**
11.00 **The Great Fire: A City Rebuilt** (S1)
12.00 M'T **Nightmare Tenants, Slum Landlords**
1.00 AM **100 Stone & On the Dole**
2.00 **Portillo's Hidden History of Britain**
3.00 **to 4.00** AM **Ben Fogle: New Lives in the Wild**

5Spike

150 154 31 141

9.00 AM **Access**
9.10 **The A-Team**
11.10 **Police Interceptors**
12.10 PM **Can't Pay? We'll Take It Away!**
2.10 **FILM Ride Out for Revenge** Western adventure. (1957, b/w, U, 78min) ★★
4.00 **Traffic Cops**
5.00 **The A-Team** (S1)
7.00 **Police Interceptors** A monster-truck driver tries to evade officers. **8.00** The team closes in on a suspected thief.
9.00 **Sewermen** New edition 7/8. Featuring a fatberg which could be well over 200 meters long.
10.00 **Grime & Punishment: Dirty Britain**
11.00 **Gangland Undercover**
11.55 **Fights, Camera, Action!**
12.55 AM **Outrageous Stunts**
1.55 **to 3.00** AM **Outrageous Stunts**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé: Happily Ever After?**
12.00 NOON **My 600lb Life: Where Are They Now?**
2.00 PM **Nate & Jeremiah by Design**
3.00 **Good Bones**
4.00 **Say Yes to the Dress**
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **90 Day Fiancé: Happily Ever After?** New edition
10.00 **NEW SERIES sMothered**
11.00 **Dr Pimple Popper**
12.00 M'T **90 Day Fiancé: Happily Ever After?**
2.00 AM **sMothered**
3.00 **Dr Pimple Popper**
4.00 **Nate & Jeremiah by...**
5.00 **to 6.00** AM **Good Bones**

+1 hour 233 169

Blaze

187 187 216 63 162

6.00 AM **Parking Wars**
7.00 **Ancient Aliens**
8.00 **Alien Files: Unsealed**
9.00 **American Restoration**
10.00 **Ernie the Wildman**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars**
1.00 PM **Storage Wars**
2.00 **The Curse of Oak Island**
3.00 **Alien Files: Unsealed**
4.00 **Ancient Aliens**
5.00 **Hardcore Pawn**
6.00 **American Restoration**
7.00 **Pawn Stars**
8.00 **Storage Wars**
9.00 **In Search Of** Zachary Quinto meets people who claim to have travelled through time.
10.00 **Hangar 1: The UFO Files**
11.00 **Storage Wars**
12.00 M'T **Pawn Stars**
1.00 AM **Parking Wars**
2.00 **American Restoration**
3.00 **Billy the Exterminator**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Hardcore Pawn**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Alaskan Bush People**
8.00 **Naked and Afraid XL**
9.00 **Mighty Ships**
10.00 **Fast N' Loud**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Combat Dealers**
2.00 **Alaskan Bush People**
3.00 **Kindig Customs**
5.00 **Garage Rehab**
6.00 **Fast N' Loud** Richard Rawlings takes his 1929 Packard to the Concours d'Elegance.

9.00 Massive Engineering...

7.00 Outback Truckers Steve takes on an old enemy at the worst time of year and Bumpa Farrell struggles for power.

8.00 Combat Dealers Bruce buys a rare Sherman tank in Ohio. However, before he sells it on it he wants to boost its authenticity.

9.00 Massive Engineering Mistakes New edition An ageing and crumbling sewage system wreaks havoc in Baltimore.

10.00 Savage Builds New edition Adam stages an epic food fight with Tory Belleci, and the pair build a rapid-fire weapon.

11.00 **Wheeler Dealers**
12.00 M'T **Massive Engineering Mistakes** As 9.00pm.
1.00 AM **Savage Builds**
2.00 **Fast N' Loud**
3.00 **Fast N' Loud: Demolition...**
3.50 **Wheeler Dealers**
4.40 **Gold Rush: White Water**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **The Vet Life**
8.00 **Animal Cops Houston**
10.00 **Crocodile Hunter**
11.00 **Alaskan Bush People**
12.00 NOON **Wildest Europe**
1.00 PM **The Vet Life**
3.00 **Pit Bulls & Parolees**
4.00 **Tanked** In Santa Rosa.
5.00 **Wolves and Warriors** Matt spearheads an operation to rescue roughly 60 wolves from an alleged fur farm.
6.00 **Jaws of the Deep** The search for the world's largest great white shark in Guadalupe.

7.00 Pit Bulls & Parolees

7.00 Pit Bulls & Parolees Mariah faces a challenging rescue when she realises that the dog in danger is deaf.

8.00 Extinct or Alive Biologist Forrest Galante scours the streets and jungles of Zanzibar for an extinct leopard thatmany believe was lost to witchcraft.

10.00 Animal Cops Miami The owner of an illegal pig-slaughtering operation is confronted by the investigators.

11.00 **Pit Bulls & Parolees** Mariah faces a challenging rescue.
12.00 M'T **After the Attack**
1.00 AM **Animal Cops Miami**
2.00 **Wildest Middle East**
3.00 **Alaskan Bush People**
3.50 **Intruders**
4.40 **Escape to Chimp Eden**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **WW2: Hell Under the Sea** An underwater battle.
9.00 **War Heroes of the Skies**
10.00 **Nazi Megastructures**
11.00 **Supercars**
12.00 NOON **Strippers: Cars for Cash** Stripping Mini models.
1.00 PM **Ice Road Rescue**
2.00 **Wicked Tuna**
3.00 **Air Crash Investigation**
5.00 **Car SOS** Tim and Fuzz restore a 1971 Lamborghini Espada. **6.00** Fuzz and Tim come to the rescue of a Willys Jeep targeted by arsonists.

9.00 Alaska State Troopers

7.00 Drain the Oceans: Villains of the Underworld Examining sunken remains associated with criminals.

8.00 Border Wars Technology used to protect US borders, including super-fast boats, predator drones and ATVs.

9.00 Alaska State Troopers Series finale The officers take to the seas surrounding the Southern Islands.

10.00 Drugs Inc How stolen cars are used by the drugs trade for smuggling or by being transformed into armed vehicles for gangs.

11.00 **Banged Up Abroad**
12.00 M'T **Explorer 2.0** Series finale Danish farming innovations.
1.00 AM **Paranatural**
2.00 **Nazi Megastructures**
3.00 **War Heroes of the Skies**
4.00 **to 5.00** AM **Drain the Oceans: Villains of the Underworld**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
7.00 **American Pickers: Best Of**
8.00 **Pawn Stars**
9.00 **Mountain Men**
10.00 **Ancient Aliens**
11.00 **Pawn Stars**
12.00 NOON **Forged in Fire**
1.00 PM **Heroes of War**
2.00 **Storage Wars** Four editions.
4.00 **Mountain Men**
5.00 **Forged in Fire** Making a fully functional serrated knife. **6.00** Making a Qinglong Ji, an instrument of Chinese warfare.

7.00 American Pickers

7.00 American Pickers In the middle of a Minnesota blizzard, Mike and Frank face the frost to uncover a rare pair of trucks.

8.00 The Curse of Oak Island After months of tireless effort, Rick, Marty and the team begin the excavation at Smith's Cove.

9.00 Pirate Traders New edition The team search for a Go Fast – a boat used to smuggle drugs overseas at high speed.

10.00 Pawn Stars A Pietro Facchetti etching. **10.30** A letter from World War One fighter ace Eddie Rickenbacker.

11.00 **Storage Wars** Brandi and Jarrod bring an old friend along to do some heavy lifting.
11.30 **Storage Wars**
12.00 M'T **Man at Arms: Art of War**
1.00 AM **River Hunters**
2.00 **Heroes of War**
3.00 **American Pickers**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Horizon: First Britons**
7.10 **WW2 Price of Empire**
8.00 **Time Team**
10.00 **The World at War**
11.00 **Secrets of the Bible**
12.00 NOON **Time Team**
2.00 PM **Atlantic: The Wildest Ocean on Earth**
3.00 **India's New Worlds**
4.00 **Murder Maps** Ruth Ellis.
5.00 **Impossible Engineering** A sports stadium in Texas.
6.00 **The World at War** The growing support for Britain in America.

8.00 War Factories

7.00 Secrets of the Railways A project in the 1800's in Queensland that changed the face of one of Australia's great states.

8.00 War Factories New edition The role played by engineering giant Vickers during World War Two.

9.00 The Two Ronnies Vintage comedy sketches, including *Psychiatrist*, *Johnny Be Good* and *Boffo*.

10.00 The Two Ronnies Featuring a musical with Jehosophat and Jones.
10.50 Porridge There is a thief at large in the prison.
11.30 **Porridge** Fletcher thinks Godber would be better off cheating if he wants to pass another O-level. **12.10** AM Tension mounts as the parole board gathers.
12.50 **Horizon: First Britons**
1.50 **to 3.00** AM **WW2 Price of Empire**

+1 hour 255 200

Wednesday

7 PM 8 PM 9 PM 10 PM

Disc. History

171 262

6.00 AM **Aircraft Stories**
7.00 **Central Steam**
8.00 **Chris Barrie's Massive Machines**
9.00 **Future Weapons**
10.00 **Battlefield**
12.00 NOON **Planes That Never Flew**
1.00 PM **Central Steam**
2.00 **Massive Machines**
3.00 **Future Weapons**
4.00 **Battlefield**
6.00 **War Months**
7.00 **World War II in Colour**
8.00 **Against the Odds**
9.00 **The 1980s: The Deadliest Decade**
10.00 **Crimes That Shook the World**
11.00 **Dark Matters: Twisted But True**
12.00 M'T **Against the Odds**
1.00 AM **The 1980s...**
2.00 **Crimes That Shook...**
3.00 **Dark Matters: Twisted...**
4.00 **World War II in Colour**
5.00 **to 6.00** AM **War Months**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Jungle Planet**
10.00 **The Ganges**
11.00 **Planet Earth**
12.00 NOON **Mountain: Life at the Extreme**
1.00 PM **Collar of Duty**
2.00 **Jungle Planet**
3.00 **The Ganges**
4.00 **Collar of Duty**
5.00 **Jungle Planet**
6.00 **Planet Earth**
7.00 **Mountain: Life at the Extreme**
8.00 **Rhino Orphanage**
9.00 **The Blue Planet**
10.00 **Planet Earth**
11.00 **Mountain: Life at the Extreme**
12.00 M'T **Rhino Orphanage**
1.00 AM **The Blue Planet**
2.00 **Collar of Duty**
3.00 **Jungle Planet**
3.50 **The Ganges**
4.40 **Rhino Orphanage**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Rise of Dragonzilla**
10.00 **Rise of Snakezilla**
11.00 **Rise of Croczilla**
12.00 NOON **Snakes in the City** A nine-foot black mamba is discovered in a child's bed.
1.00 PM **Dead By Daylight**
4.00 **Pond Stars**
6.00 **Caught in the Act**
7.00 **Snakes in the City**
8.00 **Wild Nordic** The landscape of Scandinavia.
9.00 **Wild Way of the Vikings** The wildlife of the North Atlantic from the point of view of Vikings.
10.00 **Africa's Deadly Kingdoms** The reef systems on Africa's southern coastline.
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Snakes in the City**
3.00 **to 5.00** AM **Dead By Daylight**

History 2

163 273 330 390

8.00 AM **Clash of Warriors**
10.00 **Strange History**
11.00 **Evolve**
12.00 NOON **Ancient Aliens**
2.00 PM **Ancient Top Ten**
3.00 **Clash of Warriors**
5.00 **Strange History**
6.00 **Evolve** Evolutionary developments in speed.
8.00 **Ancient Aliens** Investigations into inventor Nikola Tesla's claims of communication with extraterrestrials. **9.00** How ancient aliens may have helped to guide and define mankind.
10.00 **Ancient Top Ten** The greatest monuments of the ancient world.
11.00 **Hitler's Circle of Evil**
12.00 M'T **Evolve** As 6.00pm.
1.00 AM **Ancient Aliens**
3.00 **Ancient Top Ten**
4.00 **to 5.00** AM **Strange History**

PBS America

174 276 91 155

8.00 AM **Walks Around Britain** On Jersey.
8.30 **Genghis Khan**
9.35 **The Vietnam War**
11.30 **Secrets of the Colosseum**
12.50 PM **The Wild Canadian Year**
2.00 **Genghis Khan**
3.15 **The Vietnam War**
5.15 **Secrets of the Colosseum**
6.30 **The Wild Canadian Year** A look at the country in Summer.
7.50 **The Crusades** Re-examining the military confrontations between Christians and Muslims.
9.00 **Pompeii: The Last Day** The ancient city's destruction.
10.15 **The Vietnam War** Richard Nixon wins the presidency.
12.40 **to 2.00** AM **The Crusades**

CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **The First 48**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **A Town & Country Murder**
2.00 **Buried in the Backyard**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48: The Detective Speaks**
7.00 **Homicide Hunter**
8.00 **Killer In Plain Sight**
9.00 **I Killed My BFF**
10.00 **Sex, Lies and Murder**
11.00 **The First 48**
12.00 M'T **Darkest Taboos**
1.00 AM **A Town & Country Murder**
2.00 **Sex, Lies and Murder**
3.00 **Crimes That Shook Britain**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Highlights**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

WEDNESDAY Films

Wednesday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Submission** As 3.00am.
7.50 **School Spirits** As 4.30pm.
9.30 **Smallfoot** As 6.15pm.
11.15 **Johnny English Strikes Again** As shown at 8.00pm.
1.00 PM **The Possession of Hannah Grace** As 11.30pm.
2.45 **The Belly of the Whale** Drama. (2018, 15, 83min) ★★
4.30 **School Spirits** Comedy. (2017, PG, 88min) ★★
6.15 **Smallfoot** Animated fantasy. (2018, PG, 96min) ★★★

9.45 Summer 1993

8 PM

8.00 Johnny English Strikes Again Comedy starring Rowan Atkinson. A sinister cyber attack sees the hapless secret agent sent on an adventure in the South of France. (2018, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.45 PREMIERE Summer 1993 Drama starring Laia Artigas and Paula Robles. Subtitled. (2017, 12, 97min) ★★★★
See review, page 19
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM

11.30 **The Possession of Hannah Grace** Mystery thriller. (2018, 15, 86min) ★★★
1.15 AM **The Belly of the Whale** Crime drama. (2018, 15, 83min) ★★
3.00 **Submission** (2017) ★★
5.00 **Extremely Wicked, Shockingly Evil... Special**
5.30 **to 6.00** AM **Yesterday: Special** Behind the scenes.

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.00 AM **Planes: Fire & Rescue**
7.30 **Cars 3** As 4.20pm.
9.20 **Blank Cheque** As 10.00pm.
11.05 **Up** As shown at 6.05pm.
12.50 PM **A Wrinkle in Time**
2.50 **Planes: Fire & Rescue** Animated adventure sequel. (2014, U, 84min) ★★★
4.20 **Cars 3** Animated adventure. (2017, U, 102min) ★★★
6.05 **Up** Animated adventure. (2009, U, 92min) ★★★★★
7.50 **George and AJ**

4.20 Cars 3

8.00 A Wrinkle in Time Fantasy starring Storm Reid. After the disappearance of her scientist father, three beings send a girl, her brother and her friend to space in order to find him. With Oprah Winfrey. (2018, PG, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

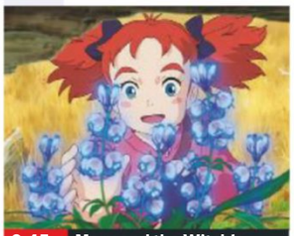
10.00 Blank Cheque Comedy adventure starring Brian Bonsall and Karen Duffy. (1994, PG, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **The Last Flight of Noah's Ark** Disney adventure. (1980, U, 97min) ★★★
1.30 AM **The Island at the Top of the World** Disney adventure. (1974, U, 93min) ★★★
3.15 **The Santa Clause 3: The Escape Clause** Comedy. (2006, U, 92min) ★★★
5.00 **to 6.40** AM **Homeward Bound II: Lost in San Francisco** Disney adventure sequel. (1996, U, 88min) ★★

Sky Animation

305 305 846 436 406 505

6.05 AM **Mulan** As 2.55pm.
7.40 **Hotel Transylvania 3: Summer Vacation** As 6.15pm.
9.30 **Mary and the Witch's Flower**
11.25 **Smallfoot** As 4.30pm.
1.10 PM **WALL•E** As 8.00pm.
2.55 **Mulan** Animated adventure. (1998, U, 88min) ★★★
4.30 **Smallfoot** Animation. (2018, PG, 96min) ★★★
6.15 **Hotel Transylvania 3: Summer Vacation** Animated sequel. (2018, U, 97min) ★★


9.45 Mary and the Witch's...

8.00 WALL•E Animated sci-fi comedy with the voice of Ben Burtt. On an Earth overwhelmed by rubbish and deserted by humans, the last robot on the planet finds love. (2008, U, 98min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Mary and the Witch's Flower Animated adventure based on *The Little Broomstick* by Mary Stewart, featuring the voice of Kate Winslet. (2017, U, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Journey to Oz** Animated adventure with the voices of Alyson Leigh Rosenfeld, Marc Thompson and HD Quinn. (2017, U, 91min) ★★
1.15 AM **Luis and the Aliens** Animated comedy adventure. (2018, U, 86min) ★★
2.50 **Maya the Bee: The Honey Games** Animated adventure. (2018, U, 85min) ★★
4.25 **to 6.05** AM **Journey to Oz** As shown at 11.35pm.

Sky Action

306 306 847 437 407 502

6.00 AM **Terminator 2: Judgment Day** As shown at 10.00pm.
8.30 **The Transporter** As 4.35pm.
10.20 **Transporter 2** As 6.20pm.
12.00 NOON **The Meg** As 8.00pm.
2.00 PM **300** Epic adventure. (2006, 15, 116min) ★★★★
4.00 **Extremely Wicked... Special**
4.35 **The Transporter** Action thriller with Jason Statham. (2002, 15, 88min) ★★★
6.20 **Transporter 2** Action thriller. (2005, 15, 88min) ★★★

4.35 The Transporter

8.00 The Meg Action thriller starring Jason Statham. A rescue diver is hired to save the crew of a deep-sea submersible from a 75ft-long prehistoric shark. (2018, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Terminator 2: Judgment Day Sci-fi action thriller sequel starring Arnold Schwarzenegger, Linda Hamilton and Edward Furlong. (1991, 15, 146min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Predator** Sci-fi fantasy with Arnold Schwarzenegger. (1987, 18, 107min) ★★★★
2.30 **Red Sonja** Fantasy adventure. (1985, 15, 89min) ★
4.05 **to 6.00** AM **Turbo: A Power Rangers Movie** Children's adventure fantasy sequel. (1997, PG, 99min) ★

Sky Comedy

307 307 848 438 408 506

7.10 AM **The Bromley Boys** Comedy. (2018, PG) ★★
9.05 **10 Things I Hate About You** Romantic teen comedy. (1999, 12, 97min) ★★★
10.50 **Zoolander** Comedy. (2001, 12, 89min) ★★★★
12.30 PM **Tag** As 8.00pm.
2.20 **The World's End** As 9.45pm.
4.20 **Friends with Benefits** Comedy. (2011, 15) ★★★
6.20 **Johnny English Strikes Again** Comedy. (2018, PG) ★★★

8.00 Tag

8.00 Tag Comedy starring Jeremy Renner. A group of former classmates organise an elaborate game of tag that requires some to travel all over the United States. (2018, 15, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 The World's End Sci-fi action comedy starring Simon Pegg and Nick Frost. An epic pub crawl takes a very bizarre turn for five old friends. (2013, 15, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Johnny English Strikes Again** Comedy, as shown at 6.20pm.
1.25 AM **Friends with Benefits** Comedy, as shown at 4.20pm.
3.25 **The Longest Yard** Comedy remake starring Adam Sandler, Chris Rock, Burt Reynolds and William Fichtner. (2005, 12, 113min) ★★
5.25 **to 7.20** AM **That Thing You Do!** Comedy drama starring Tom Everett Scott. (1996, PG, 107min) ★★★

primetime

Sky Megahits

302 302 843 433 403

6.00 AM **The Amazing Spider-Man 2** As shown at 6.35pm.
8.25 **Gravity** As 11.40pm.
10.05 **Gladiator** As 9.00pm.
12.45 PM **The Smurfs** Children's fantasy. (2011, U, 102min) ★★
2.30 **Guardians of the Galaxy** Sci-fi, as shown at 1.15am.
4.35 **Terminator 3: Rise of the Machines** Sci-fi action thriller. (2003, 12, 109min) ★★★

6.35 **The Amazing Spider-Man 2** Superhero adventure sequel starring Andrew Garfield. The superhero battles a foe with electrical powers, while an old friend presents an even greater threat. (2014, 12, 142min) ★★★
9.00 **Gladiator** Roman epic starring Russell Crowe, Joaquin Phoenix, Connie Nielsen and Oliver Reed. A betrayed Roman general becomes a gladiator, intent on avenging his murdered family. (2000, 15, 154min) ★★★★

11.40 **Gravity** Sci-fi thriller. (2013, 12, 91min) ★★★★
1.15 AM **Guardians of the Galaxy** Sci-fi. (2014, 12, 121min) ★★★★
3.30 **Terminator 3: Rise of the Machines** As 4.35pm.
5.30 **to 6.00** AM **Extremely Wicked... Special**

Sky Greats

303 303 844 434 404 508

7.45 AM **Miami Vice** As 12.00m't.
10.00 **Poltergeist** As 6.00pm.
12.00 NOON **Alien³** As 8.00pm.
2.00 PM **Edge of Tomorrow** As shown at 10.00pm.
4.00 **Shallow Hal** Romantic comedy starring Gwyneth Paltrow. (2001, 12, 113min) ★★★★
6.00 **Poltergeist** Horror drama starring Craig T Nelson. (1982, 15, 114min) ★★★★★

8.00 **Alien³** Sci-fi horror thriller starring Sigourney Weaver. Ripley crash-lands on an all-male prison planet, unwittingly bringing with her an alien. With Charles Dance. (1992, 15, 115min) ★★★
10.00 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. A soldier fighting against an alien army is repeatedly killed and then brought back to life in order to relive the same battle. (2014, 12, 113min) ★★★

12.00 M'T **Miami Vice** Crime thriller. (2006, 15, 133min) ★★★★
2.20 AM **Midnight Express** Alan Parker's prison drama. (1978, 18, 120min) ★★★
4.30 **to 6.10** AM **The Desert Rats** Classic World War Two drama. (1953, b/w, U, 88min) ★★★★

TCM

315 854 415 416 512 526

6.00 AM **Hollywood's Best Directors**
6.30 **The Wings of Eagles** (1957)
8.55 **Frontier Gal** Comedy Western. (1946, PG, 85min) ★★
10.50 **Ice Cold in Alex** Drama. (1958, b/w, PG, 129min) ★★★★
1.30 PM **Backlash** (1956) ★★★
3.20 **Apache Territory** B-movie Western. (1958, U, 77min) ★★
4.50 **Cattle Town** Musical Western. (1952, b/w, U, 71min) ★★

6.20 **Mrs Miniver** William Wyler's classic film depicting an English family at war, starring Greer Garson, Walter Pidgeon and Teresa Wright. (1942, b/w, U, 134min) ★★★★★
9.00 **Hard to Kill** Revenge thriller starring Steven Seagal as an LA cop who wakes from a seven-year coma to discover that his wife and kids have been killed by thugs. With Kelly LeBrock and Bill Sadler. (1990, 18, 92min) ★★★

11.05 **The Game** Thriller. (1997) ★★★
1.35 AM **Dune** Sci-fi. (1984) ★★★
4.00 **Hollywood's Best Directors**
5.00 **Close Up** Jennifer Lawrence.
5.30 **to 8.30** AM **The Hallelujah Trail** Comedy. (1965) ★★★

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Danny Boy** (1941) ★★
7.35 **The Detectives**
8.05 **Androcles and the Lion** (1952)
9.55 **Odd Man Out** Drama. (1946, b/w, PG, 110min) ★★★★★
12.15 PM **Spring in Park Lane** (1948)
2.00 **Scotland Yard**
2.35 **Seance on a Wet Afternoon** Drama. (1964, b/w, PG) ★★★★
4.50 **The Body Vanished** Mystery. (1939, b/w, PG, 44min) ★★

5.50 **Silent Comics**
6.00 **Get Some In!**
6.30 **The Browning Version** Drama starring Michael Redgrave as a middle-aged teacher coming to terms with the knowledge that his marriage and career have been a failure. With Jean Kent. (1951, b/w, U, 90min) ★★★★
8.20 **Glimpses: Seeing Motorcycles**
8.30 **Public Eye**
9.30 **Butch and Sundance – The Early Days** Western prequel. (1979, PG, 110min) ★★

11.40 **Fear is the Key** Action thriller. (1972, 15, 108min) ★
1.45 AM **Crooks in Cloisters** Comedy. (1963, U, 97min) ★★★
3.45 **The Square Ring** Comedy drama. (1953, b/w, PG) ★★★
5.25 **to 6.00** AM **Talking Pictures with Reina James**

Horror

317 149 70 138

8.00 AM **Lost in Space**
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek**
11.00 **Planet of the Sharks** Horror. (2016, 15, 90min) ★★
12.50 PM **Horror Highlights**
1.00 **Mega Shark vs Mecha Shark** Fantasy. (2014, 15, 85min) ★★
3.00 **Under the Dome**
4.00 **Miami Magma** Sci-fi disaster film. (2011, 15, 97min) ★★

6.00 **Star Trek**
7.00 **Star Trek: Deep Space Nine**
8.00 **Earth: Final Conflict**
9.00 **Communion** Sci-fi thriller starring Christopher Walken. A writer recalls a visit from extraterrestrial creatures. (1989, 15, 105min) ★★
11.05 **Dracula** Hammer Films' original vampire film, an adaptation of Bram Stoker's classic book, starring Peter Cushing and Christopher Lee. (1958, 12, 82min) ★★★★

12.40 AM **Girls Against Boys** Horror starring Nicole LaLiberte. (2012, 15, 93min) ★★
2.35 **Night of the Living Deb** Comedy. (2015, 15, 85min) ★★
4.20 **to 4.30** AM **Horror Highlights**

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 439 409 509

6.40 AM **The Mexican** Comedy. (2001, 15, 123min) ★★
8.50 **The Hurricane Heist** Action thriller. (2018, 12, 103min) ★
10.45 **Ocean's Eight** As 7.00pm.
12.45 PM **BlacKkKlansman** As shown at 9.00pm.
3.10 **Monsters and Men** As shown at 11.15pm.
5.00 **Black Swan** Dark thriller. (2010, 15, 107min) ★★★
7.00 **Ocean's Eight** Crime caper. (2018, 12, 110min) ★★★★

11.15 Monsters and Men

Ocean's Eight (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **BlacKkKlansman** Spike Lee's drama starring John David Washington. An African-American police officer from Colorado attempts to infiltrate the local Ku Klux Klan branch. (2018, 15, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Monsters and Men** Thriller with John David Washington and Anthony Ramos. (2018, 15, 96min) ★★★★
12.55 AM **Black Rain** Action thriller starring Michael Douglas. (1989, 18, 120min) ★★★
3.05 **Rising Sun** Mystery thriller. (1993, 18, 124min) ★★★
5.15 **to 6.55** AM **Sam Churchill: Search for a Homeless Man** Thriller with Robin Lively. (1997, PG, 88min) ★★

Sky Drama

309 309 850 440 410 511

7.20 AM **The Prince of Tides** Drama. (1991, 15) ★★★
9.40 **The Forgiven** Thriller. (2017, 15, 115min) ★★
11.45 **Babel** Epic global drama. (2006, 15, 143min) ★★★
2.15 PM **Stella's Last Weekend** Comedy drama with Nat Wolff. (2018, 15, 102min) ★★
4.05 **Roman J. Israel, Esq** Drama. (2017, 12, 122min) ★★★
6.15 **Ingrid Goes West** Comedy drama. (2017, 15) ★★★★

6.15 Ingrid Goes West

8.00 **Life Itself** Drama starring Oscar Isaac and Olivia Wilde. Two New Yorkers marry and prepare for parenthood, while their fate is intertwined with a group of people in Spain. (2018, 15, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Serenity** Thriller starring Matthew McConaughey and Anne Hathaway. A fishing boat captain's ex-wife begs him to save her and their son from her violent husband. (2019, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Darjeeling Limited** Wes Anderson's comedy. (2007, 15, 104min) ★★★★
1.45 AM **Waiting for You** Drama. (2017, 12, 92min) ★★★★
3.30 **Taps** Drama. (1981, PG, 126min) ★★★
5.45 **to 6.00** AM **The Top Ten Show 2019**

Sky Sci-Fi/Horror

310 310 851 441 411 507

6.00 AM **Hellboy II: The Golden Army** As shown at 1.35am.
8.05 **Batman** Adventure. (1989, 15, 121min) ★★★★
10.15 **Batman Returns** Adventure. (1992, 12, 121min) ★★★
12.30 PM **Avengers: Infinity War** As shown at 9.00pm.
3.05 **District 9** As 11.35pm.
5.05 **At First Light** Fantasy thriller. (2018, 12, 90min) ★★★
6.50 **Serenity** Sci-fi adventure. (2005, 15, 119min) ★★★★

6.50 Serenity

Serenity (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Avengers: Infinity War** Fantasy adventure starring Robert Downey Jr. When a galactic warlord attempts to execute an insane plan, an army of superheroes try to stop him. (2018, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **District 9** Satirical sci-fi action thriller starring Sharlto Copley. A South African bureaucrat gets infected with an alien virus. With Jason Cope. (2009, 15, 112min) ★★★★
1.35 AM **Hellboy II: The Golden Army** Comic-book horror. (2008, 12, 119min) ★★★★
3.45 **#Screamers** Horror thriller. (2016, 15, 85min) ★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Select

311 311 852 442 412 510

7.00 AM **Miss Hokusai** Animation. (2015, 12, 93min) ★★★
8.35 **Almost Famous** Semi-autobiographical drama. (2000, 15, 126min) ★★★★
11.20 **First Man** As 8.00pm.
1.50 PM **Escape from Alcatraz** Fact-based prison drama. (1979, 15, 112min) ★★★★
3.45 **Mary Magdalene** Drama. (2018, 12, 120min) ★★
5.50 **Body of Lies** Political thriller. (2008, 15, 128min) ★★★★

5.50 Body of Lies

8.00 **First Man** Drama starring Ryan Gosling. A look at the life of astronaut Neil Armstrong, and the space mission that led him to become the first man to walk on the moon. (2018, 12, 141min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **The Town** Crime thriller directed by and starring Ben Affleck. A bank robber attempts to keep tabs on a bank worker and finds himself falling in love with her. (2010, 15, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **A Clockwork Orange** Futuristic satire. (1971, 18, 136min) ★★★★
3.00 **The Exorcist** Occult horror. (1973, 18, 121min) ★★★★
5.05 **to 6.45** AM **Apostasy** Drama. (2017, PG, 95min) ★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Step Up: All In** Dance drama with Ryan Guzman. (2014, PG, 110min) ★★★
1.15 PM **Anna and the King** Romance with Jodie Foster. (1999, 12, 145min) ★★★★
4.10 **Mrs Doubtfire** Comedy. (1993, PG, 125min) ★★★★
6.35 **The Second Best Exotic Marigold Hotel** Comedy drama sequel. (2015, PG, 122min) ★★★

9.00 The Boss

The Second Best Exotic Marigold Hotel (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Boss** Comedy starring Melissa McCarthy and Kristen Bell. A disgraced entrepreneur looks to launch a comeback with the help of her long-suffering former assistant. (2015, 15, 89min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **St. Vincent** Comedy drama starring Bill Murray. A misanthropic Vietnam veteran with a gambling problem teaches a lonely 12-year-old boy some valuable life lessons. (2014, 12, 102min) ★★★★
1.10 **to 3.30** AM **Middle Men** Comedy drama starring Luke Wilson and Giovanni Ribisi. (2009, 18, 107min) ★★★

+1 hour 314 430 45 301

8 PM
9 PM
10 PM
11 PM

True Movies

319 424 50 303

6.00 AM **Highway to Heaven**
7.00 **The Waltons** Double bill.
9.00 **Playing For Keeps** Legal drama. (2008, 12, 120min) ★★
11.00 **Empty Cradle** True-story drama. (1993, 15, 88min) ★
1.00 PM **Highway to Heaven**
3.00 **Jack Hunter and the Lost Treasure of Ugarit** Adventure.
5.00 **Sherlock Holmes and the Leading Lady** 1/2. Mystery.

7.00 **Sherlock Holmes and the Leading Lady** 2/2. Mystery starring Christopher Lee and Patrick Macnee. The great detective searches Vienna for a stolen bomb, leading to a run-in with an old foe.
9.00 **The Hound of the Baskervilles** Sherlock Holmes adventure starring Ian Richardson as Conan Doyle's great detective, investigating another mysterious death. With Donald Churchill and Denholm Elliott.

11.00 **Survive the Savage Sea** Drama. (1992, U, 87min) ★★
1.00 AM **The Waltons** Double bill.
3.00 **The Avengers** Double bill.
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Second Chances** (2010)
10.50 **Sony Movie News Extra**
11.00 **You Belong to Me** Thriller. (2008, 12, 89min) ★★
12.50 PM **Sony Movie News Extra**
1.00 **2012: Doomsday** Sci-fi. (2008, 12, 90min) ★
2.45 **Deadly Voltage** Adventure. (2015, PG, 84min) ★★
4.30 **Steel Magnolias** Comedy drama. (1989, PG, 115min) ★★★★

6.50 **The Jane Austen Book Club** Romantic drama with Kathy Baker, Maria Bello and Emily Blunt. Five Californian women and one man meet to discuss the novels of Jane Austen and find their love lives echoing her plots. (2007, 12, 105min) ★★★
9.00 **8MM** Dark thriller starring Nicolas Cage as a private detective hired to establish the authenticity of a snuff movie. With Joaquin Phoenix and Peter Stormare. (1999, 18, 123min) ★

11.20 **Takers** Heist thriller. (2010, 12, 106min) ★★★
1.35 AM **Defendor** Comedy drama. (2009, 15, 97min) ★★★
3.45 **to 6.00** AM **Stranger Than Fiction** Comedy. (2006) ★★★★

+1 hour 322

Movies 24

325 419 513

7.00 AM **The Convenient Groom**
9.00 **Frozen in Love** Romance. (2018, PG, 84min) ★★
11.00 **Christmas in Angel Falls** Romance. (2017, U, 84min) ★★
1.00 PM **Christmas in the Air** Romance. (2017, U, 90min) ★★
3.00 **Rocky Mountain Christmas** Drama. (2017, PG, 90min) ★
5.00 **Journey Back to Christmas** Fantasy. (2016, PG, 90min) ★★

7.00 **The Christmas Card** Romantic drama starring John Newton. A US soldier serving in Afghanistan falls in love with the woman who sent him an anonymous Christmas card. (2006, PG, 84min) ★★
9.00 **Wedding at Graceland** Romance with Wes Brown and Kellie Pickler. A couple make plans for their wedding, while trying to cope with two sets of very different parents. (2019, PG, 120min) ★★

11.00 **Falling for Vermont** Romantic drama. (2017, PG, 94min) ★★
1.00 AM **June in January** Romance. (2014, PG, 72min) ★★
3.00 **to 5.00** AM **The Christmas Card** As shown at 7.00pm.

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **Holiday Affair** (1949)
7.40 **Battle of Kursk**
8.35 **Boy with Green Hair** (1948)
10.10 **The Great Los Angeles Earthquake** 2/2. Thriller.
12.00 NOON **M*A*S*H** Double bill.
1.00 PM **One Silver Dollar** (1965)
3.05 **The German War Navy**
4.20 **Atlantic Convoy** (1942) ★★
5.50 **The Fighting Lady** Documentary. (1944, U, 61min) ★★

7.10 **What a Carve Up!** Comedy chiller starring Sidney James and Kenneth Connor. Murder and mayhem ensue in a spooky mansion after the reading of a rich man's will. With Shirley Eaton. (1961, b/w, U, 88min) ★★
9.00 **John Woo's Blackjack** Action thriller starring Dolph Lundgren and Kate Vernon. A bodyguard has to confront an unusual phobia in the process of protecting a supermodel. (1998, 18, 108min) ★★

10.55 **Assassination Games** Action thriller with Jean-Claude Van Damme. (2010, 18, 95min) ★★
12.55 AM **Ticking Clock** Sci-fi action thriller. (2011, 18, 96min) ★★
3.00 **to 4.00** AM **Axis Fighters**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.10 PM **Miss Potter** *AMC* Biopic starring Renée Zellweger as author Beatrix Potter. ★★★★
8.00 **Teenage Mutant Ninja Turtles: Out of the Shadows** *4Seven* Action adventure sequel starring Megan Fox, Will Arnett and Stephen Amell. (HD) ★★★
9.00 **Austin Powers in Goldmember** *5STAR* Spoof espionage thriller sequel starring Mike Myers and Beyoncé Knowles. (HD) ★★
9.00 **Paul Blart: Mall Cop** *Comedy Central* Comedy starring Kevin James and Jayma Mays. ★
9.45 **Under Siege** *ITV4* Action thriller starring Steven Seagal and Tommy Lee Jones. (HD) ★★★
10.00 **The Abyss** *Syfy* James Cameron's underwater sci-fi adventure starring Ed Harris, Mary Elizabeth Mastrantonio and Michael Biehn. ★★★★
10.55 **Harold & Kumar Get the Munchies** *5STAR* Comedy starring John Cho and Kal Penn. (HD) ★
11.00 **Sin City** *AMC* Gory film noir thriller. ★★★★
4.00 AM **Crystal Inferno** *Syfy* Action adventure. ★

WEDNESDAY Sport

SKY HD SD | VIRGIN HD | BT HD

31 July

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Good Morning Sports Fans Bitesize** The latest sports news.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages and a tip on today's racing.
9.00 **Good Morning Transfers** Featuring a round-up of the latest football transfer news.
10.00 **EFL Preview Show**
12.00 NOON **Transfer Talk**
1.00 PM **Sky Sports News**
2.00 **Drive Time USA**
3.00 **LIVE Women's British Open on the Range** Join the players on the range ahead of the Women's British Open.
4.00 **Sky Sports News**
5.00 **Transfer Centre**
5.30 **Sky Sports News**
6.00 **LIVE Women's Ashes England v Australia.** Coverage of the third and final T20 in the three-match series from The County Ground in Bristol.
9.30 **Sky Sports Tonight** This evening's leading sports stories.
10.00 **Transfer Centre**
10.30 **Sky Sports News at Ten**
11.00 PM **to 6.00** AM **Sky Sports News** The day's talking points.

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **PL: Chelsea Highlights**
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **Premier League Best Goals** Memorable strikes.
1.00 PM **Premier League Years**
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games**
5.00 **Premier League Years**
7.00 **Premier League 100: Alan Shearer** A look at former Newcastle star Alan Shearer, who scored 260 Premier League goals and remains the league's all-time record goal scorer.
7.30 **Premier League 100 Club**
8.00 **PL: Chelsea Highlights**
10.00 **Premier League 100: Michael Owen** From his first goal for Liverpool to his last-gasp winner in the Manchester derby, Michael Owen reflects on the moments in which he made his name as a great.
10.30 **PL Greatest Games**
11.00 **Gary Neville's Soccerbox**
11.30 **Premier League Best Goals**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **EFL Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **EFL Goals: Championship**
7.00 **EFL Goals: Leagues 1 & 2**
7.30 **SPFL Round-Up**
8.00 **EFL Goals: Championship**
9.00 **EFL Goals: Leagues 1 & 2**
9.30 **SPFL Round-Up**
10.00 **EFL Highlights**
11.00 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **LIVE MLS** Coverage of the All-Star game v Atletico Madrid. Kick-off **1.00am**.
3.05 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Vitality T20 Blast Cricket**
9.30 **Best of England v Australia** A look back at the 2001 Ashes Test at Headingley.
10.30 **Women's Ashes** England v Australia: Action from the first T20 in the three-match series, which took place at the County Ground in Chelmsford. **2.00** England v Australia: Action from the second T20 in the three-match series, which took place at The County Ground in Hove.
5.30 PM **Last Man Standing**
6.00 **LIVE Women's Ashes England v Australia.** Coverage of the third and final T20 in the three-match series from The County Ground in Bristol.
9.30 **Captain's Log**
10.30 **Best of England v Australia** The Test from Edgbaston in 2005.
11.00 **Women's Ashes** England v Australia: Action from the third and final T20 in the three-match series, which took place at The County Ground in Bristol.
2.30 AM **Best of England v Australia**
4.00 **Ashes Memories**
5.00 **to 6.00** AM **Best of England v Australia**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **Hall or Nothing: Georgia's Story**
7.00 **Ladies European Tour Golf**
8.00 **European Pro Tour Golf**
10.00 **Ladies European Tour Golf**
11.00 **Feherty Talks to Cristie Kerr**
12.00 NOON **Hall or Nothing...**
1.00 PM **Ladies European Tour Golf**
2.00 **Drive Time USA**
3.00 **LIVE Women's British Open on the Range** Join the players on the range ahead of the Women's British Open.
4.00 **Feherty Talks to Cristie Kerr**
5.00 **Drive Time USA**
6.00 **Feherty Talks to Cristie Kerr**
7.00 **Inside the PGA Tour**
7.30 **Golfing World** Magazine show.
8.00 **Women's British Open on the Range**
9.00 **Inside the PGA Tour**
9.30 **Golfing World** Magazine show.
10.00 **Drive Time USA**
11.00 **PGA Tour Champions**
12.00 M'T **Inside the PGA Tour**
12.30 AM **Golfing World**
1.00 **PGA Tour Champions**
2.00 **Hall or Nothing: Georgia's...**
3.00 **Ladies European Tour Golf**
4.00 **PGA Tour Champions**
5.00 **to 6.00** AM **Hall or Nothing...**

BT Sport 1

413 413 867 | 527 | 408 430

7.00 AM **Classic Premier League**
8.30 **Classic MOTD – Thrillers**
10.00 **SGB Premiership** Action from the British Final of the Speedway Great Britain Premiership.
12.00 NOON **FIM Speedway Highlights** The final of the FIM Speedway of Nations in Russia.
1.00 PM **Premier League**
4.00 **Betfred Cup** Dundee v Inverness Caledonian Thistle in the group stage of the Betfred Cup at Kilmac Stadium at Dens Park.
5.30 **Ladbrokes SPFL** The best goals from the 2018/2019 Ladbrokes Premiership season.
6.00 **2019 European Games** A look at Great Britain's performance at the 2019 European Games in Minsk.
7.00 **LIVE WTA Tennis** Coverage of day four of the Mubadala Silicon Valley Classic in San Jose, USA.
1.00 AM **Classic Premier League**
2.30 **WTA All Access** The latest news from the women's tennis tour.
3.00 **LIVE WTA Tennis** Coverage of day three of the Mubadala Silicon Valley Classic in San Jose, USA.
5.00 **to 6.00** AM **Classic MOTD – Thrillers**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **AFL** Double bill of action from the Australian Football League.
10.00 **GC32 Racing Tour Sailing**
10.30 **Ashes Classics – 1986/87**
1.00 PM **Ashes Classics – 2010/11** A look back at the best moments from the fifth Test of the 2010/2011 Ashes in Sydney. It proved to be Paul Collingwood's final Test appearance for England.
3.00 **The Ashes** Action from the final Test between Australia and England at Sydney Cricket Ground.
6.00 **LIVE WTA Tennis** Coverage of the third day of the Citi Open in Washington, USA.
12.00 M'T **European Le Mans Series Highlights** Action from the third round of the 2019 European Le Mans Series in Barcelona, Spain.
1.00 AM **BRDC British F3 Championship Highlights**
2.00 **LIVE WTA Tennis** Coverage of day three of the Citi Open in Washington, USA.
4.00 **GC32 Racing Tour Sailing**
4.30 **Canada Man Triathlon**
5.00 **Andalucia Bike Race**
5.15 **MotoE Highlights**
5.30 **to 6.00** AM **In Depth with Graham Bensinger**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **Highlights**
8.00 **Prem Rugby: Tries of the Season**
8.30 **UEFA Youth League – Review Show**
9.00 **UEFA Europa League Magazine**
10.00 **UEFA Champions League Magazine**
11.00 **SPFL Season Review 2018/19**
12.30 PM **Ladbrokes SPFL**
1.00 **Bundesliga: Season Review**
2.00 **BT Sport Goals Reload**
3.00 **Ligue 1: Season Review**
4.00 **BT Sport Goals Reload**
5.00 **The FA Cup: Behind The Dream**
6.00 **Bundesliga 2** Action from Hamburg SV v Darmstadt 98.
7.00 **Premier League 100**
7.30 **BT Sport Reload**
7.45 **No Filter MLB: Red Sox v Yankees**
8.00 **LIVE MLB** Coverage of Colorado Rockies v Los Angeles Dodgers from Coors Field. Start-time **8.10pm**.
11.00 **FIA Karting Championships** Round six from Le Mans, France.
11.30 **UFC NOW**
12.30 AM **UFC: The Ultimate Fighter**
5.30 **to 6.00** AM **Canada Man Triathlon**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
7.00 **Fishing: Hooked on Africa**
7.30 **Great Sporting Moments**
8.00 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Salomon Golden Trail Series**
10.30 **Fishing: Hooked on Africa**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
2.00 **Fishing: Hooked on Africa**
2.30 **Boxing Gold**
3.30 **Darts Gold**
4.30 **Sporting Records**
5.00 **Fishing: Hooked on Africa**
5.30 **WNBA** Action from New York Liberty v Connecticut Sun.
7.00 **Show Jumping** Double bill of action from Hickstead.
9.00 **Motorsport Mundial** Round-up of the latest motor sport news.
9.30 **Fast Zone**
10.00 **Watersports World** Aquatic activities from across the planet.
11.00 **Show Jumping**
12.00 M'T **Sports Unlimited**
1.00 AM **Show Jumping**
2.00 **NFL – Greatest Games**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 | 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **My Icon**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **NFL: America's Game**
11.00 **Sporting Greats**
12.00 NOON **Great Sporting Moments** Four editions.
1.00 PM **Sporting Records**
1.30 **My Icon**
2.00 **NFL: A Football Life**
3.00 **LIVE Women's British Open on the Range** Join the players on the range ahead of the Women's British Open.
4.00 **My Icon**
4.30 **Great Sporting Moments** Iconic moments in the history of sport.
5.00 **WWE Main Event**
6.00 **LIVE Women's Ashes England v Australia.** Coverage of the third and final T20 in the three-match series from The County Ground in Bristol.
9.30 **Fishing: Hooked on Africa** A look at fishing in Africa.
10.00 **Show Jumping** Double bill of action from Hickstead.
12.00 M'T **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 | 530 | 411 434

6.00 AM **Highlights**
8.00 **MLB**
11.00 **Around the Horn**
11.30 **Pardon the Interruption**
12.00 NOON **ESPN FC**
12.30 PM **NHRA Drag Racing Highlights**
2.30 **The WRC Magazine**
3.00 **MLB**
6.00 **Around the Horn**
6.30 **Pardon the Interruption**
7.00 **Baseball Tonight** Expert analysis, highlights and the biggest stories in Major League Baseball.
9.30 **FIA Karting Championships**
10.00 **The WRC Magazine** T
10.30 **NHRA Drag Racing Highlights**
11.30 **College Football Live**
12.00 M'T **ESPN FC**
12.30 AM **Baseball Tonight** Expert analysis and the biggest stories in Major League Baseball.
1.00 **LIVE MLB** Coverage of a Major League Baseball match.
4.00 **to 6.00** AM **Highlights**

Eurosport 1

410 410 864 | 523 521 | 412 435

7.30 AM **Snooker: Northern Ireland Open**
9.30 **Cycling: UK Men's Road Series**
10.00 **Cycling: Tour de Wallonie**
11.00 **Ultra Trail: World Tour**
11.30 **Show Jumping**
12.30 PM **Cycling: Tour de France**
1.30 **Cycling: Tour de Wallonie**
2.30 **LIVE Cycling: Tour de Wallonie** Coverage of the fifth and final stage, a 186.7km course from Couvin to Thuin.
4.00 **Cycling: UK Men's Road Series**
4.30 **Cycling: UK Women's Road Series** Highlights.
5.00 **Clasica San Sebastian 2018**
6.00 **Snooker: Scottish Open**
8.00 **Cycling: Tour de Wallonie**
9.00 **Cycling: Tour de France**
10.00 **Clasica San Sebastian 2018**
11.00 **Cycling: Tour de Wallonie**
12.05 AM **Motorcycling: EWC All Access** Behind the scenes.
12.35 **Porsche Supercup**
1.05 **to 1.25** AM **Eurosport News**

Eurosport 2

411 411 865 | 524 522 | 413 436

7.00 AM **Motorcycling: EWC All Access**
7.30 **Cycling: Tour de Wallonie**
8.30 **Cycling: UK Women's Road Series** The Stockton Grand Prix.
9.00 **Ultra Trail: World Tour**
9.30 **Porsche Supercup**
10.00 **Rallycross: Titans-RX Series**
10.30 **Speedway European Championship**
11.30 **Motocross British Championship**
12.30 PM **Motocross World Championship**
1.30 **Superbikes: MotoAmerica**
2.30 **Bennetts British Superbikes**
3.30 **World Superbikes**
5.00 **Superbikes: MotoAmerica**
6.00 **Rallycross: Titans-RX Series**
6.30 **Motorsport: Formula E**
7.30 **Porsche Supercup**
8.00 **Masters Snooker**
11.00 **Porsche Supercup**
11.30 **Bennetts British Superbikes**
2.00 AM **Snooker: UK Championship**
4.00 **to 6.30** AM **Highlights**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Sporting Greats**
7.00 **WWE Experience**
8.00 **Great Sporting Moments**
9.00 **Sporting Greats**
11.00 **Super League Gold**
12.00 NOON **Sporting Greats**
1.00 PM **Great Sporting Moments**
2.00 **Sporting Greats**
3.00 **Show Jumping**
4.00 **NRL Try Time**
5.00 **WWE Main Event**
6.00 **WWE Experience** The latest from *Raw* and *Smackdown*.
7.00 **NBC's ProFootballTalk** American football discussion.
9.00 **GAA Weekly Round-Up** Highlights of the week's action.
10.00 **WWE Late Night Smackdown** Spectacular wrestling action.
12.00 M'T **GAA Weekly Round-Up**
1.00 AM **NRL Try Time**
2.00 **Show Jumping**
3.00 **Sporting Records**
4.00 **Great Sporting Moments**
5.00 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1**
1.05 PM **Porsche Super Cup**
1.45 **Vettel In Fiorano**
2.00 **Formula 1**
4.55 **Alfa Romeo 1950**
5.00 **Formula 1**
6.00 **F1 Weekend Debrief: Germany**
6.30 **The Inside Line** A look at the latest on-track action and news from around the paddock.
7.00 **German F1 GP Best Bits** A look back at the key moments from the German Grand Prix.
7.30 **German F1 GP Notebook** A round-up of the key moments from the German Grand Prix.
8.00 **Formula 1** Highlights from the 2018 Hungarian Grand Prix.
9.00 **F1 Classic Races** The 2003 Hungarian Grand Prix.
11.15 **Porsche Super Cup**
11.55 **F1 Cars Through 1000 Races**
12.00 M'T **Formula 1**
1.00 **to 6.00** AM **The Home of F1**

Thursday

1 August

Evening Planner

Cricket

The Ashes
Sky Sports Main Event HD & Sky Sports The Ashes HD, play starts 11am
The Test series between England and holders Australia begins at Edgbaston

Comedy drama

Brothers' Nest
Sky Premiere HD, 11.15am & 9.45pm
Brothers Shane Jacobson and Clayton Jacobson play siblings protecting their inheritance to the death in a dark thriller

Documentary

Ross Kemp: Living with Young Carers
ITV HD, 7.30pm
Ross spends time with a Blackburn family and finds out about deep funding cuts

Drama

I Am the Night
Alibi HD, 9pm
Chris Pine stars in a fact-based drama about a disgraced journalist and a teenage girl who look into her dark past

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Serengeti		9.00 Fake or Fortune?		10.00 News; Local News	10.35 Murdered...
	102 BBC2	7.00 The Repair Shop		8.00 This Farming Life		9.00 Broke		10.00 Vic & Bob's...	10.30 Newsnight
	103 ITV	7.00 Emmerdale	7.30 Ross Kemp...	8.00 Emmerdale	8.30 Eat, Shop, Save	9.00 Sewer Men		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 George Clarke's Old House, New Home		9.00 Britain's Giant Pet Food Factory		10.00 Homes from Hell: Caught on Camera	
	105 CHANNEL 5	7.00 Cricket on 5		8.00 Britain's Parking Hell		9.00 Portillo: The Trouble with the Tories			10.15 Charles and Di: The Truth...
	106 SKY ONE	7.00 The Simpsons				9.00 An Idiot Abroad		10.00 Micky Flanagan: Back in the Game	
Entertainment	116 BBC4	7.00 Beyond 100 Days	7.30 Top of the...	8.00 Skies Above Britain		9.00 The Secret Life of Rockpools		10.00 Woolly Mammoth: Secrets from the Ice	
	118 ITV2	7.00 You've Been Framed! Gold		8.00 Two and a Half Men		9.00 Film: The Hangover			
	136 MORE4	‹ 6.55 The Supervet		7.55 Escape to the Chateau		9.00 24 Hours in A&E		10.00 999: What's Your Emergency?	
	135 E4	7.00 Hollyoaks	7.30 School of Rock	8.00 The Big Bang Theory		9.00 Brooklyn...	9.30 The Good Place	10.00 The Inbetweeners	
	107 SKY WITNESS	‹ 6.45 My Kitchen Rules: Australia		8.00 Criminal Minds		9.00 The Rookie		10.00 Criminal Minds	
	108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Andre the Giant			
	110 GOLD	7.00 dinnerladies	7.40 Open All Hours		8.20 Only Fools and Horses	9.00 dinnerladies	9.40 The Office		
	111 DAVE	7.00 QI XL				9.00 Would I Lie to You?	9.40 Would I Lie to You?...		10.20 Mock the Week...
	119 ITV3	7.00 Murder, She Wrote		8.00 Midsomer Murders				10.00 Law & Order: UK	
	120 ITV4	7.00 River Monsters		8.00 Monster Carp		9.00 Film: The Fugitive			
	112 COMEDY CENTRAL	7.00 Friends			8.30 Takeshi's Castle	9.00 Film: Austin Powers: International Man of Mystery			
	114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Siren		10.00 Film: In Time	
	109 W	7.00 MasterChef Junior USA		8.00 Emma Willis: Delivering Babies		9.00 The Shift: Women on the Force		10.00 Louis Theroux's Weird Weekends	
	113 UNIVERSAL	7.00 NCIS		8.00 Major Crimes		9.00 Chicago Med			
	124 FOX	7.00 NCIS				9.00 Legion		10.00 Family Guy	10.30 People of Earth
	122 SKY ARTS	7.00 The Seventies		8.00 The Directors		9.00 Bob Fosse: It's Showtime			10.20 Beatles Stories
Documentary	125 DISCOVERY	7.00 Outback Truckers		8.00 Combat Dealers		9.00 Alaskan Bush People		10.00 Jeremy Wade's Dark Waters	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 The Vet Life		9.00 Alaska: The Last Frontier		10.00 Animal Cops Miami	
	129 NAT GEO	7.00 Drain the Oceans		8.00 Gold Diggers		9.00 Yukon Gold		10.00 Mine Kings	
	130 HISTORY	7.00 American Pickers		8.00 The Curse of Oak Island		9.00 Man at Arms: Art of War		10.00 Forged in Fire	
	155 YESTERDAY	7.00 Abandoned Engineering				9.00 Porridge			
	166 EDEN	7.00 Mountain: Life at the Extreme		8.00 Rhino Orphanage		9.00 Wild Colombia with Nigel Marven		10.00 Planet Earth	
Films	301 SKY PREMIERE	‹ 6.15 Smallfoot		8.00 Johnny English Strikes Again			9.45 Brothers' Nest		
	302 SKY MEGAHITS	‹ 6.00 E.T. The Extra Terrestrial		8.00 Ant-Man and the Wasp				10.00 Venom	
	303 SKY GREATS	‹ 6.20 Cool Runnings		8.00 Braveheart					
	304 SKY DISNEY	‹ 6.30 Alexander and the Terrible, Horrible...		8.00 Mary Poppins					10.25 Tron
	305 SKY ANIMATION	‹ 6.00 The Incredibles		8.00 Cloudy with a Chance of Meatballs			9.35 Sleeping Beauty		
	306 SKY ACTION	‹ 6.45 Fast & Furious 5				9.00 Fast & Furious 6			
	307 SKY COMEDY	‹ 5.55 Crazy, Stupid, Love		8.00 Just Go With It				10.00 Daddy's Home 2	
	308 SKY THRILLER		7.15 Braven			9.00 The Godfather			
	309 SKY DRAMA	‹ 5.55 Same Kind of Different as Me		8.00 Call Me By Your Name					10.15 The Mountain Between Us
	310 SKY SCI-FI	‹ 6.15 Blade Runner 2049				9.00 Star Wars: The Last Jedi			
	311 SKY SELECT	‹ 6.55 Battle of the Sexes				9.00 Three Billboards Outside Ebbing, Missouri			
	313 FILM4	‹ 6.45 Ender's Game				9.00 Baywatch			
	315 TCM	‹ 6.55 Against the Wind				9.00 Outbreak			
Sport	401 MAIN EVENT	‹ 6.55 Vitality T20 Blast Cricket – Live: Glamorgan v Gloucestershire: Coverage of the South Division match from Sophia Gardens in Cardiff							10.15 PGA Tour Golf – Live
	402 PREMIER LEAGUE	7.00 The Tyler Archives		8.00 Premier League Years				10.00 PL 100 Club	10.30 PL Greatest...
	403 FOOTBALL	7.00 MLS				9.00 EFL Highlights			
	404 THE ASHES	‹ 6.55 Vitality T20 Blast Cricket – Live: Glamorgan v Gloucestershire: Coverage of the South Division match from Sophia Gardens in Cardiff							10.15 The Ashes
	413 BT SPORT 1	7.00 WTA Tennis – Live: The quarter-finals of the Mubadala Silicon Valley Classic in San Jose, USA							
	414 BT SPORT 2	7.00 WTA Tennis – Live: Day four of the Citi Open in Washington							

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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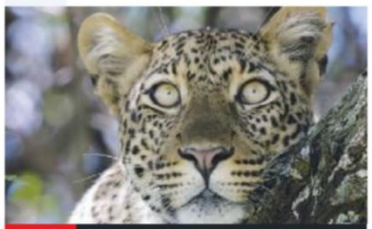
Thursday

BBC1

101 101/115 801 101 108 1 101 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Wanted Down Under Revisited** Sampling life in Perth. (S)(R)
10.00 **Homes Under the Hammer** Property show. (S)(R)(AD)
11.00 **Food: Truth or Scare** (S)(R)
11.45 **Armchair Britain** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **800 Words** New episode 4/16. Shaun comes up with a plan to get Woody into Australia. (S3) (S)
2.30 **Escape to the Country** A home close to the Norfolk Broads. (S)(R)
3.30 **Make Me a Dealer** (S)(R)
4.15 **Flog It!** Paul Martin hosts from Wolverhampton Art Gallery. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)



8.00 Serengeti

7 PM
7.00 **The One Show** Stacey Dooley and Matt Baker present the topical show. (S)
7.30 **EastEnders** With Phil left for dead, those involved take drastic action to cover their tracks. (S)(AD)

8 PM
8.00 **Serengeti** New edition 5/6. The wild dog family come under siege from the hyenas, while Kali and her cubs are attacked by the black-maned lions. Worse is to come when a storm ignites a fire, consuming the dry land. (S)

9 PM
9.00 **Fake or Fortune?** New edition 2/4. The team examine an 18th-century portrait attributed to Maria Cosway, which Philip Mould believes may actually be an undiscovered work by Regency artist Thomas Lawrence. (S)(AD)

10 PM
10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Murdered by My Boyfriend** Drama about a teenage girl's romance with an older man who begins to dominate every aspect of her life. (S)(R)
11.35 **Who Do You Think You Are?** 2/8. Actress Naomie Harris traces her ancestry, learning of her great-great-great-great-grandfather's involvement in the exploitation of so-called liberated Africans shortly after the abolition of slavery, and discovering the identify of her African five-times-great grandmother. (S)(R)
12.35 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 102 102 2 102 102 102/106

6.30 AM **The Secret History of the British Garden** (S)(R)(AD)
7.30 **An Island Parish: Falklands** (S)(R)
8.00 **Sign Zone: Britain in Bloom** (S)(R)
8.30 **Sign Zone: Great British Railway Journeys** Warwick to Rye. (S)(R)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
1.00 PM **Curious Creatures** (S)(R)
1.30 **Getting the Builders In** (S)(R)
2.15 **Best Bakes Ever** (S)(R)
3.00 **Hairy Bikers' Best of British** Using limited ingredients. (S)(R)
3.45 **More Creatures Great and Small** A donkey foal falls ill. (S)(R)
4.15 **Gorilla Family and Me** (S)(R)(AD)
5.15 **Antiques Road Trip** (S)(R)
6.00 **Celebrity Eggheads** (S)(R)
6.30 **The Customer Is Always Right** More products are tested. (S)(R)

9.00 Broke

7 PM
7.00 **The Repair Shop** Jay Blades and the team restore a 1930s pinball machine, an antique weather device, and a rocking horse that holds huge sentimental significance for its owner. (S)(R)

8 PM
8.00 **This Farming Life** New edition Lynn and Sandra face the danger of a drought on the croft, Stevie's buffalo herd go for a cooling dip in the loch, and Raymond and Johnny aim high at the Royal Highland Show. (S)

9 PM
9.00 **Broke** New edition 2/3. The plight of a homeless teenager who works a zero-hour contract at McDonald's and wants to rent his own flat – but cannot guarantee he will earn enough each week to cover the rent. (S)

10 PM
10.00 **Vic & Bob's Big Night Out** Bob Mortimer showcases his new dance routine. (S)(R)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Golf: Women's Open Highlights** Eilidh Barbour presents action from day one at Woburn Golf Club, near Milton Keynes, where England's Georgia Hall entered as the defending champion. (S)
12.15 AM **Sign Zone: Louis Theroux: Surviving America's Most Hated Family** (S)(R)(AD)
1.15 **Sign Zone: Our Cops in the North** Documentary. (S)(R)
2.15 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 103 113/103 3 103 103 111

6.00 AM **Good Morning Britain** With film director Gurinder Chadha. (S)
8.30 **Lorraine** (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.00 **ITV News** (S)
1.20 **Local News** (S)
1.30 **LIVE ITV Racing: Glorious Goodwood** Ed Chamberlin and Francesca Cumani present coverage of the third day of the festival, including the 3.35 Qatar Nassau Stakes, which follows races at 1.50, 2.25 and 3.00. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Sewer Men

7 PM
7.00 **Emmerdale** Amy is hopeful that her ordeal is over. (S)(AD)
7.30 **Ross Kemp Living with Young Carers** New edition 2/4. Children who look after sick relatives. (S)(AD)

8 PM
8.00 **Emmerdale** Robert braces himself to come clean. (S)(AD)
8.30 **NEW SERIES Eat, Shop, Save** 1/4. Ranvir Singh challenges families to get fitter and eat better, starting in Bury. (S)

9 PM
9.00 **Sewer Men** Series finale 2/2. Conclusion of the documentary. The workers delve into the well at one of the deepest pumping stations in Staffordshire, before dealing with a blockage outside a prison. (S)(AD)

10 PM
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Long Lost Family: What Happened Next** Catching up with two people whose lives have been transformed. (S)(R)(AD)
11.40 **Tenable** Five work colleagues from Gateshead, Tyne and Wear, answer questions on Hitchcock films, US states and football. (S)(R)
12.35 AM **Teleshopping**
3.00 **John Bishop's Ireland** The Liverpudlian comedian visits the town of Westport. (S)(R)(AD)
3.25 **Eat, Shop, Save** As shown at 8.30pm. (S)(R)
3.50 **ITV Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** (S)(R)

+1 hour 203 114 33 112

CHANNEL 4

104 104/138 803 104 141 4 104 104

6.30 AM **Mike & Molly** (S1) (S)(R)
7.20 **The King of Queens** (S)(R)
8.10 **Everybody Loves Raymond** Double bill. (S2&3) (S)(R)(AD)
9.10 **Frasier** 7&8/24. (S7) (S)(R)
10.10 **The Big Bang Theory** (S)(R)(AD)
11.00 **The Simpsons** (S)(R)(AD)
12.00 NOON **News** (S)
12.05 PM **A New Life in the Sun** (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The £100k Drop** New edition Contestants from Sunderland and Henley-on-Thames compete. (S)
5.00 **Come Dine with Me** New edition A houmous-maker takes on the dinner-party challenge. (S)
5.30 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Cleo is worried about Goldie's new relationship. (S)(AD)

9.00 Britain's Giant Pet Food Factory

7 PM
7.00 **News** (S)

8 PM
8.00 **George Clarke's Old House, New Home** George Clarke redesigns a 300-year-old house in Broadstairs, visiting Brighton's Royal Pavilion for inspiration, and a tiny south London living room. (S)(R)(AD)

9 PM
9.00 **NEW Britain's Giant Pet Food Factory** A look at Mars Petcare's factory in Melton Mowbray, which produces one million packets of pet food a day, and the research centre where new products are tested. (S)(AD)

10 PM
10.00 **NEW Homes from Hell: Caught on Camera** Real-life footage reveals some of the dangers lurking inside homes, from bugs and the chaos caused by animals to dodgy DIY and conflict with neighbours. (S)(AD)
11.05 **The Tez O'Clock Show** New edition 2/3. With Sindhu Vee. (S)
12.05 AM **First Dates** (S)(R)(AD)
1.00 **FILM The Diary of a Teenage Girl** Drama. (S)(SL) (2015, 18) ★★★★
2.45 **Young, British and Depressed: Dispatches** (S)(SL)(R)(AD)
3.15 **Come Dine with Me** (S)(R)
4.10 **Extreme Cake Makers** (S)(R)
4.35 **Kirstie's Vintage Gems** (S)(R)
4.55 **The £100k Drop** (S)(R)
5.50 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204 142 15 109 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Bargain Loving Brits By the Sea** In Blackpool. (S)(R)
12.10 PM **News** (S)
12.15 **Can't Pay? We'll Take It Away!**
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM PREMIERE **Til Ex Do Us Part** Thriller with Kelly Sullivan. (S) (2018, 12, 105min) ★★
4.00 **Friends** 11&12/18. (S10) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Dee decides that she wants nothing to do with Andrea and Heather. (S)(R)(AD)
6.00 **Home and Away** Roo is unhappy that Ryder has lost interest in studying. (S)(R)(AD)
6.30 **News** (S)

9.00 Portillo: The Trouble with...

7.00 Cricket on 5
Action from the opening day of the first Test in the five-match Ashes series between England and Australia, taking place at Edgbaston, Birmingham. (S)

8.00 Britain's Parking Hell
1/13. Documentary about the daily battles for parking spaces across Britain. Basildon locals are up in arms after being caught out on camera at a hi-tech high-street car park.(S)(R)

9.00 Portillo: The Trouble with the Tories
Series finale 2/2. How the party is close to political destruction over Brexit, arguably the biggest political crisis in Britain since World War Two. (S)

10.15 Charles and Di: The Truth Behind Their Wedding
Documentary examining the week immediately prior to the Royal Wedding of Prince Charles and Diana Spencer in 1981. (S)(R)

11.45 **Freddie Mercury: The Greatest Showman** A profile of the Queen frontman. (S)(R)
1.15 AM **21.co.uk Live Casino Show**
3.15 **Bargain Loving Brits By the Sea** In Blackpool. (S)(R)
4.00 **OMG! My Barbie Body** Radical cosmetic surgery. (S)(SL)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal House** (S)(R)(AD)
7.00 **Monkey Life** (S)(R)(AD)
8.00 **The Dog Whisperer** (S)(R)
9.00 **Supergirl** 9/20. (S1) (S)(R)
10.00 **The Flash** 9/23. (S3) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** 6&7/22. Double bill. (S4) (S)(R)
3.00 **MacGyver** 11/23. (S2) (S)(R)
4.00 **Modern Family** 19&20/24. Double bill. (S6) (S)(R)
5.00 **The Simpsons** (R)
5.30 **Futurama** *Raging Bender:* Bender becomes a wrestler. (R) **6.00** *A Bicyclops Built for Two:* Fry persuades Bender to accompany him to the Forbidden Valley. (S)(R)(AD)
6.30 **The Simpsons** *The Seemingly Never-Ending Story:* Homer gets trapped in a cave. (R)

8.30 The Simpsons

7.00 The Simpsons
Bart Has Two Mommies: Bart is kidnapped by a lonely chimp. (S)(R) **7.30** *Homer Simpson, This Is Your Wife:* Homer gets a new wife. With the guest voice of Ricky Gervais. (R)

8.00 The Simpsons
Homer Simpson in Kidney Trouble: Homer offers to donate a kidney. (S)(R) **8.30** *There Will Be Buds:* Homer ends up coaching the kids' lacrosse team with Milhouse's dad. (S)(R)

9.00 An Idiot Abroad
Reluctant explorer Karl Pilkington visits Peru, where he fails to impress a local tribe with his hunting skills, before taking in the ancient Incan city of Machu Picchu. (S)(R)(AD)

10.00 Micky Flanagan: Back in the Game
The comedian performs to his home crowd at London's Hackney Empire, regaling his audience with tales of middle age, marriage and a man's prerogative. (R)

12.00 M'T **Agatha Raisin** *Agatha Raisin and the Curious Curate – Part One:* 5/6. Agatha's friend Sarah is accused of murder. (S)(R) **1.00** AM *Agatha Raisin and the Curious Curate – Part Two:* 6/6. (S2) (S)(R)
2.00 **Warrior** (S)(R)
3.00 **Brit Cops: War on Crime** (S)(R)
4.00 **Babylon 5** (S)(R)
5.00 **to 6.00** AM **Stargate SG-1** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 951, Virgin 862, Freesat 960
No variations

N. IRELAND
Sky 953, Virgin 863, Freesat 957
10.35pm My First Pride New edition (S) **10.45** Getaways (S)(R) **11.15** Murdered by My Boyfriend (S)(R)(AD) **12.15am** Who Do You Think You Are? (S)(R) **1.15-6.00am** BBC News (S)

WALES
Sky 952, Virgin 864, Freesat 964
11.45am-12.15pm Weatherman Walking: The Welsh Coast (S)(R)
10.35pm Saving Britain's Worst Zoo New edition (S) **11.15** Murdered by My Boyfriend (S)(R)(AD) **12.15am** Who Do You Think You Are? (S)(R) **1.15-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 972, Freesat 969
10.00-10.30pm Home Seekers (S)(R) **11.15** Vic & Bob's Big Night Out (S)(R)(AD) **11.45** Golf: Women's Open Highlights (S) **12.45-1.15am** BBC News (S)

WALES
Sky 971, Freesat 971
No variations

ITV

No variations

S4C

Sky 134, Virgin 166, Freesat 120
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Ffasiwn Bildar **12.30** Heno **1.30** Requiem **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Dafydd Iwan: Y Prins a Fi **4.00** Awr Fawr: Shwshaswyn **4.10** Awr Fawr: Jen a Jim Pob Dim **4.25** Awr Fawr: Wibli Sochyn y Mochyn **4.35** Awr Fawr: Sion y Chef **4.45** Awr Fawr: Blero yn Mynd i Ocido **5.00** Stwnsh: Larfa **5.05** Stwnsh: Lolipop **5.25** Stwnsh: Arthur a Chriw y Ford Gron **5.40** Stwnsh: Ci Da **6.00** Newyddion S4C a'r Tywydd **6.05** Y Fets (AD) **7.00** Heno **7.30** Pobol y Cwm (AD) **8.00** Eisteddfod Genedlaethol 2019 New edition **9.00** Newyddion 9 a'r Tywydd **9.30** Cyfres Triathlon Cymru **10.00** Pethe: Y Babell Lên (AD) **11.00** Hansh New edition **11.30pm-12.05am** Stiwdio Gefn

TV&Satellite WEEK
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Top of the Pops: 1988** With Bananarama, Natalie Cole, Def Leppard, T'Pau, Pet Shop Boys and Bros.
8.00 **Skies Above Britain** 1/5. The stories of people who spend their life in flight.
9.00 **The Secret Life of Rockpools** The species that live within the saltwater formations.
10.00 **Woolly Mammoth: Secrets from the Ice** Alice Roberts explores the natural history of the Ice Age mammals that once roamed across what is now Europe and Asia.
11.00 **Size Matters** 2/2.
12.00 M'T **Top of the Pops: 1988** As 7.30pm.
12.30 AM **The Secret History of My Family**
1.30 **The Genius of Marie Curie – The Woman Who Lit Up the World**
2.30 **to 3.30** AM **The Secret Life of Rockpools**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Fill Your House for Free**
9.05 **Food Unwrapped**
9.45 **Escape to the Chateau**
10.45 **Great British Bake Off**
12.00 NOON **Find It, Fix It, Flog It** A Fordson tractor.
1.05 PM **Four in a Bed**
3.40 **Kirstie and Phil's Love It or List It** In Brixworth.
4.50 **Love It or List It Australia**
5.55 **Secret Life of the Zoo**
6.55 **The Supervet** A basset hound has high-risk surgery on its vertebrae.
7.55 **Escape to the Chateau** Dick Strawbridge oversees the installation of an eco-friendly sewage system.
9.00 **24 Hours in A&E** Moped delivery man Hussnain, 24, is rushed to A&E after being caught up in an accident involving a police car chasing another vehicle.
10.00 **999: What's Your Emergency?** The mother of a nine-year-old girl calls 999 to report that her daughter has been racially abused by two 11-year-olds while out playing.
11.05 **8 Out of 10 Cats Does Countdown** With Lee Mack and Catherine Tate.
12.05 AM **Ramsay's Kitchen Nightmares USA**
1.00 **The Supervet**
2.05 **Secret Life of the Zoo**
3.05 **to 3.40** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Judge Rinder**
7.10 **Dinner Date**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
12.45 **Coronation Street**
1.50 **Ellen DeGeneres Show**
2.45 **Dinner Date**
3.50 **Dress to Impress**
4.50 **Take Me Out**
6.00 **You've Been Framed! Gold** Triple bill of home-video clips.
8.00 **Two and a Half Men** 23/24. Zoey is sceptical about Alan's health scare. **8.30** 24/24. Jake makes an important decision about his future. (S9)
9.00 FILM **The Hangover** Dark comedy starring Bradley Cooper, Ed Helms and Zach Galifianakis. Three friends try to find the missing groom after a riotous bachelor party in Las Vegas. With Justin Bartha and Heather Graham. (2009, 15, 99min) ★★★★
11.05 **Family Guy** *Peter Problems:* 9/21. Peter loses his job as a forklift driver. (S12)
11.35 **Family Guy**
12.05 AM **American Dad!**
1.05 **Two and a Half Men**
1.55 **to 2.25** AM **Superstore**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Rules of Engagement**
8.00 **How I Met Your Mother**
9.00 **Melissa & Joey**
10.00 **Black-ish**
11.00 **Brooklyn Nine-Nine**
12.00 NOON **Young Sheldon**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **Black-ish**
5.00 **Speechless**
6.00 **The Big Bang Theory** 10&11/24. Double bill. (S5)
7.00 **Hollyoaks** Brooke and Ollie prepare for the festival.
7.30 **School of Rock** New edition 2/13. Summer is keen to share a locker with Freddy. (S2)
8.00 **The Big Bang Theory** (S7)
9.00 **Brooklyn Nine-Nine** Series finale 18/18. The unit ally themselves with some old enemies. (S6)
9.30 **The Good Place** New episode 10/13. Michael gets into a sticky situation, while Eleanor has an idea. (S2)
10.00 **The Inbetweeners**
11.05 **The Big Bang Theory**
12.00 M'T **Brooklyn Nine-Nine**
1.00 AM **Rick and Morty**
1.35 **Robot Chicken**
2.05 **8 Out of 10 Cats**
2.50 **Gogglebox**
3.45 **The Good Place**
4.05 **Brooklyn Nine-Nine**
5.15 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

Thursday primetime primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Stop, Search, Seize**
8.00 **Nothing to Declare**
9.00 **Caught on Dashcam**
12.00 NOON **Air Ambulance ER**
3.00 PM **Border Security: Canada's Front Line** Eight editions, including at: **5.30** A baggage search turns cheesy for border services. **5.55** The contents of a suitcase reveal a surprise. **6.20** Text messages create suspicion about a traveller's intentions.

9.00 The Rookie

7 PM
6.45 **My Kitchen Rules: Australia** New edition Group 2 are tasked with whipping up a seafood lunch for some sailors.

8 PM
8.00 **Criminal Minds** *Catching Out:* 5/26. The team try to track down a murderer with a railway fixation. (S4)

9 PM
9.00 **The Rookie** Series finale *Free Fall:* 20/20. Nolan and Bishop are tested when they stumble on a terror plot. (S1)

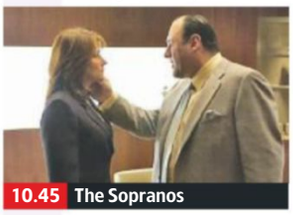
10 PM
10.00 **Criminal Minds** *Today I Do:* 15/24. The agents investigate a kidnapper with terrifying attachment issues. (S6)
11.00 **Criminal Minds** (S6)
12.00 M'T **Britain's Most Evil Killers** A profile of Roy Whiting.
1.00 AM **Inside Evil**
2.00 **Brit Cops: Law & Disorder**
3.00 **Brit Cops: War on Crime**
4.00 **Paramedics**
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **The Guest Wing**
7.00 **Fish Town**
8.00 **Richard E Grant's Hotel Secrets** In Hollywood.
9.00 **Discovering: Sophia Loren**
10.00 **The West Wing** (S3)
12.00 NOON **Without a Trace** (S2)
2.00 PM **Blue Bloods** 4/22. (S5)
3.00 **The West Wing** (S3)
5.00 **Without a Trace** 10/24. The team investigate when a father-to-be goes missing. **6.00** 11/24. An investigative journalist goes missing while working on a story. (S2)


10.45 The Sopranos

7.00 **CSI** *Young Man with a Horn:* 8/24. A TV talent show contestant is murdered. Guest stars Tippi Hedren. (S9)

8.00 **Blue Bloods** *Loose Lips:* 5/22. Frank must deal with a political scandal, and Jamie is targeted by a vengeful thug. (S5)

9.00 **Andre the Giant** The life and career of the wrestler, from his upbringing in France to his WWF tenure and forays into the showbiz world. With contributions from Billy Crystal.

10.45 **The Sopranos** *Two Tonys:* 1/13. (S5)
11.55 **The Sopranos** 2/13. Tony attends a meeting with Jack Massarone. (S5)
1.10 AM **Last Week Tonight with John Oliver**
1.45 **Six Feet Under** 7&8/12. Double bill of the series. (S4)
4.10 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.10 AM **Steptoe and Son**
7.40 **A Sharp Intake of Breath**
8.05 **dinnerladies diaries**
9.05 **The Green Green Grass**
9.40 **Boomers**
10.20 **Last of the Summer Wine**
12.20 PM **2point4 Children**
1.00 **The Green Green Grass**
1.40 **Are You Being Served?**
2.20 **Open All Hours**
3.00 **Only Fools and Horses**
3.40 **Last of the Summer Wine**
5.40 **Are You Being Served?**
6.20 **2point4 Children**

10.55 Two Pints of Lager and...

7.00 **dinnerladies** The crew prepare for the millennium dinner.
7.40 **Open All Hours** Nurse Gladys decides Arkwright needs a lesson in politeness.
8.20 **Only Fools and Horses** Del decides to enter the tourist trade.

9.00 **dinnerladies** Petula's bizarre lifestyle catches up with her.
9.40 **The Office** The office party throws up a few surprises, not least the arrival of Brent's date.

10.55 **Two Pints of Lager and a Packet of Crisps**
11.35 **Michael McIntyre's Comedy Roadshow** With Al Murray and Micky Flanagan.
12.35 AM **Stag**
1.55 **Two Pints of Lager and a Packet of Crisps**
2.30 **to 4.00** AM **Harry Hill's TV Burp**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Heartbeat**
8.00 **Murder, She Wrote**
8.55 **On the Buses**
10.05 **George and Mildred**
10.40 **Agatha Christie's Marple**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Marple**
5.55 **Downton Abbey** 3/9. Edith's big day arrives, and Mrs Hughes anxiously awaits her results. (S3)

10.00 Law and Order: UK

7.00 **Murder, She Wrote** *Fatal Paradise:* Jessica comes to the aid of a friend who has been accused of murder. Guest stars Wayne Rogers.

8.00 **Midsomer Murders** *Written in Blood:* The secretary of the local writers' circle in the tranquil village of Midsomer Worthy is found battered to death on the eve of a visit by a best-selling novelist.

10.00 **Law & Order: UK** *Care:* 1/7. The evacuation of a hospital leads to the discovery of a suspicious death. (S1)
11.00 **Law & Order: UK** *Unloved:* 2/7. A teenager is found kicked to death at Euston Station and the suspect's barrister plans a defence strategy that could change the nature of the legal system. (S1)
12.05 **to 2.05** AM **Inspector Morse**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **The Saint**
7.15 **Kojak**
8.10 **Quincy ME**
9.15 **Minder**
10.20 **The Sweeney**
11.25 **The Professionals**
12.30 PM **The Saint**
1.35 **Kojak**
2.35 **Quincy ME**
3.40 **Minder**
4.45 **The Professionals**
5.55 **The Sweeney** Regan uncovers a parking fraud.

8.00 Monster Carp

7.00 **River Monsters** Jeremy Wade sets off on a journey to unmask a mystery sea monster that washed up on a UK beach.

8.00 **Monster Carp** New edition Ali Hamidi, Neil Spooner and Tom Dove head to Lac de Saint-Cassien, France.

9.00 **FILM The Fugitive** Action thriller starring Harrison Ford and Tommy Lee Jones. A wrongly convicted man escapes on the way to jail and goes in search of the real culprit while evading the forces of the law. (1993, 15, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.40 **Lethal Weapon** *In the Same Boat:* 1/15. Murtaugh meets his match in a former international CIA agent. (S3)
12.40 AM **Billy Connolly's Tracks Across America**
1.40 **Football Genius**
2.05 **to 2.55** AM **Take the Tower**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **Fat Families**
8.00 **60 Minute Makeover**
10.00 **My Kitchen Rules: Australia** Double bill.
12.30 PM **Monkey Business**
1.00 **The Dog Whisperer**
2.00 **It's Me or the Dog**
3.00 **Relic Hunter** (S3)
4.00 **Ninja Warrior**
6.00 **Stargate SG-1** (S3)
7.00 **Stargate SG-1** *Learning Curve:* 5/22. (S3)
8.00 **Duck Quacks Don't Echo** With Alex Jones.
9.00 **Delicious** 3/4. Gina has a run-in with Rosa. **10.00** 4/4. A mysterious man from Gina and Leo's past threatens to expose a secret. (S1)
11.00 **Highway Cops**
12.00 M'T **Ross Kemp: Extreme World**
1.00 AM **The Rookie** (S1)
2.00 **Police Ten 7**
3.00 **Duck Quacks Don't Echo** As 8.00pm.
4.00 **Monkey Business**
5.00 **to 6.00** AM **The Dog Whisperer**

Pick

152 123 11 144

6.00 AM **Nothing to Declare**
7.00 **Border Patrol**
8.00 **Highway Patrol**
9.00 **Caught Red Handed**
10.30 **Motorway Patrol**
11.00 **Police Force: Australia**
12.00 NOON **Road Wars**
1.00 PM **UK Border Force**
2.00 **Canada's Front Line**
3.00 **Nothing to Declare**
3.30 **Caught Red Handed**
5.00 **Without a Trace** (S7)
6.00 **Stargate SG-1** (S1)
7.00 **The Flash** 22/23. (S3)
8.00 **Big Cats: An Amazing Animal Family**
9.00 **Killer in My Village**
10.00 **Abducted**
11.00 **The Force: North East**
12.00 M'T **Banged Up Abroad**
1.00 AM **Law & Disorder**
2.00 **Road Wars**
3.00 **Real Prison Breaks**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

7.10 AM **The Hurting**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
1.00 PM **Top Gear**
2.00 **Cop Car Workshop**
3.00 **Yianni: Supercar Customiser**
4.00 **Modern Wheels or Classic Steals**
5.00 **Top Gear**
7.00 **QI XL** Double bill.
9.00 **Would I Lie to You?** With John Bishop, Chris Addison, Joanna Page and Patsy Palmer.
9.40 **Would I Lie to You? – The Unseen Bits**
10.20 **Mock the Week: Election Special**
11.00 **QI XL** With Jo Brand.
12.00 M'T **Mock the Week**
12.40 AM **Have I Got a Bit More Old News for You**
1.40 **Dave Gorman: Modern Life Is Goodish**
2.40 **Dara O Briain's Go 8 Bit**
3.30 **to 4.00** AM **Josh**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Middle** (S5)
10.00 **Are We There Yet?**
11.00 **Friends** Four episodes.
1.00 PM **Friends** Six episodes.
4.00 **Are We There Yet?** (S1)
5.00 **Friends** Six episodes.
8.30 **Takeshi's Castle** New edition 7/10. Presenter Roman Kemp is joined by comedian Darren Harriott.
9.00 **FILM Austin Powers: International Man of Mystery** Spy spoof starring Mike Myers as a Swinging Sixties fashion photographer and secret agent who is revived from suspended animation to defeat his old adversary. (1997, 15, 95min) ★★★★
11.00 **Friends** Four episodes.
1.00 AM **The Daily Show** New edition
1.30 **Ricky Gervais Show**
2.30 **South Park** (S14)
4.10 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Income Property**
12.25 PM **The Real Housewives of Atlanta**
1.20 **Million Dollar Listing: LA**
2.15 **Little Women: LA**
3.10 **The Real Housewives of New Jersey**
4.05 **The Real Housewives of New York City** **5.00** New edition
6.00 **Buying and Selling**
8.00 **Dinner Date** Elle from Suffolk takes part in the matchmaking contest.
9.00 **Vanderpump Rules: Jax & Brittany Take Kentucky** New edition **9.30** Series finale 6/6.
10.00 **Married to Medicine** New edition Heavenly decides to throw a DNA reveal party for her unborn child.
11.00 **Ladies of London** Caroline Stanbury takes the women to Scotland.
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

True Ent

179 189 48 142

6.00 AM **The Waltons**
8.00 **Touched by an Angel**
10.00 **Highway to Heaven**
1.00 PM **Hamish Macbeth**
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote**
6.00 **Tenko** 4/10. A group of Dutch women arrive at the camp, laden down with valuable possessions. (S1)
7.00 **M*A*S*H** (S5)
9.00 **Taggart** *Penthouse and Pavement:* A novelist is found dead the morning after a book launch, and police find the victim enjoyed a secret life in Glasgow's underworld. **10.30** *Atonement:* A recently released prisoner is suspected of murdering a witness.
12.00 M'T **Tenko** As 6.00pm.
1.00 AM **M*A*S*H**
2.00 **Rumpole of the Bailey**
3.00 **The New Avengers**
4.00 **to 6.00** AM **Due South**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 126 226 312 382

7.10 AM **Murdoch Mysteries** (S9)
8.00 **Frankie Drake Mysteries**
9.00 **Sue Thomas: F.B.Eye**. (S1)
10.00 **New Tricks** (S8)
11.00 **The Coroner** 9/10. (S1)
12.00 NOON **Miss Fisher's Murder Mysteries** 10/13. (S2)
1.00 PM **Murdoch Mysteries**
2.00 **The Doctor Blake Mysteries**
3.00 **Motive** 7/13. (S2)
4.00 **Rizzoli & Isles** 14/18. A guard attempts to foil a robbery. **5.00** 15/18. Korsack and Nina find Jane's hacker. (S6)
6.00 **The Guardian** 2/23. (S2)

9.00 I Am the Night

7.00 **Unforgettable** *Up in Flames:* 4/22. Al and Carrie escape an explosion at a murder scene. (S1)

8.00 **Miss Fisher's Murder Mysteries** *Dead Air:* 11/13. Dot realises she wishes to keep working for Phryne. (S2)

9.00 **NEW SERIES I Am the Night** *Pilot:* 1/6. Mystery. *See feature, page 8. The full series is available on Sky Box Sets.* (S1)

10.10 **The Coroner** *The Deep Freeze:* 9/10. An ice-cream factory owner is found dead in a freezer. (S1)
11.10 **New Tricks** 3/10. DNA testing helps identify a body found in 1996. (S8)
12.10 AM **Rush** 21/22. A hijack turns deadly when Lawson is makes a decision. (S2)
1.15 **Sue Thomas: F.B.Eye** (S6)
2.20 **to 4.00** AM **The Guardian**

+1 hour 232 191

Syfy

114 114 814 135 165 319 375

6.00 AM **Star Trek: Voyager** (S2)
8.00 **Teleshopping**
11.00 **Merlin** 13/13. (S1)
12.00 NOON **FILM Robot Overlords** Family sci-fi adventure starring Ben Kingsley. (2014, 12, 90min) ★★★
2.00 PM **Merlin** 1/13. (S2)
3.00 **Stargate Atlantis** 3/20. (S2)
4.00 **Star Trek: Voyager** 7/16. The crew discover a wormhole. **5.00** 8/16. Tom Paris is found guilty of murder. (S1)
6.00 **Star Trek: The Next Generation** 7/26. (S3)

9.00 Siren

7.00 **Star Trek: The Next Generation** *The Price:* 8/26. Troi falls in love with a handsome Chrysalian delegate. (S3)

8.00 **Stargate Atlantis** *Duet:* 4/20. McKay is rescued from a Wraith ship with security officer Laura Cadman. (S2)

9.00 **Siren** New episode *No North Star:* 9/15. Everyone deals with the fallout from the oil rig attack. (S2)

10.00 **FILM In Time** Sci-fi thriller starring Justin Timberlake. (2011, 12, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Siren** As 9.00pm.
1.10 **Star Trek: The Next Generation** Triple bill of the sci-fi drama series. (S2)
4.10 **to 6.00** AM **FILM Geo-Disaster** Sci-fi drama starring Matthew Pohlkamp. (2017, PG, 110min) ★★

+1 hour 214 136

W

109 109 809 125 211 311 383

6.10 AM **MasterChef Junior USA**
7.00 **My Dream Home**
8.00 **Tipping Point** Quiz show.
10.00 **The Bill** Police drama.
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
2.00 PM **My Dream Home**
4.00 **Flip or Flop** Tarek and Christina tackle an expensive flip in Yorba Linda, California. **4.30** A property with the potential to become a great entry-level family home.
5.00 **Tipping Point** Double bill.

9.00 The Shift: Women on the...

7.00 **MasterChef Junior USA** New edition 14/15. The final three face intense pressure as they create their meals.

8.00 **Emma Willis: Delivering Babies** A woman who has had 13 unsuccessful pregnancies suffers a risky complication.

9.00 **The Shift: Women on the Force** Neighbourhood Sergeant Helen tackles a difficult drugs investigation.

10.00 **Louis Theroux's Weird Weekends** The sceptical reporter meets UFO-spotters in America's South West.
11.00 **Inside the Ambulance** A newborn baby has breathing problems.
12.00 M'T **999 Rescue Squad**
1.00 AM **Supernanny**
1.50 **to 3.00** AM **John Bishop: In Conversation with Charlotte Church**

+1 hour 209 190

Universal

113 113 813 137 164 320 385

8.00 AM **Sea Patrol** 1/13. (S5)
9.00 **Murder in Paradise**
10.00 **Murder She Solved: True Crime**
11.00 **CSI: Miami** As 12.00m't.
12.00 NOON **Law & Order** (S13)
1.00 PM **Law & Order** (S13)
4.00 **NCIS** 15/24. Vance discovers a key to a safety deposit box in his late wife's effects. **5.00** 16/24. Ducky and Jimmy are abducted. **6.00** 17/24. Gibbs's barber suspects his son may be a serial killer. (S10)

9.00 Chicago Med

7.00 **NCIS** *Seek:* 18/24. The team investigate the death of a US Marine shot dead by a sniper in Afghanistan. (S10)

8.00 **Major Crimes** *Conspiracy Theory – Part Two:* 7/13. The squad investigate a second mysterious death related to their case. (S6)

9.00 **Chicago Med** *Speak Your Truth:* 1/20. An emotional case makes Halstead reconsider his feelings for Manning.

10.00 **Chicago Med** *Nothing to Fear:* 2/20. Dr Manning takes matters into her own hands to help a pregnant woman. (S3)
11.00 **Law & Order: Special Victims Unit** 1/24. Cragen is accused of murder. (S14)
12.00 M'T **CSI: Miami** 23/25. An heiress is found dead. (S4)
1.00 AM **NCIS** As 5pm and 6pm.
3.00 **Chicago Justice** (S1)
4.00 **to 5.00** AM **Sea Patrol**

+1 hour 213 138

FOX

124 124 821 157 199

8.00 AM **Monk** 16/16. (S7)
9.00 **Bones** 20/24. (S8)
10.00 **Bull** 3/22. (S2)
11.00 **NCIS** 21/24. (S15)
12.00 NOON **Bones** (S8)
2.00 PM **The Mentalist** 1/13. (S7)
3.00 **NCIS** 22/24. (S15)
4.00 **Bull** 4/22. (S2)
5.00 **Bones** 23/24. Disaster strikes when Arastoo contracts a deadly virus. (S8)
6.00 **The Mentalist** 2/13. Lisbon goes undercover as an inmate at a prison. (S7)

9.00 Legion

7.00 **NCIS** *Fallout:* 23/24. Gibbs uncovers new evidence when he attends the memorial service for a friend lost at sea.

8.00 **NCIS** *Date with Destiny:* 24/24. Sloane believes she has seen the man who tortured her years ago in Afghanistan. (S15)

9.00 **Legion** New episode *Chapter 24:* 5/8. Superhero thriller set in the X-Men universe, with Dan Stevens. (S3)

10.00 **Family Guy** 6/16. Peter is forced to return to third grade. (S7)
10.30 **People of Earth** Gerry returns to Earth. (S2)
11.00 **American Dad!** Double bill of the animated comedy. (S9)
12.00 M'T **Family Guy** Double bill of the animated comedy. (S3)
1.00 AM **American Dad!** (S9)
2.00 **Family Guy** (S3&11)
3.30 **American Dad!** (S9)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Thursday

7 PM
8 PM
9 PM
10 PM

E!

123 123 834 156 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
10.00 **Big Rich Atlanta**
11.00 **News: Daily Pop**
12.00 NOON **Dating: No Filter**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Revenge Body with Khloe Kardashian**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Keeping Up with the Kardashians**
9.00 **Revenge Body with Khloe Kardashian** New edition
10.00 **Relatively Nat & Liv**
11.00 **Nightly Pop** New edition
11.30 **Dating: No Filter**
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Hollywood Medium with Tyler Henry**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

Sky Arts

122 122 820 122 206

6.00 AM **André Rieu: Welcome to My World**
7.00 **Auction**
7.30 **Watercolour Challenge**
8.00 **Master of Photography**
9.00 **Tales of the Unexpected**
10.00 **The South Bank Show Originals**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **André Rieu: How It All Began**
3.00 **Classic Albums**
4.00 **The South Bank Show**
5.00 **Discovering**
7.00 **The Seventies**
8.00 **The Directors** New edition Stanley Donen.
9.00 **Bob Fosse: It's Showtime**
10.20 **Beatles Stories**
12.10 AM **Punk**
2.35 **Paul Weller: May Love Travel with You**
3.35 **The South Bank Show Originals**
4.05 **to 6.00** AM **Discovering**

4seven

137 143 203 47 110 127

9.00 AM **Posh Pawnbrokers**
10.00 **Come Dine with Me**
12.30 PM **A Place in the Sun**
1.30 **The £100k Drop**
2.30 **Come Dine with Me**
3.00 **Everybody Loves Raymond** (S2)
4.00 **Frasier** (S6)
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Celebrity Crystal Maze** With Oti Mabuse, Anna Richardson, Jack Fincham, Russell Kane and Steve Pemberton.
9.00 **George Clarke's Council House Scandal**
10.00 **24 Hours in Police Custody** A burglary.
11.05 **24 Hours in A&E**
12.05 AM **Emergency Helicopter Medics**
1.10 **Undercover Boss USA**
2.15 **Celebrity Crystal Maze**
3.15 **Grand Designs New Zealand**
4.10 **to 4.50** AM **A Place in the Sun**

5USA

141/169 153 21 129

9.00 AM **Catch a Contractor**
9.20 **Remington Steele** (S1)
10.10 **CSI: NY** 12/23. (S6)
11.05 **Rookie Blue** 1/13. (S3)
12.05 PM **Bull** 6/23. (S1)
1.05 **Law & Order** (S17)
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S18)
7.05 **Law & Order** *Betrayal:* 11/18. A woman stands trial for the murder of her husband. (S18)
8.00 **NCIS: Los Angeles** *The Chosen One:* 13/24. Callen tries to infiltrate a network of Chechen terrorists by posing as a foreign fighter. (S4)
9.00 **Chicago PD** New episode *Trigger:* 7/22. The cops investigate the bombing of an army recruitment station. (S6)
10.00 **Law & Order: Special Victims Unit** (S7&6)
12.55 AM **CSI: NY** (S5)
2.50 **Ransom** 11/13. (S1)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Last Man Standing**
8.25 **Smallville** 9/23. (S2)
9.10 **Dance Moms**
11.05 **My Wife and Kids**
12.05 PM **Two and a Half Men** Four episodes.
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **The Fresh Prince of Bel-Air** Double bill. (S1)
5.00 **8 Simple Rules...** (S1)
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **The Fresh Prince of Bel Air** 17&18/25. (S1)
8.00 **Flights from Hell: Caught on Camera**
9.00 **FILM Gladiator** Ancient Roman epic starring Russell Crowe. (2000, 15, 154min) ★★★★
12.05 AM **Riverdale** (S1&2)
1.50 **Wentworth Prison** (S6)
2.55 **The Magicians** (S2)
3.35 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Boon**
8.00 **London's Burning**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **The Brokenwood Mysteries**
4.20 **All Creatures Great and Small**
5.20 **Birds of a Feather**
6.00 **'Allo 'Allo!**
6.40 **As Time Goes By**
7.20 **Last of the Summer Wine**
8.00 **Father Brown** *The Deadly Seal:* The priest is told about an assassination.
9.00 **Death in Paradise** *A Personal Murder:* 4/8. Dwayne gets a message from the grave. (S5)
10.20 **The Inspector Lynley Mysteries** *In Pursuit of the Proper Sinner:* Lynley investigates an attack.
12.25 AM **The Brokenwood Mysteries**
2.45 **The Bill**
3.35 **to 4.00** AM **Garden Hopping**

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **Mad Men** (S5)
2.00 **Law & Order** (S3)
3.00 **Zoom In**
3.10 **FILM Miss Potter** Biopic. (2006, PG, 93min) ★★★★
5.00 **Mad Men** (S5)
6.00 **Law & Order** (S3)
6.55 **FILM Frequencies** Romantic sci-fi drama. (2013, 12, 105min) ★★
9.00 **FILM The Others** Horror chiller. (2001, 12, 104min) ★★★★
11.00 **FILM The Resident** Horror thriller. (2011, 15, 91min) ★★
12.50 AM **FILM The Yards** Crime drama. (2000, 15, 116min) ★★★
3.00 **Hollywood's Best Film Directors** Danny Boyle.
3.30 **Mad Men** (S5)
4.25 **to 5.30** AM **Law & Order**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S5)
10.00 **ER** 21/22. (S4)
11.00 **The Love Boat** (S8)
12.00 NOON **Judge Judy**
1.00 PM **The High Chaparral**
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S8)
7.00 **CSI: Miami** *Killer Date:* 20/24. Horatio investigates the murder of a woman working for a dating agency. (S3)
8.00 **Judge Judy**
9.00 **Medium** *A Necessary Evil:* 7/19. Agent Cooper's ghost helps Allison on a case. (S5)
10.00 **CSI: Miami** *Vengeance:* 22/24. A sports star is murdered. (S3)
11.00 **The Love Boat** (S8)
12.00 M'T **Judge Judy**
1.00 AM **ER** 22/22. (S4)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder** (S6)
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** (S4)
12.00 NOON **Perry Mason**
1.05 PM **The District** (S1)
2.05 **CSI: Miami** 15/24. (S3)
3.00 **NCIS** 6/19. (S5)
4.00 **NCIS: Los Angeles** (S1)
5.00 **Matlock** (S4)
6.00 **Perry Mason** (S6)
7.05 **NCIS** 5/24. (S9)
8.00 **Walker, Texas Ranger** *Deadly Vision:* 22/28. A girl is abducted. (S1)
9.00 **NCIS** *Mind Games:* 3/24. Gibbs tries to extract information from a Death Row convict. (S3)
10.00 **NCIS: Los Angeles** *Predator:* 3/24. The team hunt a hacker. (S1)
11.00 **NCIS** 6/24. (S9)
12.00 M'T **CSI: Miami** (S3)
1.15 AM **NCIS** As 9.00pm.
2.10 **Gunsmoke** (S18)
3.15 **Bonanza** (S12)
4.10 **Walker, Texas Ranger**
5.00 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** The body of a woman is found twenty years after her disappearance. **7.30** Police dogs trace a killer's scent and reveal a twisted perpetrator.
8.00 **Donal MacIntyre: Unsolved – Trevor Deely** Revisiting the case of a man who vanished in 2000.
9.00 **Homicide's Elite** The detectives take the case of a homeless man who was killed.
10.00 **Evidence of Evil**
11.00 **It Takes a Killer**
12.00 M'T **Wives with Knives**
1.00 AM **Homicide's Elite**
2.00 **Evidence of Evil**
3.00 **Beyond Scared Straight**
3.50 **Dog Patrol**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Catchphrase**
7.00 **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Bruce's Price Is Right**
11.00 **Stake Out**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye**
6.00 **Total Wipeout**
7.00 **Pointless** Quiz hosted by Alexander Armstrong.
8.00 **The Chase** Quiz show.
10.00 **Who Wants to Be a Millionaire? Celebrity** Another set of famous faces play for charity.
11.00 **Bullseye**
12.00 M'T **Bullseye**
12.30 AM **Bullseye**
1.00 **The Chase**
5.00 **to 6.00** AM **Golden Balls**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Now That's Funny!**
7.00 **Teleshopping**
9.00 **Friends**
11.00 **The Middle**
1.00 PM **Takeshi's Castle**
4.00 **Bad Robots**
5.00 **Fresh Prince of Bel Air**
7.00 **Are We There Yet?**
8.00 **Impractical Jokers** The guys serve up trouble as hot dog vendors **8.30** The guys teach music and participate in a focus group.
9.00 **Impractical Jokers: Inside Jokes** Double bill of the series.
10.00 **Friends** (S2)
11.00 **Nathan for You** (S4)
12.00 M'T **South Park** (S1)
1.00 **Roast Battle**
2.00 **Key & Peele**
3.00 **Da Ali G Show**
4.05 **Frankenfood** (S1)
4.30 **The Middle**
5.15 **to 6.00** AM **Impractical Jokers**

+1 hour 227

Food Network

140 291 41 148

6.00 AM **Valerie's Home Cooking** Quickbread.
6.25 **Giada at Home**
9.00 **The Pioneer Woman**
11.00 **Barefoot Contessa – Back to Basics**
12.00 NOON **Giada at Home**
1.00 PM **Girl Meets Farm**
2.00 **Jamie Does Stockholm**
3.00 **The Pioneer Woman**
6.00 **Man Fire Food**
7.00 **The Pioneer Woman**
8.00 **Diners, Drive-Ins, And Dives** Double bill.
9.00 **The Little Paris Kitchen: Cooking with Rachel Khoo**
10.00 **Jamie and Jimmy's Friday Night Feast** A DIY doner kebab.
11.00 **Diners, Drive-Ins, And Dives** Double bill.
12.00 M'T **Mystery Diners**
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 240 149

Good Food

198 198 866 278 279 313 388

6.10 AM **Perfect**
7.00 **Ramsay's Ultimate Cookery Course**
8.00 **Martin: Home Comforts**
9.00 **John Torode's Malaysian Adventure**
10.00 **Bikers' Best of British**
11.00 **Rick Stein's India**
12.00 NOON **Hairy Bikers' Food Tour of Britain**
1.00 PM **Ramsay's Ultimate Cookery Course**
2.00 **Martin: Home Comforts**
3.00 **Malaysian Adventure**
4.00 **Rick Stein's India**
5.00 **Bikers' Best of British**
6.00 **Food Tour of Britain**
7.00 **Martin: Home Comforts**
8.00 **Malaysian Adventure**
9.00 **Rick Stein's India**
10.00 **Ramsay's Ultimate Cookery Course**
11.00 **Luke's Asian Food Trail**
12.00 M'T **James Martin: Home Comforts**
1.00 **to 6.00** AM **Highlights**

+1 hour 298 280

Lifetime

164 838 208 329 384

7.00 AM **Judge Judy**
1.15 PM **FILM Beaches** Drama remake with Nia Long and Idina Menzel. (2017, PG, 87min) ★★
3.00 **The Real Housewives of New Jersey**
4.00 **Dance Moms**
5.00 **Masters of Flip**
6.00 **Storage Wars**
7.00 **Judge Judy**
9.00 **FILM Deadly Secrets by the Lake** Murder mystery starring Stefanie von Pfetten. (2017, 12, 86min) ★★
10.45 **Hardcore Pawn** Ashley and Seth harbour some serious doubts after Karen brings in a Feng Shui expert. **11.15** Karen eyes up a piece of 1970s movie memorabilia.
11.45 **Storage Wars**
12.15 AM **Storage Wars**
12.45 AM **My Crazy Sex**
1.40 **to 4.00** AM **Judge Judy**

Paramount Network

153 188 187 54 132

9.00 AM **Access**
9.10 **Lip Sync Battle**
9.40 **Gilmore Girls**
11.35 **FILM Her Son's Deadly Secret** Thriller. (2018, PG, 105min) ★★
1.25 PM **Murder, She Baked: A Peach Cobbler Mystery** Drama.
3.15 **FILM Hidden In Plain Sight** Thriller. (2019, PG, 90min) ★★
5.00 **Suits** (S3)
6.00 **House** (S3)
7.55 **Access**
8.00 **Grimm** 4/22. (S5)
9.00 **Arrow** 14/23. (S2)
10.00 **Vikings** 7/10. (S2)
11.00 **The X-Files** (S7)
12.00 M'T **Suits** (S8)
12.55 AM **Training Day** (S1)
1.55 **The Mick** (S1)
3.05 **LA to Vegas** (S1)
3.30 **Grimm** As 8.00pm.
4.15 **Gilmore Girls**
5.00 **Neighbours**
5.25 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Wild Fishing**
6.20 **Wild Britain**
7.10 **Trawler Wars**
8.00 **Aussie Gold Hunters**
9.00 **Shed and Buried**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Made by Destruction**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Gold Divers**
4.00 **Salvage Hunters**
5.00 **Airplane Repo**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Fantomworks** New edition
10.00 **Iron Resurrection**
11.00 **FIM Endurance World Championship**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Deadliest Drivers**
3.00 **Destroyed in Seconds**
4.00 **to 6.00** AM **Highlights**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Money for Nothing**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
1.00 PM **Curvy Brides Boutique** Double bill.
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Atlanta**
5.00 **Say Yes to the Dress**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **Paranormal Lockdown**
10.00 **Dead of Winter**
11.00 **FBI Files**
12.00 M'T **Katie Price: My Crazy Life**
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philly**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Tiny House, Big Living** Property show.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Cops UK: Bodycam Squad**
11.00 **DIY SOS: The Big Build**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** On Sicily.
3.00 **Homes Under the Hammer** In Cardiff.
4.00 **Ghost Chasers**
6.00 **Antiques Road Trip**
9.00 **Embarrassing Bodies**
10.00 **NEW SERIES Nurses Who Kill** Karen Pedley.
11.00 **21st Century Serial Killers** Stephen Port.
12.00 M'T **Born to Kill?**
1.00 AM **I Survived Evil**
2.00 **Teleshopping**
4.00 **My Extreme Weight Loss Journey**
5.30 **to 6.00** AM **The Other Side**

Sony Crime

157 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows**
7.00 **Bizarre Murders** Four editions, including at: **8.00** A body is found outside of a church. **8.30** A murderer is caught by a footprint left in a hotdog bun.
9.00 **Deadly Women** A female gang leader who abducted three women and killed two. **10.00** Three murders carried out by women.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **On Benefits**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **The Dog Rescuers**
12.00 NOON **Paddington Station 24/7**
1.00 PM **Cruising with Jane McDonald** In Alaska.
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet** (S3)
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Warship: Life at Sea**
10.00 **British Airways: 100 Years in the Sky**
11.00 **Portillo's Hidden History of Britain**
12.00 M'T **Nightmare Tenants, Slum Landlords**
1.00 AM **On Benefits: Could Work, Should Work**
2.00 **HMS Belfast: WW2's Great Survivor**
3.00 **to 4.00** AM **Cruising with Jane McDonald**

5Spike

150 154 31 141

9.00 AM **Access**
9.05 **The A-Team**
11.05 **Police Interceptors**
12.05 PM **Can't Pay? We'll Take It Away!**
2.05 **FILM Submarine Seahawk** War drama. (1959, U, 83min) ★★
4.00 **Traffic Cops Special – Carjacked**
5.00 **The A-Team** (S2)
7.00 **Police Interceptors** The air ambulance is scrambled when a school bus crashes on a country road. **8.00** A 4x4 is driven dangerously through the streets of Basildon.
9.00 **FILM End of Days** Action horror thriller starring Arnold Schwarzenegger. (1999, 18, 121min) ★★
12.05 AM **Spartacus: War of the Damned** (S4)
2.45 **to 3.00** AM **Access**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé: Happily Ever After?**
12.00 NOON **My 600lb Life: Where Are They Now?**
2.00 PM **Nate & Jeremiah...**
3.00 **Good Bones**
4.00 **Say Yes to the Dress**
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **90 Day Fiancé: The Other Way**
9.00 **NEW SERIES The Family Chantel**
10.00 **Dr Pimple Popper** New edition
11.00 **Katie Price: My Crazy Life** Reality show.
12.00 M'T **90 Day Fiancé**
2.00 AM **Dr Pimple Popper**
3.00 **Katie Price: My Crazy Life** Reality show.
4.00 **to 6.00** AM **Highlights**

+1 hour 233 169

Blaze

187 187 216 63 162

6.00 AM **Parking Wars**
7.00 **Ancient Aliens**
8.00 **Alien Files: Unsealed**
9.00 **American Restoration**
10.00 **Ernie the Wildman**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars**
1.00 PM **Hardcore Pawn**
2.00 **Curse of Oak Island**
3.00 **Alien Files: Unsealed**
4.00 **Ancient Aliens**
5.00 **Hardcore Pawn**
6.00 **American Restoration**
7.00 **Pawn Stars**
8.00 **Storage Wars**
9.00 **Swamp People** The hunters resort to desperate measures.
10.00 **Ernie the Wildman**
11.00 **Storage Wars**
12.00 M'T **Pawn Stars**
1.00 AM **Parking Wars**
2.00 **American Restoration**
3.00 **Billy the Exterminator**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Hardcore Pawn**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Alaskan Bush People**
8.00 **Naked and Afraid XL**
9.00 **Mighty Ships**
10.00 **Fast N' Loud**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Combat Dealers**
2.00 **Alaskan Bush People**
3.00 **Kindig Customs**
5.00 **Garage Rehab**
6.00 **Fast N' Loud** The Monkeys try to gain the upper hand in their motorcycle build-off.

10.00 Jeremy Wade's Dark...

7.00 Outback Truckers There are headaches on the horizon for Steve taking on the Tanami with a trailer load of trouble.

8.00 Combat Dealers Military equipment collector Bruce is tasked with creating a display based on the French Resistance.

9.00 Alaskan Bush People An early spring lets the family to make progress on some unfinished business.

10.00 Jeremy Wade's Dark Waters Jeremy looks into what is wiping out many of the fish in Western Australia's Fitzroy River.

11.00 **Wheeler Dealers**
12.00 M'T **Alaskan Bush People**
1.00 AM **Jeremy Wade's Dark Waters** As 10.00pm.
2.00 **Fast N' Loud**
3.00 **Fast N' Loud: Demolition Theatre**
3.50 **Wheeler Dealers**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **The Vet Life** As 1.00pm.
8.00 **Animal Cops Houston**
10.00 **Crocodile Hunter**
11.00 **Alaskan Bush People: Bushcraft Chronicles**
12.00 NOON **Wildest Islands**
1.00 PM **The Vet Life**
3.00 **Pit Bulls & Parolees**
4.00 **Tanked** With Urijah Faber.
5.00 **Wolves and Warriors** The team tries to rescue wolves secretly transported to a zoo.
6.00 **The Return of the Monster Mako** Marine biologists tag a 1,000lb mako shark.

8.00 The Vet Life

7.00 Pit Bulls & Parolees Lizzy and Marcel team up to catch a stray pit bull on the streets near the centre.

8.00 The Vet Life New edition Dr. Lavigne performs bionic surgery on a pit bull with a torn knee ligament.

9.00 Alaska: The Last Frontier The Kilchers prepare their home for winter, including stockpiling food and fuel.

10.00 Animal Cops Miami Two neglected dogs are found just in time, and owls are rescued from a demolition site.

11.00 **Pit Bulls & Parolees**
12.00 M'T **After the Attack** A woman attacked by a sea lion.
1.00 AM **Animal Cops Miami**
2.00 **Wildest Middle East**
3.00 **Alaska: The Last Frontier**
3.50 **Intruders**
4.40 **Escape to Chimp Eden**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **WW2: Hell Under the Sea** The Cuban missile crisis.
9.00 **War Heroes of the Skies**
10.00 **Nazi Megastructures**
11.00 **Supercars** The Lexus LFA.
12.00 NOON **Strippers: Cars for Cash** All-terrain vehicles.
1.00 PM **Ice Road Rescue**
2.00 **Wicked Tuna** As the clock ticks, the pressure pushes the boats to breaking point.
3.00 **Air Crash Investigation**
5.00 **Car SOS** Fuzz and Tim restore a 1972 Ford Escort Mexico.
6.00 Restoring a Fiat Spider.

8.00 Gold Diggers

7.00 Drain the Oceans Uncovering if the lessons learnt from previous air disasters solve the mystery of lost flights.

8.00 Gold Diggers The work of mining companies striving to find a profitable site using both traditional and modern methods.

9.00 Yukon Gold With targets to reach, families to feed and last year's debts to pay off, the teams dream of striking it rich.

10.00 Mine Kings Guy Clutterbuck and his team travel to Sri Lanka in search of the rarest sapphire in the world.

11.00 **Banged Up Abroad**
12.00 M'T **Underworld, Inc** Crime in North Dakota's oil fields.
1.00 AM **Hard Time: Locked Up**
2.00 **Nazi Megastructures**
3.00 **War Heroes of the Skies**
4.00 **to 5.00** AM **Building Hitler's Supergun: The Plot to Destroy London**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Mountain Men**
10.00 **Ancient Aliens**
11.00 **Pawn Stars**
12.00 NOON **Forged in Fire**
1.00 PM **Heroes of War**
2.00 **Storage Wars** Four editions.
4.00 **Mountain Men** Marty wraps up the trapping season with a record haul.
5.00 **Forged in Fire** Forging on of the most famous swords in cinematic history.
6.00 Making a steel crossbow.

9.00 Man at Arms: Art of War

7.00 American Pickers Mike Wolfe and Frank Fritz help find an important part for a million-dollar car.

8.00 The Curse of Oak Island New evidence brings the team closer to learning the purpose of the U-shaped structure.

9.00 Man at Arms: Art of War New edition Danny Trejo and the blacksmiths recreate Filipino blades the Kalis and Kampilan.

10.00 Forged in Fire The smiths must forge a weapon from a lift cable, before two recreate the African Ngombe Ngulu.

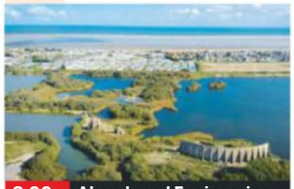
11.00 **Forged with Steele** Alec Steele makes a traditional Japanese Katana.
11.30 This instalment features the Viking Battle Axe.
12.00 M'T **Hitler's Secret Tunnels**
2.00 AM **Heroes of War**
3.00 **American Pickers**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Weekend Warriors**
7.10 **Armada – 12 Days to Save England**
8.00 **Time Team**
10.00 **The World at War**
11.00 **Forbidden History**
12.00 NOON **Time Team**
2.00 PM **Coast** Beachy Head.
3.00 **Battle to Save the Tiger**
4.00 **Murder Maps** Peter Manuel.
5.00 **Impossible Engineering** The largest passenger ships.
6.00 **The World at War** Recalling the battle for North Africa.



8.00 Abandoned Engineering

7.00 Abandoned Engineering The creation of a set of World War Two sea defences built near the mouth of the Thames.

8.00 Abandoned Engineering New edition The strange towers looming over red-tinted waters in a Portuguese landscape.

9.00 Porridge The inmates are shocked to discover a thief in their midst.
9.40 Fletcher thinks Godber would be better off cheating if he wants to pass another O-level.
10.20 The inmates decide on a wager as the parole board gathers.

11.00 **Abandoned Engineering**
12.00 M'T **Forbidden History** Jamie Theakston investigates the Three Secrets of Fatima – a series of prophecies allegedly given by the Virgin Mary.
1.00 AM **The World at War**
2.00 **to 3.00** AM **Timewatch: QE2 – The Final Voyage**

+1 hour 255 200

7 PM 8 PM 9 PM 10 PM

Disc. History

171 262

6.00 AM **Planes That Never Flew** The SR-177.
7.00 **Central Steam**
8.00 **Massive Machines**
9.00 **Future Weapons**
10.00 **Battlefield**
12.00 NOON **Planes That Never Flew**
1.00 PM **Central Steam**
2.00 **Massive Machines**
3.00 **Future Weapons**
4.00 **Battlefield**
6.00 **War Months**
7.00 **World War II in Colour**
8.00 **Blowing Up History**
9.00 **The 1980s: The Deadliest Decade**
10.00 **Crimes That Shook the World** Jack Unterweger.
11.00 **Dark Matters**
12.00 M'T **Blowing Up History**
1.00 AM **The 1980s: The Deadliest Decade**
2.00 **Crimes That Shook the World**
3.00 **Dark Matters**
4.00 **to 6.00** AM **Highlights**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Jungle Planet**
10.00 **The Hidden River**
11.00 **Planet Earth**
12.00 NOON **Mountain: Life at the Extreme**
1.00 PM **Collar of Duty**
2.00 **Jungle Planet**
3.00 **The Hidden River**
4.00 **Collar of Duty**
5.00 **Jungle Planet**
6.00 **Planet Earth**
7.00 **Mountain: Life at the Extreme**
8.00 **Rhino Orphanage**
9.00 **Wild Colombia**
10.00 **Planet Earth**
11.00 **Mountain: Life at the Extreme**
12.00 M'T **Jungle Planet**
1.00 AM **Collar of Duty**
2.00 **Wild Colombia**
3.00 **The Hidden River**
3.50 **Planet Earth**
4.35 **Mountain: Life at the Extreme**.
5.25 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Wild Yellowstone: She Wolf** A female wolf that became a pack leader.
10.00 **The Pack**
11.00 **Wolf vs Bear**
12.00 NOON **Snakes in the City** The duo find their lives on the line.
1.00 PM **Predator In Paradise** Triple bill.
4.00 **Pond Stars**
6.00 **Caught in the Act**
7.00 **Snakes in the City** A nine-foot black mamba is found in a child's bed.
8.00 NEW SERIES **Predator Land** Leopards trying to protect their cub
9.00 **Africa's Wild Side**
10.00 **Dead By Daylight** Nocturnal predators on the African Savannah.
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
1.00 AM **Animals Gone Wild**
2.00 **Predator In Paradise**
3.00 **to 5.00** AM **Pond Stars**

History 2

163 273 330 390

8.00 AM **Clash of Warriors**
10.00 **Strange History**
11.00 **Evolve**
12.00 NOON **Ancient Aliens**
2.00 PM **Ancient Top Ten**
3.00 **Clash of Warriors**
5.00 **Strange History**
6.00 **Project Impossible**
7.00 **WW2 Treasure Hunters** Suggs and Stephen Taylor hunt for relics of US bombers.
8.00 **Ancient Aliens** Investigating what the God Particle reveals about Earth's origins.
9.00 Theories that an ancient monolith represented an alien.
10.00 **Ancient Top Ten** Recalling the greatest siege of all time.
11.00 **Hitler's Circle of Evil**
12.00 M'T **Project Impossible**
1.00 AM **Ancient Aliens**
3.00 **Ancient Top Ten**
4.00 **to 5.00** AM **Strange History**

PBS America

174 276 91 155

8.00 AM **Pompeii: The Last Day** The ancient city's infamous destruction.
9.10 **The Vietnam War**
11.30 **The Crusades**
12.35 PM **The Wild Canadian Year** A look at the country in Autumn.
1.50 **Pompeii: The Last Day**
3.00 **The Vietnam War**
5.20 **The Crusades**
6.35 **The Wild Canadian Year** As 12.35pm.
7.50 **The Crusades** The personalities of Richard the Lionheart and his adversary Saladin.
9.00 **Pompeii: The Secrets of the Petrified Bodies** How the Pompeii citizens' bodies were preserved by the 79AD eruption of Vesuvius.
10.15 **The Vietnam War** President Nixon begins withdrawing American troops.
12.40 **to 2.00** AM **The Crusades**

CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **The First 48**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **A Town & Country Murder**
2.00 **Secrets of the Morgue**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Killer In Plain Sight**
9.00 **The First 48**
10.00 **Homicide: Hours to Kill** New edition
11.00 **The First 48**
12.00 M'T **Darkest Taboos**
1.00 AM **Homicide: Hours to Kill**
2.00 **Town & Country Murder**
3.00 **Crimes That Shook...**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Killer In Plain Sight**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

THURSDAY Films

Thursday

Sky Premiere

301 301 842 431 401 501

6.00 AM **School Spirits** As 4.30pm.
7.40 **Smallfoot** As 6.15pm.
9.25 **Submission** Satirical drama. (2017, 15, 106min) ★★
11.15 **PREMIERE Brothers' Nest**
1.00 PM **Johnny English Strikes Again** As shown at 8.00pm.
2.45 **The Possession of Hannah Grace** As shown at 11.35pm.
4.30 **School Spirits** Comedy. (2017, PG, 88min) ★★
6.15 **Smallfoot** Animation. (2018, PG, 96min) ★★★

9.45 Brothers' Nest

8 PM

8.00 Johnny English Strikes Again Spy comedy with Rowan Atkinson. A sinister cyber attack sees the secret agent sent to the South of France. (2018, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.45 PREMIERE Brothers' Nest. Dark comedy with Clayton and Shane Jacobson. Brothers plot to kill their stepfather, but forget a key detail. (2018, 15, 102min) ★★★★
See review, page18
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM

11.35 **The Possession of Hannah Grace** Horror thriller. (2018, 15, 86min) ★★★
1.20 AM **The Belly of the Whale** Drama starring Art Parkinson. (2018, 15, 83min) ★★
3.05 **Summer 1993** (2017) ★★★★
5.00 **Final Score: Special**
5.30 **to 6.00** AM **Extremely Wicked, Shockingly Evil and Vile: Special**

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.40 AM **The Princess Diaries**
8.40 **Cinderella** As 5.10pm.
10.00 **Alexander and the Terrible, Horrible, No Good, Very Bad Day** As 6.30pm.
11.30 **Pooh's Heffalump Movie** Animation. (2005, U) ★★
12.45 PM **Mary Poppins** As 8pm.
3.10 **The Princess Diaries** (2001)
5.10 **Cinderella** (1950) ★★★★
6.30 **Alexander and the Terrible, Horrible, No Good, Very Bad Day** Comedy. (2014) ★★★

5.10 Cinderella

8.00 Mary Poppins Disney's Oscar-winning fantasy starring Julie Andrews as a nanny with magical powers who transforms the lives of a stuffy banker's two children in Edwardian London. With Dick Van Dyke. (1964, U, 133min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Tron Sci-fi thriller starring Jeff Bridges and Bruce Boxleitner. (1982, PG, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Pete's Dragon** Musical fantasy starring Helen Reddy. (1977, U, 134min) ★★★
2.00 **The Black Cauldron** Animated fantasy adventure. (1985, U, 80min) ★★★
3.30 **The Santa Clause 2** Comedy. (2002, U, 104min) ★★★★
5.25 **to 6.45** AM **Pooh's Heffalump Movie** Animation, as 11.30am.

Sky Animation

305 305 846 436 406 505

6.05 AM **The Ant Bully** Animation. (2006, U, 89min) ★★★★
7.40 **The Incredibles** As 6.00pm.
9.40 **Smallfoot** As 4.15pm.
11.25 **Racetime** (2018) ★★★
1.00 PM **Cloudy with a Chance of Meatballs** As 8.00pm.
2.35 **Monster Family** Animation. (2017, PG, 96min) ★★
4.15 **Smallfoot** Animation. (2018, PG, 96min) ★★★
6.00 **The Incredibles** Animation. (2004, U, 120min) ★★★★★

9.35 Sleeping Beauty

8.00 Cloudy with a Chance of Meatballs Animation with the voice of Bill Hader. A young inventor creates a machine that turns rainfall into food. (2009, U, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 Sleeping Beauty Classic animated version of the fairy tale about a princess placed under a spell. (1959, U, 75min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

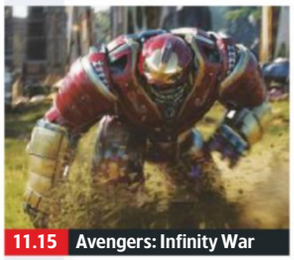
10.55 Lu Over the Wall Animated fantasy, featuring the voice of Christine Marie Cabanos. A school student's life is turned upside down after meeting a mermaid. (2017, PG, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Anastasia** Animation. (1997, U, 94min) ★★★
2.35 **A Wizard's Tale** Animation. (2018, U, 97min) ★★
4.20 **to 6.05** AM **Monster Family** Animation, as 2.35pm.

Sky Action

306 306 847 437 407 502

6.00 AM **Salt** As 2.30am.
7.45 **Avengers: Infinity War**
10.15 **Solo: A Star Wars Story – Special** As 2.00am.
10.45 **The Fast and the Furious** Thriller. (2001, 15) ★★★
12.45 PM **2 Fast 2 Furious** (2003)
2.45 **The Fast and the Furious: Tokyo Drift** (2006) ★★
4.45 **Fast & Furious** (2009) ★★★
6.40 **Dwayne Johnson on Fast & Furious 5** An interview.
6.45 **Fast & Furious 5** (2011) ★★★


11.15 Avengers: Infinity War

Fast & Furious 5 (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Fast & Furious 6 Action thriller sequel starring Vin Diesel, Paul Walker and Dwayne Johnson. The gang of carjackers come out of retirement to stop a criminal mastermind from constructing a superweapon. (2013, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Avengers: Infinity War** Fantasy with Robert Downey Jr. (2018, 12, 149min) ★★★
2.00 AM **Solo: A Star Wars Story – Special**
2.30 **Salt** Thriller starring Angelina Jolie and Liev Schreiber. (2010, 12, 99min) ★★★
4.15 **to 6.00** AM **Mighty Morphin Power Rangers: The Movie** Fantasy adventure with Paul Freeman and Jason David Frank. (1995, PG, 96min) ★★

Sky Comedy

307 307 848 438 408 506

7.20 AM **Fat Camp** Comedy. (2017, 15, 86min) ★★
8.55 **My Blind Brother** Comedy. (2016, 15, 85min) ★★★
10.25 **The Stepford Wives** Comedy chiller. (2004, 12, 93min) ★
12.10 PM **Just Go With It** As 8pm.
2.10 **Daddy's Home 2** As 10pm.
3.55 **Pitch Perfect** Comedy. (2012, 12, 112min) ★★★★
5.55 **Crazy, Stupid, Love** Romantic comedy starring Steve Carell. (2011, 12, 117min) ★★★★

8.00 Just Go With It

8.00 Just Go With It Romantic comedy starring Adam Sandler and Jennifer Aniston. A plastic surgeon forces his assistant to pose as his wife and then begins to realise that he has genuine feelings for her. (2011, 12, 116min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Daddy's Home 2 Comedy with Will Ferrell. Having settled their differences, Brad and Dusty must now deal with their intrusive fathers. (2017, 12, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Pitch Perfect 3** Comedy. (2017, 12, 93min) ★★★
1.25 AM **Coming to America** Comedy. (1988, 15) ★★
3.25 **The Flip Side** Comedy. (2018, 15, 90min) ★★
5.05 **to 7.00** AM **Did You Hear About the Morgans?** Romantic comedy. (2009, PG, 99min) ★★★

primetime

Sky Megahits

302 302 843 433 403

6.00 AM **I Am Legend** As 2.05pm.
7.55 **Ant-Man and the Wasp** As 8pm.
10.00 **Venom** As 10.00pm.
12.00 NOON **The Bourne Ultimatum**
2.05 PM **I Am Legend** Sci-fi horror. (2007, 15, 101min) ★★★★
4.00 **War of the Worlds** Sci-fi. (2005, 12, 116min) ★★★★
6.00 **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy. (1982, U, 114min) ★★★★★

8.00 Ant-Man and the Wasp Fantasy adventure starring Paul Rudd and Evangeline Lilly. Former thief Scott Lang is presented with a new mission involving secrets from the past. (2018, 12, 118min) ★★★★

10.00 Venom Fantasy adventure with Tom Hardy, Michelle Williams and Riz Ahmed. A journalist gains superhuman strength and power when his body merges with an alien organism. (2018, 15, 112min) ★★★

11.55 The Bourne Ultimatum Spy thriller with Matt Damon. An ex-CIA assassin strives to discover his true identity. (2007, 12, 115min) ★★★★
1.55 AM **War of the Worlds** As 4pm.
4.00 **to 6.00** AM **E.T. The Extra Terrestrial** As 6.00pm.

Sky Greats

303 303 844 434 404 508

6.10 AM **Butch Cassidy and the Sundance Kid** Western. (1969, PG, 112min) ★★★★★
8.10 **ParaNorman** Animated fantasy. (2012, PG, 92min) ★★★★
9.50 **Cool Runnings** As 6.20pm.
11.30 **Braveheart** As 8.00pm.
2.30 PM **The Ladykillers** Comedy. (2004, 15, 104min) ★★★
4.20 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★

6.20 Cool Runnings Fact-based comedy starring John Candy as a bobsled coach who trains four Jamaicans to compete in the 1988 Winter Olympics in Calgary. With Leon and Doug E Doug. (1993, PG, 99min) ★★★

8.00 Braveheart Oscar-winning epic historical drama directed by and starring Mel Gibson as 13th-century Scottish warrior William Wallace, who led a courageous army against the English enemy. (1995, 15, 177min) ★★★★

11.00 **8 Mile** Drama with Eminem. (2002, 15, 112min) ★★★
12.55 AM **Cocktail** Romantic drama. (1988, 15, 103min) ★★
2.50 **American Beauty** Comedy. (1999, 18, 122min) ★★★★★
5.00 **to 6.45** AM **Singin' in the Rain** Musical, as shown at 4.20pm.

TCM

315 854 415 416 512 526

8.30 AM **Around the World in 80 Days** Classic comedy adventure. (1956, U, 167min) ★★★
12.00 NOON **Son of Belle Starr** Western. (1953, U, 70min) ★★
1.30 PM **The Nevadan** Western. (1949, U, 81min) ★★
3.15 **The Broken Star** Western. (1956, b/w, PG, 82min) ★★
5.05 **Carson City** Western. (1952, U, 87min) ★★★

6.55 Against the Wind World War Two spy thriller starring Simone Signoret, Jack Warner and Robert Beatty. British and Belgian saboteurs undertake a mission in occupied Belgium, but one of them is a traitor. (1947, b/w, PG, 92min) ★★★

9.00 Outbreak Thriller with Dustin Hoffman and Rene Russo. An army doctor and his estranged wife try to contain the outbreak of a deadly virus in a small US town. (1995, 15, 128min) ★★★

11.40 **Striking Distance** Action thriller. (1993, 18, 102min) ★
1.45 AM **10 Rillington Place** Psychological thriller. (1970, 15, 106min) ★★★★
4.00 **to 6.00** AM **Close Up**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Gasbags** (1940) ★★★
7.35 **The Detectives**
8.05 **Strongroom** Thriller. (1961) ★★
9.40 **The Black Rider** (1954) ★★
11.00 **Home and Away** (1956) ★★
12.40 PM **Child's Play** (1954) ★★
2.00 **Rooms**
2.30 **When the Whales Came** (1989)
4.30 **Out of the Fog** (1962) ★★
5.55 **Glimpses: Petula Clark: The Day Begins Early**

6.00 **Get Some In!**
6.30 **Serious Charge** Drama starring Anthony Quayle as a vicar accused by a small-town troublemaker of making homosexual advances. (1959, b/w, PG, 95min) ★★★
8.30 **Public Eye**
9.30 **Circle of Deception** World War Two drama starring Bradford Dillman as a British Army officer who breaks down under interrogation by the Gestapo. (1960, b/w, PG, 100min) ★★

11.25 **Loss of Innocence** Drama. (1961, PG, 97min) ★★
1.25 AM **The Southern Star** Comedy. (1968, PG, 105min) ★★★
3.35 **Hungry Hill** Epic period drama. (1946, b/w, PG, 109min) ★★
5.40 **to 6.00** AM **1955: The Channel Islands**

Horror

317 149 70 138

8.00 AM **Lost in Space**
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek**
11.00 **Miami Magma** Sci-fi. (2011) ★★
12.50 PM **Horror Highlights**
1.00 **Flight World War II** (2015) ★★
2.35 **Tales from the Darkside**
3.00 **Under the Dome**
4.00 **End of the World** (2013) ★★★
5.50 **Horror Highlights**
6.00 **Star Trek**

7.00 Star Trek: Deep Space Nine *The Sound of Her Voice*: 25/26. The crew races to save a captain on an oxygen-starved planet – but the excess of carbon dioxide there makes the rescue attempt dangerous. (S6)

8.00 **Earth: Final Conflict**
9.00 **Hannibal Rising** Thriller prequel starring Gaspard Ulliel. Hannibal Lecter resolves to exact revenge on the war criminals responsible for the murder of his sister. (2007, 18, 120min) ★★★

11.20 **Hellions** Horror starring Chloe Rose. (2015, 15, 80min) ★★
12.55 AM **Leprechaun: Origins** Horror. (2014, 18, 90min) ★★
2.45 **Haunt** Horror. (2014, 15) ★★
4.20 **to 4.30** AM **Horror Highlights**

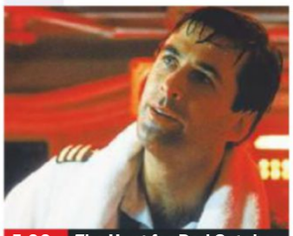
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 439 409 509

6.55 AM **Collateral Damage** Thriller. (2002, 15, 109min) ★
8.45 **B&B** Thriller. (2016, 15) ★★★
10.15 **Knuckleball** (2018) ★★★★
11.45 **Trendy** Thriller. (2017) ★★★
1.30 PM **Barracuda** (2017) ★★★★
3.15 **Drop Zone** Action thriller. (1994, 15, 102min) ★★
5.00 **The Hunt for Red October** Cold War suspense thriller. (1990, PG, 135min) ★★★★
7.15 **Braven** Action thriller. (2018, 15, 94min) ★★★


5.00 The Hunt for Red October

Braven (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

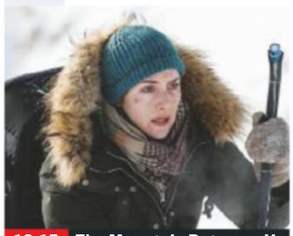
9.00 **The Godfather** Francis Ford Coppola's classic gangster epic starring Marlon Brando, Al Pacino, James Caan, Robert Duvall and Diane Keaton. The saga of a Mafia family engaged in bloody war with rival crime families. (1971, 18, 167min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Serpico** Crime drama. (1973, 18, 130min) ★★★★
2.10 AM **Universal Soldier: The Return** Action adventure sequel. (1999, 18, 83min) ★★
3.45 **Outlaws** Crime thriller. (2017, 18, 92min) ★★
5.30 **to 7.15** AM **Deep Family Secrets** True-story thriller. (1997, PG, 89min) ★★

Sky Drama

309 309 850 440 410 511

6.00 AM **Chariots of Fire** Drama. (1981, U, 120min) ★★★★★
8.15 **Summer Night** Comedy. (2018, 12, 98min) ★★★
10.00 **The Evening Star** Drama. (1996, 15, 128min) ★★
12.15 PM **Awakenings** Drama. (1990, 12, 117min) ★★★★
2.20 **People You May Know** Comedy. (2017, 15) ★★★
4.00 **Alfie** Comedy. (2004) ★★★
5.55 **Same Kind of Different as Me** Drama. (2016, 12) ★★★


10.15 The Mountain Between Us

8.00 **Call Me By Your Name** Oscar and BAFTA-winning romantic drama starring Armie Hammer and Timothee Chalamet. A 17-year-old begins a relationship with his father's research assistant in northern Italy. (2017, 15, 136min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Mountain Between Us** Romantic adventure with Idris Elba and Kate Winslet. A neurosurgeon and a bride attempt to survive in the wilderness when their plane crashes. (2017, 12, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Any Given Sunday** Sporting drama with Al Pacino. (1999, 15, 162min) ★★
3.00 **Closer** Relationship drama. (2004, 15, 104min) ★★★
4.50 **to 7.20** AM **Hello, Dolly!** Musical with Barbra Streisand. (1969, U, 140min) ★★★★

Sky Sci-Fi/Horror

310 310 851 441 411 507

6.00 AM **Batman & Robin** Fantasy. (1997, PG, 125min) ★★
8.15 **Blade Runner 2049**
11.00 **Star Wars: The Last Jedi**
1.35 PM **Solo: A Star Wars Story – Special**
2.05 **Constantine** Horror thriller. (2005, 15, 121min) ★★★
4.15 **Blade Runner** Sci-fi thriller. (1982, 15, 117min) ★★★★★
6.15 **Blade Runner 2049** Sci-fi thriller with Harrison Ford. (2017, 15, 164min) ★★★★★

4.15 Blade Runner

Blade Runner 2049 (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Star Wars: The Last Jedi** Fantasy adventure with Mark Hamill and Daisy Ridley. With the Resistance cornered, aspiring warrior Rey tries to recruit Luke Skywalker in her battle against Kylo Ren and his evil forces. (2017, 12, 146min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Fright Fest** Horror starring Dylan Walsh and Romeo Miller. (2018, 15, 90min) ★
1.10 AM **Happy Death Day** Horror starring Jessica Rothe. (2017, 15, 96min) ★★★
2.50 **Hostel** Gory horror thriller. (2005, 18, 93min) ★★
4.30 **to 6.00** AM **LEGO DC Comics Super Heroes: Justice League – Cosmic Clash** Animated adventure. (2016, U, 75min) ★★

Sky Select

311 311 852 442 412 510

6.45 AM **The Housemaid** Horror. (2016, 15, 105min) ★★
8.40 **Jarhead** Military drama. (2005, 15, 123min) ★★★★
10.45 **120 BPM** Drama. Subtitled. (2017, 15, 143min) ★★★★
1.10 PM **Mad to Be Normal** Biopic. (2016, 15, 106min) ★★★
3.05 **Gone With the Wind** Oscar-winning romance. (1939, PG, 224min) ★★★★★
6.55 **Battle of the Sexes** Comedy. (2017, 12, 121min) ★★★★

9.00 Three Billboards...

Battle of the Sexes (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Three Billboards Outside Ebbing, Missouri** Crime drama with Frances McDormand and Sam Rockwell. A woman pressures the police into continuing the investigation into her daughter's murder. (2017, 15, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Shining** Director Stanley Kubrick's chilling adaptation of the Stephen King bestseller with Jack Nicholson. (1980, 15, 119min) ★★★★★
1.00 AM **Out of Sight** Offbeat romantic thriller. (1998, 15, 122min) ★★★★
3.05 **L'Amant Double** Thriller. (2017, 18, 107min) ★★★★
5.00 **to 6.50** AM **Big Fish & Begonia** Animated adventure. (2016, PG, 100min) ★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Miracle on 34th Street** Christmas fantasy. (1947, b/w, U, 93min) ★★★★★
1.05 PM **Coneheads** Zany comedy. (1993, PG, 88min) ★★★
2.50 **Ice Age** Animated comedy. (2002, U, 81min) ★★★★
4.30 **Never Been Kissed** Romantic comedy with Drew Barrymore. (1999, 12, 107min) ★★★
6.45 **Ender's Game** Sci-fi. (2013, 12, 111min) ★★★

9.00 Baywatch

Ender's Game (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Baywatch** Action comedy based on the TV series, starring Dwayne Johnson and Zac Efron. A veteran lifeguard teams up with an Olympic swimmer to scupper a criminal scheme. (2017, 15, 121min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The Other Woman** Comedy starring Cameron Diaz. A woman discovers her boyfriend is married, and joins forces with his wife and a third lover to get revenge. (2014, 12, 107min) ★★
1.30 **to 3.20** AM **The Last Exorcism Part II** Horror sequel starring Ashley Bell. (2013, 15, 87min) ★★

+1 hour 314 430 45 301

8 PM
9 PM
10 PM
11 PM

True Movies

319 424 50 303

6.00 AM **Highway to Heaven**
7.00 **The Waltons** Double bill.
9.00 **A Change of Place** Romantic drama. (1994, PG, 90min) ★★
11.00 **Childhood Sweetheart?** Drama. (1997, 15, 90min) ★★
1.00 PM **Highway to Heaven**
3.00 **Jack Hunter: The Quest for Akhenaten's Tomb** Adventure.
5.00 **Black and Blue** Drama. (1999, 15, 86min) ★★

7.00 **And Baby Will Fall** Thriller with Anastasia Griffith, Brendan Fehr and Clea Duvall. A pregnant woman tries to discover whether her husband was involved in the disappearance of a friend. (2011, 12, 85min) ★★
9.00 **Callan** Espionage thriller starring Edward Woodward as a former secret agent who is recalled to kill a German businessman responsible for a series of bombings. With Eric Porter. (1974, 15, 106min) ★★★

11.05 **Resting Place** Drama. (1986, PG, 96min) ★★★★
1.00 AM **The Waltons** Double bill.
3.00 **The Avengers**
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Til Death Do Us Part** Thriller. (2014, PG, 85min) ★★
10.55 **Broken Promise** Thriller. (2016, PG, 92min) ★★
12.50 PM **Sony Movie News Extra**
1.00 **Jetstream** Disaster movie. (2012, 12, 88min) ★★
2.45 **Earth's Final Hours** Sci-fi thriller. (2011, 12, 84min) ★★
4.30 **Little Black Book** Comedy. (2004, 12, 106min) ★★

6.35 **Marie Antoinette** Offbeat costume drama starring Kirsten Dunst as the doomed 18th-century queen, who was married to the heir to the French throne at the age of 14 and went to the guillotine at 37. (2006, 12, 123min) ★★★
9.00 **Awake** Suspense thriller with Hayden Christensen. As he lies on an operating table during open-heart surgery, a young tycoon discovers a plot to kill him. (2007, 15, 80min) ★★★

10.50 **A Kind of Murder** Crime drama. (2016, 15, 95min) ★★★
12.45 AM **21 Grams** Tragic drama. (2003, 15, 124min) ★★★★
3.15 **Gold** Thriller. (1974, 12) ★★
5.50 **to 6.00** AM **Sony Movie News**

+1 hour 322

Movies 24

325 419 513

7.00 AM **Love at Sea** (2018) ★★
9.00 **Love on Ice** Romantic drama. (2017, PG, 84min) ★★
11.00 **Christmas Next Door** Festive drama. (2017, PG, 86min) ★★
1.00 PM **The Christmas List** Drama. (1997, U, 90min) ★★
3.00 **Christmas in Evergreen** Festive drama. (2017, U, 84min) ★★
5.00 **Christmas at Graceland** Festive romance. (2018, PG, 85min) ★★

7.00 **A Cinderella Christmas** Romantic comedy starring Emma Rigby and Peter Porte. A woman attends a masked ball and catches the eye of a wealthy man – but has to leave before revealing her identity. (2016, PG, 93min) ★★
9.00 **Love on the Menu** Romantic drama with Autumn Reeser. In order to save his restaurant, a chef works with an executive from a frozen food company. (2019, PG, 120min) ★★

11.00 **A Man for Every Month** Comedy. (2017, PG, 90min) ★★
1.00 AM **Love at the Shore** Comedy. (2017, PG, 84min) ★★
3.00 **to 5.00** AM **Frozen in Love** Romance. (2018, PG) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **The Woman on Pier 13** Thriller. (1949, b/w, PG) ★★★
7.25 **Stormtroopers**
8.35 **Magma: Volcanic Disaster** Thriller. (2006, PG, 87min) ★★
10.20 **Jetstream** Thriller. (2012) ★★
12.00 NOON **M*A*S*H** Double bill.
1.00 **White Comanche** Western. (1967, PG, 105min) ★★
2.55 **Battle Stations** War drama. (1956, b/w, U, 81min) ★★

4.35 **The Blitz on Berlin**
5.50 **Fighter Aces**
7.05 **Dreams of Gold: The Mel Fisher Story** Fact-based adventure with Cliff Robertson as an obsessive treasure hunter searching for a sunken Spanish galleon off the coast of Florida. (1986, PG, 77min) ★★
9.00 **Extortion** Drama starring Eion Bailey. A father finds himself at the mercy of a ruthless fisherman, and races to save his family. (2016, 15, 108min) ★★

11.15 **Sniper Elite** Sci-fi adventure. (2014, 15, 91min) ★★
1.05 AM **Redline** Action thriller. (2007, 12, 89min) ★
2.55 **to 4.00** AM **The Fighting Lady** War documentary. (1944) ★★

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.55 PM **Frequencies** *AMC* Romantic sci-fi drama starring Daniel Fraser and Eleanor Wyld. ★★
9.00 **The Hangover** *ITV2* Dark comedy starring Bradley Cooper, Ed Helms and Zach Galifianakis. (HD) ★★★★
9.00 **The Fugitive** *ITV4* Action thriller starring Harrison Ford and Tommy Lee Jones. (HD) ★★★★
9.00 **The Others** *AMC* Supernatural chiller starring Nicole Kidman and Eric Sykes. ★★★★
9.00 **End of Days** *5Spike* Action horror thriller. (HD) ★★
9.00 **Gladiator** *5STAR* Director Ridley Scott's ancient Roman epic. (HD) ★★★★
9.00 **Austin Powers: International Man of Mystery** *Comedy Central* Spy spoof. (HD) ★★★★
9.00 **Deadly Secrets by the Lake** *Lifetime* Mystery. (HD) ★★
10.00 **In Time** *Syfy* Sci-fi thriller. ★★★
11.00 **The Resident** *AMC* Horror thriller with Hilary Swank. ★★
12.50 AM **The Yards** *AMC* Drama with Mark Wahlberg. ★★★
1.00 **The Diary of a Teenage Girl** *Channel 4* Drama. (HD) ★★★★
4.10 **Geo-Disaster** *Syfy* Sci-fi. ★★

THURSDAY Sport

SKY HD SD | VIRGIN HD | BT HD

1 August

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Good Morning Sports Fans Bitesize** Round-up of sports news with analysis and comment plus extended interviews with the headline makers.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 LIVE **The Ashes England v Australia.** The first day of the first Test in the five-match series, held at Edgbaston. *See feature, page 26*
6.55 PM LIVE **Vitality T20 Blast Cricket Glamorgan v Gloucester.** Coverage of the South Division match from Sophia Gardens in Cardiff.
10.15 LIVE **PGA Tour Golf** Coverage of the first day of the Wyndham Championship at Sedgefield Country Club in Greensboro, North Carolina.
11.00 PM **to 6.00** AM **Sky Sports News** A round-up of the day's talking points and a look ahead to the events that are likely to make the news tomorrow, featuring previews and interviews.

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
8.00 **Best PL Goals**
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **PL Best Goals**
1.00 PM **Premier League Years** A look back at memorable moments from seasons past.
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games** A look at the greatest Premier League game for each club, as voted for by fans.
5.00 **Premier League 100 Club** Profiles of Premier League legends.
6.00 **Premier League Legends**
7.00 **The Tyler Archives** Martin Tyler revisits some of his favourite moments from past games. **7.30** Past games between Arsenal and Manchester United.
8.00 **Premier League Years**
10.00 **Premier League 100 Club**
10.30 **PL Greatest Games**
11.00 **Premier League Legends**
12.00 M'T **PL Best Goals**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **MLS** As shown at 7.00pm.
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **EFL Goals: Championship** Sky Bet Championship action.
7.00 **MLS** Action from the game between MLS All-Stars and Atletico Madrid.
9.00 **EFL Highlights** Action from the Football League.
11.00 **Football's Greatest Players** The lives and careers of some of world football's superstars.
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **Football Countdowns**
5.00 **Football's Greatest Players**
5.30 **to 6.00** AM **Football Years**

Sky Sports The Ashes

404 404 858 | 514 504

6.00 AM **Ashes Memories** Andrew Strauss shares his experiences of playing against Australia.
7.00 **Ashes Memories** Former England captain Nasser Hussain shares his memories of playing in the Ashes against Australia.
8.00 **Ashes Regained: Cook's Redemption** A review of the five-match series from 2015.
10.00 LIVE **The Ashes England v Australia.** The first day of the first Test in the five-match series, held at Edgbaston. *See feature, page 26*
6.55 PM LIVE **Vitality T20 Blast Cricket Glamorgan v Gloucester.** Coverage of the South Division match from Sophia Gardens in Cardiff.
10.15 **The Ashes** Action from the first day of the first Test in the five-match series between England and Australia, at Edgbaston.
11.15 **The Ashes Debate**
11.45 **The Ashes**
12.45 AM **The Ashes Debate**
1.15 **Vitality T20 Blast Cricket** Glamorgan v Gloucestershire.
4.35 **Ashes Greats**
5.00 **Best of England v Australia**
5.50 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **PGA Tour Champions**
7.00 **Inside the PGA Tour**
7.30 **Golfing World**
8.00 **PGA Tour Champions**
9.00 **Inside the PGA Tour**
9.30 **Golfing World**
10.00 **Women's British Open on the Range**
11.00 LIVE **Ladies European Tour Golf 2019** Coverage of day one of the Women's British Open, the final Major tournament of the year, which takes place at Woburn Golf Club in Milton Keynes.
6.00 PM LIVE **PGA Tour Golf** Coverage of the featured groups on the opening day of the Wyndham Championship.
8.00 LIVE **PGA Tour Golf** Coverage of the first day of the Wyndham Championship at Sedgefield Country Club in North Carolina.
11.00 **Ladies European Tour Golf**
12.00 M'T **Feherty Talks to Jack Nicklaus, Rickie Fowler & Bob Bryan**
1.00 AM **PGA Tour Golf**
4.00 **Feherty Talks to Jon Rahm and Larry Fitzgerald**
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **BT Sport Reload** The best of the recent action.
6.15 **No Filter MLB: Red Sox v Yankees**
6.30 **Premier League Legends**
8.00 **Premier League**
12.30 PM **Premier League**
3.30 **SGB Premiership** Action from the British Final of the Speedway Great Britain Premiership.
5.30 **FIM Speedway Highlights** Action from the final of the FIM Speedway of Nations in Russia.
6.30 **WTA All Access** The latest news from the women's tennis tour.
7.00 LIVE **WTA Tennis** Coverage of day four of the Mubadala Silicon Valley Classic in San Jose, USA.
1.00 AM **Classic Boxing: Hodkinson v Villasana**
1.30 **BT Sport Films: Cornered**
2.30 **MotoGP Rewind** Action from the Grand Prix of Germany, round nine of the 2019 MotoGP season.
2.45 **No Filter MLB: Red Sox v Yankees**
3.00 LIVE **WTA Tennis** Coverage of day four of the Mubadala Silicon Valley Classic in San Jose, USA.
5.00 **to 6.00** AM **Classic MOTD – Thrillers**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **MotoGP Films: A Decade in MotoGP**
8.00 **WRC Classic: Top 10 Crashes**
9.00 **WRC Classic**
11.00 **The WRC Magazine**
11.30 **European Le Mans Series Highlights** Action from Spain.
12.30 PM **BRDC British F3 Championship Highlights** Action from round five of the BRDC Formula 3 Championship in Spa.
1.30 **Fishing: On the Bank**
2.30 **This Magic Moment**
4.30 **Premier League Legends**
6.00 **World Sailing**
6.30 **Inside Sailing**
7.00 LIVE **WTA Tennis** Day four of the Citi Open in Washington, USA.
1.00 AM **UFC NOW**
2.00 **FIM Sidecar World Championship Highlights** Action from the third round of the FIM Sidecar World Championship in Oschersleben, Germany.
2.30 LIVE **CFL Saskatchewan Roughriders v Hamilton Tiger-Cats.** Coverage of the match from the eighth round of fixtures, taking place at Mosaic Stadium. Kick-off **2.30am**.
5.30 **to 6.00** AM **In Depth with Graham Bensinger**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **Bundesliga 2**
8.00 **FIA Karting Championships**
8.30 **FIM Sidecar World Championship Highlights**
9.00 **Gearing Up**
9.30 **Fishing: On the Bank**
10.30 **BT Sport Reload**
10.45 **Sport in Focus: Valentino Rossi**
11.00 **UEFA Champions League – Stories of the Finals**
12.00 NOON **UEFA Champions League**
3.30 PM **FIA Karting Championships**
4.00 **Irish Rally Review**
4.30 **WRC Review**
5.30 **The WRC Magazine**
6.00 LIVE **World Rally Championship** Coverage of Rally Finland, round nine of the season.
7.00 **Mobil 1: The Grid**
7.30 **2019 European Games**
8.30 **Gearing Up**
9.00 **UFC**
12.00 M'T LIVE **CFL Toronto Argonauts v Winnipeg Blue Bombers.** Coverage from BMO Field. Kick-off **12.00m't**.
3.00 AM **Inside Sailing**
3.30 **World Sailing**
4.00 **FIM Speedway Highlights**
5.00 **to 6.00** AM **BRDC British F3 Championship Highlights**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
8.00 **Boxing Gold**
9.00 **NFL: America's Game**
10.00 **Sporting Records**
10.30 **Fast Zone**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
1.30 **Fast Zone**
2.00 **Darts Gold**
2.30 **Boxing Gold**
3.30 **Fast Zone**
4.00 **Tenerife Blue Trail 2019**
4.30 **Sporting Records**
5.30 **Show Jumping**
6.30 **The Darts Show**
7.00 **NBC's ProFootballTalk**
9.00 **The Darts Show**
9.30 **World Rugby Show**
10.00 **Show Jumping** The Royal International Horse Show.
11.00 **NFL: A Football Life**
12.00 M'T **The Darts Show**
12.30 AM **Legends of Darts**
1.00 **Super League Gold**
1.30 **The Darts Show**
2.00 **NFL – Greatest Games**
3.30 **The Darts Show**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 | 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **My Icon**
8.00 **Great Sporting Moments**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **NFL: America's Game** The history of American football.
11.00 LIVE **Ladies European Tour Golf** Coverage of day one of the Women's British Open, the final Major tournament of the year, which takes place at Woburn Golf Club in Milton Keynes.
6.00 PM **Show Jumping** Action from the Science Supplements BHS Queen Elizabeth II Cup and the Longines BHS King George V Gold Cup at Hickstead.
8.00 **US Open 9-Ball Pool** Action from this year's tournament in Las Vegas.
9.00 **Show Jumping** Action from the Science Supplements BHS Queen Elizabeth II Cup at Hickstead.
10.00 **US Open 9-Ball Pool**
11.00 **Ladies European Tour Golf** Action from the opening day of the Women's British Open.
12.00 M'T **US Open 9-Ball Pool**
1.00 **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 | 530 | 411 434

6.00 AM **Highlights**
7.00 **Pardon the Interruption**
7.30 **World of X Games**
8.30 **Baseball Tonight**
11.00 **Around the Horn**
11.30 **Pardon the Interruption**
12.00 NOON **ESPN FC**
12.30 PM **Drag Racing Highlights**
1.30 **MLB**
4.30 **Baseball Tonight**
5.00 **MLB**
8.00 **BT Sport Reload**
8.15 **MLB: Caps Off**
8.30 LIVE **MLB Oakland Athletics v Milwaukee Brewers.** From Oakland-Alameda County Coliseum. Start-time **8.37pm**.
11.30 **BT Sport Reload**
11.45 **MLB: Caps Off**
12.00 M'T **College Football Live**
12.30 AM **Mobil 1: The Grid**
1.00 **World of X Games**
2.00 LIVE **X Games** Coverage from the X Games Minneapolis 2019.
4.00 **to 6.00** AM **Highlights**

Eurosport 1

410 410 864 | 523 521 | 412 435

7.30 AM **Snooker: UK Championship**
9.30 **Ultra Trail: World Tour**
10.00 **Cycling: Tour de Wallonie**
11.00 **Cycling: UK Men's Road Series**
11.30 **RideLondon**
1.30 PM **Cycling: Tour de Wallonie**
2.30 **Cycling: UK Women's Road Series** The South Coast Classic.
3.00 **Clasica San Sebastian 2018**
4.00 **RideLondon**
6.00 **Snooker: UK Championship**
8.00 **Clasica San Sebastian 2018** Action from the prestigious one-day race in Spain.
9.00 **RideLondon** The 2018 RideLondon-Surrey Classic: Action from the 200km men's cycling race.
10.00 **Cycling: Tour de France**
11.05 **Rallycross: Titans-RX Series**
11.35 **Motocross World Championship**
12.35 AM **Porsche Supercup**
1.15 **to 1.35** AM **Eurosport News**

Eurosport 2

411 411 865 | 524 522 | 413 436

6.30 AM **Highlights**
7.30 **Cycling: Tour de Wallonie**
8.30 **Cycling: UK Men's Road Series**
9.00 **Cycling: UK Women's Road Series** The South Coast Classic.
9.30 **Motorcycling: EWC All Access**
10.00 **British GT Championship**
11.00 **Caterham Championships**
12.30 PM **Porsche Supercup**
1.30 **Rallycross: Titans-RX Series**
2.00 **British GT Championship**
3.00 **Caterham Championships**
4.00 **Bennetts British Superbikes**
5.00 **Bennetts British Superbikes Extra** From Snetterton.
6.00 **Porsche Supercup**
6.30 **Rallycross: Titans-RX Series**
7.00 **Cycling: Tour de France**
8.00 **Snooker: Scottish Open**
10.00 **World Superbikes**
11.00 **Chess: Grand Prix Series**
12.00 M'T **Caterham Championships**
1.00 AM **British GT Championship**
2.00 **Masters Snooker**
4.00 **to 7.00** AM **Highlights**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Sporting Greats**
7.00 **WWE Smackdown Hlts**
8.00 **NRL Try Time**
9.00 **Show Jumping**
10.00 **GAA Weekly Round-Up**
11.00 **Show Jumping**
12.00 NOON **NFL: America's Game**
1.00 PM **GAA Weekly Round-Up**
2.00 **Show Jumping**
3.00 **Sporting Records**
4.00 **WWE Raw**
6.00 **Sporting Records**
6.30 **Tenerife Blue Trail 2019**
7.00 LIVE **Betfred Super League** Coverage of a crucial game.
10.00 **WWE Main Event** Wrestling action from the States.
11.00 **WWE Late Night Raw**
1.00 AM **Sporting Records**
2.00 **Betfred Super League**
2.15 **Super League Gold**
3.00 **Sporting Records**
4.00 **Betfred Super League**
4.15 **Great Sporting Moments**
5.00 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Formula 1**
1.00 PM **German F1 GP Notebook**
1.30 **German F1 GP Best Bits**
2.00 LIVE **F1 Drivers Press Conference** The drivers answer the media's questions ahead of the Hungarian Grand Prix.
2.30 **Alfa Romeo 1950**
2.35 **Formula 1**
4.30 **Hungarian F1 GP Best Bits**
5.00 **Welcome to the Weekend**
5.30 **Formula 1**
6.30 **German F1 GP Notebook**
7.00 **Welcome to the Weekend**
7.30 **The Inside Line**
8.00 **Welcome to the Weekend**
8.30 **Hungarian F1 GP Best Bits** Highlights from the 2018 Hungarian Grand Prix.
9.00 **F1 Classic Races** The 2011 Hungarian Grand Prix.
11.30 **The Inside Line**
12.00 M'T **Formula 1**
1.00 **to 6.00** AM **The Home of F1**

Friday

2 August

Evening Planner

Factual

Mortimer & Whitehouse: Gone Fishing
BBC2 HD, 8pm
Paul Whitehouse and Bob Mortimer fish for wild brown trout in the River Usk.

Comedy

Hold the Sunset
BBC1 HD, 9pm
As the romantic sitcom returns, Queenie encourages Phil to hold an open day to sell his house, while Roger goes busking

Drama

Fosse/Verdon
BBC2 HD, 9pm
Sam Rockwell and Michelle Williams co-star in a biopic of the choreographer and dancer, starting with a double bill

OnDemand

NETFLIX

Otherhood
Available today
Three empty-nesters driving to visit their sons learn life lessons along the way in a comedy starring Angela Bassett

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites	101 BBC1	7.00 The One Show	7.30 Garden Rescue †	8.00 EastEnders	8.30 A Question of...	9.00 Hold the Sunset	9.30 Still Game	10.00 News; Local News	10.35 Killing Eve
	102 BBC2	7.00 Hidden Wales with Will Millard		8.00 Mortimer &...	8.30 Gardeners'...	9.00 Fosse/Verdon			10.30 Newsnight
	103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Rescue: River... †	8.30 Coronation Street	9.00 Lethal Weapon		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Grand Designs		9.00 8 Out of 10 Cats Does Countdown		10.00 The Lateish Show with Mo Gilligan	
	105 CHANNEL 5	7.00 Cricket on 5		8.00 The City Under the Sea: Drain the...		9.00 Celebrity 5 Go Barging			10.15 When Luxury Holidays Go...
	106 SKY ONE	7.00 The Simpsons		8.00 Modern Family		9.00 Carpool Karaoke: Special		10.00 A League of Their Own	
Entertainment	116 BBC4	7.00 World News	7.30 BBC Proms: Britten and Mahler				9.30 Top of the...	10.00 Film: Ibiza: The Silent Movie	
	118 ITV2	7.00 You've Been Framed! Gold Top 100...		8.00 Two and a Half Men		9.00 Film: Fast & Furious 7			
	136 MORE4	◂ 6.55 The Supervet		7.55 Escape to the Chateau		9.00 Code 37: Sex Crimes			
	135 E4	7.00 Hollyoaks	7.30 School of Rock	8.00 The Big Bang Theory		9.00 Film: Dodgeball: A True Underdog Story			
	107 SKY WITNESS	◂ 6.30 My Kitchen Rules: Australia		8.00 Criminal Minds		9.00 9-1-1		10.00 Instinct	
	108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 The Affair			
	110 GOLD	7.00 dinnerladies	7.35 Open All Hours		8.20 Only Fools and Horses	9.00 dinnerladies			10.15 Michael McIntyre's...
	111 DAVE	7.00 QI XL		8.00 Have I Got a Bit More Old News for You		9.00 Red Dwarf			10.20 Josh
	119 ITV3	7.00 Murder, She Wrote		8.00 Lewis				10.00 Foyle's War	
	120 ITV4	7.00 The Chase		8.00 Film: A View to a Kill					
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 The Roast of Bruce Willis	
	114 SYFY	7.00 Star Trek: The Next Generation		8.00 Stargate Atlantis		9.00 Film: The Abyss			
	109 W	7.00 MasterChef Junior USA		8.00 Emma Willis: Delivering Babies		9.00 Gavin & Stacey			
	113 UNIVERSAL	7.00 NCIS		8.00 Major Crimes		9.00 Chicago Justice		10.00 Law & Order: Special Victims Unit	
	124 FOX	7.00 NCIS				9.00 NCIS: New Orleans		10.00 L.A.'s Finest	
	122 SKY ARTS	7.00 Classic Albums		8.00 Discovering...	8.30 Video Killed...	9.00 Punk			10.15 DOA: A Rite of Passage
Documentary	125 DISCOVERY	7.00 Outback Truckers		8.00 Combat Dealers		9.00 Greatest Events of World War II		10.00 Wings of War	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees				9.00 Alaska: The Last Frontier		10.00 Animal Cops Miami	
	129 NAT GEO	7.00 Drain the Oceans		8.00 The World's Biggest Shredder		9.00 Celebration Nation		10.00 Japan's Tsunami: Caught on Camera	
	130 HISTORY	7.00 American Pickers		8.00 The Curse of Oak Island		9.00 42 Ways to Kill Hitler			10.15 World War Two Lost Films
	155 YESTERDAY	7.00 Abandoned Engineering		8.00 WW2 – Battles for Europe		9.00 War Factories		10.00 Nazi Hunters	
	166 EDEN	7.00 Mountain: Life at the Extreme		8.00 Rhino Orphanage		9.00 Wild Colombia with Nigel Marven		10.00 Planet Earth	
Films	301 SKY PREMIERE	◂ 6.25 Johnny English Strikes Again		8.00 The Darkest Minds				10.00 The Possession of Hannah Grace	
	302 SKY MEGAHITS	◂ 5.45 Titanic				9.00 Deadpool 2			
	303 SKY GREATS	◂ 6.20 Stand by Me		8.00 Top Gun				10.00 Big Trouble in Little China	
	304 SKY DISNEY	◂ 6.20 Monsters, Inc		8.00 Christopher Robin			9.50 Honey, I Shrunk the Kids		
	305 SKY ANIMATION	◂ 6.10 Ferdinand		8.00 Cloudy with a Chance of Meatballs 2			9.40 The Jungle Book		
	306 SKY ACTION	◂ 6.15 Fast & Furious 6			8.30 Fast & Furious...	9.00 Mission: Impossible – Fallout			
	307 SKY COMEDY	◂ 6.15 50 First Dates		8.00 Juliet, Naked			9.45 Superbad		
	308 SKY THRILLER	7.00 Extremely Wicked, Shockingly Evil, and Vile				9.00 The Godfather Part II			
	309 SKY DRAMA	◂ 6.15 Euphoria		8.00 Darkest Hour					10.10 Puzzle
	310 SKY SCI-FI	7.00 Pacific Rim: Uprising				9.00 Elysium			
	311 SKY SELECT	7.00 The Ballad of Lefty Brown				9.00 O Brother, Where Art Thou?			
	313 FILM4		7.15 Fantastic Four: Rise of the Silver Surfer			9.00 Mechanic: Resurrection			
	315 TCM	◂ 6.35 The Big Sleep				9.00 The Game			
Sport	401 MAIN EVENT	7.00 EFL – Live: Luton Town v Middlesbrough: The Championship clash from Kenilworth Road (Kick-off 7.45)							10.15 PGA Tour Golf – Live
	402 PREMIER LEAGUE	◂ 4.00 FIFA eWorld Cup Series – Live: Day one of the finals			8.30 Premier League Years				10.30 PL World
	403 FOOTBALL	7.00 EFL – Live: Luton Town v Middlesbrough: The Championship clash from Kenilworth Road (Kick-off 7.45)							10.15 EFL Greatest Games
	404 THE ASHES	◂ 6.55 Vitality T20 Blast Cricket – Live: Northamptonshire Steelbacks v Derbyshire Falcons: From the County Ground in Northampton							10.15 The Ashes
	413 BT SPORT 1	7.00 Premier League Season Review				9.00 PL 100	9.30 No Filter Boxing	10.00 Premier League Preview	
	414 BT SPORT 2	7.00 FIM Sidecar...	7.30 BT Sport Reload	8.00 WTA Tennis – Live: The quarter-finals of the Mubadala Silicon Valley Classic in San Jose					

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101/115 801 101 108 1 101 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Wanted Down Under Revisited** Sampling life in Adelaide. (S)(R)
10.00 **Homes Under the Hammer** Property show. (S)(R)(AD)
11.00 **Food: Truth or Scare** (S)(R)
11.45 **Armchair Britain** (S)(R)
12.15 PM **Bargain Hunt** (S)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **800 Words** New episode 5/16. Woody makes his secret trip to Australia. (S3) (S)(AD)
2.30 **Escape to the Country** Property shopping in the Yorkshire Dales. (S)(R)(AD)
3.30 **Make Me a Dealer** (S)(R)
4.15 **Flog It!** From St Albans. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.30 Still Game

7 PM

7.00 **The One Show** Stacey Dooley co-hosts the weekday magazine show. (S)
7.30 **Garden Rescue** Designing a garden for a busy medic in Winchester, Hampshire. (S)(R)

8 PM

8.00 **EastEnders** Phil's life continues to hang in the balance. (S)(AD)
8.30 **A Question of Sport** New edition With Amy Tinkler, Karen Pickering, James Toseland and Greg Rutherford. (S)

9 PM

9.00 NEW SERIES **Hold the Sunset** 1/6. Phil begins to despair of ever selling his house. (S2) (S)
9.30 **Still Game** Final episode 6/6. Jack, Victor and the gang decide to climb Ben Lomond. (S9) (S)(AD)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S) Followed by **Lottery Update** (S)
10.35 **Killing Eve** *You're Mine:* 8/8. Carolyn leaves Eve's future in her own hands. (S2) (S)(R)(AD)

11.20 **New Tricks** *Tender Loving Care:* The team members investigate the murder of a junior doctor, strangled in 2010. (S)(R)(AD)
12.20 AM FILM **8 Minutes Idle** Offbeat British comedy starring Tom Hughes and Ophelia Lovibond. A young man ends up secretly living in the call centre where he works. (S) (2012, 15, 85min) ★★
1.45 **Weather for the Week Ahead** Seven-day forecast. (S)
1.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 102 102 2 102 102 102/106

6.30 AM **The Secret History of the British Garden** (S)(R)(AD)
7.30 **An Island Parish: Falklands** (S)(R)
8.00 **Sign Zone: Gardeners' World** Ideal plants for dry shade. (S)(R)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
1.00 PM **Curious Creatures** (S)(R)
1.30 **Getting the Builders In** (S)(R)
2.15 **Best Bakes Ever** (S)(R)
3.00 **Hairy Bikers' Best of British** Extravagant dishes. (S)(R)
3.45 **More Creatures Great and Small** A cow struggles in labour. (S)(R)
4.15 **Meet the Moose Family: Natural World** (S)(R)(AD)
5.15 **Antiques Road Trip** (S)(R)
6.00 **Celebrity Eggheads** (S)(R)
6.30 **The Customer Is Always Right** More products are tested. (S)(R)

8.30 Gardeners' World

7.00 **Hidden Wales with Will Millard** 2/3. The writer explores mid-Wales and the west of the country, visiting a lead mine that is thousands of years old, an abandoned sea fort and a derelict asylum. (S)(R)

8.00 NEW SERIES **Mortimer & Whitehouse: Gone Fishing** 1/6. Paul Whitehouse and Bob Mortimer visit the River Usk. (S)
8.30 **Gardeners' World** New edition Adam Frost visits Sledmere Gardens. (S)

9.00 NEW SERIES **Fosse/Verdon** *Life Is a Cabaret:* 1/8. Drama starring Sam Rockwell, about choreographer Bob Fosse and dancer Gwen Verdon. (S) **9.50** New episode *Who's Got the Pain?* 2/8. While in Majorca, Gwen considers her relationship with Bob, who has been unfaithful during the filming of *Cabaret*. *See feature, page 8* (S1) (S)(AD) ■ The full series is available on BBC iPlayer.
10.30 **Newsnight** (S)

11.00 **Weather** (S)
11.05 **Golf: Women's Open Highlights** Eilidh Barbour presents action from day two at Woburn Golf Club, near Milton Keynes. (S)
12.05 AM **A Fresh Guide to Florence with Fab 5 Freddy** (S)(R)
1.05 **Sign Zone: Boeing's Killer Planes – Panorama** The fatal flaws of the Boeing 737 Max. (S)(R)
1.35 **Sign Zone: A Cut Too Far? Male Circumcision** (S)(R)(AD)
2.20 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 103 113/103 3 103 103 111

6.00 AM **Good Morning Britain** (S)
8.30 **Lorraine** The host is joined in the studio by Sarfraz Manzoor. (S)
9.25 **Judge Rinder** (S)(R)
10.30 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.00 **ITV News** (S)
1.20 **Local News** (S)
1.30 LIVE **ITV Racing: Glorious Goodwood** Ed Chamberlin and Francesca Cumani present the fourth day of the festival, including the 3.35 King George Qatar Stakes, which follows races at 1.50, 2.25 and 3.00. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Lethal Weapon

7.00 **Emmerdale** Jai is determined to get the truth, and Victoria struggles to hide her panic. (S)(AD)
7.30 **Coronation Street** Jan's shifty behaviour inflames Seb's suspicions. (S)(AD)

8.00 **Rescue: River Deep, Mountain High** New edition 2/8. Helping a man with a broken leg. (S)(AD)
8.30 **Coronation Street** Tyler's dad Jed poses a new threat to Robert. (S)(AD)

9.00 **Lethal Weapon** New episode *Need to Know:* 2/15. Murtaugh and Cole try to find a steady rhythm as they work to solve the murder of a finance executive. Cole also navigates his role with his ex and his daughter. (S3) (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 FILM **Lethal Weapon 3** Comedy action thriller sequel starring Mel Gibson. (S)(AD) (1992, 15, 120min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.45 AM **Teleshopping**
3.00 **All Star Mr & Mrs** Andrea McLean, Audley Harrison, Nicky Clarke and their respective significant others battle it out in the couples-based quiz. (S)(R)
3.50 **to 6.00** AM **ITV Nightscreen**

+1 hour 203 114 33 112

CHANNEL 4

104 104/138 803 104 141 4 104 104

6.25 AM **Mike & Molly** (S1) (S)(R)
7.20 **The King of Queens** (S3) (S)(R)
8.10 **Everybody Loves Raymond** 2&3/26. (S3) (S)(R)(AD)
9.10 **Frasier** 9&10/24. (S7) (S)(R)
10.10 **The Big Bang Theory** (S)(R)(AD)
11.00 **The Simpsons** (S)(R)(AD)
12.00 NOON **News** (S)
12.05 PM **A New Life in the Sun** (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** New edition With guest John Inverdale. (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The £100k Drop** New edition (S)
5.00 **Come Dine with Me** New edition A retiree sets out to impress with tried and tested favourites. (S)
5.30 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Sinead is upset when she gets a letter from Laurie ahead of his sentencing. (S)(AD)

10.00 The Lateish Show with Mo...

7.00 **News** (S)

8.00 **Grand Designs** A couple plan to build a new family home in rural East Sussex almost entirely out of concrete, with construction involving cutting-edge technologies conceived in Switzerland. (S)(R)(AD)

9.00 **8 Out of 10 Cats Does Countdown** New edition Sean Lock and Victoria Coren Mitchell take on Jon Richardson and James Acaster, while Morgana Robinson joins Susie Dent in Dictionary Corner. (S)

10.00 **The Lateish Show with Mo Gilligan** New edition 3/6. The RTS award-winning and BAFTA-nominated comedian and actor chews the fat with big-name guests including comedian Aisling Bea. (S)

11.05 **Friday Night Dinner** (S)(R)(AD)
12.05 AM **Shipmates** Series finale 5/5. It is the last day and the all-important vote is looming. (S)
1.00 FILM **Sin City: A Dame to Kill For** Crime thriller sequel based on the comic-book series, starring Eva Green and Mickey Rourke. (S) (2014, 18, 100min) ★★★
2.40 **GameFace** (S)(SL)(R)(AD)
3.05 **Come Dine with Me** (S)(R)
5.10 **to 6.00** AM **The £100k Drop** (S)

+1 hour 204 142 15 109 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Bargain-Loving Brits By the Sea** In Blackpool. (S)(R)
12.10 PM **News** (S)
12.15 **Can't Pay? We'll Take It Away!**
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM PREMIERE **Murder at the Mansion** Thriller. (S) (2018, PG, 105min) ★★
4.00 **Friends** 13&14/18. (S10) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Dee admits to Toadie that she is falling for him. (S)(R)(AD)
6.00 **Home and Away** John is hurt when Jett makes it clear he can manage without him. (S)(R)(AD)
6.30 **News** (S)

9.00 Celebrity 5 Go Barging

7.00 **Cricket on 5** Action from the second day of the first Test in the five-match Ashes series between England and Australia, taking place at Edgbaston, Birmingham. (S)

8.00 NEW **The City Under the Sea: Drain the Ocean** Documentary pulling a CGI plug on the Mediterranean Sea, unlocking the mysteries of the Greeks and Romans and revealing the forces lurking beneath its waves. (S)

9.00 **Celebrity 5 Go Barging** New edition 3/5. Famous faces Michael Buerk, Amanda Barrie, Anita Harris and John Prescott set off for a spooky trip through Staffordshire's 1.5-mile-long Harecastle Tunnel. (S)

10.15 NEW **When Luxury Holidays Go Horribly Wrong** Dream vacations ending in disaster, including a couple caught up in the Las Vegas shootings in October 2017. (S)

11.15 **Million Pound Handjobs** (S)(R)
12.15 AM **Selling Sex on the Streets** Following six women who sell their bodies. (S)(R)
1.10 **21.co.uk Live Casino Show** (S)
3.10 **GPs: Behind Closed Doors** (S)
4.00 **Secrets of the National Trust with Alan Titchmarsh** (S)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 155 44 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal House** (S)(R)(AD)
7.00 **Monkey Life** (S)(R)(AD)
8.00 **The Dog Whisperer** (S)(R)
9.00 **Supergirl** 10/20. (S1) (S)(R)
10.00 **The Flash** 10/23. (S3) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** 8&9/22. Double bill. (S4) (S)(R)
3.00 **MacGyver** 12/23. (S2) (S)(R)
4.00 **Modern Family** 21&22/24. Double bill. (S6) (S)(R)
5.00 **The Simpsons** (R)
5.30 **Futurama** *How Hermes Requisitioned His Groove Back:* Hermes misses out on promotion. (S)(R)(AD) **6.00** *A Clone of My Own:* The Professor retires. (S)(R)(AD)
6.30 **The Simpsons** *Million Dollar Abie.* Grampa is inspired to become a matador. (S)(R)

9.00 Carpool Karaoke: Special

7.00 **The Simpsons** *Kiss Kiss Bang Bangalore:* Mr Burns sends Homer to train new workers in India. (R) **7.30** *The Wettest Stories Ever Told:* The family recount three stories about disasters at sea. (S)(R)

8.00 **Modern Family** 6/24. On the first day of school, Jay and Gloria argue over what Manny should wear. (S)(R)(AD) **8.30** 7/24. Manny takes up fencing with the whole family's support. (S1) (S)(R)

9.00 **Carpool Karaoke: Special** Celine Dion joins James Corden for a spin around Las Vegas as they belt out some of her greatest hits, as well as a *Titanic* performance on a boat in the Fountains of Bellagio. (S)(R)

10.00 **A League of Their Own** Nick Grimshaw, Niall Horan and Kirsty Gallacher join host James Corden and regulars Jamie Redknapp, Andrew Flintoff and Jack Whitehall on the sports-based comedy quiz. (S)(R)(AD)

11.00 **Manifest** *Pilot:* 1/16. Supernatural drama starring Melissa Roxburgh. (S1) (R)
12.00 M'T **The Russell Howard Hour** With guest Fiona Bruce. (S)(R)
1.00 AM **Brit Cops: Frontline Crime UK** Documentary. (S)(R)
2.00 **Road Wars** (S)(R)
3.00 **NCIS: Los Angeles** (S7) (S)(R)
4.00 **Babylon 5** 18/22. (S3) (S)(R)
5.00 **to 6.00** AM **Stargate SG-1** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
7.30-8.00pm Scotland's Home of the Year (S)(R)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am-12.15pm Weatherman Walking: The Welsh Coast (S)(R) **10.35pm** Tudur's TV Flashback New edition (S) **11.05** Warriors: Our Homeless World Cup (S)(R) **11.35** Killing Eve (S)(R)(AD) **12.15am** New Tricks (S)(R)(AD) **1.15-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
12.05-1.05am Sign Zone: Louis Theroux: Surviving America's Most Hated Family (S)(SL)(R)(AD)

WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Parti Bwyd Beca **12.30** Heno **1.00** Dylan ar Daith **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Bwyd Bach Shumana a Catrin Series finale **3.30** Pethe **4.00** Awr Fawr: Olobobs **4.05** Awr Fawr: Da 'Di Dona **4.15** Awr Fawr: Bach a Mawr **4.30** Awr Fawr: Stiw **4.45** Awr Fawr: Deian a Loli **5.00** Stwnsh: Larfa **5.05** Stwnsh: Mwy o Mwfs: MOM **5.25** Stwnsh: Cath-Od **5.35** Stwnsh: Crwbanod Ninja **6.00** Newyddion S4C a'r Tywydd **6.10** Cyfres Triathlon Cymru: Triathlon y Snowman **6.35** 3 Lle: Georgia Ruth Williams **7.00** Heno **8.00** Eisteddfod Genedlaethol 2019 New edition **8.15** NEW Y Tylwyth **10.15** Oci Oci Oci **11.15pm-12.20am** Eisteddfod Genedlaethol 2019

TV&Satellite Week
New issue on sale now

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **World News Today** Followed by **Weather**
7.30 NEW **BBC Proms: Britten and Mahler** Britten's *Piano Concerto* and Mahler's *Das Lied von der Erde.*
9.30 **Top of the Pops: 1988** Performances by S'Express, George Michael, Hazell Dean and Pet Shop Boys.
10.00 FILM PREMIERE **Ibiza: The Silent Movie** Director Julien Temple and soundtrack provider Fatboy Slim offer a musical time-travelling trip through the history of dance music's most influential and spiritual island in the Mediterranean. (2019, 15, 91min) ★★
11.35 NEW **Everybody in the Place: An Incomplete History of Britain 1984-1992** UK rave.
12.35 AM **Can You Feel It – How Dance Music Conquered the World**
1.35 **Top of the Pops: 1988**
2.05 **to 3.05** AM **Rollermania: Britain's Biggest Boy Band**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Judge Rinder**
7.10 **Dinner Date**
8.00 **Emmerdale**
9.00 **You've Been Framed!**
9.25 **Ellen DeGeneres Show**
10.25 **Superstore**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
1.15 **You've Been Framed!**
1.50 **Ellen DeGeneres Show**
2.45 **Dinner Date**
3.50 **Dress to Impress**
4.55 **Take Me Out**
6.30 **You've Been Framed!**
7.00 **You've Been Framed! Gold Top 100 Animals** Clips featuring animals.
8.00 **Two and a Half Men** 1/23. Walden creates the perfect proposal atmosphere for Zoey's birthday. **8.30** 2/23. Zoey and Walden break up. (S10)
9.00 FILM **Fast & Furious 7** Action thriller sequel with Vin Diesel and Paul Walker. A rogue special forces assassin seeks revenge against Dom, Brian and their crew for putting his brother in a coma. (2015, 12, 137min) ★★★★
11.45 **Family Guy** 10/21. Three traditional fairy tales are retold – Quahog-style. (S12)
12.15 AM **Family Guy** 3/21. (S12)
12.40 **American Dad!**
1.35 **to 2.30** AM **Two and a Half Men**

+1 hour 218 116 27 114

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems**
9.05 **Food Unwrapped**
9.45 **Escape to the Chateau**
10.45 **The Great British Bake Off** Cake Week in the tent.
12.00 NOON **Find It, Fix It, Flog It** An old crop sprayer.
1.05 PM **Four in a Bed**
3.40 **Kirstie and Phil's Love It or List It**
4.50 **Love It or List It Australia**
5.55 **Secret Life of the Zoo**
6.55 **The Supervet** Noel Fitzpatrick treats a border collie in a lot of pain with a suspicious lump on its ankle.
7.55 **Escape to the Chateau** Dick Strawbridge and Angel Adoree arrange to host weddings at the chateau, and invest in solar power.
9.00 **Code 37: Sex Crimes** Series finale *The Oasis:* 12&13/13. The team investigate a savage attack against a young woman who has been raped and then left for dead. Subtitled. (S2)
10.55 **24 Hours in A&E** A man is airlifted to the hospital after being involved in a high-speed collision on the M25.
11.55 **24 Hours in A&E** A man arrives in resus with suspected internal bleeding after crashing his car.
1.00 AM **Ramsay's Kitchen Nightmares USA**
1.55 **The Supervet**
2.55 **to 3.55** AM **The Secret Life of the Zoo**

+1 hour 236 196 86 125

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Rules of Engagement**
8.00 **How I Met Your Mother**
9.00 **Melissa & Joey**
10.00 **Black-ish**
11.00 **Brooklyn Nine-Nine**
12.00 NOON **Young Sheldon**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **Black-ish**
5.00 **Speechless**
6.00 **The Big Bang Theory** 12&13/24. Double bill. (S5)
7.00 **Hollyoaks**
7.30 **School of Rock** New edition 3/13. Lawrence tries to prove his value. (S2)
8.00 **The Big Bang Theory** 13/24. Sheldon is forced to take a holiday. **8.30** 14/24. The guys worry when they buy fake tickets for Comic-Con. (S7)
9.00 FILM **Dodgeball: A True Underdog Story** Comedy with Vince Vaughn. (2004, 12, 92min) ★★★★
10.50 **Rick and Morty** New episode 5/10. (S3)
11.25 **Rick and Morty**
11.55 **Robot Chicken: Star Wars** Series finale (S1)
12.55 AM **The Big Bang Theory**
1.50 **Brooklyn Nine-Nine**
2.40 **8 Out of 10 Cats**
3.30 **Gogglebox**
4.25 **Brooklyn Nine-Nine**
5.10 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 146 28 123

Friday primetime

Friday primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

FRIDAY Entertainment

Friday

Sky Witness

107 107 807 112 111

- 6.00 AM **Motorway Patrol**
- 7.00 **Stop, Search, Seize**
- 8.00 **Nothing to Declare**
- 9.00 **Road Wars**
- 12.00 NOON **Brit Cops: Rapid Response**
- 3.00 PM **Border Security: Australia's Front Line** Seven editions of the documentary series following Australian Customs and Border Protection officers as they attempt to enforce the country's customs, quarantine, immigration and finance laws.

6.30 My Kitchen Rules...

7 PM

- 6.30 **My Kitchen Rules: Australia** New edition The *MKR* restaurant plays host to another sudden death cook-off.

8 PM

- 8.00 **Criminal Minds** *The Instincts:* 6/26. The agents are assigned to the case of a boy abducted in Las Vegas. (S4)

9 PM

- 9.00 **9-1-1** *Trapped:* 9/10. The emergency services race to save three separate cases of trapped victims. (S1)

10 PM

- 10.00 **Instinct** *Owned:* 7/13. Dylan and Lizzie are under pressure as they investigate the death of Jasmine's friend. (S1)
- 11.00 **Instinct** (S1)
- 12.00 M'T **Criminal Minds** (S6)
- 1.00 AM **Brit Cops: Law & Disorder**
- 2.00 **Blue Bloods** (S9)
- 3.00 **Brit Cops: War on Crime**
- 4.00 **Paramedics**
- 5.00 to 6.00 AM **The Real A&E**

+1 hour 207 140

Sky Atlantic

108 108 808

- 6.00 AM **The Guest Wing**
- 7.00 **Fish Town**
- 8.00 **Richard E Grant's Hotel Secrets** In Las Vegas.
- 9.00 **Discovering: Kirk Douglas**
- 10.00 **The West Wing** (S3)
- 12.00 NOON **Without a Trace** (S2)
- 2.00 PM **Blue Bloods** 5/22. (S5)
- 3.00 **The West Wing** (S3)
- 5.00 **Without a Trace** 12/24. The team search for a missing criminal defence attorney. **6.00** 13/24. The team look into the case of a kidnapped motivational speaker. (S2)

7.00 CSI

- 7.00 **CSI** *19 Down:* 9/24. Grissom announces he is leaving the team and ateempts to crack his final case. (S9)
- 8.00 **Blue Bloods** *Most Wanted:* 6/22. Frank and Danny work together to convict an international criminal. (S5)
- 9.00 **The Affair** 1/12. Helen tries to move on with a new man as she and Noah start divorce proceedings.
- 10.05 **The Affair** 2/12. Alison's idyllic life with Noah is interrupted, while Cole's behaviour spirals out of control. (S2)
- 11.15 **The Affair** 3/12. Noah's devotion has consequences. **12.20** AM 4/12. Noah and Alison suffer a setback. (S2)
- 1.25 **Six Feet Under** 9/12. (S4)
- 2.35 **Girls** 2/10. (S2)
- 3.10 **Blue Bloods** (S5)
- 4.10 to 6.00 AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

- 7.10 AM **A Sharp Intake of Breath**
- 8.05 **You Rang, M'Lord?**
- 9.05 **The Green Green Grass**
- 9.40 **Boomers**
- 10.20 **Last of the Summer Wine**
- 12.20 PM **2point4 Children**
- 1.00 **The Green Green Grass**
- 1.35 **Are You Being Served?**
- 2.20 **Open All Hours**
- 3.00 **Only Fools and Horses**
- 3.40 **Last of the Summer Wine**
- 5.35 **Are You Being Served?**
- 6.20 **2point4 Children** Bill is forced to reassess her feelings.

9.00 dinnerladies

- 7.00 **dinnerladies** Petula's bizarre lifestyle catches up with her.
- 7.35 **Open All Hours** Arkwright plots to get into Nurse Gladys's bedroom.
- 8.20 **Only Fools and Horses** Del acquires a nuclear fallout shelter, so the family have a practice run.
- 9.00 **dinnerladies** Bren frets over the implementation of a new DIY table-clearing initiative. **9.40** Tony worries Bren will be distracted during her TV debut.
- 10.15 **Michael McIntyre's Comedy Roadshow** From Brighton Dome.
- 11.20 **Two Pints of Lager and a Packet of Crisps**
- 11.55 **I'm Alan Partridge**
- 12.35 AM **Stag**
- 2.00 **Two Pints of Lager...**
- 2.30 **I'm Alan Partridge**
- 3.05 **Harry Hill's TV Burp**
- 3.30 to 4.00 AM **Spaced**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

- 6.00 AM **Classic Coronation Street**
- 6.55 **Heartbeat**
- 7.55 **Murder, She Wrote**
- 8.55 **On the Buses**
- 10.00 **George and Mildred**
- 10.30 **Agatha Christie's Marple**
- 12.40 PM **Heartbeat**
- 1.45 **Classic Emmerdale**
- 2.50 **Classic Coronation Street**
- 3.55 **Agatha Christie's Marple**
- 5.55 **Downton Abbey** 4/9. Branson's political views land him in trouble and Sybil's loyalty is tested. (S3)

8.00 Lewis

- 7.00 **Murder, She Wrote** *Crimson Harvest:* Jessica investigates two suspicious deaths at a vineyard.
- 8.00 **Lewis** *The Lions of Nemea:* When an American classics student's body is hauled from the canal with stab wounds, suspicion falls on her lover – a young astrophysics professor – and his jealous wife.
- 10.00 **Foyle's War** *The German Woman:* Police superintendent Foyle is frustrated at seeing everyone go off to war.
- 12.05 AM **FILM Carry On Behind** Carry On comedy starring Kenneth Williams, Elke Sommer and Joan Sims. (1975, PG, 90min) ★★
- 1.50 **Cilla** (S1)
- 2.45 **Wild at Heart** (S4)
- 4.30 to 5.30 AM **On the Buses**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

- 6.00 AM **Only When I Laugh**
- 6.25 **The Saint**
- 7.15 **Kojak**
- 8.10 **Quincy ME**
- 9.15 **Minder**
- 10.20 **The Sweeney**
- 11.30 **The Professionals**
- 12.35 PM **The Saint**
- 1.40 **Kojak**
- 2.45 **Quincy ME**
- 3.50 **Minder**
- 4.55 **The Professionals**
- 6.00 **The Sweeney** Regan investigates a bank robbery.

8.00 A View to a Kill

- 7.00 **The Chase** Contestants answer general knowledge questions and work as a team to secure a cash prize.
- 8.00 **FILM A View to a Kill** James Bond espionage adventure starring Roger Moore and Christopher Walken. Agent 007 strives to arrest the global ambitions of a crazed industrialist. With Tanya Roberts. (1985, PG, 121min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.45 **FILM The Departed** Martin Scorsese's crime thriller remake starring Leonardo DiCaprio, Matt Damon, Jack Nicholson, Mark Wahlberg and Martin Sheen. (2006, 18, 151min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 1.40 to 2.40 AM **The Professionals**

+1 hour 220 175 154

Sky Two

151 121

- 6.00 AM **Fat Families**
- 7.00 **Fat Families: Second Helpings**
- 8.00 **60 Minute Makeover**
- 10.00 **My Kitchen Rules: Australia** Double bill.
- 12.30 PM **Monkey Business**
- 1.00 **The Dog Whisperer**
- 2.00 **It's Me or the Dog**
- 3.00 **Relic Hunter** (S3)
- 4.00 **Ninja Warrior**
- 6.00 **Stargate SG-1** (S3)
- 8.00 **The Force: Manchester** The work of Greater Manchester Police.
- 9.00 **Ross Kemp: Extreme World** Meeting people trying to cross into the US from Mexico illegally. **10.00** The actor joins Kurdish forces fighting ISIS in Syria.
- 11.00 **Highway Cops**
- 12.00 M'T **Road Wars**
- 2.00 AM **Police Ten 7**
- 3.00 **Duck Quacks Don't Echo** With Jimmy Carr.
- 4.00 **Monkey Business**
- 5.00 to 6.00 AM **The Dog Whisperer**

Pick

152 123 11 144

- 6.00 AM **Nothing to Declare**
- 7.00 **Border Patrol**
- 8.00 **Highway Patrol**
- 9.00 **Caught Red Handed**
- 10.30 **Motorway Patrol**
- 11.00 **Police Force: Australia**
- 12.00 NOON **Road Wars**
- 1.00 PM **UK Border Force**
- 2.00 **Canada's Front Line**
- 3.00 **Nothing to Declare**
- 3.30 **Caught Red Handed**
- 5.00 **Without a Trace** (S7)
- 6.00 **Stargate SG-1** (S1)
- 7.00 **The Flash** 23/23. (S3)
- 8.00 **Big Cats: An Amazing Animal Family**
- 9.00 **Murders That Shocked**
- 10.00 **Hawaii Five-0** (S7)
- 11.00 **NCIS: Los Angeles** (S6)
- 12.00 M'T **Banged Up Abroad**
- 1.00 AM **Brit Cops**
- 2.00 **Road Wars**
- 3.00 **Real Prison Breaks**
- 4.00 **Highway Patrol**
- 4.30 **Motorway Patrol**
- 5.00 to 6.00 AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 19 157

- 7.10 AM **The Hurting**
- 8.00 **American Pickers**
- 9.00 **Storage Hunters UK**
- 10.00 **American Pickers**
- 1.00 PM **Top Gear**
- 2.00 **Cop Car Workshop**
- 3.00 **Yianni: Supercar Customiser**
- 4.00 **Modern Wheels or Classic Steals**
- 5.00 **Top Gear** Double bill.
- 7.00 **QI XL** With Sara Cox.
- 8.00 **Have I Got a Bit More Old News for You**
- 9.00 **Red Dwarf** *Justice:* 3/6. The crew land on a prison planet. **9.40** *White Hole:* 4/6. Holly inadvertently endangers the crew. (S4)
- 10.20 **Josh** 4/6. (S1)
- 11.00 **QI XL** As 7.00pm.
- 12.00 M'T **Mock the Week**
- 12.40 AM **Have I Got a Bit More Old News for You**
- 1.40 **Mock the Week**
- 3.00 to 4.00 AM **Dara O Briain's Go 8 Bit**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

- 8.00 AM **The Middle** (S5)
- 10.00 **Are We There Yet?**
- 11.00 **Friends** (S8&9)
- 1.00 PM **Friends**
- 4.00 **Are We There Yet?** Double bill. (S1)
- 5.00 **Friends** Eight episodes of the series, including at: **5.00** 3/24. Monica accepts a job offer from a famous Manhattan restaurant. (S9)
- 9.00 **Michael McIntyre's Big Show** With Josh Widdicombe, Bryan Adams, Jess Glynne, Chilly and Fly, and Ronan Keating.
- 10.00 **The Roast of Bruce Willis** Joseph Gordon-Levitt leads a comedy tribute to the actor.
- 12.00 M'T **Kevin Hart Live: Laugh at My Pain**
- 1.00 AM **The Daily Show** New edition
- 1.30 **South Park**
- 4.10 to 5.00 AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

- 9.00 AM **LittleBe**
- 12.00 NOON **Income Property**
- 12.25 PM **The Real Housewives of Atlanta**
- 1.20 **Million Dollar Listing: LA**
- 2.15 **Dallas Cowboys Cheerleaders**
- 3.10 **The Real Housewives of New Jersey**
- 4.05 **The Real Housewives of New York City** **5.00** New edition Luann struggles to deal with unwanted attention.
- 6.00 **Buying and Selling** A stay-at-home dad and working mum need help. **7.00** A couple struggle to find the perfect home.
- 8.00 **Dinner Date**
- 9.00 **Botched** Paul Nassif treats a nose that is stuck at an angle. **10.00** A patient seeks a new nose in time for her wedding.
- 10.55 **Kendra on Top**
- 11.50 PM to 12.50 AM **The Only Way Is Essex**

+1 hour 231 120 119

True Ent

179 189 48 142

- 6.00 AM **The Waltons**
- 8.00 **Touched by an Angel**
- 10.00 **Highway to Heaven**
- 1.00 PM **Hamish Macbeth**
- 3.00 **Rumpole of the Bailey**
- 4.00 **Murder, She Wrote**
- 6.00 **Tenko** 5/10. Marion doubts her leadership abilities in the face of tension between the British and Dutch. (S1)
- 7.00 **M*A*S*H** (S5)
- 9.00 **Taggart** *Compensation:* Reid and the team head for the countryside to examine a farmer's suspicious death. **10.30** *Saints and Sinners:* A lawyer is shot dead, and his widow falls under suspicion when Reid and Burke discover she is set to pocket £5million in insurance.
- 12.00 M'T **Tenko** As 6.00pm.
- 1.00 AM **M*A*S*H**
- 2.00 **Rumpole of the Bailey**
- 3.00 **The New Avengers**
- 4.00 to 6.00 AM **Due South**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 126 226 312 382

7.10 AM **Murdoch Mysteries** (S9)
8.00 **Frankie Drake Mysteries**
9.00 **Sue Thomas: F.B.Eye** (S1)
10.00 **New Tricks** (S8)
11.00 **The Coroner** (S1)
12.00 NOON **Miss Fisher's Murder Mysteries** 11/13. (S2)
1.00 PM **Murdoch Mysteries**
2.00 **The Doctor Blake Mysteries**
3.00 **Motive** (S2)
4.00 **Rizzoli & Isles** (S6)
6.00 **The Guardian** 3/23. Burton's past catches up with him as he moves closer to becoming a federal judge. (S2)

9.00 Shetland

7.00 **Unforgettable** *With Honour:* 5/22. Al is determined to find the killer of his former partner Jim Kelly. (S1)

8.00 **Miss Fisher's Murder Mysteries** *Unnatural Habits:* 12/13. A teenager is murdered at a halfway house. (S2)

9.00 **Shetland** 3/6. The murder investigation takes Perez and Tosh to Glasgow, where they try to uncover details behind Maguire's death. (S3)

10.20 **The Coroner** *Dirty Dancing:* 10/10. A woman dies in the build-up to a Latin dance festival. (S1)

11.20 **New Tricks** *Setting Out Your Stall:* A trader's death is linked to a series of rapes. (S8)
12.20 AM **Rush** 22/22. Melbourne's water supply is deliberately contaminated. (S2)
1.20 AM **Sue Thomas: F.B.Eye**
2.25 **to 4.00** AM **The Guardian**

+1 hour 232 191

Syfy

114 114 814 135 165 319 375

6.00 AM **Star Trek: Voyager** (S3)
8.00 **Teleshopping**
11.00 **Merlin** 1/13. (S2)
12.00 NOON **FILM Miami Magma** Sci-fi disaster with Rachel Hunter. (2011, 15, 97min) ★★
2.00 PM **Merlin** 2/13. (S2)
3.00 **Stargate Atlantis** 4/20. (S2)
4.00 **Star Trek: Voyager** 9/16. Kim mysteriously disappears. **5.00** 10/16. The crew encounter the Sikarians. (S1)
6.00 **Star Trek: The Next Generation** 9/26. The crew mediate in a dispute. (S3)

9.00 The Abyss

7.00 **Star Trek: The Next Generation** *The Defector:* 10/26. A Romulan Admiral tells Picard about his people's plans. (S3)

8.00 **Stargate Atlantis** *Condemned:* 5/20. The team find a planet with a far superior technological know-how. (S2)

9.00 **FILM The Abyss** Sci-fi adventure starring Ed Harris, Mary Elizabeth Mastrantonio and Michael Biehn. A mission to save a stricken nuclear submarine leads to an alien encounter. (1989, 15, 134min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **FILM The Relic** Horror. (1996, 15, 109min) ★★★
2.40 **Star Trek: The Next Generation** 11/22. (S2)
3.40 **The Captains Close Up**
4.10 **to 6.00** AM **FILM Jack the Giant Killer** Fantasy. (2013, PG, 87min) ★★

+1 hour 214 136

W

109 109 809 125 211 311 383

6.10 AM **MasterChef Junior USA**
7.00 **My Dream Home**
8.00 **Tipping Point** Quiz show.
10.00 **The Bill** Police drama.
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
2.00 PM **My Dream Home**
4.00 **Flip or Flop** Tarek and Christina tackle a tedious renovation in Santa Ana. **4.30** A family home in Anaheim, California that has plenty of potential.
5.00 **Tipping Point** Double bill.

9.00 Gavin & Stacey

7.00 **MasterChef Junior USA** Series finale 15/15. The three finalists prepare a restaurant-quality three-course meal.

8.00 **Emma Willis: Delivering Babies** Emma is on the labour ward, a consultant-led unit for higher-risk mums-to-be.

9.00 **Gavin & Stacey** The Shipmans drive to Wales for the wedding fayre. **9.40** The bride-to-be goes on a hen party, while Gavin embarks on two stag nights. **10.20** The day of the wedding arrives and Bryn is still behaving oddly.

11.00 **Inside the Ambulance** A patient fears he is having his third heart attack.
12.00 M'T **One Born Every Minute**
1.00 AM **Supernanny**
1.50 **to 3.00** AM **John Bishop: In Conversation with Steve Coogan**

+1 hour 209 190

Universal

113 113 813 137 164 320 385

8.00 AM **Sea Patrol** 2/13. (S5)
9.00 **Murder in Paradise**
10.00 **Murder She Solved: True Crime**
11.00 **CSI: Miami** As 12.00m't.
12.00 NOON **Law & Order** (S13)
1.00 PM **Law & Order** (S13)
4.00 **NCIS** 18/24. The team investigate the death of a US Marine in Afghanistan. **5.00** 19/24. The team look into the death of a doctor. **6.00** 20/24. A navy reservist returns home to find her husband missing. (S10)

9.00 Chicago Justice

7.00 **NCIS** *Berlin:* 21/24. New Mossad director Orli Elbaz asks for the team's help in finding Ilan Bodnar. (S10)

8.00 **Major Crimes** *Conspiracy Theory – Part Three:* 8/13. The team uncover a series of assaults connected to the murders. (S6)

9.00 **Chicago Justice** *Tycoon:* 13/13. The son-in-law of Chicago's biggest developer is killed in a crane collapse. (S1)

10.00 **Law & Order: Special Victims Unit** *Above Suspicion:* 2/24. The squad try to bring the case to a close. (S14)

11.00 **Law & Order: Special Victims Unit** 3/24. The author of an erotic novel is attacked. (S14)
12.00 M'T **CSI: Miami** (S4)
1.00 AM **NCIS** As 5pm and 6pm.
3.00 **Law & Order** As 3.00pm.
4.00 **to 5.00** AM **Sea Patrol**

+1 hour 213 138

FOX

124 124 821 157 199

8.00 AM **Monk** 1/16. (S8)
9.00 **Bones** 22/24. (S8)
10.00 **Bull** 4/22. (S2)
11.00 **NCIS** 23/24. (S15)
12.00 NOON **Bones** (S8)
2.00 PM **The Mentalist** 2/13. (S7)
3.00 **NCIS** 24/24. (S15)
4.00 **Bull** 5/22. (S2)
5.00 **Bones** 1/24. An accountant for the state department is murdered. (S9)
6.00 **The Mentalist** 3/13. Jane and Lisbon head to Beirut on a mission. (S7)

9.00 NCIS: New Orleans

7.00 **NCIS** *Destiny's Child:* 1/24. The team search worldwide for Director Vance's whereabouts after he is kidnapped.

8.00 **NCIS** *Love Thy Neighbour:* 2/24. Torres must face the consequences after a volatile night out with Palmer. (S16)

9.00 **NCIS: New Orleans** New episode *Sheepdogs:* 7/24. The team look into a car explosion in the French Quarter. (S5)

10.00 **L.A.'s Finest** *Déjà Vu:* 4/13. McKenna agrees to help Syd get the stolen fentanyl into police custody. (S1)

11.00 **American Dad!** Double bill of the animated comedy. (S9)
12.00 M'T **Family Guy** Double bill of the animated comedy. (S3)
1.00 AM **American Dad!** (S9)
2.00 **Family Guy** (S3)
3.00 **American Dad!** (S9)
4.00 **to 5.00** AM **Monk**

+1 hour 224 158

Friday

7 PM
8 PM
9 PM
10 PM

E!

123 123 834 156 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
10.00 **Big Rich Atlanta**
11.00 **News: Daily Pop**
12.00 NOON **Dating: No Filter**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Revenge Body with Khloe Kardashian**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Relatively Nat & Liv** A trip to LA turns ugly.
9.00 **Botched** A woman asks the doctors to fix her scarred stomach.
10.00 **Revenge Body with Khloe Kardashian**
11.00 **Keeping Up with the Kardashians**
1.00 AM **Hollywood Medium with Tyler Henry**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

Sky Arts

122 122 820 122 206

6.00 AM **André Rieu: Welcome to My World**
7.00 **Auction**
7.30 **Watercolour Challenge**
8.00 **Master of Photography**
9.00 **Tales of the Unexpected**
10.00 **The South Bank Show Originals**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Hollywood In Vienna: World of Hans Zimmer**
4.00 **The Eighties**
5.00 **Discovering: Alain Delon**
6.00 **Discovering: Maggie Smith**
7.00 **Classic Albums**
8.00 **Discovering: Blondie**
8.30 **Video Killed the Radio Star**
9.00 **Punk** New edition
10.15 **DOA: A Rite of Passage**
12.15 AM **Anarchy in Manchester**
1.15 **The Who: Sensation – The Story of Tommy**
2.30 **Discovering: The Who**
3.00 **History of the Clash**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 47 110 127

9.00 AM **Posh Pawnbrokers**
10.00 **Come Dine with Me**
12.30 PM **A Place in the Sun**
1.30 **The £100k Drop**
2.30 **Come Dine with Me**
3.00 **Everybody Loves Raymond** (S2)
4.00 **Frasier** (S7)
5.00 **A New Life in the Sun**
6.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Orangutan Jungle School**
9.00 **24 Hours in A&E** A woman arrives having been knocked over while crossing a road.
10.00 **First Dates**
11.05 **8 Out of 10 Cats Does Countdown**
12.05 AM **Homes from Hell: Caught on Camera**
1.10 **Drag SOS**
2.15 **Secret Life of the Zoo**
3.20 **Britain's Giant Pet Food Factory**
4.15 **to 4.45** AM **Extreme Cake Makers**

5USA

141/169 153 21 129

9.00 AM **Catch a Contractor**
9.20 **Remington Steele** (S1)
10.10 **CSI: NY** 13/23. (S6)
11.05 **Rookie Blue** 2/13. (S3)
12.05 PM **Bull** 6/23. (S1)
1.05 **Law & Order** (S18)
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S18)
8.00 **NCIS: Los Angeles** *Kill House:* 14/24. Multiple operatives are killed during an ambush. (S4)
9.00 **Perception** *Shiver:* 3/15. Investigating a bank robbery. (S3)
10.00 **Law & Order: Special Victims Unit** *Ripped:* 4/22. Stabler is torn between work and his loyalty to a friend. (S7)
10.55 **Law & Order: Special Victims Unit** (S7)
11.55 **Law & Order** (S10)
12.55 AM **Law & Order: Los Angeles** 12/22. (S1)
1.55 **CSI: NY** 12/25. (S5)
2.50 **Bull** 5/23. (S1)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Last Man Standing**
8.25 **Smallville** 10/23. (S2)
9.10 **Dance Moms**
11.05 **My Wife and Kids**
12.05 PM **Two and a Half Men** Four episodes.
2.00 **Last Man Standing**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **The Fresh Prince of Bel-Air** Double bill. (S1)
5.00 **8 Simple Rules** (S2)
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **The Fresh Prince of Bel Air** 19&20/25. (S1)
8.00 **Sinkholes: Swallowed Whole** Documentary.
9.00 **FILM Olympus Has Fallen** Action thriller starring Gerard Butler and Morgan Freeman. (2011, 15, 117min) ★★★
11.20 **Impact Wrestling**
1.25 AM **Riverdale** (S2)
3.15 **to 4.00** AM **The Magicians**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Boon**
8.00 **London's Burning**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **The Brokenwood Mysteries**
4.20 **All Creatures Great and Small**
5.20 **Birds of a Feather**
6.00 **'Allo 'Allo!**
6.35 **As Time Goes By**
7.20 **Last of the Summer Wine**
8.00 **Father Brown** *The Owl of Minerva:* A surprising fugitive takes sanctuary in St Mary's.
9.00 **Death in Paradise** *Lost Identity:* 5/8. Humphrey's Aunt Mary gets caught up in an investigation. (S5)
10.20 **The Inspector Lynley Mysteries**
12.25 AM **The Brokenwood Mysteries**
2.45 **The Bill**
3.35 **to 4.00** AM **Garden Hopping**

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **Mad Men** (S5)
2.00 **Law & Order** (S3)
3.00 **FILM Frequencies** Romantic sci-fi drama. (2013, 12, 105min) ★★
5.00 **Mad Men** (S6)
6.00 **Law & Order** (S3)
7.00 **FILM Delivery Man** Comedy drama. (2013, 12, 102min) ★★★
9.00 **Feed the Beast** *Tabula Rasa:* 7/10. Dion seeks help from his mentor. **9.55** *In Lies the Truth:* 8/10. Tommy starts to unravel – oblivious to Dion's betrayal. (S1)
10.50 **Hap and Leonard** *The Dive:* 3/6. (S1)
11.45 **Snatch** 10/10. (S1)
12.40 AM **Feed the Beast**
2.20 **Hap and Leonard** (S1)
3.10 **Zoom In**
3.20 **Mad Men** (S6)
4.15 **to 5.30** AM **Law & Order**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S5)
10.00 **ER** 22/22. (S4)
11.00 **The Love Boat** (S8)
12.00 NOON **Judge Judy**
1.00 PM **The High Chaparral**
3.00 **Walker, Texas Ranger**
4.00 **Unsolved Mysteries**
6.00 **The Love Boat** (S8)
7.00 **CSI: Miami** *Recoil:* 21/24. A custody battle leads to a shooting. (S3)
8.00 **Judge Judy** Double bill of the series.
9.00 **Medium** *Truth Be Told:* 8/19. Allison develops the ability to tell when people are lying. (S5)
10.00 **CSI: Miami** *Whacked:* 23/24. An old murder case is reopened. (S3)
11.00 **The Love Boat** (S8)
12.00 M'T **Judge Judy**
1.00 AM **ER** 1/22. (S5)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Diagnosis Murder** (S6)
5.00 **to 6.00** AM **Walker, Texas Ranger**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** (S4)
12.00 NOON **Perry Mason**
1.05 PM **The District** (S1)
2.00 **CSI: Miami** 16/24. (S3)
3.10 **NCIS** 7/19. (S5)
4.05 **NCIS: Los Angeles** (S1)
5.00 **Matlock** (S4)
6.00 **Perry Mason** (S6)
7.05 **NCIS** *Thirst:* 6/24. (S9)
8.00 **Walker, Texas Ranger** *Skyjacked:* 23/28. (S1)
9.00 **NCIS** *Silver War:* 4/24. A man's remains indicate he was buried alive. (S3)
10.00 **NCIS: Los Angeles** *Search and Destroy:* 4/24. An ex-Marine is suspected of killing a businessman in Iraq. (S1)
11.00 **NCIS** 7/24. (S9)
12.00 M'T **CSI: Miami** (S3)
1.00 AM **NCIS** As 9.00pm.
2.00 **Gunsmoke** (S18)
3.05 **Bonanza** (S12)
4.00 **Walker, Texas Ranger**
4.50 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives**
8.00 **Donal MacIntyre: Unsolved** Revisiting Penny Bell's case.
9.00 **Voice of a Serial Killer** Bringing to life audio taken from police interrogation confessions of some of the world's most notorious murderers and serial killers.
10.00 **Evidence of Evil** Some of the most startling criminal cases of the past two decades.
11.00 **It Takes a Killer**
12.00 M'T **Wives with Knives**
1.00 AM **Voice of a Serial Killer** As 9.00pm.
2.00 **Evidence of Evil**
3.00 **Beyond Scared Straight**
3.50 **Dog Patrol**
4.40 **Unsolved Mysteries**
5.30 **to 6.00** AM **Bondi Rescue**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Catchphrase**
7.00 **Family Fortunes**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **The Chase**
10.00 **Bruce's Price Is Right**
11.00 **Stake Out**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **Bullseye**
6.00 **Total Wipeout**
7.00 **Pointless** Quiz hosted by Alexander Armstrong.
8.00 **The Chase** Quiz show.
10.00 **Who Wants to Be a Millionaire? Celebrity** Another set of famous faces play for charity.
11.00 **Bullseye**
12.00 M'T **Bullseye**
12.30 AM **Bullseye**
1.00 **The Chase**
5.00 **to 6.00** AM **Golden Balls**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Now That's Funny!**
7.00 **Teleshopping**
9.00 **Friends** (S10&2)
11.00 **The Middle** (S5)
1.00 PM **Blockbusters**
2.00 **Blockbusters: BGT**
2.30 **Blockbusters**
4.00 **Bad Robots**
5.00 **Fresh Prince of Bel Air**
7.00 **Are We There Yet?**
8.00 **Impractical Jokers**
9.30 **Impractical Jokers: Inside Jokes**
10.00 **Friends** 4/24. Phoebe reveals she is married. **10.30** 5/24. Ross celebrates his birthday in style. (S2)
11.00 **Tosh.0** New edition
11.30 **Key & Peele**
12.30 AM **Da Ali G Show**
1.40 **Roast Battle**
2.40 **Frankenfood**
3.30 **Impractical Jokers: Inside Jokes**
4.30 **The Middle**
5.15 **to 6.00** AM **Impractical Jokers**

+1 hour 227

Food Network

140 291 41 148

6.00 AM **Valerie's Home Cooking** Brunch.
6.25 **Giada at Home**
9.00 **The Pioneer Woman**
11.00 **Barefoot Contessa – Back to Basics**
12.00 NOON **Giada at Home**
1.00 PM **Girl Meets Farm**
2.00 **Jamie Does Venice**
3.00 **The Pioneer Woman**
6.00 **The Little Paris Kitchen: Cooking with Rachel Khoo**
7.00 **The Pioneer Woman**
8.00 **Diners, Drive-Ins, And Dives** Four editions.
10.00 **Jamie Does Athens** Jamie Oliver visits the Greek capital and samples its cuisine.
11.00 **Diners, Drive-Ins, And Dives** Double bill.
12.00 M'T **Mystery Diners**
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 240 149

Good Food

198 198 866 278 279 313 388

6.10 AM **Perfect**
7.00 **Ramsay's Ultimate Cookery Course**
8.00 **Home Comforts**
9.00 **Malaysian Adventure**
10.00 **Bikers' Best of British**
11.00 **Great British Menu**
12.00 NOON **Hairy Bikers' Food Tour of Britain**
1.00 PM **Ramsay's Ultimate Cookery Course**
2.00 **Home Comforts**
3.00 **Nigel's Simple Suppers**
4.00 **Malaysian Adventure**
5.00 **Bikers' Best of British**
6.00 **The Hairy Bikers' Food Tour of Britain**
7.00 **Home Comforts**
8.00 **Nigel's Simple Suppers**
9.00 **Malaysian Adventure**
10.00 **Ramsay's Ultimate Cookery Course**
11.00 **Luke's Asian Food Trail**
11.30 **Peter's Coastal Kitchen**
12.00 M'T **Home Comforts**
1.00 AM **Local Food Heroes**
2.00 **to 6.10** AM **Highlights**

+1 hour 298 280

Lifetime

164 838 208 329 384

7.00 AM **Judge Judy** Thirteen editions of real-life small-claims cases.
1.15 PM **FILM The Wrong Woman** Drama starring Danica McKeller. (2013, PG, 90min) ★
3.00 **The Real Housewives of New Jersey**
4.00 **Dance Moms**
5.00 **Masters of Flip**
6.00 **Storage Wars**
7.00 **Judge Judy** Four editions of real-life small-claims cases.
9.00 **On Trial: Grace vs Abrams** The case of Laci Peterson, who disappeared in 2002.
10.00 **I Didn't Do It** A man who wrongly spent 26 years in prison for murder.
11.00 **Hardcore Pawn**
12.00 M'T **Storage Wars**
1.00 AM **On Trial: Grace vs Abrams** As 9.00pm.
2.00 **to 4.00** AM **Judge Judy**

Paramount Network

153 188 187 54 132

9.00 AM **Access**
9.10 **Lip Sync Battle**
9.40 **Gilmore Girls**
11.30 **FILM Seduced by a Stranger** Thriller. (2017, 12, 90min) ★★
1.20 PM **FILM Gracie's Choice** Domestic drama. (2004, PG, 90min) ★★
3.10 **FILM Hidden Places** Romantic period drama. (2006, PG, 90min) ★★
5.00 **Suits** (S3)
6.00 **House** (S3&4)
7.55 **Access**
8.00 **Grimm** 5/22. (S5)
9.00 **FILM Copycat** Thriller. (1995, 18, 123min) ★★
11.25 **FILM 10 Rillington Place** Thriller. (1970, 15, 106min) ★★★★
1.45 AM **The X-Files** (S7)
2.45 **Grimm** As 8.00pm.
3.30 **Marvel's Agent Carter**
4.15 **Lip Sync Battle**
5.00 **Neighbours**
5.25 **to 6.00** AM **Home and Away**

Quest

144 144 172 217 12 114 167

6.00 AM **Wild Fishing**
6.20 **Wild Britain**
7.10 **HMS Ark Royal**
8.00 **Aussie Gold Hunters**
9.00 **Shed and Buried**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Made by Destruction**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **Gold Divers**
4.00 **Salvage Hunters**
5.00 **Airplane Repo**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Escobar's Millions**
10.00 **Treasure Quest: Snake Island**
11.00 **Great British Pub Quiz**
12.00 M'T **Wheeler Dealers**
1.00 AM **Chasing Classic Cars**
2.00 **Deadliest Drivers**
2.30 **Wheels That Fail**
3.00 **Destroyed in Seconds**
4.00 **to 6.00** AM **Highlights**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **Say Yes... Atlanta**
7.00 **Bondi Vet**
8.00 **Animal Cops Houston**
10.00 **Money for Nothing**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
1.00 PM **Curvy Brides Boutique** Double bill.
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Atlanta**
5.00 **Say Yes to the Dress**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **Who Killed Jane Doe?**
10.00 **Your Worst Nightmare**
11.00 **Katie Price: My Crazy Life** Reality show.
12.00 M'T **Forensic Detectives**
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philly**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Tiny House, Big Living** Double bill.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Cops UK: Bodycams**
11.00 **DIY SOS at Great Ormond Street Hospital**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** In Cumbria.
3.00 **Homes Under the Hammer** In Kent.
4.00 **Ghost Chasers**
6.00 **Antiques Road Trip**
9.00 **Ghost Adventures**
10.00 **Unexplained: Caught on Camera** New edition
11.00 **Ghost Adventures**
12.00 M'T **The Scariest Night of My Life**
1.00 AM **Help! My House Is Haunted**
2.00 **Teleshopping**
4.00 **My Extreme Weight Loss Journey**
5.30 **to 6.00** AM **The Other Side**

Sony Crime

157 193 143

7.00 AM **Bizarre Murders**
8.00 **48 Hours: Mystery**
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **48 Hours: Mystery**
3.00 **Facing Evil**
4.00 **Fear Thy Neighbour**
5.00 **Fatal Attraction**
6.00 **Fatal Vows**
7.00 **Bizarre Murders**
8.00 **Bizarre Murders** Twin wrestlers are murdered. **8.30** A sister kills her younger sibling.
9.00 **Deadly Women** Wife and mother Lydia Sherman who killed three husbands and all of her children. **10.00** A midwife who tortured, beat and starved her servants.
11.00 **Fear Thy Neighbour**
12.00 M'T **Fatal Attraction**
1.00 AM **Deadly Women**
3.00 **to 4.00** AM **Body of Evidence**

+1 hour 257

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **On Benefits: Benefits Blackspots**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **The Dog Rescuers**
12.00 NOON **Paddington Station 24/7**
1.00 PM **British Gardens: Season by Season**
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Tony's Time Travels**
10.00 **Screaming Mummy: Egypt Unwrapped**
11.00 **Left for Dead: Yorkshire Ripper**
12.00 M'T **Nightmare Tenants, Slum Landlords**
12.55 AM **On Benefits**
1.55 **Eamonn & Ruth: Russian Roulette**
2.55 **to 4.00** AM **Striking Out**

5Spike

150 154 31 141

9.00 AM **Access**
9.10 **Criminals: On Camera**
9.45 **The A-Team** (S3)
10.45 **Police Interceptors**
11.50 **Can't Pay? We'll Take It Away!** Double bill.
1.50 PM **FILM Five Card Stud** Western. (1968, PG, 100min) ★★★
4.00 **Traffic Cops**
5.00 **The A-Team** (S2)
7.00 **Police Interceptors**
8.00 **Traffic Cops: Under Siege** A unit set up to tackle drug dealers.
9.00 **Traffic Cops** A car linked to a recent suspected firearms incident is spotted.
10.00 **Prison Life: Raw and Real** The impact of staff cuts on prisons.
11.00 **Criminals Caught on Camera**
12.05 AM **Black Sails** (S1)
2.30 **to 3.00** AM **Criminals: Caught on Camera**

+1 hour 250

TLC

133 133 827 167 168 323 377

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **90 Day Fiancé: Happily Ever After?**
12.00 NOON **My 600lb Life: Where Are They Now?**
2.00 PM **Nate & Jeremiah by Design**
3.00 **Good Bones**
4.00 **Say Yes to the Dress**
5.00 **Say Yes... Atlanta**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Say Yes to the Dress** New edition Helping brides-to-be find the perfect wedding dress.
9.00 **Say Yes... Atlanta**
10.00 **Katie Price: My Crazy Life** Reality show.
11.00 **90 Day Fiancé**
1.00 AM **Say Yes to the Dress**
4.00 **Nate & Jeremiah by Design**
5.00 **to 6.00** AM **Good Bones**

+1 hour 233 169

Blaze

187 187 216 63 162

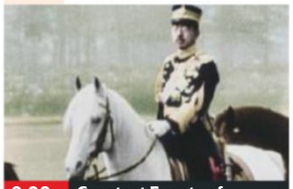
6.00 AM **Parking Wars**
7.00 **Ancient Aliens**
8.00 **Alien Files: Unsealed**
9.00 **American Restoration**
10.00 **Ernie the Wildman**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars**
1.00 PM **Hardcore Pawn**
2.00 **Curse of Oak Island**
3.00 **Alien Files: Unsealed**
4.00 **Ancient Aliens**
5.00 **Hardcore Pawn**
6.00 **American Restoration**
7.00 **Pawn Stars**
8.00 **Storage Wars**
9.00 **Flipping Bangers**
10.00 **Air Crash: Disasters Uncovered** Two trains that crashed in Canada.
11.00 **Storage Wars**
12.00 M'T **Pawn Stars**
1.00 AM **Parking Wars**
2.00 **American Restoration**
3.00 **Billy the Exterminator**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Hardcore Pawn**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Alaskan Bush People**
8.00 **Naked and Afraid XL**
9.00 **Mighty Ships**
10.00 **Fast N' Loud**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Combat Dealers**
2.00 **Alaskan Bush People**
3.00 **Kindig Customs**
4.00 **Bitchin' Rides**
5.00 **Garage Rehab**
6.00 **Fast N' Loud** Building a 1969 Riviera to sell at auction.



9.00 Greatest Events of...

7.00 **Outback Truckers** Sludge and the Phantom battle the elements, and an old river boat takes a bumpy road to repair.

8.00 **Combat Dealers** Military equipment collector Bruce Crompton heads to Ypres looking for items from the Great War.

9.00 **Greatest Events of World War II** New edition The story of a Japanese attack on the US-held Pacific island of Midway.

10.00 **Wings of War** Recalling the battle for domination of the skies over southern England in World War Two.

11.00 **Wheeler Dealers**
12.00 M'T **Greatest Events of World War II** As 9.00pm.
1.00 AM **Wings of War**
2.00 **Fast N' Loud**
3.00 **Fast N' Loud: Demolition Theatre**
3.50 **Wheeler Dealers**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **The Vet Life**
8.00 **Animal Cops Houston**
10.00 **Crocodile Hunter**
11.00 **Alaska: The Last Frontier**
12.00 NOON **Wildest Islands**
1.00 PM **The Vet Life**
3.00 **Pit Bulls & Parolees**
4.00 **Tanked** The team build a custom acrylic waterfall for a memorial in Las Vegas.
5.00 **Intruders** Stories of homes invaded by animals.
6.00 **Tiger Shark Beach** A look at facts about the tiger shark's life cycle.

10.00 Animal Cops Miami

7.00 **Pit Bulls & Parolees** The shelter is called in when a fire reveals a house full of dogs that now have nowhere to stay.

8.00 **Pit Bulls & Parolees** Tia's injury is making work difficult, and new parolee Mike struggles to balance work and parenthood.

9.00 **Alaska: The Last Frontier** Otto and Atz brave flooded rivers to bring the cattle back to the homestead.

10.00 **Animal Cops Miami** Investigators discover two adopted dogs wandering the streets of Miami in need of help.

11.00 **Pit Bulls & Parolees** Two teachers fall for a deaf puppy.
12.00 M'T **After the Attack**
1.00 AM **Animal Cops Miami**
2.00 **Wildest Islands**
3.00 **Alaska: The Last Frontier**
3.50 **Alaska Monsters**
4.40 **Escape to Chimp Eden**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Apocalypse: The Rise of Hitler** Double bill.
10.00 **Nazi Megastructures**
11.00 **Supercars** The production secrets of the Nissan GT-R.
12.00 NOON **Strippers: Cars for Cash** The teams look for Ferraris and Porsches.
1.00 PM **Ice Road Rescue**
2.00 **Wicked Tuna**
3.00 **Air Crash Investigation**
5.00 **Car SOS** Fuzz and Tim restore a 1983 Citroën 2CV. **6.00** A Ford Anglia in need of a makeover.

9.00 Celebration Nation

7.00 **Drain the Oceans** Using visual effects to 'drain' the waters around Alcatraz, revealing the secrets of San Francisco Bay.

8.00 **The World's Biggest Shredder** A visit to the site of the world's most powerful demolition machine.

9.00 **Celebration Nation** New edition Chinese celebrations of family and community, including a parade of gods.

10.00 **Japan's Tsunami: Caught on Camera** Amateur footage and eyewitness accounts of the 2011 disaster.

11.00 **Banged Up Abroad** A prison renowned for its brutality.
12.00 M'T **Underworld, Inc** The hustlers that control the underworld economy.
1.00 AM **Hard Time: Locked Up**
2.00 **Nazi Megastructures**
3.00 **to 5.00** AM **Apocalypse: The Rise of Hitler**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars** Double bill.
9.00 **Mountain Men**
10.00 **Ancient Aliens**
11.00 **Pawn Stars** Double bill.
12.00 NOON **Forged in Fire**
1.00 PM **Heroes of War**
2.00 **Storage Wars** Four editions.
4.00 **Ice Lake Warriors** The lives of the rugged tugboat sailors of the Great Lakes.
5.00 **Forged in Fire** The Two-Handed Landsknecht Sword. **6.00** A task to re-create a Grim Reaper's scythe.

4.00 Ice Lake Warriors

7.00 **American Pickers** Mike Wolfe falls hard for a midget race car with a Knucklehead motor and prize-winning pedigree.

8.00 **The Curse of Oak Island** Rick and Marty make a discovery that promises to help them solve the mystery of the Money Pit.

9.00 **42 Ways to Kill Hitler** Using recently declassified documents and dramatic reconstructions to shed new light on the many attempts on the life of Adolf Hitler.

10.15 **World War Two Lost Films** A pilot joins the decimated 8th Air Force.

11.15 **Moon Landing: The Lost Tapes** An in-depth look into the minds of the astronauts before and after the mission.
12.15 AM **Forged in Fire**
1.15 **The Curse of Oak Island**
2.10 **Heroes of War**
3.10 **American Pickers**
4.05 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Nazi Underworld**
7.10 **Armada – 12 Days to Save England**
8.00 **Time Team Specials**
10.00 **The World at War**
11.00 **Forbidden History**
12.00 NOON **Time Team Specials**
2.00 **Coast** Wales to Liverpool.
3.00 **Echo: An Unforgettable Elephant: Natural World**
4.00 **Forbidden History**
5.00 **Impossible Engineering**
6.00 **The World at War** The German defeat at Stalingrad.

8.00 WW2 – Battles for Europe

7.00 **Abandoned Engineering** Examining the construction of the Vajont Dam in the mountains of northern Italy.

8.00 **WW2 – Battles for Europe** New edition The Canadians who seized Hitler's island fortress to open the port of Antwerp.

9.00 **War Factories** The role played by Vickers during World War Two, including the development of the Spitfire fighter plane.

10.00 **Nazi Hunters** The hunt for Gestapo head Klaus Barbie and death camp guard John Demjanjuk, which lasted into the 80s.

11.00 **Abandoned Engineering** As shown at 7.00pm.
12.00 M'T **Forbidden History** Jamie Theakston explores the possibility that Jesus was married with children.
1.00 AM **The World at War**
2.00 **to 3.00** AM **Nazi Underworld**

+1 hour 255 200

7 PM
8 PM
9 PM
10 PM

Disc. History

171 262

6.00 AM **Planes That Never Flew** The American SST.
7.00 **Central Steam**
8.00 **Chris Barrie's Massive Machines**
9.00 **Future Weapons**
10.00 **Battlefield**
12.00 NOON **Planes That Never Flew**
1.00 PM **Central Steam**
2.00 **Chris Barrie's Massive Machines**
3.00 **Future Weapons**
4.00 **Battlefield**
6.00 **How We Got Here**
7.00 **World War II in Colour**
8.00 **Bullet Points** The Gulf War in 1990-1991.
9.00 **Gulf War: A Soldier's Tale** Triple bill.
12.00 M'T **Bullet Points**
1.00 AM **Gulf War: A Soldier's Tale**
4.00 **World War II in Colour**
5.00 **to 6.00** AM **How We Got Here**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Jungle Planet**
10.00 **The Hidden River**
11.00 **Planet Earth**
12.00 NOON **Mountain: Life at the Extreme**
1.00 PM **Collar of Duty**
2.00 **Jungle Planet**
3.00 **The Hidden River**
4.00 **Collar of Duty**
5.00 **Jungle Planet**
6.00 **Planet Earth**
7.00 **Mountain: Life at the Extreme**
8.00 **Rhino Orphanage**
9.00 **Wild Colombia**
10.00 **Planet Earth**
11.00 **Mountain: Life at the Extreme**
12.00 M'T **Jungle Planet**
1.00 AM **Collar of Duty**
2.00 **Wild Colombia**
3.00 **The Hidden River**
3.50 **Planet Earth**
4.40 **Mountain: Life at the Extreme**
5.25 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Photo Ark**
12.00 NOON **Snakes in the City** A nun flees for her life from a spitting cobra.
1.00 PM **Croc Island Battleground**
2.00 **Wild Florida**
4.00 **Monster Fish**
6.00 **Caught in the Act**
7.00 **Snakes in the City** Simon and Siouxsie find their lives on the line.
8.00 **When Sharks Attack** New edition A series of attacks in the paradise of the Seychelles.
9.00 **Shark Kill Zone: The Hunt** Meet 10 of the world's most ferocious sharks, each with very different killing methods.
10.00 **Man Vs Shark**
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Wild Florida**
3.00 **to 5.00** AM **Monster Fish**

History 2

163 273 330 390

8.00 AM **Clash of Warriors**
10.00 **Strange History**
11.00 **Project Impossible**
12.00 NOON **Ancient Aliens**
2.00 PM **Ancient Top Ten**
3.00 **Clash of Warriors**
5.00 **Strange History**
6.00 **Project Impossible**
7.00 **WW2 Treasure Hunters** Looking for relics of the 1944 D-Day operation.
8.00 **Ancient Aliens** People who claim they met aliens while on the brink of death. **9.00** Secret conduits to other worlds that could be hidden within caves.
10.00 **Empire Builders** Ten of Egypt's most famous and spectacular buildings.
11.00 **Hitler's Circle of Evil**
12.00 M'T **Project Impossible**
1.00 AM **Ancient Aliens**
3.00 **Empire Builders**
4.00 **to 5.00** AM **Strange History**

PBS America

174 276 91 155

8.00 AM **Pompeii: The Secrets of the Petrified Bodies**
9.15 **The Vietnam War**
11.35 **The Crusades**
12.40 PM **Wild Canadian Year**
1.55 **Pompeii: The Secrets of the Petrified Bodies**
3.10 **The Vietnam War**
5.30 **The Crusades**
6.35 **The Wild Canadian Year** A look at the country in Winter as landscapes are transformed by snow and ice.
7.50 **The Crusades** How the military confrontation between Christians and Muslims concluded.
9.00 **NEW Teotihuacan's Lost Kings** Scientists explore chambers beneath the ancient Mesoamerican city.
10.15 **The Vietnam War** Nixon announces Hanoi has agreed to a peace deal.
12.40 **to 2.00** AM **The Crusades**

CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **The First 48**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **Nightmare in Suburbia**
2.00 **Secrets of the Morgue**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Killer In Plain Sight**
9.00 **I Am a Killer**
10.00 **NEW SERIES Live PD**
10.30 **Live PD** New edition
11.00 **The First 48**
12.00 M'T **Darkest Taboos**
1.00 AM **Nightmare in Suburbia**
2.00 **Live PD** Double bill.
3.00 **Crimes That Shook...**
4.00 **Unusual Suspects**
5.00 **to 6.00** AM **Motives & Murders**

+1 hour 256 222

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

FRIDAY Films

Friday

Sky Premiere

301 301 842 431 401 501

6.00 AM **School Spirits** As 3pm.
7.45 **Smallfoot** As 4.40pm.
9.40 **Johnny English Strikes Again**
11.25 **The Belly of the Whale**
1.00 PM **PREMIERE The Darkest Minds** As shown at 8.00pm.
3.00 **School Spirits** Comedy. (2017, PG, 88min) ★★
4.40 **Smallfoot** Animation. (2018, PG, 96min) ★★★
6.25 **Johnny English Strikes Again** Spy comedy sequel. (2018, PG, 89min) ★★★

8.00 The Darkest Minds

8 PM

8.00 **PREMIERE The Darkest Minds** Thriller starring Amandla Stenberg. When a pandemic wipes out most of the world's children, those who survive are gifted with superpowers. (2018, 12, 104min) ★★ *See review, page 19*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **The Possession of Hannah Grace** Thriller starring Shay Mitchell. (2018, 15, 86min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

11.40 **Brothers' Nest** Dark comedy. (2018, 15, 102min) ★★★★
1.35 AM **The Belly of the Whale** Crime drama starring Art Parkinson and Michael Smiley. (2018, 15, 83min) ★★
3.20 **Summer 1993** Drama. (2017, 12, 97min) ★★★★
5.15 **The Top Ten Show 2019**
5.30 **to 6.00** AM **Final Score: Special** Behind the scenes.

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.45 AM **The Princess Diaries 2: Royal Engagement**
8.45 **One Hundred and One Dalmatians** As 4.50pm.
10.15 **Stitch! The Movie** (2003) ★★
11.25 **Monsters, Inc** As 6.20pm.
1.05 PM **The Princess Diaries 2: Royal Engagement** (2004)
3.05 **Bolt** (2008, PG) ★★★★
4.50 **One Hundred and One Dalmatians** (1961) ★★★★★
6.20 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★

9.50 Honey, I Shrunk the Kids

8.00 **Christopher Robin** Comedy adventure starring Ewan McGregor. Downtrodden by the pressures of work, a family man rediscovers the joys of life. (2018, PG, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Honey, I Shrunk the Kids** Comedy fantasy starring Rick Moranis as a crazed suburban inventor who shrinks his children to thumbnail size. (1989, U, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Island at the Top of the World** Disney adventure starring Donald Sinden and David Hartman. (1974, U, 93min) ★★★
1.15 AM **Swiss Family Robinson** Disney adventure. (1960, U, 128min) ★★★★
3.30 **Christopher Robin** As shown at 8.00pm.
5.20 **to 6.50** AM **The Lion King 3: Hakuna Matata!** Animation. (2004, U, 73min) ★★★

Sky Animation

305 305 846 436 406 505

6.05 AM **Cats** As 2.35pm.
8.00 **Ferdinand** As 6.10pm.
9.50 **Pocahontas** As 11.05pm.
11.20 **Cloudy with a Chance of Meatballs 2** As 8.00pm.
1.05 PM **The Jungle Book** As shown at 9.40pm.
2.35 **Cats** Animated adventure. (2018, PG, 90min) ★★★
4.25 **The Lego Movie** Animation. (2014, U, 100min) ★★★★
6.10 **Ferdinand** Animated comedy. (2017, U, 108min) ★★★

9.40 The Jungle Book

8.00 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel featuring the voices of Bill Hader and Anna Faris. (2013, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Jungle Book** Disney's cartoon version of Rudyard Kipling's classic tale, featuring the voices of Phil Harris and George Sanders. (1967, U, 78min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Pocahontas** Animated Disney historical adventure. (1995, U, 81min) ★★★
12.35 AM **Journey to Oz** Animation. (2017, U, 91min) ★★
2.15 **Maya the Bee: The Honey Games** Animated adventure. (2018, U, 85min) ★★
3.45 **The Little Vampire** Animation. (2017, U, 83min) ★★
5.10 **to 6.55** AM **Flying the Nest** Animated adventure. (2018, U, 82min) ★★

Sky Action

306 306 847 437 407 502

6.00 AM **Breaking In** As 2.15am.
8.00 **The Fast and the Furious** Thriller. (2001, 15) ★★★
10.00 **2 Fast 2 Furious** (2003) ★★
12.00 NOON **The Fast and the Furious: Tokyo Drift** Thriller. (2006, 12, 104min) ★★
2.00 PM **Fast & Furious** Thriller. (2009, 12, 107min) ★★★
4.00 **Fast & Furious 5** Thriller. (2011, 12, 130min) ★★★
6.15 **Fast & Furious 6** Thriller. (2013, 12, 128min) ★★★

9.00 Mission: Impossible...

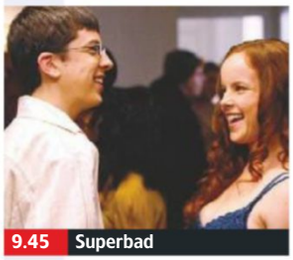
8.30 **Fast & Furious – Hobbs & Shaw: Special** A preview of the action film.
9.00 **Mission: Impossible – Fallout** Action thriller sequel starring Tom Cruise. Ethan Hunt, the IMF team and a CIA assassin try to prevent a disaster planned by a group of terrorists. (2018, 12, 147min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Thor: Ragnarok** Fantasy starring Chris Hemsworth and Cate Blanchett. (2017, 12, 130min) ★★★★
1.45 AM **Fast & Furious – Hobbs & Shaw: Special** As 8.30pm.
2.15 **Breaking In** Thriller. (2018, 15, 88min) ★★
3.45 **Ghosts of Mars** John Carpenter's sci-fi thriller. (2001, 15, 97min) ★★★
5.30 **to 6.00** AM **Fast & Furious – Hobbs & Shaw: Special**

Sky Comedy

307 307 848 438 408 506

7.00 AM **Mean Girls 2** Teen comedy. (2011, 12, 92min) ★
8.45 **Any Which Way You Can** Clint Eastwood action comedy. (1980, 15, 116min) ★★★
10.45 **Boomerang** Comedy. (1992, 15, 117min) ★★
12.45 PM **Juliet, Naked** As 8.00pm.
2.30 **Superbad** As 9.45pm.
4.30 **Super Troopers 2** Comedy. (2018, 15, 99min) ★★
6.15 **50 First Dates** Comedy. (2004, 12, 99min) ★★★


9.45 Superbad

8.00 **Juliet, Naked** Romantic comedy starring Ethan Hawke. A relationship is turned upside down by a woman's encounter with a rocker who has an obsessive fan – her boyfriend. (2018, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.45 **Superbad** Teen comedy starring Jonah Hill. Two high-school friends embark on a quest to lose their virginity. (2007, 15, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Zombieland** Horror comedy starring Woody Harrelson, Jesse Eisenberg, Emma Stone and Abigail Breslin. (2009, 15, 84min) ★★★★
1.25 AM **Get Him to the Greek** Comedy starring Jonah Hill. (2010, 15, 109min) ★★
3.20 **Little Man** Crime comedy. (2006, 12, 98min) ★
5.05 **to 7.00** AM **Trapped in Paradise** Comedy adventure. (1994, PG, 111min) ★★

primetime

Sky Megahits

302 302 843 433 403

6.00 AM **Meet the Fockers** Comedy sequel. (2004, 12, 115min) ★★
8.00 **Titanic** As shown at 5.45pm.
11.15 **Deadpool 2** As 9.00pm.
1.20 PM **Jaws** As 11.00pm.
3.30 **Guardians of the Galaxy** Sci-fi adventure with Chris Pratt. (2014, 12, 121min) ★★★★
5.45 **Titanic** James Cameron's Oscar-winning blockbuster. (1997, 12, 195min) ★★★

9.00 **Deadpool 2** Action comedy starring Ryan Reynolds. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. (2018, 15, 119min) ★★★★
11.00 **Jaws** Steven Spielberg's blockbuster monster thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. A killer shark terrorises a beach resort on America's east coast. (1975, 12, 125min) ★★★★★

1.15 AM **Guardians of the Galaxy** As shown at 3.30pm.
3.30 **Terminator 3: Rise of the Machines** Sci-fi action thriller. (2003, 12, 109min) ★★★
5.30 **to 6.00** AM **Extremely Wicked, Shockingly Evil and Vile: Special**

Sky Greats

303 303 844 434 404 508

6.45 AM **Always** As 3.45am.
8.50 **Stand by Me** As 6.20pm.
10.25 **Top Gun** As 8.00pm.
12.25 PM **The Verdict** Legal drama. (1982, 15, 129min) ★★★★
2.40 **Little Nicky** Comedy fantasy. (2000, 12, 84min) ★★
4.15 **Atonement** Romantic drama. (2007, 15, 117min) ★★★★
6.20 **Stand by Me** Nostalgic drama. (1986, 15, 89min) ★★★★★

8.00 **Top Gun** Aerial action drama starring Tom Cruise as a hotshot young flier at the US Navy's elite air combat training school. With Kelly McGillis. (1986, 12, 110min) ★★★
10.00 **Big Trouble in Little China** Fantasy adventure starring Kurt Russell as a two-fisted truck driver caught in a supernatural gang war beneath the streets of San Francisco's Chinatown. With Kim Cattrall and James Hong. (1986, 15, 100min) ★★★

11.45 **Highlander** Sci-fi action thriller starring Christopher Lambert. (1986, 15, 111min) ★★★★
1.50 AM **Machete** Action thriller. (2010, 18, 104min) ★★★
3.45 **to 6.00** AM **Always** Steven Spielberg's romantic fantasy. (1989, PG, 122min) ★★★

TCM

315 854 415 416 512 526

6.00 AM **Close Up** Double bill.
7.00 **The Mirror Crack'd** Mystery. (1980, PG, 105min) ★★
9.10 **Ambush** Romantic Western. (1949, b/w, U, 89min) ★★
11.10 **Guns for San Sebastian** Western. (1967, PG) ★★
1.30 PM **Darby's Rangers** Adventure. (1958, b/w, PG, 120min) ★★★
4.05 **Escape to Victory** War drama. (1981, PG, 111min) ★★

6.35 **The Big Sleep** Film noir starring Humphrey Bogart and Lauren Bacall. Private eye Philip Marlowe investigates a blackmail case involving wayward wealthy sisters. (1946, b/w, PG, 114min) ★★★★★
9.00 **The Game** Psychological thriller starring Michael Douglas and Sean Penn. A self-obsessed investment banker finds his life turned upside down when he begins playing a bizarre game. (1997, 15, 128min) ★★★

11.35 **Code Name: Emerald** Spy thriller. (1985, PG, 93min) ★★
1.40 AM **Dune** Epic sci-fi drama starring Kyle MacLachlan. (1984, 15, 140min) ★★★
4.30 **to 6.00** AM **Close Up**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Street Song** (1935) ★★
7.20 **The Detectives**
7.50 **Dry Rot** Comedy. (1956) ★★
9.35 **The Girl in the Picture** (1956)
10.50 **No Way Back** (1949) ★★
12.20 PM **To Dorothy a Son** (1954)
2.00 **Rooms**
2.30 **Sapphire** Murder mystery. (1959, 15, 92min) ★★★
4.20 **Desert Mice** British comedy. (1959, b/w, U, 82min) ★★★

6.00 **Get Some In!**
6.30 **Tom Brown's Schooldays** Adaptation of Thomas Hughes' classic novel about the trials and tribulations of a Victorian schoolboy. Stars John Howard Davies and Robert Newton. (1951, b/w, U, 95min) ★★★
8.25 **Glimpses: Rollercoaster**
8.30 **Public Eye**
9.30 **See No Evil** Thriller starring Mia Farrow as a blind girl who makes a gruesome discovery. (1971, 15, 89min) ★★★★

11.20 **Whistle Down the Wind** Drama with Hayley Mills. (1961, b/w, PG, 99min) ★★★★
1.20 AM **Dr Crippen** Thriller. (1962, b/w, 15, 98min) ★★
3.20 **to 5.15** AM **Golden Salamander** Thriller. (1949, b/w, U, 87min) ★★★

Horror

317 149 70 138

8.00 AM **Lost in Space**
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek**
11.00 **End of the World** Sci-fi. (2013, 12, 85min) ★★★
12.50 PM **Horror Highlights**
1.00 **Ice Twisters** Sci-fi thriller. (2009, PG, 91min) ★★
3.00 **Under the Dome**
4.00 **Escape from Mars** Sci-fi drama. (1999, PG, 86min) ★★

6.00 **Star Trek**
7.00 **Star Trek: Deep Space Nine**
8.00 **Earth: Final Conflict**
9.00 **The Haunting in Connecticut 2: Ghosts of Georgia** Horror starring Abigail Spencer. A family move to a rural farmhouse only to find it haunted by angry spirits from the building's sinister past. (2013, 15, 99min) ★★
11.00 **Tales from the Crypt** Horror compendium of five terror tales. (1972, 18, 92min) ★★★

12.50 AM **The Plague of the Zombies** Hammer horror. (1966, 15, 91min) ★★★
2.40 **The Colony** Sci-fi horror thriller. (2013, 18, 90min) ★★
4.20 **to 4.30** AM **Horror Highlights**

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 439 409 509

7.15 AM **K-19: The Widowmaker** Thriller. (2002, 12) ★★★
9.45 **The Hunt for Red October** Thriller. (1990, PG) ★★★★
12.10 PM **Patriot Games** Action thriller. (1992, 15, 116min) ★★
2.20 **Clear and Present Danger** Thriller. (1994, 12) ★★★
4.50 **The Sum of All Fears** Thriller. (2002, 12, 119min) ★★★★
7.00 **Extremely Wicked, Shockingly Evil, and Vile** Biopic. (2019, 15) ★★★★

4.50 The Sum of All Fears

Extremely Wicked, Shockingly Evil, and Vile (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

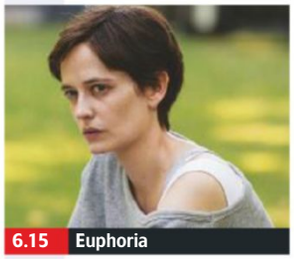
9.00 **The Godfather Part II** Francis Ford Coppola's Oscar-winning sequel to his gangster epic, *The Godfather*, starring Al Pacino, Robert De Niro and Talia Shire. (1974, 18, 200min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Shutter Island** Martin Scorsese's thriller starring Leonardo DiCaprio, Mark Ruffalo and Ben Kingsley. (2010, 15, 137min) ★★★
2.45 **Dark Crimes** Thriller starring Jim Carrey, Marton Csokas and Charlotte Gainsbourg. (2016, 18, 92min) ★★
4.30 **to 6.15** AM **Angel Flight Down** True-story adventure. (1996, PG, 88min) ★★

Sky Drama

309 309 850 440 410 511

7.20 AM **He Got Game** Drama. (1998, 15, 136min) ★★
9.45 **Scent of a Woman** Drama. (1992, 15, 157min) ★★★★
12.30 PM **Carousel** Rodgers and Hammerstein musical fantasy. (1956, U, 123min) ★★★★
2.45 **Please Stand By** Comedy. (2017, 12, 93min) ★★★
4.25 **Honey: Rise Up and Dance** Drama. (2018, 12, 90min) ★
6.15 **Euphoria** Arthouse drama. (2017, 15, 104min) ★★★


6.15 Euphoria

8.00 **Darkest Hour** Period drama starring Gary Oldman. British Prime Minister Winston Churchill seeks to rally the nation against Germany's advance across Western Europe. (2017, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Puzzle** Drama starring Kelly Macdonald. A long-suffering small-town wife and mother sneaks away to New York, where she teams up with a man for a puzzle contest. (2018, 15, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Notorious** Music biopic. (2009, 15, 122min) ★★★
2.10 AM **Blame** Drama. (2017, 15, 90min) ★★★★
4.00 **to 6.00** AM **I Can Only Imagine** Drama with J Michael Finley. (2018, PG, 110min) ★★

Sky Sci-Fi/Horror

310 310 851 441 411 507

6.00 AM **Anon** Sci-fi thriller. (2018, 15, 105min) ★★★
7.45 **A.I. Artificial Intelligence** As shown at 4.30pm.
10.15 **Pacific Rim: Uprising** As 7pm.
12.15 PM **Elysium** As 9.00pm.
2.10 **It** As shown at 12.45am.
4.30 **A.I. Artificial Intelligence** Steven Spielberg's sci-fi. (2001, 12, 145min) ★★★★
7.00 **Pacific Rim: Uprising** Sci-fi thriller starring John Boyega. (2018, 12, 111min) ★★

9.00 Elysium

Pacific Rim: Uprising (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Elysium** Sci-fi action thriller starring Matt Damon and Jodie Foster. In 2154, a fatally ill factory worker has five days to reach the orbiting space station that is home to the rich. (2013, 15, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Upgrade** Sci-fi thriller starring Logan Marshall-Green and Betty Gabriel. A wheelchair-bound mugging victim seeks revenge with the aid of a computer chip implant. (2018, 15, 100min) ★★★★
12.45 AM **It** Supernatural horror. (2017, 15, 135min) ★★★★
3.05 **The Little Stranger** Horror. (2018, 12, 111min) ★★★
5.15 **to 6.00** AM **Sky Cinema Preview** Forthcoming films.

Sky Select

311 311 852 442 412 510

6.50 AM **The Wound** (2017) ★★★
8.25 **Dark River** Period drama. (2017, 15, 90min) ★★★★
10.00 **Demon** Comedy horror. (2015, 15, 94min) ★★★★
11.40 **Inside Man** Crime drama. (2006, 15, 129min) ★★★★★
1.50 PM **Spartacus** Drama. (1960, PG, 184min) ★★★★★
5.10 **The Disaster Artist** Comedy drama. (2017, 15) ★★★★
7.00 **The Ballad of Lefty Brown** Western. (2017, 15) ★★★

7.00 The Ballad of Lefty Brown

The Ballad of Lefty Brown (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **O Brother, Where Art Thou?** Offbeat comedy from the Coen brothers, starring George Clooney, John Turturro and Tim Blake Nelson. (2000, 12, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Collateral** Director Michael Mann's thriller starring Tom Cruise, Jamie Foxx and Jada Pinkett Smith. (2004, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Kidulthood** British urban drama. (2006, 15, 91min) ★★
2.30 **The French Connection** Oscar-winning thriller. (1971, 18, 104min) ★★★★★
4.20 **to 6.10** AM **Mary and the Witch's Flower** Animation. (2017, U, 99min) ★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Run Wild, Run Free** Children's tale. (1969, U, 98min) ★★★
1.05 PM **Endless Love** Romance. (2014, 12, 102min) ★★
3.10 **Puss in Boots** Animation. (2011, U, 90min) ★★★★
4.55 **Chasing Mavericks** Drama. (2012, PG, 112min) ★★★
7.15 **Fantastic Four: Rise of the Silver Surfer** Adventure. (2007, PG, 88min) ★★★

9.00 Mechanic: Resurrection

Fantastic Four: Rise of the Silver Surfer (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Mechanic: Resurrection** Action thriller sequel starring Jason Statham. A hitman is blackmailed into committing three assassinations when his girlfriend is kidnapped. (2016, 15, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Idiocracy** Satirical comedy starring Luke Wilson. An army private awakens from a 500-year hibernation experiment to discover he is the smartest guy in the world. (2006, 15, 84min) ★★
12.40 AM **Piranha DD** Horror comedy. (2011, 18, 79min) ★
2.20 **to 4.00** AM **Phase IV** Sci-fi. (1973, PG, 86min) ★★★

+1 hour 314 430 45 301

Friday

8 PM
9 PM
10 PM
11 PM

True Movies

319 424 50 303

6.00 AM **Highway to Heaven**
7.00 **The Waltons** Double bill.
9.00 **Out of the Shadows** Romantic thriller. (1988, PG, 97min) ★★
11.00 **Missing Children: A Mother's Story** Drama. (1982, PG) ★★
1.00 PM **Highway to Heaven**
3.00 **Jack Hunter: The Star of Heaven** Adventure sequel.
5.00 **Just Breathe** Coming of age drama. (2008, PG, 90min) ★★

7.00 **The Good Times Are Killing Me** Drama starring Kelly Rowan. A successful lawyer finds herself in rehab where she befriends a couple of strange characters who help her crack an important case. (2009, 15, 120min) ★★
9.00 **4 Minute Mile** Drama starring Kelly Blatz. A troubled teenager receives help in realising his potential on the athletics track from a reclusive former coach. (2014, 15, 96min) ★★

1.00 AM **The Waltons** Mary Ellen is reunited with Curt in Florida.
2.00 **The Waltons**
3.00 **The Avengers** Double bill.
5.00 **to 6.00** AM **Highway to Heaven**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Web of Lies** Mystery thriller. (2009, 12, 90min) ★★
10.45 **Buried Secrets** Thriller. (2014, PG, 90min) ★★
1.00 PM **The Philadelphia Experiment** Sci-fi mystery thriller. (2012, 15, 89min) ★★
2.45 **Age of Ice** Disaster movie. (2014, 15, 85min) ★★
4.30 **The House Bunny** Comedy. (2008, 12, 93min) ★★★

6.20 **Eat Pray Love** Glossy romantic drama starring Julia Roberts. A frustrated New Yorker sets off on a year-long journey of self-discovery to Rome, India and Bali. (2010, PG, 139min) ★★
9.00 PREMIERE **The Driftless Area** Drama starring Anton Yelchin and Zooey Deschanel. A bartender returns to his home town and finds himself in a dangerous situation involving a mystery woman and a criminal. (2015, 15, 95min) ★★★

11.05 **The River Murders** Serial killer thriller. (2011, 18, 88min) ★★
1.10 AM **The Killer Inside Me** Film noir. (2010, 18, 104min) ★★★
3.25 **Revolution** Drama. (1985) ★
5.50 **to 6.00** AM **Sony Movie News**

+1 hour 322

Movies 24

325 419 513

7.00 AM **Love at the Shore** (2017)
9.00 **June in January** Romance. (2014, PG, 72min) ★★
11.00 **Christmas Cupcakes** Festive drama. (2018, PG, 120min) ★★
1.00 PM **Christmas Wonderland** Drama. (2018, PG, 120min) ★★
3.00 **Christmas Wedding Planner** Romance. (2017, PG) ★★
5.00 **Christmas in the Air** Festive romance. (2017, U, 90min) ★★

7.00 **Rocky Mountain Christmas** Romantic drama starring Kristoffer Polaha and Lindy Booth. A woman looking for some time alone at Christmas finds herself sharing a ranch with a spoiled Hollywood star. (2017, PG, 90min) ★
9.00 **Autumn Stables** Drama starring Cindy Busby. Recently widowed Autumn sells her ranch under the condition that it remains unchanged. (2018, PG, 90min) ★★

11.00 **Back to Love** Romantic drama. (2017, PG, 90min) ★★
1.00 AM **Love at Sea** Romantic drama. (2018, PG, 90min) ★★
3.00 **to 5.00** AM **Journey Back to Christmas** Fantasy. (2016) ★★

+1 hour 326 420

Movies4Men

323 426 40 305

6.00 AM **The Day Time Ended** (1979)
7.25 **Breaking the Codes**
8.25 **Super Eruption** (2011) ★★
10.10 **Biggles** Fantasy. (1986) ★★
12.00 NOON **M*A*S*H** Double bill.
1.00 PM **If You Meet Sartana – Pray for Your Death** (1968)
2.55 **Eight Iron Men** Adventure. (1952, PG, 80min) ★★★
4.40 **Allied Armour**
5.55 **German Fighter Aircraft**

7.05 **The Sender** Sci-fi thriller starring Michael Madsen, Shelli Lether and R Lee Ermey. (1997, 15, 94min) ★
9.00 **Derailed** Action thriller starring Jean-Claude Van Damme, Laura Elena Harring and Tomas Arana. Terrorists release the smallpox virus aboard a train travelling through Eastern Europe. (2002, 15, 85min) ★
10.45 **Wake of Death** Action drama with Jean-Claude Van Damme. (2004, 18, 86min) ★★★

12.30 AM **Submerged** Action thriller starring Steven Seagal. (2005, 15, 96min) ★
2.20 **to 4.00** AM **Mission Batangas** Adventure starring Dennis Weaver. (1968, 15, 100min) ★★

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.00 PM **Delivery Man** *AMC* ★★★
8.00 **A View to a Kill** *ITV4* James Bond spy adventure. (HD) ★★
9.00 **Fast & Furious 7** *ITV2* Action thriller sequel. (HD) ★★★★
9.00 **Dodgeball: A True Underdog Story** *E4* Comedy. (HD) ★★★★
9.00 **Olympus Has Fallen** *5STAR* Action thriller. (HD) ★★★
9.00 **The Abyss** *Syfy* Sci-fi. ★★★★
9.00 **Copycat** *Paramount Network* Thriller. (HD) ★★
10.00 **Ibiza: The Silent Movie** *BBC4* Documentary. (HD) ★★
10.45 **Lethal Weapon 3** *ITV* Comedy action thriller sequel. (HD) ★★
10.45 **The Departed** *ITV4* Martin Scorsese's thriller. (HD) ★★★
11.25 **10 Rillington Place** *Paramount Network* Thriller. (HD) ★★★★
11.50 **8 Minutes Idle** *BBC1 Wales (Eng/Scot/NI: 12.20pm)* Offbeat British comedy. (HD) ★★
12.05 AM **Carry On Behind** *ITV3* Carry On comedy. (HD) ★★
12.30 **The Relic** *Syfy* Horror. ★★★
1.00 **Sin City: A Dame to Kill For** *Channel 4* Thriller. (HD) ★★★
4.10 **Jack the Giant Killer** *Syfy* Fantasy adventure. ★★

Friday

Sky Sports Main Event

401 401 855 511 501 402 437

6.00 AM **Good Morning Sports Fans Bitesize** Round-up of sports news with analysis and comment plus extended interviews with the headline makers.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 LIVE **The Ashes England v Australia.** Coverage of the second day of the first Test in the five-match series at Edgbaston.
7.00 PM LIVE **EFL Luton Town v Middlesbrough.** Coverage of the Championship clash from Kenilworth Road. Kick-off 7.45pm.
10.15 LIVE **PGA Tour Golf** Coverage of the second day of the Wyndham Championship at Sedgefield Country Club in Greensboro, North Carolina.
11.00 **Sky Sports News** A round-up of the day's talking points and a look ahead to the events that are likely to make the news tomorrow.
12.00 M'T **to 6.00** AM **Sky Sports News** A round-up of the day's talking points.

Sky Sports Premier League

402 402 856 512 502

6.00 AM **PL Greatest Games** The greatest Premier League game for each club, as voted for by fans.
7.00 **Premier League Highlights**
8.00 **Best PL Goals**
9.00 **Premier League 100 Club** Profiles of Premier League legends.
10.00 LIVE **FIFA eWorld Cup Series** Coverage of day one of the finals of the FIFA eWorld Cup.
3.30 PM **PL Greatest Games** The greatest Premier League game for each club, as voted for by fans.
4.00 LIVE **FIFA eWorld Cup Series** Further coverage of day one of the finals of the FIFA eWorld Cup.
8.30 **Premier League Years**
10.30 **Premier League World** A round-up of the latest news.
11.00 **Premier League Legends**
12.00 M'T **Premier League Best Goals** Memorable strikes.
1.00 AM **Premier League Years** Classic games, infamous blunders and moments of skill from seasons past, all set to a specially selected soundtrack from the time.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **EFL Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL: Championship Season Review** The 2018/2019 season.
6.00 **EFL Highlights**
7.00 LIVE **EFL Luton Town v Middlesbrough.** Action from Kenilworth Road. Kick-off 7.45pm.
10.15 **EFL Greatest Games**
11.00 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **Football Countdowns**
5.00 **Football's Greatest Players**
5.30 **to 6.00** AM **Football Years**

Sky Sports The Ashes

404 404 858 514 504

6.00 AM **Ashes Memories** Former England captain Nasser Hussain shares his memories of playing in the Ashes against Australia.
7.00 **The Ashes**
8.00 **The Ashes Debate**
8.30 **The Ashes**
9.30 **The Ashes Debate**
10.00 LIVE **The Ashes England v Australia.** The second day of the first Test in the five-match series, taking place at Edgbaston.
6.55 PM LIVE **Vitality T20 Blast Cricket Northamptonshire Steelbacks v Derbyshire Falcons.** Coverage of the North Division match from the County Ground in Northampton.
10.15 **The Ashes** England v Australia: Action from the second day of the first Test in the five-match series, taking place at Edgbaston.
11.15 **The Ashes Debate**
11.45 **ICC Cricket 360** The latest news from the cricketing world.
12.15 AM **The Ashes** England v Australia: The second day of the first Test in the five-match series.
1.15 **The Ashes Debate**
1.45 **Vitality T20 Blast Cricket**
5.05 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 859 515 505

6.00 AM **Ladies European Tour Golf**
7.00 **PGA Tour Golf**
10.00 **Ladies European Tour Golf**
11.00 LIVE **Ladies European Tour Golf** Coverage of day two of the Women's British Open at Woburn Golf Club in Milton Keynes.
6.00 PM LIVE **PGA Tour Golf** Coverage of the featured groups on the second day of the Wyndham Championship at Sedgefield Country Club in Greensboro, North Carolina.
8.00 LIVE **PGA Tour Golf** Coverage of the second day of the Wyndham Championship at Sedgefield Country Club in Greensboro, North Carolina.
11.00 **Ladies European Tour Golf** Action from the second day of the Women's British Open.
12.00 M'T **Feherty Talks to Carson Daly** An interview with the American TV and Radio presenter, and golf enthusiast.
1.00 AM **PGA Tour Golf**
4.00 **Feherty Talks To Tom Lehman & Justin Leonard**
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 867 527 408 430

6.00 AM **Classic MOTD – Thrillers**
7.00 **Premier League Legends**
9.00 **Fulham v Arsenal 2018/19**
10.30 LIVE **AFL North Melbourne Kangaroos v Hawthorn Hawks.** Coverage of the match from the 20th round of fixtures, at Marvel Stadium. Bounce-up 10.50am.
1.30 PM **Premier League**
6.00 LIVE **World Rally Championship** Coverage from SS11 of Rally Finland, round nine of the season.
7.00 **Premier League Season Review** A look back at the 2018/2019 Premier League season.
9.00 **Premier League 100**
9.30 **No Filter Boxing**
10.00 **Premier League Preview**
11.00 **Virgin Australia Supercars Championship Highlights**
12.00 M'T LIVE **MLB New York Yankees v Boston Red Sox.** Coverage from Yankee Stadium. Start-time 12.05am.
3.00 AM **In Depth with Bensinger**
4.00 **Herschel Walker**
5.00 **to 8.00** AM LIVE **AFL GWS Giants v Sydney Swans.** Bounce-up 5.10am.

BT Sport 2

414 414 868 528 409 431

6.00 AM **Mobil 1: The Grid**
6.30 **BT Sport Reload**
6.45 **MotoGP: Mid-season Review**
7.45 LIVE **MotoGP** The opening two free practice sessions of the Grand Prix of the Czech Republic.
3.15 PM **FIA Karting Championships**
3.45 **BT Sport Reload**
4.00 **Mobil 1: The Grid**
4.30 **Premier League 100**
5.00 **What I Wore: Robbie Fowler**
5.15 **MotoGP Rewind**
5.30 **Formula E: Street Racers**
6.00 LIVE **FIM Speedway Grand Prix** Qualifying action ahead of round five in Wroclaw, Poland.
7.00 **FIM Sidecar World Championship Highlights**
7.30 **BT Sport Reload**
7.45 **MotoGP: ICYMI**
8.00 LIVE **WTA Tennis** The quarter-finals of the Mubadala Silicon Valley Classic in San Jose, USA.
2.00 AM **BT Sport Reload**
2.15 **FIM Sidecar World Championship Highlights**
2.45 **MotoGP: ICYMI**
3.00 LIVE **WTA Tennis** Coverage of the quarter-finals in San Jose, USA.
5.00 **to 6.00** AM **FIM Speedway Highlights**

BT Sport 3

417 417 869 529 410 432

6.00 AM **Gearing Up**
6.30 **UEFA Champions League – Classics** Action from the UEFA Champions League.
9.00 **World Sailing** The latest action.
9.30 **Inside Sailing** The latest news.
10.00 **SPFL Season Review 2018/19**
11.30 **Gearing Up** Motor sport events.
12.00 NOON **Fishing: On the Bank**
1.00 PM **UEFA Champions League – Classics**
3.00 **BRDC British F3 Championship** Action from round five of the BRDC Formula 3 Championship in Spa.
4.00 **World Sailing** The latest action and news from the world of sailing.
4.30 **Inside Sailing** The latest news.
5.00 **WTA Tennis** Highlights from day four of the Citi Open in Washington and the Mubadala Silicon Valley Classic in San Jose.
7.00 LIVE **WTA Tennis** Coverage of the quarter-finals of the Citi Open in Washington.
3.00 AM **Formula E: Street Racers**
3.30 **UFC NOW** Magazine show.
4.30 **BT Sport Reload**
4.45 **MotoGP: ICYMI**
5.00 **No Filter Boxing**
5.30 **to 6.00** AM **FIA Karting Championships**

Sky Sports Action

407 407 861 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
7.30 **World Rugby Show**
8.00 **Boxing Gold**
9.00 **Darts Gold**
9.30 **The Darts Show**
10.00 **Sporting Records**
10.30 **World Rugby Show**
11.00 **Darts Gold**
11.30 **The Darts Show**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
1.30 **World Rugby Show**
2.00 **Darts Gold**
2.30 **Boxing Gold**
3.30 **Darts Gold**
4.00 **The Darts Show**
4.30 **Salomon Golden Trail Series**
5.00 **Show Jumping**
6.00 **WWE Experience**
7.00 **Show Jumping**
8.00 **The Darts Show**
8.30 **Salomon Golden Trail Series**
9.30 **Show Jumping**
10.30 **Darts Gold** A classic match.
11.00 **NFL: A Football Life**
12.00 M'T **NFL: America's Game**
1.00 AM **Super League Gold**
2.00 **NFL – Greatest Games**
3.30 **Darts Gold**
4.00 **to 6.00** AM **Highlights**

Sky Sports Mix

121 121 819 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **My Icon**
8.00 **US Open 9-Ball Pool**
9.00 **Sporting Records**
9.30 **My Icon**
10.00 **US Open 9-Ball Pool**
11.00 LIVE **Ladies European Tour Golf** Coverage of day two of the Women's British Open at Woburn Golf Club in Milton Keynes.
6.00 PM LIVE **Currie Cup Rugby Union Free State Cheetahs v Golden Lions.** Coverage of the match from the fourth round of fixtures, which takes place at Toyota Stadium in Bloemfontein, South Africa. Kick-off 6.15pm.
8.15 **Sporting Records**
8.45 **My Icon**
9.00 **NBA Classic Games: Kings/Heat 2013** A memorable match between Sacramento Kings and Miami Heat from 2013.
10.00 **NFL: A Football Life** Focusing on the lives of NFL players, coaches, owners and teams.
11.00 **Ladies European Tour Golf** Action from the second day of the Women's British Open.
12.00 M'T **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 530 411 434

6.00 AM **Around the Horn**
6.30 **ESPN FC** The latest football news.
7.00 **Pardon the Interruption**
7.30 **MLB**
10.30 **College Football Live**
11.00 **Around the Horn**
11.30 **ESPN FC** The latest football news.
12.00 NOON **Pardon the Interruption**
12.30 PM **Mobil 1: The Grid**
1.00 **CFL**
6.00 **Pardon the Interruption**
6.30 **MLB's Best** Highlights show.
7.00 LIVE **MLB Chicago Cubs v Milwaukee Brewers.** The National League match from Wrigley Field. Start-time 7.20pm.
10.30 **Around the Horn**
11.00 **ESPN FC** The latest football news.
11.30 **College Football Live**
12.00 M'T **X Games**
2.00 AM LIVE **X Games** The X Games Minneapolis 2019.
5.00 **MLB's Best** Highlights show.
5.30 **to 6.00** AM **College Football Live**

Eurosport 1

410 410 864 523 521 412 435

7.30 AM **Masters Snooker**
9.30 **Rallycross: Titans-RX Series**
10.00 **RideLondon**
11.00 **Cycling: UK Men's Road Series**
11.30 **Cycling: UK Women's Road Series** The South Coast Classic.
12.00 NOON **Speedway European Championship** From Poland.
1.00 PM **Motocross World Championship** From Loket.
2.00 **Snooker: Shoot-Out**
4.00 **Speedway European Championship** From Poland.
5.00 **Bennetts British Superbikes**
6.00 **Masters Snooker** Action from Ronnie O'Sullivan v Judd Trump.
8.00 **Cycling: UK Men's Road Series**
8.30 **Cycling: UK Women's Road Series** The South Coast Classic.
9.00 **RideLondon** The women's race.
10.00 **Snooker: World Championship**
12.00 M'T **Motorcycling: EWC All Access** Behind-the-scenes.
12.30 AM **Porsche Supercup**
1.00 **to 1.25** AM **Eurosport News**

Eurosport 2

411 411 865 524 522 413 436

7.00 AM **RideLondon**
9.00 **Chess: Grand Prix Series**
10.00 **Australian Superbikes**
11.00 **Bennetts British Superbikes**
12.30 PM **Clasica San Sebastian 2018**
1.30 **RideLondon** The men's race.
2.30 **Cycling: Tour de France**
3.30 **Bennetts British Superbikes**
4.30 **World Superbikes**
6.00 **RideLondon** Action from the women's race in central London.
7.00 **RideLondon** Action from the 200km men's cycling race.
8.00 **Snooker: UK Championship** Ronnie O'Sullivan v Mark Allen.
10.00 **Bennetts British Superbikes** Highlights of both races.
11.00 **Porsche Supercup**
11.30 **Clasica San Sebastian 2018**
12.30 AM **RideLondon**
1.30 **Cycling: UK Men's Road Series**
2.00 **Snooker: World Championship**
4.00 **Motocross British Championship**
5.00 **to 6.30** AM **Snooker: Riga Masters**

Sky Sports Arena

408 408 862 518 508

6.00 AM **Sporting Greats**
7.00 **WWE Main Event**
8.00 **Great Sporting Moments**
9.00 **Show Jumping**
10.00 **Sporting Greats**
10.30 **Super League Gold**
10.45 **NFL: America's Game**
11.45 **Super League Gold**
12.00 NOON **Show Jumping**
1.00 PM **Great Sporting Moments**
1.15 **Super League Gold**
2.00 **Sporting Greats**
3.00 **Sporting Records**
4.00 **Show Jumping**
5.00 **WWE Smackdown**
7.00 LIVE **Betfred Super League** Coverage of a crucial game.
10.15 **Super League Gold**
11.00 **Show Jumping**
12.00 M'T **Betfred Super League**
12.15 AM **Great Sporting Moments**
1.00 **Sporting Records**
2.00 **Betfred Super League**
2.15 **Super League Gold**
3.00 **to 6.00** AM **Highlights**

Sky Sports F1

406 406 860 516 506

6.00 AM **Highlights**
9.45 LIVE **Formula 1** The Hungarian Grand Prix opening practice session.
11.50 **Alfa Romeo 1950**
11.55 LIVE **Formula 2 Championship** The Hungarian Grand Prix practice session in Mogyorod.
12.45 PM **F1 Cars Through 1000 Races** F1's most memorable cars.
12.50 **Brundle with Kubica & Russell**
1.05 **Ted's 2019 F1 Tech**
1.15 **F1: The Championship Begins**
1.45 LIVE **Formula 1** The Hungarian Grand Prix second practice session.
3.50 LIVE **Formula 2 Championship** The Hungarian Grand Prix qualifying session in Mogyorod.
4.25 **F1 Cars Through 1000 Races**
4.30 **Hungarian F1 GP: Story So Far**
5.00 **Formula 1**
8.30 **Hungarian F1 GP: Story So Far**
9.00 **F1 Classic Races**
11.20 **Formula 1**
2.50 **to 6.00** AM **Highlights**

When robins appear, loved ones are near.

Honour the everlasting memory of a treasured loved one with this first-ever keepsake by skilled wildlife artist Adrian Rigby

Shown larger than actual size.
Measures approx. 5 inches (12.7 cm) in height.

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In many cultures, a friendly little robin represents a loved one who has passed. So when you see one, it means a special someone is visiting you...keeping the spirit of your loved ones forever by your side. Now, The Bradford Exchange shares with you *'A Love So Dear'* – a heartwarming keepsake of a cheerful robin red-breast posed on a post with the stirring artistry of Adrian Rigby, and graced with a golden sentiment dedicated to your much-missed loved ones.

Tenderly crafted and painted by hand

From the robin's red breast and feathery wings to the sculptured flowers in bloom, every inch is handcrafted and painted by hand. The springtime blossoms are intricately detailed to symbolise everlasting treasured memories.

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Kids' Weekly TV Guide

CBBC

613 613 646 701 201 204 607 600

SATURDAY
7.00am Arthur **7.15** Shaun the Sheep **7.20** Danger Mouse **7.35** Dennis **7.45** Diddy TV **8.00** Class Dismissed **8.15** Ramsay Bunch **8.30** Newsround **8.40** The Playlist **9.00** The Dengineers **9.30** Horrible Histories **10.00** Nine Minute Ninja New **10.10** The Pets Factor **10.30** The Dog Ate My Homework **11.00** Strange Hill High **11.20** The Zoo **11.35** Diddy TV **11.50** Now You See It **12.00noon** Scream Street **12.10pm** Newsround **12.20** The Worst Witch **12.50** Lifebabble **12.55** Mustangs FC **1.15** Newsround **1.25** All at Sea **1.50** Holly Hobbie **2.15** Secret Life of Boys **5.45** My Life: Learning to Fly **6.15** The Pets Factor **6.35** Lifebabble **6.40** Our School **7.00** Got What It Takes? **7.35** Last Commanders **8.05** Operation Ouch! **8.35-9.00pm** Horrible Histories Special

SUNDAY As Saturday except:
7.25-7.35am Danger Mouse **7.45-8.00** Danny & Mick **8.15** Diddy TV **8.30** The Dengineers **9.00** Blue Peter **9.35** Art Ninja **9.55** Newsround **10.00** Ramsay Bunch **10.15** Gym Stars **10.35** Our School **11.00** Odd Squad **11.20** Horrible Histories **11.50** Newsround **12.00noon** Naomi's Nightmares of Nature **12.25pm** The Pets Factor **12.50** Operation Ouch! **1.15** My Life: Champion of the World **1.45** Newsround **1.55** Secret Life of Boys **2.15** Secret Life of Boys: Camp Special **2.40** Secret Life of Boys: Halloween Special **3.25** Millie Inbetween Specials **4.50** Horrible Histories Special **5.15** The Playlist **5.40** My Life: Adopted from China **6.10** The Pets Factor **6.35** Gym Stars **6.55** Operation Ouch! Snips **7.00** Jamie Johnson: The Real Gothia Cup **7.30** Hetty Feather **8.00** Holly Hobbie **8.20** Class Dismissed **8.35-9.00pm** The Next Step

MONDAY
7.00am Arthur **7.15** Dennis **7.25** Danger Mouse **7.40** Newsround **7.45** Odd Squad **8.00** The Deep **8.20** Newsround **8.30** Dragons: Race to the Edge **8.50** The Zoo **9.05** The Pets Factor **9.30** Junior Bake Off **10.00** Millie Inbetween **10.30** Almost Never **2.10pm** Operation Ouch! **2.40** Jamie Johnson **3.10** The Zoo **3.20** Shaun the Sheep **3.25** OOglies **3.40** Dennis **3.55** Odd Squad **4.10** Diddy TV **4.20** Newsround **4.30** Blue Peter Bites **4.35** The Pets Factor **5.00** The Worst Witch **5.30** Deadly Dinosaurs with Steve Backshall **6.00** HH: Gory Games **6.30** The Dengineers **7.00** Horrible Histories **7.25** Deadly Dinosaurs with Steve Backshall **7.55** Blue Peter Bites **8.00** The Worst Witch **8.30-9.00pm** Millie Inbetween

TUESDAY As Mon except:
12.50pm Nowhere Boys **2.10-2.40** Blue Peter **3.05-3.20** The Zoo **4.05-4.20** Diddy TV **4.25** Nine Minute Ninja **4.40** Pets Factor **5.00** Mustangs FC New **5.30** Gym Stars New **5.50-6.00** Operation Ouch! Snips **6.55-7.00** Shark Bites **7.30** Gym Stars **7.50** Nine Minute Ninja **8.00** Mustangs FC **8.25** Real Jamie Johnson **8.35-9.00pm** Next Step

WEDNESDAY As Mon except:
10.00am Millie Inbetween: Access All Areas **10.25** Nowhere Boys **2.15-2.40pm** Operation Ouch! **3.20-3.25** Shrek: The Pig Who Cried Werewolf **4.05-4.20** Diddy TV **4.25** Nine Minute Ninja **4.40** Pets Factor **5.00** Secret Life of Boys **5.30-6.00** Last Commanders New **7.25** Last Commanders **7.55** Secret Life of Boys **8.20** The Real Jamie Johnson **8.30-9.00pm** All at Sea

THURSDAY As Mon except:
10.30 Nowhere Boys **10.50** Hank Zipzer **2.15-2.40pm** Operation Ouch! **3.20** Diddy Bits **3.30** OOglies **3.45-3.55** Dennis **4.30** Nine Minute Ninja **4.40** The Pets Factor **5.00** Holly Hobbie New **5.30-6.00** Blue Peter New **7.30** Blue Peter **8.00** Holly Hobbie **8.25-8.30pm** Lifebabble **8.30-9.00** So Awkward

FRIDAY As Mon except:
10.30am Hank Zipzer **12.35pm** Katy **2.05** Lifebabble **2.10-2.40** Horrible Histories **3.30-3.40** OOglies **4.30-4.35** Lifebabble **5.00** The Dumping Ground **5.30** Ramsay Bunch **5.45-6.00** Class Dismissed **7.30** Ramsay Bunch **7.45** Class Dismissed **8.00-9.00pm** The Dumping Ground

CBEEBIES

614 614 647 702 202 205 608 601

Clangers

SATURDAY
6.00am Show Me Show Me **6.20** Baby Jake **6.35** Teletubbies **6.50** Raa Raa the Noisy Lion **7.00** Postman Pat: SDS **7.15** Bing **7.30** Hey Duggee **7.45** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.25** Bitz & Bob **8.35** The Furchester Hotel **8.45** Biggleton **9.00** Something Special: We're All Friends **9.20** CBeebies Goldilocks & the Three Bears **10.05** Go Jetters **10.15** Magic Hands **10.30** Justin's House **10.55** Andy's Dinosaur Adventures **11.10** Maddie's Do You Know? **11.25** Waffle the Wonder Dog **11.35** Molly and Mack **11.50** Little Roy **12.05pm** My World Kitchen **12.20** Old Jack's Boat: Rockpool Tales **12.30** Melody **12.40** Down on the Farm **1.00** Where in the World? **1.15** My Story **1.30** My Pet and Me **1.45** Tinga Tinga Tales **2.00** Something Special: We're All Friends **2.20** Ferne and Rory's Vet Tales **2.35** Junk Rescue **2.50** Maddie's Do You Know? **3.05** Bitz & Bob **3.15** Tree Fu Tom **3.35** Go Jetters **3.50** Peter Rabbit **4.05** Waffle the Wonder Dog **4.15** My First **4.30** Magic Hands **4.40** Treasure Champs **4.55** Woolly & Tig **5.00** Gigglebiz **5.15** Molly and Mack **5.30** Katie Morag **5.45** Sarah & Duck **5.50** Charlie and Lola **6.05** Tee and Mo **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

SUNDAY As Saturday except:
9.00am Something Special **9.20** Peter Rabbit Special: The Tale of the Kitten and Pig Adventure **9.45-10.05** Tree Fu Tom **10.15-10.30am** YolanDa's Band Jam

MONDAY-FRIDAY
6.00am Show Me Show Me **6.20** Twirlywoos **6.30** Teletubbies **6.45** Raa Raa the Noisy Lion **6.55** Numberblocks **7.00** Bing **7.20** Hey Duggee **7.35** Bitz & Bob **7.45** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.20** Biggleton **8.35** Justin's House **9.00** Tee and Mo **9.05** Yakka Dee! **9.10** Alphablocks **9.20** Kit & Pup **9.25** Bing **9.30** Twirlywoos **9.45** Something Special: We're All Friends **10.05** Teletubbies **10.20** Baby Club New episode **10.35** Patchwork Pals **10.40** Olobob Top **10.50** Let's Play **11.10** Get Well Soon Hospital **11.20** My Pet and Me **11.40** Show Me Show Me **12.00noon** My World Kitchen **12.15pm** Teacup Travels **12.30** Molly and Mack **12.45** Sarah & Duck **1.00** Biggleton **1.10** Alphablocks **1.15** Yakka Dee! **1.20** Numberblocks **1.25** Bing **1.35** Twirlywoos **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** Baby Club **2.35** Pablo **2.45** My First **3.00** Andy's Safari Adventures **3.15** Swashbuckle **3.40** Hey Duggee **3.45** Tinpo New episode **3.55** Bitz & Bob **4.10** Junk Rescue **4.25** Catie's Amazing Machines **4.35** Peter Rabbit **4.50** Go Jetters **5.00** Gigglebiz **5.15** Topsy and Tim **5.30** Waffle the Wonder Dog **5.40** Woolly & Tig **5.45** Moon and Me **6.10** Clangers New episode **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

NICK JR

615 648 715 484

Dora the Explorer

SATURDAY & SUNDAY
6.00am Peppa Pig **6.30** Paw Patrol **7.00** Butterbean's Cafe **7.30** Paw Patrol **10.00** Peppa Pig **11.00** Abby Hatcher **11.30** Blaze and the Monster Machines: Adventures with AJ, an eight-year-old techie. **12.00noon** Paw Patrol **2.00pm** Blaze and the Monster Machines **3.00** Peppa Pig: Animation for younger viewers following the adventures of the cheeky piglet, her brother George and their friends. **3.30** Dora the Explorer **4.00** Paw Patrol: Animated action adventure following a squad of six heroic puppies and their tech-savvy 10-year-old leader as they protect the community of Adventure Bay. **6.00** Blaze and the Monster Machines **7.00** Top Wing **8.00** Paw Patrol: Animated adventures. **12.30am** Peppa Pig **4.00** Nella the Princess Knight **5.00-6.00am** Peppa Pig

MONDAY-FRIDAY
6.00am Peppa Pig **6.30** Ben and Holly's Little Kingdom **7.00** Butterbean's Cafe **7.30** Top Wing **8.00** Paw Patrol **10.00** Peppa Pig **11.00** Blaze and the Monster Machines: Adventures with AJ, an eight-year-old techie. **12.00noon** Paw Patrol: Animated action adventure following a squad of six heroic puppies and their tech-savvy 10-year-old leader as they protect the community of Adventure Bay. **2.00pm** Blaze and the Monster Machines **3.00** Peppa Pig **4.00** Paw Patrol **6.00** Blaze and the Monster Machines **7.00** Top Wing: **8.00** Paw Patrol: Animated adventures. **12.30am** Peppa Pig **4.00** Nella the Princess Knight **5.00-6.00am** Peppa Pig

+1 hour 628

CITV

621 734 711 203 602

SATURDAY
6.00am Dino Dana **6.10** Super 4 **6.35** Thunderbirds Are Go **7.00** Mission Employable **7.05** Mr Bean **7.30** Marvel's Avengers: Secret Wars **7.55** Milo Murphy's Law **8.25** Mr Bean **9.25** Mr Magoo **9.55** ToonMarty **10.25** Wishfart **10.55** Pokémon: Sun and Moon – Ultra Legends **11.25** NinjaGo: The Hands of Time **11.55** What's New Scooby-Doo? **2.15** Mr Magoo **2.45** Wishfart **3.20** ToonMarty **3.45** Massive Monster Mayhem **4.15** Mr Bean **5.15** Bagel and Becky **5.45** Pokémon: Sun and Moon – Ultra Legends **6.10** Max Steel **6.40** NinjaGo: Skybound **7.10** Looped **7.40** Fangbone **8.05** Massive Monster Mayhem **8.30** Make It Pop **8.55-9.00pm** Mission Employable

SUNDAY As Saturday except:
7.05-7.30am LEGO Star Wars: The Freemaker Adventures

MONDAY
6.00am Dino Dana **6.25** Super 4 **6.55** Mission Employable **7.00** NinjaGo: Possession **7.55** Max Steel **8.25** Pokémon: Sun and Moon – Ultra Legends **8.55** Mr Bean **9.55** Mr Magoo **10.25** Scooby-Doo! Mystery Incorporated **11.20** ToonMarty **11.50** Bagel and Becky **12.35pm** Wishfart **1.15** Thunderbirds Are Go **2.10** Massive Monster Mayhem **2.40** Spy School **3.05** Project Z **3.35** Scooby-Doo! Mystery Incorporated **4.30** NinjaGo: Possession **5.30** Pokémon: Sun and Moon – Ultra Legends **6.00** LEGO Star Wars: Freemaker Adventures **6.25** Mr Bean **7.20** Mr Magoo **7.55** NinjaGo: Masters of Spinjitzu Wu's Teas Shorts **8.00** Massive Monster Mayhem **8.25** Drop Dead Weird **8.55-9.00pm** Mission Employable

TUESDAY As Mon except:
7.55-8.25am Star Wars: The Yoda Chronicles

WEDNESDAY As Mon except:
7.55-8.25am Star Wars: The Yoda Chronicles **8.00-8.25pm** Project Z

THURSDAY As Mon except:
7.55-8.25am Star Wars: The Yoda Chronicles **6.00-6.25pm** LEGO Jurassic World: Secret Exhibit **8.00-8.25pm** Project Z

FRIDAY As Mon except:
7.55-8.25am Star Wars: The Yoda Chronicles **6.00-6.25pm** LEGO Jurassic World: Secret Exhibit **8.00-8.25pm** Project Z

NICKELODEON

604 604 642 712 714 483

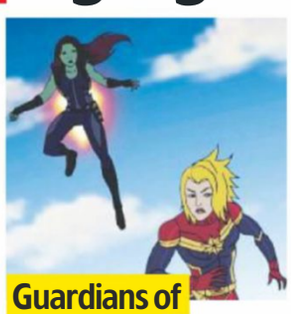
SATURDAY & SUNDAY
6.00am Victorious **7.00** Nicky, Ricky, Dicky & Dawn **7.30** The Thundermans **8.00** Henry Danger **9.00** The Thundermans **10.00** Game Shakers **11.00** The Thundermans **12.00noon** Henry Danger **1.00pm** Game Shakers **1.30** Nicky, Ricky, Dicky & Dawn **2.30** Henry Danger **3.00** Sam & Cat **4.00** Victorious **5.00** The Thundermans **8.00** Victorious **10.30** Sam & Cat **12.00m't** Renford Rejects **12.25am** Summer in Transylvania **12.50** SpongeBob **1.00** Genie in the House **1.30** House of Anubis **1.55** Winx Club **2.20** SpongeBob **2.30** Max & Shred **3.00** Renford Rejects **3.25** Summer in Transylvania **3.50** SpongeBob **4.00** Genie in the House **4.30** House of Anubis **5.00** Winx Club **5.30-6.00am** Max & Shred

MONDAY-THURSDAY
6.00am Victorious **6.30** Knight Squad **7.00** Nicky, Ricky, Dicky & Dawn **7.30** The Thundermans **8.00** Henry Danger **9.30** Game Shakers **10.30** The Thundermans **12.00noon** Knight Squad **1.00pm** Henry Danger **2.00** Cousins for Life **2.30** The Thundermans **3.30** School of Rock **4.00** Nicky, Ricky, Dicky & Dawn **5.00** The Thundermans **6.00** Hunter Street New episode Comedy mystery. **6.30** Henry Danger **7.30** Victorious **8.00** I am Frankie **8.30** Find Me in Paris **9.00** Every Witch Way **9.30** Victorious **10.30** Sam & Cat **12.00m't** Renford Rejects **12.25am** Summer in Transylvania **12.50** SpongeBob **1.00** Genie in the House **1.30** House of Anubis **1.55** Winx Club **2.20** SpongeBob **2.30** Max & Shred **3.00** Renford Rejects **3.25** Summer in Transylvania **3.50** SpongeBob **4.00** Genie in the House **4.30** House of Anubis **5.00** Winx Club **5.30-6.00am** Max & Shred

FRIDAY As Mon except:
6.30-7.30pm Nick's Summer Movie Nights: All summer long, viewers choose the Friday night film from a selection of two.

+1 hour 605 713

Highlights



Guardians of the Galaxy
Sat, Disney XD HD, 7.30am

Following the adventures of sisters Gamora and Nebula as they make right their wrongs.

Peppa Pig
Mon, Channel 5 HD, 7.30am

In a new episode to tie in with Summer, Peppa goes to a children's festival, and sings, dances and makes crafts.

Andi Mack
Fri, Disney HD, 5pm

In the last episode ever, Celia leaves town, and Andi shares a secret, with the friends promising to be there for one another.

CARTOON NET

601 601 640 704 732 486

DC Super Hero Girls...

SATURDAY

6.00am The Amazing World of Gumball **6.30** Teen Titans Go! **7.00** Bakugan: Battle Planet **7.30** Ben 10 **8.00** The Amazing World of Gumball **8.30** DC Super Hero Girls: Super Hero High New episode **9.00** Teen Titans Go! **9.30** We Bare Bears **10.00** The Amazing World of Gumball **10.30** Unikitty **11.00** Teen Titans Go! **3.00pm** Cloudy with a Chance of Meatballs **3.15** Craig of the Creek **3.30** Unikitty **3.45** Teen Titans Go! **4.00** Ben 10 **4.30** We Bare Bears **5.00** The Amazing World of Gumball

5.30 Summer Camp Island **5.45** Craig of the Creek **6.00** Teen Titans Go! **6.30** Unikitty **7.00** The Amazing World of Gumball **7.30** Summer Camp Island **7.45** Craig of the Creek **8.00** Teen Titans Go! **8.30** We Bare Bears **8.45** Cloudy with a Chance of Meatballs **9.00** DC Super Hero Girls: Super Hero High: At Super Hero High School, Wonder Woman, Supergirl and their friends deal with growing up. **11.30** Adventure Time **12.00m't** The Amazing World of Gumball **1.30am** Steven Universe **2.05** Uncle Grandpa **2.40** The Amazing World of Gumball **5.00-6.00am** Ben 10

SUNDAY As Saturday except:

9.00pm Regular Show **10.00-11.00** The Amazing World of Gumball **11.00pm-12.00m't** Adventure Time

MONDAY

6.00am The Amazing World of Gumball **6.30** Cloudy with a Chance of Meatballs **6.45** Teen Titans Go! **7.00** Craig of the Creek **7.15** Unikitty **7.30** Teen Titans Go! **7.45** We Bare Bears **8.00** The Amazing World of Gumball **10.00** Teen Titans Go! **11.00** The Amazing World of Gumball **12.00noon** We Bare Bears **1.00pm** Unikitty **3.00** Craig of the Creek **3.30** Summer Camp Island **4.00** Ben 10 **4.30** We Bare Bears **5.00** The Amazing World of Gumball

5.30 Summer Camp Island **5.45** Craig of the Creek **6.00** Teen Titans Go! New episode **6.30** Unikitty **7.00** The Amazing World of Gumball **7.30** Summer Camp Island **7.45** Craig of the Creek **8.00** Teen Titans Go! **8.30** We Bare Bears **8.45** Cloudy with a Chance of Meatballs **9.00** Regular Show **10.00** The Amazing World of Gumball **11.00** Adventure Time **12.00m't** The Amazing World of Gumball **1.30am** Steven Universe **2.05** Uncle Grandpa **2.40** The Amazing World of Gumball **5.00-6.00am** Ben 10

TUE & WED As Mon except:

9.00-11.00am Teen Titans Go! **2.00-3.00pm** Teen Titans Go!

THURS & FRI As Mon except:

9.00-11.00am Teen Titans Go! **2.00-3.00pm** Teen Titans Go! **9.00-10.00pm** The Powerpuff Girls

+1 hour 602 705

BOOMERANG

603 603 641 730 487

SATURDAY

6.00am Mr Bean **6.30** Tom & Jerry **7.00** Be Cool, Scooby-Doo! **7.30** Mighty Mike **8.00** Taffy **8.30** Tom & Jerry **9.00** Be Cool, Scooby-Doo! **9.30** FILM Scooby-Doo! Moon Monster Madness **11.10** Tom & Jerry **11.30** Be Cool, Scooby-Doo! **12.00noon** Tom & Jerry **12.30pm** Be Cool, Scooby-Doo! **1.00** Tom & Jerry **1.30** Be Cool, Scooby-Doo! **2.00** Tom & Jerry

2.30 Be Cool, Scooby-Doo! **3.00** Tom & Jerry **3.30** Be Cool, Scooby-Doo! **4.00** Tom & Jerry **4.30** Taffy **5.00** Be Cool, Scooby-Doo! **5.30** Mighty Mike **6.00** Tom & Jerry **6.30** FILM Scooby-Doo and the Goblin King **8.00** Tom & Jerry **8.30** Dorothy & The Wizard of OZ **8.45** Wacky Races **9.00** Tom & Jerry **10.00** What's New Scooby-Doo? **11.00** My Knight and Me **12.00m't** LazyTown **12.50am** My Knight and Me **2.00** LazyTown **5.00-6.00am** My Knight and Me

SUNDAY As Saturday except:

9.30am FILM Tom & Jerry Meet Sherlock Holmes **10.35-11.30am** Tom & Jerry **1.00pm** Tom & Jerry **1.30-2.00** Scooby-Doo's Ghosts **2.30** Scooby-Doo! Mystery Inc **3.00-3.30** Tom & Jerry **6.30-7.40pm** FILM Tom & Jerry & the Wizard of Oz

MONDAY

6.00am Mr Bean **6.30** Tom & Jerry **7.00** Scooby-Doo: Best of Velma **7.30** Mighty Mike **8.00** Taffy **8.30** Tom & Jerry **9.00** Be Cool, Scooby-Doo! **9.30** FILM Scooby-Doo! Curse of the Lake Monster **11.10** Tom & Jerry **11.30** Be Cool, Scooby-Doo! **12.00noon** Tom & Jerry **12.30pm** Be Cool, Scooby-Doo! **1.00** Tom & Jerry **1.30** Be Cool, Scooby-Doo! **2.00** Tom & Jerry **2.30** Be Cool, Scooby-Doo! **3.00** Tom & Jerry: Cat & Mouse Detective **3.30** Be Cool, Scooby-Doo! **4.00** Tom & Jerry

4.30 Taffy New episode **5.00** Be Cool, Scooby-Doo! **5.30** Mighty Mike **6.00** Tom & Jerry **6.30** FILM Scooby-Doo! Franken Creepy **8.00** Tom & Jerry **8.30** Dorothy & The Wizard of OZ **8.45** Wacky Races **9.00** Tom & Jerry **10.00** What's New Scooby-Doo? **11.00** My Knight and Me **12.00m't** LazyTown **12.50am** My Knight and Me **2.00** LazyTown **5.00-6.00am** My Knight and Me

TUESDAY As Mon except:

7.00-7.30am Be Cool, Scooby-Doo! **9.30-11.00** FILM Tom & Jerry in Shiver Me Whiskers **12.30pm** Scooby-Doo! Spooky Games **1.00-1.30** Tom & Jerry **2.30** Scooby-Doo! Mystery Inc **3.00-3.30** Tom & Jerry: The Oscars **6.30-8.10** FILM Big Top Scooby-Doo! **8.30-8.45pm** Dorothy & The Wizard of OZ

WEDNESDAY As Mon except:

7.00-7.30am Be Cool, Scooby-Doo! **9.30-11.00** FILM Scooby-Doo: Abracadabra-Doo **12.30-1.00pm** Scooby-Doo! Mystery Inc **3.00-3.30** The Tom and Jerry Show **6.30-7.40pm** FILM Tom & Jerry's Giant Adventure

THURSDAY As Mon except:

7.00-7.30am Be Cool, Scooby-Doo! **9.30-11.00** FILM Scooby-Doo! Legend of the Phantosaur **12.30-1.00pm** Scooby-Doo's Monsters **1.30-2.00** Scooby-Doo's Ghosts **2.30** FILM Scooby-Doo! and the Beach Beastie **3.00-3.30** Tom & Jerry **6.30-8.00pm** FILM Scooby-Doo! and WWE: Curse of the Speed Demon

FRIDAY As Mon except:

7.00-7.30am Be Cool, Scooby-Doo! **9.30-11.00** FILM Tom & Jerry Blast Off to Mars! **12.30pm** FILM Scooby-Doo! Knight Time Terror **1.00-1.30** Tom & Jerry **2.30** Scooby-Doo! Mystery Inc **3.00-3.30** Tom & Jerry – The Witches Cat **6.30-8.00pm** FILM Aloha, Scooby-Doo

+1 hour 618 731

DISNEY

609 609 644 724 480

Sadie Sparks

SATURDAY

6.00am Best Bugs Forever **6.25** Elena of Avalor **6.55** Sadie Sparks New episode **7.25** Disney Mickey Mouse New episode **7.30** Amphibia New episode **8.00** 101 Dalmatian Street **8.30** K.C. Undercover **2.00pm** Andi Mack **2.30** Miraculous: Tales of Ladybug & Cat Noir **3.00** K.C. Undercover

4.00 Liv & Maddie **5.00** Good Luck Charlie **6.00** Jessie **7.00** Penny on M.A.R.S **8.00** Bizaardvark **9.00** Jessie **9.30** K.C. Undercover **10.00** Raven's Home **11.00** Stuck in the Middle **11.55** Bizaardvark **12.50am** Miraculous: Tales of Ladybug & Cat Noir **1.35** The Lodge **2.00** Alex & Co **2.45** Violetta **3.35** The Evermoor Chronicles **4.45-6.00am** Miraculous: Tales of Ladybug & Cat Noir

SUNDAY As Saturday except:

1.00-2.00pm K.C Undercover: The Final Chapter: KC and Ernie continue their hunt for The Mask.

MONDAY

6.00am Jessie **7.00** Stuck in the Middle **8.00** FILM Teen Beach 2: Beach Party: Musical sequel starring Ross Lynch. **9.55** Access All Areas: Music **10.00** Jessie **11.00** Bunk'd **12.00noon** K.C. Undercover **1.00pm** Liv & Maddie **2.00** Jessie **3.00** K.C. Undercover **4.00** Miraculous: Tales of Ladybug & Cat Noir **4.30** Bunk'd **5.00** Jessie

5.30 Liv & Maddie **6.00** Sydney to the Max **6.30** Raven's Home **7.00** Good Luck Charlie **7.30** Penny on M.A.R.S **8.00** Andi Mack **8.30** Jessie **9.30** K.C. Undercover **10.00** Raven's Home **11.00** Stuck in the Middle **11.55** Bizaardvark **12.50am** Miraculous: Tales of Ladybug & Cat Noir **1.35** The Lodge **2.00** Alex & Co **2.45** Violetta **3.35** The Evermoor Chronicles **4.45-6.00am** Miraculous: Tales of Ladybug & Cat Noir

TUE & WED As Mon except:

8.00-10.00am FILM High School Musical: Romantic musical comedy starring Vanessa Anne Hudgens and Zac Efron.

THURSDAY As Mon except:

8.00am FILM Zombies: Musical starring Milo Manheim. **9.55-10.00am** Raven's Home: Do It Duo

FRIDAY As Mon except:

8.00am FILM Freaky Friday: Musical comedy starring Cozi Zuehlsdorff and Heidi Blickenstaff. **9.45-10.00** Under The Sea: A Descendants Story **4.00pm** Coop and Cami Ask the World **4.30** Sydney to the Max **5.00** Andi Mack Final episode **5.30** Andi Mack: Mack Chat Final edition **5.35** FILM PREMIERE Back of the Net: Football drama starring Sofia Wylie.A science student gets stuck at a soccer academy and decides to make the best of it. **7.35-8.30pm** Andi Mack

+1 hour 610 725

DISNEY JR

607 607 643 727 481

SATURDAY

6.00am Mickey Mouse Clubhouse **6.30** Muppet Babies **7.00** Paprika New episode **7.20** PJ Masks **8.00** Doc McStuffins **8.30** Mickey & the Roadster Racers **9.00** Muppet Babies **9.30** PJ Masks **10.00** FILM The Lion Guard: Return of the Roar **11.00** The Lion Guard **2.30pm** Gigantosaurus **3.00** Mickey & the Roadster Racers **3.30** 101 Dalmatian Street **4.00** Fancy Nancy Clancy **4.30** Sofia the First **5.00** Doc McStuffins **5.30** The Lion Guard **6.30** 101 Dalmatian Street

7.00 Rapunzel's Tangled Adventure **7.30** Elena of Avalor **8.00** PJ Masks **8.30** The Lion Guard **9.00** Claude **9.35** Trulli Tales **10.10** PJ Masks **11.15** Zou **11.30** Trulli Tales **12.00m't** PJ Masks **12.50am** The Hive **1.00** Zou **1.30** Henry Hugglemonster **2.20** The Hive **2.40** Zou **3.25** The Hive **3.45** Henry Hugglemonster **4.35** The Hive **4.45** PJ Masks **5.55-6.00am** Minnie's Bow-Toons

SUNDAY As Saturday except:

10.00am The Lion Guard **11.00am-2.30pm** Doc McStuffins **5.30-6.30pm** FILM The Lion Guard: Return of the Roar

MONDAY

6.00am Muppet Babies **6.15** PJ Masks **7.00** Vampirina **7.30** Fancy Nancy Clancy **8.00** PJ Masks **8.30** Vampirina **9.00** Fancy Nancy Clancy **9.40** Muppet Babies **10.00** Sofia the First: Amber steals Sofia's magic amulet. **10.55** Marvel Super Hero Adventures **11.00** PJ Masks **12.30pm** Vampirina **2.00** Puppy Dog Pals **3.00** The Lion Guard **3.30** Elena of Avalor **4.00** Gigantosaurus

4.25 Marvel Super Hero Adventures New episode **4.30** Mickey & the Roadster Racers **5.00** Fancy Nancy Clancy **5.30** Vampirina **6.00** PJ Masks **6.30** Puppy Dog Pals **7.00** The Lion Guard **7.25** Marvel Super Hero Adventures **7.30** Sofia the First **8.25** Elena of Avalor **9.00** Fancy Nancy Clancy **9.30** Vampirina **10.00** PJ Masks

10.30 Puppy Dog Pals **11.00** The Lion Guard **11.25** Disney Junior Music Nursery Rhymes **11.30** Trulli Tales **12.00m't** PJ Masks: Animated adventures. **12.50am** The Hive **1.00** Zou **1.30** Henry Hugglemonster **2.20** The Hive **2.40** Zou **3.25** The Hive **3.45** Henry Hugglemonster **4.35** The Hive **4.45** PJ Masks **5.55-6.00am** Minnie's Bow-Toons

TUESDAY As Mon except:

10.00-10.55am Mickey Mouse Clubhouse: Power-Pants Pete and Megamort turn up with a shrink ray.

WEDNESDAY As Mon except:

10.00-10.55am FILM The Lion Guard: Return of the Roar: *Lion King* spin-off with the voice of Dee Bradley Baker. **8.25-8.30pm** Elena of Avalor: Scepter Training with Zuzo

THURSDAY As Mon except:

10.00-10.55am Mission Force One **8.25pm** Elena of Avalor: Scepter Training with Zuzo

FRIDAY As Mon except:

10.00-10.55am FILM Sofia the First: Once Upon a Princess: Animated fantasy about a girl whose mother marries a king. **8.25-8.30pm** Elena of Avalor: Scepter Training with Zuzo

+1 hour 608

DISNEY XD

611 611 645 707 482

Black Panther's Quest

SATURDAY

6.00am Marvel's Spider-Man **6.30** Space Chickens in Space **7.00** Phineas and Ferb **7.30** Guardians of the Galaxy New episode **8.00** Phineas and Ferb **9.00** Marvel's Avengers: Black Panther's Quest New episode **9.30** Mech-X4 **10.00** Lab Rats: Bionic Island **10.30** Lab Rats Elite Force **2.00pm** Phineas and Ferb **3.00** Big City Greens **4.00** Milo Murphy's Law **5.00** Marvel's Avengers: Black Panther's Quest

5.30 Guardians of the Galaxy **6.00** Phineas and Ferb **7.00** Mighty Med **7.50** Disney Mickey Mouse **8.00** Marvel's Spider-Man **8.30** Gravity Falls **9.30** Star Wars Resistance **10.00** Milo Murphy's Law **11.00** Furiki Wheels **11.25** Dude, That's My Ghost! **12.15am** Randy Cunningham: 9th Grade Ninja **1.00** Boyster **1.45** Counterfeit Cat **2.35** Randy Cunningham: 9th Grade Ninja **3.20** Boyster **4.10** Counterfeit Cat **5.00-6.00am** Randy Cunningham: 9th Grade Ninja

SUNDAY As Saturday except:

8.00am Mighty Med **8.50-9.00** Disney Mickey Mouse **10.00** Lab Rats Elite Force **2.30pm** Phineas and Ferb **7.00-7.50pm** Phineas and Ferb: The Summer Belongs to You

MONDAY

6.00am Marvel's Spider-Man **6.30** Space Chickens in Space **7.00** Phineas and Ferb **8.00** Mech-X4 **9.00** Milo Murphy's Law **10.00** Big City Greens **10.30** Kick Buttowski – Suburban Daredevil **11.00** Gravity Falls **12.00noon** Supa Strikas **12.30pm** DuckTales **1.00** Lab Rats **2.00** Phineas and Ferb **3.00** Marvel's Spider-Man **3.30** Space Chickens in Space **4.00** Big City Greens **4.30** Big Hero 6: The Series **5.00** Milo Murphy's Law

5.30 Gamers Guide to Pretty Much Everything **6.00** Phineas and Ferb **6.30** Mech-X4 **7.00** Lab Rats: On the Edge: Leo's family is put in extreme danger. **7.50** Disney Mickey Mouse **8.00** Marvel's Avengers: Black Panther's Quest **8.30** Gravity Falls **9.30** Kick Buttowski – Suburban Daredevil **10.00** Milo Murphy's Law **11.00** Furiki Wheels **11.25** Dude, That's My Ghost! **12.15am** Randy Cunningham: 9th Grade Ninja **1.00** Boyster **1.45** Counterfeit Cat **2.35** Randy Cunningham: 9th Grade Ninja **3.20** Boyster **4.10** Counterfeit Cat **5.00-6.00am** Furiki Wheels

TUE & WED As Mon except:

7.00-8.00pm Marvel's Spider-Man

THURSDAY As Mon except:

7.00-7.50pm Lab Rats Elite Force: A visitor from Caldara looks like Skylar.

FRIDAY As Mon except:

7.30-8.00pm Milo Murphy's Law: Milo is abducted by evil octopus aliens.

+1 hour 612

Coming soon

FIRST LOOK

Michelle Keegan and Joe Gilgun star in an offbeat comedy

Michelle Keegan as Erin and Joe Gilgun as Vinnie

Brassic

Here's a sneak peek at irreverent new comedy *Brassic*, which follows the ups and downs of a group of northern working-class friends who become embroiled in a range of outlandish scams.

The series, created by Joe Gilgun and writer Danny Brocklehurst, is due to air from Thursday 22 August on Sky One. Gilgun plays bipolar Vinnie, whose bond with best mate Dylan (Damien Molony) comes under threat when Dylan's girlfriend Erin (Michelle Keegan) makes plans to up sticks and start a new life. But will Dylan go with her or stay with his pals?

MOVING EXPERIENCE

Other members of the gang include kebab-loving Cardi (Tom Hanson), traveller Ash (Aaron Heffernan), sex-mad Tommo (Ryan Sampson) and dodgy JJ (Parth Thakerar), who runs a garage. Dominic West, Ruth Sheen and Tim Key also appear.

'Watching it all take form has been very moving,' says Gilgun, who has bipolar disorder himself. 'We want to show you can have mental-health issues and in some cases live a life full of adventure.'

IN PRODUCTION...

Life

Filming is underway on BBC1 drama *Life*, which is penned by *Doctor Foster* writer Mike Bartlett and follows the residents of flats in a converted house in Manchester. Alison Steadman plays Gail, whose life takes a surprising turn as her 70th birthday beckons, and Peter Davison is her husband Henry. Adrian Lester, Rachael Stirling and Victoria Hamilton co-star. 'It's about remarkable characters with unexpected desires and hidden secrets,' teases Bartlett.

WHAT'S NEXT FOR...

Hugh Bonneville

The actor has joined the cast of Netflix's fantasy film **Jingle Jangle**, which airs next year and follows a colourful toy maker and his granddaughter as they come across a magical invention that changes their lives.

Kristin Scott Thomas

To mark 80 years since the outbreak of World War Two, C4 series **My Grandparents' War** sees the actress explore the impact the conflict had on her family. Mark Rylance also traces his relatives' wartime experiences.

Joe Lycett

The comedian is set to take famous faces on fun-filled mini-breaks across the globe as he replaces Richard Ayoade in C4's comic travelogue **Travel Man** in 2020. Ayoade's final series airs later this year.

Coming Back

Robson Green and Tom Brittney will return as DI Geordie Keating and crime-busting Reverend Will Davenport for a fifth series of ITV's 1950s-set drama **Grantchester**.

Next week — *On sale Tuesday 30 July*

Euphoria

Sky Atlantic's drama follows troubled high-school students dealing with a range of issues.

This Way Up

Aisling Bea pens and stars in this C4 comedy series about the fallout from a mental breakdown.

FBI

New York-based special agents are under the spotlight in this fast-paced Sky Witness drama.

Who Do You Think You Are?

Jack Whitehall and dad Michael explore their roots on BBC1.

WORDS: CAREN CLARK. PHOTOS: BBC, C4, CLAUDIA LEISINGER/DRAMAREPUBLIC/BBC, GETTY, HBO, ITV, PA IMAGES, SKY

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[1]YouGov Cost of Funeral Survey 2016. [2]Valid claims paid within 2 business days of us receiving correctly completed claims documentation. [3]Terms and conditions apply, visit www.promislife.co.uk/terms-conditions for details. Eligible customers will receive a Gift Card if they pay their first 3 premiums when due. A Gift Card will be dispatched up to 8 weeks from the day we receive the third premium. [4]Weekly equivalent of £3,500 cover (or Cover Amount shown) for a 53 year old with Increasing Premiums and a 12 month Accidental Death Period. Prices valid until 31st July 2019. Funeral Protection Promis is promoted by Global Life Distribution (UK) Limited trading as Promis Life, authorised and regulated by the Financial Conduct Authority number 629767. Global Life Distribution (UK) Ltd, registered in England and Wales company registration number 08933807. Registered office: The St Botolph Building, 138 Houndsditch, London EC3A 7AR. The product is administered and underwritten by iptiQ Life S.A. UK Branch registered in England and Wales. Registration No: BR017015. Registered Office: 30 St Mary Axe, London EC3A 8EP. iptiQ Life S.A. is a public limited company (société anonyme) incorporated and registered in Luxembourg. Authorised by Le Commissariat aux Assurances. Registered Office: 2a, rue Albert Borschette, L-1246 Luxembourg. R.C.S. Luxembourg B 184281